

Cookbook for NORTHWOOD ELEMENTARY

Created by HPS Menu Planner

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Nachos Supreme

Servings:	0.000	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-26017

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY TACO MEAT FC 4-7 JENNO	0 Ounce		768230
CHIP TORTL SCOOP BKD 72-.875Z TOSTIT	0 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	696871
CHEESE CHED MLD SHRD 4-5 LOL	0 Ounce		150250

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.00
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 0.000

Serving Size: 1.00

Amount Per Serving	
Calories	329.63
Fat	16.48g
SaturatedFat	7.50g
Trans Fat	0.00g
Cholesterol	84.82mg
Sodium	633.94mg
Carbohydrates	21.99g
Fiber	1.00g
Sugar	0.00g
Protein	23.95g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 248.93mg	Iron 1.38mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Refried Beans with Cheese

Servings:	0.000	Category:	Vegetable
Serving Size:	0.50	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-28454
School:	CUSTER BAKER INTERMEDIATE SCHOOL		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN REFRIED VEGTAR LO SOD 6-26.25Z	0 Package	RECONSTITUTE 1: Pour 1/2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. 2: Quickly pour full pouch of beans into water and cover. 3: Allow beans to sit for 25 minutes on steamtable. 4: Season if desired, stir, serve.	668341
Cold Water	0 Gallon	Heat water to boiling or dispense from the hot water dispenser.	0000
CHEESE MOZZ SHRD 4- 5 LOL	0 Ounce		645170

Preparation Instructions

Pour 2 pouches of beans into a full size 4" deep pan.

Quickly pour 1 gallon water over beans and cover.

Allow beans to sit for 25 minutes. Cover and steam until temp reaches 140° for 15 seconds.

Sprinkle shredded cheese over the beans, 12 oz. per pan.

CCP: Hold for hot service at 135° or higher.

Meal Components (SLE)

Amount Per Serving

Meat	0.38
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	1.08
Starch	0.00

Nutrition Facts

Servings Per Recipe: 0.000

Serving Size: 0.50

Amount Per Serving	
Calories	206.43
Fat	2.25g
SaturatedFat	1.31g
Trans Fat	0.00g
Cholesterol	5.63mg
Sodium	240.18mg
Carbohydrates	30.59g
Fiber	10.79g
Sugar	0.38g

Protein	13.42g
Vitamin A 0.00IU	Vitamin C 0.95mg
Calcium 131.42mg	Iron 2.48mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes