

Cookbook for North Liberty Elem

Created by HPS Menu Planner

Table of Contents

[Deli Trio Sub](#)

Deli Trio Sub

NO IMAGE

Servings:	706.000	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-12464

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEAT COMBO PK SLCD 12-1 JENNO	2118 Ounce		236012
CHEESE AMER YEL 120CT SLCD 4-5 GCHC	706 Each		164216
BUN SUB SLCD WGRAIN 5 12-8CT GCHC	706 Each	READY_TO_EAT	276142

Preparation Instructions

Layer 2 slices of each type of meat (salami, bologna, and ham) and 1 slice of cheese on each sub bun.

Meal Components (SLE)

Amount Per Serving

Meat	2.750
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 706.000

Serving Size: 1.00 Each

Amount Per Serving

Calories	369.02
Fat	16.65g
SaturatedFat	6.54g
Trans Fat	0.00g
Cholesterol	83.05mg
Sodium	1181.19mg
Carbohydrates	30.02g
Fiber	2.00g
Sugar	4.00g
Protein	22.20g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 216.23mg	Iron 3.10mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available