## **Cookbook for Bailey**

**Created by HPS Menu Planner** 

### **Table of Contents**

<b>Table of Contents</b>
Rosy Applesauce
<b>Blushing Pears</b>
Baked Sliced Apples
Cinnamon Applesauce
<b>Tropical Fruit Cups</b>
Fruit Cup
Pumpkin Silk
Apple Crisp
Broccoli
Romaine Lettuce
Green Peas
Mixed Vegetables
Mashed Potatoes w/ Chicken Gravy
Celery Sticks w/ Peanut Butter
Tomato Soup
California Blend
Green Beans
Steamed Corn
Chicken Breakfast Sandwich
Buffalo Chicken Wrap
Chicken Wrap

PBJ & Cheese Stick
Turkey Tortilla Wrap
Ham Tortilla Wrap
Lunchmeat Sub
BBQ Pork Sandwich
<b>Turkey and Cheese Sandwich</b>
Ham and Cheese Sandwich
<b>Grilled Cheese Sandwich</b>
<b>Homemade Peanut Butter and Jelly Sandwich</b>
Cheeseburger on bun
Hamburger on Bun
Chicken Patty on Bun
Hot Dog on Bun
Sloppy Joe on Bun
Toast
Assorted Cereal
Sausage, Egg, & Cheese Biscuit
Biscuit and Gravy
Yogurt Smoothie
Assorted 2 ct. Pop-Tart
Assorted Pop-Tart
Chef Salad w/ Ham

Chef Salad w/ Turkey
Nacho Supreme
Chicken Potato Bowl
Parfait
Walking Taco
Bosco Sticks w/ Marinara Sauce
Spaghetti w/ Meat Sauce
Grilled Chicken Salad
<b>BBQ Pork Sandwich-Elementary</b>
<b>Chicken Patty on Bun-Elementary</b>
Ham and Cheese Sandwich-Elementary
Hamburger on Bun-Elementary
<b>Sloppy Joe on Bun-Elementary</b>
<b>Turkey and Cheese Sandwich-Elementary</b>
Assorted Juice
<b>Uncrustable Daily Option</b>
Variety of Yogurt
<b>Assorted Muffin</b>
Fruit Slushie
Chef Salad w/ Ham
Chef Salad w/ Turkey
Breakfast Pizza

<b>Hot and Spicy Chicken Patty on Bun</b>
Chili Dog on Bun*
Cheddar Jack Burger
Philly Beef and Cheese Sandwich*
Rib a Que on Bun
Grilled Chicken Sandwich*
Italian Chicken Sandwich*
Meat Ball Sub Sandwich*
Chicken Parmesan Sandwich*
Loaded Baked Potato*
Bitty Cheese Burgers on Bun*
Cheeseburger on bun-Elementary
Cinnamon Roll w/ icing*
Chicken and Noodles with WG Roll - Elementary
Garden Salad*
Walking Taco
Pork Rib Patty on Bun-Elementary

## **Rosy Applesauce**

Servings:	48.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21467

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLESAUCE UNSWT 6-10 GCHC	2 #10 CAN		271497
GELATIN MIX STRAWB 12-24Z GCHC	1/2 Cup		524581

#### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Empty applesauce into 4" 1/2 steam pan.

Mix in jello to get the "rosey" color.

Portion 4 oz into 5 oz souffles and chill to 41°.

Serve cold.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Serving Serving Size: 0.50 Cup

Serving Size. 0.50 Cup			
Amount Per	Serving		_
Calories		58.13	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		17.58mg	
Carbohydra	ites	14.42g	
Fiber		1.00g	
Sugar		13.42g	
Protein		0.08g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	5.31mg	Iron	0.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Blushing Pears**

Servings:	48.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21468

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEAR DCD IN JCE 6-10 GCHC	2 #10 CAN		610364
GELATIN MIX STRAWB 12-24Z GCHC	1/4 Cup		524581

### **Preparation Instructions**

Wash Hands. Refer to our Standard Operating Procedures (SOP).

Pour pears into steam table pans.

Sprinkle with strawberry gelatin over pears to give blushing color.

Cover and chill to 41°. Portion 4 oz of fruit into 5 oz souffle

Keep cold until serving time.

CCP: Cold foods should be kept at 41° or lower.

Meal	Components	(SLE)
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Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 48.00 Serving Size: 0.50 Cup

COI VIII g CIZC	. 0.00 Oup		
<b>Amount Pe</b>	r Serving		
Calories		78.36	
Fat		0.00g	
SaturatedF	at	0.00g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		3.54mg	
Carbohydra	ates	17.95g	
Fiber		2.16g	
Sugar		12.56g	
Protein		0.04g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	10.82mg	Iron	0.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Baked Sliced Apples**

Servings:	50.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21469

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE SLCD W/P 6-10 GCHC	2 #10 CAN		117773
SUGAR BROWN MED 25 GCHC	2 Cup		108626
SPICE CINNAMON GRND 15Z TRDE	1 Tablespoon		224723

#### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Wash top of cans before opening. Place 2 cans of apples in 4 inch deep steam pan.

Combine brown sugar and cinnamon with apples. Stir to coat.

Bake apples in 350 degree oven for 45 minutes, or until lightly browned on top.

Serve immediately with 4 ounce spoodle or #8 scoop.

CCP: Hot foods held for later service must maintain a minimum internal temperature of 140 degrees F.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 50.00 Serving Size: 0.50 Cup

Serving Size	. 0.50 Oup		
Amount Per	Serving		
Calories		80.54	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		10.35mg	
Carbohydra	ites	20.10g	
Fiber		2.07g	
Sugar		16.99g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Cinnamon Applesauce**

Servings:	48.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21470

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLESAUCE UNSWT 6-10 GCHC	2 #10 CAN		271497
SPICE CINNAMON GRND 15Z TRDE	2 Teaspoon		224723

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Empty applesauce into 4" 1/2 steam pan. Mix in cinnamon.

Chill to 41° or colder.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 48.00 Serving Size: 0.50 Cup

Serving Size: 0.50 Cup			
r Serving			
	52.30		
	0.00g		
at	0.00g		
	0.00g		
	0.00mg		
	10.50mg		
ites	13.00g		
	1.00g		
	12.00g		
	0.00g		
0.00IU	Vitamin C	0.00mg	
5.23mg	Iron	0.00mg	
	at 0.00IU	52.30 0.00g 0.00g 0.00g 0.00mg 10.50mg 13.00g 1.00g 12.00g 0.00g 0.00g	

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Tropical Fruit Cups**

Servings:	48.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-21471

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
ORANGES MAND IN JCE 6-10 GCHC	1 #10 CAN		612448
PINEAPPLE TROPICAL GLD 6-81Z DOLE	81 Ounce		500471

#### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Open and drain Mandarin Oranges, pour into 4" deep steam table pan and mix with one bag of pineapple tidbits.

Refrigerate until probe inserted in fruit reads 41 degrees or less. Serve with 4 ounce spoodle.

CCP: KEEP COLD FOODS COLD AT 41 DEGREES OR LESS

Meal	Components	(SLE)
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Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 48.00 Serving Size: 0.50 Cup

r Serving		
	63.45	
	0.00g	
at	0.00g	
	0.00g	
	0.00mg	
	5.39mg	
ites	14.93g	
	0.39g	
	11.76g	
	0.54g	
0.00IU	Vitamin C	0.00mg
10.78mg	Iron	0.36mg
	at a	63.45 0.00g at 0.00g 0.00g 0.00mg 5.39mg 14.93g 0.39g 11.76g 0.54g 0.00IU Vitamin C

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Fruit Cup**

Servings:	144.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-21472

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Apple Slices, Canned, Unsweetened	1 #10 CAN		100206
FRUIT MIXED 6-10	1 #10 CAN	BAKE	100212
ORANGES MAND IN JCE 6-10 GCHC	1 #10 CAN	BAKE	612448
PINEAPPLE TIDBITS IN JCE 6-10 GCHC	1 #10 CAN		189979
Diced Pears 6-10	1 #10 CAN	BAKE	100225
Diced Peaches CND 6-10	1 #10 CAN	BAKE	100220

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Wash top of can with sanitized dish cloth before opening. Drain some of the liquid from fruit if needed.

Portion 4oz into 5oz souffles.

Keep fruit cold until serving.

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.54
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 144.00 Serving Size: 0.50 Cup

Serving Size	: 0.50 Cup		
Amount Per	r Serving		
Calories		62.82	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		6.29mg	
Carbohydra	ites	15.43g	
Fiber		1.21g	
Sugar		12.52g	
Protein		0.18g	
Vitamin A	0.00IU	Vitamin C	0.00mg

Calcium4.53mgIron0.13mg

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## **Pumpkin Silk**

Servings:	180.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21473

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PUMPKIN FCY 6-10 GCHC	3 #10 CAN		186244
TOPPING WHIP 12- 32Z RICH	5 Quart		307092
PUDDING MIX VAN INST 12-24Z GCHC	3 Package		106666
SPICE CLOVES GRND 16Z TRDE	1 Teaspoon		224774
SPICE NUTMEG GRND 16Z TRDE	1 Teaspoon		224944
SPICE CINNAMON GRND 15Z TRDE	1 Teaspoon		224723
TOPPING WHIP I/BG 12-16Z ONTOP	2 Package	READY_TO_EAT  1. OPEN BAG ON DOTTED LINE 2. PUSH THROUGH PERFORATION TO POSITION TIP 3. TWIST TOP OF BAG 4. SQUEEZE & TWIST TOP OF BAG TO DISPENSE STORAGE: ARRIVES FROZEN. THAW IN REFRIGERATOR OVERNIGHT AS NEEDED. NEVER REFREEZE. SHELF LIFE: 2 WEEKS REFRIGERATED Do not knead frozen or thawed bag. 35°F KEEP REFRIGERATED	330442

## **Preparation Instructions**

Wash hands. Refer to our Standard Operation Procedures (SOP).

Combine the pumpkin and whip topping in a chilled mixing bowl, whip at medium speed with wire whip. Add dry instant pudding mix and spices(to taste). Whip at full volume. Fill cups and top with bagged whip topping. CCP: Keep cold at 41 degrees or lower.

Meal Components (SLE) Amount Per Serving		
Meat	0.00	
Grain	0.00	
Fruit	0.00	
GreenVeg	0.00	

RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 180.00 Serving Size: 0.50 Cup

	•		
<b>Amount Pe</b>	r Serving		
Calories		124.34	
Fat		5.69g	
SaturatedFa	at	5.69g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		106.17mg	
Carbohydra	ites	18.80g	
Fiber		1.29g	
Sugar		15.01g	
Protein		0.43g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	65.37mg	Iron	0.90mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Apple Crisp**

Servings:	100.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21474

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLESAUCE UNSWT 6-10 GCHC	2 #10 CAN		271497
OATS QUICK HOT CEREAL 50 GILST	6 1/4 Cup		286070
FLOUR A/P PASTRY 2-25 KING	6 1/2 Cup		260231
SUGAR BROWN MED 25 GCHC	4 Cup	UNSPECIFIED	108626
SUGAR CANE GRANUL 25 GCHC	3 Cup		108642
SPICE NUTMEG GRND 16Z TRDE	3 Tablespoon		224944
SPICE CINNAMON GRND 15Z TRDE	3 Tablespoon		224723
SALT IODIZED 25 CARG	1 Teaspoon		108286
MARGARINE SLD 30-1 GCHC	2 Pound		733061

#### **Preparation Instructions**

Wash hands. Refer to our Standard Operation Procedures (SOP).

For topping: Combine flour, oats, brown sugar, spices (nutmeg, 2 Tbsp cinnamon, and salt) and margarine. Mix until crumby. Set aside.

For filling: Drain apples, save juice, and add enough water to juice to make 3 cups liquid. Set liquid aside. Place apples in two shallow steam table pans. Sprinkle 1 1/2 cups sugar, 1 1/2 tsp cinnamon over apples in each pan, stir. Pour 1 1/2 cups liquid over each pan of apples. Sprinkle apples with 5 cups of topping evenly. Bake at 350 degrees for 25 - 35 or until topping is browned and crisp in convection oven minutes. Cool, Cut 50 pieces per pan.

CCP: Keep cold at 41 degrees or lower.

Meal Components (SLE) Amount Per Serving		
Meat	0.00	
Grain	0.13	
Fruit	0.24	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	

Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 100.00 Serving Size: 0.50 Cup

<b>Amount Pe</b>	r Serving		
Calories		188.74	
Fat		7.55g	
SaturatedFa	at	2.96g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		99.10mg	
Carbohydra	ates	29.15g	
Fiber		1.18g	
Sugar		19.20g	
Protein		0.75g	
Vitamin A	480.00IU	Vitamin C	0.00mg
Calcium	6.19mg	Iron	0.27mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

#### **Broccoli**

Servings:	164.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-21475

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BROCCOLI CUTS IQF 30 GCHC	82 Cup	BAKE	285590

### **Preparation Instructions**

Wash Hands. Refer to our Standard Operating Procedures (SOP).

To steam broccoli, place it in a single layer in a 2 1/2 in deep steam table pan. Steam uncovered following manufacturer's directions for 10 to 20 minutes or until broccoli is tender.

0.00

0.00

CCP: Hot foods should be held at 145° or higher.

Meal Components (SLF)

Legumes Starch

Micai Component	3 (OLL)	
Amount Per Serving		
Meat	0.00	
Grain	0.00	
Fruit	0.00	
GreenVeg	0.50	
RedVeg	0.00	
OtherVeg	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 164.00 Serving Size: 0.50 Cup

Serving Size	. 0.30 Oup		
Amount Pe	r Serving		
Calories		16.67	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		10.00mg	
Carbohydra	ites	3.33g	
Fiber		2.00g	
Sugar		0.67g	
Protein		2.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	23.33mg	Iron	0.67mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

#### **Romaine Lettuce**

Servings:	428.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-21476

#### Ingredients

 Description
 Measurement
 Prep Instructions
 DistPart #

 LETTUCE BLND ICEBERG/ROMN 4-5 RSS
 40 Pound
 600504

### **Preparation Instructions**

Wash Hands. Refer to our Standard Operating Procedures (SOP).

Tear lettuce into bite sized pieces and wash and dry thoroughly.

May garnish with cucumbers and tomatoes.

