Cookbook for Coal City CUSD 1

Cookbook for COAL CITY Early Childhood Center/Elementary School

Servings:	36.00	Category:	Condiments or Other
Serving Size:	1.00 1 each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-12405

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SUGAR CANE GRANUL 25 GFS	1/2 Cup		108642
MARGARINE SLD 30-1 GCHC	1/2 Cup		733061
YOGURT ACTIVIA VAN L/F 24-4Z DANN	1/2 Cup		837261
SUGAR BROWN DK 50# DOMN	1/2 Cup		270470
EXTRACT VANILLA PURE 1 PT MCORM	1 1/2 Teaspoon		150223
FLOUR A/P 8-5# GOLD MEDAL	3/4 Cup		269202
FLOUR WHL WHEAT STONE GRND 50# BAYST	1 Cup		155140
BAKING SODA 12-1# DIAC	1/2 Teaspoon		410254
CHOC CHIPS SMISWT MINI 4000/4-4 GFS	1/2 Cup		283630

Preparation Instructions

Heat oven to 375

Combine sugars and margarine in bowl, beat until light and fluffy

Add yogurt and vanilla, blend well. Stir in flour and baking soda, mix well stir in chocolate chips

Drop dough by rounded teaspoons 2 in apart onto ungreased cookie sheet, bake at 375 for 8 to 12 minutes until golden brown

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

Nutrition Facts

Amount Per	r Serving		
Calories		60.62	
Fat		3.35g	
SaturatedFa	at	1.45g	
Trans Fat		0.00g	
Cholesterol		0.02mg	
Sodium		41.75mg	
Carbohydra	ites	8.17g	
Fiber		0.32g	
Sugar		7.16g	
Protein		0.34g	
Vitamin A	166.67IU	Vitamin C	0.00mg
Calcium	1.83mg	Iron	0.25mg

Cookbook for COAL CITY ELEMENTARY SCHOOL

No Recipes found

Cookbook for COAL CITY HIGH SCHOOL

Servings:	36.00	Category:	Condiments or Other
Serving Size:	1.00 1 each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-12405

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SUGAR CANE GRANUL 25 GFS	1/2 Cup		108642
MARGARINE SLD 30-1 GCHC	1/2 Cup		733061
YOGURT ACTIVIA VAN L/F 24-4Z DANN	1/2 Cup		837261
SUGAR BROWN DK 50# DOMN	1/2 Cup		270470
EXTRACT VANILLA PURE 1 PT MCORM	1 1/2 Teaspoon		150223
FLOUR A/P 8-5# GOLD MEDAL	3/4 Cup		269202
FLOUR WHL WHEAT STONE GRND 50# BAYST	1 Cup		155140
BAKING SODA 12-1# DIAC	1/2 Teaspoon		410254
CHOC CHIPS SMISWT MINI 4000/4-4 GFS	1/2 Cup		283630

Preparation Instructions

Heat oven to 375

Combine sugars and margarine in bowl, beat until light and fluffy

Add yogurt and vanilla, blend well. Stir in flour and baking soda, mix well stir in chocolate chips

Drop dough by rounded teaspoons 2 in apart onto ungreased cookie sheet, bake at 375 for 8 to 12 minutes until golden brown

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

Nutrition Facts

Amount Per	r Serving		
Calories		60.62	
Fat		3.35g	
SaturatedFa	at	1.45g	
Trans Fat		0.00g	
Cholesterol		0.02mg	
Sodium		41.75mg	
Carbohydra	ites	8.17g	
Fiber		0.32g	
Sugar		7.16g	
Protein		0.34g	
Vitamin A	166.67IU	Vitamin C	0.00mg
Calcium	1.83mg	Iron	0.25mg

Cookbook for COAL CITY INTERMEDIATE SCHOOL

Servings:	36.00	Category:	Condiments or Other
Serving Size:	1.00 1 each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-12405

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SUGAR CANE GRANUL 25 GFS	1/2 Cup		108642
MARGARINE SLD 30-1 GCHC	1/2 Cup		733061
YOGURT ACTIVIA VAN L/F 24-4Z DANN	1/2 Cup		837261
SUGAR BROWN DK 50# DOMN	1/2 Cup		270470
EXTRACT VANILLA PURE 1 PT MCORM	1 1/2 Teaspoon		150223
FLOUR A/P 8-5# GOLD MEDAL	3/4 Cup		269202
FLOUR WHL WHEAT STONE GRND 50# BAYST	1 Cup		155140
BAKING SODA 12-1# DIAC	1/2 Teaspoon		410254
CHOC CHIPS SMISWT MINI 4000/4-4 GFS	1/2 Cup		283630

Preparation Instructions

Heat oven to 375

Combine sugars and margarine in bowl, beat until light and fluffy

Add yogurt and vanilla, blend well. Stir in flour and baking soda, mix well stir in chocolate chips

Drop dough by rounded teaspoons 2 in apart onto ungreased cookie sheet, bake at 375 for 8 to 12 minutes until golden brown

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

Nutrition Facts

Amount Pe	r Serving		
Calories		60.62	
Fat		3.35g	
SaturatedFa	at	1.45g	
Trans Fat		0.00g	
Cholestero		0.02mg	
Sodium		41.75mg	
Carbohydra	ites	8.17g	
Fiber		0.32g	
Sugar		7.16g	
Protein		0.34g	
Vitamin A	166.67IU	Vitamin C	0.00mg
Calcium	1.83mg	Iron	0.25mg

Cookbook for COAL CITY MIDDLE SCHOOL

Servings:	36.00	Category:	Condiments or Other
Serving Size:	1.00 1 each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-12405

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SUGAR CANE GRANUL 25 GFS	1/2 Cup		108642
MARGARINE SLD 30-1 GCHC	1/2 Cup		733061
YOGURT ACTIVIA VAN L/F 24-4Z DANN	1/2 Cup		837261
SUGAR BROWN DK 50# DOMN	1/2 Cup		270470
EXTRACT VANILLA PURE 1 PT MCORM	1 1/2 Teaspoon		150223
FLOUR A/P 8-5# GOLD MEDAL	3/4 Cup		269202
FLOUR WHL WHEAT STONE GRND 50# BAYST	1 Cup		155140
BAKING SODA 12-1# DIAC	1/2 Teaspoon		410254
CHOC CHIPS SMISWT MINI 4000/4-4 GFS	1/2 Cup		283630

Preparation Instructions

Heat oven to 375

Combine sugars and margarine in bowl, beat until light and fluffy

Add yogurt and vanilla, blend well. Stir in flour and baking soda, mix well stir in chocolate chips

Drop dough by rounded teaspoons 2 in apart onto ungreased cookie sheet, bake at 375 for 8 to 12 minutes until golden brown

SLE Components Amount Per Serving				
Meat	0.00			
Grain	0.50			
Fruit	0.00			
GreenVeg	0.00			
RedVeg	0.00			
OtherVeg	0.00			
Legumes	0.00			

Nutrition Facts

Amount Per Serving				
Calories		60.62		
Fat		3.35g		
SaturatedFat		1.45g	1.45g	
Trans Fat		0.00g		
Cholesterol		0.02mg		
Sodium		41.75mg		
Carbohydrates		8.17g		
Fiber		0.32g		
Sugar		7.16g		
Protein		0.34g		
Vitamin A	166.67IU	Vitamin C	0.00mg	
Calcium	1.83mg	Iron	0.25mg	