

Cookbook for Whaley Children's Center

Created by HPS Menu Planner

Table of Contents

Choice of Juice

Walking Taco

All American Cheese Burger

Bacon Club Wrap

Baked Beans

BBQ Chicken

Yogurt Parfait

Fresh Vegetable

Chicken Breaded Sandwich

Curly Fries

Pop-Tart

Whole Grain French Toast Sticks & Sausage Patty

Chicken Tenders

Chicken Bacon Ranch Pasta

Pasta Salad

Omelet with Toast

Potato Salad

Sloppy Joes

Corn Dog

Cobb Salad

Turkey Sub

Nacho Supreme

Chicken Nuggets

Turkey BLT Wrap

Tator Tots

Chicken & Noodle Soup

Fresh Fruit

Bacon Egg & Cheese Croissant

Assorted Cereal

Whole Grain Biscuits & Gravy

Assorted Muffin

Mini Waffle and Fruit

Pancake & Sausage Sandwich

Scrambled Eggs

Assorted Cup Fruit

Fries Sweet Potato Crinkle

Banana

Potato Wedges

Breakfast Pizza

Oatmeal

Grilled Cheese

Wet Burrito

Breakfast Sandwich

Breakfast Burrito

Breakfast Bowl

Famous HPS Oatmeal

Cole Slaw

Buffalo Chicken Wrap

California Avocado Wrap

Banana Bread

Hot Pocket

Soup Cook's Choice

Sandwich Cook's Choice

Chicken Salad Croissant

Chicken Pita

Hot Dog w/beans

Cesar Wraps

Turkey Queso

Choice of Juice



| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 60.00 | Category: | Fruit |
| Serving Size: | 1.00 Serving | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-26593 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|----------------------------------|-------------|-------------------|------------|
| JUICE GRP 100 FRSH 72-4FLZ SNCUP | 1 Each | | 118940 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.50 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| Amount Per Serving | | | |
|----------------------|--------|------------------|--------|
| Calories | 1.33 | | |
| Fat | 0.00g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 0.17mg | | |
| Carbohydrates | 0.32g | | |
| Fiber | 0.00g | | |
| Sugar | 0.30g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.17mg | Iron | 0.01mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Walking Taco



NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26598 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------------|---------------|--|------------|
| TACO FILLING BEEF REDC FAT 6-5 COMM | 190 1/5 Ounce | | 722330 |
| CHIP NACHO REDC FAT 72-1Z DORITOS | 60 Each | READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options. | 456090 |
| SAUCE CHS CHED POUCH 6-106Z LOL | 180 Ounce | | 135261 |

Preparation Instructions

Heat bags of Taco Meat in steamer until the internal temperature reaches 165 degrees F or greater
Heat Cheese Sauce until internal temperature reaches 165 degrees F or greater
Hold ingredients at 135 degrees F or greater until service
Serving: Place #12 Scoop Taco meat into 1 bag of Reduced Fat Doritos. Place 3 oz Cheese sauce in plastic cup on side and serve.

Meal Components (SLE)

Amount Per Serving

| | |
|--------------|------|
| Meat | 3.00 |
| Grain | 1.50 |
| Fruit | 0.00 |

| | |
|-----------------|------|
| GreenVeg | 0.00 |
| RedVeg | 0.13 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
Serving Size: 1.00 Each

Amount Per Serving

| | |
|----------------------|-----------|
| Calories | 371.40 |
| Fat | 19.90g |
| SaturatedFat | 8.80g |
| Trans Fat | 0.29g |
| Cholesterol | 65.00mg |
| Sodium | 1041.90mg |
| Carbohydrates | 30.00g |
| Fiber | 4.00g |
| Sugar | 3.00g |
| Protein | 21.80g |

| | | | |
|------------------|----------|------------------|--------|
| Vitamin A | 645.00IU | Vitamin C | 5.00mg |
| Calcium | 368.00mg | Iron | 2.30mg |

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All American Cheese Burger



| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26602 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--------------------------------------|-------------|-------------------|------------|
| BEEF STK PTY CKD 2.45Z 6-5 JTM | 60 Each | | 661851 |
| BUN HAMB SLCD WHEAT WHL 4 10-12 GCHC | 60 Each | | 517810 |
| CHEESE AMER 160CT SLCD 6-5 COMM | 60 Slice | | 150260 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.50 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
Serving Size: 1.00 Serving

| Amount Per Serving | |
|----------------------|----------|
| Calories | 360.00 |
| Fat | 18.00g |
| SaturatedFat | 7.30g |
| Trans Fat | 0.80g |
| Cholesterol | 61.50mg |
| Sodium | 591.00mg |
| Carbohydrates | 27.00g |
| Fiber | 4.00g |
| Sugar | 4.50g |

| | | | |
|------------------|----------|------------------|--------|
| Protein | 21.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 132.50mg | Iron | 2.00mg |

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Bacon Club Wrap



| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-26604 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---|-------------|--|------------|
| Turkey Breast Deli | 60 Ounce | Weigh | 100121 |
| Ham, 97% Fat Free, Cooked , Water Added, Sliced | 60 Ounce | Weigh | 100187 |
| BACON TKY CKD 12-50CT JENNO | 120 Slice | | 834770 |
| CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED | 60 Slice | | 100036 |
| TORTILLA FLOUR 10 ULTRGR 12-12CT | 60 Each | <p>STEAM PREPARATIONAmbient: Ready to use. Refrigerated: BRING TO ROOM TEMPERATURE. Remove from case and let stand in bag 4 - 6 hours at room temperature. HEATINGSTEAM CABINET: Place in steam cabinet. Stack no more than 3 dozen high. Heat to 160°F. Do not hold for more than 2 hours. GRILL: Heat grill to 400°F. Heat tortillas on each side for 10 - 15 seconds. MICROWAVE: Stack no more than 6 tortillas and heat 45 - 60 seconds on high (microwaves vary for power setting and time). STAGINGStore in steam cabinet or bun warmer until ready to use (maximum 1 hour to prevent drying).</p> | 690141 |

Preparation Instructions

Layer meat and cheese on tortilla.

Package with 1 cup fruit.

Counts as reimbursable meal by itself; student must also be able to select all vegetables on the menu for the day, as well as milk.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.31 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Each

Amount Per Serving

| | |
|-------------------------|-------------------------|
| Calories | 539.06 |
| Fat | 26.63g |
| SaturatedFat | 7.81g |
| Trans Fat | 0.00g |
| Cholesterol | 116.44mg |
| Sodium | 2054.09mg |
| Carbohydrates | 33.00g |
| Fiber | 3.00g |
| Sugar | 4.18g |
| Protein | 39.59g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 120.00mg | Iron 2.72mg |

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Baked Beans

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------------------|
| Servings: | 60.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26607 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|------------------------------|------------------|----------------------|------------|
| BEAN VEGTAR 6-10 GCHC | 2 13/16 #10 CAN | | 298913 |
| KETCHUP LO SOD 2-1.5GAL REDG | 1 7/8 Cup | READY_TO_EAT None | 645922 |
| ONION DEHY CHPD 15 P/L | 1 2/5 Tablespoon | | 263036 |
| SUGAR BROWN MED 25 GCHC | 3 3/4 Cup | UNSPECIFIED | 108626 |
| SPICE MUSTARD DRY 1 COLMANS | 1 7/8 Tablespoon | | 400018 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.21 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |

Starch

0.00

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| Amount Per Serving | | | |
|----------------------|---------|------------------|--------|
| Calories | | 237.02 | |
| Fat | | 0.61g | |
| SaturatedFat | | 0.00g | |
| Trans Fat | | 0.00g | |
| Cholesterol | | 0.00mg | |
| Sodium | | 546.07mg | |
| Carbohydrates | | 49.21g | |
| Fiber | | 6.07g | |
| Sugar | | 24.92g | |
| Protein | | 9.70g | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 65.53mg | Iron | 2.42mg |

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BBQ Chicken

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 2.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26608 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--------------------------------|-------------|-------------------|------------|
| Chicken, diced, cooked, frozen | 7 1/2 Pound | | 100101 |
| SAUCE BBQ SWEET 4-1GAL GCHC | 3/16 Gallon | | 435170 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 2.00 Serving

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 101.88 | | |
| Fat | 2.00g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 42.00mg | | |
| Sodium | 181.53mg | | |
| Carbohydrates | 8.10g | | |
| Fiber | 0.16g | | |
| Sugar | 7.69g | | |
| Protein | 12.08g | | |
| Vitamin A | 57.72IU | Vitamin C | 0.43mg |

| | | | |
|----------------|--------|-------------|--------|
| Calcium | 0.46mg | Iron | 0.04mg |
|----------------|--------|-------------|--------|

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Yogurt Parfait

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-26609 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|------------------------------------|-------------|--|------------|
| CEREAL GROLA CRNCHY CLUSTERS 4-50Z | 30 Cup | | 812821 |
| YOGURT VAN L/F PARFPR 6-4 YOPL | 60 Cup | READY_TO_EAT Ready to use with pouch & serving tip. | 811500 |
| STRAWBERRY WHL IQF 4-5 GCHC | 30 Cup | | 244630 |

Preparation Instructions

Layer ingredients in the following order: fruit* on bottom, yogurt, then granola on top or placed in a separate baggie/container.

Cover parfait cup with lid.

*May use any kind of fruit(s) available.

**Allergens: Milk, Wheat, Soy

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.99 |
| Grain | 1.31 |
| Fruit | 0.50 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |

| | |
|----------------|------|
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| | | | |
|---------------------------|----------|------------------|--------|
| Amount Per Serving | | | |
| Calories | | 410.56 | |
| Fat | | 3.36g | |
| SaturatedFat | | 0.75g | |
| Trans Fat | | 0.00g | |
| Cholesterol | | 0.00mg | |
| Sodium | | 190.30mg | |
| Carbohydrates | | 87.59g | |
| Fiber | | 4.49g | |
| Sugar | | 49.77g | |
| Protein | | 11.69g | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 279.66mg | Iron | 1.57mg |

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Fresh Vegetable

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|-----------|
| Servings: | 60.00 | Category: | Vegetable |
| Serving Size: | 0.50 Cup | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-26610 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------|-------------|---------------------|------------|
| Baby Carrots | 45 Cup | UNSPECIFIED None | |
| PEPPERS ASST COLORS 4-6CT P/L | 45 Cup | | 644562 |
| Broccoli Florets | 30 Cup | READY_TO_EAT | 2332 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.50 |
| RedVeg | 1.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 0.50 Cup

Amount Per Serving

| | |
|----------------------|---------|
| Calories | 74.40 |
| Fat | 0.30g |
| SaturatedFat | 0.00g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 45.15mg |
| Carbohydrates | 14.75g |
| Fiber | 4.95g |
| Sugar | 3.00g |

| | |
|----------------------------|---------------------------|
| Protein | 2.70g |
| Vitamin A 1573.80IU | Vitamin C 205.48mg |
| Calcium 31.91mg | Iron 36.52mg |

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Chicken Breaded Sandwich

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26619 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--------------------------------|-------------|----------------------|------------|
| CHIX PTY BRD WGRAIN FC 3.9Z 30 | 60 Each | 2 oz M/MA 1 oz WG | 548852 |
| BUN HAMB SLCD 4 10-12CT GCHC | 60 Each | 1 Bun = 2 G | 763233 |

Preparation Instructions

Always cook to line. Don't over fill holding pan.

Heat from frozen. Conventional oven: cook for 10-14 minutes at 350 degrees F. Convection oven: cook for 8-10 minutes at 350 degrees F.

Place patty on bun, wrap and hold in warmer.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 3.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | |
|----------------------|----------|
| Calories | 420.00 |
| Fat | 18.50g |
| SaturatedFat | 4.00g |
| Trans Fat | 0.00g |
| Cholesterol | 65.00mg |
| Sodium | 570.00mg |
| Carbohydrates | 43.00g |
| Fiber | 3.00g |

| | |
|---------------------------|---------------------------|
| Sugar | 4.00g |
| Protein | 22.00g |
| Vitamin A 200.00IU | Vitamin C 108.00mg |
| Calcium 75.00mg | Iron 3.08mg |

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Curly Fries



| | | | |
|----------------------|--------------------------|-----------------------|---------------------|
| Servings: | 60.00 | Category: | Condiments or Other |
| Serving Size: | 0.75 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26684 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-----------------------------|-------------|-------------------|------------|
| FRIES TWISTER SEAS 6-5 LAMB | 45 Cup | | 182600 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 0.75 Cup

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 40.00 | | |
| Fat | 2.00g | | |
| SaturatedFat | 0.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 106.67mg | | |
| Carbohydrates | 5.00g | | |
| Fiber | 0.67g | | |
| Sugar | 0.33g | | |
| Protein | 0.67g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |

Calcium 5.00mg **Iron** 0.27mg

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Pop-Tart

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 3.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-26688 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------------------|-------------|-------------------|------------|
| PASTRY POP-TART WGRAIN CINN 120-1CT | 1 Piece | | 695880 |
| PASTRY POP-TART WGRAIN STRAWB 120-1CT | 1 Piece | | 695890 |
| PASTRY POP-TART WGRAIN BLUEB 120-1CT | 1 Each | | 865131 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.08 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 3.00

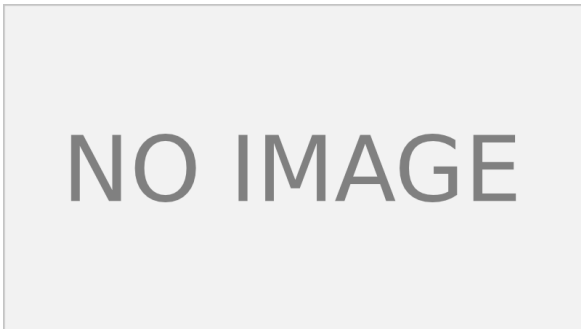
Serving Size: 1.00 Each

| | |
|---------------------------|----------|
| Amount Per Serving | |
| Calories | 183.33 |
| Fat | 2.67g |
| SaturatedFat | 1.00g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 190.00mg |
| Carbohydrates | 38.00g |
| Fiber | 3.00g |
| Sugar | 15.33g |

| | | | |
|------------------|----------|------------------|--------|
| Protein | 2.00g | | |
| Vitamin A | 500.00IU | Vitamin C | 0.00mg |
| Calcium | 110.00mg | Iron | 1.80mg |

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Whole Grain French Toast Sticks & Sausage Patty



| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-26690 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|------------------------------------|-------------|---|------------|
| SAUSAGE PTY STHRN 1.33Z 6-5 JTM | 60 Each | BAKE Place patties on a sheet pan and heat in convection oven at 350 degrees to 375 degrees F for approximately 7-8 minutes. | 785880 |
| French Toast Sticks, Whole Grain | 120 Piece | BAKE Convectional Oven; Frozen: in a 350F oven bake for 10-12 minutes. Convection Oven; Frozen: In a 350F oven bake for 10-12 minutes. | 13450 |

Preparation Instructions

Prepare French Toast Sticks as stated on the box.

Prepare Sausage Patty as stated on the box.

Once items are prepared, place 2 french toast sticks and 1 sausage patty into an 8 ounce paper tray.

Keep in warmer until ready to serve.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.00 |
| Grain | 1.50 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |

| | |
|-----------------|------|
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
 Serving Size: 1.00 Serving

Amount Per Serving

| | |
|----------------------|----------|
| Calories | 301.00 |
| Fat | 15.33g |
| SaturatedFat | 4.37g |
| Trans Fat | 0.00g |
| Cholesterol | 32.67mg |
| Sodium | 365.33mg |
| Carbohydrates | 29.67g |
| Fiber | 1.33g |
| Sugar | 7.33g |
| Protein | 10.67g |

| | | | |
|------------------|---------|------------------|--------|
| Vitamin A | 56.00IU | Vitamin C | 0.00mg |
| Calcium | 16.00mg | Iron | 0.00mg |

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Chicken Tenders

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 3.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26698 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|----------------------------|-------------|---|------------|
| CHIX TNR WGRAIN FC 4-8 TYS | 180 Piece | BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen. | 283951 |

Preparation Instructions

BAKE

Appliances vary, adjust accordingly.

Conventional Oven

8-10 minutes at 400°F from frozen.

CONVECTION

Appliances vary, adjust accordingly.

Convection Oven

6-8 minutes at 375°F from frozen.

Serving Size: 3 each

Meal Components (SLE)

Amount Per Serving

| | |
|-------------|------|
| Meat | 2.00 |
|-------------|------|

| | |
|--------------|------|
| Grain | 1.00 |
|--------------|------|

| | |
|-----------------|------|
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
 Serving Size: 3.00 Serving

Amount Per Serving

| | |
|----------------------|----------|
| Calories | 260.00 |
| Fat | 15.00g |
| SaturatedFat | 2.50g |
| Trans Fat | 0.00g |
| Cholesterol | 25.00mg |
| Sodium | 390.00mg |
| Carbohydrates | 16.00g |
| Fiber | 3.00g |
| Sugar | 1.00g |
| Protein | 15.00g |

| | | | |
|------------------|---------|------------------|--------|
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 36.00mg | Iron | 2.00mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Chicken Bacon Ranch Pasta

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26699 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--|-------------|-------------------|------------|
| PASTA PENNE CKD 4-5 PG | 3 Package | | 835900 |
| Chicken, Diced, Cooked, Frozen | 5 Pound | | 100101 |
| DRESSING MIX RNCH 18-3.2Z HVALL | 1/2 Cup | | 192716 |
| BACON TOPPING 3/8 DCD 2-5 HRML | 4 Cup | | 104396 |
| Cheese, Cheddar, Yellow, Reduced Fat, Shredded | 4 Cup | UNPREPARED | 100012 |
| BREADSTICK GARL WGRAIN TWST 54-2.1Z | 80 Each | | 644051 |

Preparation Instructions

Start with sprayed foil pan place that pan in 2" pan for support. Rinse 1.5 bags penne pasta place in pan with 1.5 bags of heated sauce and 1.5 bags of heated diced chicken stir together with 1/4 cup ranch seasoning. Sprinkle with 2 cups bacon. Bake covered at 350 for 30 minutes. Uncover and bake an additional 10-15 minutes or until pan temps 165. Add 2 cups of cheese and place in warmer.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.60 |
| Grain | 2.67 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |

| | |
|-----------------|------|
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 409.17 | | |
| Fat | 11.76g | | |
| SaturatedFat | 3.87g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 46.67mg | | |
| Sodium | 694.28mg | | |
| Carbohydrates | 52.73g | | |
| Fiber | 0.81g | | |
| Sugar | 3.48g | | |
| Protein | 22.44g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 25.38mg | Iron | 2.18mg |

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Pasta Salad

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------------------|
| Servings: | 60.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26711 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------|-------------|-------------------|------------|
| PASTA ROTINI RAINBOW 4-5 GCHC | 4 Pound | | 413340 |
| PEPPERS GREEN LRG 5 MRKN | 1 Each | | 592315 |
| CARROT JUMBO 50 P/L | 1 1/3 Cup | Shredded | 198501 |
| CUCUMBER SELECT 24CT MRKN | 2 Each | | 418439 |
| TOMATO 5X6 XL 5 MRKN | 2 Each | | 438197 |
| DRESSING ITAL 4-1GAL KE | 1/2 Gallon | | 631420 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.07 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.08 |
| OtherVeg | 0.05 |
| Legumes | 0.00 |

Starch

0.00

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Cup

Amount Per Serving

| | |
|---------------------------|-------------------------|
| Calories | 131.29 |
| Fat | 1.63g |
| SaturatedFat | 0.01g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 615.20mg |
| Carbohydrates | 25.28g |
| Fiber | 1.30g |
| Sugar | 3.63g |
| Protein | 3.85g |
| Vitamin A 651.81IU | Vitamin C 3.04mg |
| Calcium 13.11mg | Iron 1.06mg |

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Omelet with Toast

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-26712 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--|-------------|-------------------|------------|
| EGG OMELET CHS CHED 65-3.5Z GCHC | 60 Each | | 462489 |
| 380 - Aunt Millie's WG Honey White Bread | 60 Each | | 380 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 3.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 280.00 | | |
| Fat | 15.00g | | |
| SaturatedFat | 6.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 260.00mg | | |
| Sodium | 720.00mg | | |
| Carbohydrates | 21.00g | | |
| Fiber | 2.00g | | |
| Sugar | 5.00g | | |
| Protein | 15.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |

Calcium 143.00mg **Iron** 7.00mg

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Potato Salad

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------------------|
| Servings: | 60.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Serving | HACCP Process: | Complex Food Prep |
| Meal Type: | Lunch | Recipe ID: | R-26714 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--|-------------------|---------------------|------------|
| EGG HRD CKD DCD IQF 4-5 GCHC | 13 7/11 Ounce | | 192198 |
| Celery | 2/3 Cup | UNSPECIFIED None | |
| ONION SPANISH COLOSS 50 MRKN | 2/3 Cup | | 198706 |
| RELISH SWT PICKLE 4-1GAL GCHC | 1 4/11 Cup | | 517186 |
| DRESSING SALAD 4-1GAL GFS | 4 1/11 Cup | | 107042 |
| SALT IODIZED 18- 2.25 GCHC | 2 8/11 Teaspoon | | 350732 |
| SPICE PEPR BLK REST GRIND 5 TRDE | 1 4/11 Teaspoon | | 242179 |
| MUSTARD YELLOW PREP 4- 1GAL CRWNCOLL | 2 8/11 Tablespoon | | 860221 |

| Description | Measurement | Prep Instructions | DistPart # |
|--|---------------|---|------------|
| POTATO RDSKN UNSEAS 6-2.5 RSTWRK | 13 7/11 Pound | <p>BAKE</p> <p>Keep frozen until ready to use. For food safety and quality, follow these cooking instructions to ensure product reaches an internal temperature of 165°F. CONVECTION OVEN: Preheat oven to 375F. Spray baking pan with non-stick cooking spray. Arrange potatoes in a single layer on pan. Bake for 15 to 20 minutes. For extra crispness, drizzle with 2 oz. of oil before baking. STANDARD OVEN: Preheat oven to 450F. Spray baking pan with non-stick cooking spray. Arrange potatoes in a single layer on pan. Bake for 25 to 30 minutes. For extra crispness drizzle with 2 oz. of oil before baking.</p> | 850675 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.26 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 91.13 | | |
| Fat | 6.20g | | |
| SaturatedFat | 1.07g | | |
| Trans Fat | 0.09g | | |
| Cholesterol | 32.49mg | | |
| Sodium | 282.08mg | | |
| Carbohydrates | 7.14g | | |
| Fiber | 0.47g | | |
| Sugar | 2.27g | | |
| Protein | 1.52g | | |
| Vitamin A | 11.27IU | Vitamin C | 0.24mg |
| Calcium | 8.20mg | Iron | 0.28mg |

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Sloppy Joes

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26750 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------------|---------------|-------------------|------------|
| SLOPPY JOE REDUCED FAT 6-5 COMM | 217 4/5 Ounce | | 564790 |
| 3.5 WG Hamburger Bun | 60 Each | READY_TO_EAT | 3354 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 1.50 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.13 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 265.00 | | |
| Fat | 7.50g | | |
| SaturatedFat | 2.20g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 44.00mg | | |
| Sodium | 557.00mg | | |
| Carbohydrates | 31.00g | | |
| Fiber | 4.00g | | |
| Sugar | 11.00g | | |
| Protein | 18.00g | | |
| Vitamin A | 459.00IU | Vitamin C | 6.00mg |

Calcium 36.00mg **Iron** 10.00mg

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Corn Dog



| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26755 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------------------|---------------|--|------------|
| CORN DOG CHIX WGRAIN 72-4Z GCHC | 60 Each | Wash hands and put on gloves. From frozen: preheat oven to 375 degrees. Place parchment paper on baking tray. Place corn dogs on baking sheet . Heat for 20 minutes or until internal temp reaches 165 degrees. From Thawed: preheat oven to 375 degrees. Place parchment paper on baking tray. Place corn dogs on baking sheet . Heat for 15 minutes or until internal temp reaches 165 degrees. Hot hold until service. Serve with condiments. | 620220 |
| MUSTARD YELLOW CLSC 4-105FLZ FRENC | 60 Teaspoon | | 741270 |
| KETCHUP CAN NAT LO SOD 6-10 REDG | 60 Tablespoon | READY_TO_EAT None | 200621 |

Preparation Instructions

Wash hands and put on gloves.

From frozen: preheat oven to 375 degrees. Place parchment paper on baking tray. Place corn dogs on baking sheet . Heat for 20 minutes or until internal temp reaches 165 degrees.

From Thawed: preheat oven to 375 degrees. Place parchment paper on baking tray. Place corn dogs on baking sheet . Heat for 15 minutes or until internal temp reaches 165 degrees.

Hot hold until service.

Serve with condiments.

Serving Size = 1 each

Case Yield = 72

CN Labeled

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 263.50 | | |
| Fat | 9.20g | | |
| SaturatedFat | 2.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 40.00mg | | |
| Sodium | 575.00mg | | |
| Carbohydrates | 34.00g | | |
| Fiber | 2.10g | | |
| Sugar | 12.00g | | |
| Protein | 9.20g | | |
| Vitamin A | 5.95IU | Vitamin C | 0.00mg |
| Calcium | 102.90mg | Iron | 1.58mg |

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Cobb Salad

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26757 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------------|---------------|--|------------|
| LETTUCE ROMAINE HRTS 2-7.5 RSS | 120 Cup | | 182570 |
| CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON | 138 Ounce | UNSPECIFIED Not currently available | 570533 |
| EGG HARD CKD PLD 10 DEB EL | 30 Each | | 557540 |
| TOMATO CHERRY 11 MRKN | 120 Each | | 569551 |
| AVOCADO GRN 12CT P/L | 120 Slice | | 592331 |
| BACON BITS IMIT 1-10 FARBURY | 60 Tablespoon | | 230904 |
| Breadstick, Wheat, 8" | 60 Each | | 34072 |

Preparation Instructions

Wash Hands put on gloves

Boil eggs

Combine lettuce and chicken in container

Place Tomatoes on the side in the container

Top with boiled egg, avacado and bacon bits

Offer/Serve with dressing

Keep refrigerated

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 3.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 1.00 |
| RedVeg | 0.24 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | |
|---------------------------|--------------------------|
| Calories | 434.44 |
| Fat | 16.85g |
| SaturatedFat | 3.15g |
| Trans Fat | 0.00g |
| Cholesterol | 124.67mg |
| Sodium | 542.02mg |
| Carbohydrates | 41.45g |
| Fiber | 10.38g |
| Sugar | 5.70g |
| Protein | 25.33g |
| Vitamin A 593.81IU | Vitamin C 11.67mg |
| Calcium 134.59mg | Iron 2.98mg |

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Turkey Sub

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-26762 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--|-------------|-------------------|------------|
| TURKEY BRST SLCD OVN RSTD 6-2 JENNO | 240 Slice | | 689541 |
| Aunt Millie's Whole Grain Mini Sub 2oz | 60 bun | BAKE | 5113 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.03 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 241.10 | | |
| Fat | 3.51g | | |
| SaturatedFat | 0.51g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 40.55mg | | |
| Sodium | 646.16mg | | |
| Carbohydrates | 30.00g | | |
| Fiber | 2.00g | | |
| Sugar | 4.00g | | |
| Protein | 24.25g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |

| | | | |
|----------------|--------|-------------|--------|
| Calcium | 0.00mg | Iron | 0.00mg |
|----------------|--------|-------------|--------|

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Nacho Supreme

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26765 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|------------------------------------|-------------|--|------------|
| TACO FILLING BEEF 4-5 GCHC | 7 1/2 Pound | | 776548 |
| CHEESE CHED MLD SHRD FINE 4-5 GCHC | 3 3/4 Pound | | 191043 |
| LETTUCE SHRD TACO 1/8CUT 4-5 RSS | 15/16 Pound | | 242489 |
| TOMATO ROMA 2 1-25 MRKN | 3/5 Cup | | 588381 |
| BEAN REFRD VEGTAR 6-27.09Z SANTG | 3/5 Ounce | RECONSTITUTE 1: Pour 1 2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. 2: Quickly pour full pouch of beans into water and cover. 3: Allow beans to sit for 25 minutes on steamtable. 4: Season if desired, stir, serve. | 703753 |
| SAUCE CHS CHED MILD 6-10 THNKU | 3/5 Cup | READY_TO_EAT Ready to eat. Serve at a minimum temperature of 140 °F. | 563005 |

Preparation Instructions

Directions:

WASH HANDS.

WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER, DRAIN WELL.

1. In a tilt-skillet, cook beef and drain fat.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 155°F, HELD FOR 15 SECONDS.

2. Add taco seasoning mix (optional) and water, blend well. Bring to a boil. Reduce heat and simmer for 20-30 minutes.

3. Crush individual bags of chips and open.

3. Add 2 oz of meat mixture, 1 oz of shredded cheese, 1/4 cup of shredded lettuce and 1/8 cup salsa to each bag of chips.

4. Serve.

Child Nutrition: 1 Each provides=

1.5 oz meat/meat alternate, 1.25 oz eq grains, 1/8 cup "other" vegetable, and 1/8 cup red/orange vegetable

OR

1.5 oz meat/meat alternate, 1.25 oz eq grains, and 1/4 cup additional vegetables

Updated October 2013

Notes:

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.01 |
| OtherVeg | 0.13 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 133.78 | | |
| Fat | 9.42g | | |
| SaturatedFat | 3.79g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 22.70mg | | |
| Sodium | 263.01mg | | |
| Carbohydrates | 4.21g | | |
| Fiber | 2.33g | | |
| Sugar | 1.38g | | |
| Protein | 8.62g | | |
| Vitamin A | 14.99IU | Vitamin C | 0.25mg |
| Calcium | 85.86mg | Iron | 1.02mg |

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Chicken Nuggets



| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 5.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26766 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--------------------------------------|-------------|---|------------|
| CHIX BRST NUG BRD WGRAIN .66Z 4-7 | 300 Each | BAKE Appliances vary, adjust accordingly. Conventional Oven 8 - 10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 8-10 minutes at 350°F on breaded, fried, light coloring setting for rational from frozen. Cook till temp reaches 135 for 15 seconds. Batch cook item and put in 4 inch full pan for serving. 5 pc = 2mt 1 grain | 558040 |

Preparation Instructions

HACCP FLOW PROCESS

- When frozen foods first come in check boxes for damage, take temperatures and record. Frozen food should be 32 degrees or below.
- When gathering foods that have been stored always check the use by date. If product does not meet standards report to manager right away and do not use.
- Maintain internal temperature of 40 degrees or colder when refrigerated. During prep keep out of danger zone (41-135).
- HOT HOLDING: All fully cooked foods for service should be maintained at or above a temperature of 135 degrees. If held at incorrect temperature for more than four hours, food needs to be discarded.

- CORRECTIVE ACTION FOR HOT FOODS: All cooked food items being held for service that drop below 135 degrees must be removed and reheated to 165 degrees. Use a calibrated thermometer and sanitize before probing. Probe food for 15 seconds making sure the tip is the center of the food. Wash and sanitize before returning to case.
- COOLING HOT FOODS: First cool food from 135-70 degrees within 2 hours then cool to 41 degrees or lower within the next 4 hours. If food has not reached 70 degrees within 2 hours food should be discarded.
- Hold leftover cooked product at temp of 40 degrees or colder for no more than 3 days. Discard if kept longer.
- Hold frozen product at temperature of 32 degrees or colder for 3 months.

SAME DAY SERVICE

- Wash hands before preparing for 20 seconds.
- Clean and sanitize work area.
- Wear clean gloves when handling food.
- Gather ingredients
- Do not cross contaminate. Boxes should be placed on a cart or on the floor. Do not place on counter. Make sure to wash hands after handling boxes.
- Do not mix old product with new.
- Make sure serving area is clean and sanitized.
- Record time and temperature at the beginning of each lunch.
- When storing foods - label with date and time they were prepared.

| Meal Components (SLE) | |
|------------------------------|------|
| Amount Per Serving | |
| Meat | 2.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

| Nutrition Facts | | | |
|----------------------------|----------|------------------|--------|
| Servings Per Recipe: 60.00 | | | |
| Serving Size: 5.00 Serving | | | |
| Amount Per Serving | | | |
| Calories | 240.00 | | |
| Fat | 14.00g | | |
| SaturatedFat | 2.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 20.00mg | | |
| Sodium | 470.00mg | | |
| Carbohydrates | 16.00g | | |
| Fiber | 3.00g | | |
| Sugar | 1.00g | | |
| Protein | 13.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 39.00mg | Iron | 2.00mg |

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Turkey BLT Wrap

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Slice | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-26767 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------------------|---------------|---|------------|
| TORTILLA SUNDRD TOM BASL 126-12 GRSZ | 60 Each | | 116681 |
| MAYONNAISE LT 4-1GAL GFS | 60 Tablespoon | | 429406 |
| LETTUCE ROMAINE RIBBONS 6-2 RSS | 30 Cup | | 451730 |
| Turkey Breast Deli | 190 4/5 Ounce | | 100121 |
| TOMATO ROMA DCD 3/8 2-5 RSS | 15 Cup | | 786543 |
| BACON CRUMBLES CKD 12-1 GCHC | 60 Tablespoon | THAW THAW IN REFRIGERATOR OVERNIGHT. FULLY COOKED, JUST HEAT AND SERVE | 357220 |
| Cheese, Cheddar Reduced fat, Shredded | 60 Ounce | | 100012 |

Preparation Instructions

- Lay out sheets of parchments.
- Lay tortillas on the parchment.
- Smear with lite mayonnaise.
- Add lettuce, turkey, diced tomatoes, bacon bits, and cheese.
- Roll and fold tortilla.

Cut in half on a diagonal.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 3.00 |
| Grain | 1.13 |
| Fruit | 0.00 |
| GreenVeg | 0.25 |
| RedVeg | 0.08 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Slice

Amount Per Serving

| | | | |
|----------------------|-----------|------------------|--------|
| Calories | 558.25 | | |
| Fat | 20.50g | | |
| SaturatedFat | 10.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 91.00mg | | |
| Sodium | 1608.00mg | | |
| Carbohydrates | 61.25g | | |
| Fiber | 2.58g | | |
| Sugar | 7.67g | | |
| Protein | 35.58g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 91.76mg | Iron | 3.05mg |

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Tator Tots

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Vegetable |
| Serving Size: | 12.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26769 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|----------------------------------|---------------|-------------------|------------|
| POTATO TATER TOTS R/SOD 6-5 OREI | 226 4/5 Ounce | | 563840 |

Preparation Instructions

Place on single layer on sheet pan. Bake at 425 degrees F for 17-25 min or until internal temperature reaches 165 degrees F or greater.

Hold at 135 degrees F or higher.

Serving size: 12 ea

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.75 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 12.00 Serving

Amount Per Serving

| | |
|----------------------|----------|
| Calories | 135.00 |
| Fat | 5.25g |
| SaturatedFat | 0.00g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 255.00mg |
| Carbohydrates | 21.00g |
| Fiber | 3.00g |
| Sugar | 0.00g |
| Protein | 1.50g |

| | | | |
|------------------|--------|------------------|--------|
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.54mg |

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Chicken & Noodle Soup

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------------------|
| Servings: | 60.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26774 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------------|--------------|--|------------|
| Tap Water for Recipes | 2 2/5 Gallon | UNPREPARED | 000001WTR |
| BASE CHIX LO SOD NO MSG 6-1 MINR | 8 4/5 Ounce | | 580589 |
| SALT KOSHER 12-3 DIAC | 1/12 Cup | 3/8 cup | 424307 |
| CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON | 5 1/2 Pound | UNSPECIFIED Not currently available | 570533 |
| CELERY DCD 1/4 2-5 RSS | 1 Pound | | 198196 |
| ONION DEHY CHPD 15 P/L | 1/5 Cup | | 263036 |
| PASTA NOODL KLUSKI 1/8 2-5 GCHC | 1 3/5 Pound | | 270385 |

Preparation Instructions

Heat water and chicken base in soup pot until boiling. Add seasonings, diced celery, and chicken. Bring to a boil again. Add noodles; approx. 15-20 minutes later begin dipping in to 10B pans. Temp needs to be at least 160*. 6 oz. serving for all @ 56 qts.

Meal Components (SLE)

Amount Per Serving

| | |
|--------------|------|
| Meat | 1.28 |
| Grain | 0.43 |
| Fruit | 0.00 |

| | |
|-----------------|------|
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.06 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
Serving Size: 1.00 Serving

Amount Per Serving

| | |
|----------------------|----------|
| Calories | 120.12 |
| Fat | 2.99g |
| SaturatedFat | 0.85g |
| Trans Fat | 0.00g |
| Cholesterol | 36.49mg |
| Sodium | 208.76mg |
| Carbohydrates | 10.47g |
| Fiber | 0.57g |
| Sugar | 0.56g |
| Protein | 10.58g |

| | | | |
|------------------|---------|------------------|--------|
| Vitamin A | 33.87IU | Vitamin C | 0.23mg |
| Calcium | 10.96mg | Iron | 0.72mg |

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Fresh Fruit

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 60.00 | Category: | Fruit |
| Serving Size: | 1.00 Serving | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-26776 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------------------|-------------|-------------------|------------|
| BANANA TURNING 40 P/L | 3 3/5 Each | | 200999 |
| APPLE DELIC GLDN 125-138CT MRKN | 3 3/5 Each | | 597481 |
| GRAPES RED LUNCH BUNCH 21AVG MRKN | 3 3/5 Cup | | 280895 |
| ORANGES NAVEL/VALENCIA FCY 138CT MRKN | 3 3/5 Each | | 198021 |
| STRAWBERRY 8 MRKN | 3 3/5 Cup | | 212768 |
| KIWI 33-39CT P/L | 3 3/5 Each | | 287008 |
| PEAR 95-110CT MRKN | 3 3/5 Ounce | | 198056 |
| MELON MUSK CANTALOUPE 12-15CT P/L | 3 3/5 Cup | | 200565 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|--------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.50 |

| | |
|-----------------|------|
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
Serving Size: 1.00 Serving

Amount Per Serving

| | |
|----------------------|--------|
| Calories | 35.03 |
| Fat | 0.10g |
| SaturatedFat | 0.01g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 1.73mg |
| Carbohydrates | 9.01g |
| Fiber | 1.28g |
| Sugar | 5.42g |
| Protein | 0.46g |

| | | | |
|------------------|---------|------------------|---------|
| Vitamin A | 36.72IU | Vitamin C | 41.77mg |
| Calcium | 9.91mg | Iron | 0.15mg |

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Bacon Egg & Cheese Croissant

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-26792 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--|-------------|---|------------|
| BACON CKD RND 192CT HRML | 60 Slice | | 433608 |
| CROISSANT SLCD WGRAIN 2.35Z 4-12CT SL | 60 Each | BAKE CONVECTION OVEN: 1. Pre-heat convection oven to 325°F. 2. Place whole croissant on ungreased sheet pan. 3. To crisp crust and warm croissants: place in oven 4-5 minutes if frozen; 2-3 minutes if thawed. READY_TO_EAT THAWING DIRECTIONS: 1. Remove frozen croissants from packaging to enhance crispness. 2. Thaw uncovered at room temperature; 2 hours - overnight. | 172172 |
| EGG SCRMBD PTY 3.5 165- 1.25Z GCHC | 60 Each | | 592625 |
| CHEESE AMER 184CT SLCD 4- 5 GCHC | 60 Slice | | 272744 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|--------------|------|
| Meat | 1.25 |
| Grain | 2.00 |

| | |
|-----------------|------|
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
Serving Size: 1.00 Serving

Amount Per Serving

| | |
|----------------------|----------|
| Calories | 355.00 |
| Fat | 19.50g |
| SaturatedFat | 7.75g |
| Trans Fat | 0.00g |
| Cholesterol | 127.50mg |
| Sodium | 745.01mg |
| Carbohydrates | 29.50g |
| Fiber | 2.00g |
| Sugar | 4.50g |
| Protein | 14.00g |

| | | | |
|------------------|----------|------------------|--------|
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 110.50mg | Iron | 2.00mg |

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Assorted Cereal



| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 60.00 | Category: | Grain |
| Serving Size: | 1.00 Serving | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-26794 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--|-------------|--|------------|
| CEREAL LUCKY CHARMS WGRAIN BWL 96CT | 12 Package | READY_TO_EAT Ready to eat dry cereal in a portable, easy-to-serve bowl. | 265811 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.20 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|---------|------------------|--------|
| Calories | 22.00 | | |
| Fat | 0.20g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 36.00mg | | |
| Carbohydrates | 4.60g | | |
| Fiber | 0.40g | | |
| Sugar | 1.80g | | |
| Protein | 0.40g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |

| | | | |
|----------------|---------|-------------|--------|
| Calcium | 22.00mg | Iron | 0.72mg |
|----------------|---------|-------------|--------|

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Whole Grain Biscuits & Gravy



| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-26795 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--------------------------------------|-------------|---|------------|
| DOUGH BISC WGRAIN 216-2.51Z PILLS | 60 Each | BAKE Place frozen biscuit dough on greased or parchment lined baking sheet. Rotate pan halfway through bake time. When panning a full sheet (6x9=54 biscuits), bake as follows: 375F for 32-36 minutes in a standard reel oven, 350F for 20-24 minutes in a rack oven, and 325F for 19-23 minutes in a convection oven. When panning a half sheet (4x6=24 biscuits), bake as follows: 375F for 30-34 minutes in a standard reel oven, 350F for 17-21 minutes in a rack oven, and 325F for 19-23 minutes in a convection oven. | 269200 |
| GRAVY SAUS CNTRY 6- 10 CHEFM | 15 Cup | | 464694 |

Preparation Instructions

- Prepare BISCUITS as package indicates
- Prepare GRAVY, SAUSAGE as package indicates
- Hold each until service.
- Place 1 biscuit on the tray and ladle 1/4 cup of gravy over biscuit.
- CCP: Heat to 165 degrees F or higher for at least 15 seconds
- CCP: Hold for hot service at 135 degrees F or higher

| Meal Components (SLE) | |
|-----------------------|------|
| Amount Per Serving | |
| Meat | 0.00 |

| | |
|-----------------|------|
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
Serving Size: 1.00 Serving

Amount Per Serving

| | |
|----------------------|----------|
| Calories | 290.00 |
| Fat | 15.00g |
| SaturatedFat | 6.00g |
| Trans Fat | 0.00g |
| Cholesterol | 10.00mg |
| Sodium | 580.00mg |
| Carbohydrates | 32.00g |
| Fiber | 2.00g |
| Sugar | 3.00g |
| Protein | 7.00g |

| | | | |
|------------------|---------|------------------|--------|
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 80.00mg | Iron | 1.18mg |

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Assorted Muffin



| | | | |
|----------------------|--------------------------|-----------------------|---------------------|
| Servings: | 4.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-26963 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------------|-------------|-------------------|------------|
| MUFFIN BLUEB WGRAIN IW 72-2Z ARYZTA | 1 Each | | 557970 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.25 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 4.00

Serving Size: 1.00 Each

| Amount Per Serving | | | |
|----------------------|---------|------------------|--------|
| Calories | 47.50 | | |
| Fat | 1.50g | | |
| SaturatedFat | 0.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 7.50mg | | |
| Sodium | 32.50mg | | |
| Carbohydrates | 7.50g | | |
| Fiber | 0.50g | | |
| Sugar | 4.00g | | |
| Protein | 0.75g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 7.50mg | Iron | 0.23mg |

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Mini Waffle and Fruit

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-26970 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---|-------------|--|------------|
| WAFFLE MINI MAPL WGRAIN IW 72-2.47Z | 1 Package | BAKE Heat & Serve: Heat frozen Mini Waffle in ovenable pouch. Convection Oven: Preheat oven to 350°F. Place pouches flat on a baking sheet and heat for 7-9 minutes.* Conventional Oven: Preheat oven to 350°F. Place pouches flat on a baking sheet and heat for 11-13 minutes.* Microwave: Heat for 30-35 seconds on high. *DO NOT place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type and load. Consume within 6 hours of preparing. | 269260 |
| APPLE GALA 100CT 40 MRKN | 1 Each | | 609942 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 2.00 |
| Fruit | 1.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |

Starch

0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| Amount Per Serving | | | |
|---------------------------|---------|------------------|--------|
| Calories | | 271.80 | |
| Fat | | 5.20g | |
| SaturatedFat | | 1.00g | |
| Trans Fat | | 0.00g | |
| Cholesterol | | 0.00mg | |
| Sodium | | 171.40mg | |
| Carbohydrates | | 56.00g | |
| Fiber | | 6.30g | |
| Sugar | | 27.00g | |
| Protein | | 4.40g | |
| Vitamin A | 74.52IU | Vitamin C | 6.35mg |
| Calcium | 48.28mg | Iron | 1.27mg |

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Pancake & Sausage Sandwich

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 50.00 | Category: | Entree |
| Serving Size: | 1.00 | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-26971 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------------|-------------|-------------------|------------|
| SAND BKFST PANCK SAUS CHIX 168-2.4Z | 1 1 | | 174672 |

Preparation Instructions

From frozen - Product is in ovenable film. It is not necessary to remove from film before heating. Heat product at 350 degrees F for 20-22 minutes.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00

Amount Per Serving

| | | | |
|----------------------|--------|------------------|--------|
| Calories | 0.04 | | |
| Fat | 0.00g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.01mg | | |
| Sodium | 0.08mg | | |
| Carbohydrates | 0.01g | | |
| Fiber | 0.00g | | |
| Sugar | 0.00g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |

| | | | |
|----------------|--------|-------------|--------|
| Calcium | 0.06mg | Iron | 0.00mg |
|----------------|--------|-------------|--------|

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Scrambled Eggs



| | | | |
|----------------------|--------------------------|-----------------------|---------------------|
| Servings: | 100.00 | Category: | Condiments or Other |
| Serving Size: | 60.00 | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-26973 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------|-------------|-------------------|------------|
|-------------|-------------|-------------------|------------|

Preparation Instructions

Directions:

WASH HANDS.

1. Beat eggs thoroughly.
2. Add milk and salt. Mix until well blended.
3. Pour 3 lb 12 oz (1 qt 3 1/4 cups) egg mixture into each steamtable pan (12"x20"x2 1/2") which has been lightly coated with pan release spray. For 50 servings, use 2 pans. For 100 servings, use 4 pans.
4. Bake:

Conventional oven: 350 degrees F for 20 minutes. Stir once after 15 minutes.

Convection oven: 300 degrees F for 15 minutes. Stir once after 10 minutes.

DO NOT OVERCOOK

CCP: HEAT TO 145 DEGREES F FOR 3 MINUTES.

5. Remove from oven or steamer. Stir well. Eggs should have a slightly moist appearance.
6. Add 1 1/4 oz (2 Tbsp 1 1/2 tsp) margarine or butter (optional) to each pan. Stir. (For 50 servings)
7. CCP: HOLD FOR HOT SERVICE AT 135 DEGREES F OR HIGHER.

Sprinkle 7 oz (1 3/4 cups) cheese (optional) over each pan. (For 50 servings)

8. Portion with No. 16 scoop (1/4 cup). For best results, serve within 15 minutes.

CHILD NUTRITION: 1/4 cup (No. 16 scoop) provides= 2 oz meat alternate.

YIELD:

50 servings: 2 steamtable pans

100 servings: 4 steamtable pans

VOLUME:

50 servings: about 3 quarts 1/2 cup

100 servings: about 1 gallon 2 1/4 quarts

SPECIAL TIPS:

For 50 servings, use 1 lb 9 oz (2 qt 1/3 cup) dried whole eggs and 2 qt 1/3 cup water in place of fresh eggs.

For 100 servings, use 3 lb 2 oz (1 gal 2/3 cup) dried whole eggs and 1 gal 2/3 cup water in place of fresh eggs.

Updated October 2013

Notes:

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 60.00

Amount Per Serving

| | | | |
|----------------------|--------|------------------|--------|
| Calories | 0.00 | | |
| Fat | 0.00g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 0.00mg | | |
| Carbohydrates | 0.00g | | |
| Fiber | 0.00g | | |
| Sugar | 0.00g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

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Assorted Cup Fruit

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 1.00 | Category: | Fruit |
| Serving Size: | 60.00 Serving | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-26976 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------|-------------|-------------------|------------|
| Diced Peaches | 1/2 Cup | BAKE | |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.50 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 60.00 Serving

| Amount Per Serving | | | |
|----------------------|--------|------------------|--------|
| Calories | 0.00 | | |
| Fat | 0.00g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 0.00mg | | |
| Carbohydrates | 0.00g | | |
| Fiber | 0.00g | | |
| Sugar | 0.00g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

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Fries Sweet Potato Crinkle

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------------------|
| Servings: | 60.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26977 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------------------|--------------|---|------------|
| FRIES SWT POT DP GROOVE 7/16 6-2.5 | 11 6/7 Pound | DEEP_FRY FILL BASKET ONE HALF FULL (1.5 LBS) WITH FROZEN FRIES. DEEP FRY @ 350° F FOR 2 1 4 TO 2 3 4 MINUTES. | 628100 |

Preparation Instructions

Directions:

- 1: Wash hands.
- 2: Bake french fries according to manufacturer's instructions.
- 3.17 oz svg = 1/2 c. red/orange vegetable

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| | |
|---------------------------|----------|
| Amount Per Serving | |
| Calories | 119.62 |
| Fat | 4.49g |
| SaturatedFat | 0.50g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 179.43mg |
| Carbohydrates | 16.95g |

| | | | |
|------------------|-----------|------------------|--------|
| Fiber | 2.99g | | |
| Sugar | 4.98g | | |
| Protein | 1.99g | | |
| Vitamin A | 3488.96IU | Vitamin C | 2.39mg |
| Calcium | 19.94mg | Iron | 0.36mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Banana