Note: 1 cup of lettuce is equal to 1/2 cup serving.

Meai Components (SLL)	Meal	Components (	SLE)
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Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.29
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 428.00 Serving Size: 0.50 Cup

r Serving		
	7.48	
	0.00g	
at	0.00g	
	0.00g	
	0.00mg	
	4.98mg	
ites	1.50g	
	0.50g	
	0.50g	
	0.50g	
0.00IU	Vitamin C	0.00mg
10.97mg	Iron	0.50mg
	0.00IU	7.48 0.00g at 0.00g 0.00g 0.00mg 4.98mg 1.50g 0.50g 0.50g 0.50g 0.50g 0.50g Vitamin C

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

#### **Green Peas**

Servings:	136.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21477

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEAS GREEN IQF 30 KE	68 Cup		283760

#### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

To cook on stove top, add frozen vegetables to covered stockpot and add one qt. of water. Bring vegetables to a boil and reduce to a simmer for 12 - 14 minutes or until tender but firm.

To cook in steam-jacketed kettle, put vegetables in a 4" steam table pan and cover. Cook for 15 - 20 minutes.

Put vegetables on serving line. Toss lightly. Cook vegetables to 155 degrees and hold at 140 degrees or higher.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM

OF 155 DEGREES F. HELD FOR A MINIMUM OF 15 SECONDS.

CCP: HOT FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MINIMUM

0.50

INTERNAL TEMPERATURE OF 140 DEGREES F.

**Meal Components (SLE)** 

Starch

Amount Per Serving	`	
Meat		0.00
Grain		0.00
Fruit		0.00
GreenVeg		0.00
RedVeg		0.00
OtherVeg		0.50
Legumes		0.00

Nutrition Facts Servings Per Recipe: 136.00			
Serving Size	•	0.00	
Amount Per	Serving		
Calories		44.78	
Fat		0.00g	
SaturatedFa	nt	0.00g	
Trans Fat	Trans Fat 0.00g		
Cholesterol	Cholesterol 0.00mg		
Sodium 0.00mg			
Carbohydrates 8.96g			
Fiber	Fiber 2.99g		
Sugar		2.99g	
Protein	Protein 2.99g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.82mg
*All reporting of TransFat is for information only, and is not			

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Mixed Vegetables**

Servings:	120.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21478

#### Ingredients

 Description
 Measurement
 Prep Instructions
 DistPart #

 VEG MIXED 5-WAY 30 GCHC
 29 Pound
 285690

#### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

To cook on stove top, add frozen mixed vegetables to covered stockpot and add one qt. of water. Bring vegetables to a boil and reduce to a simmer for 12 - 14 minutes or until tender but firm.

To cook in steam-jacketed kettle, put vegetables in a 4" steam table pan and cover. Cook for 15 - 20 minutes.

Put vegetables on serving line and add margarine. Toss lightly. Cook vegetables to 155 degrees and hold at 140 degrees or higher.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM

OF 155 DEGREES F. HELD FOR A MINIMUM OF 15 SECONDS.

CCP: HOT FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MINIMUM INTERNAL TEMPERATURE OF 140 DEGREES F.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.50
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 120.00 Serving Size: 0.50 Cup

Amount Per	r Serving		
Calories		73.08	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		24.36mg	
Carbohydra	ites	14.62g	
Fiber		3.65g	
Sugar		4.87g	
Protein		2.44g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.73mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Mashed Potatoes w/ Chicken Gravy**

Servings:	85.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21479

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO PRLS XTRA RICH 6-3.56 BAMER	1 Carton		222585
GRAVY MIX CHIX 8-22.6Z TRIO	1 Package		290025

#### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Mix instant potatoes with boiling water according to directions on package. Put potatoes into a 4 " deep steam table pan and keep hot.

Add gravy mix to 1 gallon of boiling water and stir until thickened. Serve with a #8 scoop and top with 1 ounce of gravy.

CCP: Potatoes must have an internal temperature of a minimum of 155 degrees held for a minimum of 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature of 140 degrees.

<b>Meal Compone</b>	nts (SLE)
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Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	1.08

#### **Nutrition Facts**

Servings Per Recipe: 85.00 Serving Size: 0.50 Cup

Amount Per	r Serving		
Calories		98.34	
Fat		0.42g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		215.69mg	
Carbohydra	ites	20.65g	
Fiber		0.99g	
Sugar		0.00g	
Protein		1.97g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	9.86mg	Iron	0.20mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Celery Sticks w/ Peanut Butter**

Servings:	100.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-21480

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CELERY STALK CLEANED 10 RSS	14 Pound		478318
USDA Commodity Smooth Peanut Butter	12 1/2 Cup		100396

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Wash and cut celery into 1/2 inch by 4 inch sticks. Portion 6 celery sticks into 5.5 ounce souffle. Portion 2 tablespoons of peanut butter into 2 ounce souffle, serve together.

<b>Meal Compone</b>	nts (SLE)
Amount Per Serving	
Meat	1.0
<u> </u>	

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#### **Nutrition Facts**

Servings Per Recipe: 100.00 Serving Size: 0.50 Cup

Amount Pe	r Serving		
Calories		208.91	
Fat		16.10g	
SaturatedFa	at	3.05g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		210.80mg	
Carbohydra	ites	10.05g	
Fiber		3.02g	
Sugar		4.02g	
Protein		7.46g	
Vitamin A	285.10IU	Vitamin C	1.97mg
Calcium	25.40mg	Iron	0.13mg
Jaioiaiii	20. Tollig		o. romg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Tomato Soup**

Servings:	24.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21481

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SOUP TOMATO 12-5 HLTHYREQ	2 #5 CAN		488232
Tap Water for Recipes	1 #5 CAN	UNPREPARED	000001WTR

### **Preparation Instructions**

Wash hands. Refer to our standard operation procedures (SOP).

Stir soup in pan. Slowly stir in 1 can water. Heat to simmer, stirring occasionally.

Pour into 4" deep steam table pans and keep hot.

CCP: Hot food held for later service must maintain a minimum temperature of 140 degrees F.

#### **Meal Components (SLE)**

Amount Per Serving		
Meat	0.00	
Grain	0.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.50	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Serving Serving Size: 0.50 Cup

Serving Size	. 0.30 Cup				
Amount Per	Serving				
Calories		106.52			
Fat		1.18g	1.18g		
SaturatedFa	at	0.00g			
Trans Fat		0.00g			
Cholesterol		0.00mg			
Sodium		461.58mg	461.58mg		
Carbohydrates		21.30g			
Fiber		1.18g			
Sugar		11.84g			
Protein		2.37g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	0.00mg	Iron	0.43mg		

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

### California Blend

Servings:	120.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21482

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
VEG BLND CALIF 30 KE	15 Pound		283780

## **Preparation Instructions**

Wash hands, refer to our Standard Operating Porcedures (SOP).

Place frozen vegetables in a single layer in a steamer pan. Steam, using the manufacturer's directions for your steamer. When the vegetables are done keep them hot and serve.

CCP: Hot foods should be kept at 145° or hotter

<b>Meal Comp</b>	onents	(SLE)
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Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.50
Legumes	0.00
Starch	0.00
·	

#### **Nutrition Facts**

Servings Per Recipe: 120.00 Serving Size: 0.50 Cup

Serving Size	e: 0.50 Cup		
Amount Pe	r Serving		
Calories		17.50	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		21.00mg	
Carbohydra	ates	3.50g	
Fiber		1.40g	
Sugar		1.40g	
Protein		0.70g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	14.00mg	Iron	0.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

#### **Green Beans**

Servings:	136.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21483

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN GREEN CUT FNCY 4SV 6-10 GCHC	6 #10 CAN		118737

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Wash top of lid with clean, sanitized rag before opening. Drain off half of the liquid from the can. Pour green beans and remaining liquid into a stock pot or steam table pan. Heat long enough on stove top or steamer to bring to serving temperature. Do not allow to boil.

CCP: Hot foods should be kept at 145° or hotter.

Meal	Components	(SLE)
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Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.57
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 136.00 Serving Size: 0.50 Cup

Serving Size	. 0.30 Cup		
Amount Per	r Serving		
Calories		22.82	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		159.76mg	
Carbohydra	ites	4.56g	
Fiber		2.28g	
Sugar		2.28g	
Protein		1.14g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	34.24mg	Iron	0.46mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

#### **Steamed Corn**

Servings:	165.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21484

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CORN CUT IQF 30 GCHC	30 Pound		285620

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

To steam place 5# corn into 2" deep steam pan and cook following manufacturer's directions for 15-20 minutes. Serve with a 4 oz spoodle as soon after cooking as possible.

CCP: Hot vegetables should be cooked to 140° F held for 15 seconds.

Meal	Components	(SLE)
A mount	Por Sorving	

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.50

#### **Nutrition Facts**

Servings Per Recipe: 165.00 Serving Size: 0.50 Cup

Serving Size: 0.50 Cup			
Amount Per Serving			
Calories		16.67	
Fat		0.17g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		0.00mg	
Carbohydrates		3.50g	
Fiber		0.17g	
Sugar		0.83g	
Protein		0.50g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

#### **Chicken Breakfast Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-21485

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PTY HMSTYL 1.6Z 4-5 TYS	1 Each		645080
BISCUIT BTRMLK EZ SPLT120-2.25Z PILLS	1 Each		120851

#### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Heating instructions from frozen: Preheat convection oven to 350 degrees.

Place breakfast patties on sheet pan in single layer. Cook for 8-10 minutes

with internal temperature reaching 160 F for a minimum of 15 seconds.

CCP: Hot foods should be kept at 140°

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	1.00
Grain	2.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Serving Size. 1.00 Lacit			
Amount Pe	r Serving		
Calories		295.00	
Fat		12.50g	
SaturatedF	at	5.50g	
Trans Fat		0.00g	
Cholesterol		12.50mg	
Sodium		625.00mg	
Carbohydrates		35.00g	
Fiber		2.50g	
Sugar		3.00g	
Protein		12.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	241.00mg	Iron	2.70mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Buffalo Chicken Wrap**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Wrap	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21517

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX TNDR HOT & SPCY WG FC 1.13Z 4-8	3 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	281731
CHEESE AMER 160CT SLCD 6-5 COMM	1 Slice		150260
LETTUCE ROMAINE RIBBONS 6-2 RSS	1 Cup		451730
TORTILLA FLOUR 10 ULTRGR 12- 12CT	1 Each	STEAM PREPARATIONAmbient: Ready to use. Refrigerated: BRING TO ROOM TEMPERATURE. Remove from case and let standin bag 4 - 6 hours at room temperature. HEATINGSTEAM CABINET: Place in steam cabinet. Stack no more than 3 dozen high. Heatto 160°F. Do not hold for more than 2 hours. GRILL: Heat grill to 400°F. Heat tortillas on each side for 10 - 15 seconds. MICROWAVE: Stack no more than 6 tortillas and heat 45 - 60 seconds on high(microwaves vary for power setting and time). STAGINGStore in steam cabinet or bun warmer until ready to use (maximum 1 hour toprevent drying).	690141
SAUCE BOOM BOOM 4-1GAL KENS	1 Tablespoon		877930

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Place tortilla wrap on sheet pan. Spread 1 T of Boom Boom Sauce on the tortilla,

Cut 1 slice of American cheese in half and place on tortilla, add 3 pieces of

chicken tenders and add 1 cup of romaine ribbons. Roll up the wrap and cut

diagonally in half. Place in sandwich container. Keep refrigerated until serving.

CCP: Cold foods should be kept at 41 degrees. Food kept at room temp for service for 4 hours should be thrown away.

# Meal Components (SLE) Amount Per Serving

Amount of Serving		
Meat	2.50	
Grain	3.00	
Fruit	0.00	
GreenVeg	0.50	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Wrap

Amount Pe	r Serving		
Calories		580.00	
Fat		32.00g	
SaturatedFa	at	6.75g	
Trans Fat		0.00g	
Cholestero		45.00mg	
Sodium		960.00mg	
Carbohydrates		50.00g	
Fiber		7.00g	
Sugar		5.50g	
Protein		24.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	256.50mg	Iron	4.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Chicken Wrap**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Wrap	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21518

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX TNDR BRD WGRAIN 1.41Z 4- 7.7	3 Piece		533830
CHEESE AMER 160CT SLCD 6-5 COMM	1 Slice		150260
LETTUCE ROMAINE RIBBONS 6-2 RSS	1 Cup		451730
TORTILLA FLOUR 10 ULTRGR 12- 12CT	1 Each	STEAM PREPARATIONAmbient: Ready to use. Refrigerated: BRING TO ROOM TEMPERATURE. Remove from case and let standin bag 4 - 6 hours at room temperature. HEATINGSTEAM CABINET: Place in steam cabinet. Stack no more than 3 dozen high. Heatto 160°F. Do not hold for more than 2 hours. GRILL: Heat grill to 400°F. Heat tortillas on each side for 10 - 15 seconds. MICROWAVE: Stack no more than 6 tortillas and heat 45 - 60 seconds on high(microwaves vary for power setting and time). STAGINGStore in steam cabinet or bun warmer until ready to use (maximum 1 hour toprevent drying).	690141
DRESSING RNCH LT 4-1GAL BRTHARB	1 Tablespoon		222970

#### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Place tortilla wrap on sheet pan. Spread 1 T of Ranch Dressing on the tortilla, cut 1 slice of American cheese in half and place on tortilla, add 3 pieces of chicken tenders and add 1 cup of romaine ribbons. Roll up the wrap and cut diagonally in half. Place in sandwich container. Keep refrigerated until serving.

CCP: Cold foods should be kept at 41 degrees. Food kept at room temp for service for 4 hours should be thrown away.

