

# Cookbook for KING MIDDLE SCHOOL

Created by HPS Menu Planner

# Table of Contents

Ham & Cheese Wrap Box

Yogurt Grab and go #3

Sausage and Biscuit

# Ham & Cheese Wrap Box

|                      |           |                       |         |
|----------------------|-----------|-----------------------|---------|
| <b>Servings:</b>     | 1.00      | <b>Category:</b>      | Entree  |
| <b>Serving Size:</b> | 1.00 Each | <b>HACCP Process:</b> | No Cook |
| <b>Meal Type:</b>    | Lunch     |                       |         |

## Ingredients

| Description                             | Measurement | Prep Instructions   | DistPart # |
|---|-------------|---|------------|
| CHEESE AMER 160CT<br>SLCD R/F 6-5 LOL   | 3 Slice     |   | 722360     |
| TORTILLA FLOUR ULTRGR<br>8 18-12CT      | 1 Each      |   | 882700     |
| TURKEY HAM SLCD 12-1<br>JENNO           | 3 Slice     |   | 556121     |
| CHIP NACHO REDC FAT 72-<br>1Z DORITOS   | 1 Each      | <b>READY_TO_EAT</b><br>Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options. | 456090     |
| CARROT SNACK CLEANED<br>200-1Z RSS      | 2 Package   |   | 613967     |
| APPLE DELICIOUS RED<br>113CT MRKN       | 1 Each      |   | 197696     |
| RANCH LT DIP CUP 100-1Z<br>FLAVOR FRESH | 1 Each      |   | 499521     |

## Preparation Instructions

Directions:

Assemble Slice Deli Turkey Jennie-O

6 slices = 2oz

2cheese slice=1oz

Wrap 1 each

Wrap in Paperstore in refg

CCP: Hold at 135° F or higher.

Assemble sandwich's using:

3.2 oz Deli Turkey

3 slices cheese

CCP: Hold for cold service at 41° F or lower.

Notes:

# Yogurt Grab and go #3

|                      |           |                       |         |
|----------------------|-----------|-----------------------|---------|
| <b>Servings:</b>     | 1.00      | <b>Category:</b>      | Entree  |
| <b>Serving Size:</b> | 1.00 Each | <b>HACCP Process:</b> | No Cook |
| <b>Meal Type:</b>    | Breakfast |                       |         |

## Ingredients

| Description                            | Measurement | Prep Instructions  | DistPart # |
|--|-------------|--|------------|
| YOGURT VAR PK N/F 48-4Z LTN FIT        | 1 Each      |  | 765020     |
| CEREAL LUCKY CHARMS WGRAIN<br>BWL 96CT | 1 Package   | READY_TO_EAT<br>Ready to eat dry cereal in a portable, easy-<br>to-serve bowl. | 265811     |
| JUICE BOX GRP 100 40-4.23FLZ           | 1 Each      |  | 698211     |
| PASTRY POP-TART WGRAIN CINN<br>120-1CT | 1 Piece     |  | 695880     |
| BANANA TURNING SNGL 150CT 40<br>P/L    | 1 Each      |  | 197769     |

## Preparation Instructions

No Preparation Instructions available.

# Sausage and Biscuit

|                      |           |                       |                  |
|----------------------|-----------|-----------------------|------------------|
| <b>Servings:</b>     | 1.00      | <b>Category:</b>      | Entree           |
| <b>Serving Size:</b> | 1.00 Each | <b>HACCP Process:</b> | Same Day Service |
| <b>Meal Type:</b>    | Breakfast |                       |                  |

## Ingredients

| Description                              | Measurement | Prep Instructions  | DistPart # |
|--|-------------|--|------------|
| SAUSAGE PTY CKD<br>250-1.2Z COMM         | 1 Each      | <b>BAKE</b><br>Conventional oven: from frozen state, bake in preheated 350 degree f conventional oven for 8-10 minutes. Convection oven: from frozen state, bake in preheated 350 degree f convection oven for 5-8 minutes. Microwave: on high for about 1 minute 15 seconds. Times given are approximate. Ovens vary. Adjust accordingly.   | 109000     |
| DOUGH BISCUIT<br>WGRAIN 216-2.1Z<br>RICH | 1 Each      | <b>BAKE</b><br>1. KEEP PRODUCT FROZEN AT 0 F TO -10 F UNTIL READY TO USE.<br>2. PAN FROZEN DOUGH ON PAPER LINED SHEET PAN. FULL SHEET PAN: INDIVIDUAL - 8 X 5; CLUSTERED - HONEYCOMB OF 51. HALF SHEET PAN: INDIVIDUAL - 5 X 4; CLUSTERED - HONEYCOMB OF 21. * LEAVE ABOUT 1 4" SPACE BETWEEN THE BISCUITS WHEN CLUSTERED 3. BAKE UNTIL GOLDEN BROWN. CONVENTIONAL OVEN: 375 F - 12 TO 16 MINUTES. CONVECTION OVEN: 325 F - 8 TO 12 MINUTES FOR INDIVIDUAL PANNED AND 12 TO 16 MINUTES FOR CLUSTERED. BAKE TIMES WILL VARY DUE TO OVENS. ADJUST TIMES ACCORDINGLY. | 237390     |

## Preparation Instructions

No Preparation Instructions available.