

Cookbook for Liberty Elementary

Created by HPS Menu Planner

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SPAGHETTI W/ MEAT SAUCE-Liberty Elem

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Corn-Liberty Elem

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Variety of Cereal

Assorted Muffin

Glazed Carrots

Green Beans *

Turkey and American Sandwich

Ham and American Cheese Sandwich

BBQ Rib Sandwich

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Chef Salad w/ Cheese

Chef Salad w/ Ham

Chili-Non-Commodity

Philly Steak Sandwich

Bosco Sticks w/ Marinara Sauce

Meatball Sub

Grilled Cheese Sandwich*

Chicken Alfredo

Hot Dog w/ Chili Sauce

Soft Taco Bar

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Cheeseburger

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Variety of Dressing

Variety of Soup

Salad Bar

Sub Sandwich Bar

Beef Gravy

Lettuce and Tomato Slice

Chili-Commodity

Baked Potato Bar

Chicken Alfredo-Liberty Elementary

Broccoli-Liberty Elem

Oatmeal

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 16.00 | Category: | Grain |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-9491 |

Ingredients

| Description | Measurement | DistPart # |
|-----------------------------------|-------------|------------|
| OATS QUICK HOT CEREAL 12-42Z GCHC | 8 Cup | 240869 |
| Tap Water for Recipes | 16 Cup | 000001WTR |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 16.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|--------|------------------|--------|
| Calories | 150.00 | | |
| Fat | 2.50g | | |
| SaturatedFat | 0.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 0.00mg | | |
| Carbohydrates | 28.00g | | |
| Fiber | 4.00g | | |
| Sugar | 0.00g | | |
| Protein | 5.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 1.80mg |

Spicy Chicken Bowl

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 94.00 | Category: | Entree |
| Serving Size: | 1.00 Bowl | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-10840 |

Ingredients

| Description | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| Asian Base Sauce | 3 Package | 776247 |
| CHICKEN FAJITA STRIPS, COOKED, FROZEN | 20 Pound | 100117 |
| RICE PILAF CHIX FLVR 12-25Z UBEN | 4 Package | 246824 |

Preparation Instructions

Pour 1 1/2 bags of sauce over 10 lbs. (2 bags) of meat. Bake until it reaches temperature. Make rice according to box. Serve 1/2 cup rice and 2/3 cup meat in a bowl with a slice of bread for additional grain.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 94.00

Serving Size: 1.00 Bowl

Amount Per Serving

| | | | |
|----------------------|-----------|------------------|--------|
| Calories | 333.00 | | |
| Fat | 4.54g | | |
| SaturatedFat | 2.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 74.09mg | | |
| Sodium | 1587.18mg | | |
| Carbohydrates | 52.43g | | |
| Fiber | 0.53g | | |
| Sugar | 20.41g | | |
| Protein | 20.15g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 21.28mg | Iron | 0.77mg |

Macaroni & Cheese

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 90.00 | Category: | Entree |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15047 |

Ingredients

| Description | Measurement | DistPart # |
|--|--------------|------------|
| PASTA ELBOW MACAR 2-10 KE | 7 Pound | 654550 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 2 Cup | 840860 |
| SALT IODIZED 24-26Z GFS | 2 Teaspoon | 108308 |
| Black Pepper | 1 Teaspoon | 24108 |
| 1 % White Milk | 1 1/2 Gallon | |
| CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED | 5 Pound | 100036 |
| Cheese, Cheddar Reduced fat, Shredded | 1 1/2 Pound | 100012 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.00 |
| Grain | 1.00 |
| Fruit | 0.27 |
| GreenVeg | 0.00 |
| RedVeg | 1.33 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 90.00

Serving Size: 1.00 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 279.11 | | |
| Fat | 11.24g | | |
| SaturatedFat | 5.73g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 22.67mg | | |
| Sodium | 443.21mg | | |
| Carbohydrates | 31.11g | | |
| Fiber | 1.24g | | |
| Sugar | 5.96g | | |
| Protein | 13.69g | | |
| Vitamin A | 2.67IU | Vitamin C | 0.54mg |
| Calcium | 14.67mg | Iron | 1.24mg |

Green Beans

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 88.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15048 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| Green Beans cnd | 4 #10 CAN | 100307 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1/4 Cup | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.50 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 88.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 23.36 | | |
| Fat | 0.50g | | |
| SaturatedFat | 0.20g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 169.61mg | | |
| Carbohydrates | 3.53g | | |
| Fiber | 2.35g | | |
| Sugar | 1.18g | | |
| Protein | 1.18g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.05mg | Iron | 0.00mg |

Chef Salad w/ roll & goldfish

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15049 |

Ingredients

| Description | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| LETTUCE ICEBERG FS 4-6CT MRKN | 2 Cup | 307769 |
| TOMATO 5X6 XL 5 MRKN | 1/8 Cup | 438197 |
| CARROT JUMBO 50 P/L | 1/4 Cup | 198501 |
| Ham, Cubed Frozen | 3 Ounce | 100188-H |
| Cheese, Cheddar Reduced fat, Shredded | 1/8 Cup | 100012 |
| DINNER ROLL, W GRAIN, AM | 1 roll | 4372 |
| CRACKER GLDFSH CHED WGRAIN 300-.75Z | 1 Package | 736280 |
| MARGARINE CUP SPRD WHPD 900-5GM | 1 Each | 880981 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.98 |
| Grain | 2.25 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.63 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|-----------|------------------|--------|
| Calories | 380.45 | | |
| Fat | 13.18g | | |
| SaturatedFat | 6.05g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 54.66mg | | |
| Sodium | 1013.26mg | | |
| Carbohydrates | 44.35g | | |
| Fiber | 6.44g | | |
| Sugar | 8.61g | | |
| Protein | 23.44g | | |
| Vitamin A | 7337.79IU | Vitamin C | 4.61mg |
| Calcium | 148.04mg | Iron | 9.20mg |

PBJ Sandwich w/ string cheese

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15050 |

Ingredients

| Description | Measurement | DistPart # |
|--|--------------|------------|
| USDA Commodity Smooth Peanut Butter | 2 TBSP. | 100396 |
| JELLY APPLE-GRAPE 6-10 GCHC | 1 Tablespoon | 100927 |
| Aunt Millie's Homestyle 100% Whole Wheat Bread | 2 Slice | 336 |
| CHEESE STRING MOZZ LT IW 168-1Z LOL | 1 Each | 786801 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 490.00 | | |
| Fat | 19.00g | | |
| SaturatedFat | 5.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 10.00mg | | |
| Sodium | 365.00mg | | |
| Carbohydrates | 22.00g | | |
| Fiber | 2.00g | | |
| Sugar | 15.00g | | |
| Protein | 14.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 198.00mg | Iron | 0.00mg |

Chicken Patty Sandwich

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15051 |

Ingredients

| Description | Measurement | DistPart # |
|-----------------------------------|-------------|------------|
| CHIX PTY BRD WGRAIN 3.26Z 4-7.7 | 1 Each | 558061 |
| 4" WG HAMBURGER BUN, AUNT MILLIES | 1 bun | 3159 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 3.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|---------|
| Calories | 400.00 | | |
| Fat | 15.00g | | |
| SaturatedFat | 2.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 25.00mg | | |
| Sodium | 650.00mg | | |
| Carbohydrates | 44.00g | | |
| Fiber | 5.00g | | |
| Sugar | 5.00g | | |
| Protein | 20.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 39.00mg | Iron | 12.00mg |

Hamburger on Bun

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15052 |

Ingredients

| Description | Measurement | DistPart # |
|-----------------------------------|-------------|------------|
| BEEF PTY FLAMEBR 210-2.4Z | 1 Each | 205030 |
| 4" WG HAMBURGER BUN, AUNT MILLIES | 1 bun | 3159 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.25 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | |
|---------------------------|-------------------------|
| Calories | 290.00 |
| Fat | 10.00g |
| SaturatedFat | 3.50g |
| Trans Fat | 0.50g |
| Cholesterol | 35.00mg |
| Sodium | 440.00mg |
| Carbohydrates | 30.00g |
| Fiber | 3.00g |
| Sugar | 4.00g |
| Protein | 18.00g |
| Vitamin A 100.00IU | Vitamin C 0.00mg |
| Calcium 24.00mg | Iron 11.80mg |

Cereal Choice

| | | | |
|----------------------|-----------|-----------------------|---------|
| Servings: | 4.00 | Category: | Grain |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-15056 |

Ingredients

| Description | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| CEREAL LUCKY CHARMS WGRAIN BWL 96CT | 1 Package | 265811 |
| CEREAL CINN TOAST R/S BWL 96CT GENM | 1 Each | 365790 |
| CEREAL CINN TOAST CRNCH BWL 96CT GENM | 1 Each | 595934 |
| CEREAL TRIX R/S WGRAIN BWL 96CT GENM | 1 Package | 265782 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 4.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 110.00 | | |
| Fat | 2.13g | | |
| SaturatedFat | 0.38g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 160.00mg | | |
| Carbohydrates | 22.75g | | |
| Fiber | 2.00g | | |
| Sugar | 7.75g | | |
| Protein | 1.25g | | |
| Vitamin A | 425.00IU | Vitamin C | 5.10mg |
| Calcium | 115.00mg | Iron | 4.05mg |

Toast

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Grain |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-15057 |

Ingredients

| Description | Measurement | DistPart # |
|--|-------------|------------|
| Aunt Millie's Homestyle 100% Whole Wheat Bread | 1 Slice | 336 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1 Teaspoon | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|---------|------------------|--------|
| Calories | 123.33 | | |
| Fat | 3.67g | | |
| SaturatedFat | 1.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 36.67mg | | |
| Carbohydrates | 0.00g | | |
| Fiber | 0.00g | | |
| Sugar | 0.00g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.38mg | Iron | 0.00mg |

Bread & Butter

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Grain |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15058 |

Ingredients

| Description | Measurement | DistPart # |
|--|-------------|------------|
| Aunt Millie's Homestyle 100% Whole Wheat Bread | 1 Slice | 336 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1 Teaspoon | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|---------|------------------|--------|
| Calories | 123.33 | | |
| Fat | 3.67g | | |
| SaturatedFat | 1.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 36.67mg | | |
| Carbohydrates | 0.00g | | |
| Fiber | 0.00g | | |
| Sugar | 0.00g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.38mg | Iron | 0.00mg |

Broccoli

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 67.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15061 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| BROCCOLI CUTS IQF 30 GFS | 14 Pound | 285590 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1 Cup | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.50 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 67.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|---------|------------------|--------|
| Calories | 40.60 | | |
| Fat | 2.63g | | |
| SaturatedFat | 1.07g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 36.30mg | | |
| Carbohydrates | 3.34g | | |
| Fiber | 2.01g | | |
| Sugar | 0.67g | | |
| Protein | 2.01g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 23.68mg | Iron | 0.67mg |

Pasta Salad

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 90.00 | Category: | Grain |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15063 |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------|-------------|------------|
| PASTA ROTINI RAINBOW 4-5 GCHC | 6 Pound | 413340 |
| PEPPERS GREEN LRG 5 MRKN | 1 1/2 Each | 592315 |
| CARROT JUMBO 50 P/L | 2 Cup | 198501 |
| CUCUMBER SELECT 24CT MRKN | 3 Each | 418439 |
| TOMATO 5X6 XL 5 MRKN | 3 Each | 438197 |
| DRESSING ITAL 4-1GAL KE | 3/4 Gallon | 631420 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.07 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.08 |
| OtherVeg | 0.08 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 90.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 131.29 | | |
| Fat | 1.63g | | |
| SaturatedFat | 0.01g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 615.20mg | | |
| Carbohydrates | 25.28g | | |
| Fiber | 1.30g | | |
| Sugar | 3.63g | | |
| Protein | 3.86g | | |
| Vitamin A | 653.29IU | Vitamin C | 3.04mg |
| Calcium | 13.11mg | Iron | 1.06mg |

Hot Dog on Bun

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15064 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| FRANKS 3 MEAT CLASSIC 8/ 2-5 GFS | 1 Each | 304913 |
| Hot Dog Bun, Whole Grain 24 oz/12 ct | 1 Each | 4040 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|---------|
| Calories | 310.00 | | |
| Fat | 18.00g | | |
| SaturatedFat | 5.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 45.00mg | | |
| Sodium | 582.60mg | | |
| Carbohydrates | 29.00g | | |
| Fiber | 3.00g | | |
| Sugar | 5.00g | | |
| Protein | 12.00g | | |
| Vitamin A | 0.07IU | Vitamin C | 0.00mg |
| Calcium | 46.11mg | Iron | 10.76mg |

Rice Krispie Treat

| | | | |
|----------------------|-----------|-----------------------|---------------------|
| Servings: | 12.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15069 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|--------------|------------|
| CEREAL RICE KRISPIES 4-27Z KELL | 6 Cup | 732427 |
| MARSHMALLOW MINI 12-1 GCHC | 10 Ounce | 191736 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 3 Tablespoon | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 12.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 191.62 | | |
| Fat | 2.75g | | |
| SaturatedFat | 1.13g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 2.00mg | | |
| Sodium | 151.29mg | | |
| Carbohydrates | 36.87g | | |
| Fiber | 0.00g | | |
| Sugar | 14.18g | | |
| Protein | 4.39g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 89.86mg | Iron | 4.48mg |

Mashed Potato Bowl

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15070 |

Ingredients

| Description | Measurement | DistPart # |
|---------------------------------------|---------------------|------------|
| CHIX POPCORN BRD WGRAIN FC .28Z 4-8 | 12 Each | 327120 |
| POTATO PRLS EXCEL 12-28Z BAMER | 1/2 Cup | 613738 |
| MIX GRAVY POULTRY LO SOD 8-22.6Z TRIO | 1 33/100 Tablespoon | 552061 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.50 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 366.81 | | |
| Fat | 16.03g | | |
| SaturatedFat | 2.73g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 26.82mg | | |
| Sodium | 857.60mg | | |
| Carbohydrates | 35.61g | | |
| Fiber | 4.12g | | |
| Sugar | 2.09g | | |
| Protein | 17.96g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 44.43mg | Iron | 2.43mg |

Corn

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 76.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15072 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| CORN WHL KERNEL FCY GRADE 6-10 GFS | 4 #10 CAN | 118966 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1/4 Cup | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.50 |

Nutrition Facts

Servings Per Recipe: 76.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 114.17 | | |
| Fat | 1.94g | | |
| SaturatedFat | 0.24g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 196.38mg | | |
| Carbohydrates | 23.14g | | |
| Fiber | 2.72g | | |
| Sugar | 6.81g | | |
| Protein | 2.72g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.06mg | Iron | 0.54mg |

Mixed Vegetables

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 93.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15073 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| VEG MIXED 30 GFS | 14 Pound | 285690 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1/4 Cup | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.35 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 93.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|---------|------------------|--------|
| Calories | 35.31 | | |
| Fat | 0.47g | | |
| SaturatedFat | 0.19g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 15.07mg | | |
| Carbohydrates | 6.20g | | |
| Fiber | 1.55g | | |
| Sugar | 2.07g | | |
| Protein | 1.03g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.05mg | Iron | 0.31mg |

Taco Meat

| | | | |
|----------------------|------------|-----------------------|------------------|
| Servings: | 42.00 | Category: | Entree |
| Serving Size: | 3.00 Ounce | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15076 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| 100158 - Beef, Find Ground, 85/15, Frozen | 10 Pound | 100158 |
| SEASONING TACO 21Z TRDE | 2 1/2 Cup | 413429 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.75 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 42.00

Serving Size: 3.00 Ounce

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 261.70 | | |
| Fat | 17.06g | | |
| SaturatedFat | 5.69g | | |
| Trans Fat | 2.84g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 756.90mg | | |
| Carbohydrates | 5.72g | | |
| Fiber | 0.00g | | |
| Sugar | 1.43g | | |
| Protein | 21.33g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.86mg |

Carrots

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 56.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15077 |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| Carrots, Sliced, low sodium, canned | 3 #10 CAN | 100309 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1/2 Cup | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.50 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 56.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 40.81 | | |
| Fat | 1.57g | | |
| SaturatedFat | 0.64g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 221.98mg | | |
| Carbohydrates | 5.89g | | |
| Fiber | 1.47g | | |
| Sugar | 2.95g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.16mg | Iron | 0.00mg |

Sub Sandwich

| | | | |
|----------------------|-----------|-----------------------|---------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-15078 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| TURKEY, DELI BREAST, SLICED | 2 Ounce | 110554 |
| Ham, 97% Fat Free, Cooked , Water Added, Sliced | 1 Ounce | 100187 |
| CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED | 1 Slice | 100036 |
| Mini Sub Bun, WG | 1 Each | 5157 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.50 |
| Grain | 2.25 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 280.47 | | |
| Fat | 7.54g | | |
| SaturatedFat | 2.32g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 47.43mg | | |
| Sodium | 919.46mg | | |
| Carbohydrates | 33.04g | | |
| Fiber | 4.00g | | |
| Sugar | 4.82g | | |
| Protein | 24.29g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

Powdered Sugar Icing

| | | | |
|----------------------|-----------------|-----------------------|---------------------|
| Servings: | 220.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Tablespoon | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-15079 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|--------------|------------|
| SUGAR POWDERED 6X 25 GFS | 10 Cup | 108693 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1 Cup | 840860 |
| 1 % White Milk | 1 Cup | |
| FLAVORING VANILLA IMIT 1-1GAL KE | 1 Tablespoon | 110744 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 220.00

Serving Size: 1.00 Tablespoon

Amount Per Serving

| | | | |
|----------------------|--------|------------------|--------|
| Calories | 29.55 | | |
| Fat | 0.81g | | |
| SaturatedFat | 0.33g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.07mg | | |
| Sodium | 8.56mg | | |
| Carbohydrates | 5.50g | | |
| Fiber | 0.00g | | |
| Sugar | 5.32g | | |
| Protein | 0.04g | | |
| Vitamin A | 0.05IU | Vitamin C | 0.01mg |
| Calcium | 0.22mg | Iron | 0.00mg |

Winter Blend

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 76.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15080 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| VEG BLND WINTER 30 GFS | 14 Pound | 285770 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1/2 Cup | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.50 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 76.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|---------|------------------|--------|
| Calories | 33.69 | | |
| Fat | 1.16g | | |
| SaturatedFat | 0.47g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 30.11mg | | |
| Carbohydrates | 4.63g | | |
| Fiber | 1.85g | | |
| Sugar | 1.85g | | |
| Protein | 1.85g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 27.92mg | Iron | 0.93mg |

Creamed Chicken

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 65.00 | Category: | Entree |
| Serving Size: | 0.75 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15082 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1 Pound | 840860 |
| FLOUR H&R A/P 2-25 GCHC | 2 Pound | 227528 |
| Tap Water for Recipes | 1/2 Gallon | 000001WTR |
| 1 % White Milk | 2 Gallon | |
| BASE CHIX LO SOD 12-1 LEGO | 1/2 Pound | 130869 |
| Chicken, Diced, Cooked, Frozen | 12 Pound | 100101 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.75 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 65.00

Serving Size: 0.75 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 261.50 | | |
| Fat | 9.98g | | |
| SaturatedFat | 2.95g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 72.26mg | | |
| Sodium | 264.31mg | | |
| Carbohydrates | 16.79g | | |
| Fiber | 0.37g | | |
| Sugar | 5.99g | | |
| Protein | 23.86g | | |
| Vitamin A | 4.92IU | Vitamin C | 0.98mg |
| Calcium | 17.42mg | Iron | 0.61mg |

