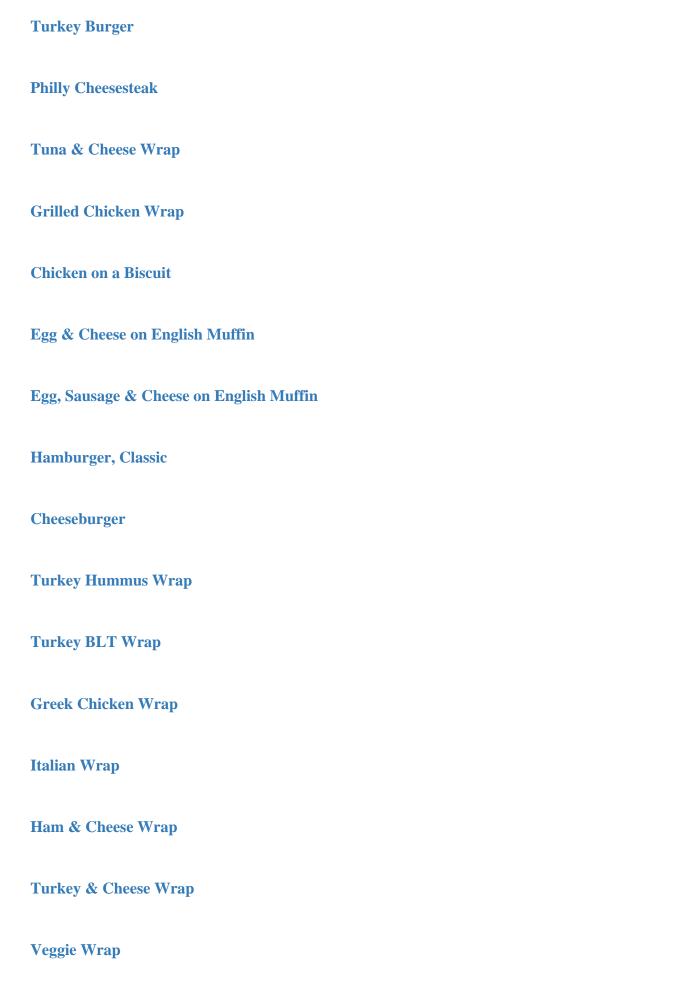
## Cookbook for

**Created by HPS Menu Planner** 

## **Table of Contents**

| Steak Burger                                |
|---|
| Chicken Patty on Bun                        |
| <b>Chicken Patty with Cheese on Bun</b>     |
| Spicy Chicken Patty on WG Bun               |
| Spicy Chicken Patty w/Cheese on WG Bun      |
| Pulled Pork Sandwich                        |
| Chicken Smash Bowl                          |
| Pork Carnita Bowls                          |
| Tuna & Cheese Sandwich                      |
| Chicken Salad Wrap                          |
| Chicken Tender Wrap                         |
| <b>Grilled Chicken with Cheese Sandwich</b> |
| Chicken Pasta Alfredo                       |
| Dynamite Burger                             |



| House Salad w Chicken          |
|--------------------------------|
| House Salad w/Ham              |
| House Salad w/Turkey           |
| Walking Taco                   |
| Meatball Sub                   |
| Turkey Soft Taco               |
| Chicken BLT Sub                |
| Spicy Chicken Smash Bowl       |
| Egg & Cheese on Bagel          |
| Egg, Sausage & Cheese on Bagel |
| Pepperoni & Cheese Wrap        |
| Philly Cheesesteak             |
| Double Cheeseburger            |
| Chicken Salad Sub              |

**House Salad Entree** 





**Charcuterie - Yogurt** 

**Deli Ham and Swiss Panini** 

# **Steak Burger**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29531          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                                  | Measurement | Prep Instructions  | DistPart<br># |
|--|-------------|--|---------------|
| BEEF STK BRGR<br>CHARB                       | 1 Each      | BAKE From thawed state: sleeve pack preparation, put a few small holes in top of bag. Place entire bag intact on sheet pan inpreheated convection oven at 375 degrees f for 45 minutes. Remove from oven and let stand 3 minutes before opening bag. | 203260        |
| CHEESE AMER 160CT<br>SLCD                    | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted   | 150260        |
| BUN HAMB SLCD<br>WHEAT WHL 4IN 10-12<br>GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.  | 517810        |

## **Preparation Instructions**

**Build Recipe** 

**Bottom Bun** 

Burger

Cheese

Top Bun

| Meat                     | 3.250 |
|--------------------------|-------|
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Pe         | er Serving       |
|-------------------|------------------|
| Calories          | 395.00           |
| Fat               | 20.00g           |
| Saturated Fat     | 8.50g            |
| Trans Fat         | 0.00g            |
| Cholesterol       | 72.50mg          |
| Sodium            | 535.00mg         |
| Carbohydrates     | 26.00g           |
| Fiber             | 3.00g            |
| Total Sugar       | 4.50g            |
| Added Sugar       | 0.00g            |
| Protein           | 27.00g           |
| Vitamin A 0.00mcg | Vitamin C 0.00mg |
| Calcium 111.50mg  | Iron 1.00mg      |

#### **Nutrition - Per 100g**

## **Chicken Patty on Bun**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 0.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29532          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                               | Measurement | Prep Instructions  | DistPart<br># |
|---|-------------|--|---------------|
| CHIX PTY BRD WGRAIN FC 3.54Z              | 1 Each      | BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen. | 281622        |
| BUN HAMB SLCD WHEAT WHL 4IN 10-12<br>GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.  | 517810        |

## **Preparation Instructions**

Build:

WG Bottom Bun

Meat

Cheese (if needed)

Sauce (if needed)

Toppings (if needed)

Top Bun

Wrapped

Served with Fries of the Day

| 7 amount of Corving      |       |
|--------------------------|-------|
| Meat                     | 2.000 |
| Grain                    | 3.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 0.00

| Calories         380.00           Fat         15.50g           Saturated Fat         2.50g           Trans Fat         0.00g           Cholesterol         25.00m           Sodium         620.00r           Carbohydrates         41.00g | 0                  |
|---|--------------------|
| Saturated Fat         2.50g           Trans Fat         0.00g           Cholesterol         25.00m           Sodium         620.00r   | α                  |
| Trans Fat         0.00g           Cholesterol         25.00m           Sodium         620.00r   | q                  |
| Cholesterol         25.00m           Sodium         620.00r   | <u> </u>           |
| Sodium 620.00r  | α                  |
| -   | 9                  |
| Carbohydrates 41 00g  | ng                 |
| Carbonyurales 41.00g  |                    |
| Fiber 6.00g   |                    |
| Total Sugar 5.00g   |                    |
| Added Sugar 0.00g   |                    |
| Protein 20.00g  |                    |
| Vitamin A 0.00mcg Vitam   | <b>in C</b> 0.00mg |
| Calcium 60.00mg Iro   | <b>n</b> 2.90mg    |

#### **Nutrition - Per 100g**

## **Chicken Patty with Cheese on Bun**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 0.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29533          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                               | Measurement | Prep Instructions  | DistPart<br># |
|---|-------------|--|---------------|
| CHIX PTY BRD WGRAIN FC 3.54Z              | 1 Each      | BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen. | 281622        |
| BUN HAMB SLCD WHEAT WHL 4IN 10-12<br>GCHC | 1 Each      | THAW<br>Simply thaw and serve. If desired, can be toasted,<br>baked, and<br>or microwaved.   | 517810        |
| CHEESE AMER 160CT SLCD                    | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted   | 150260        |

## **Preparation Instructions**

No Preparation Instructions available.

| Meat                     | 2.500 |
|--------------------------|-------|
| Grain                    | 3.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 0.00

| Amount Per Serving |                  |  |  |
|--------------------|------------------|--|--|
| Calories           | 435.00           |  |  |
| Fat                | 20.00g           |  |  |
| Saturated Fat      | 5.00g            |  |  |
| Trans Fat          | 0.00g            |  |  |
| Cholesterol        | 37.50mg          |  |  |
| Sodium             | 845.00mg         |  |  |
| Carbohydrates      | 42.00g           |  |  |
| Fiber              | 6.00g            |  |  |
| Total Sugar        | 5.50g            |  |  |
| Added Sugar        | 0.00g            |  |  |
| Protein            | 23.00g           |  |  |
| Vitamin A 0.00mcg  | Vitamin C 0.00mg |  |  |
| Calcium 141.50mg   | Iron 2.90mg      |  |  |

#### **Nutrition - Per 100g**

## Spicy Chicken Patty on WG Bun

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29534          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                               | Measurement | Prep Instructions  | DistPart<br># |
|---|-------------|--|---------------|
| CHIX PTY HOTSPCY WGRAIN 3.49Z             | 1 Each      | BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen. | 327080        |
| CHEESE AMER 160CT SLCD                    | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted   | 150260        |
| BUN HAMB SLCD WHEAT WHL 4IN 10-12<br>GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.  | 517810        |

## **Preparation Instructions**

Build:

WG Bottom Bun

Meat

Cheese (if needed)

Sauce (if needed)

Toppings (if needed)

Top Bun

Wrapped

Served with Fries of the Day

| Meat                     | 2.500 |
|--------------------------|-------|
| Grain                    | 3.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |           |        |  |
|--------------------|-----------|--------|--|
| Calories           | 425.00    |        |  |
| Fat                | 19.00g    |        |  |
| Saturated Fat      | 5.00g     |        |  |
| Trans Fat          | 0.00g     |        |  |
| Cholesterol        | 32.50mg   |        |  |
| Sodium             | 755.00mg  |        |  |
| Carbohydrates      | 41.00g    |        |  |
| Fiber              | 5.00g     |        |  |
| Total Sugar        | 5.50g     |        |  |
| Added Sugar        | 1.00g     |        |  |
| Protein            | 22.00g    |        |  |
| Vitamin A 0.00mcg  | Vitamin C | 0.00mg |  |
| Calcium 141.50mg   | Iron      | 3.00mg |  |

#### **Nutrition - Per 100g**

## Spicy Chicken Patty w/Cheese on WG Bun

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29535          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                               | Measurement | Prep Instructions  | DistPart<br># |
|---|-------------|--|---------------|
| CHIX PTY HOTSPCY WGRAIN 3.49Z             | 1 Each      | BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen. | 327080        |
| CHEESE AMER 160CT SLCD                    | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted   | 150260        |
| BUN HAMB SLCD WHEAT WHL 4IN 10-12<br>GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.  | 517810        |

## **Preparation Instructions**

No Preparation Instructions available.

| Meat                     | 2.500 |
|--------------------------|-------|
| Grain                    | 3.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |           |        |  |
|--------------------|-----------|--------|--|
| Calories           | 425.00    |        |  |
| Fat                | 19.00g    |        |  |
| Saturated Fat      | 5.00g     |        |  |
| Trans Fat          | 0.00g     |        |  |
| Cholesterol        | 32.50mg   |        |  |
| Sodium             | 755.00mg  |        |  |
| Carbohydrates      | 41.00g    |        |  |
| Fiber              | 5.00g     |        |  |
| Total Sugar        | 5.50g     |        |  |
| Added Sugar        | 1.00g     |        |  |
| Protein            | 22.00g    |        |  |
| Vitamin A 0.00mcg  | Vitamin C | 0.00mg |  |
| Calcium 141.50mg   | Iron      | 3.00mg |  |

#### **Nutrition - Per 100g**

## **Pulled Pork Sandwich**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29536          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                               | Measurement | Prep Instructions   | DistPart<br># |
|---|-------------|---|---------------|
| PORK PULLED BBQ DRY PKG                   | 3 Ounce     | BAKE<br>Fully cooked. Simply heat and serve.                                      | 632160        |
| BUN HAMB SLCD WHEAT WHL 4IN 10-12<br>GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved. | 517810        |

## **Preparation Instructions**

No Preparation Instructions available.

# Meal Components (SLE) Amount Per Serving

| Amount Per Serving       |       |
|--------------------------|-------|
| Meat                     | 2.250 |
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00

| Serving Size: | 1.00               |           |        |  |
|---------------|--------------------|-----------|--------|--|
|               | Amount Per Serving |           |        |  |
| Calo          | ries               | 350.00    |        |  |
| Fa            | at                 | 15.00g    |        |  |
| Satura        | ted Fat            | 5.25g     |        |  |
| Trans         | s Fat              | 0.00g     |        |  |
| Chole         | sterol             | 75.00mg   |        |  |
| Sod           | ium                | 615.00mg  |        |  |
| Carboh        | ydrates            | 28.00g    |        |  |
| Fik           | er                 | 3.00g     |        |  |
| Total         | Sugar              | 7.00g     |        |  |
| Added         | Sugar              | 3.00g     |        |  |
| Pro           | tein               | 25.50g    |        |  |
| Vitamin A     | 0.00mcg            | Vitamin C | 0.00mg |  |
| Calcium       | 30.00mg            | Iron      | 1.54mg |  |
|               |                    |           |        |  |

## Nutrition - Per 100g

## **Chicken Smash Bowl**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29537          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                  | Measurement | Prep Instructions  | DistPart<br># |
|------------------------------|-------------|--|---------------|
| CHIX PCORN LRG<br>WGRAIN CKD | 5 Each      | BAKE<br>FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F;<br>CONVECTION OVEN FOR 6-8 MINUTES AT 350F.  | 536620        |
| POTATO MASHED<br>SEAS        | 3 Ounce     | BOIL STOVE TOP: COOK FROM FROZEN. PLACE BAG OF PRODUCT INTO BOILING WATER. HEAT 25 TO 30 MINUTES. PLACE POTATOES IN SERVING CONTAINER. FLUFF WITH FORK & SERVE. *TO ENSURE UNIFORM COOK, TURN BAGS OVER, HALFWAY THROUGH COOKING WHEN USING BOIL-IN- BAG METHOD. | 249106        |
| GRAVY MIX CHIX               | 1 Ounce     | BAKE Fully cooked products; use frozen or thawed. Simply open a bag, measure or weigh only the amount you need, and add to your recipes without waste. If using a microwave, do not overheat.  | 242390        |
| CORN                         | 1/2 Cup     |  | 120483        |

## **Preparation Instructions**

No Preparation Instructions available.

| Meat                     | 2.000 |
|--------------------------|-------|
| Grain                    | 1.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 1.300 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving  |           |        |  |
|---------------------|-----------|--------|--|
| Calories            | 384.00    |        |  |
| Fat                 | 13.60g    |        |  |
| Saturated Fat       | 2.10g     |        |  |
| Trans Fat           | 0.00g     |        |  |
| Cholesterol         | 38.00mg   |        |  |
| Sodium              | 2113.00mg |        |  |
| Carbohydrates       | 55.50g    |        |  |
| Fiber               | 4.70g     |        |  |
| Total Sugar         | 4.20g     |        |  |
| Added Sugar         | 0.00g     |        |  |
| Protein             | 13.30g    |        |  |
| Vitamin A 100.00mcg | Vitamin C | 0.00mg |  |
| Calcium 36.00mg     | Iron      | 0.96mg |  |

#### **Nutrition - Per 100g**

### **Pork Carnita Bowls**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29539          |
| School:       | Taylor School District |                       |                  |

#### **Ingredients**

| Description                      | Measurement | Prep Instructions                            | DistPart # |
|----------------------------------|-------------|--|------------|
| PORK PULLED BBQ DRY PKG          | 2 Ounce     | BAKE<br>Fully cooked. Simply heat and serve. | 632160     |
| RICE MEXICAN FIESTA 6-25.9Z UBEN | 1 Cup       |  | 473006     |
| VEGETABLE MIX FAJITA CUT         | 2 Ounce     |  | 605565     |

0.000

#### **Preparation Instructions**

No Preparation Instructions available.

| Meal   | Com    | pone  | ents | (SLE | ) |
|--------|--------|-------|------|------|---|
| Amount | Per Se | rving |      |      |   |

 Meat
 1.500

 Grain
 1.500

 Fruit
 0.000

 GreenVeg
 0.250

 RedVeg
 0.250

 OtherVeg
 0.250

 Beans, Peas, and Lentils
 0.000

Starch

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Serving Size: 1.00  |                    |  |  |  |
|---------------------|--------------------|--|--|--|
| Amount Po           | Amount Per Serving |  |  |  |
| Calories            | 383.70             |  |  |  |
| Fat                 | 9.80g              |  |  |  |
| Saturated Fat       | 3.50g              |  |  |  |
| Trans Fat           | 0.00g              |  |  |  |
| Cholesterol         | 50.00mg            |  |  |  |
| Sodium              | 1168.10mg          |  |  |  |
| Carbohydrates       | 57.00g             |  |  |  |
| Fiber               | 5.00g              |  |  |  |
| Total Sugar         | 10.00g             |  |  |  |
| Added Sugar         | 2.00g              |  |  |  |
| Protein             | 19.70g             |  |  |  |
| Vitamin A 679.95mcg | Vitamin C 18.12mg  |  |  |  |
| Calcium 75.80mg     | Iron 4.77mg        |  |  |  |
|                     |                    |  |  |  |

#### **Nutrition - Per 100g**

## **Tuna & Cheese Sandwich**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29540 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                   | Measurement  | Prep Instructions  | DistPart<br># |
|-------------------------------|--------------|--|---------------|
| TUNA SOLID LT IN<br>WTR       | 1 Cup        |  | 103322        |
| DRESSING SALAD<br>LT          | 1 Tablespoon | READY_TO_EAT This ready-to-use lite dressing simplifies back-of-house prep, making it easy to customize with simple herbs and spices, like onion powder or chives or smoky Chipotle seasoning. Create new flavorful salads or a custom base to your own signature sauce. | 429422        |
| CHEESE AMER<br>160CT SLCD     | 1 Slice      | READY_TO_EAT Pre-sliced Use Cold or Melted   | 150260        |
| BREAD WHL WHE<br>PULLMAN SLCD | 2 Each       | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.  | 710650        |

## **Preparation Instructions**

No Preparation Instructions available.

| z unio unit i or o o i vinig |       |
|------------------------------|-------|
| Meat                         | 0.500 |
| Grain                        | 1.500 |
| Fruit                        | 0.000 |
| GreenVeg                     | 0.000 |
| RedVeg                       | 0.000 |
| OtherVeg                     | 0.000 |
| Beans, Peas, and Lentils     | 0.000 |
| Starch                       | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |           |        |  |
|--------------------|-----------|--------|--|
| Calories           | 521.20    |        |  |
| Fat                | 17.00g    |        |  |
| Saturated Fat      | 4.90g     |        |  |
| Trans Fat          | 0.00g     |        |  |
| Cholesterol        | 134.50mg  |        |  |
| Sodium             | 1307.80mg |        |  |
| Carbohydrates      | 28.00g    |        |  |
| Fiber              | 4.00g     |        |  |
| Total Sugar        | 4.50g     |        |  |
| Added Sugar        | 2.00g     |        |  |
| Protein            | 65.00g    |        |  |
| Vitamin A 0.00mcg  | Vitamin C | 0.00mg |  |
| Calcium 181.66mg   | Iron      | 2.00mg |  |

#### **Nutrition - Per 100g**

# **Chicken Salad Wrap**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29541 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                  | Measurement | Prep Instructions | DistPart # |
|------------------------------|-------------|-------------------|------------|
| SALAD CHIX DELI              | 3 Ounce     |                   | 139030     |
| LETTUCE LEAF GRN WASHED TRMD | 1 Cup       |                   | 702595     |
| TORTILLA WHL WHE 12IN        | 1 Each      |                   | 838641     |

### **Preparation Instructions**

Wrap

3 ounces of Tuna

Handful of Romaine Lettuce

\*\*

In a 3 compartment container:

Wrap, Whole Fruit

#### **Meal Components (SLE)**

Amount Per Serving

| Meat                     | 2.000 |
|--------------------------|-------|
| Grain                    | 1.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Serving Size. 1.00 |                       |  |  |
|--------------------|-----------------------|--|--|
| Amount Per Serving |                       |  |  |
| Calories           | 1679.04               |  |  |
| Fat                | 90.92g                |  |  |
| Saturated Fa       | <b>t</b> 17.64g       |  |  |
| Trans Fat          | 0.00g                 |  |  |
| Cholesterol        | 272.73mg              |  |  |
| Sodium             | 4924.65mg             |  |  |
| Carbohydrate       | s 140.91g             |  |  |
| Fiber              | 6.50g                 |  |  |
| Total Sugar        | 76.73g                |  |  |
| Added Sugar        | r 72.73g              |  |  |
| Protein            | 71.14g                |  |  |
| Vitamin A 2665.80  | Omcg Vitamin C 3.31mg |  |  |
| Calcium 230.87r    | ng <b>Iron</b> 4.13mg |  |  |
|                    |                       |  |  |

