

# **Cookbook for Otsego Elementary**

**Created by HPS Menu Planner**

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# Chili Cheese Fries

<b>Servings:</b>	75.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	8.00 Ounce	<b>HACCP Process:</b>	Complex Food Prep
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-19860

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHILI HOT DOG W/MT &BEAN 6-10 HRTHSTN	150 Ounce		103063
Shredded Cheddar Cheese	150 Ounce		100003
Oven Fries	6 Ounce		100357
Aunt Millie's " Unsliced " Dinner Rolls	75 roll	BAKE	4389

## Preparation Instructions

No Preparation Instructions available.

### SLE Components

Amount Per Serving

<b>Meat</b>	2.00
<b>Grain</b>	1.25
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.00
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.00
<b>Starch</b>	0.08

### Nutrition Facts

Servings Per Recipe: 75.00

Serving Size: 8.00 Ounce

#### Amount Per Serving

<b>Calories</b>	4173.92
<b>Fat</b>	115.48g
<b>SaturatedFat</b>	44.16g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	60.00mg
<b>Sodium</b>	22956.00mg
<b>Carbohydrates</b>	533.40g
<b>Fiber</b>	129.16g
<b>Sugar</b>	2.00g
<b>Protein</b>	207.16g
<b>Vitamin A</b> 0.00IU	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 1152.00mg	<b>Iron</b> 64.00mg

# Bacon Broccoli Salad

<b>Servings:</b>	20.00	<b>Category:</b>	Vegetable
<b>Serving Size:</b>	4.00 Ounce	<b>HACCP Process:</b>	Complex Food Prep
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-19863

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BROCCOLI CRWN ICELESS CLN 4-3 RSS	5 Pound		499951
BACON TOPPING CRUMBLES 10# HRML	1 1/2 Pound		460584
Raisins 144-1.33Z	4 Cup		100293
DRESSING COLE SLAW 4-1GAL GCHC	4 1/2 Cup		106992
1 % White Milk	1 Cup		

## Preparation Instructions

No Preparation Instructions available.

### SLE Components

Amount Per Serving

<b>Meat</b>	0.01
<b>Grain</b>	0.10
<b>Fruit</b>	0.45
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.25
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.00
<b>Starch</b>	0.00

### Nutrition Facts

Servings Per Recipe: 20.00

Serving Size: 4.00 Ounce

#### Amount Per Serving

<b>Calories</b>	491.64		
<b>Fat</b>	26.99g		
<b>SaturatedFat</b>	6.48g		
<b>Trans Fat</b>	0.00g		
<b>Cholesterol</b>	63.66mg		
<b>Sodium</b>	1178.26mg		
<b>Carbohydrates</b>	50.14g		
<b>Fiber</b>	1.59g		
<b>Sugar</b>	41.74g		
<b>Protein</b>	16.27g		
<b>Vitamin A</b>	137.56IU	<b>Vitamin C</b>	20.05mg
<b>Calcium</b>	17.67mg	<b>Iron</b>	0.69mg