Peas

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 93.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15083 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| PEAS GREEN IQF 30 GFS | 14 Pound | 285660 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1/4 Cup | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.36 |

Nutrition Facts

Servings Per Recipe: 93.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|--------|------------------|--------|
| Calories | 42.05 | | |
| Fat | 0.47g | | |
| SaturatedFat | 0.19g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 4.73mg | | |
| Carbohydrates | 6.47g | | |
| Fiber | 2.16g | | |
| Sugar | 2.16g | | |
| Protein | 2.70g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.05mg | Iron | 0.59mg |

Mostaccioli

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 65.00 | Category: | Entree |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15084 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| 100158 - Beef, Find Ground, 85/15, Frozen | 10 Pound | 100158 |
| Diced Tomatoes cnd | 2 #10 CAN | 100329 |
| SAUCE MARINARA A/P 6-10 REDPK | 4 #10 CAN | 592714 |
| PASTA MOSTACC RIG W/LINES 4-5 GCHC | 4 3/4 Pound | 413350 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 1.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 65.00

Serving Size: 1.00 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|---------|
| Calories | 388.27 | | |
| Fat | 16.65g | | |
| SaturatedFat | 3.67g | | |
| Trans Fat | 1.84g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 864.40mg | | |
| Carbohydrates | 43.66g | | |
| Fiber | 7.01g | | |
| Sugar | 13.64g | | |
| Protein | 22.79g | | |
| Vitamin A | 977.92IU | Vitamin C | 15.12mg |
| Calcium | 46.17mg | Iron | 1.05mg |

Garlic Bread

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Grain |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15085 |

Ingredients

| Description | Measurement | DistPart # |
|--|-------------|------------|
| Bread, Whole Grain Texas Toast 22 oz/16 sl | 1 Slice | 6369 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1 Teaspoon | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.25 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|---------|------------------|--------|
| Calories | 133.33 | | |
| Fat | 5.17g | | |
| SaturatedFat | 1.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 38.07mg | | |
| Carbohydrates | 19.00g | | |
| Fiber | 2.00g | | |
| Sugar | 2.00g | | |
| Protein | 4.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 4.38mg | Iron | 6.00mg |

Caesar Salad

| | | | |
|----------------------|----------|-----------------------|-----------|
| Servings: | 40.00 | Category: | Vegetable |
| Serving Size: | 1.00 Cup | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-15086 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| LETTUCE LEAF GRN WASHED TRMD 2-5 RSS | 5 Pound | 702595 |
| CHEESE PARM GRTD 4-5 PG | 1/2 Pound | 445401 |
| DRESSING CAESAR 4-1 GAL GFS | 2 Cup | 818201 |
| CROUTON LRG SEAS 10-2 GCHC | 1/2 Pound | 748520 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.50 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 40.00

Serving Size: 1.00 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 69.15 | | |
| Fat | 5.64g | | |
| SaturatedFat | 0.81g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 4.06mg | | |
| Sodium | 166.64mg | | |
| Carbohydrates | 4.96g | | |
| Fiber | 0.06g | | |
| Sugar | 0.40g | | |
| Protein | 0.89g | | |
| Vitamin A | 333.23IU | Vitamin C | 0.41mg |
| Calcium | 2.22mg | Iron | 0.33mg |

Apple Crisp

| | | | |
|----------------------|--------------|-----------------------|------------------|
| Servings: | 50.00 | Category: | Fruit |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15087 |

Ingredients

| Description | Measurement | DistPart # |
|-----------------------------------|--------------|------------|
| FLOUR H&R A/P 2-25 GCHC | 14 Ounce | 227528 |
| OATS QUICK HOT CEREAL 12-42Z GCHC | 9 Ounce | 240869 |
| SUGAR BROWN MED 25 GFS | 15 Ounce | 108626 |
| SPICE CINNAMON GRND 5 TRDE | 2 Tablespoon | 224731 |
| SALT IODIZED 24-26Z GFS | 1/2 Teaspoon | 108308 |
| APPLE SLCD W/P 6-10 GFS | 1 #10 CAN | 117773 |
| SUGAR CANE GRANUL 25 GFS | 10 1/2 Ounce | 108642 |
| LEMON JUICE 100 12-32FLZ GCHC | 1/4 Cup | 311227 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.75 |
| Fruit | 0.25 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|---------|------------------|--------|
| Calories | 127.30 | | |
| Fat | 0.37g | | |
| SaturatedFat | 0.06g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 28.62mg | | |
| Carbohydrates | 30.18g | | |
| Fiber | 1.76g | | |
| Sugar | 19.23g | | |
| Protein | 1.57g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.29mg |
| Calcium | 1.21mg | Iron | 0.58mg |

Cheesy Potatoes

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 90.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15095 |

Ingredients

| Description | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| HASHBROWN SHRD IQF 6-3 GCHC | 15 Pound | 316334 |
| 1 % White Milk | 4 Cup | |
| Cheese, Cheddar Reduced fat, Shredded | 3 Pound | 100012 |
| SOUR CREAM 4-5 GCHC | 2 Pound | 285218 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1 1/2 Cup | 840860 |
| SOUP CRM OF CHIX 12-5 CAMP | 3 #5 CAN | 101125 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.50 |

Nutrition Facts

Servings Per Recipe: 90.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 181.57 | | |
| Fat | 9.53g | | |
| SaturatedFat | 4.89g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 20.21mg | | |
| Sodium | 368.33mg | | |
| Carbohydrates | 20.63g | | |
| Fiber | 2.25g | | |
| Sugar | 1.94g | | |
| Protein | 6.67g | | |
| Vitamin A | 47.79IU | Vitamin C | 0.09mg |
| Calcium | 32.44mg | Iron | 0.64mg |

Chicken & Noodles

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 50.00 | Category: | Entree |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15096 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|----------------|------------|
| BASE CHIX LO SOD 12-1 LEGO | 2 Cup | 130869 |
| PASTA NOODL KLUSKI 1/8 2-5 GCHC | 2 1/2 Pound | 270385 |
| ONION SPANISH JUMBO 10 MRKN | 14 Ounce | 109620 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 4 Ounce | 840860 |
| FLOUR H&R A/P 2-25 GCHC | 4 Ounce | 227528 |
| 1 % White Milk | 6 Cup | |
| Black Pepper | 1 1/2 Teaspoon | 24108 |
| Chicken, Diced, Cooked, Frozen | 6 3/8 Pound | 100101 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.06 |
| Grain | 0.75 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 221.30 | | |
| Fat | 5.20g | | |
| SaturatedFat | 0.74g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 72.28mg | | |
| Sodium | 315.12mg | | |
| Carbohydrates | 23.54g | | |
| Fiber | 1.00g | | |
| Sugar | 4.36g | | |
| Protein | 18.68g | | |
| Vitamin A | 1.36IU | Vitamin C | 0.83mg |
| Calcium | 13.85mg | Iron | 0.88mg |

Sloppy Joe on Bun

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 50.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15097 |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------------|--------------|------------|
| Beef, Fine Ground 85/15, Frozen | 8 5/8 Pound | 100158 |
| ONION SPANISH JUMBO 10 MRKN | 10 Ounce | 109620 |
| SPICE GARLIC POWDER 21Z TRDE | 1 Tablespoon | 224839 |
| TOMATO PASTE CALIF 26 6-10 GCHC | 1/4 #10 CAN | 100196 |
| KETCHUP CAN 33 FCY 6-10 CRWNCOLL | 1/4 #10 CAN | 100129 |
| Tap Water for Recipes | 2 Cup | 000001WTR |
| VINEGAR APPLE CIDER 5% 4-1GAL HNZ | 1 1/8 Cup | 201812 |
| MUSTARD YELLOW PREP 4-1GAL CRWNCOLL | 2 Tablespoon | 860221 |
| Black Pepper | 1 Teaspoon | 24108 |
| SUGAR BROWN MED 25 GFS | 2 3/4 Ounce | 108626 |
| 4" WG HAMBURGER BUN, AUNT MILLIES | 50 bun | 3159 |

Preparation Instructions

Serve 1/3 cup meat mixture on each bun.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.76 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.26 |
| OtherVeg | 0.03 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Each

| | |
|---------------------------|----------|
| Amount Per Serving | |
| Calories | 431.23 |
| Fat | 18.58g |
| SaturatedFat | 5.52g |
| Trans Fat | 2.76g |
| Cholesterol | 71.80mg |
| Sodium | 445.01mg |
| Carbohydrates | 40.33g |
| Fiber | 2.75g |

| | |
|-------------------------|-------------------------|
| Sugar | 12.37g |
| Protein | 25.94g |
| Vitamin A 0.11IU | Vitamin C 0.59mg |
| Calcium 11.93mg | Iron 10.55mg |

Cheeseburger on Bun

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15098 |

Ingredients

| Description | Measurement | DistPart # |
|--|-------------|------------|
| BEEF PTY FLAMEBR 210-2.4Z | 1 Each | 205030 |
| CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED | 1 Slice | 100036 |
| 4" WG HAMBURGER BUN, AUNT MILLIES | 1 bun | 3159 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.75 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|---------|
| Calories | 330.00 | | |
| Fat | 12.50g | | |
| SaturatedFat | 5.00g | | |
| Trans Fat | 0.50g | | |
| Cholesterol | 42.50mg | | |
| Sodium | 590.00mg | | |
| Carbohydrates | 31.00g | | |
| Fiber | 3.00g | | |
| Sugar | 5.00g | | |
| Protein | 21.00g | | |
| Vitamin A | 100.00IU | Vitamin C | 0.00mg |
| Calcium | 24.00mg | Iron | 11.80mg |

