

# **Cookbook for**

**Created by HPS Menu Planner**

# Table of Contents

[Brickie BBQ Bowl](#)

[Cuban Sandwich](#)

# Brickie BBQ Bowl

<b>Servings:</b>	50.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-19659

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK PULLED BBQ LO SOD 4-5 BROOKWD	200 Ounce		498702
POTATO TATER TOTS 6-5 OREI	400 Piece	CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN PRODUCT EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 8 TO 12 MINUTES, TURNING ONCE FOR UNIFORM COOKING. DEEP_FRY FILL BASKET ONE THIRD FULL (1.5 LBS) WITH FROZEN PRODUCT. DEEP FRY @ 350° F FOR 2 1 2 TO 3 MINUTES.	141510
SAUCE BOOM BOOM 4- 1GAL KENS	50 Tablespoon		877930
SAUCE BBQ 4-1GAL SWTBRAY	50 Tablespoon		655937
CORN WHL KERNEL FCY GRADE 6-10 GFS	25 Cup	BAKE	118966
CHEESE CHED MLD SHRD 4-5 LOL	100 Ounce		150250

## Preparation Instructions

Prepare BBQ Pork per directions.

Prepare Corn per directions

Prepare Tater Tots per directions.

Mix equal parts of the Boom Boom Sauce and the Sweet Baby Rays.

### SLE Components

Amount Per Serving

<b>Meat</b>	4.00
<b>Grain</b>	0.00
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.00
<b>OtherVeg</b>	0.00

<b>Legumes</b>	0.00
<b>Starch</b>	1.00

### Nutrition Facts

Servings Per Recipe: 50.00  
Serving Size: 1.00 Each

---

**Amount Per Serving**

---

<b>Calories</b>	770.00
<b>Fat</b>	41.00g
<b>SaturatedFat</b>	16.75g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	132.50mg
<b>Sodium</b>	1330.00mg
<b>Carbohydrates</b>	60.50g
<b>Fiber</b>	4.00g
<b>Sugar</b>	14.00g
<b>Protein</b>	39.00g

---

<b>Vitamin A</b>	600.00IU	<b>Vitamin C</b>	3.60mg
<b>Calcium</b>	398.00mg	<b>Iron</b>	0.40mg

# Cuban Sandwich

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-19664

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN SUB SLCD WGRAIN 5 12-8CT GFS	1 Each	READY_TO_EAT	276142
TURKEY HAM SLCD 12-1 JENNO	6 Slice		556121
BACON TKY CKD 12-50CT JENNO	1 Slice		834770
CHEESE PROV NAT SLCD .75Z 6-1.5 GCHC	1 Slice		726532
PICKLE DILL SAND STRIP 5GAL GIEL	1 Ounce		760854
MUSTARD DIJON PKT 200-.25Z GRYP	1 Each		509957

## Preparation Instructions

No Preparation Instructions available.

### SLE Components

Amount Per Serving

<b>Meat</b>	3.18
<b>Grain</b>	2.00
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.00
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.00
<b>Starch</b>	0.00

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	369.00
<b>Fat</b>	14.50g
<b>SaturatedFat</b>	5.50g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	80.00mg
<b>Sodium</b>	1450.00mg
<b>Carbohydrates</b>	31.00g
<b>Fiber</b>	2.00g
<b>Sugar</b>	4.00g
<b>Protein</b>	28.00g
<b>Vitamin A</b> 0.00IU	<b>Vitamin C</b> 1.80mg
<b>Calcium</b> 222.00mg	<b>Iron</b> 3.25mg