

Cookbook for West Michigan Academy of Environmental Science Elementary

Created by HPS Menu Planner

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Bread, Chocolate Slice

Cereal with Yogurt

Applesauce, Cup, 4 oz

Pear, Whole Fruit, Fresh

Bread, Chocolate Slice

Servings:	0.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-13650

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREAD COCOA WGRAIN SLC 70-3.4Z	0 Each	Thaw and Serve, Individually Wrapped	726791

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Cereal with Yogurt

Servings:	0.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-13802

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT RASPB RNBW L/F 48-4Z TRIX	0 Each	READY_TO_EAT Ready to eat single serving	551770
CEREAL CHEERIOS WGRAIN BWL 96CT GENM	0 Each	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	264702

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	1.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Applesauce, Cup, 4 oz

Servings:	0.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-13705

Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLESAUCE NAT 72-4Z GFS	0 Each		122200

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Pear, Whole Fruit, Fresh

Servings:	0.00	Category:	Fruit
Serving Size:	1.00 Cup	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-13691

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEAR 95-110CT MRKN	0 Ounce		198056

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	0.64
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00