Grilled Cheese Sandwich

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15099 |

Ingredients

| Description | Measurement | DistPart # |
|--|-------------|------------|
| CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED | 2 Slice | 100036 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 2 Teaspoon | 840860 |
| Aunt Millie's Homestyle 100% Whole Wheat Bread | 2 Slice | 336 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 326.67 | | |
| Fat | 12.33g | | |
| SaturatedFat | 6.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 15.00mg | | |
| Sodium | 373.33mg | | |
| Carbohydrates | 2.00g | | |
| Fiber | 0.00g | | |
| Sugar | 2.00g | | |
| Protein | 6.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.76mg | Iron | 0.00mg |

Hot Ham & Cheese on Bun

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15100 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| Ham, 97% Fat Free, Cooked , Water Added, Sliced | 2 Ounce | 100187 |
| CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED | 1 Slice | 100036 |
| 4" WG HAMBURGER BUN, AUNT MILLIES | 1 bun | 3159 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|---------|
| Calories | 260.66 | | |
| Fat | 7.78g | | |
| SaturatedFat | 3.14g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 37.01mg | | |
| Sodium | 720.33mg | | |
| Carbohydrates | 33.28g | | |
| Fiber | 2.00g | | |
| Sugar | 6.64g | | |
| Protein | 17.20g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 4.00mg | Iron | 10.00mg |

Tomato Soup

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 50.00 | Category: | Vegetable |
| Serving Size: | 0.75 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15101 |

Ingredients

| Description | Measurement | DistPart # |
|-----------------------|-------------|------------|
| SOUP TOMATO 12-5 CAMP | 5 #5 CAN | 101427 |
| 1 % White Milk | 1 Gallon | |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.50 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 0.75 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 159.82 | | |
| Fat | 0.80g | | |
| SaturatedFat | 0.48g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 4.80mg | | |
| Sodium | 720.12mg | | |
| Carbohydrates | 31.93g | | |
| Fiber | 1.42g | | |
| Sugar | 20.56g | | |
| Protein | 5.40g | | |
| Vitamin A | 3.20IU | Vitamin C | 0.64mg |
| Calcium | 38.01mg | Iron | 0.85mg |

Chili

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 70.00 | Category: | Entree |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15103 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| 100158 - Beef, Find Ground, 85/15, Frozen | 10 Pound | 100158 |
| SEASONING CHILI MIX 6-5.7Z LAWR | 3 Package | 521183 |
| Diced Tomatoes cnd | 3 #10 CAN | 100329 |
| BEAN RED 6-10 GCHC | 3 #10 CAN | 190209 |
| JUICE TOMATO 100 12-46FLZ SACRM | 2 Quart | 302414 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.71 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.67 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 70.00

Serving Size: 1.00 Cup

Amount Per Serving

| | | | |
|----------------------|-----------|------------------|--------|
| Calories | 312.56 | | |
| Fat | 10.23g | | |
| SaturatedFat | 3.41g | | |
| Trans Fat | 1.71g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 1152.27mg | | |
| Carbohydrates | 32.32g | | |
| Fiber | 6.88g | | |
| Sugar | 5.23g | | |
| Protein | 21.04g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 36.65mg | Iron | 2.26mg |

Spaghetti & Meat Sauce

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 65.00 | Category: | Entree |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15104 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| 100158 - Beef, Find Ground, 85/15, Frozen | 10 Pound | 100158 |
| Diced Tomatoes cnd | 2 #10 CAN | 100329 |
| SAUCE MARINARA A/P 6-10 REDPK | 4 #10 CAN | 592714 |
| PASTA SPAGHETTI 10 2-10 KE | 4 3/4 Pound | 654560 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.84 |
| Grain | 0.58 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 1.66 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 65.00

Serving Size: 1.00 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|---------|
| Calories | 388.27 | | |
| Fat | 16.65g | | |
| SaturatedFat | 3.67g | | |
| Trans Fat | 1.84g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 864.40mg | | |
| Carbohydrates | 43.66g | | |
| Fiber | 7.01g | | |
| Sugar | 13.64g | | |
| Protein | 22.79g | | |
| Vitamin A | 977.92IU | Vitamin C | 15.12mg |
| Calcium | 46.17mg | Iron | 1.17mg |

PBJ Sandwich

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-15109 |

Ingredients

| Description | Measurement | DistPart # |
|--|--------------|------------|
| USDA Commodity Smooth Peanut Butter | 2 TBSP. | 100396 |
| JELLY APPLE-GRAPE 6-10 GCHC | 1 Tablespoon | 100927 |
| Aunt Millie's Homestyle 100% Whole Wheat Bread | 2 Slice | 336 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 430.00 | | |
| Fat | 16.00g | | |
| SaturatedFat | 3.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 165.00mg | | |
| Carbohydrates | 21.00g | | |
| Fiber | 2.00g | | |
| Sugar | 14.00g | | |
| Protein | 7.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

Mashed Potatoes

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 400.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18069 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------|-------------|------------|
| POTATO PRLS EXCEL 12-28Z BAMER | 10 Package | 613738 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.50 |

Nutrition Facts

Servings Per Recipe: 400.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 75.91 | | |
| Fat | 0.84g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 345.82mg | | |
| Carbohydrates | 14.34g | | |
| Fiber | 0.84g | | |
| Sugar | 0.00g | | |
| Protein | 1.69g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 8.43mg | Iron | 0.25mg |

Chicken Gravy

| | | | |
|----------------------|-----------------|-----------------------|---------------------|
| Servings: | 2560.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Tablespoon | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18070 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| MARGARINE SLD 30-1 GCHC | 1 Pound | 733061 |
| SEASONING LIQ 12-1QT KITCHEN BOUQUET | 1/2 Cup | 442704 |
| STARCH CORN 24-1 ARGO | 5 Pound | 108413 |
| BASE CHIX 12-1 KE | 2 Pound | 160790 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 2560.00

Serving Size: 1.00 Tablespoon

Amount Per Serving

| | | | |
|----------------------|---------|------------------|--------|
| Calories | 5.72 | | |
| Fat | 0.21g | | |
| SaturatedFat | 0.06g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 53.84mg | | |
| Carbohydrates | 0.94g | | |
| Fiber | 0.00g | | |
| Sugar | 0.02g | | |
| Protein | 0.00g | | |
| Vitamin A | 9.38IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

SPAGHETTI W/ MEAT SAUCE-Liberty Elem

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 450.00 | Category: | Entree |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18074 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| SAUCE SPAGHETTI BF REDC FAT 6-5 COMM | 24 Package | 573201 |
| PASTA SPAGHETTI 10 4-5 GCHC | 30 Pound | 413370 |
| SAUCE MARINARA 6-10 REDPK | 2 #10 CAN | 502181 |
| TOMATO DCD NSA 6-10 ANGELA MIA | 2 #10 CAN | 827614 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 1 Pound | 840860 |
| SPICE GARLIC GRANULATED 24Z TRDE | 12 Ounce | 513881 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.50 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.50 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 450.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|---------|
| Calories | 255.03 | | |
| Fat | 6.82g | | |
| SaturatedFat | 2.45g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 41.90mg | | |
| Sodium | 246.50mg | | |
| Carbohydrates | 32.18g | | |
| Fiber | 3.15g | | |
| Sugar | 7.66g | | |
| Protein | 15.60g | | |
| Vitamin A | 550.43IU | Vitamin C | 15.52mg |
| Calcium | 44.61mg | Iron | 2.73mg |

Pork and Beans-Liberty Elem

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 288.00 | Category: | Vegetable |
| Serving Size: | 0.75 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18075 |

Ingredients

| Description | Measurement | DistPart # |
|----------------------------------|-------------|------------|
| BEAN PORK & NAVY 6-10 GCHC | 18 #10 CAN | 118826 |
| KETCHUP CAN NAT LO SOD 6-10 REDG | 114 Ounce | 200621 |
| ONION DEHY CHPD 15 P/L | 2 Cup | 263036 |
| SUGAR BROWN LT 12-2 P/L | 2 Pound | 860311 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.75 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 288.00

Serving Size: 0.75 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 234.94 | | |
| Fat | 1.62g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 647.38mg | | |
| Carbohydrates | 46.14g | | |
| Fiber | 8.12g | | |
| Sugar | 16.73g | | |
| Protein | 11.35g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 81.36mg | Iron | 3.24mg |

Corn-Liberty Elem

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 108.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18077 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------|-------------|------------|
| Corn fzn | 54 Cup | 100348 |
| BUTTER SUB 24-4Z BTRBUDS | 1 1/8 Cup | 209810 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.50 |

Nutrition Facts

Servings Per Recipe: 108.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|---------|------------------|--------|
| Calories | 68.17 | | |
| Fat | 1.00g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 11.04mg | | |
| Carbohydrates | 16.33g | | |
| Fiber | 2.00g | | |
| Sugar | 3.00g | | |
| Protein | 2.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

Peach Crisp-Liberty Elem

| | | | |
|----------------------|----------|-----------------------|---------------------|
| Servings: | 845.00 | Category: | Condiments or Other |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18079 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|--------------|------------|
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 16 Pound | 840860 |
| SUGAR BROWN LT 12-2 P/L | 21 Pound | 860311 |
| SUGAR CANE GRANUL 25 GFS | 13 Pound | 108642 |
| SALT IODIZED 25 CARG | 4 Tablespoon | 108286 |
| SPICE CINNAMON GRND 15Z TRDE | 8 Tablespoon | 224723 |
| OATS QUICK HOT CEREAL 50 GILST | 16 Pound | 286070 |
| FLOUR H&R A/P 2-25 GCHC | 14 Pound | 227528 |
| PEACH DCD XL/S 6-10 GFS | 39 #10 CAN | 268348 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.00 |
| Fruit | 0.50 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 845.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 255.92 | | |
| Fat | 7.38g | | |
| SaturatedFat | 2.82g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 112.06mg | | |
| Carbohydrates | 45.05g | | |
| Fiber | 0.96g | | |
| Sugar | 30.04g | | |
| Protein | 2.02g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 5.71mg | Iron | 0.62mg |

Apple Crisp-Liberty Elem

| | | | |
|----------------------|----------|-----------------------|---------------------|
| Servings: | 845.00 | Category: | Condiments or Other |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18081 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|--------------|------------|
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 16 Pound | 840860 |
| SUGAR BROWN LT 12-2 P/L | 21 Pound | 860311 |
| SUGAR CANE GRANUL 25 GFS | 13 Pound | 108642 |
| SALT IODIZED 25 CARG | 4 Tablespoon | 108286 |
| SPICE CINNAMON GRND 15Z TRDE | 8 Tablespoon | 224723 |
| OATS QUICK HOT CEREAL 50 GILST | 16 Pound | 286070 |
| FLOUR H&R A/P 2-25 GCHC | 14 Pound | 227528 |
| APPLE SLCD W/P 6-10 GFS | 39 #10 CAN | 117773 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.00 |
| Fruit | 0.50 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 845.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 243.98 | | |
| Fat | 7.38g | | |
| SaturatedFat | 2.82g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 112.06mg | | |
| Carbohydrates | 42.66g | | |
| Fiber | 3.35g | | |
| Sugar | 27.65g | | |
| Protein | 2.02g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 5.71mg | Iron | 0.62mg |

Chicken & Noodles-Liberty Elem

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 675.00 | Category: | Entree |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18085 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| Chicken, diced, cooked, frozen | 80 Pound | 100101 |
| PASTA NOODL KLUSKI AMISH 10 INN MAID | 40 Pound | 456632 |
| BASE CHIX 12-1 KE | 3 Pound | 160790 |
| ONION DCD 1/4 2-5 RSS | 10 Pound | 198307 |
| CELERY JUMBO 16-24CT 40 MARKON | 10 Pound | 198536 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.75 |
| Grain | 0.75 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.07 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 675.00

Serving Size: 1.00 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 186.78 | | |
| Fat | 4.21g | | |
| SaturatedFat | 0.72g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 101.45mg | | |
| Sodium | 363.44mg | | |
| Carbohydrates | 20.22g | | |
| Fiber | 0.58g | | |
| Sugar | 0.34g | | |
| Protein | 15.69g | | |
| Vitamin A | 29.89IU | Vitamin C | 0.21mg |
| Calcium | 4.32mg | Iron | 1.06mg |

Variety of Cereal

| | | | |
|----------------------|-----------|-----------------------|---------|
| Servings: | 12.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-18088 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| CEREAL LUCKY CHARMS WGRAIN BWL 96CT | 1 Package | 265811 |
| CEREAL GLDN GRAHAMS BWL 96CT GENM | 1 Each | 509434 |
| CEREAL TRIX R/S WGRAIN BWL 96CT GENM | 1 Package | 265782 |
| CEREAL FRSTD MINI WHE BWL 96CT KELL | 1 Each | 662186 |
| CEREAL APPLCINN WGRAIN BWL 96CT GENM | 1 Each | 266052 |
| CEREAL CINN TOAST R/S BWL 96CT GENM | 1 Each | 365790 |
| CEREAL FRSTD MINI WHE CHOC BWL 96CT | 1 Each | 805630 |
| CEREAL CHEERIOS WGRAIN BWL 96CT GENM | 1 Each | 264702 |
| CEREAL CHEERIOS FRTY WGRAIN BWL 96CT | 1 Package | 265803 |
| CEREAL RAISIN BRAN BWL 96CT KELL | 1 Each | 247197 |
| CEREAL CHEERIOS HNYNUT BWL 96CT GENM | 1 Each | 509396 |
| CEREAL COCOA PUFFS WGRAIN R/S 96CT | 1 Each | 270401 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |

Starch

0.00

Nutrition Facts

Servings Per Recipe: 12.00

Serving Size: 1.00 Each

Amount Per Serving

| | |
|---------------------------|-------------------------|
| Calories | 107.50 |
| Fat | 1.46g |
| SaturatedFat | 0.13g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 132.92mg |
| Carbohydrates | 23.50g |
| Fiber | 2.33g |
| Sugar | 7.42g |
| Protein | 2.08g |
| Vitamin A 225.00IU | Vitamin C 2.70mg |
| Calcium 80.83mg | Iron 5.09mg |

Assorted Muffin

| | | | |
|----------------------|-----------|-----------------------|---------|
| Servings: | 4.00 | Category: | Grain |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-18090 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| MUFFIN BLUEB WGRAIN IW 72-2Z ARYZTA | 1 Each | 557970 |
| MUFFIN BAN WGRAIN IW 72-2Z ARYZTA | 1 Each | 557981 |
| MUFFIN CHOC/CHOC CHP WGRAIN IW 72-2Z | 1 Each | 557991 |
| MUFFIN APPL CINN WGRAIN IW 72-2Z | 1 Each | 558011 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 4.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 192.50 | | |
| Fat | 6.00g | | |
| SaturatedFat | 2.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 40.00mg | | |
| Sodium | 130.00mg | | |
| Carbohydrates | 30.50g | | |
| Fiber | 2.00g | | |
| Sugar | 16.50g | | |
| Protein | 3.25g | | |
| Vitamin A | 75.00IU | Vitamin C | 0.00mg |
| Calcium | 27.75mg | Iron | 1.06mg |

Glazed Carrots

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 105.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18306 |

Ingredients

| Description | Measurement | DistPart # |
|----------------------------|-------------|------------|
| CARROT SLCD C/C LRG 30 GFS | 15 Pound | 285680 |
| SUGAR BROWN LT 12-2 P/L | 1 1/2 Cup | 860311 |
| MARGARINE SLD 30-1 GCHC | 1/2 Pound | 733061 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.50 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 105.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 35.88 | | |
| Fat | 1.68g | | |
| SaturatedFat | 0.69g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 45.55mg | | |
| Carbohydrates | 4.87g | | |
| Fiber | 1.92g | | |
| Sugar | 2.95g | | |
| Protein | 0.64g | | |
| Vitamin A | 114.29IU | Vitamin C | 0.00mg |
| Calcium | 25.59mg | Iron | 0.23mg |

Green Beans *

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 96.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18410 |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| BEAN GREEN CUT MXD SV 6-10 GCHC | 4 #10 CAN | 273856 |
| BUTTER SUB 24-4Z BTRBUDS | 3/4 Ounce | 209810 |
| BACON BIT REAL FAST N EASY 4-5 HRML | 3/4 Cup | 437735 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.50 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 96.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 76.50 | | |
| Fat | 3.13g | | |
| SaturatedFat | 1.56g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 15.63mg | | |
| Sodium | 403.10mg | | |
| Carbohydrates | 4.38g | | |
| Fiber | 2.16g | | |
| Sugar | 2.16g | | |
| Protein | 5.77g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 32.33mg | Iron | 0.43mg |

Turkey and American Sandwich

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18413 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| TURKEY BRST SMKD DELI SLCD 6-2 GFS | 3 Slice | 833592 |
| Aunt Millie's 4" Whole Grain Hamburger Bun, pillow pack | 1 bun | 3480 |
| CHEESE AMER 160CT SLCD R/F 6-5 LOL | 1 Slice | 722360 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| | | | |
|---------------------------|----------|------------------|--------|
| Amount Per Serving | | | |
| Calories | 270.00 | | |
| Fat | 3.50g | | |
| SaturatedFat | 1.25g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 30.00mg | | |
| Sodium | 810.00mg | | |
| Carbohydrates | 4.00g | | |
| Fiber | 0.00g | | |
| Sugar | 2.00g | | |
| Protein | 17.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 96.00mg | Iron | 0.54mg |

Ham and American Cheese Sandwich

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18414 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| HAM BOILED DELI SLCD 10 6-2 GFS | 2 Slice | 680621 |
| CHEESE AMER 160CT SLCD R/F 6-5 LOL | 1 Slice | 722360 |
| Aunt Millie's 4" Whole Grain Hamburger Bun, pillow pack | 1 bun | 3480 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 245.00 | | |
| Fat | 3.50g | | |
| SaturatedFat | 1.75g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 27.50mg | | |
| Sodium | 610.00mg | | |
| Carbohydrates | 2.00g | | |
| Fiber | 0.00g | | |
| Sugar | 1.50g | | |
| Protein | 12.50g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 96.00mg | Iron | 0.40mg |

BBQ Rib Sandwich

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18422 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| BEEF RIB BBQ HNY 100-3.24Z PIER | 1 Each | 451410 |
| Aunt Millie's 4" Whole Grain Hamburger Bun, pillow pack | 1 bun | 3480 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 360.00 | | |
| Fat | 10.00g | | |
| SaturatedFat | 4.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 40.00mg | | |
| Sodium | 670.00mg | | |
| Carbohydrates | 13.00g | | |
| Fiber | 2.00g | | |
| Sugar | 10.00g | | |
| Protein | 14.00g | | |
| Vitamin A | 400.00IU | Vitamin C | 1.20mg |
| Calcium | 40.00mg | Iron | 1.80mg |

Chicken Chef Salad

| | | | |
|----------------------|-----------|-----------------------|---------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-18426 |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------------|------------------|------------|
| LETTUCE ROMAINE CHOP 6-2 RSS | 3 Cup | 735787 |
| TOMATO 6X6 LRG 10 MRKN | 1/4 Cup | 199001 |
| CUCUMBER SDLSS 12-1CT P/L | 1/8 Cup | 532312 |
| EGG HRD CKD DCD IQF 4-5 GFS | 1 1/2 Tablespoon | 192198 |
| CARROT BABY WHL PETITE 4-5 RSS | 1/4 Cup | 768146 |
| CHEESE AMER SHRD R/F 4-5 LOL | 2 Tablespoon | 861950 |
| CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON | 2 Ounce | 570533 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 3.24 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 1.50 |
| RedVeg | 12.75 |
| OtherVeg | 0.13 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| | | | |
|---------------------------|----------|------------------|--------|
| Amount Per Serving | | | |
| Calories | 345.51 | | |
| Fat | 8.19g | | |
| SaturatedFat | 3.03g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 136.67mg | | |
| Sodium | 595.15mg | | |
| Carbohydrates | 43.51g | | |
| Fiber | 14.70g | | |
| Sugar | 22.05g | | |
| Protein | 24.72g | | |
| Vitamin A | 426.45IU | Vitamin C | 6.35mg |
| Calcium | 278.86mg | Iron | 2.39mg |