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 60.00 | Category: | Fruit |
| Serving Size: | 1.00 Serving | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-26980 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|----------------------------------|-------------|-------------------|------------|
| BANANA TURNING SNGL 150CT 40 P/L | 60 Each | | 197769 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.50 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

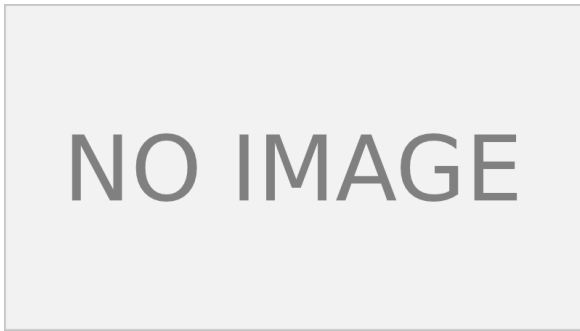
Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|---------|------------------|---------|
| Calories | 105.00 | | |
| Fat | 0.40g | | |
| SaturatedFat | 0.10g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 1.20mg | | |
| Carbohydrates | 27.00g | | |
| Fiber | 3.10g | | |
| Sugar | 14.00g | | |
| Protein | 1.30g | | |
| Vitamin A | 75.52IU | Vitamin C | 10.27mg |
| Calcium | 5.90mg | Iron | 0.31mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Potato Wedges



| | | | |
|----------------------|--------------------------|-----------------------|---------------------|
| Servings: | 60.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26981 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------|-----------------|-------------------|------------|
| FRIES WEDGE SEAS 6-5 LAMB | 10 4/5 Pound | | 457558 |
| No Salt | 3/10 Tablespoon | | NS-360034 |

Preparation Instructions

- Place potatoes in a single layer on a baking pan. 1 bag per pan.
- Heat in 350 degree oven until potatoes are hot and dry to the touch.
- Internal temperature should be 180 or higher.
- Sprinkle each pan lightly with No Salt.
- Keep hot in heated cabinet at 180 degrees.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.50 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| | |
|---------------------------|----------|
| Amount Per Serving | |
| Calories | 130.45 |
| Fat | 6.02g |
| SaturatedFat | 1.51g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 270.94mg |
| Carbohydrates | 17.06g |

| | | | |
|------------------|---------|------------------|--------|
| Fiber | 2.01g | | |
| Sugar | 0.00g | | |
| Protein | 2.01g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 19.07mg | Iron | 0.70mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Breakfast Pizza

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-26987 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------|-------------|-------------------|------------|
|-------------|-------------|-------------------|------------|

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|--------|------------------|--------|
| Calories | 0.00 | | |
| Fat | 0.00g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 0.00mg | | |
| Carbohydrates | 0.00g | | |
| Fiber | 0.00g | | |
| Sugar | 0.00g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

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Oatmeal

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-26992 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-----------------------------------|-------------|-------------------|------------|
| OATS QUICK HOT CEREAL 12-42Z GCHC | 30 Cup | | 240869 |
| Tap Water for Recipes | 60 Cup | UNPREPARED | 000001WTR |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|--------|------------------|--------|
| Calories | 150.00 | | |
| Fat | 2.50g | | |
| SaturatedFat | 0.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 0.00mg | | |
| Carbohydrates | 27.00g | | |
| Fiber | 4.00g | | |
| Sugar | 0.00g | | |
| Protein | 5.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |

| | | | |
|----------------|--------|-------------|--------|
| Calcium | 0.00mg | Iron | 1.60mg |
|----------------|--------|-------------|--------|

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Grilled Cheese

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26995 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-----------------------------------|-----------------|-------------------|------------|
| BREAD WHL WHE PULLMAN SLCD 12-22Z | 1 1/5 Slice | Ready to eat | 710650 |
| CHEESE AMER 160CT SLCD 6-5 COMM | 1 1/5 Slice | Ready to eat | 150260 |
| MARGARINE SLD 30-1 GCHC | 3/10 Tablespoon | | 733061 |

Preparation Instructions

Spread margarine on bottom slice of bread, add 2 slices of cheese, top with another slice of bread, spread margarine on top slice of bread. Bake

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | |
|----------------------|--------|
| Calories | 3.00 |
| Fat | 0.17g |
| SaturatedFat | 0.07g |
| Trans Fat | 0.00g |
| Cholesterol | 0.25mg |
| Sodium | 6.75mg |
| Carbohydrates | 0.24g |
| Fiber | 0.04g |
| Sugar | 0.03g |

| | | | |
|------------------|--------|------------------|--------|
| Protein | 0.12g | | |
| Vitamin A | 3.75IU | Vitamin C | 0.00mg |
| Calcium | 2.39mg | Iron | 0.02mg |

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Wet Burrito

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-26996 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---|-------------|---|------------|
| TACO FILLING BEEF REDC FAT 6-5 COMM | 8 Pound | | 722330 |
| ONION DEHY SUPER TOPPER 6- 2 P/L | 1 3/5 Cup | | 223255 |
| SAUCE ENCHILADA MILD 4-1GAL GRSZ | 4/5 Quart | | 598461 |
| CHEESE CHED MLD SHRD 4-5 LOL | 1 3/5 Pound | | 150250 |
| CHEESE MOZZ SHRD 4-5 LOL | 1 3/5 Pound | | 645170 |
| BEAN REFRD VEGTAR 6-27.09Z SANTG | 4/5 Package | RECONSTITUTE 1: Pour 1 2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. 2: Quickly pour full pouch of beans into water and cover. 3: Allow beans to sit for 25 minutes on steamtable. 4: Season if desired, stir, serve. | 703753 |
| SALSA 6-10 COMM | 2/5 #10 CAN | | 150570 |

| Description | Measurement | Prep Instructions | DistPart # |
|---|-------------|--|------------|
| TORTILLA FLOUR 10 ULTRGR 12- 12CT | 60 Each | <p>STEAM PREPARATIONAmbient: Ready to use. Refrigerated: BRING TO ROOM TEMPERATURE. Remove from case and let stand in bag 4 - 6 hours at room temperature. HEATING STEAM CABINET: Place in steam cabinet. Stack no more than 3 dozen high. Heat to 160°F. Do not hold for more than 2 hours. GRILL: Heat grill to 400°F. Heat tortillas on each side for 10 - 15 seconds. MICROWAVE: Stack no more than 6 tortillas and heat 45 - 60 seconds on high (microwaves vary for power setting and time). STAGINGStore in steam cabinet or bun warmer until ready to use (maximum 1 hour to prevent drying).</p> | 690141 |

Preparation Instructions

Day 1 thaw taco meat in cooler overnight.

Day 2 put 10 lb meat in large bowl add #10 can refried beans, 2 cups dehydrated onion, 1/2 #10 salsa, and 1 qt enchilada sauce mix together. Let set overnight.

Day 3 Spray sheet tray with pan spray coat bottom of tray with enchilada sauce. Take 10" tortilla shell add 4 oz. meat mixture place in center of shell and wrap then place seam side down on tray.

Bake at 350 for 30 min covered. Uncover and bake 10 min longer or until temperature is 165. Spread 4 lb mixture of mozzarella and cheddar over top and place in warmer to hold.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.20 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.09 |
| OtherVeg | 0.00 |
| Legumes | 0.11 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| Amount Per Serving | |
|---------------------------|-------------------------|
| Calories | 389.55 |
| Fat | 14.54g |
| SaturatedFat | 5.88g |
| Trans Fat | 0.20g |
| Cholesterol | 42.75mg |
| Sodium | 740.17mg |
| Carbohydrates | 42.62g |
| Fiber | 6.91g |
| Sugar | 4.94g |
| Protein | 22.13g |
| Vitamin A 434.07IU | Vitamin C 3.56mg |
| Calcium 333.32mg | Iron 3.89mg |

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Breakfast Sandwich

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-27008 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------------|-------------|---|------------|
| MUFFIN ENGLISH 2Z 12-12CT GCHC | 3/5 Each | | 208640 |
| EGG SCRMBD PTY RND 3.25 200-1Z GCHC | 3/5 Each | | 462519 |
| SAUSAGE PTY CKD CN 1.5Z 10 JDF | 3/5 Each | BAKE To Bake (convection oven): Preheat oven to 325°F, heat for 3 1//2 - 4 minutes if frozen, 3 - 3 1//2 minutes if thawed. | 466891 |
| CHEESE AMER 160CT SLCD 6-5 COMM | 3/5 Slice | | 150260 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |

| | |
|----------------|------|
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
 Serving Size: 1.00 Serving

| Amount Per Serving | | | |
|---------------------------|--------|------------------|--------|
| Calories | 4.10 | | |
| Fat | 0.27g | | |
| SaturatedFat | 0.10g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 1.18mg | | |
| Sodium | 7.85mg | | |
| Carbohydrates | 0.28g | | |
| Fiber | 0.00g | | |
| Sugar | 0.02g | | |
| Protein | 0.16g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 1.97mg | Iron | 0.02mg |

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Breakfast Burrito

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-27026 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---|-------------|---|------------|
| TORTILLA FLOUR 8 24-12CT GRSZ | 60 Each | | 713330 |
| SAUSAGE PTY CHIX CKD 1.36Z 6-5.01TYS | 60 Each | BAKE CONVECTION Appliances vary, adjust accordingly. Convection Oven Place frozen patties on baking sheet pan. Cook at 325°F for 5 to 7 minutes. | 138941 |
| EGG SCRMBD PTY 3.5 165-1.25Z GCHC | 60 Each | | 592625 |
| CHEESE AMER 160CT SLCD 6-5 COMM | 60 Slice | | 150260 |

Preparation Instructions

1. Cook egg & sausage according to directions. CCP: Hold hot at 135F or higher
2. Add egg, sausage & one slice off cheese to 8" tortilla.
3. Wrap in foil paper.
4. Serve hot.