#### **Meal Components (SLE)**

Amount Per Serving

N	leat	2.50

Grain	3.00
Fruit	0.00
GreenVeg	0.50
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Wrap

Amount Pe	r Serving		
Calories		530.00	
Fat		24.00g	
SaturatedF	at	5.75g	
Trans Fat		0.00g	
Cholestero	I	60.00mg	
Sodium		920.00mg	
Carbohydra	ates	48.00g	
Fiber		5.50g	
Sugar		8.00g	
Protein		28.50g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	222.00mg	Iron	3.50mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

### **PBJ & Cheese Stick**

Servings:	2.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-21519

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND PB&J STRAWB WGRAIN 72-2.8Z	1 Each	READY_TO_EAT Ready to Eat: Best if thawed in refrigerator overnight priorto eating. Welch's PB&J Jamwich is best when served within 24 hours of thawing.	282231
SAND PB&J GRP WGRAIN 72-2.8Z JAMWICH	1 Each	READY_TO_EAT Ready to Eat: Best if thawed in refrigerator overnight priorto eating. Welch's PB&J Jamwich is best when served within 24 hours of thawing.	194471
CHEESE STRING MOZZ IW 168-1Z LOL	2 Each		786580
CRACKER GLDFSH CHED WGRAIN 30075Z	2 Package		736280

## **Preparation Instructions**

No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	Ť
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 2.00 Serving Size: 1.00 Each

Amount Pe	r Serving		
Calories		480.00	
Fat		25.50g	
SaturatedF	at	6.75g	
Trans Fat		0.00g	
Cholestero	l	20.00mg	
Sodium		675.00mg	
Carbohydra	ates	50.00g	
Fiber		4.00g	
Sugar		13.00g	
Protein		18.00g	
Vitamin A	0.00IU	Vitamin C	1.80mg
Calcium	268.00mg	Iron	1.96mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Turkey Tortilla Wrap**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Wrap	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21520

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY, DELI BREAST, SLICED	2 1/7 Ounce	READY_TO_EAT	110554
CHEESE AMER 160CT SLCD 6-5 COMM	1 Slice		150260
LETTUCE ROMAINE RIBBONS 6-2 RSS	1 Cup		451730
TORTILLA FLOUR 10 ULTRGR 12- 12CT	1 Each	STEAM PREPARATIONAmbient: Ready to use. Refrigerated: BRING TO ROOM TEMPERATURE. Remove from case and let standin bag 4 - 6 hours at room temperature. HEATINGSTEAM CABINET: Place in steam cabinet. Stack no more than 3 dozen high. Heatto 160°F. Do not hold for more than 2 hours. GRILL: Heat grill to 400°F. Heat tortillas on each side for 10 - 15 seconds. MICROWAVE: Stack no more than 6 tortillas and heat 45 - 60 seconds on high(microwaves vary for power setting and time). STAGINGStore in steam cabinet or bun warmer until ready to use (maximum 1 hour toprevent drying).	690141
DRESSING RNCH LT 4-1GAL BRTHARB	2 Tablespoon		222970

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Place tortilla wrap on sheet pan. Spread 2T of Lite Ranch Dressing on the tortilla, cut 1 slice of American cheese in half and place on tortilla, add shredded turkey and add 1 cup of romaine ribbons. Roll up the wrap and cut diagonally in half. Place in sandwich container. Keep refrigerated until serving.

CCP: Cold foods should be kept at 41 degrees. Food kept at room temp for service for 4 hours should be thrown away.

Meal Components (SLE)  Amount Per Serving			
Meat	2.00		
<b>Grain</b> 2.00			
Fruit	0.00		

GreenVeg	0.50
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Wrap

<b>Amount Pe</b>	r Serving		
Calories		464.30	
Fat		18.01g	
SaturatedF	at	4.00g	
Trans Fat		0.00g	
Cholestero	I	71.63mg	
Sodium		1228.50mg	
Carbohydra	ates	43.01g	
Fiber		4.00g	
Sugar		6.50g	
Protein		33.06g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	226.50mg	Iron	2.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Ham Tortilla Wrap**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Wrap	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21521

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
HAM, 97% FAT FREE, COOKED, WATER-ADDED, SLICED	1 5/6 Ounce		100187
CHEESE AMER 160CT SLCD 6-5 COMM	1 Slice		150260
LETTUCE ROMAINE RIBBONS 6-2 RSS	1 Cup		451730
TORTILLA FLOUR 10 ULTRGR 12- 12CT	1 Each	STEAM PREPARATIONAmbient: Ready to use. Refrigerated: BRING TO ROOM TEMPERATURE. Remove from case and let standin bag 4 - 6 hours at room temperature. HEATINGSTEAM CABINET: Place in steam cabinet. Stack no more than 3 dozen high. Heatto 160°F. Do not hold for more than 2 hours. GRILL: Heat grill to 400°F. Heat tortillas on each side for 10 - 15 seconds. MICROWAVE: Stack no more than 6 tortillas and heat 45 - 60 seconds on high(microwaves vary for power setting and time). STAGINGStore in steam cabinet or bun warmer until ready to use (maximum 1 hour toprevent drying).	690141
DRESSING RNCH LT 4-1GAL BRTHARB	2 Tablespoon		222970

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Place tortilla wrap on sheet pan. Spread 2T of Lite Ranch Dressing on the tortilla, cut 1 slice of American cheese in half and place on tortilla, add shredded ham and add 1 cup of romaine ribbons. Roll up the wrap and cut diagonally in half. Place in sandwich container. Keep refrigerated until serving.

CCP: Cold foods should be kept at 41 degrees. Food kept at room temp for service for 4 hours should be thrown away.

Meal Components (SLE) Amount Per Serving				
Meat	2.00			
Grain	2.00			

Fruit	0.00	
GreenVeg	0.50	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Wrap

<b>Amount Pe</b>	r Serving				
Calories		390.50			
Fat		18.00g			
SaturatedF	at	5.50g			
Trans Fat		0.00g			
Cholestero	I	44.50mg			
Sodium		933.00mg			
Carbohydra	ates	43.00g	43.00g		
Fiber		4.00g			
Sugar		8.00g			
Protein		16.50g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	226.50mg	Iron	2.00mg		

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Lunchmeat Sub**

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21522

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEAT COMBO PK SLCD 12-1 JENNO	400 Slice		236012
Hot Dog Buns - White Wheat	100 Each	READY_TO_EAT	53460
CHEESE AMER 160CT SLCD 6-5 COMM	100 Slice		150260

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Place hot dog buns on sheet pan. Cut 1/2 ounce slices of cheese in half diagonally, and alternate meat and cheese, (4 slices of meat and 2 pieces of cheese) on bun. Cover sandwiches or wrap individually and keep refrigerated until serving.

Serve with mayonnaise, mustard, pickles, and shredded lettuce.

CCP: Cold foods should be kept at 41° F. Food kept at room temperature for serving for 4 hours should be thrown away.

Meal	<b>Components</b>	(SLE)
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Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 100.00 Serving Size: 1.00 Sandwich

Amount Pe	r Serving		
Calories		299.53	
Fat		13.22g	
SaturatedF	at	4.23g	
Trans Fat		0.00g	
Cholestero	I	55.37mg	
Sodium		951.41mg	
Carbohydra	ates	29.69g	
Fiber		2.50g	
Sugar		3.50g	
Protein		17.30g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	169.13mg	Iron	2.16mg
Calcium	103.131119	11 011	2.101119

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **BBQ Pork Sandwich**

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21523

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK SHRDD BBQ 6-5 JTM	25 Pound		366320
Bun White Wheat 4"	100 Each	READY_TO_EAT	51022

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Prepare BBQ Pork according to package directions. Stack buns in a 4 inch steam table pan. Tightly cover pan with foil or a lid. Heat in a warmer or in a 300 degree oven for 10 minutes. Weigh 4 ounces of BBQ pork to determine appropriate scoop size for serving.

For best results assemble sandwiches on serving line.

CCP: Hot foods must reach 155° for a minimum of 15 seconds.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 100.00 Serving Size: 1.00 Sandwich

Amount Pe	r Serving		
Calories		348.00	
Fat		8.20g	
SaturatedFa	at	2.10g	
Trans Fat		0.04g	
Cholestero		44.00mg	
Sodium		489.90mg	
Carbohydrates		44.00g	
Fiber		4.40g	
Sugar		19.00g	
Protein		22.80g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	30.00mg	Iron	0.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Turkey and Cheese Sandwich**

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21525

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE AMER 160CT SLCD 6-5 COMM	100 Slice		150260
TURKEY, DELI BREAST, SLICED	12 1/2 Pound	READY_TO_EAT	110554
White Wheat Hamburger Bun	100 Each	READY_TO_EAT	51022

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Assemble sandwiches by placing 2 ounces of turkey and 1 slice of cheese on each bun. Serve immediately or cover and place in refrigerator until serving time.

CCP: Cold foods must be chilled to 41°. Total time of food at room temperature must NOT exceed 4 hours.

### Meal Components (SLE)

Amount Per Serving	
Meat	1.75
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 100.00 Serving Size: 1.00 Each

r Serving		
	255.19	
	8.40g	
at	3.00g	
	0.00g	
	37.70mg	
	774.55mg	
ates	28.40g	
	2.00g	
	3.50g	
	20.20g	
0.00IU	Vitamin C	0.00mg
147.50mg	Iron	1.00mg
	at I ates	255.19 8.40g at 3.00g 0.00g I 37.70mg 774.55mg ates 28.40g 2.00g 3.50g 20.20g 0.00IU Vitamin C

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## Ham and Cheese Sandwich

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21526

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
HAM, 97% FAT FREE, COOKED, WATER- ADDED, SLICED	225 Ounce		100187
CHEESE AMER 160CT SLCD 6-5 COMM	100 Slice		150260
White Wheat Hamburger Bun	100 Each	READY_TO_EAT	51022

## **Preparation Instructions**

Meal Components (SLF)

Starch

Wash hands. Refer to our Standard Operating Procedures (SOP).

Shave ham in wafer thin slices. Weigh 2 1/4 ounces of ham to determine size of individual serving. Place 24 bottom portions of buns on bun pan, 4 across and 6 down. Portion 2 1/4 ounces of shaved ham and 1/2 ounce of sliced cheese on bun. Place top on sandwich. Cover pan tightly with plastic wrap and place in refrigerator until serving time. For hot ham and cheese follow above directions and set in oven until hot and cheese is melted. Serve immediately.

CCP: Cold foods should be kept at 41° or colder. Hot foods should be kept at 140° or warmer.

0.00

moai oompono	
Amount Per Serving	
Meat	2.50
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

<b>Nutrition Facts</b>					
Servings Per R	Servings Per Recipe: 100.00				
Serving Size: 1	.00 Sandwic	h			
Amount Per S	erving				
Calories		263.24			
Fat		10.69g			
SaturatedFat		4.84g			
Trans Fat		0.00g			
Cholesterol		45.70mg			
<b>Sodium</b> 902.87mg					
Carbohydrates	S	30.69g			
Fiber		2.00g			
Sugar		5.34g			
Protein		18.22g			
Vitamin A 0.	.00IU	Vitamin C	0.00mg		
Calcium 14	47.50mg	Iron	1.00mg		
*All reporting of TransFat is for information only, and is not					

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Grilled Cheese Sandwich**

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Sandwich	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21532

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
School White Wheat Sandwich Bread	200 Slice		12385
CHEESE AMER 160CT SLCD 6-5 COMM	400 Slice		150260
MARGARINE SLD 30-1 GCHC	1/2 Pound		733061

### **Preparation Instructions**

Wash hands. Refer to our Standard Operation Procedures (SOP).

Brush melted butter on a large bun pan. Place 24 slices of bread on each pan and top with 2 oz. of cheese (4 slices). Cover with another piece of bread. Brush tops of sandwiches with melted butter and bake until lightly browned:

Conventional oven: 400 ° F for 15 - 20 minutes. Convection oven: 350 ° F for 10 - 15 minutes.

DO NOT OVER BAKE Serve immediately.

CCP: Hot foods should held at 140° or higher.

### **Meal Components (SLE)**

Amount Per Serving		
Meat	2.00	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 100.00

Serving Size: 1.00 Sandwich **Amount Per Serving Calories** 374.76 Fat 21.74g **SaturatedFat** 11.06g **Trans Fat** 0.00g Cholesterol 50.00mg Sodium 1224.90mg Carbohydrates 29.40g **Fiber** 2.36g Sugar 5.00g **Protein** 16.78g Vitamin A 120.02IU Vitamin C 0.00mg

Calcium 365.18mg Iron 1.34mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Homemade Peanut Butter and Jelly Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21533

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
USDA Commodity Smooth Peanut Butter	4 TBSP.		100396
JELLY APPLE-GRAPE 6-10 GCHC	1 Tablespoon		100927
School White Wheat Sandwich Bread	2 Slice		12385

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Wash the top of the peanut butter and jelly cans with clean sanitized towels before opening cans. Spread peanut butter on one piece of bread and jelly on the other. Put sandwich together and wrap with plastic wrap until serving.

### Meal Components (SLE)

Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Sandwich

<b>Amount Pe</b>	r Serving		
Calories		588.76	
Fat		33.98g	
SaturatedFa	at	6.34g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		637.30mg	
Carbohydra	ates	54.40g	
Fiber		6.36g	
Sugar		20.00g	
Protein		18.78g	
Vitamin A	0.02IU	Vitamin C	0.00mg
Calcium	39.18mg	Iron	1.34mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## Cheeseburger on bun

Servings:	200.00	Category:	Entree
Serving Size:	1.00 Each	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21534

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF PTY CKD 2.5Z 6-5 COMM	200 Each		785850
CHEESE AMER 160CT SLCD 6-5 COMM	200 Slice		150260
White Wheat Hamburger Bun	200 Each	READY_TO_EAT	51022

### **Preparation Instructions**

Wash hands, refer to our Standard Operating Procedures (SOP).

On large bun pan with liner, place patty flat and cook in convection oven approx. 10-12 min, or until temp. probe inserted reaches 165 degrees. Place cooked patty on hamburger bun and top with one slice of cheese. Place assembled sandwich on bun pan and cover with saran wrap. Serve hot.

Ketchup, mustard, and pickles should be offered as condiments with sandwich.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 155 DEGREES F. HELD FOR A MINIMUM OF 15 SECONDS

CCP: HOT FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MINIMUM INTERNAL TEMPERATURE OF 140 DEGREES F.

### Meal Components (SLE)

Amount Per Serving	
Meat	2.50
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 200.00 Serving Size: 1.00 Each

<b>Amount Pe</b>	r Serving		
Calories		343.00	
Fat		17.00g	
SaturatedF	at	6.60g	
<b>Trans Fat</b>		0.60g	
Cholestero	I	51.50mg	
Sodium		744.00mg	
Carbohydra	ates	29.00g	
Fiber		3.00g	
Sugar		3.50g	
Protein		23.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	180.50mg	Iron	3.00mg
	-		-

<sup>\*</sup>All reporting of TransFat is for information only, and is not

used for evaluation purposes

## Hamburger on Bun

Servings:	200.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21535

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF PTY CKD 2.5Z 6-5 COMM	200 Each		785850
White Wheat Hamburger Bun	200 Each	READY_TO_EAT	51022

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Place frozen beef patties flat on a sheet pan lined with parchment paper. DO NOT overlap or stack patties. Place sheet pan in a 350 degrees preheated oven and set timer for 7-9 minutes. When timer sounds, check for internal temperature of 160 degrees or higher. Remove from oven.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 200.00 Serving Size: 1.00 Each

Serving Size	7. 1.00 Lacii		
<b>Amount Pe</b>	r Serving		
Calories		288.00	
Fat		12.50g	
SaturatedFa	at	4.10g	
Trans Fat		0.60g	
Cholestero		39.00mg	
Sodium		519.00mg	
Carbohydra	ates	28.00g	
Fiber		3.00g	
Sugar		3.00g	
Protein		20.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	99.00mg	Iron	3.00mg
		•	

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Chicken Patty on Bun**

Servings:	156.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21536

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PTY BRD WGRAIN FC 4Z 4-5.25 TYS	156 Each		641402
White Wheat Hamburger Bun	156 Each		51022

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

On large bun pan with liner, place chicken patties flat and cook in convection oven approx. 13-17 min at 350 degrees. Place cooked patty in 4" steam table and keep hot. Put the hamburger buns in 4" steam table pan and warm.

CCP: Final internal cooking temperature must reach a minimum of 165°F held for held for 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature f 140 degrees Fo.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.00
Grain	3.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 156.00 Serving Size: 1.00 Sandwich

<b>Amount Pe</b>	r Serving		
Calories		410.00	
Fat		18.50g	
SaturatedFa	at	4.50g	
Trans Fat		0.00g	
Cholestero		65.00mg	
Sodium		760.00mg	
Carbohydra	ates	38.00g	
Fiber		3.00g	
Sugar		3.00g	
Protein		24.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	76.00mg	Iron	3.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Hot Dog on Bun**

Servings:	160.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21537

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRANKS BEEF 8/ 2-5 GFS	160 Each	BAKE	265039
Hot Dog Buns - White Wheat	160 Each	READY_TO_EAT	53460

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Heat hot dogs to an internal temperature of 165 degrees. Place hot dogs in 2" steam table pan and keep hot. Put hot dog buns in 4" steam table pan and warm.

Note: Ketchup, mustard, and relish should be offered as condiments with hot dog.

CCP: FINAL INTERNAL TEMPERATURE MUST REACH A MINIMUM OF 155 DEGREES F. HELD FOR A MINIMUM OF 15 SECONDS.

CCP: HOT FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MINIMUM INTERNAL TEMPERATURE OF 140 DEGREES F.

## Meal Components (SLE)

Amount Per Serving		
Meat	2.00	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 160.00 Serving Size: 1.00 Each

Amount Per Serving			
Calories		320.00	
Fat		18.50g	
SaturatedFa	at	6.00g	
Trans Fat		0.50g	
Cholestero		35.00mg	
Sodium		770.00mg	
Carbohydra	ites	29.00g	
Fiber		2.50g	
Sugar		3.00g	
Protein		12.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	59.64mg	Iron	2.18mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Sloppy Joe on Bun**

Servings:	132.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21539

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SLOPPY JOE REDUCED FAT 6-5 COMM	30 Pound		564790
Bun White Wheat 4"	132 Each	READY_TO_EAT	51022

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Place sealed bag in a steamer or in boiling water. Heat approximately 30-45 minutes or until product reaches serving temperature. Place cooked meat in 4" steam table and keep hot. Put the hamburger buns in 4" steam table pan and warm. Each sandwich should get 3.63 oz by weight of sloppy joe meat.

CCP: Final internal cooking temperature must reach a minimum of 165 degrees Fo held for held for 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature of 140 degrees Fo.

#### **Meal Components (SLE)**

Amount Per Serving		
Meat	2.00	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.13	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 132.00 Serving Size: 1.00 Sandwich

Amount Pe	r Serving		
Calories		295.35	
Fat		7.81g	
SaturatedFa	at	2.20g	
Trans Fat		0.00g	
Cholestero		44.08mg	
Sodium		919.97mg	
Carbohydra	ates	36.02g	
Fiber		3.80g	
Sugar		11.01g	
Protein		19.32g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	30.05mg	Iron	1.80mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Toast**

Servings:	24.00	Category:	Grain
Serving Size:	1.00 Slice	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-21540

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
School White Wheat Sandwich Bread	24 Slice	READY_TO_EAT	12385
MARGARINE SLD 30-1 GCHC	1 Cup		733061

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Toast bread and lightly spread softened or melted margarine on it.

## Meal Components (SLE)

Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
	-

#### **Nutrition Facts**

Servings Per Recipe: 24.00 Serving Size: 1.00 Slice

<b>Amount Pe</b>	r Serving		
Calories		136.05	
Fat		8.32g	
SaturatedFa	at	3.17g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		226.98mg	
Carbohydra	ates	12.70g	
Fiber		1.18g	
Sugar		1.50g	
Protein		2.39g	
Vitamin A	500.01IU	Vitamin C	0.00mg
Calcium	19.59mg	Iron	0.67mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Assorted Cereal**

Servings:	10.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-21541

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CEREAL CHEERIOS WGRAIN BWL 96CT GENM	1 Each	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	264702
CEREAL COCOA PUFFS WGRAIN R/S 96CT	1 Each	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	270401
CEREAL CINN TOAST R/S BWL 96CT GENM	1 Each	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	365790
CEREAL GLDN GRAHAMS BWL 96CT GENM	1 Each	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	509434
CEREAL CHEERIOS HNYNUT BWL 96CT GENM	1 Each	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	509396
CEREAL LUCKY CHARMS WGRAIN BWL 96CT	1 Package	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	265811
CEREAL TRIX R/S WGRAIN BWL 96CT GENM	1 Package	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	265782
CEREAL CHEERIOS FRTY WGRAIN BWL 96CT	1 Package	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	265803
CEREAL FRSTD FLKS CHOC WGRAIN 96CT	1 Each		618902
CEREAL FRSTD FLKS BWL 96CT KELL	1 Each		233021

## **Preparation Instructions**

No Preparation Instructions available.

Meal Componer  Amount Per Serving	its (SLE)
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

### **Nutrition Facts**

Servings Per Recipe: 10.00 Serving Size: 1.00 Each

Amount Per	Serving		
Calories		109.12	
Fat		1.30g	
SaturatedFa	at	0.08g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		154.92mg	
Carbohydrates		23.60g	
Fiber		1.88g	
Sugar		7.50g	
Protein		1.96g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	79.52mg	Iron	3.39mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## Sausage, Egg, & Cheese Biscuit

Servings:	24.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-21547

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG SCRMBD PTY RND 3.25 200-1Z GCHC	24 Each		462519
SAUSAGE PTY STHRN 1.33Z 6-5# COMM	24 Each		785880
BISCUIT BTRMLK EZ SPLT120-2.25Z PILLS	24 Each	BAKE Standard Prep: Place white bakeable tray of biscuits onto sheet pan. Heating time 7-9 minutes for full sheet pan in 325 degrees F convection oven. See package for complete heating instructions.	120851
CHEESE AMER 160CT SLCD 6-5 COMM	24 Slice		150260

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Place 24 egg patties on 1/2 sheet pan and heat in 350° oven until heated to 155° for 15 seconds. Place sausage patties on 1/2 sheet pan and heat the same as the eggs. Slice thawed biscuits in half put egg patty on bottom half top with sausage and cheese. Put on top half of biscuit, cover pan with foil and heat until cheese is melted and sandwich is heated through. Serve immediately.

CCP: Hot foods should be kept at 140°

Meal	Co	mp	onents	(SLE)

Amount Per Serving	
Meat	2.25
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
'	

## Nutrition Facts Servings Per Recipe: 24 00

Serving Size: 1.00 Sar	
<b>Amount Per Serving</b>	
Calories	421.00
Fat	26.00g
SaturatedFat	11.70g
Trans Fat	0.00g
Cholesterol	113.50mg
Sodium	897.00mg
Carbohydrates	32.00g
Fiber	1.00g
Sugar	3.50g

Protein		17.00g	
Vitamin A	56.00IU	Vitamin C	0.00mg
Calcium	332.50mg	Iron	1.70mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Biscuit and Gravy**

Servings:	20.00	Category:	Entree
Serving Size:	4.00 Fluid Ounce	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-21548

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BISCUIT BTRMLK EZ SPLT120-2.25Z PILLS	20 Each	BAKE Standard Prep: Place white bakeable tray of biscuits onto sheet pan. Heating time 7-9 minutes for full sheet pan in 325 degrees F convection oven. See package for complete heating instructions.	120851
GRAVY SAUSAGE FZ ORIG 10-2 BOBEV	5 Pound		511773

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

On large sheet pan place 20 frozen biscuits. Bake following package directions. Stir in 5# bag of the thawed sausage gravy and heat to 165°. Serve 4 ounces of the gravy over the biscuits.

Meal	<b>Components</b>	(SLE)
------	-------------------	-------

Amount Per Serving		
Meat	0.00	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 20.00 Serving Size: 4.00 Fluid Ounce

Amount Pe	r Serving		
Calories		341.74	
Fat		18.63g	
SaturatedF	at	8.49g	
Trans Fat		0.00g	
Cholestero	I	17.72mg	
Sodium		932.68mg	
Carbohydra	ates	36.97g	
Fiber		1.00g	
Sugar		3.00g	
Protein		9.43g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	237.72mg	Iron	2.02mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Yogurt Smoothie**

Servings:	16.00	Category:	Entree
Serving Size:	8.00 Fluid Ounce	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-21549

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR 6-4 YOPL	4 Pound	READY_TO_EAT Ready to use with pouch & serving tip.	811500
JUICE ORNG 100 70-4FLZ SNCUP	8 Each		207980
Applesauce cnd	4 Cup		110541comm

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Stir yogurt and orange juice together in a 8 qt food storage container until well blended. Add applesauce, 2 cups at a time, stirring until smooth. Verify that the finished smoothie mixture yields 4 quarts (16 cups). This ensures that each serving will contain 1/2 cup fruit. If necessary add applesauce to meet 16 cup total yield. Serve chilled. Refrigerate if not serving immediately. Smoothies may also be refrigerated overnight.

CCP: Cold foods must be kept at 41°

## Meal Components (SLE)

Amount Per Serving	
Meat	1.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 16.00 Serving Size: 8.00 Fluid Ounce

Amount Pe	r Serving		
Calories		155.04	
Fat		0.66g	
SaturatedF	at	0.33g	
Trans Fat		0.00g	
Cholestero	l	0.00mg	
Sodium		54.09mg	
Carbohydra	ates	34.07g	
Fiber		0.50g	
Sugar		26.10g	
Protein		3.32g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	119.45mg	Iron	0.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Assorted 2 ct. Pop-Tart**

Servings:	4.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-21550

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTRY POP-TART WGRAIN CINN 72-2CT	1 Package		123081
PASTRY POP-TART WGRAIN STRAWB 72- 2CT	1 Package		123031
PASTRY POP-TART WGRAIN FUDG 72-2CT	1 Package		452082
PASTRY POP-TART WGRAIN BLUEB 72- 2CT	1 Package		865101

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Ready to eat. Can be served as is.

To heat: Microwave: place pastry on microwave safe plate, warm for 3 seconds

Toaster: remove pastry from pouch, warm pastry in toasting appliance

for one heating cycle and cool briefly before handling.

Cinnamon-2.75

Strawberry-2.25

Fudge-2.5

Blueberry- 2.25 Grain

Meal Components (SLE) Amount Per Serving		
Meat	0.00	
Grain	2.25	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg 0.00		
Legumes	0.00	
Starch	0.00	

Nutrition Facts Servings Per Recipe: 4.00 Serving Size: 1.00 Each	
Amount Per Serving	
Calories	364.50
Fat	5.75g
SaturatedFat	1.90g
Trans Fat	0.05g
Cholesterol	0.00mg
Sodium	379.50mg
Carbohydrates	76.00g
Fiber	5.70g
Sugar	30.25g

Protein		4.58g	
Vitamin A	305.00IU	Vitamin C	0.00mg
Calcium	215.00mg	Iron	3.60mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Assorted Pop-Tart**

Servings:	4.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-21551

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTRY POP-TART WGRAIN FUDG 120-1CT	1 Each		452062
PASTRY POP-TART WGRAIN STRAWB 120- 1CT	1 Piece		695890
PASTRY POP-TART WGRAIN CINN 120-1CT	1 Piece		695880
PASTRY POP-TART WGRAIN BLUEB 120- 1CT	1 Each		865131

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Ready to eat. Can be served as is.

To heat: Microwave: place pastry on microwave safe plate, warm for 3 seconds

Toaster: remove pastry from pouch, warm pastry in toasting appliance

for one heating cycle and cool briefly before handling.

Cinnamon-1.25

Strawberry-1.0

Fudge-1.25

Blueberry- 1.0 Grain

Meal	Components	(SLE)
Amount	Per Serving	

Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 4.00 Serving Size: 1.00 Each

Serving Size. 1.00 Laci	ll en
<b>Amount Per Serving</b>	
Calories	185.00
Fat	2.75g
SaturatedFat	1.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	192.50mg
Carbohydrates	38.00g
Fiber	3.00g
Sugar	15.25g

Protein		2.25g	
Vitamin A	500.00IU	Vitamin C	0.00mg
Calcium	107.50mg	Iron	1.80mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## Chef Salad w/ Ham

Servings:	1.00	Category:	Entree
Serving Size:	1.00 salad	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21555

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE BLND ICEBERG/ROMN 4-5 RSS	1 Cup		600504
Cheese, Cheddar Reduced fat, Shredded	1/2 Ounce		100012
CARROT SHRD MED 2-5 RSS	1/8 Cup		313408
CUCUMBER SELECT 6CT MRKN	1/4 Cup		592323
TOMATO GRAPE SWT 10 MRKN	1/8 Cup		129631
Ham, Cubed Frozen	1 5/6 Ounce		100188-H
FLATBREAD WGRAIN 6 2.2Z 16- 12CT RICH	1 Each	READY_TO_EAT  1. Keep product frozen at 0°F or below until ready to use 2. Defrost and store thawed flatbread at room temperature Notes: . To prevent drying, flatbread must be completely covered with plastic when stored in the freezer, refrigerator or at room temperature . Thawing in refrigerator or near sources of heat causes moisture loss . Thawed flatbread may be held at ambient temperature up to five (5) days 3. Warm flatbreads prior to folding for easier handling Note: Cold, dry or toasted flatbread will crack when folded 4. To properly fold roll flatbread, locate the grill marks which represent the ?grain?. Fold roll the flatbread against the grain 5 For sandwich applications with a more authentic artisan appearance, expose the oven fired bubbles when folding the flatbread around ingredients	644182

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Wash and cut or dice all vegetables. Put lettuce on tray or bowl, top with diced meat and grated cheese CCP: Cold foods should be kept at 41° or colder. Food kept at room temperature for serving must be thrown away after 4 hours.

S (SLE)
2.00
2.00
0.00
0.25
0.25
0.50
0.00
0.00

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 salad

Amount Per Serving		
Calories	294.25	
Fat	9.58g	
SaturatedFat	4.41g	
Trans Fat	0.06g	
Cholesterol	37.00mg	
Sodium	784.14mg	
Carbohydrates	35.51g	
Fiber	3.93g	
Sugar	5.37g	
Protein	17.90g	
<b>Vitamin A</b> 1298.87IU	Vitamin C	3.97mg
Calcium 46.46mg	Iron	2.34mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Chef Salad w/ Turkey**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 salad	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21556

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE BLND ICEBERG/ROMN 4-5 RSS	1 Cup		600504
Cheese, Cheddar Reduced fat, Shredded	1/2 Ounce		100012
CARROT SHRD MED 2- 5 RSS	1/8 Cup		313408
CUCUMBER SELECT 6CT MRKN	1/4 Cup		592323
TOMATO GRAPE SWT 10 MRKN	1/8 Cup		129631
Frozen, Ready to cook Grade A turkey roast from breast, thigh meat & skin.	2 2/7 Ounce	2.28 oz. raw turkey= 1.5 oz. cooked turkey	100125
FLATBREAD WGRAIN 6 2.2Z 16-12CT RICH	1 Each	READY_TO_EAT  1. Keep product frozen at 0°F or below until ready to use 2. Defrost and store thawed flatbread at room temperature Notes: . To prevent drying, flatbread must be completely covered with plastic when stored in the freezer, refrigerator or at room temperature . Thawing in refrigerator or near sources of heat causes moisture loss . Thawed flatbread may be held at ambient temperature up to five (5) days 3. Warm flatbreads prior to folding for easier handling Note: Cold, dry or toasted flatbread will crack when folded 4. To properly fold roll flatbread, locate the grill marks which represent the ?grain?. Fold roll the flatbread against the grain 5 For sandwich applications with a more authentic artisan appearance, expose the oven fired bubbles when folding the flatbread around ingredients	644182

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Wash and cut or dice all vegetables. Put lettuce on tray or bowl, top with diced meat and grated cheese CCP: Cold foods should be kept at 41° or colder. Food kept at room temperature for serving must be thrown away after 4 hours.

# Meal Components (SLE) Amount Per Serving

Amount of Serving		
Meat	2.00	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.25	
RedVeg	0.25	
OtherVeg	0.50	
Legumes	0.00	
Starch	0.00	

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 salad

Amount Per Serv	ving		
Calories	36	8.71	
Fat	14	.92g	
SaturatedFat	5.1	9g	
Trans Fat	0.0	)6g	
Cholesterol	62	.44mg	
Sodium	43	6.14mg	
Carbohydrates	32	.51g	
Fiber	3.9	)3g	
Sugar	3.8	37g	
Protein	28	.64g	
Vitamin A 1298	3.87IU <b>Vit</b>	amin C	3.97mg
Calcium 46.4	6mg <b>Iro</b>	n 2	2.34mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Nacho Supreme**

Servings:	42.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21557

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	8 1/3 Pound		722330
Salsa, Low-Sodium, Canned	1 #10 CAN	READY_TO_EAT	100330
LETTUCE BLND ICEBERG/ROMN 4-5 RSS	1 1/2 Pound		600504
Cheese, Cheddar Reduced fat, Shredded	42 Ounce		100012

### **Preparation Instructions**

Wash hands. Refer to our Standard Operation Procedures (SOP).

Place beef taco filling ready-to-serve bag in a steamer or boiling water. Heat approximately 45 minutes or until product reaches a serving temperature of 165° F. Keep beef taco filling ready-to-serve bag sealed until cooking is complete. Open bag carefully

to avoid being burned and put in steam table pan for serving.

Serve taco meat on top of 10 chips and offer cheese, salsa and lettuce on side. Portion Size: 3.17 oz taco meat, 1 oz tortilla chips, 1/2 oz lettuce, 1 oz salsa, 1 oz shredded cheese

CCP: Hot foods should be held at 135° in steam tables and hot cabinets. The limit for holding hot foods is 4 hours. Cold foods should be kept at 41° or less.

\*Turkey taco filling can also be used. If the taco fillings are not available then use the taco recipe, D-13, in the school recipe book.

Meal Components (SLE)  Amount Per Serving			
Meat	3.00		
Grain	1.25		
Fruit	0.00		
GreenVeg	0.00		
RedVeg	0.13		
OtherVeg 0.00			
Legumes	0.00		
Starch	0.00		

<b>Nutrition Fact</b>	S	
Servings Per Recipes Serving Size: 1.00 Ea		
Amount Per Serving	g	
Calories	219.01	
Fat	10.91g	
SaturatedFat	5.80g	
Trans Fat	0.29g	
Cholesterol	55.04mg	
Sodium	580.33mg	
Carbohydrates	11.50g	
Fiber	4.66g	
Sugar	4.66g	

Protein		20.00g	
Vitamin A	645.68IU	Vitamin C	5.01mg
Calcium	45.23mg	Iron	2.19mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Chicken Potato Bowl**

Servings:	108.00	Category:	Entree
Serving Size:	1.00 Bowl	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21558

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PCORN LRG WGRAIN CKD 6-5	29 Pound	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	536620
POTATO PRLS XTRA RICH 6-3.56 BAMER	1 1/3 Package	RECONSTITUTE  1: Pour 2 gallons boiling water in mixing bowl. 2: HAND MIX: Add potatoes, stir constantly with whisk. Let stand for 1 minute, stir well and serve. MACHINE MIX: Using whip attachment, mix on low; slowly add product. Scrape bowl, whip on high until fluffy (2 minutes). 3: Ready to serve or to add recipe ingredients. [Alternate] Add more boiling water to make potatoes thinner, more potatoes to make thicker. This is a no salt product, season to taste.	222585
CORN CUT IQF 30 GCHC	19 2/3 Pound	BAKE	285620
GRAVY MIX CHIX 8- 22.6Z TRIO	17 1/7 Ounce	BAKE	290025

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Cook chicken from frozen in 350 degrees oven for 6-8 minutes or until internal temperature reaches 165 degrees internally for 15 seconds. Prepare mashed potatoes and gravy according to Recipe# I-27. Prepare corn according to Recipe# I-35.

In 12 ounce foam bowl, place one serving (#8 disher) potatoes then one serving (4 oz spoodle) of corn, then one serving (10 each) of popcorn chicken. Ladle 1 ounce of gravy on top.

Meal Components (SLE) Amount Per Serving			
Meat	2.00		
Grain	1.00		
Fruit	0.00		
GreenVeg 0.00			
RedVeg 0.00			
OtherVeg 0.00			
Legumes 0.00			

**Starch** 0.98

### **Nutrition Facts**

Servings Per Recipe: 108.00 Serving Size: 1.00 Bowl

Amount Per	r Serving		
Calories		366.19	
Fat		13.40g	
SaturatedFa	at	3.00g	
Trans Fat		0.00g	
Cholesterol		69.93mg	
Sodium		684.87mg	
Carbohydra	ites	39.47g	
Fiber		4.20g	
Sugar		0.83g	
Protein		21.55g	
Vitamin A	199.79IU	Vitamin C	0.00mg
Calcium	30.30mg	Iron	1.64mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Parfait**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 PARFAIT	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21579

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
STRAWBERRY WHL IQF 4-5 GCHC	1/2 Cup		244630
YOGURT STRAWB L/F PARFPR 6-4 YOPL	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811490
BLUEBERRY IQF 4-5 GCHC	1/2 Cup		166720
YOGURT VAN L/F PARFPR 6-4 YOPL	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500
Malt O Meal Bulk Cinnamon Granola	3/4 Cup		7485

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

In a 14 oz parfait glass on a clean work surface layer 1/2 cup fruit, 4 oz yogurt, 1/2 cup fruit, 4 oz yogurt, and 3/4 cup cinnamon granola. Cap with dome lid.

Keep refrigerated until ready to serve.

CCP: Cold foods should be be kept at 41 degrees. Food kept at room temp for serving for 4 hours should be thrown away.

Meal	Components	(SLE)
------	------------	-------

Amount Per Serving		
Meat	2.00	
Grain	3.00	
Fruit	1.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Vitamin A

0.00IU

Servings Per Recipe: 1.00

Serving Size: 1.00 PARFAIT **Amount Per Serving Calories** 532.62 Fat 5.83g **SaturatedFat** 0.67g **Trans Fat** 0.00g Cholesterol 0.00mg **Sodium** 181.73mg Carbohydrates 107.86g **Fiber** 6.00g 57.85g Sugar **Protein** 13.67g

Vitamin C

0.00mg

Calcium 251.14mg Iron 0.50mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Walking Taco**

Servings:	50.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21580

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	10 Pound		722330
CHIP TORTL SCOOP BKD 72875Z TOSTIT	50 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	696871
Salsa, Low-Sodium, Canned	1 #10 CAN	READY_TO_EAT	100330
LETTUCE SHRD TACO 1/8CUT 4-5 RSS	1 3/5 Pound		242489
Cheese, Cheddar Reduced fat, Shredded	50 Ounce		100012

## **Preparation Instructions**

Wash hands. Refer to our Standard Operation Procedures (SOP).

Place beef taco filling ready-to-serve bag in a steamer or boiling water. Heat approximately 45 minutes or until product reaches a serving temp of 165 degrees.

Portion size for each walking taco is: 3.17 oz taco meat, 1 bag of tortilla scoops, 1/2 oz lettuce, 1 oz salsa, and 1 oz shredded cheese

CCP: Hot foods should be held at 135° in steam tables and hot cabinets. The limit for holding hot foods is 4 hours. Cold foods should be kept at 41° or less.

NOTE: Turkey taco filling can also be used. If the taco fillings are not available then use the taco recipe, D-13, in the school recipe book.

Meal Components (SLE)  Amount Per Serving		
Meat	3.00	
Grain	1.25	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.25	
OtherVeg	0.13	

Legumes	0.00
Starch	0.00

### **Nutrition Facts**

Servings Per Recipe: 50.00 Serving Size: 1.00 Each

<b>Amount Pe</b>	r Serving		
Calories		325.48	
Fat		13.45g	
SaturatedF	at	5.82g	
Trans Fat		0.29g	
Cholestero		55.33mg	
Sodium		693.26mg	
Carbohydra	ates	29.65g	
Fiber		5.32g	
Sugar		4.32g	
Protein		21.92g	
Vitamin A	651.10IU	Vitamin C	5.05mg
Calcium	73.72mg	Iron	2.32mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

### **Bosco Sticks w/ Marinara Sauce**

Servings:	100.00	Category:	Entree
Serving Size:	2.00 breadstick	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21583

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREADSTICK CHS STFD WGRAIN 6 144CT	200 Each		235411
SAUCE MARINARA DIPN CUP 84-2.5Z REDG	100 Each		677721

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedure (SOP)

Preheat oven to 400 degrees. Place bosco sticks on a baking sheet. Cook for 6-8 minutes. Let stand for 2 minutes before serving.

Meal	Components	(SLE)
------	------------	-------

Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.50
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 100.00 Serving Size: 2.00 breadstick

Amount Pe	r Serving		
Calories		353.90	
Fat		11.20g	
SaturatedF	at	5.20g	
Trans Fat		0.03g	
Cholestero	I	30.00mg	
Sodium		679.70mg	
Carbohydra	ates	44.00g	
Fiber		4.00g	
Sugar		8.00g	
Protein		21.50g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	444.00mg	Iron	2.70mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# Spaghetti w/ Meat Sauce

Servings:	42.00	Category:	Entree
Serving Size:	5.60 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21585

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SPAGHETTI BF REDC FAT 6-5 COMM	15 Pound		573201
PASTA SPAGHETTI 20 THIN 20 GCHC	3 Pound		108332
Tap Water for Recipes	3 Gallon	UNPREPARED	000001WTR
SALT IODIZED 18-2.25 GCHC	3 Tablespoon		350732

### **Preparation Instructions**

Wah hands. Refer to our Standard Operation Procedures (SOP).

For sauce, place sealed bad in a steamer or in boiling water. Heat approximately 45 minutes or until product reaches serving temperature.

CAUTION: Open bag carefully to avoid being burned.

For noodles, use 1 gallon of boiling water per pound of pasta. When water has reached a boil, add 1 tablespoon of salt per gallon to bring out pasta's natural flavors. Stir pasta occasionally to prevent sticking and keep water at a rolling boil. If pasta is used on a steam table, in soups, or baked dishes, reduce cook time by one-fourth. Pasta will continue to absorb moisture while baking.

For service: Serve 5.6 oz weight of sauce with 1/2 cup cooked pasta

CCP: Hot foods should be held at 135 degrees in steam tables and hot cabinets.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.04
Grain	0.57
Fruit	0.00
GreenVeg	0.00
RedVeg	0.51
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 42.00 Serving Size: 5.60 Ounce **Amount Per Serving Calories** 284.69 Fat 7.71g **SaturatedFat** 2.86g **Trans Fat** 0.00g Cholesterol 56.12mg **Sodium** 380.20mg Carbohydrates 33.18g **Fiber** 3.18g Sugar 8.29g

Protein		19.31g	
Vitamin A	660.20IU	Vitamin C	19.39mg
Calcium	50.61mg	Iron	3.07mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

### **Grilled Chicken Salad**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 salad	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21587
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE BLND ICEBERG/ROMN 4-5 RSS	2 Cup		600504
CARROT SHRD MED 2-5 RSS	1/8 Cup		313408
CUCUMBER SELECT 6CT MRKN	1/4 Cup		592323
TOMATO GRAPE SWT 10 MRKN	1/8 Cup		129631
CHIX PTY GRLLD 2.5Z 6-5 GLDKST	1 Each		786520
CHEESE CHED MLD SHRD 4-5 LOL	2 Tablespoon		150250
Savory Bites Wheat Crackers	1 Each		74131

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Wash and cut or dice all vegetables. Put lettuce on tray or bowl, top with diced meat.

CCP: Cold foods should be kept at 41° or colder. Food kept at room temperature for serving must be thrown away after 4 hours.

<b>Meal Components</b>	(SLE)
Amount Per Serving	

Amount Per Serving	
Meat	2.50
Grain	2.00
Fruit	0.00
GreenVeg	0.50
RedVeg	0.25
OtherVeg	0.75
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Sugar

Servings Per Recipe: 1.00

Serving Size: 1.00 salad **Amount Per Serving Calories** 403.60 Fat 18.58g SaturatedFat 6.01g **Trans Fat** 0.00g Cholesterol 80.00mg Sodium 894.27mg Carbohydrates 37.50g **Fiber** 4.89g

6.53g

Protein		26.16g	
Vitamin A	1298.87IU	Vitamin C	3.97mg
Calcium	135.23mg	Iron	2.15mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **BBQ Pork Sandwich-Elementary**

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22536

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK SHRDD BBQ 6-5 JTM	25 Pound		366320
BUN WHITE WHEAT 3.5"	100 Each	READY_TO_EAT	51032

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Prepare BBQ Pork according to package directions. Stack buns in a 4 inch steam table pan. Tightly cover pan with foil or a lid. Heat in a warmer or in a 300 degree oven for 10 minutes. Weigh 4 ounces of BBQ pork to determine appropriate scoop size for serving.

For best results assemble sandwiches on serving line.

CCP: Hot foods must reach 155° for a minimum of 15 seconds.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.00
Grain	1.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Amount Pe	r Serving		
Calories		338.00	
Fat		8.20g	
SaturatedFa	at	2.10g	
Trans Fat		0.04g	
Cholestero		44.00mg	
Sodium		469.90mg	
Carbohydra	ates	43.00g	
Fiber		3.40g	
Sugar		19.00g	
Protein		22.80g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	30.00mg	Iron	0.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Chicken Patty on Bun-Elementary**

Servings:	156.00	Category:	Entree
Serving Size:	1.00 Sandwich	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22537
School:	Bailey		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PTY BRD WGRAIN FC 4Z 4-5.25 TYS	156 Each		641402
BUN WHITE WHEAT 3.5"	156 Each	READY_TO_EAT	51032

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

On large bun pan with liner, place chicken patties flat and cook in convection oven approx. 13-17 min at 350 degrees. Place cooked patty in 4" steam table and keep hot. Put the hamburger buns in 4" steam table pan and warm.

CCP: Final internal cooking temperature must reach a minimum of 165°F held for held for 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature f 140 degrees Fo.

### Meal Components (SLE)

Amount Per Serving	
Meat	2.00
Grain	2.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Amount Per Serving					
Calories		410.00			
Fat		18.00g			
SaturatedFa	at	4.00g			
Trans Fat		0.00g			
Cholesterol		65.00mg	65.00mg		
Sodium		740.00mg	740.00mg		
Carbohydra	ites	37.00g			
Fiber		3.00g			
Sugar		3.00g			
Protein		24.00g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	10.00mg	Iron	2.00mg		

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# Ham and Cheese Sandwich-Elementary

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Sandwich	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22538

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
HAM, 97% FAT FREE, COOKED, WATER- ADDED, SLICED	225 Ounce		100187
CHEESE AMER 160CT SLCD 6-5 COMM	100 Slice		150260
BUN WHITE WHEAT 3.5"	100 Each	READY_TO_EAT	51032

### **Preparation Instructions**

Meal Components (SLF)

Starch

Wash hands. Refer to our Standard Operating Procedures (SOP).

Shave ham in wafer thin slices. Weigh 2 1/4 ounces of ham to determine size of individual serving. Place 24 bottom portions of buns on bun pan, 4 across and 6 down. Portion 2 1/4 ounces of shaved ham and 1/2 ounce of sliced cheese on bun. Place top on sandwich. Cover pan tightly with plastic wrap and place in refrigerator until serving time. For hot ham and cheese follow above directions and set in oven until hot and cheese is melted. Serve immediately.

CCP: Cold foods should be kept at 41° or colder. Hot foods should be kept at 140° or warmer.

0.00

modi Component	3 (9)
Amount Per Serving	
Meat	2.00
Grain	1.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

Nutrition Facts				
Servings Per Recipe: 100.00				
Serving Size	: 1.00 Sandv	vich		
Amount Pe	r Serving			
Calories		263.24		
Fat		10.19g		
SaturatedFa	at	4.34g		
Trans Fat 0.00g				
Cholesterol 45.70mg				
Sodium 882.87mg				
Carbohydrates 29.69g				
Fiber		2.00g		
Sugar		5.34g		
Protein		18.22g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	81.50mg	Iron	0.00mg	

<sup>\*</sup>All reporting of TransFat is for information only, and is no used for evaluation purposes

# Hamburger on Bun-Elementary

Servings:	200.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22539
School:	Bailey		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF PTY CKD 2.5Z 6-5 COMM	200 Each		785850
BUN WHITE WHEAT 3.5"	200 Each	READY_TO_EAT	51032

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Place frozen beef patties flat on a sheet pan lined with parchment paper. DO NOT overlap or stack patties. Place sheet pan in a 350 degrees preheated oven and set timer for 7-9 minutes. When timer sounds, check for internal temperature of 160 degrees or higher. Remove from oven.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.00
Grain	1.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Serving Size	. 1.00 Laon		
Amount Per	r Serving		
Calories		288.00	
Fat		12.00g	
SaturatedFa	at	3.60g	
Trans Fat		0.60g	
Cholesterol		39.00mg	
Sodium		499.00mg	
Carbohydra	ites	27.00g	
Fiber		3.00g	
Sugar		3.00g	
Protein		20.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	33.00mg	Iron	2.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Sloppy Joe on Bun-Elementary**

Servings:	132.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22540
School:	Bailey		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SLOPPY JOE REDUCED FAT 6-5 COMM	30 Pound		564790
BUN WHITE WHEAT 3.5"	132 Each	READY_TO_EAT	51032

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Place sealed bag in a steamer or in boiling water. Heat approximately 30-45 minutes or until product reaches serving temperature. Place cooked meat in 4" steam table and keep hot. Put the hamburger buns in 4" steam table pan and warm. Each sandwich should get 3.63 oz by weight of sloppy joe meat.

CCP: Final internal cooking temperature must reach a minimum of 165 degrees F<sup>o</sup> held for held for 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature of 140 degrees Fo.

### Meal Components (SLE)

Amount Per Serving	
Meat	2.00
Grain	1.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Amount Per Serving			
Calories		285.35	
Fat		7.81g	
SaturatedFa	at	2.20g	
Trans Fat		0.00g	
Cholestero		44.08mg	
Sodium		899.97mg	
Carbohydra	ites	35.02g	
Fiber		2.80g	
Sugar		11.01g	
Protein		19.32g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	30.05mg	Iron	1.80mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Turkey and Cheese Sandwich-Elementary**

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22541
School:	Bailey		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE AMER 160CT SLCD 6-5 COMM	100 Slice		150260
TURKEY, DELI BREAST, SLICED	12 1/2 Pound	READY_TO_EAT	110554
BUN WHITE WHEAT 3.5"	100 Each	READY_TO_EAT	51032

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Assemble sandwiches by placing 2 ounces of turkey and 1 slice of cheese on each bun. Serve immediately or cover and place in refrigerator until serving time.

CCP: Cold foods must be chilled to 41°. Total time of food at room temperature must NOT exceed 4 hours.

### **Meal Components (SLE)**

Amount Per Serving	
Meat	1.75
Grain	1.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Amount Pe	r Serving		
Calories		255.19	
Fat		7.90g	
SaturatedFa	at	2.50g	
Trans Fat		0.00g	
Cholestero		37.70mg	
Sodium		754.55mg	
Carbohydra	ates	27.40g	
Fiber		2.00g	
Sugar		3.50g	
Protein		20.20g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	81.50mg	Iron	0.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Assorted Juice**

Servings:	6.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-22569
School:	Bailey		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE ORNG/PINEAP 100 70- 4FLZ SNCUP	1 Each		403021
JUICE GRP 100 70-4FLZ SNCUP	1 Each	Thaw before serving. Shake well. Serve chilled. Use within 10 days of thawing. Store thawed juice at 35 to 38 F.	403040
JUICE FRT PNCH 100 70- 4FLZ SNCUP	1 Each	Thaw before serving. Shake well. Serve chilled. Use within 10 days of thawing. Store thawed juice at 35 to 38 F.	355900
JUICE GRP 100 FZ 72-4FLZ SNCUP	1 Each		135460
JUICE ORNG 100 70-4FLZ SNCUP	1 Each		207980
JUICE APPL 100 70-4FLZ SNCUP	1 Each	Thaw before serving. Shake well. Serve chilled. Use within 10 days of thawing. Store thawed juice at 35 to 38 F.	207990

## **Preparation Instructions**

No Preparation Instructions available.

Meal	<b>Components</b>	(SLE)
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Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
•	

#### **Nutrition Facts**

Servings Per Recipe: 6.00

Serving Size: 1.00 Each	
Amount Per Serving	
Calories	65.00
Fat	0.00g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	9.17mg
Carbohydrates	15.33g
Fiber	0.00g

Sugar		14.50g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	0.40mg
Calcium	8.33mg	Iron	0.06mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Uncrustable Daily Option**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch	Recipe ID:	R-22572

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND UNCRUST PB&J GRP WGRAIN 72- 2.6Z	1 Each		527462
CRACKER GLDFSH CHED WGRAIN 300- .75Z	1 Package		736280
CHEESE STRING MOZZ LT IW 168-1Z LOL	1 Each		786801

### **Preparation Instructions**

No Preparation Instructions available.

### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Amount Pe	r Serving		
Calories		460.00	
Fat		22.50g	
SaturatedF	at	6.00g	
Trans Fat		0.00g	
Cholestero	l	10.00mg	
Sodium		650.00mg	
Carbohydra	ates	47.00g	
Fiber		4.00g	
Sugar		16.00g	
Protein		18.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	261.00mg	Iron	1.70mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Variety of Yogurt**

Servings:	4.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-22578
School:	Bailey		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT DANIMAL STRAWB BAN N/F 48-4Z	1 Each	HEAT_AND_SERVE HEAT_AND_SERVE	869921
YOGURT STRAWB BAN BASH L/F 48-4Z TRIX	1 Each	READY_TO_EAT Ready to eat single serving	551760
YOGURT VAR PK L/F 48-4Z YOPL	1 Each	READY_TO_EAT Ready to eat single serving	551751
YOGURT RASPB RNBW L/F 48-4Z TRIX	1 Each	READY_TO_EAT Ready to eat single serving	551770

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Keep yogurt cold.

CCP: Cold foods must be kept at 41°

Meal	<b>Components</b>	(SLE)
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Amount Per Serving		
Meat	1.00	
Grain	0.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 4.00 Serving Size: 1.00 Each

Amount Pe	r Serving			
Calories		82.50		
Fat		0.38g		
SaturatedF	at	0.00g		
Trans Fat		0.00g		
Cholestero		3.75mg		
Sodium		60.00mg		
Carbohydrates		16.25g	16.25g	
Fiber		0.00g		
Sugar		10.75g		
Protein		3.75g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	125.00mg	Iron	0.00mg	

\*All reporting of TransFat is for information only, and is not

used for evaluation purposes

## **Assorted Muffin**

Servings:	4.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-22579
School:	Bailey		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
MUFFIN DBL CHOC WGRAIN IW 48-2Z SL	1 Each		262343
MUFFIN BAN WGRAIN IW 72-2Z ARYZTA	1 Each		557981
MUFFIN BLUEB WGRAIN IW 72-2Z ARYZTA	1 Each		557970
MUFFIN BANANA WGRAIN IW 48- 2Z SL	1 Each	THAW Store frozen until ready to use. Thaw overnight under refrigeration.	262362

## **Preparation Instructions**

No Preparation Instructions available.

Meal	Compoi	nents	(SLE)

Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

	Amount Per Serving				
Calories		190.00			
Fat		6.50g			
SaturatedFa	t	1.75g			
Trans Fat		0.03g			
Cholesterol		22.50mg			
Sodium		118.75mg			
Carbohydrates		29.50g			
Fiber		1.75g			
Sugar		15.75g			
Protein		2.75g			
Vitamin A	3.60IU	Vitamin C	0.01mg		
Calcium	17.76mg	Iron	0.94mg		

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Fruit Slushie**

Servings:	4.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-22605
School:	Bailey		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SLUSHIE SR CHRY-LEM 84-4.4FLZ	1 Each	READY_TO_EAT Remove from freezer and let sit out a short time before eating	667911
SLUSHIE BL RASP/LEM 84CT SIDEKICKS	1 Each	READY_TO_EAT Remove from freezer and let sit out a short time before eating	794181
SLUSHIE STRAWB-KW 84-4.4FLZ SIDEKICKS	1 Each	READY_TO_EAT Remove from freezer and let sit out a short time before eating	863880
SLUSHIE STRAWB-MANG 84- 4.4FLZ SIDEKIC	1 Each		863890

## **Preparation Instructions**

No Preparation Instructions available.

Meal	Co	m	p	onent	<b>S</b> (	(SLE)
_	_	_		_		

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 4.00 Serving Size: 1.00 Each

Amount Per Serving				
Calories	90.00			
Fat	0.00g			
SaturatedFat	0.00g			
Trans Fat	0.00g	0.00g		
Cholesterol	0.00mg			
Sodium	32.50mg			
Carbohydrates	22.00g			
Fiber	0.00g			
Sugar	18.75g			
Protein	0.00g			
<b>Vitamin A</b> 1187.50IU	Vitamin C	60.00mg		
Calcium 80.00mg	Iron	0.00mg		
*****				

\*All reporting of TransFat is for information only, and is not

used for evaluation purposes

### Chef Salad w/ Ham

Servings:	1.00	Category:	Entree
Serving Size:	1.00 salad	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22756
School:	Edison		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE BLND ICEBERG/ROMN 4-5 RSS	1 Cup		600504
Cheese, Cheddar Reduced fat, Shredded	1/2 Ounce		100012
CARROT SHRD MED 2-5 RSS	1/8 Cup		313408
CUCUMBER SELECT 6CT MRKN	1/4 Cup		592323
TOMATO GRAPE SWT 10 MRKN	1/8 Cup		129631
Ham, Cubed Frozen	1 5/6 Ounce		100188-H
Savory Bites Wheat Crackers	1 Each		74131

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Wash and cut or dice all vegetables. Put lettuce on tray or bowl, top with diced meat and grated cheese CCP: Cold foods should be kept at 41° or colder. Food kept at room temperature for serving must be thrown away after 4 hours.

<b>Meal Componen</b>	ts (SLE)
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Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.25
RedVeg	0.25
OtherVeg	0.50
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00	
Serving Size: 1.00 salad	
Amount Per Serving	
Calories	284.15
Fat	10.58g
SaturatedFat	4.51g
Trans Fat	0.00g
Cholesterol	37.00mg
Sodium	830.64mg
Carbohydrates	37.51g
Fiber	4.23g
Sugar	7.37g

Protein		15.00g	
Vitamin A	1298.87IU	Vitamin C	3.97mg
Calcium	21.15mg	Iron	0.76mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Chef Salad w/ Turkey**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 salad	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22757
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE BLND ICEBERG/ROMN 4-5 RSS	1 Cup		600504
Cheese, Cheddar Reduced fat, Shredded	1/2 Ounce		100012
CARROT SHRD MED 2-5 RSS	1/8 Cup		313408
CUCUMBER SELECT 6CT MRKN	1/4 Cup		592323
TOMATO GRAPE SWT 10 MRKN	1/8 Cup		129631
Frozen, Ready to cook Grade A turkey roast from breast, thigh meat & skin.	2 2/7 Ounce	2.28 oz. raw turkey= 1.5 oz. cooked turkey	100125
Savory Bites Wheat Crackers	1 Each		74131

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Wash and cut or dice all vegetables. Put lettuce on tray or bowl, top with diced meat and grated cheese CCP: Cold foods should be kept at 41° or colder. Food kept at room temperature for serving must be thrown away after 4 hours.

Note: 2.28 oz. raw turkey= 1.5 oz. cooked turkey

Meal Components (SLE) Amount Per Serving		
Meat	2.00	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.25	
RedVeg	0.25	
OtherVeg	0.50	
Legumes	0.00	
Starch	0.00	

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 salad	)
Amount Per Serving	
Calories	358.61
Fat	15.92g
SaturatedFat	5.29g
Trans Fat	0.00g
Cholesterol	62.44mg
Sodium	482.64mg
Carbohydrates	34.51g
Fiber	4.23g

Sugar		5.87g	
Protein		25.74g	
Vitamin A	1298.87IU	Vitamin C	3.97mg
Calcium	21.15mg	Iron	0.76mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Breakfast Pizza**

Servings:	3.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-23086
School:	Bailey		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA BKFST SAUS&GRVY WGRAIN 96-3.05Z	1 Each		135121
PIZZA BKFST SAUS&GRVY WGRAIN 128-3Z	1 Piece	BAKE COOKING INSTRUCTIONS. COOK BEFORE SERVING. FOR FOOD SAFETY AND QUALITY, COOK TO AN INTERNAL TEMPERATURE OF 165°F BEFORE SERVING.Place frozen pizzas in 18"x26"x12" prepared pans. CONVECTION OVEN: 350°F for 15 to 17 minutes. Rotate pan ½ way through bake time. Refrigerate or discard any unused portion. NOTE: Due to variances in oven regulators, cooking time and temperature may require adjustments.	503640
PIZZA WGRAIN BKFST TKY SAUS 128-3.31Z	1 Each	BAKE COOKING INSTRUCTIONS. COOK BEFORE SERVING. FOR FOOD SAFETY AND QUALITY, COOK TO AN INTERNAL TEMPERATURE OF 165°F BEFORE SERVING. Place frozen pizzas in 18"x26"x1 2" prepared pans. CONVECTION OVEN: 350°F for 15 to 17 minutes. Rotate pan ½ way through bake time. Refrigerate or discard any unused portion. NOTE: Due to variances in oven regulators, cooking time and temperature may require adjustments.	160432

## Preparation Instructions

No Preparation Instructions available.

<b>Meal Components</b>	(SLE)
Amount Per Serving	

Amount Per Serving	
Meat	1.00
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Octviring Oize. 1.00 Each	
Amount Per Serving	
Calories	210.00
Fat	7.33g
SaturatedFat	2.33g
Trans Fat	0.00g
Cholesterol	13.33mg
Sodium	343.33mg
Carbohydrates	25.67g

Fiber		2.67g	
Sugar		4.00g	
Protein		9.67g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	168.00mg	Iron	1.63mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# Hot and Spicy Chicken Patty on Bun

Servings:	156.00	Category:	Entree
Serving Size:	1.00 Sandwich	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23159
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PTY HOT&SPCY WGRAIN 3.49Z 4-8.2	156 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	327080
White Wheat Hamburger Bun	156 Each		51022

#### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

On large bun pan with liner, place chicken patties flat and cook in convection oven approx. 13-17 min at 350 degrees. Place cooked patty in 4" steam table and keep hot. Put the hamburger buns in 4" steam table pan and warm.

CCP: Final internal cooking temperature must reach a minimum of 165°F held for held for 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature f 140 degrees Fo.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.00
Grain	3.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Vitamin A

Servings Per Recipe: 156.00

0.00IU

Serving Size: 1.00 Sandwich **Amount Per Serving Calories** 410.00 Fat 17.50g **SaturatedFat** 3.50g **Trans Fat** 0.00g Cholesterol 25.00mg **Sodium** 650.00mg Carbohydrates 43.00g **Fiber** 5.00g Sugar 4.00g **Protein** 21.00g

Vitamin C 0.00mg

Calcium 106.00mg Iron 3.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

# Chili Dog on Bun\*

Servings:	160.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23162
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRANKS BEEF 8/ 2-5 GFS	160 Each	BAKE	265039
Hot Dog Buns - White Wheat	160 Each	READY_TO_EAT	53460
CHILI BEEF W/BEAN 6-5 COMM	160 Ounce	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 30 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned	344012

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Heat hot dogs and chili to an internal temperature of 165 degrees. Place hot dogs in 2" steam table pan and keep hot. Place chili in 2" steam table pan and keep hot. 1 oz weight of chili should be served per hot dog. Put hot dog buns in 4" steam table pan and warm.

Note: Ketchup, mustard, and relish should be offered as condiments with hot dog.

CCP: FINAL INTERNAL TEMPERATURE MUST REACH A MINIMUM OF 155 DEGREES F. HELD FOR A MINIMUM OF 15 SECONDS.

CCP: HOT FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MINIMUM INTERNAL TEMPERATURE OF 140 DEGREES F.

Meal Components (SLE) Amount Per Serving		
Meat	2.25	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

<b>Nutrition Facts</b>	S	
Servings Per Recipe:	160.00	
Serving Size: 1.00 Ea	ich	
Amount Per Serving	I	
Calories	346.07	
Fat	19.36g	_
SaturatedFat	6.29g	
Trans Fat	0.50g	_
Cholesterol	40.32mg	
Sodium	809.45mg	
Carbohydrates	31.57g	
Fiber	3.19g	
	·	

Sugar		3.86g	
Protein		14.23g	
Vitamin A	214.75IU	Vitamin C	3.26mg
Calcium	68.39mg	Iron	2.69mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Cheddar Jack Burger**

Servings:	200.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23168
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF PTY CKD 2.5Z 6-5 COMM	200 Each		785850
White Wheat Hamburger Bun	200 Each	READY_TO_EAT	51022
CHEESE COLBY JK SLCD 6-1.5 GCHC	200 Each		105988

### **Preparation Instructions**

Wash hands, refer to our Standard Operating Procedures (SOP).

On large bun pan with liner, place patty flat and cook in convection oven approx. 10-12 min, or until temp. probe inserted reaches 165 degrees. Place cooked patty on hamburger bun and top with one slice of cheese. Place assembled sandwich on bun pan and cover with saran wrap. Serve hot.

Ketchup, mustard, and pickles should be offered as condiments with sandwich.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 155 DEGREES F. HELD FOR A MINIMUM OF 15 SECONDS

CCP: HOT FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MINIMUM INTERNAL TEMPERATURE OF 140 DEGREES F.

Meal Components (SLE) Amount Per Serving			
Meat	2.75		
Grain	2.00		
Fruit	0.00		
GreenVeg	0.00		
RedVeg	0.00		
OtherVeg 0.00			
Legumes	0.00		
Starch	0.00		

Nutrition Facts Servings Per Recipe: 200.00 Serving Size: 1.00 Each			
Amount Pe	r Serving		
Calories		368.00	
Fat		19.50g	
SaturatedF	SaturatedFat 8.10g		
Trans Fat	Trans Fat 0.60g		
Cholesterol 59.00mg			
Sodium		649.00mg	
Carbohydra	Carbohydrates 28.00g		
Fiber		3.00g	
Sugar		3.00g	
Protein		25.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg

Calcium 249.00mg Iron 3.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

# Philly Beef and Cheese Sandwich\*

Servings:	27.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23172
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PHLL SEAS CKD 2.86Z 6-5 JTM	5 Pound		720861
PEPPERS & ONION FLME RSTD 6-2.5	1 1/4 Pound		847208
BUN SUB SLCD WGRAIN 5 12-8CT GCHC	27 Each	READY_TO_EAT	276142
SAUCE CHS WHT QUESO 4-5 BIB JTM	27 Ounce		701201

## **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Meat should be - 2.86 oz weight serving per sandwich and 1 oz weight of cheese sauce per sandwich.

CCP: Final internal cooking temperature must reach a minimum of 165°F held for held for 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature f 140 degrees Fo.

#### **Meal Components (SLE)**

Amount Per Serving		
Meat	2.25	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Amount Pe	r Serving		
Calories		407.25	
Fat		16.30g	
SaturatedFa	at	6.48g	
Trans Fat		0.58g	
Cholestero	l	55.12mg	
Sodium		1013.24mg	
Carbohydra	ates	40.43g	
Fiber		4.02g	
Sugar		10.95g	
Protein		23.99g	
Vitamin A	141.68IU	Vitamin C	0.57mg
Calcium	165.12mg	Iron	3.89mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# Rib a Que on Bun

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23174
School:	Edison		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK RIB-Q CN 160- 2.4Z COMM	1 Each	BAKE Conventional oven: from frozen state, bake ribs on a pan in a preheated conventional oven at 350 degree f for 15 minutes. Convection oven: from a frozen state, bake ribs on a pan in a preheated convection oven at 350 for 12 minutes. Microwave: microwave on high for approximately 2 minutes. Microwaveovens vary.	108980
Hot Dog Buns - White Wheat	1 Each	READY_TO_EAT	53460

### **Preparation Instructions**

No Preparation Instructions available.

### **Meal Components (SLE)**

Amount Per Serving		
Meat	2.00	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

: 1.00 Each		
r Serving		
	280.00	
	9.50g	
at	2.50g	
	0.00g	
	40.00mg	
Sodium		
ites	31.00g	
	3.50g	
	5.00g	
	19.00g	
300.00IU	Vitamin C	1.20mg
70.75mg	Iron	2.49mg
	at at 300.00IU	280.00 9.50g at 2.50g 0.00g 40.00mg 710.00mg 31.00g 3.50g 5.00g 19.00g Vitamin C

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

### Grilled Chicken Sandwich\*

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23175
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
Chicken Fillet, Cooked, Unbreaded, Frozen	1 Each		110921
White Wheat Hamburger Bun	1 Each	READY_TO_EAT	51022

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

On large bun pan with liner, place chicken fillet flat. Cook in convection oven approx. ??? min at ??? degrees. Place cooked patty in 4" steam table and keep hot. Put the hamburger buns in 4" steam table pan and warm.

CCP: Final internal cooking temperature must reach a minimum of 165°F held for held for 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature f 140 degrees Fo.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
	<u> </u>

#### **Nutrition Facts**

Serving Size	. 1.00 Lacii		
Amount Pe	r Serving		
Calories		283.98	
Fat		6.10g	
SaturatedFa	at	0.50g	
Trans Fat		0.00g	
Cholesterol		93.58mg	
Sodium		566.75mg	
Carbohydra	ites	26.00g	
Fiber		2.00g	
Sugar		3.00g	
Protein		34.80g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	66.00mg	Iron	1.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

### Italian Chicken Sandwich\*

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23177
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
White Wheat Hamburger Bun	1 Each	READY_TO_EAT	51022
Chicken Fillet, Cooked, Unbreaded, Frozen	1 Each		110921
DRESSING ITAL FF 4-1GAL MARZ	2 Tablespoon		549592

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

On large bun pan with liner, place chicken fillet flat. Before cooking cover each chicken fillet with 2 Tablespoon of Italian Dressing. Cook in convection oven approx. ??? min at ??? degrees. Place cooked patty in 4" steam table and keep hot. Put the hamburger buns in 4" steam table pan and warm.

CCP: Final internal cooking temperature must reach a minimum of 165°F held for held for 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature f 140 degrees F°.