Chef Salad w/ Cheese

| | | | |
|----------------------|-----------|-----------------------|---------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-18430 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------|------------------|------------|
| LETTUCE ROMAINE CHOP 6-2 RSS | 3 Cup | 735787 |
| TOMATO 6X6 LRG 10 MRKN | 1/4 Cup | 199001 |
| CUCUMBER SDLSS 12-1CT P/L | 1/8 Cup | 532312 |
| EGG HRD CKD DCD IQF 4-5 GFS | 1 1/2 Tablespoon | 192198 |
| CARROT BABY WHL PETITE 4-5 RSS | 1/4 Cup | 768146 |
| CHEESE AMER SHRD R/F 4-5 LOL | 4 Tablespoon | 861950 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 1.50 |
| RedVeg | 12.75 |
| OtherVeg | 0.13 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| | | | |
|---------------------------|----------|------------------|--------|
| Amount Per Serving | | | |
| Calories | 293.56 | | |
| Fat | 7.11g | | |
| SaturatedFat | 3.28g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 107.50mg | | |
| Sodium | 746.82mg | | |
| Carbohydrates | 43.84g | | |
| Fiber | 14.70g | | |
| Sugar | 22.55g | | |
| Protein | 16.22g | | |
| Vitamin A | 470.95IU | Vitamin C | 6.35mg |
| Calcium | 371.19mg | Iron | 1.72mg |

Chef Salad w/ Ham

| | | | |
|----------------------|-----------|-----------------------|---------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-18444 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------|------------------|------------|
| LETTUCE ROMAINE CHOP 6-2 RSS | 3 Cup | 735787 |
| TOMATO 6X6 LRG 10 MRKN | 1/4 Cup | 199001 |
| CUCUMBER SDLSS 12-1CT P/L | 1/8 Cup | 532312 |
| EGG HRD CKD DCD IQF 4-5 GFS | 1 1/2 Tablespoon | 192198 |
| CARROT BABY WHL PETITE 4-5 RSS | 1/4 Cup | 768146 |
| CHEESE AMER SHRD R/F 4-5 LOL | 2 Tablespoon | 861950 |
| Ham, Cubed Frozen | 3 Ounce | 100188-H |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 3.75 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 1.50 |
| RedVeg | 0.50 |
| OtherVeg | 0.13 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| | | | |
|---------------------------|-----------|------------------|--------|
| Amount Per Serving | | | |
| Calories | 349.54 | | |
| Fat | 7.32g | | |
| SaturatedFat | 4.48g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 144.26mg | | |
| Sodium | 1082.32mg | | |
| Carbohydrates | 47.76g | | |
| Fiber | 14.70g | | |
| Sugar | 24.51g | | |
| Protein | 25.01g | | |
| Vitamin A | 426.45IU | Vitamin C | 6.35mg |
| Calcium | 274.19mg | Iron | 1.72mg |

Chili-Non-Commodity

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 75.00 | Category: | Entree |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18452 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|-----------------|------------|
| ONION DCD 1/4 2-5 RSS | 2 Pound | 198307 |
| CELERY STIX 4-3 RSS | 2 Pound | 781592 |
| PEPPERS GREEN DCD SWT 12-2 GFS | 2 Pound | 508632 |
| JUICE TOMATO 100 12-46FLZ SACRM | 138 Fluid Ounce | 302414 |
| TOMATO DCD NSA 6-10 ANGELA MIA | 1 #10 CAN | 827614 |
| SPICE CHILI POWDER MILD 16Z TRDE | 1 Pound | 331473 |
| BEAN KIDNEY RED LT 6-10 GCHC | 1 #10 CAN | 118788 |
| BEEF GRND 81/19 FINE GRIND 6-10AVG | 8 Pound | 764720 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.50 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.25 |
| OtherVeg | 0.13 |
| Legumes | 0.13 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 75.00

Serving Size: 0.50 Cup

| Amount Per Serving | | | |
|----------------------|----------|------------------|--------|
| Calories | 188.59 | | |
| Fat | 8.96g | | |
| SaturatedFat | 3.84g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 32.00mg | | |
| Sodium | 532.99mg | | |
| Carbohydrates | 13.87g | | |
| Fiber | 4.45g | | |
| Sugar | 4.17g | | |
| Protein | 12.52g | | |
| Vitamin A | 282.01IU | Vitamin C | 3.86mg |
| Calcium | 42.87mg | Iron | 2.13mg |

Philly Steak Sandwich

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18461 |

Ingredients

| Description | Measurement | DistPart # |
|--|-------------|------------|
| BEEF STK PHLL PEPRS/ONIO CKD SLC 3-4 | 3 Ounce | 593591 |
| Aunt Millie's Whole Grain Mini Sub 2oz | 1 bun | 5113 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 3.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 320.00 | | |
| Fat | 14.50g | | |
| SaturatedFat | 6.00g | | |
| Trans Fat | 0.50g | | |
| Cholesterol | 20.00mg | | |
| Sodium | 710.00mg | | |
| Carbohydrates | 36.00g | | |
| Fiber | 3.00g | | |
| Sugar | 8.00g | | |
| Protein | 12.00g | | |
| Vitamin A | 100.00IU | Vitamin C | 9.00mg |
| Calcium | 20.00mg | Iron | 0.72mg |

Bosco Sticks w/ Marinara Sauce

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18468 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| BREADSTICK CHS STFD WGRAIN 6 144CT | 2 Each | 235411 |
| SAUCE MARINARA 6-10 REDPK | 1/2 Cup | 502181 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.80 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 370.00 | | |
| Fat | 11.50g | | |
| SaturatedFat | 5.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 30.00mg | | |
| Sodium | 575.00mg | | |
| Carbohydrates | 46.00g | | |
| Fiber | 6.00g | | |
| Sugar | 10.00g | | |
| Protein | 22.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 468.00mg | Iron | 3.00mg |

Meatball Sub

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18471 |

Ingredients

| Description | Measurement | DistPart # |
|----------------------------|-------------|------------|
| MEATBALL CKD .65Z 6-5 COMM | 4 Each | 785860 |
| SAUCE MARINARA 6-10 REDPK | 1/8 Cup | 502181 |
| CHEESE MOZZ SHRD 4-5 LOL | 1/3 Cup | 645170 |
| HOT DOG BUN, W GRAIN, AM | 1 bun | 4040 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 3.25 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.13 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | |
|-------------------------|-------------------------|
| Calories | 428.00 |
| Fat | 19.31g |
| SaturatedFat | 8.12g |
| Trans Fat | 0.60g |
| Cholesterol | 55.80mg |
| Sodium | 748.70mg |
| Carbohydrates | 37.44g |
| Fiber | 4.52g |
| Sugar | 9.40g |
| Protein | 27.76g |
| Vitamin A 5.00IU | Vitamin C 1.00mg |
| Calcium 346.84mg | Iron 12.26mg |

Grilled Cheese Sandwich*

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 110.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18472 |

Ingredients

| Description | Measurement | DistPart # |
|--|-------------|------------|
| 380 - Aunt Millie's WG Honey White Bread | 220 Each | 380 |
| CHEESE AMER 160CT SLCD R/F 6-5 LOL | 440 Slice | 722360 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 3 Pound | 840860 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 110.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|-----------|------------------|---------|
| Calories | 407.27 | | |
| Fat | 19.60g | | |
| SaturatedFat | 8.93g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 30.00mg | | |
| Sodium | 1256.00mg | | |
| Carbohydrates | 38.00g | | |
| Fiber | 4.00g | | |
| Sugar | 8.00g | | |
| Protein | 20.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 388.99mg | Iron | 12.00mg |

Chicken Alfredo

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 284.00 | Category: | Entree |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18490 |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------------|---------------|------------|
| CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON | 35 1/2 Pound | 570533 |
| SAUCE ALFREDO FZ 6-5 JTM | 2 1/2 Package | 155661 |
| DINNER ROLL, W GRAIN, AM | 284 roll | 4372 |
| PASTA LINGUINE 10 4-5 GCHC | 20 Pound | 413380 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 4.00 |
| Grain | 2.25 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 284.00

Serving Size: 1.00 Cup

Amount Per Serving

| | | | |
|----------------------|-----------|------------------|--------|
| Calories | 497.03 | | |
| Fat | 16.92g | | |
| SaturatedFat | 7.91g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 80.45mg | | |
| Sodium | 1070.18mg | | |
| Carbohydrates | 52.85g | | |
| Fiber | 3.13g | | |
| Sugar | 10.04g | | |
| Protein | 33.77g | | |
| Vitamin A | 509.27IU | Vitamin C | 0.00mg |
| Calcium | 454.44mg | Iron | 9.68mg |

Hot Dog w/ Chili Sauce

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18492 |

Ingredients

| Description | Measurement | DistPart # |
|----------------------------------|--------------|------------|
| HOT DOG BUN, W GRAIN, AM | 1 bun | 4040 |
| CHILI HOT DOG W/MT 6-10 CHEFM | 2 Tablespoon | 233684 |
| FRANKS 3 MEAT CLASSIC 8/ 2-5 GFS | 1 Each | 304913 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|-----------|------------------|---------|
| Calories | 340.00 | | |
| Fat | 19.25g | | |
| SaturatedFat | 5.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 47.50mg | | |
| Sodium | 1015.00mg | | |
| Carbohydrates | 33.00g | | |
| Fiber | 3.50g | | |
| Sugar | 5.00g | | |
| Protein | 13.00g | | |
| Vitamin A | 0.07IU | Vitamin C | 0.00mg |
| Calcium | 46.11mg | Iron | 10.94mg |

