

Cookbook for GREENVILLE-BALDWIN ELEMENTARY

Created by HPS Menu Planner

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Elem Hot Dog



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-839

Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRANKS TURKEY CN 10/ 4-5 KE	1 Each	FULLY COOKED, CAN BE STEAMED, GRILLED, MICROWAVED, OR OVEN HEATED, HEAT TO 165 DEG F. INTERNAL FOR MINIMUM OF 15 SECONDS, HOLD ABOVE 140 DEG F	143537
BUN HOT DOG WHEAT WHL 12-12CT GCHC	1 Each		517830

Preparation Instructions

FULLY COOKED, CAN BE STEAMED, GRILLED, MICROWAVED, OR OVEN HEATED, HEAT TO 165 DEG F.
INTERNAL FOR MINIMUM OF 15 SECONDS, HOLD ABOVE 140 DEG F

Meal Components (SLE)

Amount Per Serving

Meat	1.50
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	190.00
Fat	8.00g
SaturatedFat	2.00g
Trans Fat	0.00g
Cholesterol	40.00mg
Sodium	665.00mg
Carbohydrates	21.00g
Fiber	3.00g
Sugar	4.00g
Protein	9.00g

Vitamin A	8.86IU	Vitamin C	0.03mg
Calcium	80.66mg	Iron	1.70mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Side Salad

NO IMAGE

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9533
School:	GREENVILLE MIDDLE SCHOOL		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE RIBBONS 6-2 RSS	1 1/2 Cup		451730
TOMATO GRAPE SWT 10 MRKN	1/4 Cup		129631
CARROT SHRD MED 2-5 RSS	1 Ounce		313408

Preparation Instructions

Wash all vegetables, combine

Meal Components (SLE)

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.75
RedVeg	0.25
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

Amount Per Serving	
Calories	34.21
Fat	0.10g
SaturatedFat	0.03g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	22.25mg
Carbohydrates	7.42g
Fiber	2.94g
Sugar	4.08g
Protein	2.12g

Vitamin A	5130.41IU	Vitamin C	7.90mg
Calcium	37.83mg	Iron	0.12mg

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