

Cookbook for Culver Elementary

Created by HPS Menu Planner

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Variety of Cereal

| | | | |
|----------------------|-------------------|-----------------------|---------|
| Servings: | 12.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-18856 |
| School: | Culver Elementary | | |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| CEREAL LUCKY CHARMS WGRAIN BWL 96CT | 1 Package | 265811 |
| CEREAL GLDN GRAHAMS BWL 96CT GENM | 1 Each | 509434 |
| CEREAL TRIX R/S WGRAIN BWL 96CT GENM | 1 Package | 265782 |
| CEREAL FRSTD MINI WHE BWL 96CT KELL | 1 Each | 662186 |
| CEREAL APPLCINN WGRAIN BWL 96CT GENM | 1 Each | 266052 |
| CEREAL CINN TOAST R/S BWL 96CT GENM | 1 Each | 365790 |
| CEREAL CHEERIOS WGRAIN BWL 96CT GENM | 1 Each | 264702 |
| CEREAL CHEERIOS HNYNUT BWL 96CT GENM | 1 Each | 509396 |
| CEREAL COCOA PUFFS WGRAIN R/S 96CT | 1 Each | 270401 |
| CEREAL RICE CHEX BLUEB BOWL 96-1Z | 1 Each | 261737 |
| CEREAL CHEERIOS HNY BOWL 96-1Z | 1 Each | 261557 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 0.000 |
| Grain | 1.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 12.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 100.39 | | |
| Fat | 1.45g | | |
| SaturatedFat | 0.03g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 131.06mg | | |
| Carbohydrates | 21.17g | | |
| Fiber | 1.93g | | |
| Sugar | 6.33g | | |
| Protein | 1.83g | | |
| Vitamin A | 225.17IU | Vitamin C | 3.92mg |
| Calcium | 93.22mg | Iron | 5.83mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available

Grilled Cheese Sandwich

| | | | |
|----------------------|-------------------|-----------------------|------------------|
| Servings: | 100.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-21029 |
| School: | Culver Elementary | | |

Ingredients

| Description | Measurement | DistPart # |
|--|-------------|------------|
| MARGARINE BTR BLEND SPRD 1-30 | 1 1/2 Cup | 840840 |
| BREAD WGRAIN HNY WHT 16-24Z GCHC | 200 Slice | 204822 |
| CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED | 400 Slice | 100036 |

Preparation Instructions

Directions:

1. Brush approximately ½ oz (1 Tbsp) margarine or butter on each sheet pan (18" x 26" x 1"). For 50 servings, use 3 pans. For 100 servings, use 5 pans. Reserve the remaining margarine or butter for step 5
 2. Place 20 slices of bread on each sheet pan, 4 across and 5 down. For 50 servings, one pan will have only 10 slices.
 3. Top each slice of bread with 4 slices (2 oz) of cheese.
 4. Cover with remaining bread slices.
 5. Brush tops of sandwiches with remaining margarine or butter, approximately 1 ½ oz (3 Tbsp) per pan.
 6. Bake until lightly browned: Conventional oven: 400° F for 15-20 minutes Convection oven: 350° F for 10-15 minutes DO NOT OVERBAKE
- CCP: Heat to 140° F or higher.
- CCP: Hold for hot service at 135° F or higher. If desired, cut each sandwich diagonally in half.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.000 |
| Grain | 2.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Each

Amount Per Serving

| | |
|-------------------------|-------------------------|
| Calories | 361.60 |
| Fat | 14.40g |
| SaturatedFat | 6.96g |
| Trans Fat | 0.00g |
| Cholesterol | 30.00mg |
| Sodium | 796.40mg |
| Carbohydrates | 36.00g |
| Fiber | 2.00g |
| Sugar | 8.00g |
| Protein | 18.00g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 96.56mg | Iron 2.00mg |

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Nutrition - Per 100g

No 100g Conversion Available

Tomato Soup

| | | | |
|----------------------|-------------------|-----------------------|------------------|
| Servings: | 150.00 | Category: | Vegetable |
| Serving Size: | 1.00 Cup | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-21028 |
| School: | Culver Elementary | | |

Ingredients

| Description | Measurement | DistPart # |
|----------------------------|-------------|------------|
| SOUP TOMATO 12-5 CAMP | 11 #5 CAN | 101427 |
| MILK WHT 2 4-1GAL RGNLBRND | 2 Gallon | 504602 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 0.000 |
| Grain | 0.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.750 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 150.00