Soft Taco Bar

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18493 |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------------|--------------|------------|
| TORTILLA FLOUR ULTRGR 8 18-12CT | 1 Each | 882700 |
| TACO FILLING BEEF REDC FAT 6-5 COMM | 1/3 Cup | 722330 |
| CHEESE AMER SHRD R/F 4-5 LOL | 3 Tablespoon | 861950 |
| LETTUCE SHRD TACO 1/8CUT 4-5 RSS | 1/2 Cup | 242489 |
| RICE SPANISH 6-36Z UBEN | 1/3 Cup | 555169 |
| SAUCE TACO MILD PKT 200-9GM GFS | 1 Each | 192007 |
| SOUR CREAM PKT 400-1Z GCHC | 1 Each | 836750 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.73 |
| Grain | 1.25 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.13 |
| OtherVeg | 0.25 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| | | | |
|---------------------------|-----------|------------------|--------|
| Amount Per Serving | | | |
| Calories | 467.05 | | |
| Fat | 16.54g | | |
| SaturatedFat | 8.16g | | |
| Trans Fat | 0.29g | | |
| Cholesterol | 65.90mg | | |
| Sodium | 1206.91mg | | |
| Carbohydrates | 56.78g | | |
| Fiber | 5.72g | | |
| Sugar | 7.72g | | |
| Protein | 25.03g | | |
| Vitamin A | 705.38IU | Vitamin C | 7.19mg |
| Calcium | 291.37mg | Iron | 4.18mg |

Hamburger

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18496 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| BEEF PTY 4/ 80/20 15 GCHC | 1 Each | 482770 |
| 4 inch whole grain hamburger buns - 30 ct | 1 bun | 3480 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 3.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 450.00 | | |
| Fat | 24.00g | | |
| SaturatedFat | 9.00g | | |
| Trans Fat | 1.50g | | |
| Cholesterol | 75.00mg | | |
| Sodium | 255.00mg | | |
| Carbohydrates | 0.00g | | |
| Fiber | 2.00g | | |
| Sugar | 4.00g | | |
| Protein | 27.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 1.80mg |

Cheeseburger

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18497 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| BEEF PTY 4/ 80/20 15 GCHC | 1 Each | 482770 |
| 4 inch whole grain hamburger buns - 30 ct | 1 bun | 3480 |
| CHEESE AMER 160CT SLCD R/F 6-5 LOL | 1 Slice | 722360 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 3.50 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 485.00 | | |
| Fat | 26.00g | | |
| SaturatedFat | 10.25g | | |
| Trans Fat | 1.50g | | |
| Cholesterol | 82.50mg | | |
| Sodium | 465.00mg | | |
| Carbohydrates | 1.00g | | |
| Fiber | 2.00g | | |
| Sugar | 4.50g | | |
| Protein | 30.50g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 96.00mg | Iron | 1.80mg |

Breaded Tenderloin Sandwich

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18498 |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| 4 inch whole grain hamburger buns - 30 ct | 1 bun | 3480 |
| PORK PTY BRD WGRAIN 3.35Z 6-5 JTM | 1 Each | 661950 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.50 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 420.00 | | |
| Fat | 19.00g | | |
| SaturatedFat | 4.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 40.00mg | | |
| Sodium | 520.00mg | | |
| Carbohydrates | 11.00g | | |
| Fiber | 4.00g | | |
| Sugar | 5.00g | | |
| Protein | 22.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 40.00mg | Iron | 1.62mg |

Spicy Chicken Wrap

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 80.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18500 |

Ingredients

| Description | Measurement | DistPart # |
|-----------------------------------|-------------|------------|
| CHIX STRP FAJT SEAS FC 8-4.99 TYS | 1/2 Package | 150160 |
| CHEESE AMER SHRD R/F 4-5 LOL | 20 Cup | 861950 |
| TORTILLA FLOUR 10 ULTRGR 12-12CT | 80 Each | 690141 |
| Asian Base Sauce | 240 Ounce | 776247 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.50 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 80.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|-----------|------------------|--------|
| Calories | 551.51 | | |
| Fat | 18.79g | | |
| SaturatedFat | 7.15g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 121.16mg | | |
| Sodium | 1744.90mg | | |
| Carbohydrates | 66.65g | | |
| Fiber | 3.00g | | |
| Sugar | 24.00g | | |
| Protein | 33.23g | | |
| Vitamin A | 89.00IU | Vitamin C | 0.00mg |
| Calcium | 325.94mg | Iron | 1.62mg |

Mostaccioli

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 450.00 | Category: | Entree |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18510 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| SAUCE SPAGHETTI BF REDC FAT 6-5 COMM | 21 Package | 573201 |
| PASTA PENNE RIGATE 51 WGRAIN 2-10 | 30 Pound | 221482 |
| SAUCE MARINARA 6-10 REDPK | 4 #10 CAN | 502181 |
| TOMATO DCD NSA 6-10 ANGELA MIA | 4 #10 CAN | 827614 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 2 Pound | 840860 |
| SPICE GARLIC POWDER 21Z TRDE | 37 Ounce | 224839 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.25 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.50 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 450.00

Serving Size: 0.50 Cup

| Amount Per Serving | |
|---------------------------|--------------------------|
| Calories | 261.40 |
| Fat | 7.38g |
| SaturatedFat | 2.51g |
| Trans Fat | 0.00g |
| Cholesterol | 36.67mg |
| Sodium | 243.63mg |
| Carbohydrates | 32.10g |
| Fiber | 4.42g |
| Sugar | 8.26g |
| Protein | 14.46g |
| Vitamin A 546.30IU | Vitamin C 14.74mg |
| Calcium 50.49mg | Iron 2.71mg |

Broccoli and Cheese Sauce

| | | | |
|----------------------|----------|-----------------------|---------------------|
| Servings: | 25.00 | Category: | Condiments or Other |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18511 |

Ingredients

| Description | Measurement | DistPart # |
|---------------------------------|-------------|------------|
| BROCCOLI CUTS 6-4 GFS | 6 Pound | 610871 |
| SAUCE CHS CHED BASIC 6-10 CHEFM | 1/2 #10 CAN | 565695 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.50 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 25.00

Serving Size: 0.50 Cup

Amount Per Serving

| | |
|----------------------------|--------------------------|
| Calories | 111.11 |
| Fat | 5.48g |
| SaturatedFat | 1.59g |
| Trans Fat | 0.00g |
| Cholesterol | 5.17mg |
| Sodium | 429.71mg |
| Carbohydrates | 12.62g |
| Fiber | 3.26g |
| Sugar | 1.54g |
| Protein | 4.11g |
| Vitamin A 1127.64IU | Vitamin C 61.51mg |
| Calcium 81.76mg | Iron 0.88mg |

Variety of Dressing

| | | | |
|----------------------|-----------|-----------------------|---------------------|
| Servings: | 5.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-18516 |

Ingredients

| Description | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| DRESSING FREN CNTRY PKT60-1.5FLZ KENS | 1 Each | 195758 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 5.00

Serving Size: 1.00 Each

| Amount Per Serving | | | |
|----------------------|---------|------------------|--------|
| Calories | 38.00 | | |
| Fat | 3.00g | | |
| SaturatedFat | 0.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 60.00mg | | |
| Carbohydrates | 2.60g | | |
| Fiber | 0.00g | | |
| Sugar | 2.40g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

Variety of Soup

| | | | |
|----------------------|----------|-----------------------|---------------------|
| Servings: | 5.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18517 |

Ingredients

| Description | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| SOUP GLDN BROCC 3-4# CAMP | 1/2 Cup | 165500 |
| SOUP TOMATO 12-5 CAMP | 1/2 Cup | 101427 |
| SOUP CHIX NOODLE HT&SRV 4-8 GFS | 1/2 Cup | 115900 |
| SOUP CHIX DUMPLING CONC 4-4 CHFRAN | 1/2 Cup | 492655 |
| SOUP STFD GRN PEPR CONC 4-4 CHFRAN | 1/2 Cup | 773611 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 5.00

Serving Size: 1.00 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 126.00 | | |
| Fat | 5.45g | | |
| SaturatedFat | 1.70g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 16.50mg | | |
| Sodium | 774.00mg | | |
| Carbohydrates | 15.60g | | |
| Fiber | 0.90g | | |
| Sugar | 4.90g | | |
| Protein | 4.30g | | |
| Vitamin A | 190.00IU | Vitamin C | 4.56mg |
| Calcium | 60.00mg | Iron | 0.69mg |

Salad Bar

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 70.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18564 |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------------|---------------|------------|
| Ham, Cubed Frozen | 73 1/4 Ounce | 100188-H |
| CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON | 76 Ounce | 570533 |
| EGG HRD CKD DCD IQF 4-5 GFS | 66 Tablespoon | 192198 |
| CHEESE AMER SHRD R/F 4-5 LOL | 1 Ounce | 861950 |
| CORNBREAD SNAC FORT WGRAIN IW 72-2Z | 70 Each | 159791 |
| CRACKER SALTINE 500-2CT GCHC | 140 Package | 870400 |
| LETTUCE SHRD TACO 1/8CUT 4-5 RSS | 50 Cup | 242489 |
| SPINACH LEAF FLAT CLND 4-2.5 RSS | 76 Cup | 329401 |
| TOMATO 6X6 LRG 10 MRKN | 3 1/2 Cup | 199001 |
| PEPPERS GREEN LRG 5 MRKN | 6 1/2 Cup | 592315 |
| CUCUMBER SDLSS 12-1CT P/L | 7 1/2 Cup | 532312 |
| ONION DCD 1/4 2-5 RSS | 1/2 Cup | 198307 |
| OLIVE RIPE SLCD DOMESTIC 6-10 LNDSY | 80 Piece | 328391 |
| PEPPERS BAN RING MILD 4-1GAL GFS | 6 Ounce | 466220 |
| RAISIN SELECT 1.5Z BOXES 24-6CT P/L | 200 Gram | 544426 |
| CRANBERRY DRD 2-48Z OCSPR | 165 Gram | 392313 |
| BACON BIT REAL FAST N EASY 4-5 HRML | 42 Ounce | 437735 |
| SEED SUNFLWR RSTD SLTD 4-4 GFS | 60 Tablespoon | 337910 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.25 |
| GreenVeg | 0.50 |
| RedVeg | 0.00 |
| OtherVeg | 0.50 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 70.00

Serving Size: 1.00 Each

| | | | |
|---------------------------|-----------|------------------|---------|
| Amount Per Serving | | | |
| Calories | 506.75 | | |
| Fat | 20.79g | | |
| SaturatedFat | 5.23g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 132.60mg | | |
| Sodium | 1095.26mg | | |
| Carbohydrates | 50.58g | | |
| Fiber | 4.24g | | |
| Sugar | 21.66g | | |
| Protein | 25.63g | | |
| Vitamin A | 132.91IU | Vitamin C | 12.52mg |
| Calcium | 84.10mg | Iron | 3.64mg |

Sub Sandwich Bar

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 75.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18569 |

Ingredients

| Description | Measurement | DistPart # |
|--|-------------|------------|
| TURKEY BRST DELI SLCD CKD 6-2 GFS | 100 Ounce | 680613 |
| HAM BOILED DELI SLCD 10 6-2 GFS | 88 Piece | 680621 |
| CHEESE AMER 160CT SLCD R/F 6-5 LOL | 50 Slice | 722360 |
| Aunt Millie's Whole Grain Mini Sub 2oz | 75 bun | 5113 |
| SPINACH LEAF FLAT CLND 4-2.5 RSS | 1 Cup | 329401 |
| LETTUCE ROMAINE CHOP 6-2 RSS | 13 Cup | 735787 |
| TOMATO 6X6 LRG 10 MRKN | 13 Cup | 199001 |
| PEPPERS GREEN LRG 5 MRKN | 3 1/4 Cup | 592315 |
| ONION DCD 1/4 2-5 RSS | 1 Cup | 198307 |
| OLIVE RIPE SLCD DOMESTIC 6-10 LNDSY | 1 1/2 Cup | 328391 |
| PEPPERS BAN RING MILD 4-1GAL GFS | 18 Ounce | 466220 |
| MAYONNAISE PKT 200-12GM GFS | 75 Each | 700011 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.88 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.09 |
| RedVeg | 0.17 |
| OtherVeg | 0.17 |
| Legumes | 0.00 |

Starch

0.00

Nutrition Facts

Servings Per Recipe: 75.00

Serving Size: 1.00 Each

Amount Per Serving

| | |
|---------------------------|-------------------------|
| Calories | 350.71 |
| Fat | 14.86g |
| SaturatedFat | 2.65g |
| Trans Fat | 0.00g |
| Cholesterol | 36.73mg |
| Sodium | 980.62mg |
| Carbohydrates | 35.10g |
| Fiber | 2.92g |
| Sugar | 6.88g |
| Protein | 20.13g |
| Vitamin A 283.79IU | Vitamin C 9.47mg |
| Calcium 76.30mg | Iron 0.66mg |

Beef Gravy

| | | | |
|----------------------|---------------|-----------------------|---------|
| Servings: | 2560.00 | Category: | Entree |
| Serving Size: | 3.00 Teaspoon | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-18616 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| BASE BEEF 12-1 KE | 2 Pound | 160810 |
| MARGARINE GLDN SWT ZTF 30-1 GLDSWT | 2 Pound | 840860 |
| SEASONING LIQ 12-1QT KITCHEN BOUQUET | 1/2 Cup | 442704 |
| STARCH CORN 24-1 ARGO | 5 Pound | 108413 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 2560.00

Serving Size: 3.00 Teaspoon

Amount Per Serving

| | | | |
|----------------------|---------|------------------|--------|
| Calories | 6.97 | | |
| Fat | 0.35g | | |
| SaturatedFat | 0.15g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 55.92mg | | |
| Carbohydrates | 0.87g | | |
| Fiber | 0.00g | | |
| Sugar | 0.02g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.03mg | Iron | 0.00mg |

Lettuce and Tomato Slice

| | | | |
|----------------------|-----------|-----------------------|---------------------|
| Servings: | 25.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-18719 |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| TOMATO SLCD 1/4 5 RSS | 50 Slice | 786535 |
| LETTUCE LEAF GRN WASHED TRMD 2-5 RSS | 25 Piece | 702595 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.25 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 25.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 8.78 | | |
| Fat | 0.11g | | |
| SaturatedFat | 0.03g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 3.51mg | | |
| Carbohydrates | 1.88g | | |
| Fiber | 0.61g | | |
| Sugar | 1.25g | | |
| Protein | 0.46g | | |
| Vitamin A | 708.08IU | Vitamin C | 6.58mg |
| Calcium | 6.12mg | Iron | 0.16mg |

Chili-Commodity

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 75.00 | Category: | Entree |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-19000 |

Ingredients

| Description | Measurement | DistPart # |
|----------------------------------|-----------------|------------|
| ONION DCD 1/4 2-5 RSS | 2 Pound | 198307 |
| CELERY STIX 4-3 RSS | 2 Pound | 781592 |
| PEPPERS GREEN DCD SWT 12-2 GFS | 2 Pound | 508632 |
| JUICE TOMATO 100 12-46FLZ SACRM | 138 Fluid Ounce | 302414 |
| TOMATO DCD NSA 6-10 ANGELA MIA | 1 #10 CAN | 827614 |
| SPICE CHILI POWDER MILD 16Z TRDE | 1 Pound | 331473 |
| BEAN KIDNEY RED LT 6-10 GCHC | 1 #10 CAN | 118788 |
| 85/15 Ground Beef, Frozen | 8 Pound | |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.50 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.25 |
| OtherVeg | 0.14 |
| Legumes | 0.14 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 75.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 173.56 | | |
| Fat | 7.64g | | |
| SaturatedFat | 2.55g | | |
| Trans Fat | 1.27g | | |
| Cholesterol | 33.11mg | | |
| Sodium | 537.10mg | | |
| Carbohydrates | 13.87g | | |
| Fiber | 4.45g | | |
| Sugar | 4.17g | | |
| Protein | 12.48g | | |
| Vitamin A | 282.01IU | Vitamin C | 3.86mg |
| Calcium | 42.87mg | Iron | 1.37mg |

Baked Potato Bar

| | | | |
|----------------------|-----------|-----------------------|------------------|
| Servings: | 100.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-19003 |

Ingredients

| Description | Measurement | DistPart # |
|--|--------------|------------|
| Beef Chili-North Judson | 50 Cup | |
| POTATO BAKER FOIL WRPD 100CT P/L | 700 Ounce | 246859 |
| Broccoli and Cheese Sauce-North Judson | 68 Cup | |
| BACON BIT REAL FAST N EASY 4-5 HRML | 16 1/4 Ounce | 437735 |
| SOUR CREAM PKT 400-1Z GCHC | 100 Each | 836750 |
| CHEESE AMER SHRD R/F 4-5 LOL | 7 Pound | 861950 |
| MARGARINE CUP SPRD WHPD 900-5GM GCHC | 75 Each | 772331 |
| CRACKER SALTINE 500-2CT GCHC | 200 Package | 870400 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.50 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.50 |
| RedVeg | 0.25 |
| OtherVeg | 0.13 |
| Legumes | 0.13 |
| Starch | 0.75 |

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|-----------|------------------|----------|
| Calories | 750.65 | | |
| Fat | 30.50g | | |
| SaturatedFat | 12.95g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 82.33mg | | |
| Sodium | 2021.15mg | | |
| Carbohydrates | 87.27g | | |
| Fiber | 13.08g | | |
| Sugar | 8.38g | | |
| Protein | 33.80g | | |
| Vitamin A | 1935.16IU | Vitamin C | 106.55mg |
| Calcium | 444.09mg | Iron | 5.90mg |

Chicken Alfredo-Liberty Elementary

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 284.00 | Category: | Entree |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-19176 |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------------|---------------|------------|
| CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON | 35 1/2 Pound | 570533 |
| SAUCE ALFREDO FZ 6-5 JTM | 2 1/2 Package | 155661 |
| PASTA LINGUINE 10 4-5 GCHC | 20 Pound | 413380 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 284.00

Serving Size: 1.00 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 407.03 | | |
| Fat | 15.42g | | |
| SaturatedFat | 7.91g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 80.45mg | | |
| Sodium | 945.18mg | | |
| Carbohydrates | 35.85g | | |
| Fiber | 1.13g | | |
| Sugar | 8.04g | | |
| Protein | 29.77g | | |
| Vitamin A | 509.27IU | Vitamin C | 0.00mg |
| Calcium | 450.44mg | Iron | 1.68mg |

Broccoli-Liberty Elem

| | | | |
|----------------------|----------|-----------------------|------------------|
| Servings: | 108.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-19275 |

Ingredients

| Description | Measurement | DistPart # |
|---------------------------|----------------|------------|
| BUTTER SUB 24-4Z BTRBU DS | 3/4 Ounce | 209810 |
| BROCCOLI CUTS 6-4 GFS | 27 13/21 Pound | 610871 |

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.50 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 108.00

Serving Size: 0.50 Cup

Amount Per Serving

| | | | |
|----------------------|-----------|------------------|---------|
| Calories | 30.43 | | |
| Fat | 0.33g | | |
| SaturatedFat | 0.04g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 29.88mg | | |
| Carbohydrates | 5.79g | | |
| Fiber | 3.48g | | |
| Sugar | 1.64g | | |
| Protein | 3.27g | | |
| Vitamin A | 1201.60IU | Vitamin C | 65.54mg |
| Calcium | 65.08mg | Iron | 0.94mg |