Meal Components (SLE)

Amount Per Serving

| | |
|--------------|------|
| Meat | 2.50 |
| Grain | 1.25 |

| | |
|-----------------|------|
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 335.00 | | |
| Fat | 17.50g | | |
| SaturatedFat | 6.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 147.50mg | | |
| Sodium | 815.00mg | | |
| Carbohydrates | 24.00g | | |
| Fiber | 1.00g | | |
| Sugar | 1.50g | | |
| Protein | 20.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 141.50mg | Iron | 2.00mg |

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Breakfast Bowl

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|-------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Complex Food Prep |
| Meal Type: | Breakfast | Recipe ID: | R-27094 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------------|-----------------|-------------------|------------|
| POTATO TATER TOTS 6-5 LMBSUPR | 30 Cup | | 233404 |
| EGG SCRMBD CKD FZ 4-5 GCHC | 180 Fluid Ounce | | 584584 |
| SAUCE CHS CHED POUCH 6-106Z LOL | 120 Fluid Ounce | | 135261 |

Preparation Instructions

Cook 5# of tots on sheet pan for 10 minutes at 400 degrees. Heat eggs in steamer for 10 minutes or until reaches 165 degrees. Place 4oz of tots in 1# boat, top with 3oz spoodle of eggs. Pour on 2oz of cheese sauce. Hold in warmer til served.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.22 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.50 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| | |
|---------------------------|----------|
| Amount Per Serving | |
| Calories | 230.38 |
| Fat | 12.38g |
| SaturatedFat | 3.14g |
| Trans Fat | 0.00g |
| Cholesterol | 144.55mg |
| Sodium | 575.84mg |
| Carbohydrates | 17.55g |
| Fiber | 2.00g |

| | |
|-------------------------|-------------------------|
| Sugar | 1.14g |
| Protein | 9.40g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 76.10mg | Iron 1.74mg |

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Famous HPS Oatmeal

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-27166 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-----------------------------------|----------------|-------------------|------------|
| OATS QUICK HOT CEREAL 12-42Z GCHC | 5 2/7 Pound | | 240869 |
| Tap Water for Recipes | 56 7/15 Cup | | 000001WTR |
| SUGAR BROWN MED 25 GCHC | 7 1/16 Cup | | 108626 |
| FLAVORING VANILLA IMIT 1-1GAL KE | 5 2/7 Teaspoon | | 110744 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| | |
|---------------------------|--------|
| Amount Per Serving | |
| Calories | 234.45 |
| Fat | 2.50g |
| SaturatedFat | 0.50g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 0.09mg |
| Carbohydrates | 49.54g |
| Fiber | 3.99g |

| | |
|-------------------------|-------------------------|
| Sugar | 22.60g |
| Protein | 4.99g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 0.00mg | Iron 1.60mg |

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Cole Slaw



| | | | |
|----------------------|--------------|-----------------------|-----------|
| Servings: | 60.00 | Category: | Vegetable |
| Serving Size: | 1.00 Serving | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-27359 |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------------|-------------|-------------------|------------|
| COLE SLAW SHRED SEP BAG 1/8 4-5 RSS | 4 5/8 Pound | | 198226 |
| DRESSING COLESLAW 4-1GAL LTHSE | 11/12 Quart | | 132151 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.09 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| Amount Per Serving | | | |
|----------------------|----------|------------------|--------|
| Calories | 72.43 | | |
| Fat | 4.41g | | |
| SaturatedFat | 0.74g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 2.45mg | | |
| Sodium | 198.23mg | | |
| Carbohydrates | 7.13g | | |
| Fiber | 0.69g | | |
| Sugar | 5.94g | | |
| Protein | 0.35g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 12.13mg | Iron | 0.00mg |

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Buffalo Chicken Wrap

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-27671 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------------|----------------|--|------------|
| CHIX BRST PTY FC 100-3.1Z TYS | 15 Pound | BAKE Appliances vary, adjust accordingly. Conventional Oven 12-14 minutes at 350°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 9-11 minutes at 350°F from frozen. MICROWAVE Appliances vary, adjust accordingly. Microwave Microwave on full power for 2 minutes from frozen. | 209244 |
| SAUCE BUFF WNG REDHOT 4-1GAL FRNKS | 4 1/2 Cup | | 704229 |
| DRESSING RNCH 4-1GAL HVALL | 120 Tablespoon | READY_TO_EAT Ready to use. | 759082 |
| CHEESE BLND CHED/MONTRY JK SHRD 4-5 | 15 Cup | | 712131 |
| LETTUCE ROMAINE CHOP 6-2 RSS | 60 Cup | | 735787 |
| TORTILLA FLOUR 12 12-12CT GRSZ | 60 Each | | 713370 |

Preparation Instructions

Start with a large bowl , combined : chicken , hot sauce , ranch dressing , cheese , and mix well . Start with tortilla,

layer : 1 1/2 cups of lettuce and 1 cup of the bowl mixture . Fold into a wrap , and cut in half . Place in a 5x5 container. Store in cooler and serve.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 3.50 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.50 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|-----------|------------------|--------|
| Calories | 677.50 | | |
| Fat | 35.63g | | |
| SaturatedFat | 13.88g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 97.50mg | | |
| Sodium | 1910.50mg | | |
| Carbohydrates | 59.75g | | |
| Fiber | 3.00g | | |
| Sugar | 7.50g | | |
| Protein | 32.50g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 306.67mg | Iron | 3.42mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

California Avocado Wrap



| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-27674 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--------------------------------------|---------------|-------------------|------------|
| TURKEY BRST SLCD WHT 1/2Z 12-1 JENNO | 120 Slice | | 244190 |
| TURKEY HAM SLCD 12-1 JENNO | 120 Slice | | 556121 |
| CHEESE SWS 120CT SLCD PROC 4-5 GCHC | 60 Slice | | 311405 |
| LETTUCE ROMAINE HRTS 7-6CT MRKN | 15 Cup | 1 leaf | 211782 |
| TOMATO 5X6 XL 5 MRKN | 15 Cup | | 438197 |
| TORTILLA WRP 12 SPNCH 6-12 TYS | 60 Each | | 769037 |
| Avocado Spread | 60 Tablespoon | | |

Preparation Instructions

Wash hands and put on gloves

Spread 1 Tbls. Avocado dressing on wrap

top with ingredients , wrap, cut in half and place in container

Keep product cold between 37-41 degrees

Avocado Spread recipe-1 cup Mayo # 693911 1 Cup Ranch dressing #Commercial 52907 1 cup avocado #592331

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.54 |
| Grain | 3.50 |
| Fruit | 0.00 |
| GreenVeg | 0.50 |
| RedVeg | 0.25 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| | | | |
|---------------------------|----------|------------------|--------|
| Amount Per Serving | | | |
| Calories | | 546.53 | |
| Fat | | 25.47g | |
| SaturatedFat | | 9.21g | |
| Trans Fat | | 0.05g | |
| Cholesterol | | 78.55mg | |
| Sodium | | 1579.08mg | |
| Carbohydrates | | 55.17g | |
| Fiber | | 3.12g | |
| Sugar | | 4.54g | |
| Protein | | 25.63g | |
| Vitamin A | 385.43IU | Vitamin C | 6.65mg |
| Calcium | 215.75mg | Iron | 4.84mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Banana Bread

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 60.00 | Category: | Grain |
| Serving Size: | 1.00 Serving | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-27832 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--------------------------------|-------------|-------------------|------------|
| BREAD BANANA IW 70-3.4Z SUPBAK | 60 Each | | 230361 |

Preparation Instructions

Thaw and serve

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| | | | |
|---------------------------|----------|------------------|--------|
| Amount Per Serving | | | |
| Calories | 260.00 | | |
| Fat | 8.00g | | |
| SaturatedFat | 1.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 240.00mg | | |
| Carbohydrates | 45.00g | | |
| Fiber | 2.00g | | |
| Sugar | 24.00g | | |
| Protein | 5.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 161.00mg | Iron | 1.00mg |

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Hot Pocket

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-27835 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------------------|-------------|-------------------|------------|
| DOUGH PIZZA SHTD 12X16 22-24Z DELSUPR | 7 1/2 Each | | 570826 |
| TURKEY BRST SLCD WHT 1/2Z 12-1 JENNO | 5 5/8 Pound | | 244190 |
| CHEESE AMER 160CT SLCD 6-5 COMM | 3 3/4 Pound | | 150260 |
| BROCCOLI FZ 30 COMM | 6 1/4 Pound | | 549292 |

Preparation Instructions

1. Proof dough.
2. Lay 6 oz (12 slices) of turkey evenly across one half (lengthwise) of each sheet of dough. Leave 1/2" border on the side and ends.
3. Lay 4oz (8 slices) of cheese on top of the turkey on each sheet.
4. Spread 2 cups of broccoli over the cheese on each sheet and then top with 6oz (12 slices) turkey. Fold the top half of the dough over to create a loaf or large "pocket". Seal the edges.
5. Spray the loaf with cooking spray to make it shine.
6. Use a sharp knife to make small slits on the top of the pocket.
7. Bake at 350 F for 25 minutes or until internal temperature reaches 165 F as measured by a meat thermometer.
8. Cut each pocket into 8 slices.