## Nutrition - Per 100g

# **Chicken Tender Wrap**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29543          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| <u> </u>                  |              |  |            |
|---------------------------|--------------|--|------------|
| Description               | Measurement  | Prep Instructions  | DistPart # |
| CHIX TNDR WGRAIN FC       | 3 Piece      | BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen. | 283951     |
| LETTUCE LEAF GRN WASHED T | TRMD 1/2 Cup |  | 702595     |
| TOMATO 6X6 LRG            | 1/2 Cup      |  | 199001     |
| Sliced American Cheese    | 1 Ounce      |  | 100018     |
| TORTILLA WHL WHE 12IN     | 1 Each       |  | 838641     |

### **Preparation Instructions**

Wrap

- 3 Chicken Tenders (Sliced)
- 1 Slice of American Cheese
- 1 Tomato Slice (cut in half)

Handful of Romaine Lettuce

\*\*

In a 3 compartment container:

Wrap, Mayo Packet, Mustard Packet, Whole Fruit, Whole Grain Dinner Roll (1WG)

| z missini i si |       |
|---|-------|
| Meat  | 7.000 |
| Grain   | 6.500 |
| Fruit   | 0.000 |
| GreenVeg  | 0.000 |
| RedVeg  | 0.500 |
| OtherVeg  | 0.000 |
| Beans, Peas, and Lentils                        | 0.000 |
| Starch  | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving   |                   |  |  |
|----------------------|-------------------|--|--|
| Calories             | 698.90            |  |  |
| Fat                  | 33.25g            |  |  |
| Saturated Fat        | 11.55g            |  |  |
| Trans Fat            | 0.00g             |  |  |
| Cholesterol          | 50.00mg           |  |  |
| Sodium               | 859.55mg          |  |  |
| Carbohydrates        | 71.00g            |  |  |
| Fiber                | 10.35g            |  |  |
| Total Sugar          | 8.50g             |  |  |
| Added Sugar          | 1.00g             |  |  |
| Protein              | 28.05g            |  |  |
| Vitamin A 2082.60mcg | Vitamin C 13.99mg |  |  |
| Calcium 178.48mg     | Iron 4.40mg       |  |  |

#### **Nutrition - Per 100g**

## **Grilled Chicken with Cheese Sandwich**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00 Each              | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29572          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                           | Measurement | Prep Instructions   | DistPart<br># |
|---------------------------------------|-------------|---|---------------|
| CHIX BRST FLLT GRLLD 3Z               | 1 Each      | Cook Chicken according to recipe  | 185033        |
| CHEESE AMER WHT 160CT SLCD            | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted  | 861940        |
| BUN HOT DOG WHEAT WHL 12-12CT<br>GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved. | 517830        |

### **Preparation Instructions**

Cook Chicken, place on bottom hamburger bun, place cheese on top of chicken then place the top hamburger bun on chicken

| Meal Components (SLE)  Amount Per Serving |       |  |  |
|---|-------|--|--|
| Meat                                      | 2.750 |  |  |
| Grain                                     | 1.500 |  |  |
| Fruit                                     | 0.000 |  |  |
| GreenVeg                                  | 0.000 |  |  |
| RedVeg                                    | 0.000 |  |  |
| OtherVeg                                  | 0.000 |  |  |
| Beans, Peas, and Lentils                  | 0.000 |  |  |
| Starch                                    | 0.000 |  |  |

| Nutrition Facts                                      |                   |    |  |  |
|--|-------------------|----|--|--|
| Servings Per Recipe: 1.00<br>Serving Size: 1.00 Each |                   |    |  |  |
| Amount Po  | er Serving        |    |  |  |
| Calories   | 270.00            |    |  |  |
| Fat  | 8.00g             |    |  |  |
| Saturated Fat  | 3.00g             |    |  |  |
| Trans Fat  | 0.00g             |    |  |  |
| Cholesterol  | 72.50mg           |    |  |  |
| Sodium   | 745.00mg          |    |  |  |
| Carbohydrates  | 21.00g            |    |  |  |
| Fiber  | 3.00g             |    |  |  |
| Total Sugar  | 3.50g             |    |  |  |
| Added Sugar  | 0.00g             |    |  |  |
| Protein  | 29.50g            |    |  |  |
| Vitamin A 0.00mcg                                    | Vitamin C 0.00r   | ng |  |  |
| Calcium 111.50mg                                     | <b>Iron</b> 2.00r | ng |  |  |
|  |                   |    |  |  |

## Nutrition - Per 100g

## **Chicken Pasta Alfredo**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29574          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                 | Measurement | Prep Instructions   | DistPart<br># |
|-----------------------------|-------------|---|---------------|
| CHIX BRST FLLT<br>GRLLD 3Z  | 1 Each      | CONVECTION PREPARATION: Appliances vary, adjust accordingly. Convection Oven From frozen, place the breast filets on a lined (non-stick) sheet pan with a small amount of water. Completely cover with foil. Place in a pre-heated, 350°F convection oven for approximately 17-21 minutes. MICROWAVE PREPARATION: Appliances vary, adjust accordingly. Microwave Oven From frozen, place 1 or 2 filets on a microwave safe plate and cover completely with cling wrap plastic wrap. Heat in microwave on highest setting for approximately 2-3 minutes. | 185033        |
| ENTREE MACAR & 3CHS 6-5 JTM | 5 Ounce     | BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.   | 149193        |

## **Preparation Instructions**

Dice Chicken, add to 3 cheese pasta mix Keep warm for service

| Meat                     | 3.920 |
|--------------------------|-------|
| Grain                    | 0.830 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving  |                    |  |  |
|---------------------|--------------------|--|--|
| Calories            | 381.67             |  |  |
| Fat                 | 15.83g             |  |  |
| Saturated Fat       | 7.75g              |  |  |
| Trans Fat           | 0.00g              |  |  |
| Cholesterol         | 101.67mg           |  |  |
| Sodium              | 1057.50mg          |  |  |
| Carbohydrates       | 24.33g             |  |  |
| Fiber               | 1.67g              |  |  |
| Total Sugar         | 2.50g              |  |  |
| Added Sugar         | 0.00g              |  |  |
| Protein             | 37.17g             |  |  |
| Vitamin A 513.33mcg | Vitamin C 0.00mg   |  |  |
| Calcium 333.00mg    | <b>Iron</b> 1.83mg |  |  |

#### **Nutrition - Per 100g**

# **Dynamite Burger**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29575          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                                  | Measurement  | Prep Instructions   | DistPart<br># |
|--|--------------|---|---------------|
| BUN HAMB SLCD<br>WHEAT WHL 4IN<br>10-12 GCHC | 1 Each       | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.   | 517810        |
| CHEESE AMER<br>WHT 160CT SLCD                | 1 Slice      | READY_TO_EAT Pre-sliced Use Cold or Melted  | 861940        |
| BEEF PTY CHARB<br>200-2.5Z ADV               | 1 Each       | BAKE Conventional oven: from frozen state sleeve pack preparationput a few small holes in top of bag. Place entire bag intact on sheet pan in preheated oven 375-400 degrees f for 60minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165degrees f. Convection oven: from frozen state sleeve pack preparation put a few small holes in top of bag. Place entirebag intact on sheet pan in preheated oven 375-400 degrees ffor 30-40minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165 degrees f. | 203270        |
| DRESSING RNCH<br>CHIPOTLE                    | 2 Tablespoon | READY_TO_EAT This ready-to-use dressing simplifies back-of-house prep. Easily customize this dressing by adding extra chipotle seasoning to control the dressing's spiciness. Create zesty, leafy salads or a custom dipping sauce to your signature deep-fried chicken tenders.  | 166741        |

### **Preparation Instructions**

Build:

WG Bottom Bun

Meat

Cheese (if needed)

Sauce (if needed)

Toppings (if needed)

Top Bun

Wrapped

Served with Fries of the Day

| Meat                     | 2.500 |
|--------------------------|-------|
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |           |         |  |  |
|--------------------|-----------|---------|--|--|
| Calories           | 450.00    |         |  |  |
| Fat                | 27.00g    |         |  |  |
| Saturated Fat      | 7.00g     |         |  |  |
| Trans Fat          | 0.00g     |         |  |  |
| Cholesterol        | 52.50mg   | 52.50mg |  |  |
| Sodium             | 870.00mg  |         |  |  |
| Carbohydrates      | 28.00g    |         |  |  |
| Fiber              | 4.00g     |         |  |  |
| Total Sugar        | 5.50g     |         |  |  |
| Added Sugar        | 0.00g     |         |  |  |
| Protein            | 22.50g    |         |  |  |
| Vitamin A 0.00mcg  | Vitamin C | 0.00mg  |  |  |
| Calcium 128.50mg   | Iron      | 2.80mg  |  |  |

#### **Nutrition - Per 100g**

## **Turkey Burger**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29576          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                               | Measurement | Prep Instructions   | DistPart<br># |
|---|-------------|---|---------------|
| BUN HAMB SLCD WHEAT WHL 4IN 10-12<br>GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved. | 517810        |
| TURKEY BRGR CKD 2.75Z 3-10 JENNO          | 1           | BAKE  | 511265        |

## **Preparation Instructions**

Build:

WG Bottom Bun

Meat

Cheese (if needed)

Sauce (if needed)

Toppings (if needed)

Top Bun

Wrapped

Served with Fries of the Day

| Meat                     | 0.000 |
|--------------------------|-------|
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |         |           |        |  |
|--------------------|---------|-----------|--------|--|
| Calo               | ries    | 140.00    |        |  |
| Fa                 | at      | 1.50g     |        |  |
| Saturat            | ted Fat | 0.00g     |        |  |
| Trans              | s Fat   | 0.00g     |        |  |
| Chole              | sterol  | 0.00mg    |        |  |
| Sod                | ium     | 180.00mg  |        |  |
| Carboh             | ydrates | 25.00g    |        |  |
| Fib                | er      | 3.00g     |        |  |
| Total              | Sugar   | 4.00g     |        |  |
| Added              | Sugar   | 0.00g     |        |  |
| Pro                | tein    | 6.00g     |        |  |
| Vitamin A          | 0.00mcg | Vitamin C | 0.00mg |  |
| Calcium            | 30.00mg | Iron      | 1.00mg |  |

#### **Nutrition - Per 100g**

# **Philly Cheesesteak**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29578          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                                 | Measurement | Prep Instructions   | DistPart<br># |
|---|-------------|---|---------------|
| BUN SUB SLCD<br>WGRAIN 5IN                  | 1 Each      | READY_TO_EAT  | 276142        |
| CHEESE AMER<br>WHT 160CT SLCD               | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted  | 861940        |
| BEEF STK PHLL<br>SEAS CKD 2.86Z 6-<br>5 JTM | 1 Each      | BAKE PRODUCT SHOULD BE KEPT FROZEN AND HEATED FROM A FROZEN STATE Preheat oven to 350*F- Line full size sheet pan with parchment paper Open 5lb. bag of JTM Seasoned Beef and distribute evenly on the parchment lined sheet pan Bake at 350*F for 8-10 minutes until product reaches 140*F for 15 seconds and hold hot Continue with recipe preparation as directed. | <b>720861</b> |
| VEGETABLE MIX<br>FAJITA CUT                 | 2 Ounce     |   | 605565        |

## **Preparation Instructions**

Build:

WG SUB Bun

- 1 Slice White American Cheese
- 3 Ounces of Philly Beef
- 2 Ounces of Fajita Veggies

Wrapped

Served with Fries of the Day

| 7 amount of corving      |       |
|--------------------------|-------|
| Meat                     | 2.500 |
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.500 |
| RedVeg                   | 0.500 |
| OtherVeg                 | 0.200 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |                  |  |  |
|--------------------|------------------|--|--|
| Calories           | 403.10           |  |  |
| Fat                | 15.40g           |  |  |
| Saturated Fat      | 6.40g            |  |  |
| Trans Fat          | 0.52g            |  |  |
| Cholesterol        | 52.50mg          |  |  |
| Sodium             | 858.50mg         |  |  |
| Carbohydrates      | 45.00g           |  |  |
| Fiber              | 6.00g            |  |  |
| Total Sugar        | 12.50g           |  |  |
| Added Sugar        | 4.00g            |  |  |
| Protein            | 22.40g           |  |  |
| Vitamin A 0.00mcg  | Vitamin C 0.00mg |  |  |
| Calcium 184.50mg   | Iron 4.16mg      |  |  |

### **Nutrition - Per 100g**

# **Tuna & Cheese Wrap**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29579 |
| School:       | Taylor School District |                       |         |

# **Ingredients**

| Description               | Measurement  | Prep Instructions  | DistPart<br># |
|---------------------------|--------------|--|---------------|
| TUNA SOLID LT IN<br>WTR   | 1 Cup        |  | 103322        |
| DRESSING<br>SALAD LT      | 1 Tablespoon | READY_TO_EAT This ready-to-use lite dressing simplifies back-of-house prep, making it easy to customize with simple herbs and spices, like onion powder or chives or smoky Chipotle seasoning. Create new flavorful salads or a custom base to your own signature sauce. | 429422        |
| CHEESE AMER<br>160CT SLCD | 1 Slice      | READY_TO_EAT Pre-sliced Use Cold or Melted   | 150260        |
| TORTILLA WHL<br>WHE 12IN  | 1 Each       |  | 838641        |

# **Preparation Instructions**

No Preparation Instructions available.

| Meat                     | 0.500 |
|--------------------------|-------|
| Grain                    | 1.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |          |           |        |
|--------------------|----------|-----------|--------|
| Cald               | ories    | 691.20    |        |
| F                  | at       | 24.00g    |        |
| Satura             | ted Fat  | 8.90g     |        |
| Tran               | s Fat    | 0.00g     |        |
| Cholesterol        |          | 134.50mg  |        |
| Sodium             |          | 1567.80mg |        |
| Carbohydrates      |          | 53.00g    |        |
| Fiber              |          | 6.00g     |        |
| Total Sugar        |          | 6.50g     |        |
| Added              | l Sugar  | 0.00g     |        |
| Protein            |          | 66.00g    |        |
| Vitamin A          | 0.00mcg  | Vitamin C | 0.00mg |
| Calcium            | 228.66mg | Iron      | 2.00mg |

### **Nutrition - Per 100g**

# **Grilled Chicken Wrap**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00 Each              | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29580          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                    | Measurement | Prep Instructions                          | DistPart # |
|--------------------------------|-------------|--|------------|
| CHIX BRST FLLT GRLLD 3Z        | 1 Each      | Cook Chicken according to recipe           | 185033     |
| CHEESE AMER WHT 160CT SLCD     | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted | 861940     |
| 6-2 LETTUCE ROMAINE COMM 15D44 | 1 Cup       |  | 381403     |
| TOMATO ROMA LRG                | 1 Cup       |  | 462551     |
| TORTILLA WHL WHE 12IN          | 1 Each      |  | 838641     |

## **Preparation Instructions**

Sliced Chicken, Cheese, Tomato, Lettuce on a wrap

| <b>Meal Components</b> | (SLE) |
|------------------------|-------|
| Amount Dar Carring     |       |

| Amount of Serving        |       |  |
|--------------------------|-------|--|
| Meat                     | 2.750 |  |
| Grain                    | 3.500 |  |
| Fruit                    | 0.000 |  |
| GreenVeg                 | 0.000 |  |
| RedVeg                   | 1.000 |  |
| OtherVeg                 | 0.000 |  |
| Beans, Peas, and Lentils | 0.000 |  |
| Starch                   | 0.000 |  |
|                          |       |  |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

| Amount Per Serving   |                   |  |  |
|----------------------|-------------------|--|--|
| Calories             | 520.40            |  |  |
| Fat                  | 16.50g            |  |  |
| Saturated Fat        | 7.10g             |  |  |
| Trans Fat            | 0.00g             |  |  |
| Cholesterol          | 72.50mg           |  |  |
| Sodium               | 1082.80mg         |  |  |
| Carbohydrates        | 60.00g            |  |  |
| Fiber                | 9.20g             |  |  |
| Total Sugar          | 10.50g            |  |  |
| Added Sugar          | 0.00g             |  |  |
| Protein              | 34.70g            |  |  |
| Vitamin A 5593.10mcg | Vitamin C 26.54mg |  |  |
| Calcium 252.01mg     | Iron 3.95mg       |  |  |
|                      |                   |  |  |

## Nutrition - Per 100g

## **Chicken on a Biscuit**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Breakfast              | Recipe ID:            | R-29581          |
| School:       | Taylor School District |                       |                  |

# **Ingredients**

| Description             | Measurement | Prep Instructions  | DistPart<br># |
|-------------------------|-------------|--|---------------|
| CHIX PTY<br>HMSTYL 1.6Z | 1 Each      | BAKE Appliances vary, adjust accordingly.Conventional Oven10-12 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly.Convection Oven6-8 minutes at 375°F from frozen.  | 645080        |
| DOUGH BISCUIT<br>WGRAIN | 1 Each      | BAKE  1. KEEP PRODUCT FROZEN AT 0 F TO -10 F UNTIL READY TO USE. 2. PAN FROZEN DOUGH ON PAPER LINED SHEET PAN. FULL SHEET PAN: INDIVIDUAL - 8 X 5; CLUSTERED - HONEYCOMB OF 51. HALF SHEET PAN: INDIVIDUAL - 5 X 4; CLUSTERED - HONEYCOMB OF 21. * LEAVE ABOUT 1 4" SPACE BETWEEN THE BISCUITS WHEN CLUSTERED 3. BAKE UNTIL GOLDEN BROWN. CONVENTIONAL OVEN: 375 F - 12 TO 16 MINUTES. CONVECTION OVEN: 325 F - 8 TO 12 MINUTES FOR INDIVIDUAL PANNED AND 12 TO 16 MINUTES FOR CLUSTERED. BAKE TIMES WILL VARY DUE TO OVENS. ADJUST TIMES ACCORDINGLY. | 237390        |

### **Preparation Instructions**

No Preparation Instructions available.

| 7 and Gerting            |       |
|--------------------------|-------|
| Meat                     | 1.000 |
| Grain                    | 1.750 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |          |           |        |
|--------------------|----------|-----------|--------|
| Calo               | Calories |           |        |
| Fa                 | at       | 11.90g    |        |
| Saturat            | ted Fat  | 5.50g     |        |
| Trans              | s Fat    | 0.07g     |        |
| Chole              | sterol   | 14.50mg   |        |
| Sod                | ium      | 596.20mg  |        |
| Carboh             | ydrates  | 29.00g    |        |
| Fib                | er       | 4.10g     |        |
| Total              | Sugar    | 2.00g     |        |
| Added              | Sugar    | 1.00g     |        |
| Protein            |          | 10.90g    |        |
| Vitamin A          | 0.00mcg  | Vitamin C | 0.00mg |
| Calcium            | 48.58mg  | Iron      | 2.18mg |

### **Nutrition - Per 100g**

# **Egg & Cheese on English Muffin**

| Servings:     | 1.00                   | Category:      | Entree           |
|---------------|------------------------|----------------|------------------|
| Serving Size: | 1.00                   | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast              | Recipe ID:     | R-29582          |
| School:       | Taylor School District |                |                  |

# **Ingredients**

| Description                  | Measurement | Prep Instructions  | DistPart<br># |
|------------------------------|-------------|--|---------------|
| MUFFIN ENG<br>WGRAIN SLCD 2Z | 1 Each      | READY_TO_EAT Handling Instructions: Product will arrive frozen. Store in the freezer. Thaw the amount you want to use at room temperature for 3-4 hours or under refrigeration overnight. Make sure to close bakery bag on any unused product, as not to dry it out. Return unused product to the freezer. Do not refrigerate. | 687131        |
| EGG PTY RND 3.5IN            | 1 Each      |  | 741320        |
| CHEESE AMER<br>160CT SLCD    | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted   | 150260        |

## **Preparation Instructions**

No Preparation Instructions available.

| z missin i si s |       |
|--|-------|
| Meat   | 1.500 |
| Grain  | 2.000 |
| Fruit  | 0.000 |
| GreenVeg   | 0.000 |
| RedVeg   | 0.000 |
| OtherVeg   | 0.000 |
| Beans, Peas, and Lentils                         | 0.000 |
| Starch   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |                   |    |  |
|--------------------|-------------------|----|--|
| Calories           | 235.00            |    |  |
| Fat                | 10.00g            |    |  |
| Saturated Fat      | 3.50g             |    |  |
| Trans Fat          | 0.00g             |    |  |
| Cholesterol        | 107.50mg          |    |  |
| Sodium             | 605.00mg          |    |  |
| Carbohydrates      | 23.00g            |    |  |
| Fiber              | 1.00g             |    |  |
| Total Sugar        | 1.50g             |    |  |
| Added Sugar        | 0.00g             |    |  |
| Protein            | 12.00g            |    |  |
| Vitamin A 0.00mcg  | Vitamin C 0.00m   | ıg |  |
| Calcium 189.50mg   | <b>Iron</b> 1.60m | ıg |  |

