

Cookbook for West Carroll Primary School

Created by HPS Menu Planner

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[Loaded Tater Tots \(PS\)](#)

Loaded Tater Tots (PS)

Servings:	250.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-13421

Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO TOTS 6-5# SIMPL	2000 Each		231141
TACO FILLING BEEF REDC FAT 6-5 COMM	500 Ounce	Thaw product under refrigeration for 3 days prior to preparation.	722330
SAUCE CHS CHED POUCH 6-106Z LOL	375 Ounce	Use 2 oz spoodle to serve cheese sauce.	135261

Preparation Instructions

SERVING = 8 TATER TOTS, 2 OZ TACO MEAT AND 1.5 OZ (2 OZ SPOODLE) CHEESE SAUCE

Tater tots: Preheat convection to 450 degrees. Place frozen tots in a single layer on baking pans. Bake for 10-15 minutes (times will vary depending on how many trays per oven).

Taco Meat: Place sealed bags in a steamer or in boiling water. Heat approximately 30 minutes or until product reaches serving temperature. Or you can open the bags and pour thawed taco meat into steamtable pan, cover with foil and heat in oven until product reaches serving temperature.

Cheese Sauce: Unopened pouch may be heated in boiling water or steamer (peel off label prior to "in pouch" heating). Boiling method: 15-18 minutes. Steamer method: 12-15 minutes. Do not microwave.

SLE Components

Amount Per Serving

Meat	1.75
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.50

Nutrition Facts

Servings Per Recipe: 250.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	275.28		
Fat	15.34g		
SaturatedFat	5.51g		
Trans Fat	0.18g		
Cholesterol	37.08mg		
Sodium	674.16mg		
Carbohydrates	21.40g		
Fiber	2.26g		
Sugar	1.26g		
Protein	12.83g		
Vitamin A	410.09IU	Vitamin C	3.41mg
Calcium	181.99mg	Iron	1.25mg