### **Cookbook for Henderson County High School**

**Created by HPS Menu Planner** 

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# **Yogurt with Grahams & String Cheese**

| Servings:     | 1.00                 | Category:      | Entree  |
|---------------|----------------------|----------------|---------|
| Serving Size: | 1.00 Each            | HACCP Process: | No Cook |
| Meal Type:    | Breakfast            | Recipe ID:     | R-4517  |
| School:       | Jefferson Elementary |                |         |

### Ingredients

| Description                           | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| YOGURT STRAWB BAN L/F 12-6Z YOPL      | 1 Each      | 307742     |
| CRACKER GRHM HNY CHOC BUNNY 100-1.25Z | 1 Package   | 643012     |
| CHEESE STRING MOZZ IW 168-1Z LOL      | 1 Each      | 786580     |

### **Preparation Instructions**

Wash hands before starting Gather all supplies including small bag. Place 3 items in bag Put all items back in cooler until meal time

# Cheeseburger

| Servings:     | 1.00                 | Category:      | Entree           |
|---------------|----------------------|----------------|------------------|
| Serving Size: | 1.00 Each            | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                | Recipe ID:     | R-4528           |
| School:       | Jefferson Elementary |                |                  |

#### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| CHEESE AMER 160CT SLCD R/F 6-5 LOL | 1 Slice     | 722360     |
| BEEF PTY CKD 2.5Z 6-5 COMM         | 1 Each      | 785850     |
| BUN HAMB WHLWHE 3.5 R/SOD 10-12CT  | 1 Each      | 676151     |

### **Preparation Instructions**

Wash hands and put on gloves

Gather all supplies

Beef Patty:

conventional oven: frozen at 375 degree f for 15-18 minutes. Thawed at 375 degree f for 10-12 minutes. Convection oven: frozen at 350 degree f for 9-11 minutes. Thawed at 350 degree f for 5-7 minutes.

Once burgers are cooked assemble sandwich with 1 beef patty and 1 slice of cheese per bun.

Place all assembled sandwiches and extra patties in warmer until meal time.

# Hamburger

| Servings:     | 1.00                 | Category:      | Entree           |
|---------------|----------------------|----------------|------------------|
| Serving Size: | 1.00 Each            | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                | Recipe ID:     | R-4531           |
| School:       | Jefferson Elementary |                |                  |

#### Ingredients

| Description                           | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| BEEF PTY CKD LO SOD FLAMEBR 144-2.25Z | 1 Each      | 226851     |
| BUN HAMB SLCD 4 10-12CT GCHC          | 1 Each      | 763233     |

### **Preparation Instructions**

Wash hands and put on gloves before starting.

Beef Patty:

Conventional oven: frozen at 375 degree f for 15-18 minutes. Thawed at 375 degree f for 10-12 minutes. Convection oven: frozen at 350 degree f for 9-11 minutes. Thawed at 350 degree f for 5-7 minutes.

Once patty's are cooked assemble sandwiches and place in warmer until meal time.

### Corn

| Servings:     | 200.00     | Category:      | Vegetable        |
|---------------|------------|----------------|------------------|
| Serving Size: | 4.00 Ounce | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch      | Recipe ID:     | R-4539           |

### Ingredients

| Description                        | Measurement  | DistPart # |
|------------------------------------|--------------|------------|
| CORN CUT IQF 30 KE                 | 1/2 Cup      | 283730     |
| BUTTER ALT LIQ NT 3-1GAL GCHC      | 1/2 Cup      | 614640     |
| SPICE PEPR BLK REST GRIND 16Z TRDE | 2 Tablespoon | 225061     |
| BUTTER SUB 24-4Z BTRBUDS           | 1/2 Cup      | 209810     |

### **Preparation Instructions**

GATHER PANS AND SPICES NEEDED EITHER COOK CORN IN TILT SKILLET, COMBI OVEN COOK CORN UNTIL IT REACHES 135 OR ABOVE PLACE IN WARMER AND HOLD UNTIL SERVE TIME

# **Scrambled Egg Mix with Toast**

| Servings:     | 1.00      | Category:      | Entree           |
|---------------|-----------|----------------|------------------|
| Serving Size: | 2.00 oz   | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast | Recipe ID:     | R-4553           |

#### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| BREAD WHT SFT SLCD 1/2 16-22Z GCHC | 1 Slice     | 204782     |
| PAN SPRAY BUTTERMIST 6-17Z BTRBUDS | 1 Teaspoon  | 651171     |
| EGG SCRMBD CKD W/BCN & CHS 4-5 SNY | 1 Ounce     | 533034     |

### **Preparation Instructions**

Wash hands and put on clean gloves.

Gather all supplies needed.

Scrambled Egg Mix: Place eggs in a sprayed pan. CONVECTION OVEN - 275 degrees F Thawed: 25-30 minutes Frozen: 30-35 minutes CONVENTIONAL OVEN - 300 degrees F Thawed: 30-35 minutes Frozen: 35-40 minutes

Toast: Place slices of bread on sheet pans sprayed with butter spray and spray tops of bread with butter pan spray. Place in 300 degree convection oven and cook to personal state of browning.

## **Breakfast Pizza**

| Servings:     | 1.00       | Category:      | Entree           |
|---------------|------------|----------------|------------------|
| Serving Size: | 3.50 Ounce | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast  | Recipe ID:     | R-4559           |

#### Ingredients

| Description                           | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| PIZZA BKFST TKY SAUS WGRAIN 192CT MAX | 1 Each      | 863140     |

### Preparation Instructions

WASH HANDS AND PUT ON GLOVES

PREPARE FROM FROZEN STATE.

CONVECTION OVEN: PREHEAT TO 375\*F. BAKE ON PARCHMENT LINED PAN 13-15 MINUTES. CONVENTIONAL OVEN: PREHEAT OVEN TO 400\*F. BAKE ON PARCHMENT LINED PAN 13-15 MINUTES. COOK PRODUCT UNTIL INTERNAL TEMPERATURE REACHES A MINIMUM OF 165\*F.

ONCE COOKED PLACE IN WARMER UNTIL MEAL TIME.

REFRIGERATE OR DISCARD ANY UNUSED PORTIONS.

# **Juice Every Day Fruit Juice**

| Servings:     | 1.00      | Category:      | Fruit   |
|---------------|-----------|----------------|---------|
| Serving Size: | 0.80 Cup  | HACCP Process: | No Cook |
| Meal Type:    | Breakfast | Recipe ID:     | R-4565  |

### Ingredients

| Description                         | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| JUICE BOX APPL 100 40-6.75FLZ       | 1/4 Each    | 698332     |
| JUICE BOX ORNG TANGR 100 40-6.75FLZ | 1/4 Each    | 698351     |
| JUICE BOX FRT PNCH 100 40-6.75FLZ   | 1/4 Each    | 698340     |
| JUICE BOX VERY BRY 40-6.75FLZ       | 1/4 Each    | 698361     |

### **Preparation Instructions**

Ready to drink. keep refrigerated till time of service

# **Cole Slaw**

| Servings:     | 1.00      | Category:      | Vegetable |
|---------------|-----------|----------------|-----------|
| Serving Size: | 1.00 Each | HACCP Process: | No Cook   |
| Meal Type:    | Lunch     | Recipe ID:     | R-4568    |

### Ingredients

| Description                         | Measurement  | DistPart # |
|-------------------------------------|--------------|------------|
| COLE SLAW SHRED SEP BAG 1/8 4-5 RSS | 1/2 Cup      | 198226     |
| DRESSING COLE SLAW 4-1GAL GCHC      | 1 Tablespoon | 106992     |

### **Preparation Instructions**

WASH HANDS AND PUT ON CLEAN GLOVES OPEN BAG OF COLE SLAW MIX AND POUR INTO BOWL, POUR IN COLE SLAW DRESSING AND MIX WELL. POUR INTO SERVING PAN DEEDICEDATE LINTH, MEAL TIME

REFRIGERATE UNTIL MEAL TIME

## **Chicken Alfredo**

| Servings:     | 1.00      | Category:      | Entree           |
|---------------|-----------|----------------|------------------|
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch     | Recipe ID:     | R-4569           |

#### Ingredients

| Description                  | Measurement | DistPart # |
|------------------------------|-------------|------------|
| CHIX DCD STRPS 1/2 30 GLDKST | 2 Ounce     | 187791     |
| SAUCE ALFREDO FZ 6-5 JTM     | 1 Ounce     | 155661     |
| PASTA ROTINI 2-10 KE         | 1 Ounce     | 635511     |

#### **Preparation Instructions**

WASH HANDS AND PUT ON CLEAN GLOVES

DICED CHICKEN:

BAKE FROM FROZEN: CONVENTIONAL OVEN: 8-10 MINUTES AT 350F; CONVECTION OVEN: 6-8 MINUTES AT 350F.

ALFREDO SAUCE:

PREPARE FROM FROZEN STATE

PLACE SEALED BAG IN STEAMER OR BOILING WATER. HEAT APPROXIMATELY 30 MINUTES OR UNTIL PRODUCT REACHES SERVING TEMPERATURE. CAUTION: OPEN BAG CAREFULLY TO AVOID BEING BURNED.