### **Nutrition - Per 100g**

# Egg, Sausage & Cheese on English Muffin

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Breakfast              | Recipe ID:            | R-29583          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                   | Measurement | Prep Instructions  | DistPart<br># |
|-------------------------------|-------------|--|---------------|
| MUFFIN ENG<br>WGRAIN SLCD 2Z  | 1 Each      | READY_TO_EAT Handling Instructions: Product will arrive frozen. Store in the freezer. Thaw the amount you want to use at room temperature for 3-4 hours or under refrigeration overnight. Make sure to close bakery bag on any unused product, as not to dry it out. Return unused product to the freezer. Do not refrigerate. | 687131        |
| EGG PTY RND 3.5IN             | 1 Each      |  | 741320        |
| SAUSAGE PTY CKD<br>IQF 2Z     | 1 Each      | BAKE KEEP FROZEN Place patties on a sheet pan and heat in convection oven at 350 degrees to 375 degrees F for approximately 7-8 minutes.   | 112630        |
| CHEESE AMER<br>160CT SLCD R/F | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted   | 722360        |

### **Preparation Instructions**

No Preparation Instructions available.

| z and a second s |       |
|--|-------|
| Meat   | 2.500 |
| Grain  | 2.000 |
| Fruit  | 0.000 |
| GreenVeg   | 0.000 |
| RedVeg   | 0.000 |
| OtherVeg   | 0.000 |
| Beans, Peas, and Lentils   | 0.000 |
| Starch   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |           |        |  |
|--------------------|-----------|--------|--|
| Calories           | 455.00    |        |  |
| Fat                | 29.50g    |        |  |
| Saturated Fat      | 10.25g    |        |  |
| Trans Fat          | 0.00g     |        |  |
| Cholesterol        | 152.50mg  |        |  |
| Sodium             | 1070.00mg |        |  |
| Carbohydrates      | 23.00g    |        |  |
| Fiber              | 1.00g     |        |  |
| Total Sugar        | 1.50g     |        |  |
| Added Sugar        | 0.00g     |        |  |
| Protein            | 21.50g    |        |  |
| Vitamin A 0.00mcg  | Vitamin C | 0.00mg |  |
| Calcium 224.00mg   | Iron      | 2.00mg |  |

### **Nutrition - Per 100g**

# Hamburger, Classic

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29584          |
| School:       | Taylor School District |                       |                  |

# **Ingredients**

| Description                                  | Measurement | Prep Instructions   | DistPart<br># |
|--|-------------|---|---------------|
| BUN HAMB SLCD<br>WHEAT WHL 4IN<br>10-12 GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.   | 517810        |
| BEEF PTY CHARB<br>200-2.5Z ADV               | 1 Each      | BAKE Conventional oven: from frozen state sleeve pack preparationput a few small holes in top of bag. Place entire bag intact on sheet pan in preheated oven 375-400 degrees f for 60minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165degrees f. Convection oven: from frozen state sleeve pack preparation put a few small holes in top of bag. Place entirebag intact on sheet pan in preheated oven 375-400 degrees ffor 30-40minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165 degrees f. | 203270        |

# **Preparation Instructions**

No Preparation Instructions available.

| <u> </u>                 |       |
|--------------------------|-------|
| Meat                     | 2.000 |
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Calories         250.00           Fat         6.50g           Saturated Fat         2.00g           Trans Fat         0.00g           Cholesterol         35.00mg           Sodium         450.00mg           Carbohydrates         26.00g           Fiber         4.00g           Total Sugar         4.00g |       |
|--|-------|
| Saturated Fat         2.00g           Trans Fat         0.00g           Cholesterol         35.00mg           Sodium         450.00mg           Carbohydrates         26.00g           Fiber         4.00g   |       |
| Trans Fat         0.00g           Cholesterol         35.00mg           Sodium         450.00mg           Carbohydrates         26.00g           Fiber         4.00g   |       |
| Cholesterol         35.00mg           Sodium         450.00mg           Carbohydrates         26.00g           Fiber         4.00g   |       |
| Sodium         450.00mg           Carbohydrates         26.00g           Fiber         4.00g   |       |
| Carbohydrates 26.00g Fiber 4.00g   |       |
| Fiber 4.00g  |       |
|  |       |
| Total Sugar 4 00g  |       |
|  |       |
| Added Sugar 0.00g  |       |
| Protein 20.00g   |       |
| Vitamin A 0.00mcg Vitamin C 0  | .00mg |
| Calcium 50.00mg Iron 2   |       |

### **Nutrition - Per 100g**

# Cheeseburger

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29585          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                                  | Measurement | Prep Instructions   | DistPart<br># |
|--|-------------|---|---------------|
| BUN HAMB SLCD<br>WHEAT WHL 4IN<br>10-12 GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.   | 517810        |
| CHEESE AMER<br>WHT 160CT SLCD                | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted  | 861940        |
| BEEF PTY CHARB<br>200-2.5Z ADV               | 1 Each      | BAKE Conventional oven: from frozen state sleeve pack preparationput a few small holes in top of bag. Place entire bag intact on sheet pan in preheated oven 375-400 degrees f for 60minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165degrees f. Convection oven: from frozen state sleeve pack preparation put a few small holes in top of bag. Place entirebag intact on sheet pan in preheated oven 375-400 degrees ffor 30-40minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165 degrees f. | 203270        |

## **Preparation Instructions**

Build:

WG Bottom Bun

Meat

Cheese (if needed)

Sauce (if needed)

Toppings (if needed)

Top Bun

Wrapped

Served with Fries of the Day

| z and a second s |       |
|--|-------|
| Meat   | 2.500 |
| Grain  | 2.000 |
| Fruit  | 0.000 |
| GreenVeg   | 0.000 |
| RedVeg   | 0.000 |
| OtherVeg   | 0.000 |
| Beans, Peas, and Lentils   | 0.000 |
| Starch   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |               |     |  |
|--------------------|---------------|-----|--|
| Calories           | 300.00        |     |  |
| Fat                | 11.00g        |     |  |
| Saturated Fat      | 4.50g         |     |  |
| Trans Fat          | 0.00g         |     |  |
| Cholesterol        | 47.50mg       |     |  |
| Sodium             | 670.00mg      |     |  |
| Carbohydrates      | 27.00g        |     |  |
| Fiber              | 4.00g         |     |  |
| Total Sugar        | 4.50g         |     |  |
| Added Sugar        | 0.00g         |     |  |
| Protein            | 22.50g        |     |  |
| Vitamin A 0.00mcg  | Vitamin C 0.0 | 0mg |  |
| Calcium 128.50mg   | Iron 2.8      | 0mg |  |

### **Nutrition - Per 100g**

# **Turkey Hummus Wrap**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29586          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                                  | Measurement | Prep Instructions | DistPart # |
|--|-------------|-------------------|------------|
| 6-2 LETTUCE ROMAINE COMM 15D44               | 2 Cup       |                   | 381403     |
| TURKEY BRST SLCD OVN RSTD                    | 3 Ounce     |                   | 689541     |
| TOMATO ROMA LRG                              | 1 Slice     |                   | 462551     |
| HUMMUS ORIG                                  | 2 Ounce     |                   | 209902     |
| Cheese, American, White, Pasteurized, Sliced | 1 Slice     |                   | 51547      |
| TORTILLA WHL WHE 12IN                        | 1 Each      |                   | 838641     |

## **Preparation Instructions**

Wrap

- 1 Ounce of Hummus
- 3 Slices of Turkey
- 1 Slice of White American Cheese
- 1 Tomato Slice (cut in half)

Handful of Romaine Lettuce

\*\*

In a 3 compartment container:

Wrap, Whole Fruit, Whole Grain Dinner Roll

| Meat                     | 2.892 |
|--------------------------|-------|
| Grain                    | 3.500 |
| Fruit                    | 0.000 |
| GreenVeg                 | 1.000 |
| RedVeg                   | 0.125 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.130 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |
|---------------------------|----------------------|--|
| Calories                  | 592.81               |  |
| Fat                       | 22.78g               |  |
| Saturated Fat             | 9.53g                |  |
| Trans Fat                 | 0.00g                |  |
| Cholesterol               | 66.38mg              |  |
| Sodium                    | 1344.24mg            |  |
| Carbohydrates             | 62.87g               |  |
| Fiber                     | 10.28g               |  |
| Total Sugar               | 8.62g                |  |
| Added Sugar               | 1.00g                |  |
| Protein                   | 35.02g               |  |
| Vitamin A 8374.83mcg**    | Vitamin C 6.84mg**   |  |
| <b>Calcium</b> 172.27mg** | <b>Iron</b> 3.98mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

# Nutrition - Per 100g

# **Turkey BLT Wrap**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29587          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                    | Measurement | Prep Instructions | DistPart # |
|--------------------------------|-------------|-------------------|------------|
| 6-2 LETTUCE ROMAINE COMM 15D44 | 2 Cup       |                   | 381403     |
| TURKEY BRST SLCD OVN RSTD      | 3 Slice     |                   | 689541     |
| TOMATO ROMA LRG                | 1/2 Cup     |                   | 462551     |
| BACON TKY CKD                  | 2 Slice     |                   | 834770     |
| Sliced American Cheese         | 1 Slice     |                   | 100018     |
| TORTILLA WHL WHE 12IN          | 1 Each      |                   | 838641     |

## **Preparation Instructions**

Sub Bun

- 3 Slices of Turkey
- 2 Slices of Bacon
- 1 Slice of American Cheese
- 1 Tomato Slice (cut in half)

Handful of Romaine Lettuce

\*\*

In a 3 compartment container:

Sub, Mayo Packet, Mustard Packet, Whole Fruit, Whole Grain Dinner Roll

| z missin i si s |       |
|--|-------|
| Meat   | 2.388 |
| Grain  | 3.500 |
| Fruit  | 0.000 |
| GreenVeg   | 0.000 |
| RedVeg   | 0.500 |
| OtherVeg   | 0.000 |
| Beans, Peas, and Lentils                         | 0.000 |
| Starch   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving   |                   |  |
|----------------------|-------------------|--|
| Calories             | 501.30            |  |
| Fat                  | 17.52g            |  |
| Saturated Fat        | 7.65g             |  |
| Trans Fat            | 0.00g             |  |
| Cholesterol          | 55.62mg           |  |
| Sodium               | 1038.01mg         |  |
| Carbohydrates        | 57.50g            |  |
| Fiber                | 9.10g             |  |
| Total Sugar          | 9.00g             |  |
| Added Sugar          | 0.36g             |  |
| Protein              | 28.85g            |  |
| Vitamin A 8937.10mcg | Vitamin C 16.09mg |  |
| Calcium 167.02mg     | Iron 3.29mg       |  |

### **Nutrition - Per 100g**

# **Greek Chicken Wrap**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00 Each              | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29588          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                    | Measurement | Prep Instructions                | DistPart # |
|--------------------------------|-------------|----------------------------------|------------|
| CHIX BRST FLLT GRLLD 3Z        | 1 Each      | Cook Chicken according to recipe | 185033     |
| 6-2 LETTUCE ROMAINE COMM 15D44 | 1 Cup       |                                  | 381403     |
| TOMATO ROMA LRG                | 1/2 Cup     |                                  | 462551     |
| CHEESE FETA CRMBL              | 1/4 Cup     | READY_TO_EAT<br>Ready to Eat     | 716685     |
| TORTILLA WHL WHE 12IN          | 1 Each      |                                  | 838641     |

### **Preparation Instructions**

Sliced Chicken, Cheese, Tomato, Lettuce on a wrap

### **Meal Components (SLE)**

Amount Per Serving

| 7 anount of Corving      |       |
|--------------------------|-------|
| Meat                     | 3.250 |
| Grain                    | 1.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.500 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

| out mig one of the order |                   |  |  |
|--------------------------|-------------------|--|--|
| Amount Per Serving       |                   |  |  |
| Calories                 | 534.20            |  |  |
| Fat                      | 18.80g            |  |  |
| Saturated Fat            | 8.55g             |  |  |
| Trans Fat                | 0.00g             |  |  |
| Cholesterol              | 90.00mg           |  |  |
| Sodium                   | 968.30mg          |  |  |
| Carbohydrates            | 56.50g            |  |  |
| Fiber                    | 8.10g             |  |  |
| Total Sugar              | 8.50g             |  |  |
| Added Sugar              | 0.00g             |  |  |
| Protein                  | 35.40g            |  |  |
| Vitamin A 5143.40mcg     | Vitamin C 14.21mg |  |  |
| Calcium 184.51mg         | Iron 3.71mg       |  |  |
|                          |                   |  |  |

## Nutrition - Per 100g

# **Italian Wrap**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00 Each              | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29590          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                             | Measurement | Prep Instructions   | DistPart<br># |
|---|-------------|---|---------------|
| 6-2 LETTUCE ROMAINE COMM<br>15D44       | 1 Cup       |   | 381403        |
| TOMATO ROMA LRG                         | 1/2 Cup     |   | 462551        |
| CHEESE AMER WHT 160CT<br>SLCD           | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted  | 861940        |
| DRESSING ITAL FF PKT 60-<br>1.5FLZ PMLL | 1 Each      | READY_TO_EAT Open, pour and enjoy!  | 824960        |
| TURKEY HAM SLCD                         | 1 Ounce     |   | 556121        |
| TORTILLA WHL WHE 12IN                   | 1 Each      |   | 838641        |
| PEPPERONI SLCD BOLD 14/Z                | 1 Ounce     | BAKE Fully cooked. Serve warm or cold. Simply open package and portion as needed. | 702691        |
| TURKEY BRST SLCD WHT 1/2Z               | 1 Slice     |   | 244190        |

## **Preparation Instructions**

Wrap

- 2 Slices of Turkey Ham
- 2 Slices of Turkey
- 3 Pepperoni
- 1 Slice of American Cheese
- 1 Tomato Slice (cut in half)

Handful of Romaine Lettuce

\*\*

In a 3 compartment container:

Wrap, Italian, Mustard Packet, Whole Fruit, Whole Grain Dinner Roll

| z missin i si s |       |
|--|-------|
| Meat   | 0.000 |
| Grain  | 0.000 |
| Fruit  | 0.000 |
| GreenVeg   | 0.000 |
| RedVeg   | 0.000 |
| OtherVeg   | 0.000 |
| Beans, Peas, and Lentils                         | 0.000 |
| Starch   | 0.000 |

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

| Amount Per Serving   |                   |  |  |
|----------------------|-------------------|--|--|
| Calories             | 595.21            |  |  |
| Fat                  | 29.18g            |  |  |
| Saturated Fat        | 12.21g            |  |  |
| Trans Fat            | 0.50g             |  |  |
| Cholesterol          | 74.61mg           |  |  |
| Sodium               | 1856.83mg         |  |  |
| Carbohydrates        | 59.50g            |  |  |
| Fiber                | 8.10g             |  |  |
| Total Sugar          | 11.00g            |  |  |
| Added Sugar          | 0.00g             |  |  |
| Protein              | 24.31g            |  |  |
| Vitamin A 4843.40mcg | Vitamin C 14.21mg |  |  |
| Calcium 247.01mg     | Iron 3.37mg       |  |  |
|                      |                   |  |  |

### **Nutrition - Per 100g**

# Ham & Cheese Wrap

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00 Each              | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29591          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                         | Measurement | Prep Instructions                          | DistPart # |
|-------------------------------------|-------------|--|------------|
| 6-2 LETTUCE ROMAINE COMM 15D44      | 2 Ounce     | 2 o  | 381403     |
| TOMATO ROMA LRG                     | 1 Ounce     | 1 slice - cut in half                      | 462551     |
| CHEESE AMER WHT 160CT SLCD          | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted | 861940     |
| DRESSING ITAL FF PKT 60-1.5FLZ PMLL | 1 Each      | READY_TO_EAT Open, pour and enjoy!         | 824960     |
| TURKEY HAM SLCD                     | 3 Ounce     | 3 Slices                                   | 556121     |
| TORTILLA WHL WHE 12IN               | 1 Each      |  | 838641     |

### **Preparation Instructions**

Wrap

- 3 Sliced Turkey Ham
- 1 Slice White American Cheese,
- 1 Tomato Slice (cut in half)

Handful of Romaine Lettuce

In 3 compartment container:

Sandwich, Dressing Packet, Whole Fruit

| z missini i si |       |
|---|-------|
| Meat  | 2.461 |
| Grain   | 3.500 |
| Fruit   | 0.000 |
| GreenVeg  | 1.000 |
| RedVeg  | 0.500 |
| OtherVeg  | 0.000 |
| Beans, Peas, and Lentils                        | 0.000 |
| Starch  | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

| our mig on a more and m |                  |  |  |
|-------------------------|------------------|--|--|
| Amount Per Serving      |                  |  |  |
| Calories                | 499.14           |  |  |
| Fat                     | 18.66g           |  |  |
| Saturated Fat           | 7.99g            |  |  |
| Trans Fat               | 0.00g            |  |  |
| Cholesterol             | 71.32mg          |  |  |
| Sodium                  | 1609.61mg        |  |  |
| Carbohydrates           | 59.10g           |  |  |
| Fiber                   | 8.35g            |  |  |
| Total Sugar             | 10.29g           |  |  |
| Added Sugar             | 0.00g            |  |  |
| Protein                 | 24.68g           |  |  |
| Vitamin A 8423.56mcg    | Vitamin C 7.64mg |  |  |
| Calcium 256.36mg        | Iron 3.70mg      |  |  |
|                         |                  |  |  |

### **Nutrition - Per 100g**

# **Turkey & Cheese Wrap**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29592          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                    | Measurement | Prep Instructions                                | DistPart # |
|--------------------------------|-------------|--|------------|
| 6-2 LETTUCE ROMAINE COMM 15D44 | 2 Ounce     |  | 381403     |
| TURKEY BRST SLCD OVN RSTD      | 3 Ounce     |  | 689541     |
| TOMATO ROMA LRG                | 1 Ounce     |  | 462551     |
| CHEESE AMER WHT 160CT SLCD     | 1 Slice     | READY_TO_EAT<br>Pre-sliced<br>Use Cold or Melted | 861940     |
| TORTILLA WHL WHE 12IN          | 1 Each      |  | 838641     |

## **Preparation Instructions**

Wrap

- 3 Slices of Turkey
- 1 Slice of American Cheese
- 1 Tomato Slice (cut in half)

Handful of Romaine Lettuce

\*\*

In a 3 compartment container:

Wrap, Mayo Packet, Mustard Packet, Whole Fruit, Whole Grain Dinner Roll

| Meat                     | 2.569 |
|--------------------------|-------|
| Grain                    | 3.500 |
| Fruit                    | 0.000 |
| GreenVeg                 | 1.000 |
| RedVeg                   | 0.158 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving   |           |        |  |
|----------------------|-----------|--------|--|
| Calories             | 463.86    |        |  |
| Fat                  | 14.80g    |        |  |
| Saturated Fat        | 7.03g     |        |  |
| Trans Fat            | 0.00g     |        |  |
| Cholesterol          | 53.88mg   |        |  |
| Sodium               | 1154.53mg |        |  |
| Carbohydrates        | 55.10g    |        |  |
| Fiber                | 8.35g     |        |  |
| Total Sugar          | 7.29g     |        |  |
| Added Sugar          | 0.00g     |        |  |
| Protein              | 29.57g    |        |  |
| Vitamin A 8423.56mcg | Vitamin C | 7.64mg |  |
| Calcium 239.36mg     | Iron      | 3.00mg |  |

### **Nutrition - Per 100g**

# **Veggie Wrap**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29593 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                       | Measurement | Prep Instructions   | DistPart<br># |
|-----------------------------------|-------------|---|---------------|
| 6-2 LETTUCE ROMAINE<br>COMM 15D44 | 1 Cup       |   | 381403        |
| TOMATO ROMA LRG                   | 1 Slice     |   | 462551        |
| CUCUMBER SUPER<br>SELECT          | 3 Slice     |   | 592323        |
| PEPPERS GRN STRP<br>3/16IN        | 1/2 Cup     |   | 442151        |
| TORTILLA WRP 12IN<br>WHT          | 1 Each      | GRILL After product has reached room temperature, fluff and individually separate each wrap. Grill Heat grill to 400°F. Heat wraps on each side for five seconds. MICROWAVE After product has reached room temperature, fluff and individually separate each wrap. Microwave Stack no more than six wraps and heat 30-45 seconds on high (microwaves vary for power settings and times). STEAM After product has reached room temperature, fluff and individually separate each wrap. Steam Cabinet Return wraps to bag and place in steam cabinet. Stack no more than three dozen high. Heat to 160°F. Do not keep in steam cabinet more than three hours. | 769045        |
| CHEESE AMER WHT<br>160CT SLCD     | 2 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted  | 861940        |
| HUMMUS ORIG                       | 1 Ounce     |   | 209902        |

## **Preparation Instructions**

#### Wrap

- 1 ounce of Hummus
- 2 Slice of American Cheese

- 1 Tomato Slice (cut in half)
- 3 Cucumber Slices (cut in half)
- 4 Green Pepper Strip (cut in strips)

Handful of Romaine Lettuce

\*:

In a 3 compartment container:

