

Cookbook for North Liberty Elem

Created by HPS Menu Planner

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[Deli Trio Sub](#)

Deli Trio Sub

NO IMAGE

Servings:	292.000	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-12464

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEAT COMBO PK SLCD 12-1 JENNO	876 Ounce		236012
CHEESE AMER YEL 120CT SLCD 4-5 GCHC	292 Each		164216
BUN SUB SLCD WGRAIN 5 12-8CT GCHC	292 Each	READY_TO_EAT	276142

Preparation Instructions

Layer 2 slices of each type of meat (salami, bologna, and ham) and 1 slice of cheese on each sub bun.

Meal Components (SLE)

Amount Per Serving

Meat	2.75
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 292.000

Serving Size: 1.00 Each

Amount Per Serving

Calories	369.02
Fat	16.65g
SaturatedFat	6.54g
Trans Fat	0.00g
Cholesterol	83.05mg
Sodium	1181.19mg
Carbohydrates	30.02g
Fiber	2.00g
Sugar	4.00g
Protein	22.20g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 216.23mg	Iron 3.10mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes