

Cookbook for

Created by HPS Menu Planner

Table of Contents

Popcorn Chicken - snack

Large Juice Box - Asst.

Popcorn Chicken - snack

Servings:	108.000	Category:	Entree
Serving Size:	10.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-38964
School:	NORTHWOOD ELEMENTARY		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX POPCORN BRD WGRAIN DRK CKD 30	30 Pound	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	666232

Preparation Instructions

1. Heat oven to 350F and pull a case of chicken #666232 out of the freezer.
 2. Wash hands and put on a fresh pair of gloves.
 3. Place frozen chicken pieces in a single layer on a sheet pan.
 4. Bake uncovered for 30 minutes in conventional oven, or for 14 minutes in a convection oven.
- Heat longer as needed until internal temperature reaches 165F.
CCP: Hold for service at 140F or above.
Place 10 pieces in a paper french fry sleeve, #123510.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 108.000

Serving Size: 10.00 Each

Amount Per Serving

Calories	266.66
Fat	11.67g
SaturatedFat	2.50g
Trans Fat	0.00g
Cholesterol	91.66mg
Sodium	666.65mg
Carbohydrates	18.33g
Fiber	3.33g
Sugar	0.00g
Protein	21.67g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 33.33mg	Iron 1.80mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available

Large Juice Box - Asst.

Servings:	4.000	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-38963

Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE BOX APPL 100 40-6.75FLZ	1 Each		698332
JUICE BOX VERY BRY 40-6.75FLZ	1 Each		698361
JUICE BOX ORNG TANGR 100 40-6.75FLZ	1 Each		698351
JUICE BOX FRT PNCH 100 40-6.75FLZ	1 Each		698340

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.750
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 4.000

Serving Size: 1.00 Serving

Amount Per Serving

Calories	97.50
Fat	0.00g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	15.00mg
Carbohydrates	11.75g
Fiber	0.00g
Sugar	22.50g
Protein	0.00g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 11.75mg	Iron 0.00mg

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Nutrition - Per 100g

No 100g Conversion Available