Wrap, Pickle, Whole Fruit, Whole Grain Dinner Roll

#### **Meal Components (SLE)**

Amount Per Serving

| Meat                     | 1.375 |
|--------------------------|-------|
| Grain                    | 1.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.125 |
| OtherVeg                 | 0.094 |
| Beans, Peas, and Lentils | 0.065 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving   |                   |  |  |
|----------------------|-------------------|--|--|
| Calories             | 475.70            |  |  |
| Fat                  | 20.05g            |  |  |
| Saturated Fat        | 8.06g             |  |  |
| Trans Fat            | 0.00g             |  |  |
| Cholesterol          | 25.00mg           |  |  |
| Sodium               | 1337.18mg         |  |  |
| Carbohydrates        | 63.63g            |  |  |
| Fiber                | 5.53g             |  |  |
| Total Sugar          | 6.50g             |  |  |
| Added Sugar          | 0.50g             |  |  |
| Protein              | 14.95g            |  |  |
| Vitamin A 4575.53mcg | Vitamin C 65.31mg |  |  |
| Calcium 272.96mg     | Iron 4.34mg       |  |  |
|                      |                   |  |  |

#### **Nutrition - Per 100g**

## **House Salad Entree**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29594 |
| School:       | Taylor School District |                       |         |

# **Ingredients**

| Description                         | Measurement | Prep Instructions                  | DistPart # |
|-------------------------------------|-------------|------------------------------------|------------|
| TOMATO ROMA LRG                     | 1 Cup       |                                    | 462551     |
| 6-2 LETTUCE ROMAINE COMM 15D44      | 2 Cup       |                                    | 381403     |
| CUCUMBER SUPER SELECT               | 1 Cup       |                                    | 592323     |
| PEPPERS GRN STRP 3/16IN             | 1/2 Cup     |                                    | 442151     |
| CHEESE CHED MLD SHRD 4-5 LOL        | 1/2 Cup     |                                    | 150250     |
| DRESSING RNCH LT PKT 60-1.5FLZ PMLL | 1 Each      | READY_TO_EAT Open, pour and enjoy! | 825010     |

## **Preparation Instructions**

No Preparation Instructions available.

| Meat                     | 2.000 |
|--------------------------|-------|
| Grain                    | 0.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 1.000 |
| OtherVeg                 | 0.500 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving    |                   |  |  |
|-----------------------|-------------------|--|--|
| Calories              | 403.30            |  |  |
| Fat                   | 26.75g            |  |  |
| Saturated Fat         | 13.65g            |  |  |
| Trans Fat             | 0.00g             |  |  |
| Cholesterol           | 70.00mg           |  |  |
| Sodium                | 818.85mg          |  |  |
| Carbohydrates         | 26.50g            |  |  |
| Fiber                 | 5.45g             |  |  |
| Total Sugar           | 12.00g            |  |  |
| Added Sugar           | 0.00g             |  |  |
| Protein               | 15.45g            |  |  |
| Vitamin A 10062.45mcg | Vitamin C 90.72mg |  |  |
| Calcium 487.47mg      | Iron 2.03mg       |  |  |

### **Nutrition - Per 100g**

# **House Salad w Chicken**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29595 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                            | Measurement | Prep Instructions   | DistPart<br># |
|--|-------------|---|---------------|
| 6-2 LETTUCE<br>ROMAINE COMM<br>15D44   | 2 Cup       | 2 Cups  | 381403        |
| CUCUMBER SUPER<br>SELECT               | 4 Slice     |   | 592323        |
| CHEESE CHED MLD<br>SHRD 4-5 LOL        | 2 Ounce     | READY_TO_EAT Preshredded. Use cold or melted  | 150250        |
| DRESSING RNCH LT<br>PKT 60-1.5FLZ PMLL | 1 Each      | READY_TO_EAT Open, pour and enjoy!  | 825010        |
| CHIX BRST FLLT<br>GRLLD 3Z             | 1 Each      | CONVECTION PREPARATION: Appliances vary, adjust accordingly. Convection Oven From frozen, place the breast filets on a lined (non-stick) sheet pan with a small amount of water. Completely cover with foil. Place in a pre-heated, 350°F convection oven for approximately 17-21 minutes. MICROWAVE PREPARATION: Appliances vary, adjust accordingly. Microwave Oven From frozen, place 1 or 2 filets on a microwave safe plate and cover completely with cling wrap plastic wrap. Heat in microwave on highest setting for approximately 2-3 minutes. | 185033        |
| ROLL YEAST WHE<br>WGRAIN 1.5Z          | 1 Each      |   | 233140        |
| CROUTON CHS GARL<br>WGRAIN             | 1 Package   | READY_TO_EAT Ready to use.  | 661022        |
| TOMATO GRAPE                           | 4 Each      |   | 749041        |

### **Preparation Instructions**

No Preparation Instructions available.

| Meat                     | 3.250 |
|--------------------------|-------|
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.667 |
| OtherVeg                 | 0.125 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |
|---------------------------|----------------------|--|
| Calories                  | 541.00**             |  |
| Fat                       | 24.20g**             |  |
| Saturated Fat             | 9.00g**              |  |
| Trans Fat                 | 0.00g**              |  |
| Cholesterol               | 110.00mg**           |  |
| Sodium                    | 1297.60mg**          |  |
| Carbohydrates             | 46.00g**             |  |
| Fiber                     | 4.00g**              |  |
| Total Sugar               | 11.50g**             |  |
| Added Sugar               | 1.00g**              |  |
| Protein                   | 36.20g**             |  |
| Vitamin A 8212.40mcg**    | Vitamin C 4.36mg**   |  |
| <b>Calcium</b> 279.06mg** | <b>Iron</b> 4.01mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

# Nutrition - Per 100g

## House Salad w/Ham

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29596 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                             | Measurement | Prep Instructions  | DistPart<br># |
|---|-------------|--|---------------|
| 6-2 LETTUCE ROMAINE COMM<br>15D44       | 2 Cup       | 2 Cups   | 381403        |
| CUCUMBER SUPER SELECT                   | 4 Slice     |  | 592323        |
| CHEESE CHED MLD SHRD 4-5<br>LOL         | 2 Ounce     | READY_TO_EAT Preshredded. Use cold or melted   | 150250        |
| DRESSING RNCH LT PKT 60-<br>1.5FLZ PMLL | 1 Each      | READY_TO_EAT Open, pour and enjoy!   | 825010        |
| TURKEY HAM DCD 2-5 JENNO                | 2 Ounce     | READY_TO_EAT Fully Cooked - Ready To Eat This product is fully cooked and is "Ready To Eat". | 202150        |
| TOMATO GRAPE                            | 4 Each      |  | 749041        |
| EGG HARD CKD PLD DRY PK                 | 1 Each      |  | 853800        |
| CROUTON CHS GARL WGRAIN                 | 1 Package   | READY_TO_EAT Ready to use.   | 661022        |
| ROLL YEAST WHE WGRAIN 1.5Z              | 1 Each      |  | 233140        |

## **Preparation Instructions**

Use Large 3 clear compartment container

Each Container - Salad, Fruit, Croutons, Dinner Roll (Dressing can be in packets on the side)

| Meat       4.329         Grain       2.000         Fruit       0.000         GreenVeg       0.000         RedVeg       0.667         OtherVeg       0.125         Beans, Peas, and Lentils       0.000         Starch       0.000 |                          |       |
|---|--------------------------|-------|
| Fruit         0.000           GreenVeg         0.000           RedVeg         0.667           OtherVeg         0.125           Beans, Peas, and Lentils         0.000   | Meat                     | 4.329 |
| GreenVeg         0.000           RedVeg         0.667           OtherVeg         0.125           Beans, Peas, and Lentils         0.000   | Grain                    | 2.000 |
| RedVeg         0.667           OtherVeg         0.125           Beans, Peas, and Lentils         0.000  | Fruit                    | 0.000 |
| OtherVeg 0.125  Beans, Peas, and Lentils 0.000  | GreenVeg                 | 0.000 |
| Beans, Peas, and Lentils 0.000  | RedVeg                   | 0.667 |
|   | OtherVeg                 | 0.125 |
| <b>Starch</b> 0.000   | Beans, Peas, and Lentils | 0.000 |
|   | Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |
|---------------------------|----------------------|
| Calories                  | 537.51**             |
| Fat                       | 28.69g**             |
| Saturated Fat             | 10.66g**             |
| Trans Fat                 | 0.00g**              |
| Cholesterol               | 246.58mg**           |
| Sodium                    | 1195.16mg**          |
| Carbohydrates             | 46.00g**             |
| Fiber                     | 4.00g**              |
| Total Sugar               | 12.50g**             |
| Added Sugar               | 1.00g**              |
| Protein                   | 25.18g**             |
| Vitamin A 8212.40mcg**    | Vitamin C 5.69mg**   |
| <b>Calcium</b> 289.06mg** | <b>Iron</b> 6.67mg** |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

# Nutrition - Per 100g

## **House Salad w/Turkey**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29597 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                         | Measurement | Prep Instructions                            | DistPart # |
|-------------------------------------|-------------|--|------------|
| 6-2 LETTUCE ROMAINE COMM 15D44      | 2 Cup       | 2 Cups                                       | 381403     |
| CUCUMBER SUPER SELECT               | 4 Slice     |  | 592323     |
| CHEESE CHED MLD SHRD 4-5 LOL        | 2 Ounce     | READY_TO_EAT Preshredded. Use cold or melted | 150250     |
| DRESSING RNCH LT PKT 60-1.5FLZ PMLL | 1 Each      | READY_TO_EAT Open, pour and enjoy!           | 825010     |
| TURKEY BRST DCD                     | 2 Ounce     |  | 451300     |
| TOMATO GRAPE                        | 4 Each      |  | 749041     |
| EGG HARD CKD PLD DRY PK             | 1 Each      |  | 853800     |
| CROUTON CHS GARL WGRAIN             | 1 Package   | READY_TO_EAT Ready to use.                   | 661022     |
| ROLL YEAST WHE WGRAIN 1.5Z          | 1 Each      |  | 233140     |
|                                     |             |  |            |

### **Preparation Instructions**

Use Large 3 clear compartment container

Each Container - Salad, Fruit, Croutons, Dinner Roll (Dressing can be in packets on the side)

| Meat                     | 4.020 |
|--------------------------|-------|
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.667 |
| OtherVeg                 | 0.125 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |
|---------------------------|----------------------|--|
| Calories                  | 536.92**             |  |
| Fat                       | 27.21g**             |  |
| Saturated Fat             | 10.26g**             |  |
| Trans Fat                 | 0.00g**              |  |
| Cholesterol               | 240.41mg**           |  |
| Sodium                    | 1263.62mg**          |  |
| Carbohydrates             | 47.53g**             |  |
| Fiber                     | 4.00g**              |  |
| Total Sugar               | 12.50g**             |  |
| Added Sugar               | 1.00g**              |  |
| Protein                   | 27.87g**             |  |
| Vitamin A 8212.40mcg**    | Vitamin C 4.36mg**   |  |
| <b>Calcium</b> 289.06mg** | <b>Iron</b> 4.19mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

## **Walking Taco**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29977          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                            | Measurement | Prep Instructions   | DistPart<br># |
|--|-------------|---|---------------|
| TACO FILLING BEEF<br>REDC FAT 6-5 COMM | 3 Ounce     | BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned. | 722330        |
| SALSA 103Z                             | 1/2 Ounce   | READY_TO_EAT<br>None  | 452841        |
| SOUR CREAM CUP                         | 1 Each      |   | 126400        |
| CHEESE BLND<br>CHED/MONTRY JK<br>SHRD  | 1/2 Cup     | READY_TO_EAT<br>None  | 712131        |
| CHIP TORTL RND YEL                     | 1 3/4 Ounce |   | 163020        |

## **Preparation Instructions**

Open Bag, use 3 oz scoop for Beef, 2 oz scoop for cheese, 1 oz scoop for salsa, sour cream on side

| Meat                     | 3.890 |
|--------------------------|-------|
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.290 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |           |        |
|--------------------|-----------|--------|
| Calories           | 592.03    |        |
| Fat                | 35.42g    |        |
| Saturated Fat      | 17.58g    |        |
| Trans Fat          | 0.00g     |        |
| Cholesterol        | 102.18mg  |        |
| Sodium             | 860.76mg  |        |
| Carbohydrates      | 44.73g    |        |
| Fiber              | 5.39g     |        |
| Total Sugar        | 3.23g     |        |
| Added Sugar        | 0.33g     |        |
| Protein            | 30.61g    |        |
| Vitamin A 0.00mcg  | Vitamin C | 0.00mg |
| Calcium 539.07mg   | Iron      | 3.96mg |

#### **Nutrition - Per 100g**

## **Meatball Sub**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29978          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                | Measurement | Prep Instructions  | DistPart<br># |
|----------------------------|-------------|--|---------------|
| MEATBALL CKD<br>6-5 JTM    | 4 Each      | BAKE KEEP FROZENCONVECTION OVEN: Add frozen meatballs or crumbles to sauce, cover pan and heat in convection oven approximately 30 minutes at 375 degrees F.STOVE TOP: Add frozen meatballs or crumbes to sauce. Summer in covered pan for approximately 40 m inutes at 180-200 degrees F. | 135071        |
| CHEESE MOZZ<br>SHRD        | 2 Ounce     | READY_TO_EAT Preshredded. Use cold or melted.  | 645170        |
| SAUCE<br>MARINARA A/P      | 2 Ounce     | READY_TO_EAT<br>None   | 592714        |
| BUN SUB SLCD<br>WGRAIN 5IN | 1 Each      | READY_TO_EAT   | 276142        |

## **Preparation Instructions**

No Preparation Instructions available.

| , and and the Gerting    |       |
|--------------------------|-------|
| Meat                     | 3.600 |
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 2.840 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |                       |  |
|--------------------|-----------------------|--|
| Calories           | 669.60                |  |
| Fat                | 28.50g                |  |
| Saturated Fat      | 10.54g                |  |
| Trans Fat          | 0.48g                 |  |
| Cholesterol        | 60.40mg               |  |
| Sodium             | 2297.20mg             |  |
| Carbohydrates      | 67.00g                |  |
| Fiber              | 10.80g                |  |
| Total Sugar        | 26.80g                |  |
| Added Sugar        | 4.00g                 |  |
| Protein            | 37.40g                |  |
| Vitamin A 5.60mcg  | Vitamin C 0.80mg      |  |
| Calcium 580.40m    | ng <b>Iron</b> 7.60mg |  |

#### **Nutrition - Per 100g**

## **Turkey Soft Taco**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29979          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                           | Measurement | Prep Instructions   | DistPart<br># |
|---------------------------------------|-------------|---|---------------|
| TURKEY TACO MEAT FC                   | 3 Ounce     |   | 768230        |
| CHEESE CHED MLD<br>SHRD 4-5 LOL       | 1/4 Cup     |   | 150250        |
| LETTUCE SHRD TACO<br>1/8CUT           | 1/4 Cup     |   | 242489        |
| TOMATO ROMA DCD<br>3/8IN              | 1/4 Ounce   |   | 786543        |
| SALSA 103Z                            | 1 Ounce     | READY_TO_EAT<br>None  | 452841        |
| SOUR CREAM CUP                        | 1 Each      |   | 126400        |
| TORTILLA WRP 12 HNY<br>WHEAT 6-12 TYS | 1 Piece     | GRILL After product has reached room temperature, fluff and individually seperate each wrap. Grill Heat grill to 400°F. Heat wraps on each side for five seconds. MICROWAVE After product has reached room temperature, fluff and individually seperate each wrap. Microwave Stack no more than six wraps and heat 30-45 seconds on high (microwaves vary for power settings and times). STEAM After product has reached room temperature, fluff and individually seperate each wrap. Steam Cabinet Return wraps to bag and place in steam cabinet. Stack no more than three dozen high. Heat to 160°F. Do not keep in steam cabinet more than three hours. | 768995        |

## **Preparation Instructions**

No Preparation Instructions available.

| Autount of Corving       |       |
|--------------------------|-------|
| Meat                     | 3.053 |
| Grain                    | 0.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.250 |
| OtherVeg                 | 0.083 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |          |           |        |
|--------------------|----------|-----------|--------|
| Calories           |          | 593.38    |        |
| F                  | at       | 26.49g    |        |
| Satura             | ted Fat  | 13.00g    |        |
| Tran               | s Fat    | 0.00g     |        |
| Chole              | esterol  | 104.82mg  |        |
| Sodium             |          | 1405.00mg |        |
| Carbohydrates      |          | 59.74g    |        |
| Fiber              |          | 3.25g     |        |
| Total Sugar        |          | 6.17g     |        |
| Added              | l Sugar  | 0.67g     |        |
| Protein            |          | 29.03g    |        |
| Vitamin A          | 0.00mcg  | Vitamin C | 0.00mg |
| Calcium            | 353.15mg | Iron      | 4.79mg |

#### **Nutrition - Per 100g**

## **Chicken BLT Sub**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29980 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                 | Measurement | Prep Instructions   | DistPart<br># |
|-----------------------------|-------------|---|---------------|
| CHIX BRST FLLT<br>GRLLD 3Z  | 1 Each      | CONVECTION PREPARATION: Appliances vary, adjust accordingly. Convection Oven From frozen, place the breast filets on a lined (non-stick) sheet pan with a small amount of water. Completely cover with foil. Place in a pre-heated, 350°F convection oven for approximately 17-21 minutes. MICROWAVE PREPARATION: Appliances vary, adjust accordingly. Microwave Oven From frozen, place 1 or 2 filets on a microwave safe plate and cover completely with cling wrap plastic wrap. Heat in microwave on highest setting for approximately 2-3 minutes. | 185033        |
| BACON TKY CKD               | 1 Ounce     |   | 834770        |
| LETTUCE SHRD<br>TACO 1/8CUT | 1/4 Cup     |   | 242489        |
| TOMATO SLCD<br>1/4IN        | 1/2 Cup     |   | 786535        |
| BUN SUB SLCD<br>WGRAIN 5IN  | 1 Each      | READY_TO_EAT  | 276142        |

## **Preparation Instructions**

Sliced Chicken, Turkey Bacon, Lettuce, Sliced Tomato on a Whole Grain Sub

| , unduring               |       |
|--------------------------|-------|
| Meat                     | 3.250 |
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.500 |
| OtherVeg                 | 0.083 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving  |                   |  |  |
|---------------------|-------------------|--|--|
| Calories            | 418.70            |  |  |
| Fat                 | 13.20g            |  |  |
| Saturated Fat       | 3.05g             |  |  |
| Trans Fat           | 0.00g             |  |  |
| Cholesterol         | 95.00mg           |  |  |
| Sodium              | 1206.17mg         |  |  |
| Carbohydrates       | 34.00g            |  |  |
| Fiber               | 3.27g             |  |  |
| Total Sugar         | 6.83g             |  |  |
| Added Sugar         | 5.00g             |  |  |
| Protein             | 38.80g            |  |  |
| Vitamin A 749.70mcg | Vitamin C 12.33mg |  |  |
| Calcium 80.50mg     | Iron 3.61mg       |  |  |

#### **Nutrition - Per 100g**

# **Spicy Chicken Smash Bowl**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29981          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                      | Measurement  | Prep Instructions   | DistPart<br># |
|----------------------------------|--------------|---|---------------|
| POTATO MASHED<br>SEAS            | 1 Ounce      | BOIL STOVE TOP: COOK FROM FROZEN. PLACE BAG OF PRODUCT INTO BOILING WATER. HEAT 25 TO 30 MINUTES. PLACE POTATOES IN SERVING CONTAINER. FLUFF WITH FORK & SERVE. *TO ENSURE UNIFORM COOK, TURN BAGS OVER, HALFWAY THROUGH COOKING WHEN USING BOIL-IN- BAG METHOD.  | 249106        |
| GRAVY MIX CHIX                   | 1 Tablespoon | BAKE Fully cooked products; use frozen or thawed. Simply open a bag, measure or weigh only the amount you need, and add to your recipes without waste. If using a microwave, do not overheat.   | 242390        |
| CORN                             | 1 Cup        |   | 120483        |
| CHIX BRST CHNK<br>HT&SPCY WGRAIN | 4 Piece      | BAKE PREPARATION: Appliances vary, adjust accordingly. Conventional Oven Preheat oven to 400°F. Place frozen chunks in a single layer on a parchment lined baking sheet. Heat for 16-19 minutes. CONVECTION PREPARATION: Appliances vary, adjust accordingly. Convection Oven Preheat oven to 350°F. Place frozen chunks in a single layer on a parchment lined baking sheet. Heat for 10-13 minutes. | 561291        |

### **Preparation Instructions**

No Preparation Instructions available.

| z unicument of containing |       |
|---------------------------|-------|
| Meat                      | 2.000 |
| Grain                     | 1.000 |
| Fruit                     | 0.000 |
| GreenVeg                  | 0.000 |
| RedVeg                    | 0.000 |
| OtherVeg                  | 0.000 |
| Beans, Peas, and Lentils  | 0.000 |
| Starch                    | 2.100 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Alliount          | Per Serving | Amount Per Serving |  |  |  |
|-------------------|-------------|--------------------|--|--|--|
| Calories          | 343.00      |                    |  |  |  |
| Fat               | 11.70g      |                    |  |  |  |
| Saturated Fat     | 1.70g       |                    |  |  |  |
| Trans Fat         | 0.00g       |                    |  |  |  |
| Cholesterol       | 36.00mg     |                    |  |  |  |
| Sodium            | 786.00mg    |                    |  |  |  |
| Carbohydrates     | 47.00g      |                    |  |  |  |
| Fiber             | 5.40g       |                    |  |  |  |
| Total Sugar       | 7.40g       |                    |  |  |  |
| Added Sugar       | 1.00g       |                    |  |  |  |
| Protein           | 19.60g      |                    |  |  |  |
| Vitamin A 0.00mcg | Vitamin C   | 0.00mg             |  |  |  |
| Calcium 8.00mg    | Iron        | 1.08mg             |  |  |  |

#### **Nutrition - Per 100g**

## **Egg & Cheese on Bagel**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Breakfast              | Recipe ID:            | R-29982          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description            | Measurement | Prep Instructions                          | DistPart # |
|------------------------|-------------|--|------------|
| EGG PTY RND 3.5IN      | 1 Each      |  | 741320     |
| BAGEL WHT WGRAIN 2Z    | 1 Each      |  | 230264     |
| CHEESE AMER 160CT SLCD | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted | 150260     |

### **Preparation Instructions**

No Preparation Instructions available.

