

# **Cookbook for NORTH BRANCH ELEMENTARY SCHOOL**

**Created by HPS Menu Planner**

# Table of Contents

[Spaghetti with Cheesy Garlic Breadstick](#)

[Grilled Cheese Sandwich](#)

[Caesar Salad](#)

# Spaghetti with Cheesy Garlic Breadstick



<b>Servings:</b>	350.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	6.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-6837

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SPICE GARLIC GRANULATED 24Z TRDE	21 7/8 Teaspoon		513881
SEASONING SPAGHETTI ITAL 12Z TRDE	21 7/8 Teaspoon		413453
BEEF GRND CKD 6-5 COMM	525 Ounce		135081
SAUCE SPAGHETTI FCY 6-10 REDPK	175 Cup		852759
CHEESE PARM GRTD 12-1 PG	87 1/2 Tablespoon		164259
PASTA SPAGHETTI 10 2-10 KE	525 Ounce		654560
BREADSTICK CHS WGRAIN 105-4Z	115 1/2 Each		723880

## Preparation Instructions

Directions:

Place ground beef in a steam kettle or tilt skillet and water mash beef up, add spices and cook till done

CCP: Heat to 155° F or higher for at least 15 seconds

Add 5 # 10 cans of spaghetti sauce

CCP: Heat to 165° F or higher for at least 15 seconds

Place spaghetti sauce in hotel pans cover with paper liner and seal with foil wrap place in warmer till serving time or add pasta if serving together

Add spaghetti pasta and hold at 135 or higher

CCP: Hold at 135° F or higher. Serve with Bread Stick.

Notes:

## SLE Components

Amount Per Serving

<b>Meat</b>	2.16
<b>Grain</b>	2.00
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.83
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.00
<b>Starch</b>	0.00

## Nutrition Facts

Servings Per Recipe: 350.00

Serving Size: 6.00 Serving

<b>Amount Per Serving</b>			
<b>Calories</b>	359.64		
<b>Fat</b>	7.88g		
<b>SaturatedFat</b>	3.10g		
<b>Trans Fat</b>	0.00g		
<b>Cholesterol</b>	49.10mg		
<b>Sodium</b>	643.65mg		
<b>Carbohydrates</b>	51.04g		
<b>Fiber</b>	5.85g		
<b>Sugar</b>	8.83g		
<b>Protein</b>	23.81g		
<b>Vitamin A</b>	678.33IU	<b>Vitamin C</b>	6.67mg
<b>Calcium</b>	156.44mg	<b>Iron</b>	3.69mg

# Grilled Cheese Sandwich

NO IMAGE

<b>Servings:</b>	125.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 1	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-8274

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREAD WGRAIN HNY WHT 16-24Z GFS	250 Slice		204822
BUTTER SPREAD 6-5 SMRT BAL	250 Teaspoon		684300
CHEESE AMER 160CT SLCD R/F 6-5 LOL	500 Slice		722360

## Preparation Instructions

Wash hands thoroughly.

Spread margarine on bottom slice of bread, add 4 slices of cheese, top with another slice of bread, spread margarine on top slice of bread. Bake till golden brown.

Wrap in paper and hold at 135\* or higher.

### SLE Components

Amount Per Serving

<b>Meat</b>	2.00
<b>Grain</b>	2.00
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.00
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.00
<b>Starch</b>	0.00

### Nutrition Facts

Servings Per Recipe: 125.00

Serving Size: 1.00 1

#### Amount Per Serving

<b>Calories</b>	386.67
<b>Fat</b>	17.33g
<b>SaturatedFat</b>	7.33g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	30.00mg
<b>Sodium</b>	1140.00mg
<b>Carbohydrates</b>	40.00g
<b>Fiber</b>	4.00g
<b>Sugar</b>	8.00g
<b>Protein</b>	20.00g

<b>Vitamin A</b>	333.33IU	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	464.27mg	<b>Iron</b>	2.16mg

# Caesar Salad

NO IMAGE

<b>Servings:</b>	300.00	<b>Category:</b>	Vegetable
<b>Serving Size:</b>	1.00 1	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-8263

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE CHOP 6-2 RSS	18 1/8 Pound		735787
CHEESE PARM GRTD 12-1 PG	4 1/2 Cup		164259
CROUTON MULTIGR CHS GARL 10-2 GFS	9 Cup		748510
DRESSING CAESAR 4-1GAL LTHSE	9 Tablespoon	READY_TO_EAT Use as a dressing or dip	132141

## Preparation Instructions

Wash hands thoroughly.

Toss together and serve 1 cup servings.

Makes 33 - 1 cup servings.

Serve with Cesar dressing or choice of dressings.

### SLE Components

Amount Per Serving

<b>Meat</b>	0.00
<b>Grain</b>	0.00
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.18
<b>RedVeg</b>	0.00
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.00
<b>Starch</b>	0.00

### Nutrition Facts

Servings Per Recipe: 300.00

Serving Size: 1.00 1

Amount Per Serving

<b>Calories</b>	10.76
<b>Fat</b>	0.71g
<b>SaturatedFat</b>	0.27g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	1.29mg
<b>Sodium</b>	20.25mg
<b>Carbohydrates</b>	0.79g

<b>Fiber</b>	0.36g		
<b>Sugar</b>	0.02g		
<b>Protein</b>	0.49g		
<b>Vitamin A</b>	1842.39IU	<b>Vitamin C</b>	10.91mg
<b>Calcium</b>	21.86mg	<b>Iron</b>	0.26mg