### **Cookbook for Walton-Verona Independent Schools**

**Created by HPS Menu Planner** 

# Cookbook for Walton-Verona Early Childhood Center

**Created by HPS Menu Planner** 

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# Juice Box 100%

Servings:	5.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-45322
School:	Walton-Verona Early Childhood Center		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE BOX GRP 100	1 Each		698211
JUICE BOX VERY BRY	1 Each		698391
JUICE BOX APPL 100 40-4.23FLZ	1 Each		698744
JUICE BOX ORNG TANGR 100	1 Each		698251
JUICE BOX FRT PNCH 100	1 Each		698240

# Preparation Instructions No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

**Nutrition Facts** 

Servings Per Recipe: 5.00 Serving Size: 1.00 Serving

		3	
Amount Per Serving			
Calc	ories	64.00	
Fa	at	0.00g	
Satura	tedFat	0.00g	
Tran	s Fat	0.00g	
Chole	sterol	0.00mg	
Sod	ium	8.00mg	
Carboh	ydrates	16.20g	
Fik	ber	0.00g	
Su	gar	14.80g	
Pro	tein	0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	30.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Corn- Steamed PK**

Servings:	48.00	Category:	Vegetable
Serving Size:	0.25 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45365
School:	Walton-Verona Early Childhood Center		
Ingredients			
Description	Measurement	Prep Instructio	ons DistPart #
CORN CUT SUPER SWT	1 #10 CAN		851329

# Preparation Instructions CCP Heat to 165 F or higher for at least 15 seconds

CCP Hold at 135 F or higher

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.269

#### **Nutrition Facts**

Servings Per Recipe: 48.00 Serving Size: 0.25 Cup

OCIVING OIZC.	0.20 Oup		
	Amount Per Serving		
Calo	ries	32.17	
Fa	t	0.40g	
Saturat	edFat	0.00g	
Trans	s Fat	0.00g	
Choles	sterol	0.00mg	
Sodi	um	0.00mg	
Carbohy	/drates	6.43g	
Fib	er	0.80g	
Sug	jar	2.41g	
Prot	ein	0.80g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

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#### Nutrition - Per 100g

# **Peach Cup**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44274
Ingredients			
Description	Measurement	<b>Prep Instructions</b>	DistPart #

PEACH CUP 1 Each

**Preparation Instructions** No Preparation Instructions available.

Meal Components (SLE) Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.500	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

5		0	
Amount Per Serving			
Calo	ries	80.00	
Fa	ıt	0.00g	
Saturat	edFat	0.00g	
Trans	s Fat	0.00g	
Choles	sterol	0.00mg	
Sodi	um	0.00mg	
Carbohy	/drates	19.00g	
Fib	er	1.00g	
Sug	jar	16.00g	
Prot	ein	1.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

232470

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#### Nutrition - Per 100g

# **Chocolate Chip Cookie**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45077
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructio	ns DistPart #
COOKIE CHOC CHIP IW	1 Each		113151

# **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.000
Grain	0.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Serving Size. 1.00 Serving			
	Amount Per Serving		
Calo	ries	120.00	
Fa	It	6.00g	
Saturat	edFat	3.00g	
Trans	s Fat	0.00g	
Choles	sterol	5.00mg	
Sodi	um	85.00mg	
Carbohy	/drates	18.00g	
Fib	er	1.00g	
Sug	Sugar		
Protein		1.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	5.00mg	Iron	1.00mg

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Nutrition - Per 100g

# **Muffin -Chocolate or Blueberry**

Servings:	2.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44253

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
MUFFIN CHOC/CHOC CHP WGRAIN IW	1 Each	Thaw and Serve	557991
MUFFIN BLUEB WGRAIN IW	1 Each	Thaw and Serve	557970

# Preparation Instructions No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 2.00 Serving Size: 1.00 Each

Amount Per Serving			
Calo	ories	190.00	
Fa	at	6.00g	
Satura	tedFat	2.00g	
Trans	s Fat	0.00g	
Chole	sterol	32.50mg	
Sodium		130.00mg	
Carbohydrates		31.50g	
Fib	Fiber		
Sug	gar	16.50g	
Pro	Protein		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	35.00mg	Iron	1.20mg

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#### Nutrition - Per 100g No 100g Conversion Available

# **Cheese Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44276

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHS 4X6 WGRAIN 50/50	1 Slice	BAKE COOKING GUIDELINES. COOK BEFORE SERVING. Place 16 frozen pizzas in 18" x 26" x 1 2" sheet pan. Rotate pans one half turn to prevent cheese from burning. CONVECTION OVEN: Low fan, 350°F for 13 to 16 minutes. CONVENTIONAL OVEN: 400°F for 17 to 20 minutes. Note: For food safety and quality cook before eating to an internal temperature of 160°F. Due to variances in oven regulators, cooking time and temperature may require adjustments. Refrigerate or discard any unused portion.	585921

# Preparation Instructions Section pizza into 4 slices so easily picked up

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.130
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Pe	er Serving
Calories	238.00
Fat	8.50g
SaturatedFat	3.10g
Trans Fat	0.00g
Cholesterol	12.00mg
Sodium	369.20mg
Carbohydrates	27.00g
Fiber	3.10g
Sugar	6.00g
Protein	12.30g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 236.20mg	Iron 2.00mg

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#### Nutrition - Per 100g

# **Danimal with Cinnamon Goldfish Graham Bar**

Servings:	2.00	Category:	Grain
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45318
School:	Walton-Verona Early Childhood Center		

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
YOGURT DANIMAL STRAWB BAN N/F	1 Each	READY_TO_EAT Ready to Enjoy	869921
YOGURT DANIMAL VAN N/F	1 Each		200612
CRACKER GLDFSH CINN	2 Package	READY_TO_EAT Ready to Enjoy	194510

# **Preparation Instructions** No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	1.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 2.00 Serving Size: 1.00 Serving

	9	
Amount Per Serving		
Calories	190.00	
Fat	4.00g	
SaturatedFat	1.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	195.00mg	
Carbohydrates	33.00g	
Fiber	1.00g	
Sugar	17.00g	
Protein	5.00g	
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 200.00mg	Iron 2.00mg	

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### Nutrition - Per 100g

# **Chicken Nuggets PK**

Servings:	1.00	Category:	Entree
Serving Size:	4.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45105
School:	Walton-Verona E Childhood Cente	5	
Ingredients			
Description	Measurement	Prep Instruction	ns DistPart #
CHIX NUG BRD WGRAIN 8-4# GLDCRK	5 Each	Bake 375 for 14-16 minutes or until interna reaches 165F	al temperature 993713

# **Preparation Instructions** No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving		
Meat	2.000	
Grain	1.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

# **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 4.00 Each			
Amount Per Serving			
Calo	ories	170.00	
Fa	at	9.00g	
Satura	tedFat	1.50g	
Tran	s Fat	0.00g	
Chole	sterol	35.00mg	
Sod	ium	420.00mg	
Carboh	ydrates	11.00g	
Fit	ber	1.00g	
Su	gar	0.00g	
Pro	tein	15.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	1.08mg

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#### Nutrition - Per 100g

# **Mashed Potato**

Servings:	280.00	Category:	Vegetable
Serving Size:	4.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44214
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUTTER SUB	1 Pint		209810
BASE CHIX LO SOD NO MSG	2 Fluid Ounce	UNPREPARED To make an instant fully seasoned stock broth, add Base to water and stir: 3 4 tsp + 1 cup water or 1 Tbsp base + 1 quart water or 1 1 2 cups base + 6 gallons water	580589
SEASONING SIX PEPR BLEND	2 Fluid Ounce		229580
Water	5 Gallon	READY_TO_DRINK	Water
Potatoes dehyrated	8 Pound 12 Ounce (140 Ounce)		613738

Preparation Instructions ) POUR 1 POUCH OF POTATO PEARLS EXCEL MASHED POTATOES INTO A 4" DEEP HALF-SIZE STEAM TABLE PAN. 2) MEASURE 1 GALLON OF HOT WATER (170- 190 DEGREES F) AND POUR OVER POTATO PEARLS EXCEL MASHED POTATOES. PROMPTLY STIR FOR 15-20 SECONDS TO ENSURE EVEN DISTRIBUTION. 3) ALLOW POTATOES TO SIT FOR 3-5 MINUTES. FLUFF WITH FORK AND SERVE. 4)RE-FRESH PRODUCT BY ADDING TO CUP OF BOILING WATER AS NEEDED.

Boil Water - whip in the mashed potato mix and then season.

Hot Serve 135F or higher

### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.500

#### **Nutrition Facts**

Servings Per Recipe: 280.00 Serving Size: 4.00 Ounce

Amount	Per Serving
Calories	71.09
Fat	1.00g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	368.19mg
Carbohydrates	14.27g
Fiber	1.00g
Sugar	0.00g
Protein	2.00g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 10.00mg	Iron 0.30mg

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\*\*One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g		
ries	62.69	
ıt	0.88g	
tedFat	0.00g	
s Fat	0.00g	
sterol	0.00mg	
um	324.69mg	
/drates	12.58g	
er	0.88g	
jar	0.00g	
ein	1.76g	
0.00IU	Vitamin C	0.00mg
8.82mg	Iron	0.26mg
	ries at tedFat s Fat sterol um /drates er gar ein 0.00IU	ries         62.69           at         0.88g           atdFat         0.00g           s Fat         0.00g           sterol         0.00mg           um         324.69mg           vdrates         12.58g           er         0.88g           jar         0.00g           ein         1.76g           0.00IU         Vitamin C

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\*\*One or more nutritional components are missing from at least one item on this recipe.

# **Green Bean**

Servings:	48.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44212
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
BEAN GREEN CUT XTRA GRN	2 #10 CAN		328251
		UNPREPARED	

2 cups base + 6 gallons water	BASE CHIX LO SOD NO MSG       1/4 Cup       broth, add Base to water and stir: 3       580589         4 tsp + 1 cup water or 1 Tbsp base + 1 quart water or 1 1		o make an instant fully seasoned stock roth, add Base to water and stir: 3 58
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#### Preparation Instructions Mix items together and steam to 165F and Hold at 135F or higher

CCP Heat to 165 F or higher for at least 15 seconds CCP Hold at 135 F or higher

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.539
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 48.00 Serving Size: 0.50 Cup

Amount Per Serving			
Calc	ories	21.66	
F	at	0.00g	
Satura	tedFat	0.00g	
Tran	s Fat	0.00g	
Chole	sterol	0.00mg	
Sod	ium	313.46mg	
Carboh	ydrates	4.32g	
Fik	ber	2.16g	
Su	gar	2.16g	
Pro	tein	1.08g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	32.33mg	Iron	0.43mg

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### Nutrition - Per 100g

# **Applesauce Cup**

Servings:	1.00	Ca	tegory:	Fruit	
Serving Size:	4.50 Ounce	HACC	P Process:	No Cook	
Meal Type:	Lunch	Re	cipe ID:	R-44273	
Ingredients					
Descript	ion	Measurement	Prep Instru	ictions	DistPart #
APPLESAUCE PLAIN 96-4.5Z	СОММ	1 Each		(	645050

# Preparation Instructions No Preparation Instructions available.

Meat         0.000           Grain         0.000           Fruit         0.500           GreenVeg         0.000           RedVeg         0.000           OtherVeg         0.000           Legumes         0.000	Meal Components (SLE) Amount Per Serving	
Fruit         0.500           GreenVeg         0.000           RedVeg         0.000           OtherVeg         0.000	Meat	0.000
GreenVeg         0.000           RedVeg         0.000           OtherVeg         0.000	Grain	0.000
RedVeg         0.000           OtherVeg         0.000	Fruit	0.500
OtherVeg 0.000	GreenVeg	0.000
	RedVeg	0.000
Legumes 0.000	OtherVeg	0.000
	Legumes	0.000
<b>Starch</b> 0.000	Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 1.00

Serving Size: 4.50 Ounce

Amount Per Serving			
Calo	ries	60.00	
Fa	t	0.00g	
Saturat	edFat	0.00g	
Trans	Fat	0.00g	
Choles	sterol	0.00mg	
Sodi	um	0.00mg	
Carbohy	/drates	17.00g	
Fib	er	1.00g	
Sug	jar	15.00g	
Prot	ein	0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	5.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g			
Calor	ies	47.03	
Fa	t	0.00g	
Saturat	edFat	0.00g	
Trans	Fat	0.00g	
Choles	sterol	0.00mg	
Sodi	um	0.00mg	
Carbohy	drates	13.33g	
Fibe	er	0.78g	
Sug	ar	11.76g	
Prote	ein	0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	3.92mg	Iron	0.00mg
*All reporting of	TranaCatia	for information on	ly and is not

 $^{\ast}\mbox{All}$  reporting of TransFat is for information only, and is not used for evaluation purposes

# **Cheddar Goldfish Cracker**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45510
School:	Walton-Verona Early Childhood Center		
Ingredients			
Description	Measurement	Prep Instructio	ns DistPart #
CRACKER GLDFSH CHS	1 Each	READY_TO_EAT Ready to Enjoy	110431

# Preparation Instructions No Preparation Instructions available.

Meal	Components	(SLE)
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Amount Per Serving	
Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00			
Serving Size: 1.00 Serving			
	Amount Per Serving		
Calc	ories	100.00	
Fa	at	3.50g	
Satura	tedFat	0.50g	
Tran	s Fat	0.00g	
Chole	sterol	5.00mg	
Sod	ium	180.00mg	
Carboh	ydrates	14.00g	
Fik	ber	1.00g	
Su	gar	0.00g	
Pro	tein	2.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	30.00mg	Iron	0.90mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

# **Animal Crackers with String Cheese**

Servings:	1.00	Category:	Entree	
Serving Size:	1.00 Serving	HACCP Process:	No Cook	
Meal Type:	Breakfast	Recipe ID:	R-47160	
School:	Walton-Verona Early Childhood Center			
Ingredients				
Description	Measurement	Prep Instruct	ions	DistPart #

Decemption			
CRACKER ANIMAL WGRAIN	1 Package	682840	
CHEESE STRING MOZZ	1 Each	579050	

# **Preparation Instructions** No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	1.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving			
	Amount Pe	er Serving	
Calo	ries	200.00	
Fa	ıt	9.50g	
Saturat	edFat	4.50g	
Trans	s Fat	0.00g	
Choles	Cholesterol		
Sodi	um	315.00mg	
Carbohy	/drates	22.00g	
Fib	er	2.00g	
Sug	jar	8.00g	
Prot	Protein 9.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	200.00mg	Iron	0.80mg

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#### Nutrition - Per 100g

# **Baked Beans PK**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45332
School:	Walton-Verona Early Childhood Center		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN BAKED ORIG	1/2 Cup	Heat and serve. Warm in 350 degree oven for approx 30 minutes.	520098

# **Preparation Instructions**

- 2. SPRAY Pan
- 3. PLACE Beans in pan .
- 4. DIVIDE REMAINING INGREDIENTS AND ADD TO VEGETARIAN BEANS; STIR WELL.
- 5. BAKE IN A PREHEATED OVEN UNTIL HOT & BUBBLY THROUGHOUT.

#### Meal Components (SLE)

Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.130	
Legumes	0.500	
Starch	0.000	

### Nutrition Facts

Servings Per Recipe: 1.00 Serving Size: 0.50 Cup

Amount Per Serving			
Calories	150.00		
Fat	1.00g		
SaturatedFat	0.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	570.00mg		
Carbohydrates	30.00g		
Fiber	5.00g		
Sugar	12.00g		
Protein	7.00g		
Vitamin A 0.00IU	Vitamin C 0.00mg		
Calcium 50.00mg	Iron 1.88mg		

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### Nutrition - Per 100g

# **Orange Wedges PK**

Servings:	1.00	Category:	Fruit	
Serving Size:	0.50 Each	HACCP Process:	No Cook	
Meal Type:	Lunch	Recipe ID:	R-45110	
School:	Walton-Verona Early Childhood Center			
Ingredients				
Description	Measurement	Prep Instruction	าร	DistPart #
ORANGES NAVEL/VALENCIA CHC	C 1/2 Each	Wash outside of orange and Wedge into 4 pieces		322326

# **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.250	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 0.50 Each

Serving Size. 0.30 Lach	
Amount F	Per Serving
Calories	36.65
Fat	0.10g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	0.00mg
Carbohydrates	9.00g
Fiber	1.85g
Sugar	7.50g
Protein	0.75g
Vitamin A 175.42IU	Vitamin C 41.48mg
Calcium 31.19mg	Iron 0.08mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

# **Cheeseburger PK**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-47162
School:	Walton-Verona Early Childhood Center		

### **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
CHEESE AMER 160CT SLCD	1/2 Slice	READY_TO_EAT Pre-sliced Use Cold or Melted	150260
4" Wg Rich Hamburger Bun	1/2 bun	BAKE Toast if desired	3474
Don Lee Charbroiled Beef Patty	1/2 Each	CONVECTION 3. Bake a. 3.0 oz Backyard Griller 12-14 minutes (until grease is bubbling on top) i. MAXIMUM TEMPERATURE 145 DEGREES	93003

# Preparation Instructions Don Lee Farms

Backyard Griller Handling and Preparation Instructions

- 1. Pan burgers from frozen state on a standard baking pan (pan liners are optional)
- 2. Bake in preheated oven (convection or Combi at 350 Degrees
- 3. Bake
- a. 3.0 oz Backyard Griller 12-14 minutes (until grease is bubbling on top)
- i. MAXIMUM TEMPERATURE 145 DEGREES
- b. 2.25 oz Backyard Griller 10-12 minutes (until grease is bubbling on top)
- i. MAXIMUM TEMPERATURE 145 DEGREES
- 4. Remove from oven
- a. DO NOT PLACE IN STEAM TABLE PAN
- b. DO NOT COVER
- c. DO NOT ADD ANY LIQUID OF ANY KIND
- 5. Immediately begin to bun and wrap sandwiches in foils wrap and place in warmer
- 6. Best to make burger sandwiches immediately from the oven.
- a. Place on bun wrap in foil wrap the place in steam table pan and into warmer

7. Cook and wrap as many sandwiches as you as possible without letting them cool or lose the grease on the burgers.

The foil wrapped burger will hold in the warmer up to 4 -5 hours if the warmer is set at 160 degrees.

### Meal Components (SLE)

Amount Per Serving		
Meat	1.500	
Grain	1.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

	-9			
Amount F	Amount Per Serving			
Calories	201.00			
Fat	11.05g			
SaturatedFat	4.45g			
Trans Fat	0.00g			
Cholesterol	37.75mg			
Sodium	353.00mg			
Carbohydrates	13.00g			
Fiber	1.15g			
Sugar	1.75g			
Protein	11.80g			
Vitamin A 0.00IU	Vitamin C	0.00mg		
Calcium 43.75mg	Iron	4.80mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

#### Nutrition - Per 100g

# **Tator Tots PK**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-47161
School:	Walton-Verona Early Childhood Center		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO TATER TOTS	1 1/2 Ounce	Basic Preparation CONVECTION OVEN: BAKE AT 425¿F FOR 8-12 MINUTES. SPREAD PRODUCT EVENLY ON A SHALLOW BAKING PAN. TURN ONCE FOR UNIFORM COOKING.	141510

# **Preparation Instructions** No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.252

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 1.00 Serving Amount Per Serving

Anount of octving			
Calo	ries	58.28	
Fa	t	3.14g	
Saturat	edFat	0.45g	
Trans	s Fat	0.00g	
Choles	sterol	0.00mg	
Sodi	um	161.39mg	
Carbohy	/drates	7.17g	
Fib	er	0.45g	
Sug	jar	0.45g	
Prot	ein	0.90g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	4.48mg	Iron	0.09mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Uncrustable Small**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44920
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND UNCRUST PBJ GRP WGRAIN	1 Each		527462

# Preparation Instructions Thaw and serve

#### **Meal Components (SLE)**

Amount Per Serving	<b>、</b> <i>,</i>
Meat	1.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Serving Size.	Serving Size. 1.00 Serving			
	Amount P	er Serving		
Calo	Calories			
Fa	at	16.00g		
Satura	tedFat	3.50g		
Tran	s Fat	0.00g		
Chole	sterol	0.00mg		
Sod	ium	280.00mg		
Carboh	ydrates	32.00g		
Fit	ber	4.00g		
Su	gar	15.00g		
Pro	tein	9.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	43.00mg	Iron	1.00mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

# **Baby Carrots**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45080
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructio	ons DistPart #
CARROT BABY WHL MED	1/2 Cup	Put in 4oz boats for service. Chill	273902

# **Preparation Instructions** No Preparation Instructions available.

Meal	Components	(SLE)
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Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.750	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00			
Serving Size: 0.50 Cup			
	Amount	Per Serving	
Calo	ries	30.00	
Fa	it	0.00g	
Saturat	edFat	0.00g	
Trans	s Fat	0.00g	
Choles	sterol	0.00mg	
Sodi	um	45.00mg	
Carbohy	/drates	7.00g	
Fib	er	2.00g	
Sug	jar	4.00g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

# **Pizza Bagel Bites PK**

Serving	gs:	1.00	Category:	Entree	
Serving Size:		1.00 Serving	HACCP Process:	Same Day Se	rvice
Meal Type:		Lunch	Recipe ID:	R-46390	
Ingredi	ents				
Description	Measuren	nent	Prep Instructions		DistPart #
PIZZA BAGEL CHS MINI	3 Each	Basic Preparation Pre heat convection oven to 425 degrees F, conventional oven to 450 degrees F. Place 3 bagels per serving mini pizza bagels on parchment lined sheet pan. Bake for 9-11 minutes. Remove from oven and serve. Allow pan to cool for 3-5 minutes then cover tightly with plastic film. Hold covered tray in a moist 145 degree warmer for up to 1 hour.		703411	

# Preparation Instructions 3=serving

#### Meal Components (SLE)

Amount Per Serving	
Meat	1.500
Grain	1.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.098
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 1.00 Serving **Amount Per Serving** Calories 195.00 Fat 6.75g SaturatedFat 3.75g **Trans Fat** 0.00g Cholesterol 15.00mg Sodium 420.00mg Carbohydrates 18.00g Fiber 3.00g Sugar 3.00g Protein 15.75g Vitamin A 562,50IU Vitamin C 4.50mg Calcium 262.50mg Iron 1.35mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# Veggie Cup-Color your Tray

Servings:	8.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46847
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
Baby Carrots	1/2 Cup		812540
6-2 LETTUCE ROMAINE COMM 15D44	1 Cup		381403
1x10 LB TOMATO GRAPE	3 Ounce		749041
Cucumber	1/2 Cup	ВАКЕ	16 <b>P</b> 98
SQUASH ZUCCHINI 50-2Z COMM	1/2 Cup		701500
Sweet Potatoes, Fresh, Whole	1/2 Cup		100343
BROCCOLI CAULIF COMBO	1/2 Cup		283339
CAULIFLOWER CALIF	1/2 Cup		198528
CELERY	1/2 Cup		762640
PEPPERS RED	1/2 0		188583
RADISH 30CT	1/4 Cup		198854

# Preparation Instructions No Preparation Instructions available.

### Meal Components (SLE)

Amount F	Per Serving	

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.352
OtherVeg	0.125
Legumes	0.000
Starch	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 8.00 Serving Size: 0.50 Cup

Amount Per Serving				
Calori	es	17.74		
Fat		0.03g		
Saturate	dFat	0.01g		
Trans	Fat	0.00g		
Cholesterol		0.00mg		
Sodium		17.70mg		
Carbohydrates		4.03g		
Fibe	r	0.96g		
Suga	r	1.39g		
Protein		0.66g		
Vitamin A 5	81.56IU	Vitamin C	3.83mg	
Calcium 1	0.01mg	Iron	0.19mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

#### Nutrition - Per 100g

# **Cereal Assorted WG**

Servings:	5.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44336

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
CEREAL CINN TOAST CRNCH BWL	1 Each	READY_TO_EAT Ready to eat	595934
CEREAL LUCKY CHARMS WGRAIN BWL	1 Package	READY_TO_EAT Ready to Eat	265811
CEREAL CHEERIOS WGRAIN BWL	1 Each	READY_TO_EAT Ready to eat	264702
CEREAL COCOA PUFFS WGRAIN R/S	1 Each	READY_TO_EAT Ready to eat	270401
CEREAL TRIX R/S WGRAIN BWL	1 Package	READY_TO_EAT Ready to Eat	265782

# Preparation Instructions No Preparation Instructions available.

### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 5.00 Serving Size: 1.00 Each

	Amount Per Serving				
Calc	ories	112.40			
F	at	1.78g			
Satura	tedFat	0.06g			
Tran	s Fat	0.00g			
Chole	sterol	0.00mg			
Sodium		146.00mg			
Carbohydrates		23.00g			
Fik	ber	1.82g			
Su	gar	6.60g			
Protein		2.08g			
Vitamin A	60.00IU	Vitamin C	0.72mg		
Calcium	90.88mg	Iron	3.91mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Strawberry Cup**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44272
Ingredients			
Description	Measurement	Prep Instruction	s DistPart #
STRAWBERRY CUP	1 Each		655010

# **Preparation Instructions** No Preparation Instructions available.

Meal Components (SLE) Amount Per Serving		
0.000		
0.000		
0.500		
0.000		
0.000		
0.000		
0.000		
0.000		

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

	Amount Per Serving			
Calo	ries	90.00		
Fa	ıt	0.00g		
Saturat	edFat	0.00g		
Trans	s Fat	0.00g		
Choles	sterol	0.00mg		
Sodi	um	0.00mg		
Carbohy	/drates	22.00g		
Fib	er	2.00g		
Sug	jar	18.00g		
Prot	ein	1.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	0.00mg	Iron	0.00mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Fries Smiley PK**

Servings:	1.00	Category:	Vegetable
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45119
School:	Walton-Verona Early Childhood Center		
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
Smiley Fries	2 Ounce		228818

**Preparation Instructions** CONVECTION OVEN: PREHEAT OVEN TO 425\*F. SPREAD PRODUCT EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 9 TO 13 MINUTES, TURNING ONCE FOR UNIFORM COOKING. FOR BEST RESULTS, COOK FROM A FROZEN STATE USING RECOMMENDED TIME AND TEMPERATURE. ALWAYS COOK TO A LIGHT GOLDEN COLOR. DO NOT OVERCOOK.