#### **Meal Components (SLE)**

Amount Per Serving

| Amount of Serving        |       |  |
|--------------------------|-------|--|
| Meat                     | 1.500 |  |
| Grain                    | 2.000 |  |
| Fruit                    | 0.000 |  |
| GreenVeg                 | 0.000 |  |
| RedVeg                   | 0.000 |  |
| OtherVeg                 | 0.000 |  |
| Beans, Peas, and Lentils | 0.000 |  |
| Starch                   | 0.000 |  |
|                          |       |  |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Serving Size  | . 1.00             |           |        |  |  |
|---------------|--------------------|-----------|--------|--|--|
|               | Amount Per Serving |           |        |  |  |
| Cal           | Calories           |           |        |  |  |
| F             | at                 | 10.00g    |        |  |  |
| Satura        | ted Fat            | 3.50g     |        |  |  |
| Tran          | ns Fat             | 0.00g     |        |  |  |
| Chole         | esterol            | 107.50mg  |        |  |  |
| Sodium        |                    | 495.00mg  |        |  |  |
| Carbohydrates |                    | 30.00g    |        |  |  |
| Fiber         |                    | 4.00g     |        |  |  |
| Total         | Sugar              | 5.50g     |        |  |  |
| Added         | Added Sugar        |           |        |  |  |
| Protein       |                    | 12.00g    |        |  |  |
| Vitamin A     | 0.00mcg            | Vitamin C | 0.00mg |  |  |
| Calcium       | 129.50mg           | Iron      | 1.20mg |  |  |
|               |                    |           |        |  |  |

## Nutrition - Per 100g

## Egg, Sausage & Cheese on Bagel

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Breakfast              | Recipe ID:            | R-29983          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                | Measurement | Prep Instructions   | DistPart<br># |
|----------------------------|-------------|---|---------------|
| EGG PTY RND 3.5IN          | 1 Each      |   | 741320        |
| SAUSAGE PTY<br>STHRN 1.33Z | 1 Each      | BAKE KEEP FROZENPlace patties on a sheet pan and heat in convection oven at 350 degrees to 375 degrees F for approximately 7-8 minutes. | 785880        |
| CHEESE AMER<br>160CT SLCD  | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted  | 150260        |
| BAGEL WHT<br>WGRAIN 2Z     | 1 Each      |   | 230264        |

### **Preparation Instructions**

No Preparation Instructions available.

| Meat                     | 2.500 |
|--------------------------|-------|
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |                  |  |  |
|--------------------|------------------|--|--|
| Calories           | 386.00           |  |  |
| Fat                | 20.00g           |  |  |
| Saturated Fat      | 7.20g            |  |  |
| Trans Fat          | 0.00g            |  |  |
| Cholesterol        | 133.50mg         |  |  |
| Sodium             | 667.00mg         |  |  |
| Carbohydrates      | 31.00g           |  |  |
| Fiber              | 4.00g            |  |  |
| Total Sugar        | 5.50g            |  |  |
| Added Sugar        | 5.00g            |  |  |
| Protein            | 18.00g           |  |  |
| Vitamin A 56.00mcg | Vitamin C 0.00mg |  |  |
| Calcium 145.50mg   | Iron 1.20mg      |  |  |

#### **Nutrition - Per 100g**

## Pepperoni & Cheese Wrap

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-29984 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                | Measurement | Prep Instructions   | DistPart<br># |
|----------------------------|-------------|---|---------------|
| CHEESE MOZZ SHRD           | 1/2 Cup     | READY_TO_EAT Preshredded. Use cold or melted.   | 645170        |
| PEPPERONI TKY SLCD<br>15/Z | 3 Ounce     | READY_TO_EAT Fully Cooked - Ready To Eat This item is fully cooked and is "Ready To Eat". | 276662        |
| SAUCE MARINARA A/P         | 1 Ounce     | READY_TO_EAT<br>None  | 592714        |
| TORTILLA WHL WHE 12IN      | 1 Each      |   | 838641        |

### **Preparation Instructions**

Wrap

3 Ounces of Pepperoni (10 to 12 slices)

1/2 Cup Mozzarella Cheese

1 Ounce of Marinara

\*\*

In a 3 compartment container:

Wrap, Whole Fruit, Whole Grain Dinner Roll

| Meat                     | 4.273 |
|--------------------------|-------|
| Grain                    | 3.500 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 1.420 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |          |           |        |  |
|--------------------|----------|-----------|--------|--|
| Calories           |          | 794.55    |        |  |
| F                  | at       | 34.23g    |        |  |
| Satura             | ted Fat  | 14.41g    |        |  |
| Tran               | s Fat    | 0.00g     |        |  |
| Chole              | esterol  | 120.91mg  |        |  |
| Sodium             |          | 2690.91mg |        |  |
| Carbohydrates      |          | 71.55g    |        |  |
| Fiber              |          | 10.00g    |        |  |
| Total Sugar        |          | 18.27g    |        |  |
| Added Sugar        |          | 2.27g     |        |  |
| Protein            |          | 45.45g    |        |  |
| Vitamin A          | 0.00mcg  | Vitamin C | 0.00mg |  |
| Calcium            | 647.18mg | Iron      | 5.59mg |  |

#### **Nutrition - Per 100g**

## **Philly Cheesesteak**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35443          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                         | Measurement | Prep Instructions  | DistPart<br># |
|-------------------------------------|-------------|--|---------------|
| Sub Bun, Whole Grain 6 inch.        | 1 Each      |  | 0112016       |
| BEEF STK PHLL<br>PEPRS/ONIO CKD SLC | 3 Ounce     | BAKE Conventional Oven Remove product from bag. Preheat oven to 350 degrees f. If thawed, heat for 45 - 50 minutes. Not recommended if frozen. CONVECTION Convection Oven Remove product from bag. Preheat oven to 325 degrees f. If thawed, heat for 30 minutes. Not recommended if frozen. MICROWAVE Microwave Individual portions: if thawed, heat for two minutes. Not recommended if frozen. SAUTE Stovetop If frozen, heat for 30 - 40 minutes. If thawed, heat for 15 - 20 minutes. STEAM Steamer If frozen, heat for 40 - 50 minutes. If thawed, heat for 15 - 20 minutes. | 593591        |
| CHEESE SLCD YEL                     | 1 Slice     |  | 334450        |

## **Preparation Instructions**

Add cooked philly meat to sub bun and add cheese on top. Wrap in foil for service

| Meat                     | 3.500 |
|--------------------------|-------|
| Grain                    | 3.930 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving  |                  |  |
|---------------------|------------------|--|
| Calories            | 470.00           |  |
| Fat                 | 23.50g           |  |
| Saturated Fat       | 12.16g           |  |
| Trans Fat           | 0.50g            |  |
| Cholesterol         | 45.00mg          |  |
| Sodium              | 930.00mg         |  |
| Carbohydrates       | 31.00g           |  |
| Fiber               | 5.00g            |  |
| Total Sugar         | 6.00g            |  |
| Added Sugar         | 0.00g            |  |
| Protein             | 18.00g           |  |
| Vitamin A 100.00mcg | Vitamin C 9.00mg |  |
| Calcium 22.00mg     | Iron 0.72mg      |  |

#### **Nutrition - Per 100g**

## **Double Cheeseburger**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35444          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                                  | Measurement | Prep Instructions  | DistPart<br># |
|--|-------------|--|---------------|
| BUN HAMB SLCD<br>WHEAT WHL 4IN<br>10-12 GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.  | 517810        |
| CHEESE AMER<br>WHT 160CT SLCD                | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted   | 861940        |
| BEEF PTY CHARB<br>200-2.5Z ADV               | 2 Each      | BAKE Conventional oven: from frozen state sleeve pack preparationput a few small holes in top of bag. Place entire bag intact on sheet pan in preheated oven 375-400 degrees f for 60minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165degrees f. Convection oven: from frozen state sleeve pack preparation put a few small holes in top of bag. Place entirebag intact on sheet pan in preheated oven 375-400 degrees ffor 30-40minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165 degrees f. UNSPECIFIED Preparation Instructions Coming Soon | 203270        |

### **Preparation Instructions**

Build:

WG Bottom Bun

Meat

Cheese (if needed)

Sauce (if needed)

Toppings ( if needed)

Top Bun

Wrapped

Served with Fries of the Day

| z missin i si s |       |
|--|-------|
| Meat   | 4.500 |
| Grain  | 2.000 |
| Fruit  | 0.000 |
| GreenVeg   | 0.000 |
| RedVeg   | 0.000 |
| OtherVeg   | 0.000 |
| Beans, Peas, and Lentils                         | 0.000 |
| Starch   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |           |        |
|--------------------|-----------|--------|
| Calories           | 410.00    |        |
| Fat                | 16.00g    |        |
| Saturated Fat      | 6.50g     |        |
| Trans Fat          | 0.00g     |        |
| Cholesterol        | 82.50mg   |        |
| Sodium             | 940.00mg  |        |
| Carbohydrates      | 28.00g    |        |
| Fiber              | 5.00g     |        |
| Total Sugar        | 4.50g     |        |
| Added Sugar        | 0.00g     |        |
| Protein            | 36.50g    |        |
| Vitamin A 0.00mcg  | Vitamin C | 0.00mg |
| Calcium 148.50mg   | Iron      | 4.60mg |

#### **Nutrition - Per 100g**

## **Chicken Salad Sub**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35458          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description              | Measurement | Prep Instructions | DistPart # |
|--------------------------|-------------|-------------------|------------|
| BUN SUB SLCD WGRAIN 5IN  | 1 Each      | READY_TO_EAT      | 276142     |
| SALAD CHIX               | 3 1/4 Ounce |                   | 127710     |
| TOMATO SLCD 1/4IN        | 2 Slice     |                   | 786535     |
| LETTUCE SHRD TACO 1/8CUT | 1 Serving   |                   | 242489     |

## **Preparation Instructions**

Sub Bun
Bed of Romaine Lettuce
3.25 Ounces of Chicken Salad
Handful of Romaine Lettuce

In a 3 compartment container:

Sub Sandwich, Mayo Packet, Mustard Packet, Whole Fruit, Whole Grain Dinner Roll

| Meat                     | 2.000 |
|--------------------------|-------|
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 1.000 |
| RedVeg                   | 1.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |                    |  |
|--------------------|--------------------|--|
| Calories           | 458.21             |  |
| Fat                | 24.21g             |  |
| Saturated Fat      | 3.94g              |  |
| Trans Fat          | 0.00g              |  |
| Cholesterol        | 34.13mg            |  |
| Sodium             | 716.64mg           |  |
| Carbohydrates      | 43.94g             |  |
| Fiber              | 3.86g              |  |
| Total Sugar        | 10.79g             |  |
| Added Sugar        | 8.06g              |  |
| Protein            | 15.23g             |  |
| Vitamin A 374.85mc | g Vitamin C 6.17mg |  |
| Calcium 85.16mg    | Iron 2.62mg        |  |

#### **Nutrition - Per 100g**

## **Spicy Chicken Wrap**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35459          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                        | Measurement | Prep Instructions  | DistPart # |
|------------------------------------|-------------|--|------------|
| TOMATO SLCD 1/4IN                  | 2 Slice     |  | 786535     |
| CHIX TNDR HOT SPCY WG FC 1.13Z     | 3 Each      | BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen. | 281731     |
| Shredded Mild Cheddar Cheese       | 2 Ounce     |  | 122190     |
| LETTUCE CHL ROMAINE CHOP 6/2 LB BG | 1 Cup       |  | 15D44      |
| TORTILLA WHL WHE 12IN              | 1 Each      |  | 838641     |

### **Preparation Instructions**

Wrap

- 3 Slices of Spicy Chicken Tender (cut up if needed to wrap better)
- 1 Ounces of Shredded Cheese
- 1 Tomato Slice (cut in half)

Handful of Romaine Lettuce

\*\*

In a 3 compartment container:

Wrap, Mayo Packet, Whole Fruit, Whole Grain Dinner Roll

| Meat                     | 0.000 |
|--------------------------|-------|
| Grain                    | 0.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving    |                  |  |  |
|-----------------------|------------------|--|--|
| Calories              | 809.13           |  |  |
| Fat                   | 43.03g           |  |  |
| Saturated Fat         | 18.45g           |  |  |
| Trans Fat             | 0.00g            |  |  |
| Cholesterol           | 81.27mg          |  |  |
| Sodium                | 1231.58mg        |  |  |
| Carbohydrates         | 69.88g           |  |  |
| Fiber                 | 9.55g            |  |  |
| Total Sugar           | 6.25g            |  |  |
| Added Sugar           | 1.00g            |  |  |
| Protein               | 35.44g           |  |  |
| Vitamin A 374.85mcg** | Vitamin C 6.17mg |  |  |
| Calcium 574.18mg      | Iron 4.22mg      |  |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

## **Turkey BLT Sub**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35460 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description               | Measurement | Prep Instructions | DistPart # |
|---------------------------|-------------|-------------------|------------|
| TURKEY BRST SLCD OVN RSTD | 3 Ounce     |                   | 689541     |
| TOMATO SLCD 1/4IN         | 2 Slice     |                   | 786535     |
| LETTUCE SHRD TACO 1/8CUT  | 1 Serving   |                   | 242489     |
| BACON TKY CKD             | 2 Piece     |                   | 834770     |
| BUN SUB SLCD WGRAIN 5IN   | 1 Each      | READY_TO_EAT      | 276142     |

### **Preparation Instructions**

No Preparation Instructions available.

| Meal Components (SLE) |
|-----------------------|
| Amount Per Serving    |
| Meat                  |

| Amount Per Serving       |       |  |
|--------------------------|-------|--|
| Meat                     | 2.188 |  |
| Grain                    | 2.000 |  |
| Fruit                    | 0.000 |  |
| GreenVeg                 | 0.000 |  |
| RedVeg                   | 0.250 |  |
| OtherVeg                 | 0.250 |  |
| Beans, Peas, and Lentils | 0.000 |  |
| Starch                   | 0.000 |  |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00

| Serving Size       | . 1.00    |           |        |
|--------------------|-----------|-----------|--------|
| Amount Per Serving |           |           |        |
| Cal                | Calories  |           |        |
|                    | Fat       | 8.97g     |        |
| Satur              | ated Fat  | 2.38g     |        |
| Trai               | ns Fat    | 0.00g     |        |
| Cholesterol        |           | 64.71mg   |        |
| So                 | dium      | 1074.43mg |        |
| Carbo              | hydrates  | 31.75g    |        |
| F                  | iber      | 2.88g     |        |
| Tota               | l Sugar   | 5.92g     |        |
| Added Sugar        |           | 4.67g     |        |
| Protein            |           | 30.69g    |        |
| Vitamin A          | 374.85mcg | Vitamin C | 6.17mg |
| Calcium            | 65.50mg   | Iron      | 2.36mg |
|                    |           |           |        |

## Nutrition - Per 100g

### **Tuna Salad Sub**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35461 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                        | Measurement  | Prep Instructions   | DistPart<br># |
|------------------------------------|--------------|---|---------------|
| BUN SUB SLCD<br>WGRAIN 5IN         | 1 Each       | READY_TO_EAT  | 276142        |
| TOMATO SLCD<br>1/4IN               | 2 Slice      |   | 786535        |
| LETTUCE SHRD<br>TACO 1/8CUT        | 1 Serving    |   | 242489        |
| TUNA SOLID LT IN<br>WTR            | 3 Ounce      |   | 103322        |
| MAYONNAISE<br>GOURM 4-1GAL<br>KENS | 1 Tablespoon | READY_TO_EAT All Ken's dressings and sauces are ready to serve. Just open and impress your customers with the fresh, bold taste of your products. Available in a wide variety of flavors. Add ingredients at store level to personalize your offerings (speed scratch recipes). | 269901        |
| CHEESE SLCD YEL                    | 1 Slice      |   | 334450        |

## **Preparation Instructions**

Sub Bun

Handful of Lettuce

- 3 Ounces of Tuna
- 1 Slice of American Cheese
- 1 Tomato Slice (cut in half)

\*\*

In a 3 compartment container:

Sub, Mayo Packet, , Whole Fruit, Whole Grain Dinner Roll

| 7 11.10 11.11 1 3 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 |       |
|---|-------|
| Meat  | 0.500 |
| Grain   | 2.000 |
| Fruit   | 0.000 |
| GreenVeg  | 0.000 |
| RedVeg  | 0.250 |
| OtherVeg  | 0.167 |
| Beans, Peas, and Lentils                        | 0.000 |
| Starch  | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving  |                  |  |  |
|---------------------|------------------|--|--|
| Calories            | 1156.70          |  |  |
| Fat                 | 35.60g           |  |  |
| Saturated Fat       | 13.38g           |  |  |
| Trans Fat           | 0.00g            |  |  |
| Cholesterol         | 361.00mg         |  |  |
| Sodium              | 2843.98mg        |  |  |
| Carbohydrates       | 33.75g           |  |  |
| Fiber               | 2.88g            |  |  |
| Total Sugar         | 6.92g            |  |  |
| Added Sugar         | 4.00g            |  |  |
| Protein             | 178.40g          |  |  |
| Vitamin A 374.85mcg | Vitamin C 6.17mg |  |  |
| Calcium 125.98mg    | Iron 2.12mg      |  |  |

#### **Nutrition - Per 100g**

## **Beef Nachos**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35462          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                           | Measurement | Prep Instructions   | DistPart<br># |
|---------------------------------------|-------------|---|---------------|
| BEEF TACO MEAT R/F<br>R/SOD 6-5# COMM | 3 Ounce     |   | 473462        |
| Cheddar Cheese<br>Sauce               | 2 Ounce     | BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.   | 15013         |
| CHIP TORTL RND R/F                    | 1 Each      | READY_TO_EAT  Use code date on bag to rotate product so the oldest product is consumed first. Place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.  UNSPECIFIED         | 662512        |
| BEAN REFRIED SEAS<br>DEHY             | 2 Ounce     | RECONSTITUTE 1: Pour 1 2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. 2: Quickly pour full pouch of beans into water and cover. 3: Allow beans to sit for 25 minutes on steamtable. 4: Season if desired, stir, serve. | 183910        |
| SALSA 6-10 COMM                       | 2 Ounce     |   | 150570        |

## **Preparation Instructions**

No Preparation Instructions available.

| - mile mile i e e e e e e e e e e e e e e e e e |       |
|---|-------|
| Meat  | 4.000 |
| Grain   | 2.000 |
| Fruit   | 0.000 |
| GreenVeg  | 0.000 |
| RedVeg  | 2.000 |
| OtherVeg  | 0.000 |
| Beans, Peas, and Lentils                        | 0.500 |
| Starch  | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving  |                  |  |  |
|---------------------|------------------|--|--|
| Calories            | 839.25           |  |  |
| Fat                 | 25.09g           |  |  |
| Saturated Fat       | 9.65g            |  |  |
| Trans Fat           | 0.00g            |  |  |
| Cholesterol         | 83.27mg          |  |  |
| Sodium              | 2386.19mg        |  |  |
| Carbohydrates       | 107.82g          |  |  |
| Fiber               | 21.98g           |  |  |
| Total Sugar         | 28.10g           |  |  |
| Added Sugar         | 0.00g            |  |  |
| Protein             | 46.17g           |  |  |
| Vitamin A 427.21mcg | Vitamin C 1.19mg |  |  |
| Calcium 390.48mg    | Iron 6.49mg      |  |  |