Meal Components (SLE)

Amount Per Serving

| | |
|-------------|------|
| Meat | 2.04 |
|-------------|------|

| | |
|-----------------|-------|
| Grain | 55.00 |
| Fruit | 0.00 |
| GreenVeg | 0.52 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
Serving Size: 1.00 Serving

Amount Per Serving

| | |
|----------------------|-----------|
| Calories | 396.72 |
| Fat | 13.50g |
| SaturatedFat | 5.71g |
| Trans Fat | 0.00g |
| Cholesterol | 48.56mg |
| Sodium | 1076.83mg |
| Carbohydrates | 46.04g |
| Fiber | 4.38g |
| Sugar | 3.33g |
| Protein | 25.38g |

| | | | |
|------------------|----------|------------------|--------|
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 182.29mg | Iron | 2.68mg |

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Soup Cook's Choice

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------------------|
| Servings: | 60.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-27836 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-----------------------------------|----------------|----------------------------|------------|
| BEEF CRMBL CKD IQF 6-5# JTM | 3 3/5 Pound | | 661940 |
| BROTH BF NAT 12-32FLZ PACNAT | 1 1/5 Gallon | 8- 32oz containers = 2 gal | 818360 |
| TOMATO DCD MW RECIPE 6-10 GCHC | 1 1/5 #10 CAN | | 316571 |
| CELERY DCD IQF 6-4 GCHC | 2 1/4 Cup | Thaw. | 261513 |
| ONION DCD IQF 6-4 GCHC | 1 1/5 Cup | Thaw. | 261521 |
| SPICE PEPR BLK REG GRIND 16Z TRDE | 1 1/5 Teaspoon | | 225037 |
| SPICE ONION POWDER 19Z TRDE | 1/7 Cup | | 126993 |
| SPICE BLND ORIG 3-21Z MDASH | 1/7 Cup | | 265103 |
| SPICE GARLIC POWDER 6 TRDE | 4/9 Cup | | 513857 |
| SPICE PARSLEY FLAKES 11Z TRDE | 3/10 Cup | | 513989 |
| SEASONING ANCHO CHILI 21Z TRDE | 4/9 Cup | | 748570 |
| VEG MIXED 30 KE | 5 2/5 Pound | | 283771 |

Preparation Instructions

Directions:

1. Place sealed bag in a steamer or in boiling water. Heat approximately 30 minutes or until product reaches serving temperature. CCP: Heat to 165 °F or higher for at least 15 seconds.
2. Drain and add to a large stock pot under high heat.
3. Add beef broth, un-drained tomatoes, celery, onions, and spices. Bring to a boil. Reduce heat to medium and cover. Simmer for 20 minutes.
4. Add frozen vegetable mix. Cover and simmer over medium heat for 15 minutes or until vegetables are tender. CCP: Heat to 165 °F or higher for 15 seconds.
5. Pour 1 gal 1 qt (about 9 lb 13 oz) soup into a half steam table pan (12 3/4" x 10 1/2" x 6"). For 50 servings, use 2 pans. For 100 servings, use 4 pans.

CCP: Hold for hot service at 135 °F or higher. Portion with 8 fl oz spoodle (1 cup).

**Allergens: Soy (Beef crumbles)

Notes:

NSLP/SBP Crediting Information: 1 cup (8 fl oz spoodle) provides .5 oz equivalent meat/meat alternate, 1/8 cup red/orange vegetable, 1/8 cup other vegetable, and 1/4 cup additional vegetable.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.05 |
| RedVeg | 0.05 |
| OtherVeg | 0.17 |
| Legumes | 0.00 |
| Starch | 0.09 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| | | | |
|---------------------------|----------|------------------|--------|
| Amount Per Serving | | | |
| Calories | 98.02 | | |
| Fat | 4.72g | | |
| SaturatedFat | 1.77g | | |
| Trans Fat | 0.28g | | |
| Cholesterol | 16.52mg | | |
| Sodium | 483.75mg | | |
| Carbohydrates | 7.26g | | |
| Fiber | 1.86g | | |
| Sugar | 2.81g | | |
| Protein | 7.49g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 19.39mg | Iron | 1.11mg |

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Sandwich Cook's Choice



| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-27837 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--|-------------|---|------------|
| BEEF STK PTY CKD 2.45Z 6-5 JTM | 15 Each | | 661851 |
| BUN HAMB SLCD WHEAT WHL 4 10-12 GCHC | 45 Each | | 517810 |
| CHEESE AMER 160CT SLCD 6-5 COMM | 15 Slice | | 150260 |
| CHIX PTY HOT&SPCY WGRAIN 3.49Z 4-8.2 | 15 Each | BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen. | 327080 |
| CHIX PTY BRD WGRAIN FC 3.54Z 4-8.2 | 15 Each | BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen. | 281622 |

| Description | Measurement | Prep Instructions | DistPart # |
|--|---------------|--|------------|
| CHIX BRST GRLLD CKD NAE 3Z 2-5 TYS | 15 Each | <p>CONVECTION Appliances vary, adjust accordingly. Convection Oven From frozen, place the breast filets on a lined (non-stick) sheet pan with a small amount of water. Completely cover with foil. Place in a pre-heated, 350°F convection oven for approximately 16-20 minutes.</p> <p>MICROWAVE Appliances vary, adjust accordingly. Microwave From frozen, place 1 or 2 filets on a microwave safe plate and cover completely with cling wrap plastic wrap. Heat in microwave on highest setting for approximately 2-3 minutes.</p> | 152121 |
| DRESSING ITAL REDC CAL 4-1GAL LTHSE | 15 Tablespoon | <p>READY_TO_EAT Open, pour and enjoy!</p> | 365880 |
| BREAD ULTRA LOCO WGRAIN 6.5 12-12CT | 15 Each | <p>THAW Ultra Loco Bread is fully baked but performs best if slightly warmed /u2022For best results thaw out to room temperature prior to heating /u2022Place in warming box (leave in bag) 1 hour thawed or 2 hours frozen /u2022For individual pieces (out of bag) microwave for 15 seconds thawed or 30 seconds frozen</p> | 696831 |
| SAUCE SPAGHETTI POUCH 6-106Z PREGO | 15 Cup | | 315729 |
| CHEESE PEPR JK SLCD 6-1.5 | 15 Slice | | 777587 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.44 |
| Grain | 2.50 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.57 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

| Amount Per Serving | |
|-------------------------|-------------------------|
| Calories | 415.00 |
| Fat | 16.63g |
| SaturatedFat | 4.51g |
| Trans Fat | 0.20g |
| Cholesterol | 47.88mg |
| Sodium | 871.50mg |
| Carbohydrates | 41.50g |
| Fiber | 6.38g |
| Sugar | 9.38g |
| Protein | 24.25g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 134.88mg | Iron 3.13mg |

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Chicken Salad Croissant

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 60 | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-28673 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|------------------------------------|----------------|---|------------|
| Chicken, diced, cooked, frozen | 2 Quart | Should weigh 2.50 lbs. (40 oz.) | 100101 |
| EGG HARD CKD PLD BIB 4-2.5 GCHC | 2 1/2 Cup | Diced. Approximately 10 eggs. | 229431 |
| RELISH SWT PICKLE 4-1GAL GCHC | 1 1/2 Cup | Drain well. | 517186 |
| SUGAR BEET GRANUL 25 GCHC | 11 Tablespoon | 1/2 cup + 3 Tbsp. | 108588 |
| SPICE ONION POWDER 19Z TRDE | 1 Teaspoon | | 126993 |
| SPICE CELERY SEED GRND 16Z TRDE | 1 Teaspoon | | 513679 |
| SPICE GARLIC SALT NO MSG 37Z TRDE | 1 1/2 Teaspoon | | 224847 |
| SEASONING POULTRY 10Z TRDE | 1 Teaspoon | | 273996 |
| DRESSING SALAD 4-1GAL MIR WHIP | 1 1/2 Cup | Add more if needed. Gets watery the longer it sets. | 251066 |
| CELERY STIX 4-3 RSS | 1/2 Cup | Diced | 781592 |
| SPICE PEPR BLK 30 MESH REG GRIND 5 | 1 Teaspoon | | 225045 |

| Description | Measurement | Prep Instructions | DistPart # |
|--|-------------|---|------------|
| CROISSANT SLCD WGRAIN 2.35Z 4-12CT SL | 20 Each | BAKE CONVECTION OVEN: 1. Pre-heat convection oven to 325°F. 2. Place whole croissant on ungreased sheet pan. 3. To crisp crust and warm croissants: place in oven 4-5 minutes if frozen; 2-3 minutes if thawed. READY_TO_EAT THAWING DIRECTIONS: 1. Remove frozen croissants from packaging to enhance crispness. 2. Thaw uncovered at room temperature; 2 hours - overnight. | 172172 |
| Variety of Fruit | 20 Cup | BAKE dish into 4 oz. portion cups | |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 0.00 |
| Grain | 0.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 60

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 236.29 | | |
| Fat | 5.49g | | |
| SaturatedFat | 1.45g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 46.82mg | | |
| Sodium | 271.43mg | | |
| Carbohydrates | 40.28g | | |
| Fiber | 6.03g | | |
| Sugar | 24.93g | | |
| Protein | 6.20g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 12.50mg | Iron | 0.67mg |

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Chicken Pita

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-28724 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------|-------------|-------------------|------------|
|-------------|-------------|-------------------|------------|

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.25 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|--------|------------------|--------|
| Calories | 0.00 | | |
| Fat | 0.00g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 0.00mg | | |
| Carbohydrates | 0.00g | | |
| Fiber | 0.00g | | |
| Sugar | 0.00g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

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Hot Dog w/beans



| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-28884 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------|-------------|-------------------|------------|
|-------------|-------------|-------------------|------------|

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 4.00 |
| Grain | 2.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.50 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00
Serving Size: 1.00 Serving

| Amount Per Serving | | | |
|----------------------|--------|------------------|--------|
| Calories | 0.00 | | |
| Fat | 0.00g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 0.00mg | | |
| Carbohydrates | 0.00g | | |
| Fiber | 0.00g | | |
| Sugar | 0.00g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

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Cesar Wraps

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-29306 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------|-------------|-------------------|------------|
|-------------|-------------|-------------------|------------|

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 1.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.50 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|--------|------------------|--------|
| Calories | 0.00 | | |
| Fat | 0.00g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 0.00mg | | |
| Carbohydrates | 0.00g | | |
| Fiber | 0.00g | | |
| Sugar | 0.00g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

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Turkey Queso

NO IMAGE

| | | | |
|----------------------|--------------------------|-----------------------|------------------|
| Servings: | 60.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-29307 |
| School: | Whaley Children's Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------|-------------|-------------------|------------|
|-------------|-------------|-------------------|------------|

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|------|
| Meat | 2.00 |
| Grain | 1.00 |
| Fruit | 0.00 |
| GreenVeg | 0.00 |
| RedVeg | 0.00 |
| OtherVeg | 0.00 |
| Legumes | 0.00 |
| Starch | 0.00 |

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 1.00 Serving

Amount Per Serving

| | | | |
|----------------------|--------|------------------|--------|
| Calories | 0.00 | | |
| Fat | 0.00g | | |
| SaturatedFat | 0.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 0.00mg | | |
| Carbohydrates | 0.00g | | |
| Fiber | 0.00g | | |
| Sugar | 0.00g | | |
| Protein | 0.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

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