Serving Size: 1.00 Cup

| Amount Per Serving | |
|---------------------------|-------------------------|
| Calories | 120.40 |
| Fat | 1.00g |
| SaturatedFat | 0.62g |
| Trans Fat | 0.00g |
| Cholesterol | 4.27mg |
| Sodium | 527.11mg |
| Carbohydrates | 23.39g |
| Fiber | 1.04g |
| Sugar | 12.50g |
| Protein | 3.90g |
| Vitamin A 106.62IU | Vitamin C 0.52mg |
| Calcium 87.73mg | Iron 0.65mg |

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Nutrition - Per 100g

No 100g Conversion Available

Assorted Variety of Muffin

| | | | |
|----------------------|-------------------|-----------------------|---------|
| Servings: | 4.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-28667 |
| School: | Culver Elementary | | |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| MUFFIN APPL CINN WGRAIN IW 72-2Z | 1 Each | 558011 |
| MUFFIN BLUEB WGRAIN IW 72-2Z ARYZTA | 1 Each | 557970 |
| MUFFIN BAN WGRAIN IW 72-2Z ARYZTA | 1 Each | 557981 |
| MUFFIN CHOC/CHOC CHP WGRAIN IW 72-2Z | 1 Each | 557991 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 0.000 |
| Grain | 1.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 4.00

Serving Size: 1.00 Each

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 187.50 | | |
| Fat | 6.00g | | |
| SaturatedFat | 2.00g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 35.00mg | | |
| Sodium | 128.75mg | | |
| Carbohydrates | 31.25g | | |
| Fiber | 2.00g | | |
| Sugar | 16.50g | | |
| Protein | 3.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 30.00mg | Iron | 1.01mg |

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Nutrition - Per 100g

No 100g Conversion Available

Assorted Cereal Bars

| | | | |
|----------------------|-------------------|-----------------------|---------|
| Servings: | 3.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-36717 |
| School: | Culver Elementary | | |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| BAR BLUEB WGRAIN 96-1.55Z NUTRIGRAIN | 1 Each | 498170 |
| BAR STRAWB WGRAIN 96CT NUTRIGRAIN | 1 Each | 209761 |
| BAR BTRSCOTCH OATML 144-1.24Z BTTYCR | 1 Each | 194041 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 0.000 |
| Grain | 1.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 3.00

Serving Size: 1.00 Each

| Amount Per Serving | |
|-------------------------|-------------------------|
| Calories | 150.00 |
| Fat | 4.00g |
| SaturatedFat | 0.67g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 130.00mg |
| Carbohydrates | 28.33g |
| Fiber | 2.67g |
| Sugar | 12.33g |
| Protein | 2.00g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 93.33mg | Iron 1.47mg |

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Nutrition - Per 100g

No 100g Conversion Available

Variety of 4 oz. Yogurt

| | | | |
|----------------------|-------------------|-----------------------|---------------------|
| Servings: | 3.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-36718 |
| School: | Culver Elementary | | |

Ingredients

| Description | Measurement | DistPart # |
|---------------------------------------|-------------|------------|
| YOGURT RASPB RNBW L/F 48-4Z TRIX | 1 Each | 551770 |
| YOGURT CHERRY TRPL L/F 48-4Z TRIX | 1 Each | 186911 |
| YOGURT STRAWB BAN BASH L/F 48-4Z TRIX | 1 Each | 551760 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 1.000 |
| Grain | 0.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 3.00

Serving Size: 1.00 Each

| Amount Per Serving | |
|-------------------------|-------------------------|
| Calories | 80.00 |
| Fat | 0.50g |
| SaturatedFat | 0.00g |
| Trans Fat | 0.00g |
| Cholesterol | 5.00mg |
| Sodium | 65.00mg |
| Carbohydrates | 15.00g |
| Fiber | 0.00g |
| Sugar | 9.00g |
| Protein | 4.00g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 140.00mg | Iron 0.00mg |

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Nutrition - Per 100g

No 100g Conversion Available

Cheeseburger on Bun

| | | | |
|----------------------|-------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18889 |
| School: | Culver Elementary | | |

Ingredients

| Description | Measurement | DistPart # |
|--|-------------|------------|
| BEEF PTY CKD 2.5Z 6-5 COMM | 1 Each | 785850 |
| CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED | 1 Slice | 100036 |
| BUN HAMB SLCD WGRAIN WHT 4 10-12CT | 1 Each | 266546 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.500 |
| Grain | 2.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving | |
|-------------------------|-------------------------|
| Calories | 338.00 |
| Fat | 14.50g |
| SaturatedFat | 5.60g |
| Trans Fat | 0.60g |
| Cholesterol | 46.50mg |
| Sodium | 649.00mg |
| Carbohydrates | 28.00g |
| Fiber | 4.00g |
| Sugar | 4.50g |
| Protein | 22.00g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 63.00mg | Iron 4.00mg |

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Nutrition - Per 100g

No 100g Conversion Available

Grilled Chicken Sandwich

| | | | |
|----------------------|-------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-29451 |
| School: | Culver Elementary | | |

Ingredients

| Description | Measurement | DistPart # |
|---|-------------|------------|
| Chicken Fillet, Cooked, Unbreaded, Frozen | 2 4/9 Ounce | 110921 |
| BUN HAMB SLCD WGRAIN WHT 4 10-12CT | 1 Each | 266546 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.000 |
| Grain | 2.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving | |
|-------------------------|-------------------------|
| Calories | 250.00 |
| Fat | 4.50g |
| SaturatedFat | 0.50g |
| Trans Fat | 0.00g |
| Cholesterol | 65.00mg |
| Sodium | 460.00mg |
| Carbohydrates | 25.00g |
| Fiber | 3.00g |
| Sugar | 4.00g |
| Protein | 25.00g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 30.00mg | Iron 2.00mg |

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Nutrition - Per 100g

No 100g Conversion Available

Toast

| | | | |
|----------------------|---------------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Grain |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-31352 |
| School: | Culver Middle/High School | | |

Ingredients

| Description | Measurement | DistPart # |
|----------------------------------|-------------|------------|
| BREAD WGRAIN HNY WHT 16-24Z GCHC | 1 Slice | 204822 |
| MARGARINE SLD 30-1 GCHC | 1 Teaspoon | 733061 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 0.000 |
| Grain | 1.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving | | | |
|----------------------|----------|------------------|--------|
| Calories | 123.33 | | |
| Fat | 4.67g | | |
| SaturatedFat | 1.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 141.67mg | | |
| Carbohydrates | 16.00g | | |
| Fiber | 1.00g | | |
| Sugar | 3.00g | | |
| Protein | 3.00g | | |
| Vitamin A | 250.00IU | Vitamin C | 0.00mg |
| Calcium | 48.00mg | Iron | 1.00mg |

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Nutrition - Per 100g

No 100g Conversion Available

Hot Dog on Bun

| | | | |
|----------------------|-------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18857 |
| School: | Culver Elementary | | |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------------|-------------|------------|
| FRANKS BEEF 8/ 2-5 GFS | 1 Each | 265039 |
| BUN HOT DOG WGRAIN WHT 1.5Z 12-12CT | 1 Each | 266536 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.000 |
| Grain | 1.500 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving | |
|-------------------------|-------------------------|
| Calories | 280.00 |
| Fat | 17.50g |
| SaturatedFat | 6.00g |
| Trans Fat | 0.50g |
| Cholesterol | 35.00mg |
| Sodium | 670.00mg |
| Carbohydrates | 20.00g |
| Fiber | 2.00g |
| Sugar | 3.00g |
| Protein | 10.00g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 28.89mg | Iron 1.77mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available

Sloppy Joe on Bun

| | | | |
|----------------------|---------------|-----------------------|-------------------|
| Servings: | 29.00 | Category: | Entree |
| Serving Size: | 1.00 Sandwich | HACCP Process: | Complex Food Prep |
| Meal Type: | Lunch | Recipe ID: | R-31681 |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------------|--------------|------------|
| Beef, Fine Ground 85/15, Frozen | 5 Pound | 100158 |
| ONION DCD 1/4 2-5 RSS | 1 Cup | 198307 |
| SALT IODIZED 18-2.25 GCHC | 1 Tablespoon | 350732 |
| SPICE PEPR BLK REST GRIND 16Z TRDE | 1 Tablespoon | 225061 |
| SUGAR BROWN LT 12-2 P/L | 1 Cup | 860311 |
| MUSTARD YELLOW PLAS JUG 6-104Z HNZ | 1/2 Cup | 433371 |
| VINEGAR WHT DISTILLED 5 4-1GAL GCHC | 1/4 Cup | 629640 |
| KETCHUP CAN 6-10 HNZ | 1 Quart | 100188 |
| BUN HAMB SLCD WGRAIN WHT 4 10-12CT | 29 Each | 266546 |

Preparation Instructions

Brown hamburger with onion and salt and pepper

Drain grease

Add brown sugar, mustard, vinegar, ketchup

Marinate (turn off and let cool down, then warm back up and serve or cool down, refrigerate overnight and reheat, or freeze and enjoy another time. . .)

Serve with a bun

SCHOOL NOTE: ground beef will shrink when cooked, each 10 lb tube will lose an estimate of 1 lb.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.000 |
| Grain | 2.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 29.00

Serving Size: 1.00 Sandwich

Amount Per Serving

| | |
|-------------------------|-------------------------|
| Calories | 390.57 |
| Fat | 14.35g |
| SaturatedFat | 4.62g |
| Trans Fat | 2.06g |
| Cholesterol | 53.53mg |
| Sodium | 933.76mg |
| Carbohydrates | 43.27g |
| Fiber | 3.00g |
| Sugar | 19.65g |
| Protein | 19.41g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 31.45mg | Iron 2.00mg |

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Nutrition - Per 100g

No 100g Conversion Available

Sloppy Joe

| | | | |
|----------------------|-------------------|-----------------------|-------------------|
| Servings: | 29.00 | Category: | Entree |
| Serving Size: | 1.00 Sandwich | HACCP Process: | Complex Food Prep |
| Meal Type: | Lunch | Recipe ID: | R-36720 |
| School: | Culver Elementary | | |

Ingredients

| Description | Measurement | DistPart # |
|-------------------------------------|--------------|------------|
| Beef, Fine Ground 85/15, Frozen | 5 Pound | 100158 |
| ONION DCD 1/4 2-5 RSS | 1 Cup | 198307 |
| SALT IODIZED 18-2.25 GCHC | 1 Tablespoon | 350732 |
| SPICE PEPR BLK REST GRIND 16Z TRDE | 1 Tablespoon | 225061 |
| SUGAR BROWN LT 12-2 P/L | 1 Cup | 860311 |
| MUSTARD YELLOW PLAS JUG 6-104Z HNZ | 1/2 Cup | 433371 |
| VINEGAR WHT DISTILLED 5 4-1GAL GCHC | 1/4 Cup | 629640 |
| KETCHUP CAN 6-10 HNZ | 1 Quart | 100188 |

Preparation Instructions

Brown hamburger with onion and salt and pepper

Drain grease

Add brown sugar, mustard, vinegar, ketchup

Marinate (turn off and let cool down, then warm back up and serve or cool down, refrigerate overnight and reheat, or freeze and enjoy another time. . .)

Serve with a bun

SCHOOL NOTE: ground beef will shrink when cooked, each 10 lb tube will lose an estimate of 1 lb.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.000 |
| Grain | 0.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 29.00

Serving Size: 1.00 Sandwich

Amount Per Serving

| | | | |
|----------------------|----------|------------------|--------|
| Calories | 240.57 | | |
| Fat | 12.35g | | |
| SaturatedFat | 4.12g | | |
| Trans Fat | 2.06g | | |
| Cholesterol | 53.53mg | | |
| Sodium | 693.76mg | | |
| Carbohydrates | 18.27g | | |
| Fiber | 0.00g | | |
| Sugar | 15.65g | | |
| Protein | 14.41g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 1.45mg | Iron | 0.00mg |

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Nutrition - Per 100g

No 100g Conversion Available

Chicken Patty on Bun

| | | | |
|----------------------|---------------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18871 |
| School: | Culver Middle/High School | | |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| CHIX BRST BRD CKD WGRAIN 3.75Z 4-7.5 | 1 Each | 525480 |
| 4" WG HAMBURGER BUN, AUNT MILLIES | 1 bun | 3159 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.000 |
| Grain | 3.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving | | | |
|----------------------|----------|------------------|---------|
| Calories | 360.00 | | |
| Fat | 11.00g | | |
| SaturatedFat | 1.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 45.00mg | | |
| Sodium | 480.00mg | | |
| Carbohydrates | 38.00g | | |
| Fiber | 5.00g | | |
| Sugar | 4.00g | | |
| Protein | 25.00g | | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 4.00mg | Iron | 11.00mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available

Nacho w/ Meat & Cheese

| | | | |
|----------------------|---------------------------|-----------------------|------------------|
| Servings: | 275.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-18869 |
| School: | Culver Middle/High School | | |

Ingredients

| Description | Measurement | DistPart # |
|--------------------------------------|-------------|------------|
| TACO FILLING BEEF REDC FAT 6-5 COMM | 45 Pound | 722330 |
| SAUCE CHS ULTIM YEL POU6 6-106Z LOL | 6 Package | 310668 |
| CHIP TORTL SCOOP BKD 72-.875Z TOSTIT | 275 Package | 696871 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.250 |
| Grain | 1.250 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 275.00

Serving Size: 1.00 Each

Amount Per Serving

| | |
|-------------------------|-------------------------|
| Calories | 307.56 |
| Fat | 13.67g |
| SaturatedFat | 6.29g |
| Trans Fat | 0.24g |
| Cholesterol | 52.11mg |
| Sodium | 689.67mg |
| Carbohydrates | 27.14g |
| Fiber | 2.65g |
| Sugar | 1.65g |
| Protein | 18.18g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 249.94mg | Iron 1.94mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available