Meal Components (SLE) Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.333	

Nutrition	Facts
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Servings Per Recipe: 1.00 Serving Size: 2.00 Ounce

Amount Per Serving			
Calo	Calories		
Fa	It	4.00g	
Saturat	tedFat	0.67g	
Trans	s Fat	0.00g	
Choles	sterol	0.00mg	
Sodi	um	153.33mg	
Carbohy	/drates	16.67g	
Fib	er	1.33g	
Sug	jar	0.00g	
Prot	ein	1.33g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	1.33mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g			
Calo	ries	188.13	
Fa	t	7.05g	
Saturat	edFat	1.18g	
Trans	Fat	0.00g	
Choles	sterol	0.00mg	
Sodi	um	270.43mg	
Carbohy	drates	29.39g	
Fib	er	2.35g	
Sug	Jar	0.00g	
Prot	ein	2.35g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	2.35mg
***			

\*All reporting of TransFat is for information only, and is not used for evaluation purposes \*\*One or more nutritional components are missing from at least one item on this recipe.

### **Dominos Cheese Pizza**

Servings:	1.00		Category:	Entree	
Serving Size:	1.00 Serving	HA	ACCP Process:	Same Day	Service
Meal Type:	Lunch		Recipe ID:	R-46343	
Ingredients					
Description	ı	Measurement	Prep Instruc	tions	DistPart #
8 cut 14 inch WG LM Cheese Piz	za 1	Slice	READY_TO_EAT		

# **Preparation Instructions** No Preparation Instructions available.

Meat         2.000           Grain         2.000           Fruit         0.000           GreenVeg         0.000           RedVeg         1.000           OtherVeg         0.000           Legumes         0.000	Meal Components (SLE) Amount Per Serving		
Fruit         0.000           GreenVeg         0.000           RedVeg         1.000           OtherVeg         0.000			
GreenVeg         0.000           RedVeg         1.000           OtherVeg         0.000			
RedVeg         1.000           OtherVeg         0.000			
OtherVeg 0.000			
<b>Starch</b> 0.000			

#### **Nutrition Facts** Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	310.00		
Fat	14.00g		
SaturatedFat	8.00g		
Trans Fat	0.00g		
Cholesterol	45.00mg		
Sodium	730.00mg		
Carbohydrates	30.00g		
Fiber	3.00g		
Sugar	3.00g		
Protein	15.00g		
Vitamin A 0.00IU	Vitamin C	0.00mg	
Calcium 250.00mg	Iron	1.80mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Cinnamon Baked Apples**

Servings:	100.00	Category:	Condiments or Other
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44338

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE SLCD W/P	5 #10 CAN	Do NOT drain	117773
BUTTER SUB	2 Ounce	To make 1 lb. of butter sauce: add 2 oz (1/2 pkt) to 2 cups of warm water and stir.	209810
SPICE CINNAMON GRND	1 Fluid Ounce 1 Tablespoon (3 Tablespoon)		224723
SPICE NUTMEG GRND	1 Tablespoon		224944
SUGAR BROWN MED	1/2 Pound	UNSPECIFIED	108626

# **Preparation Instructions** 1. Pour apple cans into full steam-table pans.

- 2. Prepare butter sauce as directed.
- 3. Mix ground cinnamon and nutmeg into butter bud sauce.
- 4. Pour mixture over the apples, evenly divided, into each of the steam-table pans.
- 5. Bake at 350 F for ~30 minutes, or until warm and water mostly evaporated.
- \*\*Allergens: Milk

### Meal Components (SLE)

Amount Per Serving	<b>、</b>
Meat	0.000
Grain	0.000
Fruit	0.594
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 100.00 Serving Size: 0.50 Cup

Amount Per Serving				
Calo	Calories			
Fa	ıt	0.00g		
Saturat	edFat	0.00g		
Trans	s Fat	0.00g		
Choles	sterol	0.00mg		
Sodium		17.55mg		
Carbohydrates		16.71g		
Fib	er	2.38g		
Sug	jar	12.96g		
Prot	Protein			
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	0.00mg	Iron	0.00mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# Pancake with Sausage PK

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45118
School:	Walton-Verona Early Childhood Center		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCAKE BTRMLK WGRAIN	1 Each	READY_TO_EAT The day before serving: Remove product in full cases from the freezer and thaw for 2 hours at room temperature. After thawing, put in the refrigerator cooler until needed. DO NOT RE-FREEZE! Re-freezing will cause product to stick together. The day of serving: Remove product from refrigerator or cooler. Remove from packaging. Heat in a warmer or convection oven at 175 degrees for 5 minutes. For food safety and quality, product is fully cooked when it reaches an internal temperature of 165F.	156101
SAUSAGE PTY CKD 1Z	1 Each	BAKE To Bake (convection oven): Preheat oven to 325°F, heat for 3 - 3 1 2 minutes if frozen, 2 1 2 - 3 minutes if thawed.	111341

# Preparation Instructions No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving	
Meat	1.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		-9		
Amount Per Serving				
Calc	Calories			
Fa	at	12.50g		
Satura	tedFat	4.00g		
Tran	s Fat	0.00g		
Chole	sterol	25.00mg		
Sodium		280.00mg		
Carbohydrates		15.00g		
Fik	Fiber			
Su	gar	5.00g		
Pro	Protein			
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	36.60mg	Iron	1.09mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

## **Mummy HotDOG**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50181
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRANKS BEEF 8/	1 Each	BAKE Basic Preparation FULLY COOKED, CAN BE STEAMED, GRILLED, MICROWAVED, OR OVEN HEATED, HEAT TO 165 DEG F. INTERNAL FOR MINIMUM OF 15 SECONDS, HOLD ABOVE 140 DEG F. CONSULT LOCAL PUBLIC CODES FOR LOCAL REQUIREMENTS	265039
6" Whole Grain Hot Dog Bun	1 Each	READY_TO_EAT	3709

# **Preparation Instructions** No Preparation Instructions available.

Meal Components	(SLE)
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Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

**Nutrition Facts** 

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving				
Calc	Calories			
Fa	at	17.50g		
Satura	tedFat	6.00g		
Tran	s Fat	0.50g		
Cholesterol		35.00mg		
Sodium		690.00mg		
Carbohydrates		21.00g		
Fik	ber	2.00g		
Su	gar	3.00g		
Protein		10.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	48.89mg	Iron	1.85mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Pumpkin Cutie**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50184
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
ORANGES FANCY	1 Сир		198005

# **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	<b>、</b>	
Meat	0.000	
Grain	0.000	
Fruit	0.500	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving				
80.90				
0.20g				
0.00g				
0.00g				
0.00mg				
1.70mg				
21.00g				
3.60g				
14.00g				
1.50g				
Vitamin C 97.52mg				
Iron 0.21mg				

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

# **Crispy Chicken Sandwich PK**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49196
School:	Walton-Verona Early Childhood Center		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
4" Wg Rich Hamburger Bun	1/2 bun	BAKE Toast if desired	3474
CHIX PTY BRD WGRAIN 170-3Z GLDCRK	1/2 Each	Bake 375 for 17-19 minutes or until internal temperature 165	259967

# Preparation Instructions

HACCP STEP: WASH HANDS.

- 1. Cook chicken patty as directed on package.
- 2. Place cooked chicken patty on bottom of roll. Top with remaining half of roll.
- 3. Serve.
- 4. Allow student to select condiment of choice.

### Meal Components (SLE)

Amount Per Serving	. ,	
Meat	1.000	
Grain	1.500	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount P	Amount Per Serving			
Calories	160.00			
Fat	5.00g			
SaturatedFat	0.75g			
Trans Fat	0.00g			
Cholesterol	17.50mg			
Sodium	325.00mg			
Carbohydrates	18.00g			
Fiber	1.00g			
Sugar	1.50g			
Protein	10.00g			
Vitamin A 0.00IU	Vitamin C 0.00mg			
Calcium 13.00mg	Iron 4.54mg			

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Apple Slices PK**

Servings:	1.00	Category:	Fruit
Serving Size:	0.50 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45367
School:	Walton-Verona Early Childhood Center		
Ingredients			

Description	Measurement	Prep Instructions	DistPart #
APPLE GALA	1/2 Each	Wash apple and Cut into 4 slices	197718

# **Preparation Instructions** No Preparation Instructions available.

### **Meal Components (SLE)**

Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.500	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 0.50 Each

Amount Per Serving			
es	33.30		
	0.10g		
edFat	0.00g		
Fat	0.00g		
erol	0.00mg		
ım	0.65mg		
drates	9.00g		
r	1.55g		
ar	6.50g		
in	0.15g		
34.56IU	Vitamin C	2.95mg	
3.84mg	Iron	0.08mg	
	Amount F es dFat Fat erol m drates r in 34.56IU	Amount Per Serving           es         33.30           0.10g           odFat         0.00g           Fat         0.00g           erol         0.00mg           m         0.65mg           drates         9.00g           r         1.55g           ar         6.50g           in         0.15g           34.56IU         Vitamin C	

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Nutrition - Per 100g

# **Shipwrecked Ice Cream Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50270
School:	Walton-Verona Early Childhood Center		
Ingredients			
Description	Measurement	Prep Instruction	ons DistPart #
ICE CRM CUP VAN FLAV	1 Each		359700

# **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	<b>、</b> ,	
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving				
130.00				
7.00g				
4.00g				
0.00g				
25.00mg				
45.00mg				
16.00g				
0.00g				
11.00g				
2.00g				
Vitamin C	0.00mg			
Iron	0.00mg			
	0.00mg			
	130.00 7.00g 4.00g 0.00g 25.00mg 45.00mg 16.00g 0.00g 11.00g 2.00g Vitamin C			

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Nutrition - Per 100g

# Spaghetti w/ Meatballs PK

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45405

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SPAGHETTI FCY	4 Ounce	HEAT_AND_SERVE Heat & Serve MIX Heat & Serve READY_TO_DRINK Heat & Serve READY_TO_EAT Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED Heat & Serve	852759
PASTA SPAGHETTI 10IN	1/2 Cup	Cook Pasta accordingly in boiling water 8-10minutes. Drain, lightly toss in oil	654560
MEATBALL CKD .65Z 6-5 COMM	3 Each	BAKE KEEP FROZENCONVECTION OVEN: Add frozen meatballs or crumbles to sauce, cover pan and heat in convection oven approximately 30 minutes at 375 degrees F.STOVE TOP: Add frozen meatballs or crumbles to sauce. Simmer in covered pan for approximately 40 minutes at 180-200 degrees F.	785860

**Preparation Instructions** Pull meatballs in a serving pan and put them into steamer and heat till 155F or above

Put sauce and water into pot or steamer and simmer for 1 hour 135F or above

Heat water for pasta to a rolling boil. Slowly add pasta and cook for 10-12 minutes until pasta is tender. Stir occasionally. Do not overcook. Drain and divide equally in pan- spray pan with pan release spray.

Portion with 4 oz laddle- 4 meatballs per serving

### Meal Components (SLE)

Amount Per Serving		
Meat	1.500	
Grain	1.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.833	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

	Amount Per Serving			
Calc	ories	262.17		
Fa	at	7.25g		
Satura	tedFat	2.63g		
Tran	s Fat	0.45g		
Chole	sterol	27.00mg		
Sod	Sodium			
Carboh	ydrates	35.50g		
Fik	ber	5.08g		
Su	gar	9.17g		
Protein		15.83g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	67.58mg	Iron	1.65mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Cookbook for Walton-Verona Elementary**

**Created by HPS Menu Planner** 

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**Pumpkin Cutie** 

**Halloween Donut** 

Worm Dirt Pudding Cup

# **Muffin -Chocolate or Blueberry**

Servings:	2.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44253

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
MUFFIN CHOC/CHOC CHP WGRAIN IW	1 Each	Thaw and Serve	557991
MUFFIN BLUEB WGRAIN IW	1 Each	Thaw and Serve	557970

# Preparation Instructions No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 2.00 Serving Size: 1.00 Each

	Amount Per Serving			
Calo	ories	190.00		
Fa	at	6.00g		
Satura	tedFat	2.00g		
Trans	s Fat	0.00g		
Chole	sterol	32.50mg		
Sodium		130.00mg		
Carbohydrates		31.50g		
Fib	Fiber			
Sug	gar	16.50g		
Pro	Protein			
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	35.00mg	Iron	1.20mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g No 100g Conversion Available

### **PopTart-1ct**

Servings:	3.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44294

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTRY POP-TART WGRAIN CINN	1 Piece		695880
PASTRY POP-TART WGRAIN STRAWB	1 Piece		695890
PASTRY POP-TART WGRAIN BLUEB	1 Each		865131

# Preparation Instructions No Preparation Instructions available.

### **Meal Components (SLE)**

Amount Per Serving		
Meat	0.000	
Grain	1.083	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts** \_ \_ .

Servings Per Recipe: 3.00 Serving Size: 1.00 Each	)	
Amount Pe	er Serving	
Calories	173.33	
Fat	2.67g	
SaturatedFat	1.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	138.33mg	
Carbohydrates	37.00g	
Fiber	3.00g	
Sugar	14.67g	
Protein	2.00g	
Vitamin A 333.33IU	Vitamin C	0.00mg
Calcium 120.00mg	Iron	1.80mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Cereal and Toast-WG**

Servings:	3.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-44816
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CEREAL LUCKY CHARMS WGRAIN BWL	1 Package	READY_TO_EAT Ready to Eat	265811
CEREAL COCOA PUFFS WGRAIN R/S	1 Each	READY_TO_EAT Ready to eat	270401
CEREAL CINN TOAST R/S BWL	1 Each	READY_TO_EAT Ready To Eat	365790
Toast with Butter	3 Serving	Spray sheet pan with butter spray Place bread on a sheet pan spread liquid butter on the top of the bread- 1/2 tablespoon per slice Toast in a convection oven until lightly brown- approximately 5-7minutes Place in heat and hold until ready to serve Cook to the line during service.	R-44246

# **Preparation Instructions** Students can take cereal and toast or each one separately.

### Meal Components (SLE)

Amount Per Serving
Meat
Grain

Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

0.000

#### **Nutrition Facts**

Servings Per Recipe: 3.00 Serving Size: 1.00 Serving

Amount Per Serving		
Calories	500.00	
Fat	25.67g	
SaturatedFat	3.75g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	495.00mg	
Carbohydrates	59.33g	
Fiber	5.67g	
Sugar	10.67g	
Protein	10.67g	
Vitamin A 100.00IU	Vitamin C 1.20mg	
Calcium 84.17mg	<b>Iron</b> 20.50mg	

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### Nutrition - Per 100g

# Fruit, Fresh Medley

Servings:	4.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44280

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE DELIC GLDN	1 Each		597481
ORANGE 113 - 138 CT 1/35 LB CS	1 Each		171871
Banana	1 Each		197769
PEAR 95-110CT MRKN	1 Each		198056

# Preparation Instructions Wash fruit, slice fruit or serve whole

Place in bag for service or boat

CCP Hold for cold service at 41F or lower

#### **Meal Components (SLE)**

Amount Per Serving	()
Meat	0.000
Grain	0.000
Fruit	0.750
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 4.00 Serving Size: 1.00 Each

Amount Per Serving			
Calories	88.70		
Fat	0.18g		
SaturatedFat	0.03g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	0.33mg		
Carbohydrates	22.75g		
Fiber	3.90g		
Sugar	10.75g		
Protein	1.05g		
Vitamin A 120.78IU	Vitamin C 23.30mg		
Calcium 25.11mg	Iron 0.23mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

### Nutrition - Per 100g

## **Fruit-Canned Assorted**

Servings:	120.00	Category: F	Fruit
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID: F	R-44306

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEACH DCD IN JCE	1 #10 CAN		610372
PEAR DCD IN JCE	1 #10 CAN		610364
FRUIT COCKTAIL DCD XL/S	1 #10 CAN		258362
ORANGES MAND WHL L/S	1 #10 CAN		117897
PINEAPPLE TIDBITS IN JCE	1 #10 CAN		189979

# Preparation Instructions Place in 4oz cup

CCP Hold cold service at 41F or lower

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.512
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts Servings Per Recipe: 120	0.00
Serving Size: 0.50 Cup	
Amount P	er Serving
Calories	71.07
Fat	0.00g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	2.16mg
Carbohydrates	16.58g
Fiber	1.02g
Sugar	11.36g
Protein	0.54g
Vitamin A 61.78IU	Vitamin C 0.80mg

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Iron

0.36mg

12.95mg

Calcium

### Nutrition - Per 100g

### Juice Box 100%

Servings:	5.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44298

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE BOX GRP 100	1 Each		698211
JUICE BOX VERY BRY	1 Each		698391
JUICE BOX APPL 100 40-4.23FLZ	1 Each		698744
JUICE BOX ORNG TANGR 100	1 Each		698251
JUICE BOX FRT PNCH 100	1 Each		698240

# Preparation Instructions No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts Servings Per Recipe: 5.00 Serving Size: 1.00 Serving			
Amount P	er Serving		
Calories	64.00		
Fat	0.00g		
SaturatedFat	0.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium 8.00mg			
Carbohydrates	16.20g		
Fiber	0.00g		
Sugar	14.80g		
Protein 0.00g			
Vitamin A 0.00IU	Vitamin C 0.00mg		
Calcium 30.00mg	Iron 0.00mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

## **Pancakes and Sausage**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45233
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCAKE BTRMLK WGRAIN	2 Each	READY_TO_EAT The day before serving: Remove product in full cases from the freezer and thaw for 2 hours at room temperature. After thawing, put in the refrigerator cooler until needed. DO NOT RE-FREEZE! Re-freezing will cause product to stick together. The day of serving: Remove product from refrigerator or cooler. Remove from packaging. Heat in a warmer or convection oven at 175 degrees for 5 minutes. For food safety and quality, product is fully cooked when it reaches an internal temperature of 165F.	156101
SAUSAGE PTY CKD 1Z	2 Each	BAKE To Bake (convection oven): Preheat oven to 325°F, heat for 3 - 3 1 2 minutes if frozen, 2 1 2 - 3 minutes if thawed.	111341

# Preparation Instructions No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000
	· · · · · · · · · · · · · · · · · · ·

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

0	0		
Amount Per Serving			
Calories	400.00		
Fat	25.00g		
SaturatedFat	8.00g		
Trans Fat	0.00g		
Cholesterol	50.00mg		
Sodium	560.00mg		
Carbohydrates	30.00g		
Fiber	2.00g		
Sugar	10.00g		
Protein	12.00g		
Vitamin A 0.00IU	Vitamin C	0.00mg	
Calcium 73.20mg	Iron	2.18mg	
Ŭ		0	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Uncrustable Small**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44920
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND UNCRUST PBJ GRP WGRAIN	1 Each		527462

# Preparation Instructions Thaw and serve

#### **Meal Components (SLE)**

Amount Per Serving	<b>、</b> <i>,</i>
Meat	1.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Serving Size. 1.00 Serving				
Amount Per Serving				
Calo	ories	300.00		
Fa	at	16.00g		
Satura	tedFat	3.50g		
Tran	s Fat	0.00g		
Chole	sterol	0.00mg		
Sod	ium	280.00mg		
Carboh	ydrates	32.00g		
Fit	ber	4.00g		
Su	gar	15.00g		
Protein		9.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	43.00mg	Iron	1.00mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

### **Hashbrown Patty**

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44917
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
HASHBROWN PTY	1 Each	CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN PATTIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 15 MINUTES, TURNING ONCE FOR UNIFORM COOKING. DEEP_FRY FILL BASKET 1 LB (8 EACH) WITH FROZEN PATTIES. DEEP FRY @ 350° F FOR 2 1 2 TO 3 MINUTES.	201146

# **Preparation Instructions** No Preparation Instructions available.

### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.500

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
Calo	ries	110.00	
Fa	at	6.00g	
Satura	tedFat	1.00g	
Trans	s Fat	0.00g	
Chole	sterol	0.00mg	
Sod	ium	280.00mg	
Carboh	ydrates	12.00g	
Fib	er	1.00g	
Sug	gar	0.00g	
Prot	tein	1.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	10.00mg	Iron	0.20mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Cinnamon Baked Apples**

Servings:	100.00	Category:	Condiments or Other
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44338

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE SLCD W/P	5 #10 CAN	Do NOT drain	117773
BUTTER SUB	2 Ounce	To make 1 lb. of butter sauce: add 2 oz (1/2 pkt) to 2 cups of warm water and stir.	209810
SPICE CINNAMON GRND	1 Fluid Ounce 1 Tablespoon (3 Tablespoon)		224723
SPICE NUTMEG GRND	1 Tablespoon		224944
SUGAR BROWN MED	1/2 Pound	UNSPECIFIED	108626

# **Preparation Instructions** 1. Pour apple cans into full steam-table pans.

- 2. Prepare butter sauce as directed.
- 3. Mix ground cinnamon and nutmeg into butter bud sauce.
- 4. Pour mixture over the apples, evenly divided, into each of the steam-table pans.
- 5. Bake at 350 F for ~30 minutes, or until warm and water mostly evaporated.
- \*\*Allergens: Milk

Amount Per Serving	<b>、</b>
Meat	0.000
Grain	0.000
Fruit	0.594
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 100.00 Serving Size: 0.50 Cup

Amount Per Serving			
Calo	ries	68.56	
Fa	ıt	0.00g	
Saturat	edFat	0.00g	
Trans	s Fat	0.00g	
Choles	sterol	0.00mg	
Sodi	um	17.55mg	
Carbohy	/drates	16.71g	
Fib	er	2.38g	
Sug	jar	12.96g	
Prot	ein	0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Cucumber and Baby Tomato**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44837

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
1x10 LB TOMATO GRAPE	3 Each		749041
CUCUMBER SELECT	1/2 Cup		418439

Preparation Instructions Wash cucumber and tomato.• Hold cold foods at 41 °F or below Serve in 4 ounce tray

### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.500
OtherVeg	0.500
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 0.50 Cup

oerving eize.	0100 040		
	Amount I	Per Serving	
Calo	ries	7.80	
Fa	ıt	0.10g	
Saturat	tedFat	0.00g	
Trans	s Fat	0.00g	
Choles	sterol	0.00mg	
Sodi	ium	1.00mg	
Carbohy	/drates	2.00g	
Fib	er	0.30g	
Sug	jar	1.00g	
Prot	ein	0.30g	
Vitamin A	54.60IU	Vitamin C	1.46mg
Calcium	8.32mg	Iron	0.15mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g No 100g Conversion Available

### **Biscuit Sandwich Sausage**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-44240

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUSAGE PTY CKD 1Z	1 Each	BAKE To Bake (convection oven): Preheat oven to 325°F, heat for 3 - 3 1 2 minutes if frozen, 2 1 2 - 3 minutes if thawed.	111341
DOUGH BISC STHRN EZ SPLT	1 Each	BAKE PLACE FROZEN BISCUIT DOUGH WITH SIDES TOUCHING ON GREASED OR PARCHMENT LINED BAKING SHEET. BAKE TIMES WILL VARY BY OVEN TYPE AND QUANTITY OF PRODUCT IN OVEN. BISCUITS ARE DONE WHEN TOPS ARE GOLDEN BROWN AND REACH A MINIMUM INTERNAL TEMPERATURE OF 165°F.	866920

# Preparation Instructions CCP Hot Hold 135 F or higher

### **Meal Components (SLE)**

Amount Per Serving	
Meat	1.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per Serving			
Calories	310.00		
Fat	19.00g		
SaturatedFat	8.00g		
Trans Fat	0.00g		
Cholesterol	20.00mg		
Sodium	620.00mg		
Carbohydrates	25.00g		
Fiber	1.00g		
Sugar	2.00g		
Protein	8.00g		
Vitamin A 0.00IU	Vitamin C	0.00mg	
Calcium 120.00mg	Iron	1.96mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Pizza Cruncher w Marinara Sc**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44217
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
APTZR PIZZA CHS CRUNCHER 8- 3.125	4 Each	BAKE Cooking Instructions: Keep frozen until ready to prepare. Due to differences in appliances, cooking times may vary and require adjus tment. If cheese becomes visible, remove from heat. Caution - product will be hot! CONVECTION OVEN: 1. Preheat oven to 350F. 2. Arrange product in a single layer on lined baked sheet. 3. Bake 15-16 minutes (full tray). If baking more than one tray, longer cooking time may be required.	143271
SAUCE MARINARA DIPN CUP	1 Each	HEAT_AND_SERVE Heat & Serve MIX Heat & Serve READY_TO_DRINK Heat & Serve READY_TO_EAT Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED Heat & Serve	677721

# **Preparation Instructions** BAKE

Cooking Instructions: Keep frozen until ready to prepare. Due to differences in appliances, cooking times may vary and require adjustment. If cheese becomes visible, remove from heat. Caution - product will be hot! CONVECTION OVEN: 1. Preheat oven to 350F. 2. Arrange product in a single layer on lined baked sheet. 3. Bake 15-16 minutes (full tray). If baking more than one tray, longer cooking time may be required.

Amount Per Serving	<b>、</b> ,
Meat	2.000
Grain	2.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.500
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

	3			
Amount Pe	Amount Per Serving			
Calories	470.00			
Fat	21.00g			
SaturatedFat	9.00g			
Trans Fat	0.00g			
Cholesterol	30.00mg			
Sodium	910.00mg			
Carbohydrates	51.00g			
Fiber	6.00g			
Sugar	9.00g			
Protein	22.00g			
Vitamin A 0.00IU	Vitamin C 0.00mg			
Calcium 427.00mg	Iron 2.91mg			

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Lunchable-Meat and Cheese Dorito Box**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44919
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEPPERONI SLCD 16/Z	8 Each		100240
CHEESE STRING MOZZ IW 1Z	1 Each		714960
CHIP NACHO REDC FAT	1 Serving	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	456090

# Preparation Instructions • Hold cold foods at 41 °F or below

Serve in 1lb tray

Amount Per Serving	
Meat	2.000
Grain	1.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		0		
	Amount Per Serving			
Cal	ories	280.59		
F	at	17.59g		
Satura	atedFat	6.85g		
Trar	ns Fat	0.00g		
Cholesterol		29.12mg		
Sodium		663.53mg		
Carbohydrates		20.00g		
Fiber		2.00g		
Su	ıgar	1.00g		
Protein		11.35g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	240.00mg	Iron	0.49mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Broccoli-Roasted**

Servings:	50.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-47265
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
Broccoli, No Salt Added, Frozen	9 1/4 Pound	STEAM Place frozen broccoli in steam table pan and steam in steamer. Take a deep steam table pan and fill with about 2 inches of water. Place frozen broccoli in holey steam table pan and place inside deeper steam table pan. Cover and steam on stove top.	IN110473
BUTTER SUB	1/4 Cup		209810
Black Pepper	3/4 Teaspoon	BAKE	24108
DRESSING MIX RNCH	1 Package		192716

# Preparation Instructions 1. Place frozen broccoli in lined sheet pans

- 2. Add 9 lbs. broccoli per pan (you may need to cut in pieces)
- 3. Roast at 400F for 8-12 minutes
- 4. Pour into solid pan and season according to directions.
- 5. Set on hot line for service
- 6. Batch cook as needed

CCP Hold at or above 135F

Amount Per Serving	<b>X Y</b>
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.501
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 50.00 Serving Size: 0.50 Cup

Amount Per Serving				
26.62				
0.00g				
0.00g				
0.00g				
0.00mg				
389.78mg				
5.17g				
3.01g				
1.00g				
3.01g				
Vitamin C 0.00mg				
Iron 0.00mg				

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Peach Cup**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44274
Ingredients			
Description	Measurement	<b>Prep Instructions</b>	DistPart #

PEACH CUP 1 Each

**Preparation Instructions** No Preparation Instructions available.

Meal Components (SLE) Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.500	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

5		0		
Amount Per Serving				
Calories		80.00		
Fa	t	0.00g		
Saturat	edFat	0.00g		
Trans	s Fat	0.00g		
Choles	sterol	0.00mg		
Sodium		0.00mg		
Carbohy	/drates	19.00g		
Fib	er	1.00g		
Sug	jar	16.00g		
Prot	ein	1.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	0.00mg	Iron	0.00mg	

232470

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Fruit Smoothie with Donut Hole**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-45625
School:	Walton-Verona Early Childhood Center		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	3 1/2 Ounce	READY_TO_EAT Ready to eat. 1. Tear at notch 2. Squeeze Yoplait® Low Fat Yogurt into cup	811500
IQF Frozen Sliced Strawberries	1/2 Cup	or other frozen fruit option	110860
Fat Free Skim Milk	8 Ounce	BAKE	51801
DONUT HOLE WGRAIN .41Z	1 Each	Put 4 donut holes with smoothie	839520

#### Preparation Instructions Pulse until smooth

Pulse until smooth Pour into cups Refrigerate until service Hold cold 41 F or below

Amount Per Serving	
Meat	

Meat	1.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

<u>eeg</u> ee		.9		
Amount Per Serving				
Calories		877.11		
F	at	3.32g		
Satura	atedFat	1.49g		
Trar	ns Fat	0.00g		
Cholesterol		43.26mg		
Sodium		1145.57mg		
Carbohydrates		132.74g		
Fiber		1.33g		
Su	ıgar	113.87g		
Protein		67.93g		
Vitamin A	80.00IU	Vitamin C	32.00mg	
Calcium	359.87mg	Iron	0.24mg	
			· · · · · · · · · · · · · · · · · · ·	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

## Veggie Cup-Color your Tray

Servings:	8.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46847
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
Baby Carrots	1/2 Cup		812540
6-2 LETTUCE ROMAINE COMM 15D44	1 Cup		381403
1x10 LB TOMATO GRAPE	3 Ounce		749041
Cucumber	1/2 Cup	ВАКЕ	16 <b>P</b> 98
SQUASH ZUCCHINI 50-2Z COMM	1/2 Cup		701500
Sweet Potatoes, Fresh, Whole	1/2 Cup		100343
BROCCOLI CAULIF COMBO	1/2 Cup		283339
CAULIFLOWER CALIF	1/2 Cup		198528
CELERY	1/2 Cup		762640
PEPPERS RED	1/2 0		188583
RADISH 30CT	1/4 Cup		198854

# Preparation Instructions No Preparation Instructions available.

Amount Pe	er Serving	

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.352
OtherVeg	0.125
Legumes	0.000
Starch	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 8.00 Serving Size: 0.50 Cup

Amount Per Serving			
Calories		17.74	
Fat		0.03g	
SaturatedFa	t (	0.01g	
Trans Fat	(	0.00g	
Cholesterol	(	0.00mg	
Sodium		17.70mg	
Carbohydrate	es 4	4.03g	
Fiber	(	0.96g	
Sugar		1.39g	
Protein	(	0.66g	
Vitamin A 581.5	56IU	Vitamin C	3.83mg
Calcium 10.01	Img	Iron	0.19mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

### Nutrition - Per 100g

### **Chocolate Chip French Toast**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-45066
School:	Walton-Verona Elementary		

<b>T</b> 1	• 4
Ingred	lients

Description	Measurement	Prep Instructions	DistPart #
FRENCH TST MINI CHOC CHIP IW	1 Package	HEAT_AND_SERVE Preheat Convection oven to 350 ° Single layer on sheet pan lined with parchment paper. CCP: Heat in convection oven from frozen for 8-10 minutes. From thawed state 5 - 6 minutes CCP:Hold in warming unit for no longer than 3 hours	498492

# Preparation Instructions No Preparation Instructions available.

### **Meal Components (SLE)**

Amount Per Serving		
Meat	0.000	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Serving			
	Amount Pe	er Serving	
Cal	ories	190.00	
F	at	5.00g	
Satura	atedFat	1.50g	
Trar	ns Fat	0.00g	
Chole	esterol	0.00mg	
So	dium	210.00mg	
Carboł	nydrates	35.00g	
Fi	ber	4.00g	
Sugar		10.00g	
Pro	otein	4.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	260.00mg	Iron	3.60mg
* All reportions	f Trana Cat is fo	r information and	v and is not

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

## CornDog

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44484
School:	Walton-Verona High School		
Ingredients			
Description	Measurement	Prep Instructi	ons DistPart #
CORN DOG CHIX WGRAIN	1 Each		720120

# Preparation Instructions Basic Preparation

FROM THAWED - CONVECTION OVEN 350\*F FOR 14-17 MINUTES (FULL SHEET PAN); CONVENTIONAL OVEN 350\*F FOR 24-26 MINUTES (FULL SHEET PAN); FRY 350\*F FOR 4-5 MINUTES (QTY: 3); MICROWAVE ON HIGH FOR 30 SECONDS, TURN 30 SECONDS MORE (QTY: 2)

Meal Components (SLE) Amount Per Serving		
Meat	2.000	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg 0.000		
Legumes	0.000	
Starch	0.000	

Nutrition Facts		
Servings Per Recipe: 1.00		
Serving Size: 1.00 Serv	/ing	
Amount	Per Serving	
Calories	240.00	
Fat	9.00g	
SaturatedFat	2.50g	
Trans Fat	0.00g	
Cholesterol	40.00mg	
Sodium	470.00mg	
Carbohydrates	30.00g	
Fiber	2.00g	
Sugar	8.00g	
Protein 9.00g		
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 100.00mg	g Iron 1.50mg	
*All reporting of Tropo Lot is	for information only and is not	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Baked Beans**

Servings:	1.00	Category:	Vegetable	
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service	
Meal Type:	Lunch	Recipe ID:	R-44268	
Ingredients				
Description	Measurement	Prep Instructions	DistPa	rt #
BEAN BAKED VEGTAR R/SOD	1/2 Cup	Heat and serve. Warm in 350 degree oven for appro	ox 30 minutes. 567091	

# Preparation Instructions CCP Hot hold 135F or above

Meal Components (SLE) Amount Per Serving	
0.000	
0.000	
0.000	
0.000	
0.000	
0.130	
0.500	
0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 0.50 Cup

U			
Amount Per Serving			
Calories	5	150.00	
Fat		0.00g	
Saturated	Fat	0.00g	
Trans Fa	ıt	0.00g	
Cholester	ol	0.00mg	
Sodium		370.00mg	
Carbohydra	ates	30.00g	
Fiber		5.00g	
Sugar		12.00g	
Protein		7.00g	
Vitamin A 0.0	UIO	Vitamin C	0.00mg
Calcium 50	.00mg	Iron	1.90mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Tator Tots K-8**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44494

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO TATER TOTS	1/2 Cup	Basic Preparation CONVECTION OVEN: BAKE AT 425¿F FOR 8-12 MINUTES. SPREAD PRODUCT EVENLY ON A SHALLOW BAKING PAN. TURN ONCE FOR UNIFORM COOKING.	141510

# Preparation Instructions Available.

Meal Components (	SLE)
-------------------	------

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.562

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving		
Amount Per Serving		
Calories	129.99	
Fat	7.00g	
SaturatedFat	1.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	359.97mg	
Carbohydrates	16.00g	
Fiber	1.00g	
Sugar	1.00g	
Protein	2.00g	
Vitamin A 0.00IU	Vitamin C	0.00mg
Calcium 10.00mg	Iron	0.20mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Strawberry Cup**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44272
Ingredients			
Description	Measurement	Prep Instruction	s DistPart #
STRAWBERRY CUP	1 Each		655010

# **Preparation Instructions** No Preparation Instructions available.

Meal Components (SLE) Amount Per Serving	
0.000	
0.000	
0.500	
0.000	
0.000	
0.000	
0.000	
0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

	Amount Per Serving		
Calories		90.00	
Fa	t	0.00g	
Saturat	edFat	0.00g	
Trans	s Fat	0.00g	
Choles	sterol	0.00mg	
Sodium		0.00mg	
Carbohydrates		22.00g	
Fib	er	2.00g	
Sug	jar	18.00g	
Prot	ein	1.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

## **Cinnamon Roll**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44243
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
ROLL CINN WGRAIN IW	1 Each	Place in warmer for warm service	505333

# **Preparation Instructions** No Preparation Instructions available.

s (SLE)
0.000
2.000
0.000
0.000
0.000
0.000
0.000
0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

U	8
Amount F	Per Serving
Calories	240.00
Fat	7.00g
SaturatedFat	1.50g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	240.00mg
Carbohydrates	38.00g
Fiber	3.00g
Sugar	12.00g
Protein	5.00g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 40.00mg	<b>Iron</b> 1.80mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Bagel with Cream Cheese**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44254

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
BAGEL WHT WGRAIN IW	1 Each	thaw	217911
CHEESE CREAM LT CUP	1 Each		124960

## Preparation Instructions Put items together for service

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount P	Amount Per Serving		
Calories	200.00		
Fat	6.00g		
SaturatedFat	3.00g		
Trans Fat	0.00g		
Cholesterol	20.00mg		
Sodium	270.00mg		
Carbohydrates	30.00g		
Fiber	4.00g		
Sugar	7.00g		
Protein	9.00g		
Vitamin A 0.00IU	Vitamin C	0.00mg	
Calcium 70.00mg	Iron	1.44mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g No 100g Conversion Available

# **Big Daddy Pepperoni Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44216
School:	Walton-Verona Elementary		

### **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHS WGRAIN PRIMO 16IN	1 Slice	BAKE COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: 350°F high fan for 14-16 minutes. IMPINGEMENT OVEN: 420°F for 6-7 minutes. CONVENTIONAL OVEN: 1. Preheat oven to 400°F. 2. Remove frozen pizza from overwrap and place on lightly oiled aluminum foil. 3. Place pizza and foil on middle oven rack. 4. Bake for 30 to 32 minutes. Pizza is done when all cheese is melted. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.	575522
PEPPERONI SLCD 16/Z	2 Each		100240

# **Preparation Instructions** BAKE

COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: 350°F high fan for 14-16 minutes. IMPINGEMENT OVEN: 420°F for 6-7 minutes. CONVENTIONAL OVEN: 1. Preheat oven to 400°F. 2. Remove frozen pizza from overwrap and place on lightly oiled aluminum foil. 3. Place pizza and foil on middle oven rack. 4. Bake for 30 to 32 minutes. Pizza is done when all cheese is melted. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.

Amount	Per	Serving	

2.235
2.000
0.000
0.000
0.130
0.000
0.000
0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
Calories	377.65		
Fat	17.65g		
SaturatedFat	7.59g		
Trans Fat	0.00g		
Cholesterol	38.53mg		
Sodium	555.88mg		
Carbohydrates	35.00g		
Fiber	3.00g		
Sugar	9.00g		
Protein	21.59g		
Vitamin A 0.00IU	Vitamin C 0.00mg		
Calcium 441.00mg	Iron 2.15mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

## **Big Daddy Cheese Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44215
School:	Walton-Verona Elementary		

### **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHS WGRAIN PRIMO 16IN	1 Slice	BAKE COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: 350°F high fan for 14-16 minutes. IMPINGEMENT OVEN: 420°F for 6-7 minutes. CONVENTIONAL OVEN: 1. Preheat oven to 400°F. 2. Remove frozen pizza from overwrap and place on lightly oiled aluminum foil. 3. Place pizza and foil on middle oven rack. 4. Bake for 30 to 32 minutes. Pizza is done when all cheese is melted. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.	575522

### **Preparation Instructions** BAKE

COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: 350°F high fan for 14-16 minutes. IMPINGEMENT OVEN: 420°F for 6-7 minutes. CONVENTIONAL OVEN: 1. Preheat oven to 400°F. 2. Remove frozen pizza from overwrap and place on lightly oiled aluminum foil. 3. Place pizza and foil on middle oven rack. 4. Bake for 30 to 32 minutes. Pizza is done when all cheese is melted. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.

Amount Per Serving
Meat
Orain

Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.130
OtherVeg	0.000
Legumes	0.000
Starch	0.000

2.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
Calories	360.00		
Fat	16.00g		
SaturatedFat	7.00g		
Trans Fat	0.00g		
Cholesterol	35.00mg		
Sodium	490.00mg		
Carbohydrates	35.00g		
Fiber	3.00g		
Sugar	9.00g		
Protein	21.00g		
Vitamin A 0.00IU	Vitamin C	0.00mg	
Calcium 441.00mg	Iron	2.10mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Corn-Steamed**

Servings:	96.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44213
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUTTER SUB	1 Package		209810
CORN CUT SUPER SWT	4 #10 CAN		851329
SEASONING SIX PEPR BLEND	2 Fluid Ounce		229580

# Preparation Instructions CCP Heat to 165 F or higher for at least 15 seconds

CCP Hold at 135 F or higher

### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.539

Nutrition Facts			
Servings Per Recipe: 96.00 Serving Size: 0.50 Cup			
Amount Per Serving			
Calories	71.34		
Fat	0.80g		
SaturatedFat	0.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	114.98mg		
Carbohydrates	14.87g		
Fiber	1.61g		
Sugar	4.83g		
Protein	1.61g		
Vitamin A 0.00IU	Vitamin C	0.00mg	
Calcium 0.00mg	Iron	0.00mg	
*All reporting of TransFat is	for information or	ly and is not	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

## **Sherbert Luigi**

Servings:	3.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-47261
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SHERBET CUP ORANGE	1 Each		563710
SORBET CUP CHRY/BLUERASPB	1 Each		602382
SORBET CUP STRAWB/KIWI	1 Each		602362

# Preparation Instructions No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

<b>Nutrition Fact</b>	S	
Servings Per Recipe:	3.00	
Serving Size: 1.00 Se	erving	
Amount Per Serving		
Calories	86.67	

Fat	0.50g	
SaturatedFat	0.33g	
Trans Fat	0.00g	
Cholesterol	1.67mg	
Sodium	10.00mg	
Carbohydrates	21.00g	
Fiber	2.00g	
Sugar	17.00g	
Protein	0.00g	
Vitamin A 0.00IU	Vitamin C	0.00mg
Calcium 50.00mg	Iron	0.49mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

### Wrap Turkey and Cheese

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46184
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
TORTILLA FLOUR 10 12-12CT GRSZ	1 Each	READY_TO_EAT	713340
TURKEY BRST DELI SLCD CKD	3 Ounce		680613
CHEESE AMER YEL 120CT SLCD	1 Slice		164216

Preparation Instructions Start with tortilla shell , Put turkey and sliced cheese on wrap and roll for service- have mustard and mayo packets for student selection

• Hold cold foods at 41 °F or below

### Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
Calories		350.00	
Fat		11.50g	
SaturatedF	at	6.00g	
Trans Fat	:	0.00g	
Cholester	bl	42.50mg	
Sodium		1230.00mg	
Carbohydra	tes	36.00g	
Fiber		1.00g	
Sugar		4.50g	
Protein		20.50g	
Vitamin A 0.00	IU	Vitamin C	0.00mg
Calcium 162.	00mg	Iron	2.75mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Broccoli and Cauliflower**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45079
School:	Walton-Verona Elementary		

### **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
BROCCOLI FLORET REG CUT	1/4 Cup		732478
CAULIFLOWER REG CUT	1/4 Cup		732494

# Preparation Instructions Serve in 4oz tray

Mix it up some just broccoli, some cauliflower and some mixed!

• Hold cold foods at 41 °F or below

### Meal Components (SLE)

Amount	Per	Servi	na

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.250
RedVeg	0.000
OtherVeg	0.250
Legumes	0.000
Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 0.50 Cup **Amount Per Serving** Calories 18.75 Fat 0.18g SaturatedFat 0.05g **Trans Fat** 0.00g Cholesterol 0.00mg Sodium 23.75mg Carbohydrates 3.75g Fiber 1.75g 1.00g Sugar Protein 1.50g Vitamin A 0.00IU Vitamin C 12.05mg Calcium 21.10mg Iron 0.38mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

# **French Toast Sticks**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-44241

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRENCH TST STIX WGRAIN	4 Each	BAKE Cooking Instructions: For food safety, quality and thorough cooking, please follow the instructions below. Keep frozen until ready to prepare. Product is not ready to eat until fully cooked to internat temperature of 165 F. Due to differences in appliances, cooking times may vary and require adjustment. Caution - Product will be hot! CONVECTION OVEN: 1. Preheat oven to 350°F. 2. Arrange product in a single layer on lined baking sheet. 3. Bake for 10-11 minutes (full tray). If baking more than one tray, longer cooking time may be required.	661062
SUGAR POWDERED 6X	1 Teaspoon	Sprinkle!	108693

**Preparation Instructions** Prepare french toast according to instructions and put in 1/4 tray boats and dust with powder sugar.

Hot hold service 135F or above

Meal Components (SLE)		
Amount Per Serving		
Meat	0.000	
Grain	2.250	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Cerving Cize:		'9		
	Amount Per Serving			
Calc	Calories			
F	at	9.70g		
Satura	tedFat	1.60g		
Tran	s Fat	0.14g		
Chole	sterol	0.00mg		
Sod	ium	305.40mg		
Carboh	ydrates	40.50g		
Fik	ber	3.30g		
Su	gar	11.42g		
Pro	tein	6.20g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	41.71mg	Iron	1.98mg	

## Nutrition - Per 100g

# Juice Box 100%

Servings:	5.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-45322
School:	Walton-Verona Early Childhood Center		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE BOX GRP 100	1 Each		698211
JUICE BOX VERY BRY	1 Each		698391
JUICE BOX APPL 100 40-4.23FLZ	1 Each		698744
JUICE BOX ORNG TANGR 100	1 Each		698251
JUICE BOX FRT PNCH 100	1 Each		698240

# Preparation Instructions No Preparation Instructions available.

### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

**Nutrition Facts** 

Servings Per Recipe: 5.00 Serving Size: 1.00 Serving

		3		
	Amount Per Serving			
Calc	ories	64.00		
Fa	at	0.00g		
Satura	tedFat	0.00g		
Tran	s Fat	0.00g		
Chole	sterol	0.00mg		
Sod	ium	8.00mg		
Carboh	ydrates	16.20g		
Fik	ber	0.00g		
Su	gar	14.80g		
Pro	tein	0.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	30.00mg	Iron	0.00mg	

## Nutrition - Per 100g

# **Crispy Chicken Sandwich**

Servings:	1.00	Category:	Entree	
Serving Size:	1.00 Serving	HACCP Process:	Same Day S	ervice
Meal Type:	Lunch	Recipe ID:	R-44181	
Ingredients				
Description	Measurement	Prep Instruction	าร	DistPart #
4" Wg Rich Hamburger Bun	1 bun	BAKE Toast if desired		3474
CHIX PTY BRD WGRAIN 170-3Z GLDCRK	1 Each	Bake 375 for 17-19 minutes or until inte 165	rnal temperature	259967

Preparation Instructions

HACCP STEP: WASH HANDS.

- 1. Cook chicken patty as directed on package.
- 2. Place cooked chicken patty on bottom of roll. Top with remaining half of roll.
- 3. Serve.
- 4. Allow student to select condiment of choice.
- Hold hot foods at 135 °F or above

### Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	3.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

5		5		
	Amount Per Serving			
Calc	ories	320.00		
Fa	at	10.00g		
Satura	tedFat	1.50g		
Tran	s Fat	0.00g		
Chole	sterol	35.00mg		
Sod	ium	650.00mg		
Carboh	ydrates	36.00g		
Fik	ber	2.00g		
Su	gar	3.00g		
Pro	tein	20.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	26.00mg	Iron	9.08mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# LunchableYogurt Combo Pack

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44175

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT RASPB RNBW L/F	1 Each	READY_TO_EAT Ready to eat single serving	551770
CHEESE STRING MOZZ LT IW	1 Each		786801
CRACKER CHEEZ-IT WGRAIN IW	1 Each		282422
CRACKER STATESCAPITALS SMRT	1 Ounce		159371

# Preparation Instructions • Hold cold foods at 41 °F or below

#### Meal Components (SLE)

Amount Per Serving		
Meat	2.000	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

Nutrition Servings Per Serving Size	Recipe: 1.00	)	
	Amount Pe	er Serving	
Cal	ories	360.00	
F	at	11.00g	
Satura	atedFat	3.00g	
Trar	ns Fat	0.00g	
Chole	esterol	15.00mg	
Soc	dium	480.00mg	
Carboh	nydrates	52.00g	
Fi	ber	3.00g	
Su	ıgar	16.00g	
Pro	otein	15.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	442.00mg	Iron	1.72mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Fries-Waffle K-8**

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44485
School:	Walton-Verona High School		

### **Ingredients**

Description Measuremen	t Prep Instructions	DistPart #
FRIES 9 Piece WAFFLE	CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN PRODUCT EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 14 MINUTES, TURNING ONCE FOR UNIFORM COOKING. DEEP_FRY FREIDORA: LLENE LA CANASTA DE LA FREIDORA HASTA LA MITAD (1 LB) CON PAPAS FRITAS CONGELADAS. FRÍA A 350° F DE 2 1 4 À 2 3 4 MINUTOS. UNSPECIFIED PARA OBTENER MEJORES RESULTADOS, NO DESCONGELE EL PRODUCTO ANTES DE COCINARLO Y USE LA TEMPERATURA Y EL TIEMPO RECOMENDADOS. SIEMPRE COCINE HASTA OBTENER UN COLOR DORADO CLARO. NO COCINE DEMASIADO. EL PRODUCTO DEBE ESTAR COMPLETAMENTE COCIDO PARA GARANTIZAR SU CALIDAD Y SEGURIDAD ALIMENTARIA.	201081

Preparation Instructions Place fries, in a single layer, on a cookie tray lined with white baking paper. Place tray on rolling rack and put in cooler until ready to bake. Bake for 10 minutes, turn tray around, and bake an additional 10 minutes. If using the convection oven, cook for 11-13 minutes; do not turn the trays. Temp. at 165 degrees or higher. Spray a 4B metal pan and place the empty pan on the hot case line in the serving rooms. Place trays in room warmers until ready to serve.

These fries DO NOT HOLD their temps.

10lb=50 servings

### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000

0.000

0.500

Legumes

Starch

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

ee			
	Amount	Per Serving	
Calor	ries	120.00	
Fa	t	5.00g	
Saturat	edFat	0.50g	
Trans	Fat	0.00g	
Choles	sterol	0.00mg	
Sodi	um	20.00mg	
Carbohy	drates	17.00g	
Fibe	er	1.00g	
Sug	ar	0.00g	
Prote	ein	1.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

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### Nutrition - Per 100g

# **Green Bean**

Servings:	48.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44212
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
BEAN GREEN CUT XTRA GRN	2 #10 CAN		328251
		UNPREPARED	

2 cups base + 6 gallons water	BASE CHIX LO SOD NO MSG       1/4 Cup       broth, add Base to water and stir: 3       580589         4 tsp + 1 cup water or 1 Tbsp base + 1 quart water or 1 1		o make an instant fully seasoned stock roth, add Base to water and stir: 3 58
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#### Preparation Instructions Mix items together and steam to 165F and Hold at 135F or higher

CCP Heat to 165 F or higher for at least 15 seconds CCP Hold at 135 F or higher

### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.539
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 48.00 Serving Size: 0.50 Cup

	Amount P	er Serving	
Calc	ories	21.66	
F	at	0.00g	
Satura	tedFat	0.00g	
Tran	s Fat	0.00g	
Chole	sterol	0.00mg	
Sod	ium	313.46mg	
Carboh	ydrates	4.32g	
Fik	ber	2.16g	
Su	gar	2.16g	
Pro	tein	1.08g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	32.33mg	Iron	0.43mg

## Nutrition - Per 100g

# **Fancy Fruit Cup**

Servings:	1.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45395
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
FRUIT MIXED IQF	1/2 Cup		578614

# Preparation Instructions Place in 4oz cup

CCP Hold for cold service at 41F or lower

### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 0.50 Cup **Amount Per Serving** Calories 30.00 Fat 0.00g **SaturatedFat** 0.00g **Trans Fat** 0.00g Cholesterol 0.00mg Sodium 0.00mg Carbohydrates 7.50g

Fib	er	1.00g	
Sug	ar	6.00g	
Prot	ein	0.50g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	7.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

## Lettuce & Tomato Slices

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44813
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE RIBBONS	1 Cup	Place 1 C of Pre washed romaine shredded lettuce in 5 oz bowl. 1 C = 1/2 C Dark Green Veg	451730
TOMATO 6X6 LRG	2 Slice	Rinse Tomato and Air Dry, Slice in equal 1/4 " Slices Place 2-1/4 Slices on Lettuce.	199001

# **Preparation Instructions** Place in 5 oz bowl and hold in cooler until serving time.

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.011
RedVeg	0.400
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 0.50 **Amount Per Serving** Calories 22.96 Fat 0.16g **SaturatedFat** 0.04g **Trans Fat** 0.00g Cholesterol 0.00mg Sodium 3.60mg Carbohydrates 4.80g Fiber 1.88g Sugar 3.00g **Protein** 1.64g Vitamin A 599.76IU Vitamin C 9.86mg Calcium 23.20mg Iron 0.20mg

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#### Nutrition - Per 100g

# **Betty Crocker Oatmeal Bars**

Servings:	2.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-50192
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
BAR DBL CHOC OATML	1 Each	READY_TO_EAT Ready to Eat	262103
BAR CHOC CHIP OATML	1 Each	READY_TO_EAT Ready to Eat	194031

# Preparation Instructions No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving		
Meat	0.000	
Grain	1.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts** Servings Per Recipe: 2.00 Serving Size: 1.00 Each **Amount Per Serving** 150.00 Calories Fat 5.00g Coturated Lat 4 00-

SaturatedFat		1.00g	
Trans Fat		0.00g	
Choles	sterol	0.00mg	
Sodi	um	107.50mg	
Carbohy	/drates	24.50g	
Fib	er	2.50g	
Sug	jar	8.50g	
Prot	ein	2.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00ma	Iron	0.85mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Broccoli-Steamed**

Servings:	50.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44266

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
Broccoli, No Salt Added, Frozen	9 1/4 Pound	STEAM Place frozen broccoli in steam table pan and steam in steamer. Take a deep steam table pan and fill with about 2 inches of water. Place frozen broccoli in holey steam table pan and place inside deeper steam table pan. Cover and steam on stove top.	IN110473
BUTTER SUB	1 Fluid Ounce 3/4 Tablespoon (2 3/4 Tablespoon)		209810
Black Pepper	3/4 Teaspoon		24108

# Preparation Instructions 1. Place frozen broccoli in perforated steam table pans

- 2. Add 9 lbs. broccoli per pan (you may need to cut in pieces)
- 3. Steam closer to serving time to keep broccoli crisp. (3-5 minutes with no lid). Taste and temp broccoli as it should be crisp not mushy
- 4. Pour into solid pan and season according to directions.
- 5. Dish into serving containers (preferably the 6 ounce black dishes using 1/2 cup serving utensil)
- 6. Batch cook as needed

CCP Hold at or above 135F

### Meal Components (SLE)

Amount Per Serving	<b>、</b>
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.501
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 50.00 Serving Size: 0.50 Cup

5			
Amount Per Serving			
Calorie	es	26.42	
Fat		0.00g	
Saturated	dFat	0.00g	
Trans F	at	0.00g	
Choleste	erol	0.00mg	
Sodiu	n	25.11mg	
Carbohyd	rates	5.11g	
Fiber	,	3.01g	
Suga	r	1.00g	
Protei	n	3.01g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	).00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Pancake with Bacon**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-44239

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCAKE BTRMLK WGRAIN	2 Each	READY_TO_EAT The day before serving: Remove product in full cases from the freezer and thaw for 2 hours at room temperature. After thawing, put in the refrigerator cooler until needed. DO NOT RE-FREEZE! Re-freezing will cause product to stick together. The day of serving: Remove product from refrigerator or cooler. Remove from packaging. Heat in a warmer or convection oven at 175 degrees for 5 minutes. For food safety and quality, product is fully cooked when it reaches an internal temperature of 165F.	156101
BACON CKD RND	1 Gram	BAKE Fully cooked. Simply heat and serve.	433608

**Preparation Instructions** Cook product according to instructions and place together in a boat for service.

### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		.9		
	Amount Per Serving			
Calc	ories	164.17		
Fa	at	3.33g		
Satura	tedFat	0.13g		
Tran	s Fat	0.00g		
Chole	sterol	11.25mg		
Sod	ium	197.50mg		
Carboh	ydrates	30.00g		
Fik	ber	2.00g		
Su	gar	10.00g		
Pro	tein	4.33g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	73.20mg	Iron	1.46mg	

## Nutrition - Per 100g

# **Spaghetti w/ Meatballs with Garlic Toast K-8**

Servings:	100.00	Category:	Entree
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-47833
School:	Walton-Verona Elementary		

### Ingredients

SAUCE SPAGHETTI FCY1 #10 CANHEAT_AND_SERVE Heat & Serve add 2 quart water MIX Heat & Serve READY_TO_DRINK Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED Heat & Serve UNSPECIFIED Heat & Serve852759PASTA SPAGHETTI 10IN4 PoundCook Pasta accordingly in boiling water 8-10minutes. Drain, lightly toss in oil654560MEATBALL CKD .65Z 6-5 COMM300 EachBAKE KEEP FROZENCONVECTION OVEN: Add frozen meatballs or crumbles to sauce, cover pan and heat in convection oven approximately 30 minutes at 375 degrees F.STOVE TOP: Add frozen meatballs or crumbles to sauce. Simmer in covered pan for approximately 40 minutes at 180-200 degrees F.785860garlic toast1 ServingSpray sheet pan with butter spray Place Texas toast on a sheet pan spread liquid garlic butter on the top of the bread-1/2 tablespoon per slice Toast in a convection oven until lightly brown- approximately 5-7minutes Place in heat convection oven until lightly brown- approximately 5-7minutes Place in heat convection oven until lightly brown- approximately 5-7minutes Place in heat convection oven until lightly brown- approximately 5-7minutes Place in heat convection oven until lightly brown- approximately 5-7minutes Place in heat convection oven until lightly brown- approximately 5-7minutes Place in heat convection oven until lightly brown- approximately 5-7minutes place in heat convection oven until lightly brown- approximately 5-7minutes Place in heat convection oven until lightly brown- approximately 5-7minutes Place in heat convection oven until lightly brown- approximately 5-7minutes Place in heat convection oven until lightly brown- approximately 5-7minutes Place in heat convection oven until lightly brown- approximately 5-7minutes Place in heat convection oven until lightly	Description	Measurement	Prep Instructions	DistPart #
SPAGHETTI 10IN4 PoundCook Pasta accordingly in boiling water 8-10minutes. Drain, lightly toss in oil654560MEATBALL CKD .65Z 6-5 COMM300 EachBAKE KEEP FROZENCONVECTION OVEN: Add frozen meatballs or crumbles to sauce, cover pan and heat in convection oven approximately 30 minutes at 		1 #10 CAN	Heat & Serve add 2 quart water MIX Heat & Serve READY_TO_DRINK Heat & Serve READY_TO_EAT Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED	852759
MEATBALL CKD .65Z 6-5 COMM300 EachKEEP FROZENCONVECTION OVEN: Add frozen meatballs or crumbles to sauce, cover pan and heat in convection oven approximately 30 minutes at 375 degrees F.STOVE TOP: Add frozen meatballs or crumbles to sauce. Simmer in covered pan for approximately 40 minutes at 180-200 degrees F.785860garlic toast1 ServingSpray sheet pan with butter spray Place Texas toast on a sheet pan spread liquid garlic butter on the top of the bread- 1/2 tablespoon per slice Toast in a convection oven until lightly brown- approximately 5-7minutes Place in heatR-44446		4 Pound	Cook Pasta accordingly in boiling water 8-10minutes. Drain, lightly toss in oil	654560
garlic toast1 Servingliquid garlic butter on the top of the bread- 1/2 tablespoon per slice Toast in a convection oven until lightly brown- approximately 5-7minutes Place in heatR-44446		300 Each	KEEP FROZENCONVECTION OVEN: Add frozen meatballs or crumbles to sauce, cover pan and heat in convection oven approximately 30 minutes at 375 degrees F.STOVE TOP: Add frozen meatballs or crumbles to sauce.	785860
and noid until ready to serve cook to the line during service	garlic toast	1 Serving	liquid garlic butter on the top of the bread- 1/2 tablespoon per slice Toast in a	R-44446

# Preparation Instructions • CCP Hold hot foods at 135 °F or above

### Meal Components (SLE)

Amount Per Serving	、 <i>`</i>
Meat	1.500
Grain	1.640
Fruit	0.000
GreenVeg	0.000
RedVeg	0.221
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 100.00 Serving Size: 0.50 Cup

	Amount Per Serving		
Calories		381.87	
Fa	at	22.07g	
Satura	tedFat	5.13g	
Tran	s Fat	0.45g	
Chole	sterol	27.00mg	
Sod	ium	450.11mg	
Carboh	ydrates	32.59g	
Fik	ber	3.27g	
Su	gar	4.91g	
Protein		15.12g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	54.44mg	Iron	5.33mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# Salad-Side Tossed

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44801
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE CHOP	1/2 Cup	1 Cup = .5 Cup DG Veg	735787
TOMATO GRAPE SWT	2 Each	Approx 2 - 3 tomatoes	129631
Cucumber	2 Slice	Slice up cucumber	16P98
CARROT MATCHSTICK SHRED	1 Ounce		198161

Preparation Instructions Wash and Rinse all ingredients as directed on PKG. In 8 oz bowl, layer lettuce, tomatoes, carrots. Hold in cooler.

Hold at Cold Service.

### Meal Components (SLE)

Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.250	
RedVeg	0.285	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Cup

Amount Per Serving		
Calories	20.16	
Fat	0.05g	
SaturatedFat	0.01g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	21.13mg	
Carbohydrates	4.54g	
Fiber	1.66g	
Sugar	2.46g	
Protein	0.92g	
Vitamin A 4942.98IU	Vitamin C 4.82mg	
Calcium 19.58mg	Iron 0.32mg	

## Nutrition - Per 100g

# **Garlic Toast**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-4446

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUTTER ALT LIQ GARLIC NT	1 Tablespoon		614650
24 oz. Whole Grain Rich Sandwich Bread	1 Slice		1292

# Preparation Instructions Spray sheet pan with butter spray

Place Texas toast on a sheet pan

spread liquid garlic butter on the top of the bread- 1/2 tablespoon per slice

Toast in a convection oven until lightly brown- approximately 5-7minutes

Place in heat and hold until ready to serve

Cook to the line during service

#### Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per Serving				
Calo	ries	190.00		
Fa	It	15.00g		
Saturat	edFat	2.50g		
Trans	s Fat	0.00g		
Choles	sterol	0.00mg		
Sodi	um	160.00mg		
Carbohy	/drates	12.00g		
Fib	er	1.00g		
Sug	jar	1.00g		
Prot	ein	3.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	4.00mg	Iron	4.00mg	

## Nutrition - Per 100g

## carrot and celery sticks

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44838

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CARROT BABY WHL CLEANED	1/4 Cup		510637
CELERY STIX	1/4 Cup		781592

# Preparation Instructions • Hold cold foods at 41 °F or below

Serve in 4oz tray

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.250
OtherVeg	0.250
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 0.50 Cup

Conving Cize	. e.ee eep		
Amount Per Serving			
Ca	lories	29.75	
	Fat	0.00g	
Satur	atedFat	0.00g	
Tra	ns Fat	0.00g	
Cho	esterol	0.00mg	
So	dium	80.00mg	
Carbo	hydrates	6.84g	
F	iber	2.78g	
S	Sugar		
Pr	otein	0.50g	
Vitamin A	10700.00IU	Vitamin C	3.90mg
Calcium	38.68mg	Iron	0.18mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Iced Donut**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44252

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT RNG HMSTYL YST RSD	1 Each	Thaw	131940
ICING VAN RTU HEAT NICE	1 Fluid Ounce	READY_TO_EAT 1. STORE AT ROOM TEMPERATURE. 2. PLACE DESIRED AMOUNT OF HEAT 'N ICE ICING IN ICING WARMER, HEAT TO 110 F (43 C). 3. DIP OR DRIZZLE ICING ON SWEET GOOD, ALLOW TO DRY 2 - 5 MINUTES. 4. TURN OFF ICING WARMER WHEN FINISHED. 5. SCRAPE ICING OFF SIDES OF WARMER. 6. COVER UNUSED ICING.	155722

**Preparation Instructions** Thaw donut and drizzle icing on top! Be creative- can make it special by adding a little color :)

#### Meal Components (SLE)

Amount Per Serving	<b>、</b>
Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

	0		
Amount Per Serving			
Calories	380.00		
Fat	14.00g		
SaturatedFat	6.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	280.00mg		
Carbohydrates	60.00g		
Fiber	1.00g		
Sugar	36.00g		
Protein	4.00g		
Vitamin A 0.00IU	Vitamin C 0.00mg		
Calcium 10.00mg	Iron 1.50mg		

## Nutrition - Per 100g

# **Applesauce Cup**

Servings:	1.00	Ca	tegory:	Fruit	
Serving Size:	4.50 Ounce	HACC	P Process:	No Cook	
Meal Type:	Lunch	Re	cipe ID:	R-44273	
Ingredients					
Descript	ion	Measurement	Prep Instru	ictions	DistPart #
APPLESAUCE PLAIN 96-4.5Z	СОММ	1 Each		(	645050

# Preparation Instructions No Preparation Instructions available.

Meat         0.000           Grain         0.000           Fruit         0.500           GreenVeg         0.000           RedVeg         0.000           OtherVeg         0.000           Legumes         0.000	Meal Components Amount Per Serving	s (SLE)
Fruit         0.500           GreenVeg         0.000           RedVeg         0.000           OtherVeg         0.000	Meat	0.000
GreenVeg         0.000           RedVeg         0.000           OtherVeg         0.000	Grain	0.000
RedVeg         0.000           OtherVeg         0.000	Fruit	0.500
OtherVeg 0.000	GreenVeg	0.000
	RedVeg	0.000
Legumes 0.000	OtherVeg	0.000
	Legumes	0.000
<b>Starch</b> 0.000	Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 1.00

Serving Size: 4.50 Ounce

Amount Per Serving				
Calories		60.00		
Fa	t	0.00g		
Saturat	edFat	0.00g		
Trans	Fat	0.00g		
Cholesterol		0.00mg		
Sodium		0.00mg		
Carbohydrates		17.00g		
Fib	er	1.00g		
Sugar		15.00g		
Protein		0.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	5.00mg	Iron	0.00mg	

Nutrition - Per 100g				
Calor	ies	47.03		
Fa	t	0.00g		
Saturat	edFat	0.00g		
Trans	Fat	0.00g		
Choles	sterol	0.00mg		
Sodi	um	0.00mg		
Carbohydrates		13.33g		
Fibe	er	0.78g		
Sug	ar	11.76g		
Prote	ein	0.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	3.92mg	Iron	0.00mg	
*All reporting of	TranaCatia	for information on	ly and is not	

# Cheeseburger

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44177

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE AMER 160CT SLCD	1 Slice	READY_TO_EAT Pre-sliced Use Cold or Melted	150260
4" Wg Rich Hamburger Bun	1 bun	BAKE Toast if desired	3474
Don Lee Charbroiled Beef Patty	1 Each	CONVECTION 3. Bake a. 3.0 oz Backyard Griller 12-14 minutes (until grease is bubbling on top) i. MAXIMUM TEMPERATURE 145 DEGREES	93003

# Preparation Instructions Don Lee Farms

Backyard Griller Handling and Preparation Instructions

- 1. Pan burgers from frozen state on a standard baking pan (pan liners are optional)
- 2. Bake in preheated oven (convection or Combi at 350 Degrees
- 3. Bake
- a. 3.0 oz Backyard Griller 12-14 minutes (until grease is bubbling on top)
- i. MAXIMUM TEMPERATURE 145 DEGREES
- b. 2.25 oz Backyard Griller 10-12 minutes (until grease is bubbling on top)
- i. MAXIMUM TEMPERATURE 145 DEGREES
- 4. Remove from oven
- a. DO NOT PLACE IN STEAM TABLE PAN
- b. DO NOT COVER
- c. DO NOT ADD ANY LIQUID OF ANY KIND
- 5. Immediately begin to bun and wrap sandwiches in foils wrap and place in warmer
- 6. Best to make burger sandwiches immediately from the oven.
- a. Place on bun wrap in foil wrap the place in steam table pan and into warmer

7. Cook and wrap as many sandwiches as you as possible without letting them cool or lose the grease on the burgers.

The foil wrapped burger will hold in the warmer up to 4 -5 hours if the warmer is set at 160 degrees.

• CCP Hold hot foods at 135 °F or above

### Meal Components (SLE)

Amount Per Serving
Meat
Orain

Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

3.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per Serving				
Calories		402.00		
Fa	Fat			
SaturatedFat		8.90g		
Tran	s Fat	0.00g		
Cholesterol		75.50mg		
Sodium		706.00mg		
Carbohydrates		26.00g		
Fik	Fiber			
Su	Sugar			
Protein		23.60g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	87.50mg	Iron	9.60mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

### Nutrition - Per 100g

# Hamburger

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44219
School:	Walton-Verona Elementary		

### **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
4" Wg Rich Hamburger Bun	1 bun	BAKE Toast if desired	3474
Don Lee Charbroiled Beef Patty	1 Each	CONVECTION 3. Bake a. 3.0 oz Backyard Griller 12-14 minutes (until grease is bubbling on top) i. MAXIMUM TEMPERATURE 145 DEGREES	93003

# Preparation Instructions Don Lee Farms

Backyard Griller Handling and Preparation Instructions

- 1. Pan burgers from frozen state on a standard baking pan (pan liners are optional)
- 2. Bake in preheated oven (convection or Combi at 350 Degrees
- 3. Bake
- a. 3.0 oz Backyard Griller 12-14 minutes (until grease is bubbling on top)
- i. MAXIMUM TEMPERATURE 145 DEGREES
- b. 2.25 oz Backyard Griller 10-12 minutes (until grease is bubbling on top)
- **i. MAXIMUM TEMPERATURE 145 DEGREES**
- 4. Remove from oven
- a. DO NOT PLACE IN STEAM TABLE PAN
- b. DO NOT COVER
- c. DO NOT ADD ANY LIQUID OF ANY KIND
- Immediately begin to bun and wrap sandwiches in foils wrap and place in warmer
- 6. Best to make burger sandwiches immediately from the oven.
- a. Place on bun wrap in foil wrap the place in steam table pan and into warmer

7. Cook and wrap as many sandwiches as you as possible without letting them cool or lose the grease on the burgers.

The foil wrapped burger will hold in the warmer up to 4 -5 hours if the warmer is set at 160 degrees.

• CCPHold hot foods at 135 °F or above

### Meal Components (SLE)

Amount Per Serving	
Meat	2.500
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		3		
Amount Per Serving				
Calo	ries	347.00		
Fa	t	17.60g		
Saturat	edFat	6.40g		
Trans	s Fat	0.00g		
Choles	sterol	63.00mg		
Sodi	um	481.00mg		
Carbohy	/drates	25.00g		
Fib	er	2.30g		
Sug	jar	3.00g		
Prot	ein	20.60g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	6.00mg	Iron	9.60mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

### Nutrition - Per 100g

# **Fries-Crinkle Cut K-8**

Servings:	160.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44496

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES 1/2IN C/C OVEN	30 Pound	BAKE PREHEAT OVEN TO 450° F. PLACE FROZEN FRIES IN A SINGLE LAYER ON A SHALLOW BAKING PAN. BAKE FOR 18 TO 22 MINUTES. CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 14 MINUTES, TURNING ONCE FOR UNIFORM COOKING.	200697

# **Preparation Instructions** No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.500	

#### **Nutrition Facts**

Servings Per Recipe: 160.00 Serving Size: 1.00 Cup

Amount Per Serving				
Calc	ories	100.00		
Fa	at	3.00g		
Satura	tedFat	0.00g		
Tran	s Fat	0.00g		
Chole	sterol	0.00mg		
Sod	lium	20.00mg		
Carboh	ydrates	18.00g		
Fik	per	1.00g		
Su	gar	1.00g		
Protein		1.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	10.00mg	Iron	0.30mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Sweet Peas**

Servings:	96.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44797
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEAS R/SOD 6-10 P/L	4 #10 CAN	Place 4 cans of canned peas into roaster or steam table pan using most of the liquid.	222000

**Preparation Instructions** Heat peas to minimum of 135 degrees F; hot hold at a minimum of 135 degrees F until serving.

CCP Heat to 165 F or higher for at least 15 seconds

CCP Hold at 135 F or higher

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.380

#### **Nutrition Facts**

Servings Per Recipe: 96.00 Serving Size: 0.50 Cup

Amount Per Serving				
Calories	45.62			
Fat	0.00g			
SaturatedFat	0.00g			
Trans Fat	0.00g			
Cholesterol	0.00mg			
Sodium	98.85mg			
Carbohydrates	8.36g			
Fiber	2.28g			
Sugar	3.04g			
Protein	3.04g			
Vitamin A 0.00IU	Vitamin C	0.00mg		
Calcium 15.21mg	Iron	0.61mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

# **Chicken Tenders with Dinner Roll**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44756
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH ROLL WGRAIN	1 Each	Basic Preparation PAN IN 48 CLUSTERS OR 24 (4X6) SINGLES ON A LINED SHEET PAN. ONCE THAWED, PROOF FOR 50 MINUTES IN RETARDER. BAKE AT 375*F IN DECK OVEN FOR 12-14 MINUTES OR CONVECTION OVEN FOR 10-12 MINUTES.	237702
CHIX BRST TNDR BRD WGRAIN 4.5Z 8- 4#	3 Piece	Basic Preparation Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490

# Preparation Instructions • Hold hot foods at 135 °F or above

#### Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		0	
Amount Per Serving			
Calc	ories	300.00	
F	at	8.50g	
Satura	tedFat	1.50g	
Tran	s Fat	0.00g	
Chole	sterol	65.00mg	
Sod	ium	530.00mg	
Carboh	ydrates	28.00g	
Fik	ber	4.00g	
Su	gar	2.00g	
Pro	tein	25.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	28.06mg	Iron	2.72mg
-			

### Nutrition - Per 100g

# **Pirate Ship Hot Dog**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50167
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRANKS BEEF 8/	1 Each	BAKE Basic Preparation FULLY COOKED, CAN BE STEAMED, GRILLED, MICROWAVED, OR OVEN HEATED, HEAT TO 165 DEG F. INTERNAL FOR MINIMUM OF 15 SECONDS, HOLD ABOVE 140 DEG F. CONSULT LOCAL PUBLIC CODES FOR LOCAL REQUIREMENTS	265039
6" Whole Grain Hot Dog Bun	1 Each	READY_TO_EAT	3709

# **Preparation Instructions** No Preparation Instructions available.

Meal Components	(SLE)
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Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
Calc	ories	280.00	
Fa	at	17.50g	
Satura	tedFat	6.00g	
Tran	s Fat	0.50g	
Chole	sterol	35.00mg	
Sodium		690.00mg	
Carbohydrates		21.00g	
Fik	ber	2.00g	
Su	gar	3.00g	
Protein		10.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	48.89mg	Iron	1.85mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Breakfast Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-44242

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA WGRAIN BKFST TKY SAUS	1 Each	BAKE COOKING INSTRUCTIONS. COOK BEFORE SERVING. FOR FOOD SAFETY AND QUALITY, COOK TO AN INTERNAL TEMPERATURE OF 165°F BEFORE SERVING. Place frozen pizzas in 18"x26"x1 2" prepared pans. CONVECTION OVEN: 350°F for 15 to 17 minutes. Rotate pan ½ way through bake time. Refrigerate or discard any unused portion. NOTE: Due to variances in oven regulators, cooking time and temperature may require adjustments.	160432

# **Preparation Instructions** No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving		
Meat	1.000	
Grain	1.500	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Serving		
Amount Pe	er Serving	
Calories	200.20	
Fat	7.00g	
SaturatedFat	2.00g	
Trans Fat	0.00g	
Cholesterol	15.00mg	
Sodium	320.00mg	
Carbohydrates	26.00g	
Fiber	3.00g	
Sugar	6.00g	
Protein	9.00g	
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 150.02mg	Iron 1.69mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Tortilla chips with Beef Taco and Queso**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44188

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	2 Ounce	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	722330
SAUCE CHS QUESO BLANCO FZ	1 1/2 Ounce	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	722110
CHIP TORTL RND R/F	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	284751

#### **Preparation Instructions**

Heat taco meat according to manufacturer directions. CCP: Heat to 155\*F or higher for 15 seconds.

CCP: Hold at hot holding for140\*F or higher

Heat cheese sauce according to manufacturer's direction in the steamer or hot water bath.CCP: Heat cheese to 165\*F or higher for 15 seconds

CCP: Hold at 140\*F or higher.

To assemble, Place Tortilla Rounds in tray with 1.5oz queso and 2 oz of taco meat on side

• Hold hot foods at 135 °F or above

### Meal Components (SLE)

Amount Per Serving	
Meat	2.012
Grain	1.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.082
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

	3		
Amount Per Serving			
Calories	282.56		
Fat	14.73g		
SaturatedFat	5.84g		
Trans Fat	0.01g		
Cholesterol	43.20mg		
Sodium	613.94mg		
Carbohydrates	21.90g		
Fiber	3.34g		
Sugar	1.26g		
Protein	15.10g		
Vitamin A 0.00IU	Vitamin C 0.00mg		
Calcium 212.05mg	Iron 1.25mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Refried Beans**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44847
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instruct	tions DistPart #
BEAN REFRD 6-10 ROSARITA	1/2 Cup		293962

### Preparation Instructions Basic Preparation

STEP 1) PLACE BEANS IN A STEAM TABLE PAN. STEP 2) POUR 1/2 GALLON BOILING WATER OVER BEANS AND GIVE A QUICK STIR. STEP 3) COVER AND HOLD 25 MINUTES ON STEAM TABLE UNTIL READY TO SERVE

Meal Components (SLE) Amount Per Serving		
Meat	1.250	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.500	
Starch	0.000	

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 0.50 Cup **Amount Per Serving** Calories 140.00 Fat 2.00g **SaturatedFat** 0.50g **Trans Fat** 0.00g Cholesterol 0.00mg Sodium 530.00mg Carbohydrates 23.00g Fiber 6.00g 1.00g Sugar Protein 8.00g Vitamin A 0.00IU Vitamin C 0.00mg Calcium 45.00mg Iron 2.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

### Salsa Cup

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45186

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SALSA CUP	1 Each	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	677802

# Preparation Instructions No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving

0	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.500
OtherVeg	0.000
Legumes	0.000
Starch	0.000
-	

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 1.00 Serving **Amount Per Serving** Calories 29.30 Fat 0.00g **SaturatedFat** 0.00g **Trans Fat** 0.00g Cholesterol 0.00mg Sodium 190.50mg Carbohydrates 0.00g Fiber 0.00g Sugar 3.00g 0.000 Protein

	em	0.009	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Chips AHOY MATEY**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50180
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructio	ns DistPart #
COOKIE CHOC CHIP 1Z	1 Each		993306

# **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	<b>、</b>	
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Serving Size.				
	Amount Per Serving			
Calo	ries	140.00		
Fa	t	7.00g		
Saturat	edFat	1.50g		
Trans	s Fat	0.00g		
Choles	sterol	0.00mg		
Sodi	um	75.00mg		
Carbohy	/drates	19.00g		
Fib	er	1.00g		
Sug	jar	8.00g		
Prot	ein	1.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	0.00mg	Iron	0.90mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

### **Pirate Treasure Lunch Box**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50187
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
Bongards Cheddar Cheese Stick - 168/1 oz	1 Each		122023
PRETZEL TWIST TINY	1 Package	READY_TO_EAT Use Code date on bag to rotate product so that the oldest product is consumed first. Place in box lunch or on tray unopened	158771
CRACKER GLDFSH CHS	1 Each	READY_TO_EAT Ready to Enjoy	110431

# Preparation Instructions No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving	<b>、</b> ,
Meat	1.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
Calories		163.93	
Fa	at	4.00g**	
Satura	tedFat	0.71g	
Tran	s Fat	0.00g	
Chole	sterol	6.07mg	
Sod	ium	416.43mg	
Carboh	ydrates	25.00g	
Fik	ber	1.00g	
Su	gar	1.00g	
Pro	tein	3.25g	
Vitamin A	0.00IU**	Vitamin C	0.00mg**
Calcium	37.29mg	Iron	1.27mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

#### Nutrition - Per 100g

# Maple Syrup Waffles

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-44247
Ingredients			
Description	Measurement	Prep Instructio	ons DistPart #
WAFFLE MINI MAPL IW	1 Package		284811

**Preparation Instructions** USE COOKING INSTRUCTIONS ON BACK OF EACH PACKAGE.

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#### **Nutrition Facts** Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

¥			
Amount Per Serving			
Calories	190.00		
Fat	5.00g		
SaturatedFat	1.50g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	210.00mg		
Carbohydrates	36.00g		
Fiber	4.00g		
Sugar	11.00g		
Protein	4.00g		
Vitamin A 0.00IU	Vitamin C	0.00mg	
Calcium 260.00mg	Iron	3.60mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Pepper&Zuchinni Slices**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45090

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEPPERS ASST RNBW	1/4 Cup		266985
ZUCCHINI MED	1/4 Cup		198927

# **Preparation Instructions** No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.125
RedVeg	0.125
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 0.50 Cup

	Amount Per Serving		
Cal	ories	20.00	
F	at	0.13g	
Satura	atedFat	0.00g	
Trar	Trans Fat		
Chol	esterol	0.00mg	
Sodium		5.50mg	
Carbohydrates		2.25g	
Fiber		1.30g	
Su	Sugar		
Protein		0.88g	
Vitamin A	1265.00IU	Vitamin C	56.35mg
Calcium	7.90mg	Iron	0.36mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g No 100g Conversion Available

# **Sidekicks Variety**

Servings:	3.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44491

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SLUSHIE BL RASP/LEM	1 Each	READY_TO_EAT Remove from freezer and let sit out a short time before eating	794181
SLUSHIE STRAWB-KW	1 Each	READY_TO_EAT Remove from freezer and let sit out a short time before eating	863880
SLUSHIE STRAWB-MANG	1 Each	READY_TO_EAT No prep needed.	863890

# Preparation Instructions Pull prior to service

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 3.00 Serving Size: 1.00 Each Amount Por Sorving

Amount Per Serving			
Cal	ories	90.00	
F	at	0.00g	
Satur	atedFat	0.00g	
Trar	ns Fat	0.00g	
Chol	esterol	0.00mg	
So	dium	33.33mg	
Carbol	nydrates	22.00g	
Fi	ber	0.00g	
Sı	ıgar	18.67g	
Pro	otein	0.00g	
Vitamin A	1250.00IU	Vitamin C	60.00mg
Calcium	80.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### Walk The Plank Domino Pizza

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50189
School:	Walton-Verona Elementary		
Ingredients			
Description	Maaa	Dren Instru	DistDart #

Description	Measurement	Prep Instructions	DistPart #
8 cut 14 inch WG LM Cheese Pizza	1 Slice	READY_TO_EAT	

# **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Conving Cizo		9		
	Amount Per Serving			
Cal	Calories			
F	at	14.00g		
Satura	atedFat	8.00g		
Trar	ns Fat	0.00g		
Chole	Cholesterol			
Soc	dium	730.00mg		
Carbohydrates		30.00g		
Fi	ber	3.00g		
Su	ıgar	3.00g		
Protein		15.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	250.00mg	Iron	1.80mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

### **Shipwrecked Ice Cream Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50270
School:	Walton-Verona Early Childhood Center		
Ingredients			
Description	Measurement	Prep Instruction	ons DistPart #
ICE CRM CUP VAN FLAV	1 Each		359700

# **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	<b>、</b> ,	
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
130.00			
7.00g			
4.00g			
0.00g			
25.00mg			
45.00mg			
16.00g			
0.00g			
11.00g			
2.00g			
Vitamin C	0.00mg		
Iron	0.00mg		
	0.00mg		
	130.00 7.00g 4.00g 0.00g 25.00mg 45.00mg 16.00g 0.00g 11.00g 2.00g Vitamin C		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

### **Pirate Pasta with Garlic Planks**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50178
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SPAGHETTI FCY	4 Fluid Ounce	HEAT_AND_SERVE Heat & Serve MIX Heat & Serve READY_TO_DRINK Heat & Serve READY_TO_EAT Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED Heat & Serve	852759
PASTA SPAGHETTI 10IN	1/2 Cup	Cook Pasta accordingly in boiling water 8-10minutes. Drain, lightly toss in oil	654560
MEATBALL CKD .65Z 6-5 COMM	4 Each	BAKE KEEP FROZENCONVECTION OVEN: Add frozen meatballs or crumbles to sauce, cover pan and heat in convection oven approximately 30 minutes at 375 degrees F.STOVE TOP: Add frozen meatballs or crumbles to sauce. Simmer in covered pan for approximately 40 minutes at 180-200 degrees F.	785860
garlic toast	1 Serving	Spray sheet pan with butter spray Place Texas toast on a sheet pan spread liquid garlic butter on the top of the bread- 1/2 tablespoon per slice Toast in a convection oven until lightly brown- approximately 5-7minutes Place in heat and hold until ready to serve Cook to the line during service	R-44446

Preparation Instructions Pull meatballs in a serving pan and put them into steamer and heat till 155F or above

Put sauce and water into pot or steamer and simmer for 1 hour 135F or above

Heat water for pasta to a rolling boil. Slowly add pasta and cook for 10-12 minutes until pasta is tender. Stir occasionally. Do not overcook. Drain and divide equally in pan- spray pan with pan release spray.

• Hold hot foods at 135 °F or above

### Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.500
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		0		
	Amount Per Serving			
Calor	ries	472.00		
Fa	t	24.50g		
Saturat	edFat	6.00g		
Trans	Fat	0.60g		
Choles	sterol	36.00mg		
Sodi	um	652.00mg		
Carbohy	drates	45.00g		
Fibe	er	5.00g		
Sug	ar	8.00g		
Prote	Protein			
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	77.00mg	Iron	5.90mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Captain Johnny POP Fruit Squeeze**

Servings:	3.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50006
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SHERBET CUP ORANGE	1 Each		563710
SORBET CUP CHRY/BLUERASPB	1 Each		602382
SORBET CUP STRAWB/KIWI	1 Each		602362

# Preparation Instructions Freeze for service

#### Meal Components (SLE)

Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.500	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

Nutrition Facts
Servings Per Recipe: 3.00
Serving Size: 1.00 Serving
Amount Per Servin

Amount Per Serving			
Calories		86.67	
Fat		0.50g	
Satura	tedFat	0.33g	
Trans Fat		0.00g	
Cholesterol		1.67mg	
Sodium		10.00mg	
Carbohydrates		21.00g	
Fiber		2.00g	
Sug	gar	17.00g	
Prot	tein	0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	50.00mg	Iron	0.49mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

### **Mummy HotDOG**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50181
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRANKS BEEF 8/	1 Each	BAKE Basic Preparation FULLY COOKED, CAN BE STEAMED, GRILLED, MICROWAVED, OR OVEN HEATED, HEAT TO 165 DEG F. INTERNAL FOR MINIMUM OF 15 SECONDS, HOLD ABOVE 140 DEG F. CONSULT LOCAL PUBLIC CODES FOR LOCAL REQUIREMENTS	265039
6" Whole Grain Hot Dog Bun	1 Each	READY_TO_EAT	3709

# Preparation Instructions No Preparation Instructions available.

Meal Components	(SLE)
-----------------	-------

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

**Nutrition Facts** 

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
Calc	ories	280.00	
Fa	at	17.50g	
Satura	tedFat	6.00g	
Tran	s Fat	0.50g	
Chole	sterol	35.00mg	
Sodium		690.00mg	
Carbohydrates		21.00g	
Fiber		2.00g	
Su	gar	3.00g	
Protein		10.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	48.89mg	Iron	1.85mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Ranch Wedge Potato**

Servings:	1.00	Category:	Vegetable
Serving Size:	3.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50182
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructio	ons DistPart #
FRIES WEDGE W/RANCH	3 Ounce		609676

# Preparation Instructions No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.500

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 3.00 Ounce

	Amount Per Serving			
Calc	Calories			
Fa	at	5.10g		
Satura	tedFat	1.00g		
Tran	s Fat	0.00g		
Chole	sterol	0.00mg		
Sod	ium	310.00mg		
Carboh	ydrates	17.00g		
Fik	ber	2.00g		
Su	gar	1.00g		
Pro	tein	2.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	19.26mg	Iron	0.41mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g			
Calories	143.09		
Fat	6.00g		
SaturatedFat	1.18g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	364.50mg		
Carbohydrates	19.99g		
Fiber	2.35g		
Sugar	1.18g		
Protein	2.35g		
Vitamin A 0.00IU	Vitamin C 0.00mg		
Calcium 22.65mg	Iron 0.48mg		
*All reporting of Trope Est is	for information only and is not		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### **Pumpkin Cutie**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50184
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
ORANGES FANCY	1 Сир		198005

# **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	<b>、</b>	
Meat	0.000	
Grain	0.000	
Fruit	0.500	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
80.90			
0.20g			
0.00g			
0.00g			
0.00mg			
1.70mg			
21.00g			
3.60g			
14.00g			
1.50g			
Vitamin C 97.52mg			
Iron 0.21mg			

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

### **Halloween Donut**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-50188
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT RNG HMSTYL YST RSD	1 Each	Thaw	131940
ICING VAN RTU HEAT NICE	1 Fluid Ounce	READY_TO_EAT 1. STORE AT ROOM TEMPERATURE. 2. PLACE DESIRED AMOUNT OF HEAT 'N ICE ICING IN ICING WARMER, HEAT TO 110 F (43 C). 3. DIP OR DRIZZLE ICING ON SWEET GOOD, ALLOW TO DRY 2 - 5 MINUTES. 4. TURN OFF ICING WARMER WHEN FINISHED. 5. SCRAPE ICING OFF SIDES OF WARMER. 6. COVER UNUSED ICING.	155722

Preparation Instructions Thaw donut and drizzle icing on top! Be creative- can make it special by adding a little color :)

Meal	Со	mp	on	ents	(SLE)

Amount Per Serving	
Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

**Nutrition Facts** 

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

	Amount Per Serving			
Calc	Calories			
F	at	14.00g		
Satura	tedFat	6.00g		
Tran	s Fat	0.00g		
Chole	sterol	0.00mg		
Sod	lium	280.00mg		
Carboh	ydrates	60.00g		
Fik	per	1.00g		
Su	gar	36.00g		
Protein		4.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	10.00mg	Iron	1.50mg	
	- •			

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Worm Dirt Pudding Cup**

Servings:	1.00	Category:	Condimer	nts or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook	
Meal Type:	Lunch	Recipe ID:	R-50266	
School:	Walton-Verona Elementary			
Ingredients				
Description	Measurement	Prep Instructi	ons	DistPart #
PUDDING RTS MILK CHOC	1/2 Cup		16	3554

### Preparation Instructions Add oreo crushed and worms on top

#### **Meal Components (SLE)**

Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Per Serving 110.00 1.50g 0.00g 0.00g 0.00mg	
1.50g 0.00g 0.00g	
0.00g 0.00g	
0.00g	
0.00mg	
200.00mg	
23.00g	
1.00g	
15.00g	
1.00g	
Vitamin C	17.00mg
Iron	1.00mg
_	
	15.00g 1.00g Vitamin C

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

# **Cookbook for Walton-Verona High School**

**Created by HPS Menu Planner** 

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#### **Donut Dunkin Stixs**

Spaghetti w/ Meatballs and Garlic Toast-HS Portion

Fruit Smoothie with Donut Hole

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**Alfredo with Garlic Toast** 

**Crispy Chicken Sandwich** 

**Spicy Chicken Sandwich** 

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**Chicken Tenders with Dinner Roll** 

Spicy Chix Tenders with Dinner Roll

**Baked Beans** 

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**Big Daddy Cheese Pizza** 

CornDog

**Iced Donut** 

**Buffalo Chicken Stuffed Sandwich** 

Philly Steak & Cheese

**Mummy HotDOG** 

Pumpkin Cutie

**Chips AHOY MATEY** 

### **French Toast Sticks**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-44241

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRENCH TST STIX WGRAIN	4 Each	BAKE Cooking Instructions: For food safety, quality and thorough cooking, please follow the instructions below. Keep frozen until ready to prepare. Product is not ready to eat until fully cooked to internat temperature of 165 F. Due to differences in appliances, cooking times may vary and require adjustment. Caution - Product will be hot! CONVECTION OVEN: 1. Preheat oven to 350°F. 2. Arrange product in a single layer on lined baking sheet. 3. Bake for 10-11 minutes (full tray). If baking more than one tray, longer cooking time may be required.	661062
SUGAR POWDERED 6X	1 Teaspoon	Sprinkle!	108693

**Preparation Instructions** Prepare french toast according to instructions and put in 1/4 tray boats and dust with powder sugar.

Hot hold service 135F or above

Meal Components (SLE)					
Amount Per Serving					
Meat	0.000				
Grain	2.250				
Fruit	0.000				
GreenVeg	0.000				
RedVeg	0.000				
OtherVeg	0.000				
Legumes	0.000				
Starch	0.000				

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Conving Cizos					
Amount Per Serving					
Calc	ories	275.70			
F	at	9.70g			
Satura	tedFat	1.60g			
Tran	s Fat	0.14g			
Chole	sterol	0.00mg			
Sod	ium	305.40mg			
Carboh	ydrates	40.50g			
Fik	ber	3.30g			
Su	gar	11.42g			
Protein		6.20g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	41.71mg	Iron	1.98mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Bagel with Cream Cheese**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44254

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
BAGEL WHT WGRAIN IW	1 Each	thaw	217911
CHEESE CREAM LT CUP	1 Each		124960

# Preparation Instructions Put items together for service

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Conting Cizor free Contin					
Amount P	Amount Per Serving				
Calories	200.00				
Fat	6.00g				
SaturatedFat	3.00g				
Trans Fat	0.00g				
Cholesterol	20.00mg				
Sodium	270.00mg				
Carbohydrates	30.00g				
Fiber	4.00g				
Sugar	7.00g				
Protein	9.00g				
Vitamin A 0.00IU	Vitamin C	0.00mg			
Calcium 70.00mg	Iron	1.44mg			

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g No 100g Conversion Available

### **Poptarts-2**

Servings:	4.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44295

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTRY POP-TART WGRAIN BLUEB	1 Serving		865101
PASTRY POP-TART WGRAIN CINN	1 Serving		123081
PASTRY POP-TART WGRAIN STRAWB	1 Serving		123031
PASTRY POP-TART WGRAIN FUDG	1 Serving		452082

# Preparation Instructions No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving		
Meat	0.000	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 4.00 Serving Size: 1.00 Each

Amount Per Serving				
Calories	355.75			
Fat	5.63g			
SaturatedFat	1.83g			
Trans Fat	0.03g			
Cholesterol	0.00mg			
Sodium	305.00mg			
Carbohydrates	74.50g			
Fiber	5.90g			
Sugar	29.75g			
Protein	4.58g			
Vitamin A 0.00IU	Vitamin C 0.00mg			
Calcium 230.00mg	g Iron 3.60mg			

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# WG Cereal Bowl with Toast

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44322

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
WG Cereal Bowl	1 Serving		R-46437
Toast	1 Serving	375F bake for 4 minutes	R-46304

# Preparation Instructions No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

	Amount Per Serving				
Calc	ories	244.40			
F	at	9.68g			
Satura	itedFat	1.31g			
Tran	s Fat	0.00g			
Chole	Cholesterol				
Sodium		267.00mg			
Carbohydrates		35.20g			
Fiber		2.62g			
Su	gar	8.60g			
Protein		4.88g			
Vitamin A	296.20IU	Vitamin C	5.52mg		
Calcium	97.38mg	Iron	8.65mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

#### Nutrition - Per 100g

# **Corn-Steamed**

Servings:	96.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44213
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUTTER SUB	1 Package		209810
CORN CUT SUPER SWT	4 #10 CAN		851329
SEASONING SIX PEPR BLEND	2 Fluid Ounce		229580

# Preparation Instructions CCP Heat to 165 F or higher for at least 15 seconds

CCP Hold at 135 F or higher

#### **Meal Components (SLE)**

Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.539	

Nutrition Facts Servings Per Recipe: 96.00		
Serving Size: 0.50 Cup		
Amount I	Per Serving	
Calories	71.34	
Fat	0.80g	
SaturatedFat	0.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	114.98mg	
Carbohydrates	14.87g	
Fiber	1.61g	
Sugar	4.83g	
Protein	1.61g	
Vitamin A 0.00IU	Vitamin C	0.00mg
Calcium 0.00mg	Iron	0.00mg
*All reporting of TransFat is	for information or	ly and is not

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Applesauce Cup**

Servings:	1.00	Ca	tegory:	Fruit	
Serving Size:	4.50 Ounce	HACC	P Process:	No Cook	
Meal Type:	Lunch	Re	cipe ID:	R-44273	
Ingredients					
Descript	ion	Measurement	Prep Instru	ictions	DistPart #
APPLESAUCE PLAIN 96-4.5Z	СОММ	1 Each		(	645050

# Preparation Instructions No Preparation Instructions available.

Meat         0.000           Grain         0.000           Fruit         0.500           GreenVeg         0.000           RedVeg         0.000           OtherVeg         0.000           Legumes         0.000	Meal Components (SLE) Amount Per Serving		
Fruit         0.500           GreenVeg         0.000           RedVeg         0.000           OtherVeg         0.000	Meat	0.000	
GreenVeg         0.000           RedVeg         0.000           OtherVeg         0.000	Grain	0.000	
RedVeg         0.000           OtherVeg         0.000	Fruit	0.500	
OtherVeg 0.000	GreenVeg	0.000	
	RedVeg	0.000	
Legumes 0.000	OtherVeg	0.000	
	Legumes	0.000	
<b>Starch</b> 0.000	Starch	0.000	

#### **Nutrition Facts** Servings Per Recipe: 1.00

Serving Size: 4.50 Ounce

Amount P		Per Serving	
Calo	ries	60.00	
Fat		0.00g	
Saturat	edFat	0.00g	
Trans	Fat	0.00g	
Choles	sterol	0.00mg	
Sodium Carbohydrates Fiber		0.00mg	
		17.00g	
		1.00g	
Sug	jar	15.00g	
Prot	ein	0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	5.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g			
Calor	ies	47.03	
Fa	t	0.00g	
Saturat	edFat	0.00g	
Trans	Fat	0.00g	
Choles	sterol	0.00mg	
Sodium Carbohydrates		0.00mg	
		13.33g	
Fibe	Fiber		
Sug	ar	11.76g	
Prote	ein	0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	3.92mg	Iron	0.00mg
*All reporting of	TranaCatia	for information on	ly and is not

 $^{\ast}\mbox{All}$  reporting of TransFat is for information only, and is not used for evaluation purposes

# Cheeseburger

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44177

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE AMER 160CT SLCD	1 Slice	READY_TO_EAT Pre-sliced Use Cold or Melted	150260
4" Wg Rich Hamburger Bun	1 bun	BAKE Toast if desired	3474
Don Lee Charbroiled Beef Patty	1 Each	CONVECTION 3. Bake a. 3.0 oz Backyard Griller 12-14 minutes (until grease is bubbling on top) i. MAXIMUM TEMPERATURE 145 DEGREES	93003

# Preparation Instructions Don Lee Farms

Backyard Griller Handling and Preparation Instructions

- 1. Pan burgers from frozen state on a standard baking pan (pan liners are optional)
- 2. Bake in preheated oven (convection or Combi at 350 Degrees
- 3. Bake
- a. 3.0 oz Backyard Griller 12-14 minutes (until grease is bubbling on top)
- i. MAXIMUM TEMPERATURE 145 DEGREES
- b. 2.25 oz Backyard Griller 10-12 minutes (until grease is bubbling on top)
- i. MAXIMUM TEMPERATURE 145 DEGREES
- 4. Remove from oven
- a. DO NOT PLACE IN STEAM TABLE PAN
- b. DO NOT COVER
- c. DO NOT ADD ANY LIQUID OF ANY KIND
- 5. Immediately begin to bun and wrap sandwiches in foils wrap and place in warmer
- 6. Best to make burger sandwiches immediately from the oven.
- a. Place on bun wrap in foil wrap the place in steam table pan and into warmer

7. Cook and wrap as many sandwiches as you as possible without letting them cool or lose the grease on the burgers.

The foil wrapped burger will hold in the warmer up to 4 -5 hours if the warmer is set at 160 degrees.