#### **Nutrition - Per 100g**

## **Soft Tacos**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35467          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                        | Measurement | Prep Instructions   | DistPart # |
|------------------------------------|-------------|---|------------|
| BEEF TACO MEAT R/F R/SOD 6-5# COMM | 3 Ounce     |   | 473462     |
| CHEESE CHED MLD SHRD 4-5 LOL       | 1 Ounce     | READY_TO_EAT Preshredded. Use cold or melted  | 150250     |
| LETTUCE SHRD TACO 1/8CUT           | 1 Serving   |   | 242489     |
| TOMATO ROMA DCD 3/8IN              | 1 Ounce     |   | 786543     |
| SALSA 103Z                         | 1 Ounce     | HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat | 452841     |
| SOUR CREAM CUP                     | 1 Each      |   | 126400     |
| TORTILLA FLOUR 6IN                 | 2 Each      |   | 713320     |

## **Preparation Instructions**

No Preparation Instructions available.

| 7 into direct of oor virig |       |
|----------------------------|-------|
| Meat                       | 4.000 |
| Grain                      | 2.000 |
| Fruit                      | 0.000 |
| GreenVeg                   | 0.000 |
| RedVeg                     | 0.695 |
| OtherVeg                   | 0.250 |
| Beans, Peas, and Lentils   | 0.000 |
| Starch                     | 0.000 |
|                            |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |          |           |        |
|--------------------|----------|-----------|--------|
| Cal                | ories    | 505.00    |        |
| F                  | at       | 25.50g    |        |
| Satura             | ited Fat | 14.00g    |        |
| Tran               | s Fat    | 0.00g     |        |
| Chole              | esterol  | 102.50mg  |        |
| Soc                | dium     | 1052.67mg |        |
| Carbol             | ydrates  | 42.50g    |        |
| Fi                 | ber      | 3.67g     |        |
| Total              | Sugar    | 8.00g     |        |
| Added              | l Sugar  | 2.67g     |        |
| Pro                | tein     | 30.83g    |        |
| Vitamin A          | 0.00mcg  | Vitamin C | 0.00mg |
| Calcium            | 342.50mg | Iron      | 5.79mg |

#### **Nutrition - Per 100g**

## **Turkey Club Salad**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35601 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                     | Measurement | Prep Instructions                            | DistPart # |
|---------------------------------|-------------|--|------------|
| 6-2 LETTUCE ROMAINE COMM 15D44  | 2 Cup       |  | 381403     |
| TURKEY BRST DCD                 | 1 Ounce     |  | 451300     |
| BACON BIT TKY 12-1.25#AVG JENNO | 1/2 Ounce   |  | 653050     |
| CHEESE CHED MLD SHRD 4-5 LOL    | 1 Ounce     | READY_TO_EAT Preshredded. Use cold or melted | 150250     |
| CUCUMBER 6CT P/L                | 4 Slice     |  | 100435     |
| TOMATO GRAPE                    | 4 Each      |  | 749041     |
| DRESSING BTRMLK RNCH            | 1 Each      | READY_TO_EAT Open, pour and enjoy!           | 832181     |
| CROUTON CHS GARL WGRAIN         | 1 Package   | READY_TO_EAT Ready to use.                   | 661022     |
| EGG HARD CKD PLD DRY PK         | 1 Each      |  | 853800     |
| ROLL DNNR WHEAT IW              | 1 Each      |  | 617310     |

### **Preparation Instructions**

Use Large 3 clear compartment container Each Container - Salad, Fruit, Croutons, Dinner Roll

| Meat                     | 5.020 |
|--------------------------|-------|
| Grain                    | 1.500 |
| Fruit                    | 0.000 |
| GreenVeg                 | 2.000 |
| RedVeg                   | 0.667 |
| OtherVeg                 | 0.333 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |
|---------------------------|----------------------|
| Calories                  | 577.29**             |
| Fat                       | 37.46g**             |
| Saturated Fat             | 9.13g**              |
| Trans Fat                 | 0.00g**              |
| Cholesterol               | 225.20mg**           |
| Sodium                    | 1298.11mg**          |
| Carbohydrates             | 36.93g**             |
| Fiber                     | 3.00g**              |
| Total Sugar               | 8.83g**              |
| Added Sugar               | 4.00g**              |
| Protein                   | 25.54g**             |
| Vitamin A 8235.40mcg**    | Vitamin C 5.89mg**   |
| <b>Calcium</b> 226.48mg** | <b>Iron</b> 4.30mg** |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

#### **Chicken Caesar Salad**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35602 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                    | Measurement | Prep Instructions                          | DistPart # |
|--------------------------------|-------------|--|------------|
| 6-2 LETTUCE ROMAINE COMM 15D44 | 2 Cup       |  | 381403     |
| TOMATO GRAPE                   | 4 Each      |  | 749041     |
| CROUTON CHS GARL WGRAIN        | 1 Package   | READY_TO_EAT Ready to use.                 | 661022     |
| CHEESE PARM GRTD               | 1 Ounce     | READY_TO_EAT Use in your favorite recipes. | 168331     |
| CHIX DCD 40 COMM               | 3 Ounce     |  | 110530     |
| DRESSING CAESAR CRMY           | 1 Each      | READY_TO_EAT<br>Open, pour and enjoy!      | 260623     |
| ROLL DNNR WHEAT IW             | 1 Each      |  | 617310     |

## **Preparation Instructions**

Use Large 3 clear compartment container Each Container - Salad, Fruit, Croutons, Dinner Roll

| Meat                     | 3.000 |
|--------------------------|-------|
| Grain                    | 1.500 |
| Fruit                    | 0.000 |
| GreenVeg                 | 2.000 |
| RedVeg                   | 0.667 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |
|---------------------------|----------------------|--|
| Calories                  | 464.00**             |  |
| Fat                       | 24.95g**             |  |
| Saturated Fat             | 3.50g**              |  |
| Trans Fat                 | 0.00g**              |  |
| Cholesterol               | 80.50mg**            |  |
| Sodium                    | 846.60mg**           |  |
| Carbohydrates             | 34.00g**             |  |
| Fiber                     | 3.00g**              |  |
| Total Sugar               | 5.00g**              |  |
| Added Sugar               | 3.00g**              |  |
| Protein                   | 24.70g**             |  |
| Vitamin A 8187.40mcg**    | Vitamin C 3.76mg**   |  |
| <b>Calcium</b> 102.15mg** | <b>Iron</b> 2.88mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

# Nutrition - Per 100g

## **Chicken Mixed Berry Salad**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35603 |
| School:       | Taylor School District |                       |         |

#### **Ingredients**

| B 1.0                   |             | 5 1 4 4                            | D: 4D 4 "  |
|-------------------------|-------------|------------------------------------|------------|
| Description             | Measurement | Prep Instructions                  | DistPart # |
| SPRING MIX HERITAGE     | 2 Cup       |                                    | 191991     |
| TOMATO GRAPE            | 4 Each      |                                    | 749041     |
| BLUEBERRIES 12-6Z COMM  | 2 Ounce     |                                    | 889107     |
| STRAWBERRIES 8-1# COMM  | 2 Ounce     |                                    | 889115     |
| CROUTON CHS GARL WGRAIN | 1 Package   | READY_TO_EAT Ready to use.         | 661022     |
| CUCUMBER 6CT P/L        | 4 Slice     |                                    | 100435     |
| DRESSING VINAG RASPB FF | 1 Each      | READY_TO_EAT Open, pour and enjoy! | 824970     |
| CHIX DCD 40 COMM        | 2 Ounce     |                                    | 110530     |
| ROLL DNNR WHEAT IW      | 1 Each      |                                    | 617310     |
| EGG HARD CKD PLD DRY PK | 1 Each      |                                    | 853800     |

#### **Preparation Instructions**

Use Large 3 clear compartment container

Each Container - Salad, Fruit, Croutons, Dinner Roll (Dressing can be in packets on the side)

| Meat                     | 4.000 |
|--------------------------|-------|
| Grain                    | 1.500 |
| Fruit                    | 0.000 |
| GreenVeg                 | 2.000 |
| RedVeg                   | 0.667 |
| OtherVeg                 | 0.330 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |
|---------------------------|----------------------|--|
| Calories                  | 355.33**             |  |
| Fat                       | 10.00g**             |  |
| Saturated Fat             | 1.50g**              |  |
| Trans Fat                 | 0.00g**              |  |
| Cholesterol               | 212.00mg**           |  |
| Sodium                    | 858.50mg**           |  |
| Carbohydrates             | 41.17g**             |  |
| Fiber                     | 1.50g**              |  |
| Total Sugar               | 14.33g**             |  |
| Added Sugar               | 2.00g**              |  |
| Protein                   | 24.00g**             |  |
| Vitamin A 48.00mcg**      | Vitamin C 2.13mg**   |  |
| <b>Calcium</b> 101.46mg** | <b>Iron</b> 3.61mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

# Nutrition - Per 100g

# **Hummus and Veggies**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35604 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description              | Measurement | Prep Instructions   | DistPart<br># |
|--------------------------|-------------|---|---------------|
| HUMMUS CLSC              | 4 Ounce     |   | 591562        |
| TOMATO GRAPE             | 4 Each      |   | 749041        |
| CUCUMBER 6CT<br>P/L      | 4 Slice     |   | 100435        |
| Baby Carrots             | 2 Ounce     | UNSPECIFIED None  |               |
| FLATBREAD<br>W/GRAIN 4IN | 1 Each      | THAW  1. Keep product frozen at 0°F or below until ready to use. 2. Defrost and store thawed flatbread at room temperature. 1. Each "sheet" has four 1 oz., 4" Whole Grain Sliders. 2. Simply snap at the seams to break apart. 3. That's it! Use the product for slider buns, mini pizzas, tacos. The connector can be used for whole grain rich croutons for salad! | 959048        |

#### **Preparation Instructions**

Use Large 3 clear compartment container Each Container - Salad, Fruit, Croutons, Dinner Roll

Cut Pita in 4

Hummus - 4oz cup with lid

| z mileant i e e e e e e e e e e e e e e e e e e |       |
|---|-------|
| Meat  | 1.500 |
| Grain   | 1.000 |
| Fruit   | 0.000 |
| GreenVeg  | 0.000 |
| RedVeg  | 3.667 |
| OtherVeg  | 0.333 |
| Beans, Peas, and Lentils                        | 0.000 |
| Starch  | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving   |                      |  |
|----------------------|----------------------|--|
| Calories             | 433.33**             |  |
| Fat                  | 11.00g**             |  |
| Saturated Fat        | 1.00g**              |  |
| Trans Fat            | 0.00g**              |  |
| Cholesterol          | 0.00mg**             |  |
| Sodium               | 780.00mg**           |  |
| Carbohydrates        | 69.67g**             |  |
| Fiber                | 17.00g**             |  |
| Total Sugar          | 27.33g**             |  |
| Added Sugar          | 1.00g**              |  |
| Protein              | 7.00g**              |  |
| Vitamin A 48.10mcg** | Vitamin C 4.56mg**   |  |
| Calcium 60.42mg**    | <b>Iron</b> 2.27mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

# Nutrition - Per 100g

## **Garden Salad**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-35605 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                          | Measurement | Prep Instructions   | DistPart<br># |
|--------------------------------------|-------------|---|---------------|
| 6-2 LETTUCE<br>ROMAINE COMM<br>15D44 | 2 Cup       | 2 Cups  | 381403        |
| CHEESE CHED MLD<br>SHRD 4-5 LOL      | 2 Ounce     | READY_TO_EAT Preshredded. Use cold or melted  | 150250        |
| CUCUMBER 6CT P/L                     | 4 Slice     |   | 100435        |
| TOMATO GRAPE                         | 4 Each      |   | 749041        |
| CROUTON CHS<br>GARL WGRAIN           | 1 Package   | READY_TO_EAT Ready to use.  | 661022        |
| DRESSING RNCH FF                     | 1 Each      | READY_TO_EAT All Ken's dressings and sauces are ready to serve. Just open and impress your customers with the fresh, bold taste of your products. Available in a wide variety of flavors. Add ingredients at store level to personalize your offerings (speed scratch recipes). | 195766        |
| EGG HARD CKD<br>PLD DRY PK           | 1 Each      |   | 853800        |
| ROLL YEAST WHE<br>WGRAIN 1.5Z        | 1 Each      |   | 233140        |

#### **Preparation Instructions**

Use Large 3 clear compartment container

Each Container - Salad, Fruit, Croutons, Dinner Roll

| Meat                     | 2.500 |
|--------------------------|-------|
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 2.000 |
| RedVeg                   | 0.667 |
| OtherVeg                 | 0.330 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |
|---------------------------|----------------------|--|
| Calories                  | 429.33**             |  |
| Fat                       | 18.70g**             |  |
| Saturated Fat             | 8.50g**              |  |
| Trans Fat                 | 0.00g**              |  |
| Cholesterol               | 210.00mg**           |  |
| Sodium                    | 1062.60mg**          |  |
| Carbohydrates             | 49.67g**             |  |
| Fiber                     | 5.00g**              |  |
| Total Sugar               | 15.33g**             |  |
| Added Sugar               | 4.00g**              |  |
| Protein                   | 19.20g**             |  |
| Vitamin A 8235.40mcg**    | Vitamin C 5.89mg**   |  |
| <b>Calcium</b> 280.39mg** | <b>Iron</b> 4.07mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

# Nutrition - Per 100g

## **Pasta Bar**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00 1                 | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-36065          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                             | Measurement | Prep Instructions  | DistPart<br># |
|---|-------------|--|---------------|
| PASTA ROTINI 100<br>WHLWHE              | 4 Ounce     |  | 867850        |
| PASTA PENNE<br>RIGATE 51<br>WGRAIN      | 4 Ounce     |  | 221482        |
| SAUCE ALFREDO<br>FZ                     | 3 Ounce     | BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.  | 155661        |
| SAUCE MARINARA<br>A/P                   | 3 Cup       | HEAT_AND_SERVE Heat & Serve MIX Heat & Serve READY_TO_DRINK Heat & Serve READY_TO_EAT Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED Heat & Serve  | 592714        |
| BROCCOLI FZ                             | 1 Cup       |  | 549292        |
| DOUGH ROLL<br>WGRAIN                    | 1 Each      |  | 237702        |
| MEATBALL CKD<br>.65Z                    | 3 Each      | BAKE KEEP FROZENCONVECTION OVEN: Add frozen meatballs or crumbles to sauce, cover pan and heat in convection oven approximately 30 minutes at 375 degrees F.STOVE TOP: Add frozen meatballs or crumbles to sauce. Simmer in covered pan for approximately 40 minutes at 180-200 degrees F. | 785860        |
| CHIX STRP FAJT<br>SEAS FC 8-4.99<br>TYS | 3 Ounce     |  | 150160        |

## **Preparation Instructions**

Bowls will consist of:

Pasta (4 ounces)

Sauce (3 ounces)

Meat (3 ounces)

Veg (if requested)

Breadstick or Dinner Roll

# **Meal Components (SLE)**Amount Per Serving

| Meat                     | 0.000 |
|--------------------------|-------|
| Grain                    | 0.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 1

| Gorring Giller Hook |                     |  |
|---------------------|---------------------|--|
| Amount Per Serving  |                     |  |
| Calories            | 1568.32             |  |
| Fat                 | 37.43g              |  |
| Saturated Fat       | 9.87g               |  |
| Trans Fat           | 0.50g               |  |
| Cholesterol         | 136.51mg            |  |
| Sodium              | 3584.28mg           |  |
| Carbohydrates       | 249.06g             |  |
| Fiber               | 40.75g              |  |
| Total Sugar         | 50.42g              |  |
| Added Sugar         | 2.75g               |  |
| Protein             | 83.34g              |  |
| Vitamin A 0.00mcg   | Vitamin C 0.00mg    |  |
| Calcium 517.79mg    | <b>Iron</b> 15.07mg |  |
|                     |                     |  |

#### Nutrition - Per 100g

# **Mixed Berry Salad**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-36084 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description             | Measurement | Prep Instructions                  | DistPart # |
|-------------------------|-------------|------------------------------------|------------|
| SPRING MIX HERITAGE     | 2 Cup       |                                    | 191991     |
| TOMATO GRAPE            | 4 Each      |                                    | 749041     |
| BLUEBERRIES 12-6Z COMM  | 2 Ounce     |                                    | 889107     |
| STRAWBERRIES 8-1# COMM  | 2 Ounce     |                                    | 889115     |
| CROUTON CHS GARL WGRAIN | 1 Package   | READY_TO_EAT Ready to use.         | 661022     |
| CUCUMBER 6CT P/L        | 4 Slice     |                                    | 100435     |
| DRESSING VINAG RASPB FF | 1 Each      | READY_TO_EAT Open, pour and enjoy! | 824970     |
| ROLL DNNR WHEAT IW      | 1 Each      |                                    | 617310     |

#### **Preparation Instructions**

Use Large 3 clear compartment container

Each Container - Salad, Fruit, Croutons, Dinner Roll (Dressing can be in packets on the side)

| - mile mile i e e e e e e e e e e e e e e e e e |       |
|---|-------|
| Meat  | 0.000 |
| Grain   | 1.500 |
| Fruit   | 0.000 |
| GreenVeg  | 2.000 |
| RedVeg  | 0.667 |
| OtherVeg  | 0.330 |
| Beans, Peas, and Lentils                        | 0.000 |
| Starch  | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving   |                      |  |
|----------------------|----------------------|--|
| Calories             | 213.33**             |  |
| Fat                  | 3.00g**              |  |
| Saturated Fat        | 0.00g**              |  |
| Trans Fat            | 0.00g**              |  |
| Cholesterol          | 0.00mg**             |  |
| Sodium               | 747.50mg**           |  |
| Carbohydrates        | 40.17g**             |  |
| Fiber                | 1.50g**              |  |
| Total Sugar          | 13.33g**             |  |
| Added Sugar          | 2.00g**              |  |
| Protein              | 6.00g**              |  |
| Vitamin A 48.00mcg** | Vitamin C 2.13mg**   |  |
| Calcium 78.46mg**    | <b>Iron</b> 2.61mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

# Nutrition - Per 100g

## **Greek Salad**

| Servings:     | 1.00               | Category:             | Entree           |
|---------------|--------------------|-----------------------|------------------|
| Serving Size: | 1.00 Each          | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch              | Recipe ID:            | R-37656          |
| School:       | Taylor High School |                       |                  |

## **Ingredients**

| Description                          | Measurement  | Prep Instructions   | DistPart<br># |
|--------------------------------------|--------------|---|---------------|
| CHIX BRST FLLT<br>GRLLD 3Z           | 1 Each       | Cook Chicken according to recipe  | 185033        |
| 6-2 LETTUCE<br>ROMAINE COMM<br>15D44 | 2 Cup        |   | 381403        |
| TOMATO ROMA<br>LRG                   | 1/2 Cup      |   | 462551        |
| CHEESE FETA<br>CRMBL                 | 2 Ounce      | READY_TO_EAT Ready to Eat   | 716685        |
| OLIVE RIPE SLCD<br>BLK SPAIN         | 1 Tablespoon |   | 324531        |
| PEPPERS BAN RING<br>HOT 900CT        | 1 1/2 Ounce  |   | 466251        |
| DRESSING GRK<br>PKT                  | 1 Package    | READY_TO_EAT All Ken's dressings and sauces are ready to serve. Just open and impress your customers with the fresh, bold taste of your products. Available in a wide variety of flavors. Add ingredients at store level to personalize your offerings (speed scratch recipes). | 470061        |

## **Preparation Instructions**

Bottom to Top Romaine Sliced Chicken

, Tomato, Lettuce on a wrap

| 7 into direct of conving |       |
|--------------------------|-------|
| Meat                     | 3.250 |
| Grain                    | 0.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 2.000 |
| RedVeg                   | 0.500 |
| OtherVeg                 | 3.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

| Amount Per Serving   |                   |  |  |  |
|----------------------|-------------------|--|--|--|
| Calories             | 401.37            |  |  |  |
| Fat                  | 27.15g            |  |  |  |
| Saturated Fat        | 7.47g             |  |  |  |
| Trans Fat            | 0.00g             |  |  |  |
| Cholesterol          | 90.00mg           |  |  |  |
| Sodium               | 1133.77mg         |  |  |  |
| Carbohydrates        | 12.17g            |  |  |  |
| Fiber                | 4.60g             |  |  |  |
| Total Sugar          | 5.50g             |  |  |  |
| Added Sugar          | 0.00g             |  |  |  |
| Protein              | 29.00g            |  |  |  |
| Vitamin A 9237.10mcg | Vitamin C 16.09mg |  |  |  |
| Calcium 76.02mg      | Iron 2.71mg       |  |  |  |
|                      |                   |  |  |  |

#### **Nutrition - Per 100g**

## **Big Griff**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-37657          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                                  | Measurement | Prep Instructions   | DistPart<br># |
|--|-------------|---|---------------|
| BUN HAMB SLCD<br>WHEAT WHL 4IN<br>10-12 GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.   | 517810        |
| CHEESE AMER<br>WHT 160CT SLCD                | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted  | 861940        |
| BEEF PTY CHARB<br>200-2.5Z ADV               | 1 Each      | BAKE Conventional oven: from frozen state sleeve pack preparationput a few small holes in top of bag. Place entire bag intact on sheet pan in preheated oven 375-400 degrees f for 60minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165degrees f. Convection oven: from frozen state sleeve pack preparation put a few small holes in top of bag. Place entirebag intact on sheet pan in preheated oven 375-400 degrees ffor 30-40minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165 degrees f. | 203270        |
| BACON CKD MED<br>SLCD                        | 2 Slice     |   | 314196        |

