

# **Cookbook for Merrillville Community Schools**

**Created by HPS Menu Planner**

# **Cookbook for**

**Created by HPS Menu Planner**

# Table of Contents

No Recipes found

# **Cookbook for FIELER ELEMENTARY**

**Created by HPS Menu Planner**

# Table of Contents

**MINI CHOCOLATE DONUTS**

# MINI CHOCOLATE DONUTS

NO IMAGE

<b>Servings:</b>	72.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-16331
<b>School:</b>	FIELER ELEMENTARY		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT CHOC MINI IW 72-3.3Z GOODYMN	72 Serving		738181

## Preparation Instructions

No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	0.00
<b>Grain</b>	2.00
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.00
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.00
<b>Starch</b>	0.00

### Nutrition Facts

Servings Per Recipe: 72.00

Serving Size: 1.00

Amount Per Serving			
<b>Calories</b>	320.00		
<b>Fat</b>	15.00g		
<b>SaturatedFat</b>	7.00g		
<b>Trans Fat</b>	0.00g		
<b>Cholesterol</b>	0.00mg		
<b>Sodium</b>	270.00mg		
<b>Carbohydrates</b>	41.00g		
<b>Fiber</b>	2.00g		
<b>Sugar</b>	19.00g		
<b>Protein</b>	5.00g		
<b>Vitamin A</b>	0.00IU	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	40.00mg	<b>Iron</b>	1.80mg

# **Cookbook for IDDINGS ELEMENTARY**

**Created by HPS Menu Planner**

# Table of Contents

No Recipes found



# **Cookbook for MERRILLVILLE HIGH SCHOOL EAST**

**Created by HPS Menu Planner**

# Table of Contents

No Recipes found

# **Cookbook for MERRILLVILLE HIGH SCHOOL SOUTH**

**Created by HPS Menu Planner**

# Table of Contents

No Recipes found

# **Cookbook for MERRILLVILLE INTERMEDIATE SCHOOL**

**Created by HPS Menu Planner**

# Table of Contents

No Recipes found

# **Cookbook for MILLER ELEM SCHL- MERRILLVILLE**

**Created by HPS Menu Planner**

# Table of Contents

No Recipes found



# **Cookbook for PIERCE MIDDLE SCHOOL**

**Created by HPS Menu Planner**

# Table of Contents

[Pirate Mcgriddle](#)

[Pirate McBagel with Egg/ Turkey Sausage](#)

# Pirate Mcgriddle

NO IMAGE

<b>Servings:</b>	50.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-16333
<b>School:</b>	PIERCE MIDDLE SCHOOL		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCAKE WGRAIN 144CT 1.14Z AJ	2 Each		617650
SAUSAGE PTY TKY CKD 1Z 10.25 JENNO	1 Each		184970
EGG SCRMBD PTY RND 3.25 200-1Z GCHC	1 Each		462519
CHEESE AMER 160CT SLCD R/F 6-5 LOL	1 Slice		722360

## Preparation Instructions

WASH HANDS...WEAR GLOVES

BAKE PANCAKES ACCORDING TO DIRECTIONS ON PACKAGE

COOK SAUSAGE AND EGG PATTIES ACCORDING TO DIRECTIONS

ASSEMBLE SAUSAGE PATTY, EGG PATTY AND CHEESE ON TOP OF PANCAKE

TOP WITH ANOTHER PANCAKE. WRAP IN FOIL AND HOLD IN WARMER UNTIL SERVING TIME

### Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	2.25
<b>Grain</b>	1.50
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.00
<b>OtherVeg</b>	0.00

<b>Legumes</b>	0.00
<b>Starch</b>	0.00

<b>Nutrition Facts</b>			
Servings Per Recipe: 50.00			
Serving Size: 1.00			
<b>Amount Per Serving</b>			
<b>Calories</b>	5.87		
<b>Fat</b>	0.27g		
<b>SaturatedFat</b>	0.08g		
<b>Trans Fat</b>	0.00g		
<b>Cholesterol</b>	2.38mg		
<b>Sodium</b>	12.20mg		
<b>Carbohydrates</b>	0.59g		
<b>Fiber</b>	0.04g		
<b>Sugar</b>	0.08g		
<b>Protein</b>	0.32g		
<b>Vitamin A</b>	0.00IU	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	2.22mg	<b>Iron</b>	0.03mg

# Pirate McBagel with Egg/ Turkey Sausage

NO IMAGE

<b>Servings:</b>	50.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-16334
<b>School:</b>	MERRILLVILLE HIGH SCHOOL SOUTH		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BAGEL WHT WGRAIN IW 72-2Z LENDER	1 Each		217911
SAUSAGE TKY PTY CKD 1.4Z 12 GCHC	1 Each		509790
EGG SCRMBD PTY RND 3.25 200-1Z GCHC	1 Each		462519
CHEESE AMER 160CT SLCD R/F 6-5 LOL	1 Slice		722360

## Preparation Instructions

THAW BAGELS. COOK TURKEY SAUSAGE AND EGG PATTIES ACCORDING TO PACKAGE DIRECTIONS. ASSEMBLE EGG PATTY, 1 SLICE OF AMERICAN CHEESE, SAUSAGE PATTY WRAP IN FOIL WRAP AND HOLD IN WARMER UNTIL SERVING TIME. YOU CAN ALSO MAKE THEM EGG/CHEESE ONLY OR SAUSAGE/ CHEESE ONLY.

### Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	2.50
<b>Grain</b>	1.75
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.00
<b>OtherVeg</b>	0.00

<b>Legumes</b>	0.00
<b>Starch</b>	0.00

<b>Nutrition Facts</b>			
Servings Per Recipe: 50.00			
Serving Size: 1.00			
<b>Amount Per Serving</b>			
<b>Calories</b>	5.60		
<b>Fat</b>	0.19g		
<b>SaturatedFat</b>	0.07g		
<b>Trans Fat</b>	0.00g		
<b>Cholesterol</b>	2.35mg		
<b>Sodium</b>	13.20mg		
<b>Carbohydrates</b>	0.64g		
<b>Fiber</b>	0.08g		
<b>Sugar</b>	0.13g		
<b>Protein</b>	0.41g		
<b>Vitamin A</b>	0.00IU	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	3.02mg	<b>Iron</b>	0.05mg

# **Cookbook for SALK ELEMENTARY**

**Created by HPS Menu Planner**

# Table of Contents

No Recipes found



# **Cookbook for WOOD ELEMENTARY**

**Created by HPS Menu Planner**

# Table of Contents

No Recipes found