**ROTINI NOODLES:** 

SIMPLE RULE FOR EACH POUND OF PASTA BRING 1 GALLON OF WATER TO A FULL ROLLING BOIL. GRADUALLY ADD PASTA TO BOILING WATER, STIR GENTLY AND RETURN TO A FULL BOIL. LEAVE THE POT UNCOVERED AND KEEP WATER AT A CONSTANT BOIL. STIR OCCASIONALLY TO PREVENT PASTA FROM STICKING. TASTE THE PASTA TWO MINUTES BEFORE THE RECOMMENDED COOK TIME ELAPSES TO CHECK FOR PREFERRED TENDERNESS. PASTA SHOULD BE FIRM TO THE BITE. DRAIN PASTA IMMEDIATELY. DO NOT RINSE IF SERVING RIGHT AWAY.

ONCE ALL COMPONENTS ARE COOKED AND READY COMBINE EVERYTHING, STIR AND PUT IN A SERVING PAN.

SERVE WITH A 6 OZ SPOODLE

### Peas

| Servings:     | 1.00      | Category:      | Vegetable        |
|---------------|-----------|----------------|------------------|
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch     | Recipe ID:     | R-4570           |

### Ingredients

| Description                       | Measurement  | DistPart # |
|-----------------------------------|--------------|------------|
| PEAS GREEN IQF 30 KE              | 1/2 Cup      | 283760     |
| BUTTER ALT LIQ NT 3-1GAL GCHC     | 1 Tablespoon | 614640     |
| SPICE PEPR BLK REG FINE GRIND 16Z | 1 Teaspoon   | 225037     |

### Preparation Instructions

No Preparation Instructions available.

### Toast

| Servings:     | 1.00                   | Category:      | Grain            |
|---------------|------------------------|----------------|------------------|
| Serving Size: | 1.00 Slice             | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast              | Recipe ID:     | R-4596           |
| School:       | Spottsville Elementary |                |                  |

### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| BREAD WHT SFT SLCD 1/2 16-22Z GCHC | 1 Slice     | 204782     |
| PAN SPRAY BUTTERMIST 6-17Z BTRBUDS | 1 Teaspoon  | 651171     |

### **Preparation Instructions**

Wash hands and put on clean gloves

Spray large pan with butter spray

Line pay with bread and spray top of bread with butter spray

Cook in oven on 300 degrees until personal state of browning.

# Side Salad

| Servings:     | 1.00      | Category:      | Vegetable |
|---------------|-----------|----------------|-----------|
| Serving Size: | 1.00 Each | HACCP Process: | No Cook   |
| Meal Type:    | Lunch     | Recipe ID:     | R-8188    |

### Ingredients

| Description                     | Measurement | DistPart # |
|---------------------------------|-------------|------------|
| LETTUCE ROMAINE RIBBONS 6-2 RSS | 1 Cup       | 451730     |
| CHEESE CHED MLD SHRD 4-5 LOL    | 1 Teaspoon  | 150250     |
| TOMATO GRAPE SWT 10 MRKN        | 2 Each      | 129631     |

### **Preparation Instructions**

No Preparation Instructions available.

# Sausage Biscuit

| Servings:     | 1.00                 | Category:      | Entree           |
|---------------|----------------------|----------------|------------------|
| Serving Size: | 3.00 Ounce           | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast            | Recipe ID:     | R-8196           |
| School:       | Jefferson Elementary |                |                  |

#### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| DOUGH BISCUIT WGRAIN 216-2.1Z RICH | 1 Each      | 237390     |
| SAUSAGE PTY STHRN 1.33Z 6-5 JTM    | 1 Each      | 785880     |

### **Preparation Instructions**

Wash hands and put on gloves. Gather all supplies. Biscuit: Follow directions on box. Sausage: Lay sausage patties on sprayed pan and cook at 300 degrees until internal temperature reaches 165 degrees.

### **Mashed Potatoes**

| Servings:     | 200.00                      | Category:      | Vegetable        |
|---------------|-----------------------------|----------------|------------------|
| Serving Size: | 4.00 Ounce                  | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                       | Recipe ID:     | R-8221           |
| School:       | South Heights<br>Elementary |                |                  |

#### Ingredients

| Description                        | Measurement  | DistPart # |
|------------------------------------|--------------|------------|
| POTATO MASH SEAS R/SOD 6-4 MCC     | 4 Ounce      | 860560     |
| POTATO PRLS XTRA RICH 6-3.56 BAMER | 4 Ounce      | 222585     |
| POTATO MASHED SEAS 6-4 OREI        | 4 Ounce      | 249106     |
| BUTTER SUB 24-4Z BTRBUDS           | 1/2 Package  | 209810     |
| SPICE PEPR BLK REG FINE GRIND 16Z  | 7 Tablespoon | 225037     |
| BUTTER ALT LIQ NT 3-1GAL GCHC      | 3 Сир        | 614640     |

### **Preparation Instructions**

Wash hands and gather all supplies you will need Put on gloves Either in Mixer, Vertical cutter, Steamer, Combi oven Mix water, spices and potatoes until creamy Make sure they temp at 135 or higher Place in Steam table pan and hold in warmer until ready to serve

# **Pork Rib Patty Sandwich**

| Servings:     | 1.00                        | Category:      | Entree           |
|---------------|-----------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                   | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                       | Recipe ID:     | R-8222           |
| School:       | South Heights<br>Elementary |                |                  |

#### Ingredients

| Description                         | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| PORK RIB PTY CKD BBQ W/SCE 2.8Z 6-5 | 1 Each      | 661921     |
| BUN HOT DOG SLCD 5.75 12-12CT GCHC  | 1 Each      | 763225     |

### Preparation Instructions

Wash hands and put on clean gloves

Pork Rib Patty:

Lay out patties on an oven sheet pan in a single layer. Heat in a conventional oven preheated to 350 degrees F for 12-14 minutes or heat in a convection oven preheated to 350 degrees F for 10-12 minutes.

Once patties are cooked assemble sandwich and place in warmer until meal time.

# **Chicken Strip Basket**

| Servings:     | 1.00                        | Category:      | Entree           |
|---------------|-----------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                   | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                       | Recipe ID:     | R-8233           |
| School:       | South Heights<br>Elementary |                |                  |

#### Ingredients

| Description                        | Measurement   | DistPart # |
|------------------------------------|---------------|------------|
| CHIX STRP WGRAIN 3.06Z 30 PRCE     | 3 Each        | 546561     |
| FRIES 1/2 C/C OVEN 6-5 MCC         | 4 Ounce       | 200697     |
| BREAD GARL TX TST SLC 12-12CT GCHC | 1 Slice       | 611910     |
| GRAVY MIX BISC WHITE SAUCE 12-24Z  | 1 Fluid Ounce | 242420     |

#### **Preparation Instructions**

WASH HANDS AND PUT ON CLEAN GLOVES

CHICKEN STRIPS:

BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-14 MINUTES AT 350F; CONVECTION OVEN FOR 8-10 MINUTES AT 350F.

CRINKLE FRIES:

CONVENTIONAL: PREHEAT OVEN TO 450° F. PLACE FROZEN FRIES IN A SINGLE LAYER ON A SHALLOW BAKING PAN. BAKE FOR 18 TO 22 MINUTES.

CONVECTION: PREHEAT OVEN TO 425° F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 14 MINUTES, TURNING ONCE FOR UNIFORM COOKING.

GARLIC TOAST:

Preheat oven to 450 degrees Fahrenheit. Place GFS sliced garlic toast on cookie sheet. Heat each side for 3-4 minutes or until butter is melted or until heated through.

GRAVY:

PREPARE AS INSTRUCTED ON PACKAGE

ONCE ALL COMPONENTS ARE PREPARED CUP GRAVY INTO 4 OZ STYROFOAM CUPS, AND BOAT ALL 4 ITEMS TOGETHER IN A 2#BOAT

PUT IN WARMER UNTIL MEAL TIME

# **Scrambled Eggs with Toast**

| Servings:     | 1.00                        | Category:      | Entree           |
|---------------|-----------------------------|----------------|------------------|
| Serving Size: | 2.00 Ounce                  | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                   | Recipe ID:     | R-8234           |
| School:       | South Heights<br>Elementary |                |                  |

#### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| BREAD WHT SFT SLCD 1/2 16-22Z GCHC | 1 Slice     | 204782     |
| PAN SPRAY BUTTERMIST 6-17Z BTRBUDS | 1 Teaspoon  | 651171     |
| EGG SCRMBD CKD FZ 4-5 CARG         | 1 Ounce     | 192330     |

### **Preparation Instructions**

Scrambled Eggs:

Place pre-cooked scrambled eggs in a pan sprayed with pan release, cover pan with foil. Place in oven.

CONVECTION OVEN - 275ŰF Thawed: 25-30 minutes Frozen: 30-35 minutes CONVENTIONAL OVEN - 300ŰF Thawed: 30-35 minutes Frozen: 35-40 minutes

Toast:

Spray pan with butter spray, place bread slices and spray tops of them.

Cook in 300 degree oven to your desired state of browning.

# **Chicken Biscuit**

| Servings:     | 1.00                        | Category:      | Entree           |
|---------------|-----------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                   | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                   | Recipe ID:     | R-8235           |
| School:       | South Heights<br>Elementary |                |                  |

### Ingredients

| Description                         | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| Chicken Patty Breakfast Brd WG      | 1 Each      | 528820     |
| BISCUIT STHRN STYL EZ SPLT 216-2.2Z | 1 Each      | 866920     |

### **Preparation Instructions**

## **Double Burger/Cheeseburger - HCHS**

| Servings:     | 1.00                            | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-13923          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| BUN HAMB SLCD 4 10-12CT GCHC       | 1 Each      | 763233     |
| CHEESE AMER 160CT SLCD 6-5 COMM    | 1 Slice     | 150260     |
| BEEF STK PTY CKD 2.45Z 6-5 JTM     | 1 Each      | 661851     |
| BEEF PTY CKD LO SOD 2.25Z 6-5# JTM | 1 Each      | 655482     |
| BEEF PTY PREM CKD 3Z 6-4.875# JTM  | 1 Ounce     | 547933     |

#### **Preparation Instructions**

Wash hands and put on gloves

Gather all supplies

Beef Patty:

conventional oven: frozen at 375 degree f for 15-18 minutes. Thawed at 375 degree f for 10-12 minutes. Convection oven: frozen at 350 degree f for 9-11 minutes. Thawed at 350 degree f for 5-7 minutes. Should reach 165 degrees internal temp.

Once burgers are cooked assemble sandwich with 2 beef patty's per bun.

Add slice cheese for cheeseburger.

Place all assembled sandwiches and extra patties in warmer until meal time. Optional - wrap in foil.

# **Pizza/Salad Bar - HCHS**

| Servings:     | 1.00                            | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-13930          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| LETTUCE ROMAINE RIBBONS 6-2 RSS    | 1 Cup       | 451730     |
| SPINACH BABY CLND 2-2 RSS          | 1 Cup       | 560545     |
| CARROT BABY WHL CLEANED 12-2 RSS   | 1 Ounce     | 510637     |
| TOMATO ROMA DCD 3/8 2-5 RSS        | 1/4 Cup     | 786543     |
| BROCCOLI FLORET REG CUT 4-3 RSS    | 1/4 Cup     | 732478     |
| CHEESE CHED MLD SHRD 4-5 LOL       | 1/8 Cup     | 150250     |
| CUCUMBER SELECT 24CT MRKN          | 1/4 Cup     | 418439     |
| POTATO BAKER IDAHO 90CT MRKN       | 2 Ounce     | 233277     |
| PIZZA CHS WGRAIN PRIMO 16 9-41.44Z | 1/2 Slice   | 575522     |
| PIZZA PEPP 16 WGRAIN R/E BOLD 9CT  | 1/2 Slice   | 503962     |

#### **Preparation Instructions**

#### WASH HANDS AND PUT ON CLEAN GLOVES

#### PIZZA:

COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: 350°F high fan for 14-16 minutes. IMPINGEMENT OVEN: 420°F for 6-7 minutes. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.

# **Spicy Chicken Sandwich - HCHS**

| Servings:     | 1.00                            | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 5.00 Ounce                      | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-18503          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                           | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| CHIX PTY HOT&SPCY WGRAIN 3.05Z 6-26CT | 1 Each      | 536550     |
| BUN HAMB SLCD WHEAT WHL 4 10-12 GCHC  | 1 Each      | 517810     |

### Preparation Instructions

Wash Hands and Put on Gloves

Get buns out to thaw, if not already thawed.

Chicken Patty:

BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-14 MINUTES AT 350F; CONVECTION OVEN FOR 8-10 MINUTES AT 350F.

Assemble Sandwich and put in warmer or leave separate and place cooked chicken patty's in warmer.

# **Yogurt Bar - HCHS**

| Servings:     | 1.00                            | Category:      | Entree  |
|---------------|---------------------------------|----------------|---------|
| Serving Size: | 1.00 Cup                        | HACCP Process: | No Cook |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-18513 |
| School:       | Henderson County<br>High School |                |         |

### Ingredients

| Description                         | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| YOGURT VAN L/F PARFPR 6-4 YOPL      | 4 Ounce     | 811500     |
| YOGURT STRAWB L/F PARFPR 6-4 YOPL   | 4 Ounce     | 811490     |
| PEACH DCD 3/8 IQF 2-5 DOLE          | 1/4 Cup     | 192151     |
| STRAWBERRY DCD 1/2 IQF 2-5 CHEF-RDY | 1/4 Cup     | 621420     |
| BLUEBERRY FREE-FLOW IQF 30 GCHC     | 1/4 Cup     | 119873     |
| GRANOLA OAT&HNY BULK 4-50Z NATVLLY  | 1 Ounce     | 226671     |

### Preparation Instructions

No Preparation Instructions available.

# **Colonel Chick-Filet - HCHS**

| Servings:     | 1.00                            | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 4.00 Ounce                      | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-18514          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                         | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| BUN HAMB SLCD 4 10-12CT GCHC        | 1 Each      | 763233     |
| CHIX BRST FLLT WGRAIN DILL CKD 4-5# | 4 Ounce     | 542832     |

### **Preparation Instructions**

Wash Hands and put on gloves.

Conventional Oven: Heat 14-16 minutes at 375F. Turn after 6 minutes.

Convection Oven: 13-15 minutes at 375F. Turn after 6 minutes.

# **Stromboli - HCHS**

| Servings:     | 1300.00                         | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00                            | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-19797          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                       | Measurement | DistPart # |
|-----------------------------------|-------------|------------|
| ROLL HOAGIE 6 12-6CT GCHC         | 1 Each      | 206580     |
| BEEF CRMBL CKD IQF 6-5# JTM       | 3 Ounce     | 661940     |
| SAUCE MARINARA SMOOTH 6-10 PG     | 1/2 Cup     | 231762     |
| CHEESE MOZZ SHRD 4-5 LOL          | 2 Ounce     | 645170     |
| SEASONING PIZZA ITAL MIX 12Z TRDE | 1 Teaspoon  | 413461     |
| PEPPERS GREEN DCD 1/2 2-3 RSS     | 1/4 Cup     | 283959     |

### **Preparation Instructions**

Place beef crumbles in bags steamer or in tilt skillet out of bag for 30 min or until internal temperature reaches 165 or above.

Mix Italian pizza seasoning and marinara sauce to the beef crumbles.

Place hoagie rolls on sheet pan. Add beef, diced peppers, mozzarella cheese and cook in oven a 350 until reaches internal temp of 165 above and bread has a nice brown look.

Wrap in foil and serve.

# **Donut Holes w/Sugar & Cinnamon - HCHS**

| Servings:     | 200.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 6.00                            | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-19805          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                        | Measurement  | DistPart # |
|------------------------------------|--------------|------------|
| DONUT HOLE CAKE WGRAIN 38441Z RICH | 6 Each       | 839520     |
| SUGAR CANE GRANUL XFINE 50# P/L    | 1 Tablespoon | 563191     |
| SPICE CINNAMON GRND 15Z TRDE       | 1 Tablespoon | 224723     |

#### **Preparation Instructions**

Thaw donuts overnight. Place donuts on flat pan and Heat at 350 for 5 minutes.

Mix sugar and cinnamon together in a pan.

Roll donuts until coated with sugar cinnamon mix.

Serve.

## **Donut Breakfast Sandwich - HCHS**

| Servings:     | 200.00    | Category:      | Entree           |
|---------------|-----------|----------------|------------------|
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast | Recipe ID:     | R-19810          |

#### Ingredients

| Description  | Measurement | DistPart # |
|--|-------------|------------|
| SAUSAGE PTY SAGE CKD IQF 96-2Z GFS                       | 1 Each      | 641783     |
| DONUT YST RNG WGRAIN 84-2Z RICH                          | 1 Each      | 556582     |
| Egg Patty Round Commodity                                | 1 PATTY     |            |
| CHEESE, AMERICAN, YELLOW, PASTEURIZED, SLICED LOW SODIUM | 1 Ounce     | 46288      |

#### **Preparation Instructions**

Put each item on sheet pans - Sausage, egg patty, and donut.

Make glaze using powder sugar and white milk. Mix until at consistency needed for glaze.

Cook each item using instructions above.

Hold in warmer until ready to assemble at 145 degrees.

Cut donut in half.

Place sausage, egg patty, and cheese slice on donut to make a sandwich. Dribble glaze on top of donut and serve. Hold in wamer.

# Sausage Biscuit M/E

| Servings:                 | 200.00    | Category:      | Entree           |
|---------------------------|-----------|----------------|------------------|
| Serving Size:             | 1.00      | HACCP Process: | Same Day Service |
| Meal Type:                | Breakfast | Recipe ID:     | R-20173          |
| Ingredients               |           |                |                  |
| Description               |           | Measurement    | DistPart #       |
| SAUSAGE PTY STHRN 1.33Z 6 | -5 JTM    | 1 Each         | 785880           |
| SAUSAGE PTY SAGE CKD IQF  | 96-2Z GFS | 1 Each         | 641783           |

### **Preparation Instructions**

Cook biscuits as instructed above. Cook sausage as instructed above, cook until internal temp reaches 165 or above. Put sausage patty on biscuit and wrap in foil. Serve.

### **Uncrustable - Central**

| Servings:     | 5.00                            | Category:      | Entree  |
|---------------|---------------------------------|----------------|---------|
| Serving Size: | 1.00                            | HACCP Process: | No Cook |
| Meal Type:    | Lunch                           | Recipe ID:     | R-20261 |
| School:       | Henderson County<br>High School |                |         |

### Ingredients

| Description                           | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| SAND UNCRUST PB&J GRP WGRAIN 72-2.6Z  | 1 Each      | 527462     |
| CHEESE STRING MOZZ IW 168-1Z LOL      | 1 Each      | 786580     |
| CRACKER GRHM HNY MAID LIL SQ 72-1.06Z | 1 Package   | 503370     |
| CRACKER GLDFSH GRHM VAN 3009Z PEPP    | 1 Each      | 198472     |

#### **Preparation Instructions**

Must serve 1 uncrustable, 1 cheese stick, and 1 cracker to make it complete.

1 uncrustable = 1 oz meat & 1 oz grain

1 cheese = 1 oz meat

1 graham = 1 oz grain

# **Colonel's Hot Brown - HCHS**

| Servings:     | 900.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-20274          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| CHIX HAM BLACK FOREST SLCD 6-2 TYS | 4 Slice     | 527380     |
| BREAD TX TST WHT 3/4 SLCD 12-22Z   | 1 Slice     | 793350     |
| BACON TKY L/O 28-32CT FZ 2-6 KE    | 2 Slice     | 219901     |
| TOMATO 5X6 XL 25 MRKN              | 1/4 Cup     | 206032     |
| PARSLEY CALIF CLND 4-1 RSS         | 1/2 Ounce   | 272396     |
| SAUCE CHS CHED 6-5 JTM             | 2 Ounce     | 271081     |

### **Preparation Instructions**

1. Place turkey bacon on pan & cook until bacon is crispy.

2. Place sliced tomatoes on tray and cook in oven until warm.

3.Spray Texas toast with butter spray & toast in oven until golden brown and crisp.

4. Place 4 slices of ham on toast.

5.Drizzle some cheese sauce over ham and toast.

6.Place 2 tomato slices and drizzle more cheese sauce.

7.Top with two slices of bacon and but complete sandwich in oven to heat thoroughly.

8.Garnish with parsley sprigs.

9.Place in warmer until time to serve.

# **Grilled Cheese - HCHS**

| Servings:     | 500.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-20275          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                          | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| CHEESE AMER 160CT SLCD R/F R/SOD 6-5 | 4 Slice     | 189071     |
| BREAD WGRAIN HNY WHT 16-24Z GCHC     | 2 Slice     | 204822     |
| PAN SPRAY BUTTERMIST 6-17Z BTRBUDS   | 1 Teaspoon  | 651171     |

### **Preparation Instructions**

Spray with butter spray or spread liquid butter on bottom slice of bread.

Put 4 Slices of Cheese on bread then top with 2nd slice of bread. Spray with butter spray or spread liquid butter.

Bake until bread is toasted and cheese melted, should reach 145 degrees.

Keep in warmer until time to serve.

4 slices of cheese = 2 oz meat

2 slices of bread = 2 oz grain

# Wings - HCHS

| Servings:     | 1200.00                         | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1200.00 Each                    | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-20438          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| CHIX WNG CKD OVN RSTD 6-5 GOLDKIST | 5 Each      | 159883     |
| RUB CLASSIC BBQ 4.25 TRDE          | 1 Teaspoon  | 860421     |

### Preparation Instructions

Coat chicken wings with dry rub and place on flat pan. Cook at 350 degrees for 30-35 minutes or until reach internal temp of 165 degrees or above.

Keep in warmer on flat pans until serving time and maintain temp of 145 degrees internal temp or above.

Can put wings in 1/2 pan on line to serve.

5 wings per servings.

\*\*Optional-can serve with sauces.

## **Queso Chicken & Rice - HCHS**

| Servings:     | 1000.00                         | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 6.00 Ounce                      | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-21800          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                         | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| SAUCE CHS QUESO BLANCO FZ 6-5 JTM   | 1 Ounce     | 722110     |
| RICE SPANISH 6-36Z UBEN             | 3 Ounce     | 555169     |
| CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON | 2 Ounce     | 570533     |

### **Preparation Instructions**

Mix all three ingredients together and cook until temp reaches internal temp of 165 or above.

## **Buffalo Chicken Dip - HCHS**

| Servings:     | 200.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 4.00 Ounce                      | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-22635          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                         | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON | 15 Pound    | 570533     |
| CHEESE CREAM LOAF 10-3 GCHC         | 15 Pound    | 163562     |
| SAUCE HOT 4-1GAL TXPETE             | 15 Cup      | 263030     |
| DRESSING RNCH BTRMLK 4-1GAL GCHC    | 15 Cup      | 426598     |
| CHEESE BLND MEX SHRD FTHR 4-5 GCHC  | 15 Quart    | 606952     |
| CHIP TORTL RND R/F 64-1.45Z TOSTIT  | 1 Each      | 662512     |

### **Preparation Instructions**

WE USED FOR 1100 SERVINGS: 6 GALLONS OF HOT SAUCE, 6 GALLONS OF RANCH, 3 CASES + 4LB OF CREAM CHEESE, 5 CASES OF SHREDDED CHEESE, 10 CASES OF DICED CHICKEN.

IF USE BAKEABLE BOWLS, WILL NEED 2 CASES OF 720.

Steam chicken to 165 degrees and soften cream cheese. (See prep instructions)

Mix cream cheese and chicken until combined.

Add hot sauce, ranch dressing, and cheese and mix until combined.

Using 4 oz scoop, place 1 (one) scoop into each bowl.

Bake on convection at 325 for 12-15 min. NO NOT use browning level or turbo.

Serve with tortilla chips.

## **McColonel McMuffin - HCHS**

| Servings:     | 200.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-23341          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                       | Measurement | DistPart # |
|-----------------------------------|-------------|------------|
| MUFFIN ENGLISH 2Z 12-12CT GCHC    | 1 Each      | 208640     |
| SAUSAGE PTY STHRN 1.33Z 6-5# COMM | 1 Each      | 785880     |
| Egg Patty Round Commodity         | 1 PATTY     |            |
| CHEESE AMER 160CT SLCD 6-5 COMM   | 1 Slice     | 150260     |

### **Preparation Instructions**

Cook sausage & egg patty per their instructions. Make sure they are cooked to 165 degrees internal temp. Once sausage & egg are cooked place on English Muffin along with a slice of cheese and serve.

## Hot Ham & Cheese - HCHS

| Servings:     | 1300.00                         | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-23354          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                          | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| HAM HNY DELI SHVD FRSH 6-2 GFS       | 5 Ounce     | 779160     |
| CHEESE AMER 160CT SLCD 6-5 COMM      | 1 Slice     | 150260     |
| BUN HAMB SLCD WHEAT WHL 4 10-12 GCHC | 1 Each      | 517810     |

### **Preparation Instructions**

PUT 4 SLICES OF MEAT AND 1 SLICE OF CHEESE ON EACH BUN AND PLACE TOP ON WRAP IN FOIL SHEETS PLACE ON PAN PUT IN OVEN ON 300 DEGREES F UNTIL CHEESE IS MELTED PLACE IN WARMER UNTIL SERVING TIME 5 oz of Ham = 3.75 oz meat 1 slice of cheese = .5 oz meat 1 bun = 2 oz grain

# **BBQ Chicken - HCHS**

| Servings:     | 900.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-27719          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                                | Measurement  | DistPart # |
|--|--------------|------------|
| Chicken Fajita Strips                      | 1 Ounce      | 17907      |
| Unseasoned, chicken Strips, cooked, frozen | 1 Ounce      | 110462     |
| SAUCE BBQ 4-1GAL SWTBRAY                   | 1 Tablespoon | 655937     |

### **Preparation Instructions**

Cook chicken in steamer for 30 min or until internal temp reaches 165 degrees.

Chop up/shred chicken.

Cover and mix with bbq sauce and place in warmer.

Serve.

# **Pepper Jack Chicken - HCHS**

| Servings:     | 65.00                           | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 4.00 Ounce                      | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-28107          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                                | Measurement | DistPart # |
|--|-------------|------------|
| Unseasoned, chicken Strips, cooked, frozen | 2 Package   | 110462     |
| CHEESE PEPR JK SHRD FTHR 4-5 P/L           | 1 Gallon    | 114422     |
| Shredded Mild Cheddar Cheese               | 1 Gallon    | 122190     |

### **Preparation Instructions**

Cook chicken in steamer until reaches 165 degree internal temp.

Mix in pepper jack cheese then heat until cheese melted.

Serve. - Hold temp at 145 degrees or more.

2 bags of chicken, 1 gallon of shredded Cheddar Cheese & Pepper Jack Cheese.

Salt, Pepper, Garlic Powder, Onion Powder. Serves 65

## **Pop Tarts - 2 pack - HCHS**

| Servings:     | 200.00                          | Category:      | Entree  |
|---------------|---------------------------------|----------------|---------|
| Serving Size: | 1.00 Each                       | HACCP Process: | No Cook |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-28133 |
| School:       | Henderson County<br>High School |                |         |

### Ingredients

| Description                          | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| PASTRY POP-TART WGRAIN CINN 72-2CT   | 1 Package   | 123081     |
| PASTRY POP-TART WGRAIN FUDG 72-2CT   | 1 Package   | 452082     |
| PASTRY POP-TART WGRAIN STRAWB 72-2CT | 1 Package   | 123031     |

### **Preparation Instructions**

Only serve 1 package of 2 poptarts per student. May use a variety of flavors.

# Sausage Biscuit - HCHS

| Servings:     | 200.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-28148          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| SAUSAGE PTY SAGE CKD IQF 96-2Z GFS | 1 Each      | 641783     |
| DOUGH BISCUIT WGRAIN 216-2.1Z RICH | 1 Each      | 237390     |

### **Preparation Instructions**

Cook Sausage at 350 degrees until reaches internal temp of 165 degrees or more, about 15 min.

Cook Biscuit until done, 237390, 350 degrees for about 15 min.

Put Sausage and Biscuit together and wrap in foil. Serve. Holding temp 145 degrees.

1 biscuit = 2 oz grain

## **Cheeseburger - HCHS**

| Servings:     | 600.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-28158          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                          | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| BEEF STK PTY CKD 2.45Z 6-5 JTM       | 1 Each      | 661851     |
| BEEF PTY CKD LO SOD 2.25Z 6-5# JTM   | 1 Each      | 655482     |
| BEEF PTY PREM CKD 3Z 6-4.875# JTM    | 1 Ounce     | 547933     |
| CHEESE AMER 160CT SLCD 6-5 COMM      | 1 Slice     | 150260     |
| BUN HAMB SLCD WHEAT WHL 4 10-12 GCHC | 1 Each      | 517810     |

#### **Preparation Instructions**

Use 1 beef patty from any of the listed numbers.

Cook beef patty at 350 degrees for about 12 minutes or until internal temp reaches 165 degrees.

Put one piece of cheese on beef patty and places on bun.

Wrap in foil and place in warmer until time to serve. Hold temp should be 145 degrees. Hold time is 4 hours.

# **Fruit Every Day Fruit - HCHS**

| Servings:     | 600.00                          | Category:      | Fruit            |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-28349          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                          | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| BANANA TURNING SNGL 150CT 40 P/L     | 1 Each      | 197769     |
| PEAR 95-110CT MRKN                   | 1 Piece     | 198056     |
| ORANGES NAVEL/VALENCIA CHC 125-138CT | 1 Cup       | 322326     |
| APPLE FRSH SLCD 100-2Z P/L           | 1 Package   | 473171     |
| APPLE DELICIOUS RED 163CT MRKN       | 1 Piece     | 540005     |
| APPLE DELIC GLDN 125-138CT MRKN      | 1 Piece     | 597481     |
| APPLESAUCE CINN CUP 96-4.5Z P/L      | 1 Each      | 753921     |
| APPLESAUCE STRAWB UNSWT 96-4.5Z P/L  | 1 Each      | 753931     |
| PEACH DCD CUP IN JCE 36-4Z DOLE      | 1 Each      | 131970     |
| PINEAPPLE TIDBITS CUP 36-4Z DOLE     | 1 Ounce     | 216300     |
| CRANBERRY DRIED CHRY 200-1.16Z OCSPR | 1 Package   | 636402     |
| CRANBERRY DRIED STRAWB 200-1.16Z     | 1 Package   | 531681     |
| CRANBERRY DRIED 200-1.16Z OCSPR      | 1 Each      | 784641     |
| RAISIN SELECT 1.5Z BOXES 24-6CT P/L  | 1 Cup       | 544426     |
| Mixed Berry Cup                      | 11          |            |
| Strawberry Cups Froz                 | 1           |            |
| Peaches, Diced, Cups, Frozen         | 1           | 51478      |

## Preparation Instructions

## **Cereal 1 oz - HCHS**

| Servings:     | 200.00                          | Category:      | Grain            |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-28382          |
| School:       | Henderson County<br>High School |                |                  |

## Ingredients

| Description                           | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| CEREAL APPLE JACKS R/S BWL 96-1Z KELL | 1 Each      | 283611     |
| CEREAL CINN TOAST R/S BWL 96CT GENM   | 1 Each      | 365790     |
| CEREAL FROOT LOOPS R/S BWL 96-1Z KELL | 1 Each      | 283620     |
| CEREAL LUCKY CHARMS WGRAIN BWL 96CT   | 1 Package   | 265811     |
| CEREAL REESES PUFFS WGRAIN 96CT GENM  | 1 Package   | 264761     |
| CEREAL RICE KRISPIES WGRAIN 96-1Z     | 1 Each      | 509303     |
| CEREAL TRIX R/S WGRAIN BWL 96CT GENM  | 1 Package   | 265782     |

### **Preparation Instructions**

## **Cereal 2 oz - HCHS**

| Servings:     | 150.00                          | Category:      | Grain            |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-28557          |
| School:       | Henderson County<br>High School |                |                  |

## Ingredients

| Description                          | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| CEREAL CHEERIOS HNYNUT CUP 60-2Z     | 1 Package   | 105307     |
| Lucky Charms 2 oz                    | 1 Container | 105840     |
| Cinnamon Toast Crunch 2 oz           | 1 container | 105931     |
| CEREAL RICE CHEX CINN CUP 60-2Z GENM | 1           | 105357     |
| Cocoa Puffs 2 oz                     | 1 Container | 105850     |

### **Preparation Instructions**

# **Philly Cheese Steak - HCHS**

| Servings:     | 525.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 6.25 Ounce                      | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-28573          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                          | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| BEEF STK PHLL SEAS CKD 2.86Z 6-5 JTM | 6 Ounce     | 720861     |
| SAUCE CHS WHT QUESO 4-5 BIB JTM      | 1 Each      | 701201     |
| BUN SUB SLCD WGRAIN 5 12-8CT GCHC    | 1 Each      | 276142     |

### **Preparation Instructions**

If beef steak and cheese are thawed but into pan and steam together to temp of 140.00 If not thawed, steam steak to temp of 165 and cheese to at least 140. Once reach temp, mix together. Serve on Sub Bun. 6 oz of philly steak = 4 oz of meat

1 oz of queso cheese = .15 oz meat

1 sub bun = 2 oz grain

## **Chicken Biscuit - HCHS**

| Servings:     | 200.00    | Category:      | Entree           |
|---------------|-----------|----------------|------------------|
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast | Recipe ID:     | R-28671          |

#### Ingredients

| Description                          | Measurement  | DistPart # |
|--------------------------------------|--------------|------------|
| Chicken Patty Breakfast Brd WG       | 1 9/11 Each  | 528820     |
| DOUGH BISCUIT WGRAIN 216-2.1Z RICH   | 1 9/11 Each  | 237390     |
| Sliced American Cheese               | 1 9/11 Ounce | 100018     |
| BISCUIT BTRMLK SLCD 2.5Z 6-20CT GCHC | 1 Each       | 685000     |
| CHEESE AMER 160CT SLCD R/F R/SOD 6-5 | 1 Slice      | 189071     |
| CHEESE AMER 160CT SLCD 6-5 COMM      | 1 Slice      | 150260     |

### **Preparation Instructions**

Bake per instructions per each item. Make sure chicken patty reaches 165 degrees. Once chicken and biscuit are cooked put them together, you can add cheese if wanted. Wrap in foil and keep in warmer until time to serve. 528820 chicken patty 1 each = 1 oz meat & .5 oz grain 237390 biscuit 1 each = 1.5 oz grain 189071/150260/100018 1 slice = .5 oz meat

# Sausage, Egg, & Cheese Biscuit - HCHS

| Servings:     | 200.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-28674          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description  | Measurement | DistPart # |
|--|-------------|------------|
| SAUSAGE PTY SAGE CKD IQF 96-2Z GFS                     | 1 Each      | 641783     |
| DOUGH BISCUIT WGRAIN 216-2.1Z RICH                     | 1 Each      | 237390     |
| Cheese, American Blended, Yellow, Skim/Red Fat, Sliced | 1           | 51551      |
| Egg Patty Round Commodity                              | 1 PATTY     |            |
| CHEESE AMER 160CT SLCD 6-5 COMM                        | 1 Slice     | 150260     |

#### **Preparation Instructions**

Cook Sausage at 350 degrees until reaches internal temp of 165 degrees or more, about 15 min.

Cook Biscuit until done, 237390, 350 degrees for about 15 min until reaches 145

Cook Egg at 350 for about 12 min until reaches 165

Put Sausage, Egg, and Cheese on Biscuit and wrap in foil. Serve. Holding temp 145 degrees.

- 1 egg patty = 1 oz meat
- 1 slice of cheese = .5 oz meat
- 1 biscuit = 2 oz grain

## Potato Taco - HCHS

| Servings:     | 500.00                          | Category:      | Entree            |
|---------------|---------------------------------|----------------|-------------------|
| Serving Size: | 0.00                            | HACCP Process: | Complex Food Prep |
| Meal Type:    | Lunch                           | Recipe ID:     | R-28703           |
| School:       | Henderson County<br>High School |                |                   |

#### Ingredients

| Description                         | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| POTATO SHELLS 4-4.25 187CT MCC      | 4 Each      | 649790     |
| TACO FILLING BEEF REDC FAT 6-5 COMM | 1 Ounce     | 722330     |
| SAUCE CHS WHT QUESO 4-5 BIB JTM     | 1 Cup       | 701201     |
| SAUCE CHS NACHO DLX 6-10 GCHC       | 1 Cup       | 323616     |
| 84-2.6Z SALSA CUP REDG REDSC2Z      | 1           | 536690     |
| SALSA 103Z 6-10 REDG                | 1 Ounce     | 452841     |
| SOUR CREAM PKT 100-1Z GCHC          | 1           | 745903     |
| CHEESE MOZZ 3 SHRD FTHR 4-5 PG      | 1 Cup       | 780995     |

### **Preparation Instructions**

Steam taco filling mixed with salsa until reaches 165 degrees.

Steam queso cheese then hold in warmer.

4 potato skins per serving - Put liquid butter and salt on inside of potato and spread. Spoon nacho cheese onto potato and cook per potato instructions.

When finished cooking place 3 oz of taco filling onto potato and top with shredded cheese then place back in oven to melt cheese.

Serve with sour cream and salsa cup.

## **Yogurt with Grahams - HCHS**

| Servings:     | 110.00                          | Category:      | Entree  |
|---------------|---------------------------------|----------------|---------|
| Serving Size: | 1.00 Each                       | HACCP Process: | No Cook |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-28785 |
| School:       | Henderson County<br>High School |                |         |

### Ingredients

| Description                           | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| CRACKER GRHM HNY MAID LIL SQ 72-1.06Z | 1 Each      | 503370     |
| YOGURT DANIMAL VAN N/F 48-4Z DANN     | 1 Each      | 200612     |

### **Preparation Instructions**

Students get one yogurt, flavor may vary, and 1 graham package.

## Hamburger - HCHS

| Servings:     | 500.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-28788          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                          | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| BEEF STK PTY CKD 2.45Z 6-5 JTM       | 1 Each      | 661851     |
| BEEF PTY CKD LO SOD 2.25Z 6-5# JTM   | 1 Each      | 655482     |
| BEEF PTY PREM CKD 3Z 6-4.875# JTM    | 1 Ounce     | 547933     |
| BUN HAMB SLCD WHEAT WHL 4 10-12 GCHC | 1 Each      | 517810     |

### **Preparation Instructions**

Use 1 beef patty from any of the listed numbers.

Cook beef patty at 350 degrees for about 12 minutes or until internal temp reaches 165 degrees.

Place beef patty on bun and wrap in foil. Hold at 145 degrees for no more than 4 hours.

## **Corn - HCHS**

| Servings:     | 1.00                            | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 0.50 Cup                        | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-28789          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                        | Measurement  | DistPart # |
|------------------------------------|--------------|------------|
| CORN CUT IQF 30 KE                 | 1/2 Cup      | 283730     |
| BUTTER ALT LIQ NT 3-1GAL GCHC      | 1 Tablespoon | 614640     |
| SPICE PEPR BLK REST GRIND 16Z TRDE | 1 Teaspoon   | 225061     |

### **Preparation Instructions**

Use commodity corn if available.

CORN CAN BE COOKED WITHOUT THAWING.

Add butter and pepper to taste.

STEAMER: PLACE FROZEN CORN IN STEAMER PAN. STEAM UNCOVERED FOR ABOUT 15-20 MIN. DEPENDING ON NUMBER OF PANS IN STEAMER. DRAIN. COOK FROZEN CORN ONLY UNTIL TENDER BUT CRISP.

CORN WILL CONTINUE TO COOK WHEN HELD ON A HOT STEAM TABLE OR IN A HOLDING CABINET.

## **McColonel Griddle - HCHS**

| Servings:     | 150.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-28922          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                           | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| Egg Patty Round Commodity             | 1 PATTY     |            |
| SAUSAGE PTY SAGE CKD IQF 96-2Z GFS    | 1 Each      | 641783     |
| Sliced American Cheese                | 1 Ounce     | 100018     |
| PANCAKE BTRMLK WGRAIN 144-1.3Z BKCRFT | 2 Each      | 156101     |
| CHEESE AMER 160CT SLCD R/F R/SOD 6-5  | 1 Slice     | 189071     |
| EGG OMELET PLN SNGL FOLD 75-3Z GCHC   | 1 Each      | 462497     |

### **Preparation Instructions**

Cook each item per item instructions. Make sure all items reach temp of 165 degrees.

Using 2 pancakes place a slice of cheese, 1 egg patty , & 1 sausage patty between the two patties and serve. Can serve w/syrup.

# **Fish Sandwich - HCHS**

| Servings:     | 100.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29009          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                         | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| POLLOCK BRD FLLT WGRAIN MSC 3.6Z 10 | 1 Each      | 519420     |
| BUN HAMB SLCD 4 10-12CT GCHC        | 1 Each      | 763233     |

## Preparation Instructions

Cook fish per item instructions.

Place on bun and wrap in foil. Hold at 145 degrees.

## Side Salad - HCHS

| Servings:     | 1000.00                         | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Cup                        | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29228          |
| School:       | Henderson County<br>High School |                |                  |

## Ingredients

| Description                      | Measurement  | DistPart # |
|----------------------------------|--------------|------------|
| LETTUCE ROMAINE RIBBONS 6-2 RSS  | 1/2 Cup      | 451730     |
| CHEESE CHED MLD SHRD 4-5 LOL     | 1/4 Cup      | 150250     |
| TOMATO GRAPE SWT 10 MRKN         | 1/4 Cup      | 129631     |
| CARROT BABY WHL CLEANED 12-2 RSS | 1/4 Cup      | 510637     |
| DRESSING RNCH LT 4-1GAL GCHC     | 2 Tablespoon | 472999     |

### **Preparation Instructions**

# **Egg & Cheese Biscuit - HCHS**

| Servings:     | 200.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-29322          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| Egg Patty Round Commodity          | 1 PATTY     |            |
| DOUGH BISCUIT WGRAIN 216-2.1Z RICH | 1 Each      | 237390     |
| CHEESE AMER 160CT SLCD 6-5 COMM    | 1 Slice     | 150260     |

### **Preparation Instructions**

Cook biscuit according to instructions on box. Cook @ 350 for about 12 minutes.

Cook egg patty according instructions on box. Cook at 350 for 15 minutes or until internal temp reaches 165 degrees.

Put slice of cheese on biscuit along with egg, wrap in foil, and serve. Holding temp at 145 degrees.

1 cheese slice = .5 oz meat

1 egg patty = 1 oz meat

1 biscuit = 2 oz grain

## **Chicken Alfredo - HCHS**

| Servings:     | 900.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 6.00 Ounce                      | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29343          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                         | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| ENTREE PENNE W/ALFREDO SCE 6-5      | 6 Ounce     | 491074     |
| CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON | 2 Ounce     | 570533     |

### **Preparation Instructions**

Steam both the chicken and alfredo until reach internal temp of 165 degrees. Chicken will take around 20 min. and Alfredo will take around 30-40 min.

Mix chicken with alfredo and serve.

6 oz of Alfredo w/penne = 2 oz meat & 1 oz grain

2 oz of diced chicken = 2 oz meat

## **Colonel's Crazies Burger - Culinary HS**

| Servings:     | 6.00                            | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29344          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                          | Measurement  | DistPart # |
|--------------------------------------|--------------|------------|
| PORK CRSE GRND 3/8 80/20 6-5 HALP    | 1 1/2 Pound  | 639220     |
| CHEESE PEPR JK SLCD 8-1.5# LOL       | 6 Slice      | 238951     |
| ONION RING BATRD 3/8 6-2.5 GCHC      | 6 Each       | 267100     |
| BUN HAMB SLCD WHEAT WHL 4 10-12 GCHC | 6 Each       | 517810     |
| SPICE ONION MINCED 12Z TRDE          | 1/4 Cup      | 513997     |
| PEPPERS GREEN STRP 3/4 2-3 RSS       | 1/4 Cup      | 849995     |
| PEPPERS RED 5 P/L                    | 1/4 Cup      | 597082     |
| GARLIC PLD FRESH 5 RSS               | 3 Each       | 428353     |
| SEASONING GARDEN NO SALT 19Z TRDE    | 1 Tablespoon | 565148     |
| SPICE PEPR BLK REST GRIND 5 TRDE     | 1 Tablespoon | 242179     |
| RADISH CLEANED 2-3 RSS               | 3 Each       | 233986     |
| ONION GREEN CLPD 4-2 RSS             | 1 Ounce      | 198889     |
| ONION RING RED 1/4 2-5 RSS           | 1 Each       | 429198     |
| BACON TKY L/O 27CT/AVG 4-3 GCHC      | 6 Slice      | 218631     |

### **Preparation Instructions**

Wash hands and put on gloves, Preheat oven to 400F. Gather equipment and ingredients needs. Remove the ground pork from the refrigerator last to prevent time and temperature abuse. Place each red onion slice on top of the baking sheet. Combine pork colonel's crazies BBQ sauce, minced onion, green pepper, red pepper, garlic, all purpose seasoning, and black pepper mixing with gloved hands. Divide the meat mixture into 6 equal portions. Pat the portions into patties. Place patty on each onion slice molding it to the onion. Bake in preheated oven for about 30-40 minutes. Using a bi-metallic thermometer, check the internal temperature it should reach 155F. Place a wire rack on sheet pan. Spray the rack with pan coating well. Place the breaded onion rings on the rack and bake until

golden brown. once baked keep warm. Fry bacon in a skillet until crisp. Place cooked bacon on paper towel to drain any excess grease. Break each slice in half. Brush buns with olive oil and place in skillet, heating until warm. Place the buns on a sheet pan. Assemble the burger by spooning the BBQ sauce on the bottom and top of each heated bun, add the burger, 2 pieces of bacon(1 slice), pepper jack cheese, onion ring, then drizzle the BBQ sauce over the onion ring and burger.

## **Colonel's Crazies Spicy Slaw - Culinary HS**

| Servings:     | 6.00                            | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 4.00 Ounce                      | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29345          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                       | Measurement  | DistPart # |
|-----------------------------------|--------------|------------|
| CABBAGE GREEN 45 P/L              | 2 Cup        | 198463     |
| ZUCCHINI MED 17AVG MRKN           | 1 Cup        | 198927     |
| SQUASH MED YEL S/N 17AVG MRKN     | 1 Cup        | 198935     |
| CARROT WHL PEELED 2-10 RSS        | 1/2 Cup      | 198145     |
| RADISH CLEANED 2-3 RSS            | 1/2 Cup      | 233986     |
| PEPPERS GREEN STRP 3/4 2-3 RSS    | 1/4 Cup      | 849995     |
| PEPPERS RED 5 P/L                 | 1/4 Cup      | 597082     |
| ONION RED JUMBO 25 MRKN           | 1/4 Cup      | 198722     |
| RAISINS DRD GOLDEN 1-5            | 1/4 Cup      | 559970     |
| VINEGAR APPLE CIDER 5 4-1GAL GCHC | 1 Cup        | 430795     |
| SUGAR CANE GRANUL 25 GCHC         | 1/2 Cup      | 108642     |
| SPICE CELERY SEED WHOLE 16Z TRDE  | 1 Tablespoon | 224677     |
| SEASONING GARDEN NO SALT 19Z TRDE | 1 Teaspoon   | 565148     |
| SEASONING WESTERN BBQ 19Z TRDE    | 1 Teaspoon   | 513962     |
| CRANBERRY DRIED SWTND 10 OCSPR    | 1/4 Cup      | 350882     |

### **Preparation Instructions**

Gather equipment needed along with all ingredients. Place damp towel under your cutting board before you start cutting your vegetables. Whisk ingredients for the dressing in a small saucepan and bring to a boil. Boil for 8 minutes or until the dressing begins to thicken. cool the dressing using the ice water method. Wash vegetables by gently them under cool running water. Place vegetables as you chop into a large mixing bowl add 1/4 of the almonds and toss. Pour dressing over vegetables mix well until combined. Top with remaining almonds. Serve immediately or

refrigerate until; ready to serve

## **Colonel's Crazies BBQ Sauce - Culinary HS**

| Servings:     | 6.00                            | Category:      | Condiments or Other |
|---------------|---------------------------------|----------------|---------------------|
| Serving Size: | 1.00 Ounce                      | HACCP Process: | Same Day Service    |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29346             |
| School:       | Henderson County<br>High School |                |                     |

#### Ingredients

| Description                          | Measurement  | DistPart # |
|--------------------------------------|--------------|------------|
| TOMATO PASTE 26 6-10 GCHC            | 2 Tablespoon | 100196     |
| VINEGAR WHT DISTILLED 5 4-1GAL GCHC  | 2 Tablespoon | 629640     |
| SUGAR BROWN LT 12-2 P/L              | 3 Tablespoon | 860311     |
| SAUCE WORCESTERSHIRE 12-10FLZ L&P    | 1 Tablespoon | 293431     |
| SPICE ONION POWDER 19Z TRDE          | 1 Teaspoon   | 126993     |
| SPICE GARLIC POWDER 21Z TRDE         | 1 Teaspoon   | 224839     |
| SMOKE LIQUID 1-QT GCHC               | 1 Teaspoon   | 242152     |
| SALT SEA 36Z TRDE                    | 1/2 Teaspoon | 748590     |
| SPICE PEPR BLK REST GRIND 5 TRDE     | 1/2 Teaspoon | 242179     |
| SPICE PEPR RED CRUSHED 12Z TRDE      | 1/2 Teaspoon | 430196     |
| SODA CAN DR. PEPPER 24-12FLZ DR PEPR | 1 1/2 Cup    | 195741     |
| 1-24 16.9OZ AQUAFINA WATER           | 1/4 Cup      | 545482     |

### **Preparation Instructions**

Combine all ingredients into a medium pan. Whisk together using a wire whip until all ingredients are blended. Over medium heat bring the mixture to a boil. Reduce heat to medium. Simmer while stirring continuously. Simmer for 10-15 minutes or until the sauce has thickened. Cool BBQ sauce using the ice water bath method. Use 1/2 cup of the sauce in the colonels crazies' burgers and reserve the other to put on the bun.

# Sausage & Egg Biscuit - HCHS

| Servings:     | 200.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-29366          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                        | Measurement | DistPart # |
|------------------------------------|-------------|------------|
| SAUSAGE PTY SAGE CKD IQF 96-2Z GFS | 1 Each      | 641783     |
| DOUGH BISCUIT WGRAIN 216-2.1Z RICH | 1 Each      | 237390     |
| CHEESE AMER 160CT SLCD 6-5 COMM    | 1 Slice     | 150260     |

### **Preparation Instructions**

Cook Sausage at 350 degrees until reaches internal temp of 165 degrees or more, about 15 min.

Cook Biscuit until done, 237390, 350 degrees for about 15 min.

Put Sausage, Egg, & Biscuit together and wrap in foil. Serve. Holding temp 145 degrees.

1 slice of cheese = .5 oz meat

1 biscuit = 2 oz grain

## **Mashed Potatoes - HCHS**

| Servings:     | 800.00                          | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 0.50 Cup                        | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29389          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                        | Measurement  | DistPart # |
|------------------------------------|--------------|------------|
| POTATO PRLS XTRA RICH 6-3.56 BAMER | 4 Ounce      | 222585     |
| BUTTER SUB 24-4Z BTRBUDS           | 1 Tablespoon | 209810     |
| SPICE PEPR BLK REG FINE GRIND 16Z  | 1 Teaspoon   | 225037     |

### **Preparation Instructions**

1 large pan - Use 2 boxes of potato pearls, 2 oz of black pepper, and 1 package of butter buds. Use 3 gallons of water, more or less depending on how the potatoes set up.

## Peas - HCHS

| Servings:     | 400.00                          | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 0.50 Cup                        | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29390          |
| School:       | Henderson County<br>High School |                |                  |

## Ingredients

| Description                       | Measurement  | DistPart # |
|-----------------------------------|--------------|------------|
| PEAS GREEN IQF 30 KE              | 1/2 Cup      | 283760     |
| SPICE PEPR BLK REG FINE GRIND 16Z | 1 Teaspoon   | 225037     |
| SEASONING GARDEN NO SALT 19Z TRDE | 1 Teaspoon   | 565148     |
| BUTTER SUB 24-4Z BTRBUDS          | 1 Tablespoon | 209810     |

## **Preparation Instructions**

season to taste.

Steam for about 20 min or until reaches 165 degrees

## **Green Beans - HCHS**

| Servings:     | 650.00                          | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 0.75 Cup                        | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29391          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                       | Measurement      | DistPart # |
|-----------------------------------|------------------|------------|
| BEAN GREEN CUT MXD SV LO SOD 6-10 | 487 1/2 Cup      | 221990     |
| BASE BEEF NO MSG LO SOD 6-1 MINR  | 650 Fluid Ounce  | 580562     |
| ONION DEHY CHPD 15 P/L            | 1300 Fluid Ounce | 263036     |
| SPICE PEPR BLK REG FINE GRIND 16Z | 650 Tablespoon   | 225037     |

### **Preparation Instructions**

WASH HANDS AND PUT ON GLOVES STEAMER - Open cans and drain at least 2 cans of 4 cans. Put 4 cans in large pan. Add ingredients. Put in steamer and steam for 30-40 min. OPEN AND EMPTY CANS INTO TILT SKILLET ADD BEEF BASE, DEHYDRATED ONIONS AND BLACK PEPPER. COOK AT 350 DEGREE F FOR 2 HOURS FOR STOVE TOP EMPTY CANS INTO STOCK POT, ADD ADDITIONAL INGREDIENTS COOK ON LOW FOR 3 HOURS

## **Broccoli - HCHS**

| Servings:     | 1.00                            | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29393          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                       | Measurement  | DistPart # |
|-----------------------------------|--------------|------------|
| BROCCOLI CRWN ICELESS 20 MRKN     | 1/2 Cup      | 704547     |
| BROCCOLI FLORET REG CUT 4-3 RSS   | 1/2 Cup      | 732478     |
| SEASONING GARDEN NO SALT 19Z TRDE | 1 Teaspoon   | 565148     |
| BUTTER SUB 24-4Z BTRBUDS          | 1 Tablespoon | 209810     |

### **Preparation Instructions**

WASH HANDS AND PUT ON GLOVES SPRAY PAN ADD BROCCOLI, AND SEASONING. STEAM FOR 5 MINUTES OR UNTIL IT'S LIGHTLY TENDER IF FRESH BROCCOLI, IF FROZEN WILL NEED TO STEAM FOR ABOUT 12 MIN OR UNTIL LIGHTLY TENDER. \*DO NOT OVERCOOK OR IT WILL TURN TO MUSH

# **Stir Fry - HCHS**

| Servings:     | 600.00                          | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 0.50 Cup                        | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29394          |
| School:       | Henderson County<br>High School |                |                  |

## Ingredients

| Description                       | Measurement | DistPart # |
|-----------------------------------|-------------|------------|
| VEG BLND STIR FRY 12-2 GCHC       | 1/2 Cup     | 440884     |
| SEASONING GARDEN NO SALT 19Z TRDE | 1 Teaspoon  | 565148     |
| SPICE PEPR BLK REG FINE GRIND 16Z | 1 Teaspoon  | 225037     |

## **Preparation Instructions**

Season to taste.

Steam for 15-20 min until vegetables are tender. Be careful not to overcook.

# California Blend - HCHS

| Servings:     | 600.00                          | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 0.50 Cup                        | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29395          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                       | Measurement | DistPart # |
|-----------------------------------|-------------|------------|
| SEASONING GARDEN NO SALT 19Z TRDE | 1 Teaspoon  | 565148     |
| SPICE PEPR BLK REG FINE GRIND 16Z | 1 Teaspoon  | 225037     |
| VEG BLEND CALIF 6-4 GCHC          | 1 Сир       | 610891     |

## **Preparation Instructions**

Season to taste.

Steam for 15-20 min until vegetables are tender. Be careful not to overcook.

## **Carrots - Steamed - HCHS**

| Servings:     | 400.00                          | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 0.50 Cup                        | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29396          |
| School:       | Henderson County<br>High School |                |                  |

## Ingredients

| Description                       | Measurement  | DistPart # |
|-----------------------------------|--------------|------------|
| CARROT SLCD C/C LRG 30 KE         | 1/2 Cup      | 359020     |
| SEASONING GARDEN NO SALT 19Z TRDE | 1 Teaspoon   | 565148     |
| BUTTER SUB 24-4Z BTRBUDS          | 1 Tablespoon | 209810     |

### **Preparation Instructions**

Season to taste. Steam for 20 minutes or until tender. Be careful not to over cook.

# Sausage & Cheese Biscuit - HCHS

| Servings:     | 200.00                          | Category:      | Entree           |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-29443          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                          | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| SAUSAGE PTY SAGE CKD IQF 96-2Z GFS   | 1 Each      | 641783     |
| DOUGH BISCUIT WGRAIN 216-2.1Z RICH   | 1 Each      | 237390     |
| CHEESE AMER 160CT SLCD R/F R/SOD 6-5 | 1 Slice     | 189071     |

### **Preparation Instructions**

Once sausage and biscuit have been cooked per individual instructions add slice of cheese to biscuit and put sausage on biscuit and wrap in foil. Keep in warmer.

# Walking Taco - HCHS

| Servings:                  | 1000.00                         | Category:      | Entree           |
|----------------------------|---------------------------------|----------------|------------------|
| Serving Size:              | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:                 | Lunch                           | Recipe ID:     | R-29557          |
| School:                    | Henderson County<br>High School |                |                  |
| Ingredients                |                                 |                |                  |
| Description                |                                 | Measurement    | DistPart #       |
| TACO FILLING BEEF REDC FAT | 6-5 COMM                        | 6 Ounce        | 722330           |
| Deserve the set            |                                 |                |                  |

### Preparation Instructions

Serve with Fritos or Tostito Scoops.

Can also be served with salsa cup and sour cream.

## **Carrots - Buttered - HCHS**

| Servings:     | 500.00                          | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 0.50 Cup                        | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29943          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description               | Measurement  | DistPart # |
|---------------------------|--------------|------------|
| CARROT SLCD MED 6-10 GCHC | 1 Cup        | 118915     |
| BUTTER SUB 24-4Z BTRBUDS  | 1 Tablespoon | 209810     |

## **Preparation Instructions**

Use 1/2 pans. Drain Carrots Put 3 - 4 drained carrots into pan. Add 1/2 package of butter buds. Steam for 15-20 min, until tender. Serve. Hold temp 145 degrees.

# **Veggie Cup - HCHS**

| Servings:     | 500.00                          | Category:      | Vegetable |
|---------------|---------------------------------|----------------|-----------|
| Serving Size: | 0.75 Cup                        | HACCP Process: | No Cook   |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29945   |
| School:       | Henderson County<br>High School |                |           |

### Ingredients

| Description                          | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| TOMATO CHERRY 11 MRKN                | 1/4 Сир     | 569551     |
| BROCCOLI FLORET REG CUT 4-3 RSS      | 1/4 Cup     | 732478     |
| CAULIFLOWER BITE SIZE 2-3 RSS        | 1/4 Cup     | 732486     |
| CUCUMBER SELECT 24CT MRKN            | 1/4 Cup     | 418439     |
| RANCH LT DIP CUP 100-1Z FLAVOR FRESH | 1 Each      | 499521     |
| CELERY STIX 4-3 RSS                  | 1 Cup       | 781592     |

### **Preparation Instructions**

Use 9 oz cups with lids.

Can use any of the above listed items. Fill 9 oz cup with at least 2-3 of the items listed above.

Keep refrigerated.

Serve with Ranch Cup

## **Baked Potato - HCHS**

| Servings:     | 100.00                          | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29947          |
| School:       | Henderson County<br>High School |                |                  |

### Ingredients

| Description                          | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| POTATO BAKER IDAHO 120CT MRKN        | 1 Each      | 233293     |
| MARGARINE CUP SPRD WHPD 900-5GM GCHC | 1 Each      | 772331     |
| SOUR CREAM PKT 400-1Z GCHC           | 1 Each      | 836750     |
| CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON  | 2 Ounce     | 570533     |
| CHEESE CHED MLD SHRD 4-5 LOL         | 1 Ounce     | 150250     |
| SALSA 103Z 6-10 REDG                 | 2 Ounce     | 452841     |
| BROCCOLI FLORET REG CUT 4-3 RSS      | 1 Cup       | 732478     |
| TACO FILLING PORK REDC FAT 6-5 COMM  | 2 Ounce     | 641390     |

### **Preparation Instructions**

See Potato prep and cooking instructions. Once cooked. Hold in warmer with holding temp at 145 degrees. Can serve potato with any of the following items listed above.

\*\*\*Serve on Salad Bar Line.

## **Parsley Potatoes - HCHS**

| Servings:     | 108.00                          | Category:      | Vegetable        |
|---------------|---------------------------------|----------------|------------------|
| Serving Size: | 0.50 Cup                        | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                           | Recipe ID:     | R-29953          |
| School:       | Henderson County<br>High School |                |                  |

#### Ingredients

| Description                          | Measurement    | DistPart # |
|--------------------------------------|----------------|------------|
| POTATO WHL SMALL 100-120CT 6-10 GCHC | 54 Cup         | 169501     |
| BUTTER SUB 24-4Z BTRBUDS             | 540 Tablespoon | 209810     |
| SPICE PARSLEY FLAKES 2Z TRDE         | 108 Teaspoon   | 259195     |
| ONION DEHY CHPD 15 P/L               | 54 Cup         | 263036     |

#### **Preparation Instructions**

Using 1/2 pans, pour 3-4 cans of potatoes in pan ( DO NOT DRAIN). Mix the following into the potatoes: Butter Buds - 1/2 package Parsley Flakes - 1/2 cup Dry Onion - 1/2 cup Place in steamer and steam for about 12-15 min until potatoes are tender and reach at least 145 degrees internal temp. Hold in warmer - 145 degrees. Serve. 1 can of potatoes = 18 servings, 1 case of potatoes = 108 servings.

# **Vegetable Wrap - HCHS**

| Servings:     | 32.00                           | Category:      | Vegetable |
|---------------|---------------------------------|----------------|-----------|
| Serving Size: | 1.00 Each                       | HACCP Process: | No Cook   |
| Meal Type:    | Breakfast                       | Recipe ID:     | R-29954   |
| School:       | Henderson County<br>High School |                |           |

### Ingredients

| Description                      | Measurement | DistPart # |
|----------------------------------|-------------|------------|
| TOMATO ROMA DCD 3/8 2-5 RSS      | 1 Cup       | 786543     |
| LETTUCE ROMAINE RIBBONS 6-2 RSS  | 1 Package   | 451730     |
| PEPPERS GREEN DCD 1/2 2-3 RSS    | 1 Cup       | 283959     |
| CARROT BABY WHL CLEANED 12-2 RSS | 1 Package   | 510637     |
| CHEESE CHED MLD SHRD 4-5 LOL     | 1 2/7 Cup   | 150250     |
| TORTILLA FLOUR 8 24-12CT GRSZ    | 1 Each      | 713330     |
| DRESSING ITAL FF 4-1GAL PMLL     | 3 Ounce     | 181262     |

### **Preparation Instructions**

1 bag of lettuce makes 32 wraps.

Slice the carrots and cucumbers into pieces.

Mix bag of lettuce, with green peppers, tomatoes, carrots, and cucumbers and mix in Italian dressing. Place mixture onto soft shell tortilla and wrap. Cut into half and put into sandwich wedge container. Serve.

Keep Refrigerated.

## **MEATBALL SUB - HCHS**

| Servings:     | 1.00      | Category:      | Entree           |
|---------------|-----------|----------------|------------------|
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch     | Recipe ID:     | R-32180          |

### Ingredients

| Description                       | Measurement | DistPart # |
|-----------------------------------|-------------|------------|
| BUN SUB SLCD WGRAIN 5 12-8CT GCHC | 1 Each      | 276142     |
| MEATBALL PORK R/SOD .68Z 6-5# JTM | 0/1 Each    | 661991     |
| Shredded Cheddar Cheese           | 0 Ounce     | 100003     |
| Cheese, Pepper Jack, Shredded     | 0 Ounce     | 51783      |
| SAUCE SPAGHETTI W/MEAT 6-10 VANEE | 0 Cup       | 473071     |
| SAUCE MARINARA 6-10 GCHC          | 0 Cup       | 144215     |

### **Preparation Instructions**

Steam meatballs per instructions on box or until internal temp reaches 165 or above

Mix in spaghetti sauce or marinara sauce depending on which one you are using. May need to put back in steamer to make sure temp still at 165 or above.

Serve on sub bun and top with cheddar or pepper jack cheese.

# **Chicken Waffle (Clems) - HCHS**

| Servings:              | 300.00                          | Category:      | Entree           |
|------------------------|---------------------------------|----------------|------------------|
| Serving Size:          | 1.00 Each                       | HACCP Process: | Same Day Service |
| Meal Type:             | Breakfast                       | Recipe ID:     | R-32325          |
| School:                | Henderson County<br>High School |                |                  |
| Ingredients            |                                 |                |                  |
| Description            | Measurement                     |                | DistPart #       |
| Chicken & Waffle Bites | 1                               |                |                  |

#### **Preparation Instructions**

THIS ITEM IS NOT CHICKEN WAFFLE BITES - IT IS A ITEM FROM CLEMS. IT IS INDIVIDUALLY WRAPPED AND SHOULD BE COOKED WRAPPED. DO NOT OVER COOK. COOK FROM FROZEN ON 325 FOR 10-15 MIN UNTIL WARM.