• CCP Hold hot foods at 135 °F or above

### Meal Components (SLE)

Amount Per Serving
Meat
Orain

Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

3.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

<u>ee:ge=e</u>			
	Amount Per Serving		
Calc	ories	402.00	
Fa	at	22.10g	
Satura	tedFat	8.90g	
Tran	s Fat	0.00g	
Chole	sterol	75.50mg	
Sodium		706.00mg	
Carboh	ydrates	26.00g	
Fik	ber	2.30g	
Su	gar	3.50g	
Protein		23.60g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	87.50mg	Iron	9.60mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

#### Nutrition - Per 100g

# Hamburger

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44219
School:	Walton-Verona Elementary		

### **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
4" Wg Rich Hamburger Bun	1 bun	BAKE Toast if desired	3474
Don Lee Charbroiled Beef Patty	1 Each	CONVECTION 3. Bake a. 3.0 oz Backyard Griller 12-14 minutes (until grease is bubbling on top) i. MAXIMUM TEMPERATURE 145 DEGREES	93003

# Preparation Instructions Don Lee Farms

Backyard Griller Handling and Preparation Instructions

- 1. Pan burgers from frozen state on a standard baking pan (pan liners are optional)
- 2. Bake in preheated oven (convection or Combi at 350 Degrees
- 3. Bake
- a. 3.0 oz Backyard Griller 12-14 minutes (until grease is bubbling on top)
- i. MAXIMUM TEMPERATURE 145 DEGREES
- b. 2.25 oz Backyard Griller 10-12 minutes (until grease is bubbling on top)
- **i. MAXIMUM TEMPERATURE 145 DEGREES**
- 4. Remove from oven
- a. DO NOT PLACE IN STEAM TABLE PAN
- b. DO NOT COVER
- c. DO NOT ADD ANY LIQUID OF ANY KIND
- Immediately begin to bun and wrap sandwiches in foils wrap and place in warmer
- 6. Best to make burger sandwiches immediately from the oven.
- a. Place on bun wrap in foil wrap the place in steam table pan and into warmer

7. Cook and wrap as many sandwiches as you as possible without letting them cool or lose the grease on the burgers.

The foil wrapped burger will hold in the warmer up to 4 -5 hours if the warmer is set at 160 degrees.

• CCPHold hot foods at 135 °F or above

### Meal Components (SLE)

Amount Per Serving	
Meat	2.500
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		3	
	Amount Per Serving		
Calo	ries	347.00	
Fa	t	17.60g	
Saturat	edFat	6.40g	
Trans	s Fat	0.00g	
Choles	sterol	63.00mg	
Sodi	um	481.00mg	
Carbohy	/drates	25.00g	
Fib	er	2.30g	
Sug	jar	3.00g	
Prot	ein	20.60g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	6.00mg	Iron	9.60mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

#### Nutrition - Per 100g

### **Fruit-Canned Assorted**

Servings:	120.00	Category: F	Fruit
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID: F	R-44306

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEACH DCD IN JCE	1 #10 CAN		610372
PEAR DCD IN JCE	1 #10 CAN		610364
FRUIT COCKTAIL DCD XL/S	1 #10 CAN		258362
ORANGES MAND WHL L/S	1 #10 CAN		117897
PINEAPPLE TIDBITS IN JCE	1 #10 CAN		189979

# Preparation Instructions Place in 4oz cup

CCP Hold cold service at 41F or lower

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.512
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts Servings Per Recipe: 120.00		
Serving Size: 0.50 Cup		
Amount P	er Serving	
Calories	71.07	
Fat	0.00g	
SaturatedFat	0.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	2.16mg	
Carbohydrates	16.58g	
Fiber	1.02g	
Sugar	11.36g	
Protein	0.54g	
Vitamin A 61.78IU	Vitamin C 0.80mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Iron

0.36mg

12.95mg

Calcium

### Nutrition - Per 100g

# Fruit, Fresh Medley

Servings:	4.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44280

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE DELIC GLDN	1 Each		597481
ORANGE 113 - 138 CT 1/35 LB CS	1 Each		171871
Banana	1 Each		197769
PEAR 95-110CT MRKN	1 Each		198056

# Preparation Instructions Wash fruit, slice fruit or serve whole

Place in bag for service or boat

CCP Hold for cold service at 41F or lower

#### **Meal Components (SLE)**

Amount Per Serving	()
Meat	0.000
Grain	0.000
Fruit	0.750
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 4.00 Serving Size: 1.00 Each

Amount Per Serving			
Calories	88.70		
Fat	0.18g		
SaturatedFat	0.03g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	0.33mg		
Carbohydrates	22.75g		
Fiber	3.90g		
Sugar	10.75g		
Protein	1.05g		
Vitamin A 120.78IU	Vitamin C 23.30mg		
Calcium 25.11mg	Iron 0.23mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

### Nutrition - Per 100g

# **Yogurt Parfait**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44179

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500
STRAWBERRY WHL IQF	1/2 Cup		244630
GRANOLA OATHNY BULK	2 1/2 Ounce	READY_TO_EAT READY TO EAT	226671

### Preparation Instructions No Preparation Instructions available.

Meal Components (SLE) Amount Per Serving		
Meat	0.933	
Grain	2 332	

Ivieat	0.933	
Grain	2.332	
Fruit	0.500	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 1.00 Each **Amount Per Serving** Calories 348.99 Fat 3.08g **SaturatedFat** 0.84g **Trans Fat** 0.00g Cholesterol 3.73mg Sodium 339.55mg Carbohydrates 75.28g Fiber 4.30g Sugar 39.51g Protein 8.90g Vitamin A 0.00IU Vitamin C 0.00mg Calcium 182.64mg Iron 2.18mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Fries Spiral**

Servings:	64.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44825
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES SPIRAL SEAS CRSPY OVEN	24 Pound	BAKE PREHEAT OVEN TO 425° F. SPREAD FROZEN SPIRALS IN A SINGLE LAYER ON A DARK, NON-STICK BAKING SHEET OR SHALLOW BAKING PAN. BAKE FOR 11 MINUTES, FLIP PRODUCT OVER AND CONTINUE BAKING AN ADDITIONAL 11 MINUTES. SERVE IMMEDIATELY. CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN SPIRALS EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 13 TO 15 MINUTES, TURNING ONCE FOR UNIFORM COOKING. DEEP_FRY FILL BASKET HALF FULL (1 LB) WITH FROZEN SPIRALS. DEEP FRY @ 350° F FOR 2 1 2 TO 3 MINUTES.	717490

# **Preparation Instructions** No Preparation Instructions available.

### Meal Components (SLE)

Amount	Per Serving	
	Maria	

0.000 0.000 0.000
0.000
0.000
0.000
0.000
1.400

#### **Nutrition Facts**

Servings Per Recipe: 64.00 Serving Size: 1.00 Cup

0				
Amount Per Serving				
Calo	ories	260.00		
Fat		10.00g		
SaturatedFat		0.00g		
Trans Fat		0.00g		
Cholesterol		0.00mg		
Sodium		580.00mg		
Carbohydrates		42.00g		
Fik	ber	2.80g		
Su	Sugar		0.00g	
Protein		2.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	20.00mg	Iron	0.56mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### Juice Box 100%

Servings:	5.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44298

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE BOX GRP 100	1 Each		698211
JUICE BOX VERY BRY	1 Each		698391
JUICE BOX APPL 100 40-4.23FLZ	1 Each		698744
JUICE BOX ORNG TANGR 100	1 Each		698251
JUICE BOX FRT PNCH 100	1 Each		698240

# Preparation Instructions No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts Servings Per Recipe: 5.00 Serving Size: 1.00 Serving		
Amount P	er Serving	
Calories	64.00	
Fat	0.00g	
SaturatedFat	0.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	8.00mg	
Carbohydrates	16.20g	
Fiber	0.00g	
Sugar	14.80g	
Protein 0.00g		
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 30.00mg	Iron 0.00mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Cinnamon Roll**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44243
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
ROLL CINN WGRAIN IW	1 Each	Place in warmer for warm service	505333

# **Preparation Instructions** No Preparation Instructions available.

Meal Components (SLE) Amount Per Serving		
0.000		
2.000		
0.000		
0.000		
0.000		
OtherVeg 0.000		
0.000		
0.000		

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

U	8	
Amount Per Serving		
Calories	240.00	
Fat	7.00g	
SaturatedFat	1.50g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	240.00mg	
Carbohydrates	38.00g	
Fiber	3.00g	
Sugar	12.00g	
Protein	5.00g	
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 40.00mg	<b>Iron</b> 1.80mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **BeneFIT Bar - Banana Choc Chunk and Oatmeal Choc Chip**

Servings:	2.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-50200
School:	Walton-Verona High School		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BAR BKFST BAN CHOC CHNK IW	1 Each		875860
BAR BKFST OATML CHOC CHP	1 Each		240721

# Preparation Instructions No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 2.00 Serving Size: 1.00 Each

Amount Per Serving		
Calories	280.00	
Fat	8.00g	
SaturatedFat	3.00g	
Trans Fat	0.00g	
Cholesterol	15.00mg	
Sodium	225.00mg	
Carbohydrates	47.50g	
Fiber	3.00g	
Sugar	21.50g	
Protein	5.00g	
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 25.00mg	<b>Iron</b> 1.90mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# Walk The Plank Domino Pizza

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50189
School:	Walton-Verona Elementary		
Ingredients			
Description	Maaa	Dren Instru	DistDart #

Description	Measurement	Prep Instructions	DistPart #
8 cut 14 inch WG LM Cheese Pizza	1 Slice	READY_TO_EAT	

# **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Conving Cizo				
	Amount Per Serving			
Cal	ories	310.00		
F	at	14.00g		
Satura	atedFat	8.00g		
Trar	ns Fat	0.00g		
Cholesterol		45.00mg		
Soc	dium	730.00mg		
Carbohydrates		30.00g		
Fi	ber	3.00g		
Su	ıgar	3.00g		
Protein		15.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	250.00mg	Iron	1.80mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

# **Orange Chicken over Noodles**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44303

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE CHIX MAND ORNG W/SCE 6-5# YANG	1 Serving		550512
Spaghetti Noodles	1 Serving		R-46358

# Preparation Instructions No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	2.222
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Conving Cizo.				
	Amount Per Serving			
Calor	ies	366.67		
Fat	t	4.33g		
Saturate	edFat	0.56g		
Trans	Fat	0.00g		
Choles	terol	44.44mg		
Sodi	um	311.11mg		
Carbohy	drates	63.11g		
Fibe	er	2.00g		
Sug	ar	13.11g		
Prote	ein	19.22g		
Vitamin A	0.00IU	Vitamin C	1.33mg	
Calcium	0.00mg	Iron	2.60mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g No 100g Conversion Available

# **Captain Johnny POP Fruit Squeeze**

Servings:	3.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50006
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SHERBET CUP ORANGE	1 Each		563710
SORBET CUP CHRY/BLUERASPB	1 Each		602382
SORBET CUP STRAWB/KIWI	1 Each		602362

# Preparation Instructions Freeze for service

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts
Servings Per Recipe: 3.00
Serving Size: 1.00 Serving
Amount Per Servin

Amount Per Serving				
Calo	ories	86.67		
Fa	at	0.50g		
Satura	tedFat	0.33g		
Trans	s Fat	0.00g		
Chole	sterol	1.67mg		
Sod	ium	10.00mg		
Carboh	ydrates	21.00g		
Fib	ber	2.00g		
Sug	gar	17.00g		
Prot	Protein			
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	50.00mg	Iron	0.49mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

# Salad Crispy Chicken Ranch

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49187
School:	Walton-Verona Middle School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE BLND ICEBERG/ROMN	1 Pint	Hold at 41F.	600504
CHIX BRST TNDR BRD WGRAIN 4.5Z 8-4#	3 Piece	Basic Preparation Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490
CHIP CORN	1 Ounce	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Store remaining product in airtight container to keep fresh UNSPECIFIED	210170
DRESSING RNCH BTRMLK PKT	1 Each		266523
GRAPE TOMATO 6-32Z OUR FAMILY	4 Each		284077

# **Preparation Instructions** Assemble lettuce in clamshell # 771981.

Sprinkle lettuce with cheese.

Top with popcorn chicken.

\*You must use the cook chill method for the chicken. Cook chicken in the morning at 375 for 6-8 min. or until internal temperature reaches 165F. Cool down below 71F within 2 hours, cool to under 41F within another hour.

Hold for service at 41F.

### Meal Components (SLE)

Amount Per Serving	<b>、</b>
Meat	2.000
Grain	2.250
Fruit	0.000
GreenVeg	1.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

	Amount Per Serving			
Calc	ories	610.00		
Fa	at	39.00g		
Satura	tedFat	6.50g		
Tran	s Fat	0.00g		
Cholesterol		75.00mg		
Sodium		960.00mg		
Carbohydrates		38.00g		
Fiber		5.00g		
Su	gar	3.00g		
Pro	Protein			
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	85.00mg	Iron	4.00mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Biscuit Sandwich Sausage**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-44240

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUSAGE PTY CKD 1Z	1 Each	BAKE To Bake (convection oven): Preheat oven to 325°F, heat for 3 - 3 1 2 minutes if frozen, 2 1 2 - 3 minutes if thawed.	111341
DOUGH BISC STHRN EZ SPLT	1 Each	BAKE PLACE FROZEN BISCUIT DOUGH WITH SIDES TOUCHING ON GREASED OR PARCHMENT LINED BAKING SHEET. BAKE TIMES WILL VARY BY OVEN TYPE AND QUANTITY OF PRODUCT IN OVEN. BISCUITS ARE DONE WHEN TOPS ARE GOLDEN BROWN AND REACH A MINIMUM INTERNAL TEMPERATURE OF 165°F.	866920

# Preparation Instructions CCP Hot Hold 135 F or higher

### **Meal Components (SLE)**

Amount Per Serving	
Meat	1.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per Serving			
Calories	310.00		
Fat	19.00g		
SaturatedFat	8.00g		
Trans Fat	0.00g		
Cholesterol	20.00mg		
Sodium	620.00mg		
Carbohydrates	25.00g		
Fiber	1.00g		
Sugar	2.00g		
Protein	8.00g		
Vitamin A 0.00IU	Vitamin C	0.00mg	
Calcium 120.00mg	Iron	1.96mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Muffin Assorted WG with Toast Option**

Servings:	2.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-49955
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
MUFFIN CHOC/CHOC CHP WGRAIN IW	1 Each		557991
MUFFIN BLUEB WGRAIN IW	2 Each		557970
Toast	1 Serving	375F bake for 4 minutes	R-46304

# Preparation Instructions No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts		
Servings Per Recipe: 2.0	00	
Serving Size: 1.00 Each		
Amount F	Per Serving	
Calories	415.00	
Fat	17.00g	
SaturatedFat	4.25g	
Trans Fat 0.00g		
Cholesterol	47.50mg	
Sodium	310.00mg	
Carbohydrates	58.50g	

FI0	ber	4.00g	
Sug	gar	25.50g	
Pro	tein	7.50g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	52.50mg	Iron	7.65mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

### **Pizza Cruncher w Marinara Sc**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44217
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
APTZR PIZZA CHS CRUNCHER 8- 3.125	4 Each	BAKE Cooking Instructions: Keep frozen until ready to prepare. Due to differences in appliances, cooking times may vary and require adjus tment. If cheese becomes visible, remove from heat. Caution - product will be hot! CONVECTION OVEN: 1. Preheat oven to 350F. 2. Arrange product in a single layer on lined baked sheet. 3. Bake 15-16 minutes (full tray). If baking more than one tray, longer cooking time may be required.	143271
SAUCE MARINARA DIPN CUP	1 Each	HEAT_AND_SERVE Heat & Serve MIX Heat & Serve READY_TO_DRINK Heat & Serve READY_TO_EAT Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED Heat & Serve	677721

# **Preparation Instructions** BAKE

Cooking Instructions: Keep frozen until ready to prepare. Due to differences in appliances, cooking times may vary and require adjustment. If cheese becomes visible, remove from heat. Caution - product will be hot! CONVECTION OVEN: 1. Preheat oven to 350F. 2. Arrange product in a single layer on lined baked sheet. 3. Bake 15-16 minutes (full tray). If baking more than one tray, longer cooking time may be required.

### Meal Components (SLE)

Amount Per Serving	<b>、</b> ,
Meat	2.000
Grain	2.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.500
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

	3			
Amount Per Serving				
Calories	470.00			
Fat	21.00g			
SaturatedFat	9.00g			
Trans Fat	0.00g			
Cholesterol	30.00mg			
Sodium	910.00mg			
Carbohydrates	51.00g			
Fiber	6.00g			
Sugar	9.00g			
Protein	22.00g			
Vitamin A 0.00IU	Vitamin C 0.00mg			
Calcium 427.00mg	Iron 2.91mg			

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Hummus Cheese and Pretzel Box**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-48639
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
Bongards Mozzarella String Cheese Sticks are individually wrapped and perfect for snacking.	1 Each	READY_TO_EAT none	402951
HUMMUS CUP RSTD RED PEPPER	1 Each		601133
PRETZEL ROD SFT WHEAT	2 Each	Basic Preparation LAY FROZEN PRODUCT FLAT ON TRAY OR MICROWAVE-PROOF CONTAINER. IF DESIRED, MIST WITH WATER THEN SPRINKLE WITH SALT OR PRESS PRETZEL FACE DOWN ON BED OF SALT. CONVENTIONAL OVEN: 2-3 MINUTES* AT 350 Å¿ 400 DEGREES F. MICROWAVE: 20 Å¿ 30 SECONDS* ON HIGH	607940
carrot and celery sticks	1 Serving	• Hold cold foods at 41 °F or below Serve in 4oz tray	R-44838

**Preparation Instructions** Prepare pretzels as instructed. Place all items in a clear container and put in grab-and-go merchandiser.

### Meal Components (SLE)

Amount	Per	Serving	
			-

Meat	2.250
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

g				
Amount Per Serving				
Ca	lories	359.75		
	Fat	9.00g		
Satu	ratedFat	3.50g		
Tra	ns Fat	0.00g		
Cho	lesterol	15.00mg		
Sodium		930.00mg		
Carbohydrates		53.84g		
F	iber	10.78g		
S	ugar	8.68g		
Protein		18.50g		
Vitamin A	10700.00IU	Vitamin C	3.90mg	
Calcium	81.68mg	Iron	4.08mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Tator Tots**

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44823
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO TATER TOTS	2 8 Tater Tots	Basic Preparation CONVECTION OVEN: BAKE AT 425F FOR 8-12 MINUTES. SPREAD PRODUCT EVENLY ON A SHALLOW BAKING PAN. TURN ONCE FOR UNIFORM COOKING.	141510

# **Preparation Instructions** No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	1.000

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 1.00 Serving Amount Per Serving

Amount Per Serving				
Calo	ries	28.89		
Fa	t	1.56g		
Saturat	edFat	0.22g		
Trans	Fat	0.00g		
Choles	sterol	0.00mg		
Sodium		80.00mg		
Carbohydrates		3.56g		
Fib	er	0.22g		
Sug	Jar	0.22g		
Protein		0.44g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	2.22mg	Iron	0.04mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Peach Cup**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44274
Ingredients			
Description	Measurement	<b>Prep Instructions</b>	DistPart #

PEACH CUP 1 Each

**Preparation Instructions** No Preparation Instructions available.

Meal Components (SLE) Amount Per Serving				
Meat	0.000			
Grain	0.000			
Fruit	0.500			
GreenVeg	0.000			
RedVeg	0.000			
OtherVeg	0.000			
Legumes	0.000			
Starch	0.000			

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

5		0			
Amount Per Serving					
Calories		80.00			
Fat		0.00g			
SaturatedFat		0.00g			
Trans Fat		0.00g			
Cholesterol		0.00mg			
Sodium		0.00mg			
Carbohydrates		19.00g			
Fiber		1.00g			
Sugar		16.00g			
Protein		1.00g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	0.00mg	Iron	0.00mg		

232470

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Fried Chicken with Roll**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45072
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX THGH & DRMSTX BRD 8-4# GLDCRK	1 Piece	CONVECTION Cook at 350 degrees for 14 minutes or until internal temperature of165 degrees is reached.	994551
ROLL WHE WGRAIN BKD 72-2Z MAKTCH	1 Each	Basic Preparation THAW AND BAKE AT 350 DEGREES FOR 3-4 MINUTES OR DESIRED COLOR. BAKE IN CONVECTION OVEN FOR 1-2 MINUTES. ROLLS MAKE BE BAKED FROM FROZEN STATE FOR 8 MINUTES.	536890

# **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.000
Grain	2.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

	Amount F	er Serving	
Calc	ories	370.00	
Fa	at	16.50g	
Satura	tedFat	4.50g	
Tran	s Fat	0.00g	
Chole	sterol	80.00mg	
Sod	ium	570.00mg	
Carboh	ydrates	43.00g	
Fik	ber	8.00g	
Su	gar	10.00g	
Pro	tein	21.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	40.00mg	Iron	2.52mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Creamy Ranch Mashed Potato**

Servings:	280.00	Category:	Vegetable
Serving Size:	4.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45459

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUTTER SUB	1 Pint		209810
BASE CHIX LO SOD NO MSG	2 Fluid Ounce	UNPREPARED To make an instant fully seasoned stock broth, add Base to water and stir: 3 4 tsp + 1 cup water or 1 Tbsp base + 1 quart water or 1 1 2 cups base + 6 gallons water	580589
SEASONING SIX PEPR BLEND	2 Fluid Ounce		229580
Water	5 Gallon	READY_TO_DRINK	Water
Potatoes dehyrated	8 Pound 12 Ounce (140 Ounce)	PREPARED	613738
DRESSING MIX RNCH	2 Package		192716

#### **Preparation Instructions**

) POUR 1 POUCH OF POTATO PEARLS EXCEL MASHED POTATOES INTO A 4" DEEP HALF-SIZE STEAM TABLE PAN. 2) MEASURE 1 GALLON OF HOT WATER (170- 190 DEGREES F) AND POUR OVER POTATO PEARLS EXCEL MASHED POTATOES. PROMPTLY STIR FOR 15-20 SECONDS TO ENSURE EVEN DISTRIBUTION. 3) ALLOW POTATOES TO SIT FOR 3-5 MINUTES. FLUFF WITH FORK AND SERVE. 4)RE-FRESH PRODUCT BY ADDING TO CUP OF BOILING WATER AS NEEDED.

Boil Water - whip in the mashed potato mix and then season.

Hot Serve 135F or higher

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.500

### **Nutrition Facts**

Servings Per Recipe: 280.00 Serving Size: 4.00 Ounce

Am	ount Pe	er Serving	
Calories		71.09	
Fat		1.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholestero	bl	0.00mg	
Sodium		497.81mg	
Carbohydrat	tes	14.27g	
Fiber		1.00g	
Sugar		0.00g	
Protein		2.00g	
Vitamin A 0.00	DIU	Vitamin C	0.00mg
Calcium 10.0	)0mg	Iron	0.30mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g		
ries	62.69	
it	0.88g	
edFat	0.00g	
s Fat	0.00g	
sterol	0.00mg	
um	438.99mg	
/drates	12.58g	
er	0.88g	
jar	0.00g	
ein	1.76g	
0.00IU	Vitamin C	0.00mg
8.82mg	Iron	0.26mg
	ries at adFat a Fat b Fat	ries         62.69           at         0.88g           sedFat         0.00g           s Fat         0.00g           sterol         0.00mg           um         438.99mg           vdrates         12.58g           er         0.88g           jar         0.00g           ein         1.76g           0.00IU         Vitamin C

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

# **Green Bean**

Servings:	48.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44212
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
BEAN GREEN CUT XTRA GRN	2 #10 CAN		328251
		UNPREPARED	

2 cups base + 6 gallons water	BASE CHIX LO SOD NO MSG       1/4 Cup       broth, add Base to water and stir: 3       580589         4 tsp + 1 cup water or 1 Tbsp base + 1 quart water or 1 1		o make an instant fully seasoned stock roth, add Base to water and stir: 3 58
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#### Preparation Instructions Mix items together and steam to 165F and Hold at 135F or higher

CCP Heat to 165 F or higher for at least 15 seconds CCP Hold at 135 F or higher

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.539
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 48.00 Serving Size: 0.50 Cup

	Amount Per Serving				
Calc	ories	21.66			
F	at	0.00g			
Satura	tedFat	0.00g			
Tran	s Fat	0.00g			
Chole	sterol	0.00mg			
Sod	ium	313.46mg			
Carboh	ydrates	4.32g			
Fik	ber	2.16g			
Su	gar	2.16g			
Pro	tein	1.08g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	32.33mg	Iron	0.43mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Cincinnati Chili Three Ways**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46698
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHILI CINCINNATI STYLE	1 Serving	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	343990
CHEESE CHED MLD SHRD FINE	2 Fluid Ounce		191043
PASTA SPAGHETTI 10IN	2 Fluid Ounce		654560

# Preparation Instructions No Preparation Instructions available.

#### Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.130
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

	g			
	Amount Per Serving			
Ca	lories	1306.10		
	Fat	88.80g		
Satur	ratedFat	46.00g		
Tra	ns Fat	0.95g		
Cho	lesterol	294.00mg		
So	dium	1870.40mg		
Carbo	hydrates	56.00g		
F	iber	3.30g		
S	ugar	3.00g		
Pr	otein	69.00g		
Vitamin A	720.00IU	Vitamin C	0.00mg	
Calcium	1640.00mg	Iron	3.60mg	
-				

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Cincinnati Coney**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50003
School:	Walton-Verona High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHILI CINCINNATI STYLE	2 Fluid Ounce	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	343990
CHEESE CHED MLD SHRD FINE	2 Fluid Ounce		191043
FRANKS BEEF PORK 10/	1 Each		219231
Hotdog Bun	1 Each		4266

# Preparation Instructions No Preparation Instructions available.

Amount Per Serving	
Meat	2.717
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.047
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Corving Cize: 1.00 Corving				
Amount Pe	Amount Per Serving			
Calories	1271.04			
Fat	92.66g			
SaturatedFat	47.15g			
Trans Fat	0.34g			
Cholesterol	289.35mg			
Sodium	2305.59mg			
Carbohydrates	42.15g			
Fiber	3.47g			
Sugar	5.36g			
Protein	65.02g			
Vitamin A 720.00IU	Vitamin C	0.00mg		
Calcium 1621.12mg	Iron	1.12mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# Jammers w/ Marinara Sauce

Serving	gs:	1.00	Category:	Entree	
Serving	Size:	1.00 Each	HACCP Process:	Same Day Se	rvice
Meal Ty	/pe:	Lunch	Recipe ID:	R-44185	
Ingredi	ents				
Description	Measurer	nent	Prep Instructions		DistPart #
SAUCE MARINARA	1/2 Cup	HEAT_AND_SERVE Heat & Serve MIX Heat & Serve READY_TO_DRINK Heat & Serve READY_TO_EAT Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED Heat & Serve			502181
BREADSTICK CHS STFD 2.1Z	2 Each	EATING TO AN INTERNA Prepare from frozen state fan. Place two frozen brea for 13-15 minutes. Conve breadstick sheet on parc NOTE: Due to variances i	S FOR FOOD SAFETY AND QUALITY L TEMPERATURE OF 160°F. Cook be adstick sheets on parchment lined fu ntional Preheat oven to 350°F. Place hment lined half sheet pan. Bake for n oven regulators, cooking times an rigerate or discard any unused portio	efore serving. en to 350°F, low Ill sheet pan. Bake one frozen 26-28 minutes. d temperature may	232930

# Preparation Instructions No Preparation Instructions available.

Amount Per Serving	, ,
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.800
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
304.00			
10.70g			
5.00g			
0.00g			
25.00mg			
546.80mg			
35.00g			
3.70g			
10.00g			
18.00g			
Vitamin C	0.00mg		
Iron	2.60mg		
	304.00 10.70g 5.00g 0.00g 25.00mg 546.80mg 35.00g 3.70g 10.00g 18.00g Vitamin C		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Deli Turkey Sub**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44304

## Ingredients

Description	Measuremen	t Prep Instructions	DistPart #
Cheese, Processed, Sliced Yellow	1 Slice		100018
TURKEY BRST SLCD OVN RSTD	2 Ounce		689541
5" WG Hoagie Bun	1 66g	READY_TO_EAT Thaw at Ambient Temperature. Ready to Eat or toast to desired flavor and texture.	3737

**Preparation Instructions** Unthaw turkey in cooler 2-3 days ahead. On bun place turkey and cheese. Put in tote and place in cold pass through.

#### Meal Components (SLE)

Amount Per Serving		
Meat	2.000	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
Calor	ries	112.60	
Fa	t	5.22g	
Saturat	edFat	2.84g	
Trans	Fat	0.00g	
Choles	sterol	40.09mg	
Sodi	um	449.28mg	
Carbohy	drates	1.42g	
Fib	er	0.03g	
Sug	ar	0.56g	
Prot	ein	15.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Glazed Carrots**

Servings:	96.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44211
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CARROT SLCD MED	4 #10 CAN		118915
BUTTER SUB	1 Package		209810
SUGAR, BROWN LIGHT GRANULATED CANE	1 Quart		855387

#### Preparation Instructions Place in steamer for 15-20 minutes mix well for service

CCP Heat to 165 F or higher for at least 15 seconds CCP Hold at 135 F or higher

### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.539
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### Nutrition Facts Servings Per Recipe: 96.00 Serving Size: 0.50 Cup

Amount Per Serving		
Calories	39.49	
Fat	0.00g	
SaturatedFat	0.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	329.42mg	
Carbohydrates	8.51g	
Fiber	1.08g	
Sugar	2.20g	
Protein	0.00g	
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 39.88mg	Iron 0.00mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Fries-Wedge**

Servings:	80.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44829
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES WEDGE 10CUT	30 Pound	CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN WEDGES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 9 TO 13 MINUTES, TURNING ONCE FOR UNIFORM COOKING.CONVECTION OVEN: PREHEAT OVEN TO 425° F. SPREAD FROZEN WEDGES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 9 TO 13 MINUTES, TURNING ONCE FOR UNIFORM COOKING. DEEP_FRY FILL BASKET HALF FULL (1.5 LBS) WITH FROZEN WEDGES. DEEP FRY @ 350° F FOR 3 1 4 TO 3 3 4 MINUTES.DEEP FRY: FILL BASKET HALF FULL (1.5 LBS) WITH FROZEN WEDGES. DEEP FRY @ 350° F FOR 3 1 4 TO 3 3 4 MINUTES.	823081

Preparation Instructions PREHEAT OVEN TO 425 F. SPREAD FROZEN WEDGES EVENLY ON A SHALLOW BAKING PAN. BAKEFOR 9 TO 13 MINUTES, TURNING ONCE FOR UNIFORM COOKING.FOR BEST RESULTS, COOK FROM FROZEN STATE USING RECOMMENDED TIME AND TEMPERATURE. ALWAYS COOK TOLIGHT GOLDEN COLOR. DO NOT OVERCOOK. WHEN COOKING SMALLER AMOUNTS, REDUCE COOKING TIME.

**Thawing Instructions** 

Amount Per Serving	
Meat	

0.000
0.000
0.000
0.000
0.000
0.000
0.000
1.000

### **Nutrition Facts**

Servings Per Recipe: 80.00 Serving Size: 1.00 Cup

5			
	Amount	Per Serving	
Calories Fat		240.00	
		10.00g	
Saturat	edFat	1.00g	
Trans	s Fat	0.00g	
Cholesterol		0.00mg	
Sodium Carbohydrates		740.00mg	
		40.00g	
Fib	er	2.00g	
Sug	jar	0.00g	
Protein		4.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.72mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Strawberry Cup**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44272
Ingredients			
Description	Measurement	Prep Instruction	s DistPart #
STRAWBERRY CUP	1 Each		655010

# **Preparation Instructions** No Preparation Instructions available.

Meal Components (SLE) Amount Per Serving		
0.000		
0.000		
0.500		
0.000		
0.000		
0.000		
0.000		
0.000		

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

	Amount	Per Serving	
Calories		90.00	
Fa	ıt	0.00g	
Saturat	edFat	0.00g	
Trans	s Fat	0.00g	
Choles	sterol	0.00mg	
Sodium Carbohydrates		0.00mg	
		22.00g	
Fib	er	2.00g	
Sug	jar	18.00g	
Protein		1.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# Sausage Pancake Wrap

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-50201
School:	Walton-Verona H School	igh	
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
	BAKE HEATING INSTRUCTIONS: FROM FROZEN Conventional Oven 1. Preheat Conventional Oven: 375°F. Convection Oven: 350°F. 2. Place Breakfast Sticks in film on baking pan(s). Do not open or puncture film. 3. Bake for 20-25 minutes or until at least 165°F. For children under 5 years of age remove stick, cut product		n(s). Do not open °F.

PANCK WRAP SAUS WGRAIN STIX 40-2.51Z	1 Each	<ol> <li>Preheat Conventional Oven: 375°F. Convection Oven: 350°F.</li> <li>Place Breakfast Sticks in film on baking pan(s). Do not open or puncture film.</li> <li>Bake for 20-25 minutes or until at least 165°F.</li> <li>For children under 5 years of age remove stick, cut product lengthwise then into small pieces.</li> <li>MICROWAVE</li> <li>HEATING INSTRUCTIONS: FROM FROZEN</li> <li>Microwave</li> <li>Directions were developed using 1000 watt commercial microwave oven. Ovens vary; cook times may need to be adjusted.</li> <li>Make a ¼-inch slit on top of film to vent.</li> <li>Microwave on HIGH for 50-55 seconds or until hot.</li> <li>Let stand in microwave for 1 minute before serving.</li> <li>NOTE: Product may be held in warming unit in film for up to 1 hour.</li> <li>CAUTION: PRODUCT WILL BE HOT! CAREFULLY REMOVE</li> </ol>	556982

# Preparation Instructions No Preparation Instructions available.

Amount Per Serving	. ,
Meat	1.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount F	Per Serving	
Calories	140.00	
Fat	5.00g	
SaturatedFat	1.50g	
Trans Fat	0.00g	
Cholesterol	10.00mg	
Sodium	360.00mg	
Carbohydrates	16.00g	
Fiber	2.00g	
Sugar	6.00g	
Protein	8.00g	
Vitamin A 0.00IU	Vitamin C 0.0	0mg
Calcium 50.00mg	<b>Iron</b> 1.0	0mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

## **Breakfast Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-44242

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA WGRAIN BKFST TKY SAUS	1 Each	BAKE COOKING INSTRUCTIONS. COOK BEFORE SERVING. FOR FOOD SAFETY AND QUALITY, COOK TO AN INTERNAL TEMPERATURE OF 165°F BEFORE SERVING. Place frozen pizzas in 18"x26"x1 2" prepared pans. CONVECTION OVEN: 350°F for 15 to 17 minutes. Rotate pan ½ way through bake time. Refrigerate or discard any unused portion. NOTE: Due to variances in oven regulators, cooking time and temperature may require adjustments.	160432

# **Preparation Instructions** No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving		
Meat	1.000	
Grain	1.500	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Serving			
Amount Pe	er Serving		
Calories	200.20		
Fat	7.00g		
SaturatedFat	2.00g		
Trans Fat	0.00g		
Cholesterol	15.00mg		
Sodium	320.00mg		
Carbohydrates	26.00g		
Fiber	3.00g		
Sugar	6.00g		
Protein	9.00g		
Vitamin A 0.00IU	Vitamin C 0.00mg		
Calcium 150.02mg	Iron 1.69mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Dill Chic BearCat Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45621

### Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
4" Wg Rich Hamburger Bun	1 bun	BAKE Toast if desired	3474
Fully Cooked WG WM Dill Breast Fillet	1 Each	BAKE Cook approximately 17 min @375 F	792429
PICKLE DILL CHP HAMB	1 Slice		156191

# Preparation Instructions

HACCP STEP: WASH HANDS.

1.

BAKE

Cook approximately 17 min @375 F

2. Place cooked chicken patty on bottom of roll. Top with remaining half of roll.

3. Add one sliced dill pickle on bun.

3. Serve.

4. Allow student to select condiment of choice.

Child Nutrition: 1 Each provides= 3.0 oz eq grain and 2 oz meat.

Notes:

Amount Per Serving	
Meat	2.000
Grain	3.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		3			
	Amount Per Serving				
Calo	ries	330.00			
Fa	t	9.00g			
Saturat	edFat	0.00g			
Trans	s Fat	0.00g			
Choles	sterol	70.00mg			
Sodi	um	1050.00mg			
Carbohy	/drates	40.00g			
Fib	er	2.00g			
Sug	jar	5.00g			
Prot	ein	25.00g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	6.00mg	Iron	8.00mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

#### Nutrition - Per 100g

# **Fiestada Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44277

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA BF FIESTADA 5IN WGRAIN	1 Each	BAKE COOKING GUIDELINES: COOK BEFORE SERVING. Place 12 frozen pizzas in 18" x 26" x 1 2" bun pans. CONVECTION OVEN: 350°F for 11-14 minutes. Place 6 frozen pizzas in 11 1 2" x 16 1 2" x 1 2" bun pans. CONVENTIONAL OVEN: 425°F for 18-22 minutes. NOTE: FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. NOTE: Due to variances in oven regulators, cooking time and temperature may require adjustments. Refrigerate or discard any unused portion.	487272

# **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving		
Meat	2.000	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.130	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		9				
	Amount Per Serving					
Calo	ries	340.00				
Fa	at	9.10g				
Satura	tedFat	6.00g				
Trans	s Fat	0.00g				
Chole	sterol	25.00mg				
Sod	ium	850.00mg				
Carbohydrates		39.00g				
Fib	er	4.00g				
Sug	gar	10.00g				
Prot	tein	17.00g				
Vitamin A	0.00IU	Vitamin C	0.00mg			
Calcium	156.00mg	Iron	2.00mg			

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

# Salad-Crispy Chicken Caesar

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44330

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE BLND ICEBERG/ROMN	1 Pint	Hold at 41F.	600504
CROUTON CHS GARL WGRAIN	2 Package	READY_TO_EAT Ready to use.	661022
DRESSING CAESAR RYL PKT	1 Each		554758
CHIX BRST TNDR BRD WGRAIN 4.5Z 8-4#	3 Piece	Basic Preparation Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490

# **Preparation Instructions** Assemble lettuce in clamshell # 771981.

Sprinkle lettuce with cheese.

Top with popcorn chicken.

Serve breadstick in the salad container on the side.

Serve croutons outside of the container in a basket.

\*You must use the cook chill method for the chicken. Cook chicken in the morning at 375 for 6-8 min. or until internal temperature reaches 165F. Cool down below 71F within 2 hours, cool to under 41F within another hour.

Hold for service at 41F.

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	1.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		5			
	Amount Per Serving				
Calc	ories	550.00			
Fa	at	29.00g			
Satura	tedFat	4.50g			
Tran	s Fat	0.00g			
Chole	sterol	75.00mg			
Sod	ium	1180.00mg			
Carboh	ydrates	40.00g			
Fik	ber	4.00g			
Su	gar	5.00g			
Pro	tein	29.00g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	83.00mg	Iron	6.00mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

# **Fries Crinkle Cut**

Servings:	80.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44824
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES 1/2IN C/C OVEN	30 Pound	BAKE PREHEAT OVEN TO 450° F. PLACE FROZEN FRIES IN A SINGLE LAYER ON A SHALLOW BAKING PAN. BAKE FOR 18 TO 22 MINUTES. CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 14 MINUTES, TURNING ONCE FOR UNIFORM COOKING.	200697

# Preparation Instructions No Preparation Instructions available.

#### Meal Components (SLE)

Amount P	er Se	rving
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raneaner er eerring	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	1.000

#### **Nutrition Facts** Servings Per Recipe: 80.00 Serving Size: 1.00 Cup **Amount Per Serving** Calories 200.00 Fat 6.00g **SaturatedFat** 0.00g **Trans Fat** 0.00g Cholesterol 0 00mg

Cholesterol		0.0011g	
Sodium		40.00mg	
Carbohydrates		36.00g	
Fib	ber	2.00g	
Sugar		2.00g	
Pro	tein	2.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	0.60mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Broccoli-Steamed**

Servings:	50.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44266

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
Broccoli, No Salt Added, Frozen	9 1/4 Pound	STEAM Place frozen broccoli in steam table pan and steam in steamer. Take a deep steam table pan and fill with about 2 inches of water. Place frozen broccoli in holey steam table pan and place inside deeper steam table pan. Cover and steam on stove top.	IN110473
BUTTER SUB	1 Fluid Ounce 3/4 Tablespoon (2 3/4 Tablespoon)		209810
Black Pepper	3/4 Teaspoon		24108

# Preparation Instructions 1. Place frozen broccoli in perforated steam table pans

- 2. Add 9 lbs. broccoli per pan (you may need to cut in pieces)
- 3. Steam closer to serving time to keep broccoli crisp. (3-5 minutes with no lid). Taste and temp broccoli as it should be crisp not mushy
- 4. Pour into solid pan and season according to directions.
- 5. Dish into serving containers (preferably the 6 ounce black dishes using 1/2 cup serving utensil)
- 6. Batch cook as needed

CCP Hold at or above 135F

Amount Per Serving	<b>、</b>
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.501
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 50.00 Serving Size: 0.50 Cup

5				
Amount Per Serving				
Calories		26.42		
Fat		0.00g		
Saturated	dFat	0.00g		
Trans F	at	0.00g		
Choleste	erol	0.00mg		
Sodiu	n	25.11mg		
Carbohyd	rates	5.11g		
Fiber	,	3.01g		
Suga	r	1.00g		
Protei	n	3.01g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	).00mg	Iron	0.00mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Fancy Fruit Cup**

Servings:	1.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45395
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
FRUIT MIXED IQF	1/2 Cup		578614

# Preparation Instructions Place in 4oz cup

CCP Hold for cold service at 41F or lower

#### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 0.50 Cup **Amount Per Serving** Calories 30.00 Fat 0.00g **SaturatedFat** 0.00g **Trans Fat** 0.00g Cholesterol 0.00mg Sodium 0.00mg Carbohydrates 7.50g

Fiber		1.00g	
Sug	ar	6.00g	
Protein		0.50g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	7.00mg	Iron	0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

# **Sherbert Luigi**

Servings:	3.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-47261
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SHERBET CUP ORANGE	1 Each		563710
SORBET CUP CHRY/BLUERASPB	1 Each		602382
SORBET CUP STRAWB/KIWI	1 Each		602362

# **Preparation Instructions** No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts			
Servings Per Recipe: 3.00			
Serving Size: 1.00 Serving			
Amount Per Serving			
Calories	86.67		

Fat	0.50g	
SaturatedFat	0.33g	
Trans Fat	0.00g	
Cholesterol	1.67mg	
Sodium	10.00mg	
Carbohydrates	21.00g	
Fiber	2.00g	
Sugar	17.00g	
Protein	0.00g	
Vitamin A 0.00IU	Vitamin C	0.00mg
Calcium 50.00mg	Iron	0.49mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

# **Pretzel With Cheese Sauce**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50007
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE CHS CHED	3 3/4 Fluid Ounce	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	271081
PRETZEL SFT PREBKD WHLWHE	1 Each	CONVENTIONAL OVEN: HEAT AT 400 DEGREES FOR 3-4 MINUTES. MICROWAVE: 30-40 SECONDS ON HIGH.	142411

# Preparation Instructions CCP - Hold at 135 F or higher

Meal Components (	(SLE)
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Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts** Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per Serving			
Calories	356.00		
Fat	16.50g		
SaturatedFat	9.20g		
Trans Fat	0.00g		
Cholesterol	56.00mg		
Sodium	974.00mg		
Carbohydrates	34.00g		
Fiber	3.00g		
Sugar	3.00g		
Protein	19.00g		
Vitamin A 776.00IU	Vitamin C 0.00mg		
Calcium 424.00mg	Iron 1.80mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### **Donut Dunkin Stixs**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-50202
School:	Walton-Verona High School		
Ingredients			

Description	Measurement	Prep Instructions	DistPart #
DONUT DUNKIN STIX WGRAIN IW	1 Package		300170

### **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	<b>、</b> ,
Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Serving Size.				
	Amount Per Serving			
Calc	ories	300.00		
Fa	at	10.00g		
Satura	tedFat	4.00g		
Tran	s Fat	0.00g		
Chole	sterol	0.00mg		
Sod	ium	360.00mg		
Carboh	ydrates	48.00g		
Fik	ber	3.00g		
Su	gar	23.00g		
Pro	tein	5.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	41.00mg	Iron	2.00mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

### Spaghetti w/ Meatballs and Garlic Toast-HS **Portion**

Serving	s:	50.00	Category:	Entree	
Serving S	ize:	8.00 Ounce	HACCP Process:	Same Day Se	ervice
Meal Typ	be:	Lunch	Recipe ID:	R-44189	
Ingredie	ents				
Description	Measure	ement	Prep Instructions		DistPart #
garlic toast	1 Serving	liquid garli convection	et pan with butter spray Place Texas toast on a s to butter on the top of the bread- 1/2 tablespoon n oven until lightly brown- approximately 5-7min ntil ready to serve Cook to the line during servic	per slice Toast in a utes Place in heat	R-44446
PASTA SPAGHETTI 10IN	4 Pound				654560
Water	6 Gallon	not overco	rolling boil- add a little salt to water. Add pasta to ok- 10-12 minutes. Drain and run cool water ove prevent sticking		Water
SAUCE SPAGHETTI FCY	1 #10 CAN	HEAT_ANI Heat & Ser MIX Heat & Ser READY_T( Heat & Ser UNPREPA Heat & Ser UNSPECIF Heat & Ser	ve add 2 quart water ve D_DRINK ve add D_EAT ve RED ve IED		852759
MEATBALL CKD .65Z 6-5 COMM	200 Each	sauce, cov 375 degree	ZENCONVECTION OVEN: Add frozen meatballs fer pan and heat in convection oven approximate es F.STOVE TOP: Add frozen meatballs or crumb covered pan for approximately 40 minutes at 180	ely 30 minutes at les to sauce.	785860

# Preparation Instructions Serve 1 cup serving -4 meatball per serving

CCPHot Hold 135 or above

Amount Per Serving	
Meat	2.000
Grain	2.280
Fruit	0.000
GreenVeg	0.000
RedVeg	0.442
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 50.00 Serving Size: 8.00 Ounce

<u>J</u>			
Amount Per Serving			
Calories	4	96.74	
Fat	2	4.64g	
SaturatedFa	at 6	.00g	
Trans Fat	0	.60g	
Cholestero	I 3	6.00mg	
Sodium	6	22.23mg	
Carbohydrate	<b>es</b> 5	0.18g	
Fiber	5	.05g	
Sugar	7	.81g	
Protein	2	1.25g	
Vitamin A 0.00	IU	Vitamin C	0.00mg
Calcium 75.3	7mg	Iron	6.15mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

Calorie	S	219.03	
Fat		10.86g	
Saturated	lFat	2.65g	
Trans F	at	0.26g	
Choleste	rol	15.87mg	
Sodiun	n	274.36mg	
Carbohydr	ates	22.13g	
Fiber		2.23g	
Sugar	,	3.45g	
Proteir	า	9.37g	
Vitamin A 0.	00IU	Vitamin C	0.00mg
Calcium 33	3.23mg	Iron	2.71mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### **Fruit Smoothie with Donut Hole**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-45625
School:	Walton-Verona Early Childhood Center		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	3 1/2 Ounce	READY_TO_EAT Ready to eat. 1. Tear at notch 2. Squeeze Yoplait® Low Fat Yogurt into cup	811500
IQF Frozen Sliced Strawberries	1/2 Cup	or other frozen fruit option	110860
Fat Free Skim Milk	8 Ounce	BAKE	51801
DONUT HOLE WGRAIN .41Z	1 Each	Put 4 donut holes with smoothie	839520

#### Preparation Instructions Pulse until smooth

Pulse until smooth Pour into cups Refrigerate until service Hold cold 41 F or below

Amount Per Serving	
Meat	

Meat	1.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per Serving			
Cal	ories	877.11	
F	at	3.32g	
Satura	atedFat	1.49g	
Trar	ns Fat	0.00g	
Chole	esterol	43.26mg	
Soc	dium	1145.57mg	
Carbohydrates		132.74g	
Fi	ber	1.33g	
Su	Sugar		
Protein		67.93g	
Vitamin A	80.00IU	Vitamin C	32.00mg
Calcium	359.87mg	Iron	0.24mg
			· · · · · · · · · · · · · · · · · · ·

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Cereal and Toast-WG**

Servings:	3.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-44816
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CEREAL LUCKY CHARMS WGRAIN BWL	1 Package	READY_TO_EAT Ready to Eat	265811
CEREAL COCOA PUFFS WGRAIN R/S	1 Each	READY_TO_EAT Ready to eat	270401
CEREAL CINN TOAST R/S BWL	1 Each	READY_TO_EAT Ready To Eat	365790
Toast with Butter	3 Serving	Spray sheet pan with butter spray Place bread on a sheet pan spread liquid butter on the top of the bread- 1/2 tablespoon per slice Toast in a convection oven until lightly brown- approximately 5-7minutes Place in heat and hold until ready to serve Cook to the line during service.	R-44246

## **Preparation Instructions** Students can take cereal and toast or each one separately.

Amount Per Serving
Meat
Grain

Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

0.000

### **Nutrition Facts**

Servings Per Recipe: 3.00 Serving Size: 1.00 Serving

	3	
Amount Per Serving		
Calories	500.00	
Fat	25.67g	
SaturatedFat	3.75g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	495.00mg	
Carbohydrates	59.33g	
Fiber	5.67g	
Sugar	10.67g	
Protein	10.67g	
Vitamin A 100.00IU	Vitamin C 1.20mg	
Calcium 84.17mg	<b>Iron</b> 20.50mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Alfredo with Garlic Toast**

Servings:	50.00	Category:	Entree
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-48671
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
garlic toast	1 Serving	Spray sheet pan with butter spray Place Texas toast on a sheet pan spread liquid garlic butter on the top of the bread- 1/2 tablespoon per slice Toast in a convection oven until lightly brown- approximately 5-7minutes Place in heat and hold until ready to serve Cook to the line during service	R-44446
Water	6 Gallon	Bring water to a rolling boil- add a little salt to water. Add pasta slowly- stir and cook 10-12 minutes- do not overcook- add a little oil to pasta	Water
PASTA SPAGHETTI 10IN	4 Pound		654560
SAUCE ALFREDO FZ	2 1/2 Package	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	155661

**Preparation Instructions** Put sauce and water into pot or steamer and simmer for 1 hour 135F or above

Heat water for pasta to a rolling boil. Slowly add pasta and cook for 10-12 minutes until pasta is tender. Stir occasionally. Do not overcook. Drain and divide equally in pan- spray pan with pan release spray. Hold hot foods at 135 °F or above

Amount Per Serving	
Meat	2.186
Grain	2.280
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 50.00 Serving Size: 1.00 Cup

Amount Per Serving		
Calories	519.09	
Fat	27.88g	
SaturatedFat	9.49g	
Trans Fat	0.07g	
Cholesterol	39.34mg	
Sodium	991.04mg	
Carbohydrates	47.62g	
Fiber	2.28g	
Sugar	8.84g	
Protein	19.94g	
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 419.30mg	Iron 5.15mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Crispy Chicken Sandwich**

Servings:	1.00	Category:	Entree	
Serving Size:	1.00 Serving	HACCP Process:	Same Day S	ervice
Meal Type:	Lunch	Recipe ID:	R-44181	
Ingredients				
Description	Measurement	Prep Instruction	าร	DistPart #
4" Wg Rich Hamburger Bun	1 bun	BAKE Toast if desired		3474
CHIX PTY BRD WGRAIN 170-3Z GLDCRK	1 Each	Bake 375 for 17-19 minutes or until inte 165	rnal temperature	259967

Preparation Instructions

HACCP STEP: WASH HANDS.

- 1. Cook chicken patty as directed on package.
- 2. Place cooked chicken patty on bottom of roll. Top with remaining half of roll.
- 3. Serve.
- 4. Allow student to select condiment of choice.
- Hold hot foods at 135 °F or above

Amount Per Serving	
Meat	2.000
Grain	3.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

5		5		
Amount Per Serving				
Calc	ories	320.00		
Fa	at	10.00g		
Satura	tedFat	1.50g		
Tran	s Fat	0.00g		
Chole	sterol	35.00mg		
Sodium		650.00mg		
Carbohydrates		36.00g		
Fik	ber	2.00g		
Su	gar	3.00g		
Protein		20.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	26.00mg	Iron	9.08mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

## **Spicy Chicken Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44281

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
4" Wg Rich Hamburger Bun	1 bun	BAKE Toast if desired	3474
WG Hot and Spicy Whole Muscle Breaded Chicken Filet	1 Each	Bake 375 17-19minutes or until internal temperature reaches 165F	812380

# Preparation Instructions Directions:

HACCP STEP: WASH HANDS.

- 1. Cook chicken patty as directed on package.
- 2. Place cooked chicken patty on bottom of roll. Top with remaining half of roll.
- 3. Serve.
- 4. Allow student to select condiment of choice.

Child Nutrition: 1 Each provides= 3.0 oz eq grain and 2 oz meat.

Notes:

Amount Per Serving	
Meat	2.000
Grain	3.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		<u> </u>		
Amount Per Serving				
Calories		282.50		
Fa	t	6.50g		
Saturat	edFat	0.75g		
Trans	s Fat	0.00g		
Choles	sterol	41.25mg		
Sodium		515.00mg		
Carbohydrates		38.50g		
Fib	er	3.50g		
Sug	jar	3.75g		
Protein		19.25g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	6.00mg	Iron	9.35mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

#### Nutrition - Per 100g

### **Fiesta Bar**

Servings:	2.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44284

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
TORTILLA FLOUR 10 12-12CT GRSZ	1 Each	READY_TO_EAT	713340
PEPPERS JALAP SLCD	1/2 Ounce		499943
SALSA 103Z	1 Ounce	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	452841
TACO FILLING BEEF REDC FAT 6-5 COMM	3 1/4 Ounce	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	722330
SAUCE CHS QUESO BLANCO FZ	4 Ounce	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	722110
CHIP TORTL RND R/F	1 Each	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options. UNSPECIFIED	662512
BEANS BLACK LO SOD	1 Ounce		231981
Fiesta Brown Rice	1 Serving		R-46528
SOUR CREAM L/F	1 Ounce	GRILL Defrost 24 hours before consumption in refrigerator.Cook thoroughly	534331
fiesta Diced Chicken	1 Serving		R-46517

Description	Measurement	Prep Instructions	DistPart #
Shredded lettuce	1/4 Cup		00701
Fresh Diced Tomatoes	1/4 Cup	READY_TO_EAT Keep chilled until ready to serve	16P45

### **Preparation Instructions** No Preparation Instructions available.

### **Meal Components (SLE)**

Amount Per Serving	
Meat	2.200
Grain	2.125
Fruit	0.000
GreenVeg	0.000
RedVeg	0.156
OtherVeg	0.121
Legumes	0.100
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 2.00 Serving Size: 1.00 Serving

	Amount Per Serving				
Cal	ories	712.90			
F	at	22.00g			
Satura	atedFat	8.75g			
Trar	ns Fat	0.01g			
Chole	esterol	90.50mg			
Sodium		1243.02mg			
Carbohydrates		84.50g			
Fi	ber	10.35g			
Sı	ıgar	4.33g			
Pro	otein	39.10g			
Vitamin A	100.00IU	Vitamin C	0.00mg		
Calcium	380.00mg	Iron	4.52mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

#### Nutrition - Per 100g

### **Fries-Sweet Potato**

Servings:	40.00	Category:	Vegetable
Serving Size:	3.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44830
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES SWT 3/8IN	15 Pound	CONVECTION OVEN: PREHEAT OVEN TO 425*F. SPREAD FROZEN PRODUCT EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 12 MINUTES, TURNING ONCE FOR UNIFORM COOKING. FOR BEST RESULTS, COOK FROM FROZEN STATE USING RECOMMENDED TIME AND TEMPERATURE. ALWAYS COOK TO A LIGHT GOLDEN COLOR. DO NOT OVERCOOK. WHEN COOKING SMALLER AMOUNTS, REDUCE COOKING TIME. CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 9 TO 13 MINUTES, TURNING ONCE FOR UNIFORM COOKING. DEEP_FRY FILL BASKET ONE HALF FULL (1.5 LBS) WITH FROZEN FRIES. DEEP FRY @ 350° F FOR 3 TO 3 1 2 MINUTES.	273660

# Preparation Instructions Basic Preparation

DEEP FRY: FILL BASKET ONE THIRD FULL (1 LB.) WITH FROZEN PRODUCT. DEEP FRY @ 350\*F FOR 2 1/4 TO 2 3/4 MINUTES. CONVECTION OVEN: PREHEAT OVEN TO 425\*F. SPREAD FROZEN PRODUCT EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 12 MINUTES, TURNING ONCE FOR UNIFORM COOKING. FOR BEST RESULTS, COOK FROM FROZEN STATE USING RECOMMENDED TIME AND TEMPERATURE. ALWAYS COOK TO A LIGHT GOLDEN COLOR. DO NOT OVERCOOK. WHEN COOKING SMALLER AMOUNTS, REDUCE COOKING TIME.

Amount Per	<sup>r</sup> Serving

0.000	
0.000	
0.000	
0.000	
1.000	
0.000	
0.000	
0.000	
	0.000 0.000 0.000 1.000 0.000 0.000

#### **Nutrition Facts**

Servings Per Recipe: 40.00 Serving Size: 3.00 Ounce

Amount Per Serving		
Calories	300.00	
Fat	12.00g	
SaturatedFat	2.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	380.00mg	
Carbohydrates	46.00g	
Fiber	2.00g	
Sugar	14.00g	
Protein	2.00g	
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 60.00m	g <b>Iron</b> 1.00mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

Calories	352.74
Fat	14.11g
SaturatedFat	2.35g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	446.80mg
Carbohydrate	<b>s</b> 54.09g
Fiber	2.35g
Sugar	16.46g
Protein	2.35g
Vitamin A 0.001	J Vitamin C 0.00mg
<b>Calcium</b> 70.55	mg Iron 1.18mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### **Chicken Tenders with Dinner Roll**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44756
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH ROLL WGRAIN	1 Each	Basic Preparation PAN IN 48 CLUSTERS OR 24 (4X6) SINGLES ON A LINED SHEET PAN. ONCE THAWED, PROOF FOR 50 MINUTES IN RETARDER. BAKE AT 375*F IN DECK OVEN FOR 12-14 MINUTES OR CONVECTION OVEN FOR 10-12 MINUTES.	237702
CHIX BRST TNDR BRD WGRAIN 4.5Z 8- 4#	3 Piece	Basic Preparation Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490

### Preparation Instructions • Hold hot foods at 135 °F or above

#### Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		0	
Amount Per Serving			
Calc	Calories		
F	at	8.50g	
Satura	tedFat	1.50g	
Tran	s Fat	0.00g	
Chole	sterol	65.00mg	
Sod	ium	530.00mg	
Carboh	ydrates	28.00g	
Fik	ber	4.00g	
Su	gar	2.00g	
Pro	tein	25.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	28.06mg	Iron	2.72mg
-			

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Spicy Chix Tenders with Dinner Roll**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-48648
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH ROLL WGRAIN	1 Each	Basic Preparation PAN IN 48 CLUSTERS OR 24 (4X6) SINGLES ON A LINED SHEET PAN. ONCE THAWED, PROOF FOR 50 MINUTES IN RETARDER. BAKE AT 375*F IN DECK OVEN FOR 12-14 MINUTES OR CONVECTION OVEN FOR 10-12 MINUTES.	237702
SAUCE BUFF WNG REDHOT	1/2 Tablespoon		704229
Chicken Breast Tenderloins WG Fully Cooked	3 Each	BAKE CONVENTIONAL OVEN 20 MIN @350. CONVECTION OVEN 14 MIN @350	792441

# Preparation Instructions No Preparation Instructions available.

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per Serving		
300.00		
8.50g		
1.50g		
0.00g		
65.00mg		
815.00mg		
28.00g		
4.00g		
2.00g		
25.00g		
Vitamin C	0.00mg	
Iron	0.72mg	
	300.00 8.50g 1.50g 0.00g 65.00mg 815.00mg 28.00g 4.00g 2.00g 25.00g Vitamin C	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Baked Beans**

Servings:	1.00	Category:	Vegetable	
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service	
Meal Type:	Lunch	Recipe ID:	R-44268	
Ingredients				
Description	Measurement	Prep Instructions	DistPa	rt #
BEAN BAKED VEGTAR R/SOD	1/2 Cup	Heat and serve. Warm in 350 degree oven for appro	ox 30 minutes. 567091	

### Preparation Instructions CCP Hot hold 135F or above

Meal Components (SLE) Amount Per Serving		
0.000		
0.000		
0.000		
0.000		
0.000		
0.130		
0.500		
0.000		

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 0.50 Cup

U			
An	nount P	er Serving	
Calories Fat		150.00	
		0.00g	
Saturated	Fat	0.00g	
Trans Fa	ıt	0.00g	
Cholesterol Sodium Carbohydrates		0.00mg	
		370.00mg	
		30.00g	
Fiber		5.00g	
Sugar		12.00g	
Protein		7.00g	
Vitamin A 0.0	UIO	Vitamin C	0.00mg
Calcium 50	.00mg	Iron	1.90mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Big Daddy Pepperoni Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44216
School:	Walton-Verona Elementary		

### **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHS WGRAIN PRIMO 16IN	1 Slice	BAKE COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: 350°F high fan for 14-16 minutes. IMPINGEMENT OVEN: 420°F for 6-7 minutes. CONVENTIONAL OVEN: 1. Preheat oven to 400°F. 2. Remove frozen pizza from overwrap and place on lightly oiled aluminum foil. 3. Place pizza and foil on middle oven rack. 4. Bake for 30 to 32 minutes. Pizza is done when all cheese is melted. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.	575522
PEPPERONI SLCD 16/Z	2 Each		100240

# **Preparation Instructions** BAKE

COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: 350°F high fan for 14-16 minutes. IMPINGEMENT OVEN: 420°F for 6-7 minutes. CONVENTIONAL OVEN: 1. Preheat oven to 400°F. 2. Remove frozen pizza from overwrap and place on lightly oiled aluminum foil. 3. Place pizza and foil on middle oven rack. 4. Bake for 30 to 32 minutes. Pizza is done when all cheese is melted. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.

Amount	Per	Serving	

2.235
2.000
0.000
0.000
0.130
0.000
0.000
0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving				
Calories	377.65			
Fat	17.65g			
SaturatedFat	7.59g			
Trans Fat	0.00g			
Cholesterol	38.53mg			
Sodium	555.88mg			
Carbohydrates	35.00g			
Fiber	3.00g			
Sugar	9.00g			
Protein	21.59g			
Vitamin A 0.00IU	Vitamin C 0.00mg			
Calcium 441.00mg	Iron 2.15mg			

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Big Daddy Cheese Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44215
School:	Walton-Verona Elementary		

### **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHS WGRAIN PRIMO 16IN	1 Slice	BAKE COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: 350°F high fan for 14-16 minutes. IMPINGEMENT OVEN: 420°F for 6-7 minutes. CONVENTIONAL OVEN: 1. Preheat oven to 400°F. 2. Remove frozen pizza from overwrap and place on lightly oiled aluminum foil. 3. Place pizza and foil on middle oven rack. 4. Bake for 30 to 32 minutes. Pizza is done when all cheese is melted. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.	575522

### **Preparation Instructions** BAKE

COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: 350°F high fan for 14-16 minutes. IMPINGEMENT OVEN: 420°F for 6-7 minutes. CONVENTIONAL OVEN: 1. Preheat oven to 400°F. 2. Remove frozen pizza from overwrap and place on lightly oiled aluminum foil. 3. Place pizza and foil on middle oven rack. 4. Bake for 30 to 32 minutes. Pizza is done when all cheese is melted. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.

Amount Per Serving
Meat
Orain

Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.130
OtherVeg	0.000
Legumes	0.000
Starch	0.000

2.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving		
Calories	360.00	
Fat	16.00g	
SaturatedFat	7.00g	
Trans Fat	0.00g	
Cholesterol	35.00mg	
Sodium	490.00mg	
Carbohydrates	35.00g	
Fiber	3.00g	
Sugar	9.00g	
Protein	21.00g	
Vitamin A 0.00IU	Vitamin C	0.00mg
Calcium 441.00mg	Iron	2.10mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### CornDog

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44484
School:	Walton-Verona High School		
Ingredients			
Description	Measurement	Prep Instructi	ons DistPart #
CORN DOG CHIX WGRAIN	1 Each		720120

# Preparation Instructions Basic Preparation

FROM THAWED - CONVECTION OVEN 350\*F FOR 14-17 MINUTES (FULL SHEET PAN); CONVENTIONAL OVEN 350\*F FOR 24-26 MINUTES (FULL SHEET PAN); FRY 350\*F FOR 4-5 MINUTES (QTY: 3); MICROWAVE ON HIGH FOR 30 SECONDS, TURN 30 SECONDS MORE (QTY: 2)

Meal Components (SLE) Amount Per Serving		
Meat	2.000	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg 0.000		
Legumes	0.000	
<b>Starch</b> 0.000		

Nutrition Facts		
Servings Per Recipe: 1.00		
Serving Size: 1.00 Serv	/ing	
Amount	Per Serving	
Calories	240.00	
Fat	9.00g	
SaturatedFat	2.50g	
Trans Fat	0.00g	
Cholesterol	40.00mg	
Sodium 470.00mg		
Carbohydrates	30.00g	
Fiber	2.00g	
Sugar	8.00g	
Protein 9.00g		
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 100.00mg	g Iron 1.50mg	
*All reporting of Tropo Lot is	for information only and is not	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Iced Donut**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44252

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT RNG HMSTYL YST RSD	1 Each	Thaw	131940
ICING VAN RTU HEAT NICE	1 Fluid Ounce	READY_TO_EAT 1. STORE AT ROOM TEMPERATURE. 2. PLACE DESIRED AMOUNT OF HEAT 'N ICE ICING IN ICING WARMER, HEAT TO 110 F (43 C). 3. DIP OR DRIZZLE ICING ON SWEET GOOD, ALLOW TO DRY 2 - 5 MINUTES. 4. TURN OFF ICING WARMER WHEN FINISHED. 5. SCRAPE ICING OFF SIDES OF WARMER. 6. COVER UNUSED ICING.	155722

**Preparation Instructions** Thaw donut and drizzle icing on top! Be creative- can make it special by adding a little color :)

#### **Meal Components (SLE)**

Amount Per Serving	<b>、</b>
Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

	0	
Amount Per Serving		
Calories	380.00	
Fat	14.00g	
SaturatedFat	6.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	280.00mg	
Carbohydrates	60.00g	
Fiber	1.00g	
Sugar	36.00g	
Protein	4.00g	
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 10.00mg	Iron 1.50mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Buffalo Chicken Stuffed Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-48657
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
WG Buffalo Chicken Stuffed Sandwich	1 Each	Basic Preparation Cook to an internal temperature of 165 degrees F. Convection Oven: Preheat oven to 325 degrees F, high fan. Leave frozen product in plastic wrapper and place on a baking sheet. Bake for 26 to 29 minutes. Rotate product half way through bake time. Allow product to rest in wrapper at least 4 minutes. Remove from wrapper and serve. Conventional Oven: Preheat oven to 375 degrees F. Leave frozen product in plastic wrapper and place one serving on a baking sheet. Bake for 24 to 26 minutes. Allow product to rest in wrapper at least 4 minutes. Remove from wrapper and serve. Note: Increased bake time is needed for additional product. Microwave Oven (1100W) Open one end of plastic wrapper to vent or remove from wrapper. Place one frozen serving on microwave safe plate. Do not cook more than one serving at a time. Cook for 1 minute 30 seconds to 1 minute 45 seconds on HIGH power. NOTE: Due to variances in oven regulators, product temperature, and number of products being prepared, cooking times and temperature may require adjustments. Refrigerate or discard any unused portion.	845745

### Preparation Instructions No Preparation Instructions available.

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

g		
Amount Per Serving		
Calories	230.00	
Fat	9.00g	
SaturatedFat	4.00g	
Trans Fat	0.00g	
Cholesterol	30.00mg	
Sodium	500.00mg	
Carbohydrates	25.00g	
Fiber	2.00g	
Sugar	3.00g	
Protein	14.00g	
Vitamin A 0.00IU	Vitamin C 0.00mg	
Calcium 198.40mg	Iron 1.80mg	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Philly Steak & Cheese**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50154
School:	Walton-Verona High School		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PHLL SEAS CKD 2.86Z 6- 5 JTM	1 Each	BAKE PRODUCT SHOULD BE KEPT FROZEN AND HEATED FROM A FROZEN STATE Preheat oven to 350*F- Line full size sheet pan with parchment paper Open 5lb. bag of JTM Seasoned Beef and distribute evenly on the parchment lined sheet pan Bake at 350*F for 8-10 minutes until product reaches 140*F for 15 seconds and hold hot Continue with recipe preparation as directed.	720861
Cheese, Mozzarella, Part Skim, Shredded	1/4 Cup	Use GFS 645170 if no USDA Foods (brown box) available.	100021
BUN SUB SLCD WGRAIN 5IN	1 Each		276142

## Preparation Instructions No Preparation Instructions available.

Starch

0.000
0.000
0.000
0.000
0.000
0.000
0.000

0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving		
393.10		
17.90g		
8.90g		
0.52g		
65.00mg		
748.50mg		
33.00g		
2.00g		
7.00g		
23.90g		
Vitamin C	0.00mg	
Iron	3.44mg	
	393.10 17.90g 8.90g 0.52g 65.00mg 748.50mg 33.00g 2.00g 7.00g 23.90g Vitamin C	

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

#### Nutrition - Per 100g

### **Mummy HotDOG**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50181
School:	Walton-Verona Elementary		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRANKS BEEF 8/	1 Each	BAKE Basic Preparation FULLY COOKED, CAN BE STEAMED, GRILLED, MICROWAVED, OR OVEN HEATED, HEAT TO 165 DEG F. INTERNAL FOR MINIMUM OF 15 SECONDS, HOLD ABOVE 140 DEG F. CONSULT LOCAL PUBLIC CODES FOR LOCAL REQUIREMENTS	265039
6" Whole Grain Hot Dog Bun	1 Each	READY_TO_EAT	3709

### **Preparation Instructions** No Preparation Instructions available.

Meal Components	(SLE)
-----------------	-------

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

**Nutrition Facts** 

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
Calc	ories	280.00	
Fa	at	17.50g	
Satura	tedFat	6.00g	
Tran	s Fat	0.50g	
Cholesterol		35.00mg	
Sodium		690.00mg	
Carbohydrates		21.00g	
Fiber		2.00g	
Sugar		3.00g	
Protein		10.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	48.89mg	Iron	1.85mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

### **Pumpkin Cutie**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50184
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
ORANGES FANCY	1 Сир		198005

### **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	<b>、</b>	
Meat	0.000	
Grain	0.000	
Fruit	0.500	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Serving Size. 1.00 Lacit		
Amount Per Serving		
80.90		
0.20g		
0.00g		
0.00g		
0.00mg		
1.70mg		
21.00g		
3.60g		
14.00g		
1.50g		
Vitamin C 97.52mg		
Iron 0.21mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

### **Chips AHOY MATEY**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50180
School:	Walton-Verona Elementary		
Ingredients			
Description	Measurement	Prep Instructio	ns DistPart #
COOKIE CHOC CHIP 1Z	1 Each		993306

### **Preparation Instructions** No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving	<b>、</b>	
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving					
Calo	ries	140.00			
Fat		7.00g			
SaturatedFat		1.50g			
Trans Fat		0.00g			
Cholesterol		0.00mg			
Sodium		75.00mg			
Carbohydrates		19.00g			
Fiber		1.00g			
Sugar		8.00g			
Protein		1.00g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	0.00mg	Iron	0.90mg		

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Nutrition - Per 100g

### **Cookbook for Walton-Verona Middle School**

**Created by HPS Menu Planner** 

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No Recipes found