## **Preparation Instructions**

Build:

WG Bottom Bun

Meat

Cheese (if needed)

Sauce (if needed)

Toppings ( if needed)

Top Bun

Wrapped

Served with Fries of the Day

| 7 tillount 1 or oolving  |       |
|--------------------------|-------|
| Meat                     | 3.250 |
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |                  |  |  |
|--------------------|------------------|--|--|
| Calories           | 355.00           |  |  |
| Fat                | 15.50g           |  |  |
| Saturated Fat      | 6.10g            |  |  |
| Trans Fat          | 0.02g            |  |  |
| Cholesterol        | 55.50mg          |  |  |
| Sodium             | 866.90mg         |  |  |
| Carbohydrates      | 27.00g           |  |  |
| Fiber              | 4.00g            |  |  |
| Total Sugar        | 4.50g            |  |  |
| Added Sugar        | 0.00g            |  |  |
| Protein            | 25.90g           |  |  |
| Vitamin A 0.00mcg  | Vitamin C 0.00mg |  |  |
| Calcium 128.50mg   | Iron 2.98mg      |  |  |

#### **Nutrition - Per 100g**

# **Egg Salad**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00 1                 | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-39864 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                  | Measurement | Prep Instructions | DistPart # |
|------------------------------|-------------|-------------------|------------|
| SALAD EGG                    | 3 Ounce     |                   | 130450     |
| BREAD WGRAIN WHT 16-22Z GCHC | 2 Slice     |                   | 266547     |

0.000

#### **Preparation Instructions**

No Preparation Instructions available.

| Amount Per Serving       |       |  |
|--------------------------|-------|--|
| Meat                     | 2.000 |  |
| Grain                    | 2.000 |  |
| Fruit                    | 0.000 |  |
| GreenVeg                 | 0.000 |  |
| RedVeg                   | 0.000 |  |
| OtherVeg                 | 0.000 |  |
| Beans, Peas, and Lentils | 0.000 |  |

Starch

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 1

| 9                  |         |           |        |
|--------------------|---------|-----------|--------|
| Amount Per Serving |         |           |        |
| Calories           |         | 190.56    |        |
| F                  | at      | 13.63g    |        |
| Satura             | ted Fat | 2.86g     |        |
| Trans Fat          |         | 0.00g     |        |
| Chole              | sterol  | 232.14mg  |        |
| Sodium             |         | 536.75mg  |        |
| Carbohydrates      |         | 8.11g     |        |
| Fiber              |         | 0.12g     |        |
| Total              | Sugar   | 5.12g     |        |
| Added              | Sugar   | 4.41g     |        |
| Protein            |         | 8.04g     |        |
| Vitamin A          | 0.00mcg | Vitamin C | 0.00mg |
| Calcium            | 37.53mg | Iron      | 0.92mg |
| •                  |         |           |        |

#### **Nutrition - Per 100g**

## **Bacon Cheeseburger**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-40992          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                                  | Measurement | Prep Instructions   | DistPart<br># |
|--|-------------|---|---------------|
| BUN HAMB SLCD<br>WHEAT WHL 4IN<br>10-12 GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.   | 517810        |
| CHEESE AMER<br>WHT 160CT SLCD                | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted  | 861940        |
| BEEF PTY CHARB<br>200-2.5Z ADV               | 1 Each      | BAKE Conventional oven: from frozen state sleeve pack preparationput a few small holes in top of bag. Place entire bag intact on sheet pan in preheated oven 375-400 degrees f for 60minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165degrees f. Convection oven: from frozen state sleeve pack preparation put a few small holes in top of bag. Place entirebag intact on sheet pan in preheated oven 375-400 degrees ffor 30-40minutes. Remove from oven and let stand 3 minutes before opening bag. Always cook product to an internal temperature of 165 degrees f. | 203270        |
| BACON CKD THK<br>SLCD                        | 2 Slice     | Cook bacon per instruction on box   | 590495        |

#### **Preparation Instructions**

Build:

WG Bottom Bun

Meat

Cheese (if needed)

Sauce (if needed)

Toppings (if needed)

Top Bun

Wrapped

Served with Fries of the Day

| 7 and direct of Conting  |       |
|--------------------------|-------|
| Meat                     | 3.000 |
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |                  |  |  |  |
|--------------------|------------------|--|--|--|
| Calories           | 375.00           |  |  |  |
| Fat                | 17.10g           |  |  |  |
| Saturated Fat      | 6.70g            |  |  |  |
| Trans Fat          | 0.03g            |  |  |  |
| Cholesterol        | 58.50mg          |  |  |  |
| Sodium             | 938.50mg         |  |  |  |
| Carbohydrates      | 27.00g           |  |  |  |
| Fiber              | 4.00g            |  |  |  |
| Total Sugar        | 4.50g            |  |  |  |
| Added Sugar        | 0.00g            |  |  |  |
| Protein            | 27.10g           |  |  |  |
| Vitamin A 0.00mcg  | Vitamin C 0.00mg |  |  |  |
| Calcium 128.50mg   | Iron 2.98mg      |  |  |  |

#### **Nutrition - Per 100g**

#### Ham & Cheese Sub

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00 Each              | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-40993          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                         | Measurement | Prep Instructions                                | DistPart # |
|-------------------------------------|-------------|--|------------|
| 6-2 LETTUCE ROMAINE COMM 15D44      | 2 Ounce     | 2 o  | 381403     |
| TOMATO ROMA LRG                     | 1 Ounce     | 1 slice - cut in half                            | 462551     |
| CHEESE AMER WHT 160CT SLCD          | 1 Slice     | READY_TO_EAT<br>Pre-sliced<br>Use Cold or Melted | 861940     |
| DRESSING ITAL FF PKT 60-1.5FLZ PMLL | 1 Each      | READY_TO_EAT Open, pour and enjoy!               | 824960     |
| TURKEY HAM SLCD                     | 3 Ounce     | 3 Slices   | 556121     |
| Dinner Roll                         | 1 Each      |  | 266548     |
| BUN SUB SLCD WGRAIN 5IN             | 1 Each      | READY_TO_EAT                                     | 276142     |

#### **Preparation Instructions**

Sub Bun

- 3 Sliced Turkey Ham
- 1 Slice White American Cheese,
- 1 Tomato Slice (cut in half)

Handful of Romaine Lettuce

In 3 compartment container:

Sandwich, Dressing Packet, Whole Fruit, Whole Grain Dinner Roll

| z missin i si s |       |
|--|-------|
| Meat   | 0.000 |
| Grain  | 0.000 |
| Fruit  | 0.000 |
| GreenVeg   | 0.000 |
| RedVeg   | 0.000 |
| OtherVeg   | 0.000 |
| Beans, Peas, and Lentils                         | 0.000 |
| Starch   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

| Colving Cizor 1100 Zaori |                  |  |  |  |
|--------------------------|------------------|--|--|--|
| Amount Per Serving       |                  |  |  |  |
| Calories                 | 419.14           |  |  |  |
| Fat                      | 13.16g           |  |  |  |
| Saturated Fat            | 4.49g            |  |  |  |
| Trans Fat                | 0.00g            |  |  |  |
| Cholesterol              | 71.32mg          |  |  |  |
| Sodium                   | 1447.61mg        |  |  |  |
| Carbohydrates            | 51.10g           |  |  |  |
| Fiber                    | 5.35g            |  |  |  |
| Total Sugar              | 12.29g           |  |  |  |
| Added Sugar              | 6.00g            |  |  |  |
| Protein                  | 25.68g           |  |  |  |
| Vitamin A 8423.56mcg     | Vitamin C 7.64mg |  |  |  |
| Calcium 200.36mg         | Iron 4.70mg      |  |  |  |
|                          |                  |  |  |  |

#### **Nutrition - Per 100g**

#### **Fish Sandwich**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-40994          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                               | Measurement | Prep Instructions  | DistPart<br># |
|---|-------------|--|---------------|
| BUN HAMB SLCD WHEAT WHL<br>4IN 10-12 GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.  | 517810        |
| CHEESE AMER WHT 160CT<br>SLCD             | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted   | 861940        |
| POLLOCK BRD RECT WGRAIN<br>MSC 3.6Z       | 1 Each      | BAKE COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 375°F and bake for 15-17 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 20- 22 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM. | 643142        |

#### **Preparation Instructions**

Build:

WG Bottom Bun

Meat

Cheese (if needed)

Sauce (if needed)

Toppings (if needed)

Top Bun

Wrapped

Served with Fries of the Day

| z missin i si s |       |
|--|-------|
| Meat   | 0.000 |
| Grain  | 0.000 |
| Fruit  | 0.000 |
| GreenVeg   | 0.000 |
| RedVeg   | 0.000 |
| OtherVeg   | 0.000 |
| Beans, Peas, and Lentils                         | 0.000 |
| Starch   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |           |        |  |  |
|--------------------|-----------|--------|--|--|
| Calories           | 360.00    |        |  |  |
| Fat                | 13.00g    |        |  |  |
| Saturated Fat      | 3.50g     |        |  |  |
| Trans Fat          | 0.00g     |        |  |  |
| Cholesterol        | 47.50mg   |        |  |  |
| Sodium             | 670.00mg  |        |  |  |
| Carbohydrates      | 42.00g    |        |  |  |
| Fiber              | 4.00g     |        |  |  |
| Total Sugar        | 5.50g     |        |  |  |
| Added Sugar        | 0.00g     |        |  |  |
| Protein            | 19.50g    |        |  |  |
| Vitamin A 0.00mcg  | Vitamin C | 0.00mg |  |  |
| Calcium 108.50mg   | Iron      | 2.00mg |  |  |

#### **Nutrition - Per 100g**

## **Taco Salad**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-40995 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                          | Measurement  | Prep Instructions  | DistPart<br># |
|--------------------------------------|--------------|--|---------------|
| 6-2 LETTUCE<br>ROMAINE COMM<br>15D44 | 2 Cup        | 2 Cups   | 381403        |
| CHEESE CHED MLD<br>SHRD 4-5 LOL      | 2 Ounce      | READY_TO_EAT Preshredded. Use cold or melted   | 150250        |
| ROLL YEAST WHE<br>WGRAIN 1.5Z        | 1 Each       |  | 233140        |
| TOMATO GRAPE                         | 4 Each       |  | 749041        |
| TACO FILLING<br>BEEF R/SOD           | 2 Ounce      | BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.  | 175983        |
| CORN FZ 30 COMM                      | 1/2 Cup      |  | 120490        |
| CHIP TORTL RND<br>YEL                | 2 Ounce      |  | 163020        |
| DRESSING RNCH<br>CHIPOTLE            | 1 Tablespoon | READY_TO_EAT This ready-to-use dressing simplifies back-of-house prep. Easily customize this dressing by adding extra chipotle seasoning to control the dressing's spiciness. Create zesty, leafy salads or a custom dipping sauce to your signature deep-fried chicken tenders. | 166741        |

## **Preparation Instructions**

No Preparation Instructions available.

| Meat                     | 0.000 |
|--------------------------|-------|
| Grain                    | 0.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |
|---------------------------|----------------------|--|
| Calories                  | 729.51**             |  |
| Fat                       | 34.87g**             |  |
| Saturated Fat             | 11.24g**             |  |
| Trans Fat                 | 0.00g**              |  |
| Cholesterol               | 78.66mg**            |  |
| Sodium                    | 800.41mg**           |  |
| Carbohydrates             | 86.98g**             |  |
| Fiber                     | 10.74g**             |  |
| Total Sugar               | 12.50g**             |  |
| Added Sugar               | 0.00g**              |  |
| Protein                   | 27.53g**             |  |
| Vitamin A 8492.20mcg**    | Vitamin C 3.76mg**   |  |
| <b>Calcium</b> 317.61mg** | <b>Iron</b> 5.40mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

# Nutrition - Per 100g

# **House Salad w Spicy Chicken**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-40996 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                            | Measurement | Prep Instructions   | DistPart<br># |
|--|-------------|---|---------------|
| 6-2 LETTUCE ROMAINE<br>COMM 15D44      | 2 Cup       | 2 Cups  | 381403        |
| CUCUMBER SUPER<br>SELECT               | 4 Slice     |   | 592323        |
| CHEESE CHED MLD SHRD<br>4-5 LOL        | 2 Ounce     | READY_TO_EAT Preshredded. Use cold or melted  | 150250        |
| DRESSING RNCH LT PKT<br>60-1.5FLZ PMLL | 1 Each      | READY_TO_EAT Open, pour and enjoy!  | 825010        |
| ROLL YEAST WHE<br>WGRAIN 1.5Z          | 1 Each      |   | 233140        |
| CROUTON CHS GARL<br>WGRAIN             | 1 Package   | READY_TO_EAT Ready to use.  | 661022        |
| TOMATO GRAPE                           | 4 Each      |   | 749041        |
| CHIX TNDRLN BRD SPCY<br>WGRAIN         | 2 1/2 Ounce | BAKE Appliances vary, adjust accordingly. Conventional Oven Preheat oven to 400°F. Place frozen chicken tenders in a single layer on parchment lined baking sheet. Heat for 13-16 minutes. CONVECTION Appliances vary, adjust accordingly. Convection Oven Preheat oven to 350°F. Place frozen chicken tenders in a single layer on parchment lined baking sheet. Heat for 11-14 minutes. | 533680        |

## **Preparation Instructions**

No Preparation Instructions available.

| Meat                     | 2.225 |
|--------------------------|-------|
| Grain                    | 2.613 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.667 |
| OtherVeg                 | 0.125 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |
|---------------------------|----------------------|--|
| Calories                  | 555.80**             |  |
| Fat                       | 29.05g**             |  |
| Saturated Fat             | 9.73g**              |  |
| Trans Fat                 | 0.00g**              |  |
| Cholesterol               | 80.64mg**            |  |
| Sodium                    | 1128.19mg**          |  |
| Carbohydrates             | 49.90g**             |  |
| Fiber                     | 5.23g**              |  |
| Total Sugar               | 12.73g**             |  |
| Added Sugar               | 1.00g**              |  |
| Protein                   | 25.45g**             |  |
| Vitamin A 8212.40mcg**    | Vitamin C 4.36mg**   |  |
| <b>Calcium</b> 266.06mg** | <b>Iron</b> 3.87mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

# Nutrition - Per 100g

## **Veggie Burger**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-41006          |
| School:       | Taylor School District |                       |                  |

## **Ingredients**

| Description                               | Measurement | Prep Instructions   | DistPart<br># |
|---|-------------|---|---------------|
| BUN HAMB SLCD WHEAT WHL 4IN 10-12<br>GCHC | 1 Each      | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved. | 517810        |
| BURGER VEGGIE 7-VEG                       | 1 Each      |   | 561649        |

## **Preparation Instructions**

Build:

WG Bottom Bun

Meat

Cheese (if needed)

Sauce (if needed)

Toppings (if needed)

Top Bun

Wrapped

Served with Fries of the Day

| - mile and a continuity  |       |
|--------------------------|-------|
| Meat                     | 0.000 |
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.500 |
| RedVeg                   | 0.500 |
| OtherVeg                 | 0.500 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.500 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |                  |  |
|--------------------|------------------|--|
| Calories           | 303.00           |  |
| Fat                | 8.00g            |  |
| Saturated Fat      | 1.00g            |  |
| Trans Fat          | 0.00g            |  |
| Cholesterol        | 2.00mg           |  |
| Sodium             | 755.00mg         |  |
| Carbohydrates      | 39.00g           |  |
| Fiber              | 8.90g            |  |
| Total Sugar        | 6.00g            |  |
| Added Sugar        | 0.00g            |  |
| Protein            | 22.50g           |  |
| Vitamin A 0.00mcg  | Vitamin C 0.00mg |  |
| Calcium 127.20mg   | Iron 2.40mg      |  |

#### **Nutrition - Per 100g**

## **Tuna Salad Wrap**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-41012 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                        | Measurement  | Prep Instructions   | DistPart<br># |
|------------------------------------|--------------|---|---------------|
| TOMATO SLCD<br>1/4IN               | 2 Slice      |   | 786535        |
| LETTUCE SHRD<br>TACO 1/8CUT        | 1 Serving    |   | 242489        |
| TUNA SOLID LT IN<br>WTR            | 3 Ounce      |   | 103322        |
| MAYONNAISE<br>GOURM 4-1GAL<br>KENS | 1 Tablespoon | READY_TO_EAT All Ken's dressings and sauces are ready to serve. Just open and impress your customers with the fresh, bold taste of your products. Available in a wide variety of flavors. Add ingredients at store level to personalize your offerings (speed scratch recipes). | 269901        |
| CHEESE SLCD YEL                    | 1 Slice      |   | 334450        |
| TORTILLA WHL<br>WHE 12IN           | 1 Each       |   | 838641        |

## **Preparation Instructions**

Sub Bun

Handful of Lettuce

- 3 Ounces of Tuna
- 1 Slice of American Cheese
- 1 Tomato Slice (cut in half)

\*\*

In a 3 compartment container:

Sub, Mayo Packet, , Whole Fruit, Whole Grain Dinner Roll

| Meat                     | 0.500 |
|--------------------------|-------|
| Grain                    | 3.500 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.250 |
| OtherVeg                 | 0.167 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving  |                  |  |
|---------------------|------------------|--|
| Calories            | 1306.70          |  |
| Fat                 | 42.10g           |  |
| Saturated Fat       | 16.88g           |  |
| Trans Fat           | 0.00g            |  |
| Cholesterol         | 361.00mg         |  |
| Sodium              | 3113.98mg        |  |
| Carbohydrates       | 53.75g           |  |
| Fiber               | 6.88g            |  |
| Total Sugar         | 6.92g            |  |
| Added Sugar         | 0.00g            |  |
| Protein             | 180.40g          |  |
| Vitamin A 374.85mcg | Vitamin C 6.17mg |  |
| Calcium 196.98mg    | Iron 2.12mg      |  |

#### **Nutrition - Per 100g**

# Salami & Cheese Wrap

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00 Each              | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-41015          |
| School:       | Taylor School District |                       |                  |

#### **Ingredients**

| Description                         | Measurement | Prep Instructions                          | DistPart # |
|-------------------------------------|-------------|--|------------|
| 6-2 LETTUCE ROMAINE COMM 15D44      | 2 Ounce     | 2 o  | 381403     |
| TOMATO ROMA LRG                     | 1 Ounce     | 1 slice - cut in half                      | 462551     |
| CHEESE AMER WHT 160CT SLCD          | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted | 861940     |
| DRESSING ITAL FF PKT 60-1.5FLZ PMLL | 1 Each      | READY_TO_EAT Open, pour and enjoy!         | 824960     |
| TORTILLA WHL WHE 12IN               | 1 Each      |  | 838641     |
| SALAMI GENOA SLCD 4/Z               | 4 Slice     |  | 776250     |

#### **Preparation Instructions**

Wrap

- 3 Sliced Turkey Ham
- 1 Slice White American Cheese,
- 1 Tomato Slice (cut in half)

Handful of Romaine Lettuce

In 3 compartment container:

Sandwich, Dressing Packet, Whole Fruit, Whole Grain Dinner Roll

| z mileant i e e e e e e e e e e e e e e e e e e |       |
|---|-------|
| Meat  | 0.000 |
| Grain   | 0.000 |
| Fruit   | 0.000 |
| GreenVeg  | 0.000 |
| RedVeg  | 0.000 |
| OtherVeg  | 0.000 |
| Beans, Peas, and Lentils                        | 0.000 |
| Starch  | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

| our mig on a more and m |           |        |  |  |
|-------------------------|-----------|--------|--|--|
| Amount Per Serving      |           |        |  |  |
| Calories                | 506.10    |        |  |  |
| Fat                     | 22.26g    |        |  |  |
| Saturated Fat           | 10.02g    |        |  |  |
| Trans Fat               | 0.00g     |        |  |  |
| Cholesterol             | 35.00mg   |        |  |  |
| Sodium                  | 1589.02mg |        |  |  |
| Carbohydrates           | 60.10g    |        |  |  |
| Fiber                   | 8.35g     |        |  |  |
| Total Sugar             | 11.29g    |        |  |  |
| Added Sugar             | 0.00g     |        |  |  |
| Protein                 | 16.45g    |        |  |  |
| Vitamin A 8423.56mcg    | Vitamin C | 7.64mg |  |  |
| Calcium 265.31mg        | Iron      | 3.38mg |  |  |
|                         |           |        |  |  |

#### **Nutrition - Per 100g**

#### Salami & Cheese WG Sub

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00 Each              | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-41016          |
| School:       | Taylor School District |                       |                  |

#### **Ingredients**

| Description                         | Measurement | Prep Instructions                          | DistPart # |
|-------------------------------------|-------------|--|------------|
| 6-2 LETTUCE ROMAINE COMM 15D44      | 2 Ounce     | 2 o  | 381403     |
| TOMATO ROMA LRG                     | 1 Ounce     | 1 slice - cut in half                      | 462551     |
| CHEESE AMER WHT 160CT SLCD          | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted | 861940     |
| DRESSING ITAL FF PKT 60-1.5FLZ PMLL | 1 Each      | READY_TO_EAT Open, pour and enjoy!         | 824960     |
| SALAMI GENOA SLCD 4/Z               | 4 Slice     |  | 776250     |
| BUN SUB SLCD WGRAIN 5IN             | 1 Each      | READY_TO_EAT                               | 276142     |

#### **Preparation Instructions**

Wrap

- 3 Sliced Turkey Ham
- 1 Slice White American Cheese,
- 1 Tomato Slice (cut in half)

Handful of Romaine Lettuce

In 3 compartment container:

Sandwich, Dressing Packet, Whole Fruit, Whole Grain Dinner Roll

| 7 into direct of Colving |       |
|--------------------------|-------|
| Meat                     | 0.000 |
| Grain                    | 0.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

| Amount Per Serving   |                  |  |  |  |
|----------------------|------------------|--|--|--|
| Calories             | 356.10           |  |  |  |
| Fat                  | 15.76g           |  |  |  |
| Saturated Fat        | 6.52g            |  |  |  |
| Trans Fat            | 0.00g            |  |  |  |
| Cholesterol          | 35.00mg          |  |  |  |
| Sodium               | 1319.02mg        |  |  |  |
| Carbohydrates        | 40.10g           |  |  |  |
| Fiber                | 4.35g            |  |  |  |
| Total Sugar          | 11.29g           |  |  |  |
| Added Sugar          | 4.00g            |  |  |  |
| Protein              | 14.45g           |  |  |  |
| Vitamin A 8423.56mcg | Vitamin C 7.64mg |  |  |  |
| Calcium 194.31mg     | Iron 3.38mg      |  |  |  |
|                      |                  |  |  |  |

#### **Nutrition - Per 100g**

## Pepperoni & Cheese Sub

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-41017 |
| School:       | Taylor School District |                       |         |

## **Ingredients**

| Description                | Measurement | Prep Instructions   | DistPart<br># |
|----------------------------|-------------|---|---------------|
| CHEESE MOZZ SHRD           | 1/2 Cup     | READY_TO_EAT Preshredded. Use cold or melted.   | 645170        |
| PEPPERONI TKY SLCD<br>15/Z | 3 Ounce     | READY_TO_EAT Fully Cooked - Ready To Eat This item is fully cooked and is "Ready To Eat". | 276662        |
| SAUCE MARINARA A/P         | 1 Ounce     | READY_TO_EAT<br>None  | 592714        |
| BUN SUB SLCD WGRAIN<br>5IN | 1 Each      | READY_TO_EAT  | 276142        |

#### **Preparation Instructions**

Sub Bun

3 Ounces of Pepperoni (10 to 12 slices)

1/2 Cup Mozzarella Cheese

1 Ounce of Marinara

\*\*

In a 3 compartment container:

Wrap, Whole Fruit, Whole Grain Dinner Roll

| 7 into differ or o or virig |       |
|-----------------------------|-------|
| Meat                        | 4.273 |
| Grain                       | 2.000 |
| Fruit                       | 0.000 |
| GreenVeg                    | 0.000 |
| RedVeg                      | 1.500 |
| OtherVeg                    | 0.000 |
| Beans, Peas, and Lentils    | 0.000 |
| Starch                      | 0.000 |
|                             |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |          |           |        |  |
|--------------------|----------|-----------|--------|--|
| Cal                | ories    | 644.55    |        |  |
| F                  | at       | 27.73g    |        |  |
| Satura             | ited Fat | 10.91g    |        |  |
| Tran               | s Fat    | 0.00g     |        |  |
| Chole              | esterol  | 120.91mg  |        |  |
| Soc                | dium     | 2420.91mg |        |  |
| Carbol             | ydrates  | 51.55g    |        |  |
| Fi                 | ber      | 6.00g     |        |  |
| Total              | Sugar    | 18.27g    |        |  |
| Added              | l Sugar  | 6.27g     |        |  |
| Protein            |          | 43.45g    |        |  |
| Vitamin A          | 0.00mcg  | Vitamin C | 0.00mg |  |
| Calcium            | 576.18mg | Iron      | 5.59mg |  |

#### **Nutrition - Per 100g**

#### **Deli Italian Sub**

| Servings:     | 1.00                   | Category:             | Entree           |
|---------------|------------------------|-----------------------|------------------|
| Serving Size: | 1.00 Each              | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:            | R-41018          |
| School:       | Taylor School District |                       |                  |

#### **Ingredients**

| Description                             | Measurement | Prep Instructions   | DistPart<br># |
|---|-------------|---|---------------|
| 6-2 LETTUCE ROMAINE COMM<br>15D44       | 1 Cup       |   | 381403        |
| TOMATO ROMA LRG                         | 1/2 Cup     |   | 462551        |
| CHEESE AMER WHT 160CT<br>SLCD           | 2 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted  | 861940        |
| DRESSING ITAL FF PKT 60-<br>1.5FLZ PMLL | 1 Each      | READY_TO_EAT Open, pour and enjoy!  | 824960        |
| TURKEY HAM SLCD                         | 1 Ounce     |   | 556121        |
| PEPPERONI SLCD BOLD 14/Z                | 1 Ounce     | BAKE Fully cooked. Serve warm or cold. Simply open package and portion as needed. | 702691        |
| TURKEY BRST SLCD WHT 1/2Z               | 1 Slice     |   | 244190        |
| 8" WHOLE GRAIN WHITE SUB<br>BUN         | 1 BUN       | READY_TO_EAT  | 1742          |

#### **Preparation Instructions**

Sub Bread

- 2 Slices of Turkey Ham
- 2 Slices of Turkey
- 3 Pepperoni
- 2 Slices of American Cheese
- 2 Tomato Slice (cut in half)

Cup Romaine Lettuce

| Meat                     | 1.987 |
|--------------------------|-------|
| Grain                    | 3.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.500 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

| Amount Per Serving   |                    |  |  |  |
|----------------------|--------------------|--|--|--|
| Calories             | 545.21             |  |  |  |
| Fat                  | 27.18g             |  |  |  |
| Saturated Fat        | 10.71g             |  |  |  |
| Trans Fat            | 0.50g              |  |  |  |
| Cholesterol          | 87.11mg            |  |  |  |
| Sodium               | 1616.83mg          |  |  |  |
| Carbohydrates        | 51.50g             |  |  |  |
| Fiber                | 6.10g              |  |  |  |
| Total Sugar          | 12.50g             |  |  |  |
| Added Sugar          | 0.00g              |  |  |  |
| Protein              | 27.81g             |  |  |  |
| Vitamin A 4843.40mcg | Vitamin C 14.21mg  |  |  |  |
| Calcium 198.51mg     | <b>Iron</b> 1.37mg |  |  |  |
|                      |                    |  |  |  |

#### **Nutrition - Per 100g**

## Club Sub

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-41019 |
| School:       | Taylor School District |                       |         |

### **Ingredients**

| Description                | Measurement | Prep Instructions                          | DistPart # |
|----------------------------|-------------|--|------------|
| TURKEY BRST SLCD OVN RSTD  | 1 Ounce     |  | 689541     |
| TOMATO SLCD 1/4IN          | 2 Slice     |  | 786535     |
| LETTUCE SHRD TACO 1/8CUT   | 1 Serving   |  | 242489     |
| BACON TKY CKD              | 2 Piece     |  | 834770     |
| BUN SUB SLCD WGRAIN 5IN    | 1 Each      | READY_TO_EAT                               | 276142     |
| TURKEY HAM SLCD .51Z       | 1 Ounce     |  | 656891     |
| CHEESE AMER WHT 160CT SLCD | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted | 861940     |

### **Preparation Instructions**

| Meat                     | 2.356 |
|--------------------------|-------|
| Grain                    | 2.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.250 |
| OtherVeg                 | 0.167 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving |              |           |        |  |
|--------------------|--------------|-----------|--------|--|
| Ca                 | lories       | 380.69    |        |  |
|                    | Fat          | 15.03g    |        |  |
| Satur              | ated Fat     | 5.28g     |        |  |
| Tra                | ns Fat       | 0.00g     |        |  |
| Chol               | esterol      | 79.63mg   |        |  |
| So                 | dium         | 1249.09mg |        |  |
| Carbo              | hydrates     | 33.25g    |        |  |
| F                  | iber         | 2.88g     |        |  |
| Tota               | l Sugar      | 6.42g     |        |  |
| Adde               | d Sugar      | 5.67g     |        |  |
| Pr                 | otein        | 28.27g    |        |  |
| Vitamin A          | 374.85mcg    | Vitamin C | 6.17mg |  |
| Calcium            | 144.00mg     | Iron      | 2.90mg |  |
|                    | <del>_</del> |           |        |  |

#### **Nutrition - Per 100g**

## **Club Wrap**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-41020 |
| School:       | Taylor School District |                       |         |

### **Ingredients**

| Description                | Measurement | Prep Instructions                          | DistPart # |
|----------------------------|-------------|--|------------|
| TURKEY BRST SLCD OVN RSTD  | 1 Ounce     |  | 689541     |
| TOMATO SLCD 1/4IN          | 2 Slice     |  | 786535     |
| LETTUCE SHRD TACO 1/8CUT   | 1 Serving   |  | 242489     |
| BACON TKY CKD              | 2 Piece     |  | 834770     |
| TURKEY HAM SLCD .51Z       | 1 Ounce     |  | 656891     |
| CHEESE AMER WHT 160CT SLCD | 1 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted | 861940     |
| TORTILLA WHL WHE 12IN      | 1 Each      |  | 838641     |

## **Preparation Instructions**

| 7 into direct of ootving |       |
|--------------------------|-------|
| Meat                     | 2.356 |
| Grain                    | 3.500 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.250 |
| OtherVeg                 | 0.167 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |
|                          |       |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving  |                  |  |  |
|---------------------|------------------|--|--|
| Calories            | 530.69           |  |  |
| Fat                 | 21.53g           |  |  |
| Saturated Fat       | 8.78g            |  |  |
| Trans Fat           | 0.00g            |  |  |
| Cholesterol         | 79.63mg          |  |  |
| Sodium              | 1519.09mg        |  |  |
| Carbohydrates       | 53.25g           |  |  |
| Fiber               | 6.88g            |  |  |
| Total Sugar         | 6.42g            |  |  |
| Added Sugar         | 1.67g            |  |  |
| Protein             | 30.27g           |  |  |
| Vitamin A 374.85mcg | Vitamin C 6.17mg |  |  |
| Calcium 215.00mg    | Iron 2.90mg      |  |  |

#### **Nutrition - Per 100g**

## **Charcuterie - Pretzel**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-41089 |
| School:       | Taylor School District |                       |         |

#### **Ingredients**

| Description               | Measurement | Prep Instructions                      | DistPart # |
|---------------------------|-------------|--|------------|
| PRETZEL ROD SFT WHEAT     | 2 Each      |  | 607940     |
| CHEESE COLBY JK CUBED     | 5 Piece     |  | 471461     |
| HAM SLCD .5Z              | 2 Slice     |  | 294187     |
| TURKEY BRST SLCD WHT 1/2Z | 2 Slice     |  | 244190     |
| CARROT BABY WHL PETITE    | 1/2 Cup     | use commodity carrots (not pre packed) | 599921     |
| TOMATO GRAPE              | 3 Ounce     |  | 749041     |
| STRAWBERRIES 8-1# COMM    | 1 Cup       |  | 889115     |

## **Preparation Instructions**

| z une current            |       |
|--------------------------|-------|
| Meat                     | 0.000 |
| Grain                    | 0.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |  |
|---------------------------|----------------------|--|--|
| Calories                  | 362.30**             |  |  |
| Fat                       | 14.72g**             |  |  |
| Saturated Fat             | 6.83g**              |  |  |
| Trans Fat                 | 0.00g**              |  |  |
| Cholesterol               | 62.50mg**            |  |  |
| Sodium                    | 1129.49mg**          |  |  |
| Carbohydrates             | 35.97g**             |  |  |
| Fiber                     | 5.09g**              |  |  |
| Total Sugar               | 4.49g**              |  |  |
| Added Sugar               | 0.50g**              |  |  |
| Protein                   | 24.44g**             |  |  |
| Vitamin A 0.00mcg**       | Vitamin C 0.00mg**   |  |  |
| <b>Calcium</b> 275.60mg** | <b>Iron</b> 2.74mg** |  |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

## **Charcuterie - Flatbread**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:            | R-41090 |
| School:       | Taylor School District |                       |         |

#### **Ingredients**

| Description                      | Measurement | Prep Instructions  | DistPart<br># |
|----------------------------------|-------------|--|---------------|
| TURKEY BRST SLCD WHT 1/2Z        | 4 Slice     |  | 244190        |
| CARROT BABY WHL PETITE           | 1/2 Cup     | use commodity carrots (not pre packed)   | 599921        |
| TOMATO GRAPE                     | 3 Ounce     |  | 749041        |
| CHEESE AMER WHT 160CT<br>SLCD    | 2 Slice     | READY_TO_EAT Pre-sliced Use Cold or Melted   | 861940        |
| BREAD ULTRA LOCO<br>WGRAIN 6.5IN | 1 Each      | THAW Ultra Loco Bread is fully baked but performs best if slightly warmed /u2022For best results thaw out to room temperature prior to heating /u2022Place in warming box (leave in bag) 1 hour thawed or 2 hours frozen /u2022For individual pieces (out of bag) microwave for 15 seconds thawed or 30 seconds frozen | 696831        |
| BLUEBERRIES 12-6Z COMM           | 1 Cup       |  | 889107        |

#### **Preparation Instructions**

| - mile and a continuity  |       |
|--------------------------|-------|
| Meat                     | 0.000 |
| Grain                    | 0.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |  |
|---------------------------|----------------------|--|--|
| Calories                  | 346.47**             |  |  |
| Fat                       | 15.22g**             |  |  |
| Saturated Fat             | 5.67g**              |  |  |
| Trans Fat                 | 0.00g**              |  |  |
| Cholesterol               | 55.00mg**            |  |  |
| Sodium                    | 865.32mg**           |  |  |
| Carbohydrates             | 33.22g**             |  |  |
| Fiber                     | 5.09g**              |  |  |
| Total Sugar               | 4.99g**              |  |  |
| Added Sugar               | 0.00g**              |  |  |
| Protein                   | 20.86g**             |  |  |
| Vitamin A 0.00mcg**       | Vitamin C 0.00mg**   |  |  |
| <b>Calcium</b> 260.10mg** | <b>Iron</b> 1.96mg** |  |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

## **Charcuterie - Tortilla Chips**

| Servings:     | 1.00                   | Category:      | Entree  |
|---------------|------------------------|----------------|---------|
| Serving Size: | 1.00                   | HACCP Process: | No Cook |
| Meal Type:    | Lunch                  | Recipe ID:     | R-41091 |
| School:       | Taylor School District |                |         |

#### **Ingredients**

| Description               | Measurement | Prep Instructions  | DistPart<br># |
|---------------------------|-------------|--|---------------|
| TOMATO GRAPE              | 3 Ounce     |  | 749041        |
| CHIP TORTL RND<br>WGRAIN  | 2 Ounce     | READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Store remaining product in airtight container to keep fresh | 739741        |
| SAUCE CHS CHED<br>DIP CUP | 1 Each      |  | 528690        |
| GRAPES RED                | 4 Ounce     |  | 748841        |
| AVOCADO HLVS IW           | 1 Ounce     |  | 770181        |

#### **Preparation Instructions**

| Meat                     | 1.000 |
|--------------------------|-------|
| Grain                    | 2.500 |
| Fruit                    | 2.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 1.500 |
| OtherVeg                 | 1.500 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |
|---------------------------|----------------------|--|
| Calories                  | 560.00**             |  |
| Fat                       | 31.00g**             |  |
| Saturated Fat             | 9.50g**              |  |
| Trans Fat                 | 0.00g**              |  |
| Cholesterol               | 30.00mg**            |  |
| Sodium                    | 800.00mg**           |  |
| Carbohydrates             | 57.00g**             |  |
| Fiber                     | 6.00g**              |  |
| Total Sugar               | 10.00g**             |  |
| Added Sugar               | 0.00g**              |  |
| Protein                   | 15.00g**             |  |
| Vitamin A 0.00mcg**       | Vitamin C 0.00mg**   |  |
| <b>Calcium</b> 398.00mg** | <b>Iron</b> 1.40mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

## **Charcuterie - Yogurt**

| Servings:     | 1.00                   | Category:             | Entree  |
|---------------|------------------------|-----------------------|---------|
| Serving Size: | 1.00                   | <b>HACCP Process:</b> | No Cook |
| Meal Type:    | Breakfast              | Recipe ID:            | R-41092 |
| School:       | Taylor School District |                       |         |

#### **Ingredients**

| Description                    | Measurement | Prep Instructions   | DistPart<br># |
|--------------------------------|-------------|---|---------------|
| GRANOLA BAG IW                 | 2 Package   | READY_TO_EAT Great to eat out of the pack, on breakfast and salad bars, or as a topping for desserts, yogurt, or parfaits. Perfect for healthcarenursing homes, rehabilitation centers, long-term care, senior living; schools, day cares, camps, golf courses and recreation programs. | 649742        |
| YOGURT VAN FF<br>PRO           | 4 Ounce     |   | 673261        |
| CHEESE STIX CHED<br>MLD R/F IW | 1 Each      | READY_TO_EAT Ready to Eat   | 786830        |
| STRAWBERRIES 8-<br>1# COMM     | 3 0         |   | 889115        |
| GRAPES RED                     | 3 Ounce     |   | 748841        |

#### **Preparation Instructions**

| Meat                     | 0.000 |
|--------------------------|-------|
| Grain                    | 0.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.000 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving        |                      |  |
|---------------------------|----------------------|--|
| Calories                  | 410.00**             |  |
| Fat                       | 11.00g**             |  |
| Saturated Fat             | 5.50g**              |  |
| Trans Fat                 | 0.00g**              |  |
| Cholesterol               | 23.00mg**            |  |
| Sodium                    | 403.30mg**           |  |
| Carbohydrates             | 57.00g**             |  |
| Fiber                     | 4.00g**              |  |
| Total Sugar               | 25.00g**             |  |
| Added Sugar               | 21.00g**             |  |
| Protein                   | 17.00g**             |  |
| Vitamin A 0.00mcg**       | Vitamin C 0.00mg**   |  |
| <b>Calcium</b> 370.67mg** | <b>Iron</b> 1.27mg** |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

#### **Deli Ham and Swiss Panini**

| Servings:     | 1.00      | Category:      | Entree           |
|---------------|-----------|----------------|------------------|
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch     | Recipe ID:     | R-49039          |
| School:       |           |                |                  |

#### **Ingredients**

| Description                       | Measurement | Prep Instructions  | DistPart<br># |
|-----------------------------------|-------------|--|---------------|
| 8" WHOLE GRAIN WHITE SUB<br>BUN   | 1 BUN       | READY_TO_EAT   | 1742          |
| TURKEY HAM                        | 3 Ounce     | READY_TO_EAT Fully Cooked - Ready To Eat This product is fully cooked and is "Ready To Eat". | 434663        |
| CHEESE SWS SLCD .5Z               | 2 Slice     | READY_TO_EAT Use in your favorite recipes.   | 679191        |
| MUSTARD YELLOW CLSC               | 1 Teaspoon  |  | 741270        |
| PICKLE SWT/SPCY CHIP              | 2 Ounce     |  | 527791        |
| RED ONION                         | 2 Ounce     |  | 15N63         |
| 6-2 LETTUCE ROMAINE COMM<br>15D44 | 1/2 Cup     |  | 381403        |

#### **Preparation Instructions**

Sub bread

Ham

Swiss

pickles

onion

grilled on panini press

| - mile and a continuity  |       |
|--------------------------|-------|
| Meat                     | 1.676 |
| Grain                    | 3.000 |
| Fruit                    | 0.000 |
| GreenVeg                 | 0.250 |
| RedVeg                   | 0.000 |
| OtherVeg                 | 0.250 |
| Beans, Peas, and Lentils | 0.000 |
| Starch                   | 0.000 |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

| Amount Per Serving     |                    |  |
|------------------------|--------------------|--|
| Calories               | 564.68             |  |
| Fat                    | 24.94g             |  |
| Saturated Fat          | 11.26g             |  |
| Trans Fat              | 0.00g              |  |
| Cholesterol            | 100.28mg           |  |
| Sodium                 | 944.19mg           |  |
| Carbohydrates          | 51.84g             |  |
| Fiber                  | 5.35g              |  |
| Total Sugar            | 12.34g             |  |
| Added Sugar            | 5.00g              |  |
| Protein                | 37.57g             |  |
| Vitamin A 2052.80mcg** | Vitamin C 0.94mg** |  |
| Calcium 516.66mg       | Iron 1.06mg        |  |
|                        |                    |  |

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g