### **Meal Components (SLE)**

Amount Per Serving		
Meat	2.00	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Amount Per	r Serving		
Calories		298.98	
Fat		6.10g	
SaturatedFa	at	0.50g	
Trans Fat		0.00g	
Cholesterol		93.58mg	
Sodium		826.75mg	
Carbohydra	ites	29.00g	
Fiber		2.00g	
Sugar		5.00g	
Protein		34.80g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	66.00mg	Iron	1.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

### Meat Ball Sub Sandwich\*

Servings:	71.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23183
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE PASTA LO SOD 6-6.5 HNZ	2 #10 CAN		177092
MEATBALL CKD 6-5 JTM	10 Pound		135071
BUN SUB SLCD WGRAIN 5 12-8CT GCHC	71 Each	READY_TO_EAT	276142
CHEESE MOZZ SHRD 4-5 LOL	71 Ounce		645170

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

For service sandwich gets 4 meatballs in sauce (about 1.5 oz sauce) on a Sub Bun topped with 1 oz weight (1/4 cup)

CCP: Final internal cooking temperature must reach a minimum of 165°F held for held for 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature f 140 degrees Fo.

#### **Meal Components (SLE)**

Amount Per Serving		
Meat	2.50	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Amount Pe	r Serving			
Calories		421.51		
Fat		16.39g		
SaturatedFat		7.00g		
Trans Fat		0.47g		
Cholesterol		44.98mg		
Sodium		786.74mg		
Carbohydrates		42.42g		
Fiber		4.97g		
Sugar		10.62g		
Protein		25.71g		
Vitamin A	5.52IU	Vitamin C	0.79mg	
Calcium	306.83mg	Iron	4.31mg	

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

### Chicken Parmesan Sandwich\*

Servings:	1.00 Category:		Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23184
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PTY BRD WGRAIN FC 3.54Z 4-8.2	1 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	281622
SAUCE SPAGHETTI 6-10 P/L	2 Tablespoon	READY_TO_EAT None	744520
CHEESE MOZZ SHRD 4-5 LOL	1/4 Cup		645170
White Wheat Hamburger Bun	1 Each		51022

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

On large bun pan with liner, place chicken patties flat and cook in convection oven approx. 13-17 min at 350 degrees. Place cooked patty in 4" steam table and keep hot. Put the hamburger buns in 4" steam table pan and warm.

CCP: Final internal cooking temperature must reach a minimum of 165°F held for held for 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature f 140 degrees Fo.

Meal Compone Amount Per Serving	ents (SLE)
Meat	3.00
Grain	3.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.0 Serving Size: 1.00 Sand		
Amount Per Serving	Wien	_
Calories	485.00	_
Fat	22.75g	_
SaturatedFat	6.50g	_
Trans Fat	0.00g	_
Cholesterol	40.00mg	_
Sodium	905.00mg	
Carbohydrates	46.00g	

Fiber		5.50g	
Sugar		7.00g	
Protein		27.50g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	307.50mg	Iron	3.15mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

### **Loaded Baked Potato\***

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23185
School:	Edison		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO BAKER FOIL WRPD 100CT P/L	1 Each		246859
BROCCOLI CUTS IQF 30 GCHC	1/2 Cup	BAKE	285590
SAUCE CHS CHED POUCH 6- 106Z LOL	1/2 Cup		135261
CHILI BEEF W/BEAN 6-5 COMM	4 Ounce	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 30 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned	344012
BUTTER WHPD CUP 720-5GM 8 GCHC	1 Each		272010

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

CCP: Final internal cooking temperature must reach a minimum of 165°F held for held for 15 seconds.

CCP: Hot food held for later service must maintain a minimum internal temperature f 140 degrees Fo.

### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.75
Grain	0.00
Fruit	0.00
GreenVeg	0.50
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	6.00

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

561.70
22.01g
12.41g
0.00g
76.01mg
1023.12mg
68.92g
9.54g

Sugar		4.10g	
Protein		26.73g	
Vitamin A	881.73IU	Vitamin C	34.80mg
Calcium	510.78mg	Iron	5.20mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Bitty Cheese Burgers on Bun\***

Servings:	1.00	Category:	Entree
Serving Size:	2.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23245
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK MINI BRGR BUN 72- 1.2Z GCHC	2 Each	GRILL Flat grill: preheat flat grill (350 degrees f) and heat product for 4-7minutes from a frozen state, turning frequently to avoid excessive browning. Conventional oven: preheat oven to 350 degrees f. Heat frozen product for 10-15 minutes or until internal temperature reaches 165 degrees f. Convection oven: preheat oven to 350 degrees f. Heat frozen product for6-8 minutes or until internal temperature reaches 165 degrees f. Microwave: heat frozen product on high power for 30 seconds-2 minutes or until internal temperature reaches 165 degrees f. Longer cooking times are required for thicker burgers.	704430
CHEESE AMER 160CT SLCD R/F 6- 5 LOL	1 Slice		722360
BUN HAMB MINI SLCD 2.5 8-24CT GCHC	2 Each	READY_TO_EAT No baking necessary.	676171

### **Preparation Instructions**

Wash hands, refer to our Standard Operating Procedures (SOP).

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 155 DEGREES F. HELD FOR A MINIMUM OF 15 SECONDS

CCP: HOT FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MINIMUM INTERNAL TEMPERATURE OF 140 DEGREES F.

Note: ½ of a slice per bitty burger. 2 bitty burgers are served together.

Meal Components (SLE) Amount Per Serving		
Meat	2.50	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	

**Starch** 0.00

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 2.00 Each

<b>Amount Pe</b>	r Serving		
Calories		615.00	
Fat		26.00g	
SaturatedF	at	10.25g	
Trans Fat		0.00g	
Cholestero	I	57.50mg	
Sodium		970.00mg	
Carbohydra	ates	69.00g	
Fiber		4.00g	
Sugar		6.50g	
Protein		25.50g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	224.00mg	Iron	4.88mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Cheeseburger on bun-Elementary**

Servings:	200.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23249
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF PTY CKD 2.5Z 6-5 COMM	200 Each		785850
CHEESE AMER 160CT SLCD 6-5 COMM	200 Slice		150260
BUN WHITE WHEAT 3.5"	200 Each	READY_TO_EAT	51032

### **Preparation Instructions**

Wash hands, refer to our Standard Operating Procedures (SOP).

On large bun pan with liner, place patty flat and cook in convection oven approx. 10-12 min, or until temp. probe inserted reaches 165 degrees. Place cooked patty on hamburger bun and top with one slice of cheese. Place assembled sandwich on bun pan and cover with saran wrap. Serve hot.

Ketchup, mustard, and pickles should be offered as condiments with sandwich.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 155 DEGREES F. HELD FOR A MINIMUM OF 15 SECONDS

CCP: HOT FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MINIMUM INTERNAL TEMPERATURE OF 140 DEGREES F.

Meal Componer Amount Per Serving	nts (SLE)
Meat	2.50
Grain	1.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Servings Pe	Nutrition Facts Servings Per Recipe: 200.00 Serving Size: 1.00 Each			
Amount Pe	r Serving			
Calories		343.00		
Fat		16.50g		
SaturatedF	at	6.10g		
Trans Fat		0.60g		
Cholestero		51.50mg		
Sodium		724.00mg		
Carbohydra	ates	28.00g		
Fiber		3.00g		
Sugar		3.50g		
Protein		23.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	

Calcium 114.50mg Iron 2.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

# Cinnamon Roll w/ icing\*

Servings:	1.00	Category:	Entree
Serving Size:	1.00 roll	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-23545
School:	Bailey		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH ROLL CINN 84-4Z RICH	1 Each		135181
ICING VAN RTU HEAT NICE 1-12 RICH	1 Teaspoon	READY_TO_EAT  1. STORE AT ROOM TEMPERATURE. 2. PLACE DESIRED AMOUNT OF HEAT 'N ICE ICING IN ICING WARMER, HEAT TO 110 F (43 C). 3. DIP OR DRIZZLE ICING ON SWEET GOOD, ALLOW TO DRY 2 - 5 MINUTES. 4. TURN OFF ICING WARMER WHEN FINISHED. 5. SCRAPE ICING OFF SIDES OF WARMER. 6. COVER UNUSED ICING.	155722

## Preparation Instructions

Meal Components (SLE)		
Amount Per Serving		
Meat	0.00	
Grain	3.50	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	
	-	

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 roll

Amount Per	Serving		
Calories		325.00	
Fat		5.33g	
SaturatedFa	at	1.67g	
Trans Fat		0.00g	
Cholesterol		5.00mg	
Sodium		340.00mg	
Carbohydra	ites	61.67g	
Fiber		2.00g	
Sugar		17.50g	
Protein		8.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	3.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# Chicken and Noodles with WG Roll - Elementary

Servings:	50.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-28981
School:	Bailey		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTA NOODL KLUSKI 1/8 2-5 GCHC	2 1/2 Pound		270385
ONION DEHY CHPD 15 P/L	1 1/4 Ounce		263036
CARROT MATCHSTICK SHRED 2-3 RSS	8 Ounce	optional	198161
1 % White Milk	4 Pint		1% White
Spices, pepper, black	1 1/2 Teaspoon		2030
CHICKEN, DICED, COOKED, FROZEN	6 1/4 Pound	BAKE	
Cornstarch	1		20027
Butter, light, stick, without salt	4 Ounce		4602
BASE CHIX 12-1 GCHC	1/2 Pound	1/2 jar	439606

### **Preparation Instructions**

Wash hands and put on protective gloves. In large stockpot heat chicken stock until boiling. Slowly stir in noodle, onions and carrots. Boil uncovered for 6 minutes. Do not drain. In separate pan, melt margarine. Add milk, seasonings and chicken to noodles. Use cornstarch to thicken as needed and stir gently to combine. Cook over medium heat, stirring occasionally until thickened (6-8 minutes). Pour into serving pans. Hold for 30 minutes at 180-190 degrees to allow mixture to set up properly. Serve hot. Serve with roll. Portion using 8oz scoop.

Meal Componer Amount Per Serving	nts (SLE)
Meat	2.00
Grain	0.80
Fruit	0.00
GreenVeg	0.00
RedVeg	0.04
OtherVeg	0.00
Otherveg	0.00

Legumes	0.00
Starch	0.00

### **Nutrition Facts**

Servings Per Recipe: 50.00 Serving Size: 1.00

Amount Per	r Serving		
Calories		182.28	
Fat		3.58g	
SaturatedFa	at	0.20g	
Trans Fat		0.00g	
Cholesterol		60.80mg	
Sodium		684.52mg	
Carbohydra	ites	18.48g	
Fiber		0.98g	
Sugar		2.79g	
Protein		16.66g	
Vitamin A	760.89IU	Vitamin C	0.28mg
Calcium	10.72mg	Iron	0.78mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Garden Salad\***

Servings:	1.00	Category:	Vegetable
Serving Size:	1.25 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-29661
School:	Edison		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE BLND ICEBERG/ROMN 4-5 RSS	1 Cup		600504
TOMATO GRAPE SWT 10 MRKN	1/4 Cup		129631

## **Preparation Instructions**

No Preparation Instructions available.

<b>Meal Components (SLE</b>	:)
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Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.25
RedVeg	0.25
OtherVeg	0.25
Legumes	0.00
Starch	0.00

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.25 Cup

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<b>Amount Pe</b>	r Serving		
Calories		21.33	
Fat		0.10g	
SaturatedFa	at	0.03g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		11.07mg	
Carbohydra	ates	4.40g	
Fiber		1.43g	
Sugar		2.13g	
Protein		1.28g	
Vitamin A	374.85IU	Vitamin C	6.17mg
Calcium	23.90mg	Iron	1.00mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Walking Taco**

Servings:	50.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-29662
School:	Edison		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	10 Pound		722330
CHIP TORTL RND R/F 64-1.45Z TOSTIT	50 Each		662512
Salsa, Low-Sodium, Canned	1 #10 CAN	READY_TO_EAT	100330
LETTUCE SHRD TACO 1/8CUT 4-5 RSS	1 3/5 Pound		242489
Cheese, Cheddar Reduced fat, Shredded	50 Ounce		100012

### **Preparation Instructions**

Wash hands. Refer to our Standard Operation Procedures (SOP).

Place beef taco filling ready-to-serve bag in a steamer or boiling water. Heat approximately 45 minutes or until product reaches a serving temp of 165 degrees.

Portion size for each walking taco is: 3.17 oz taco meat, 1 bag of tortilla scoops, 1/2 oz lettuce, 1 oz salsa, and 1 oz shredded cheese

CCP: Hot foods should be held at 135° in steam tables and hot cabinets. The limit for holding hot foods is 4 hours. Cold foods should be kept at 41° or less.

NOTE: Turkey taco filling can also be used. If the taco fillings are not available then use the taco recipe, D-13, in the school recipe book.

3.00 2.00 0.00
0.00
0.00
0.25
0.13
0.00

Nutrition Facts Servings Per Recipe: 5 Serving Size: 1.00 Eac	50.00	
Amount Per Serving		
Calories	415.48	
Fat	17.95g	_
SaturatedFat	6.82g	
Trans Fat	0.29g	
Cholesterol	55.33mg	
Sodium	728.26mg	
Carbohydrates	39.65g	

Fiber		7.32g	
Sugar		4.32g	
Protein		22.92g	
Vitamin A	651.10IU	Vitamin C	5.05mg
Calcium	83.72mg	Iron	2.62mg

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Pork Rib Patty on Bun-Elementary**

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-31545
School:	Bailey		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK RIB PTY CKD BBQ W/SCE 2.8Z 6-5	100 Each		661921
BUN WHITE WHEAT 3.5"	100 Each		51032

### **Preparation Instructions**

Wash hands. Refer to our Standard Operating Procedures (SOP).

Prepare Pork Rib Patties according to package directions. Stack buns in a 4 inch steam table pan. Tightly cover pan with foil or a lid. Heat in a warmer or in a 300 degree oven for 10 minutes. Weigh 4 ounces of BBQ pork to determine appropriate scoop size for serving.

For best results assemble sandwiches on serving line.

CCP: Hot foods must reach 155° for a minimum of 15 seconds.

### Meal Components (SLE)

Amount Per Serving		
Meat	2.00	
Grain	1.75	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	
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#### **Nutrition Facts**

Servings Per Recipe: 100.00 Serving Size: 1.00 Sandwich

Amount Per Serving				
Calories		310.00		
Fat		12.00g		
SaturatedFa	at	3.50g		
Trans Fat		0.00g		
Cholestero		40.00mg		
Sodium		630.00mg		
Carbohydrates		31.00g		
Fiber		3.00g		
Sugar		8.00g		
Protein		20.00g		
Vitamin A	100.00IU	Vitamin C	1.20mg	
Calcium	0.00mg	Iron	1.08mg	

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes