

Cookbook for CCYC

Created by HPS Menu Planner

Table of Contents

CHICKEN CORDON BLEU SANDWICH

CHICKEN CORDON BLEU SANDWICH

Servings:	40.000	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-56835
School:	CCYC		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST FRTR CRSPY 3.5Z	40 Each	<p>CONVECTION Appliances vary, adjust accordingly. Convection Oven Preheat oven to 375°F. From frozen, place pieces in a single layer on a lined sheet pan on a wire rack. Heat for 11-12 minutes. For best performance hold on a sheet pan, uncovered, with a wire rack, above 135°F in a dry heat environment.</p> <p>DEEP_FRY Appliances vary, adjust accordingly. Deep Fry Preheat oil to 350°F. From thawed, place in a fryer basket, submerge in oil, and shake basket. Do NOT over pack product in basket. Cook the product for 4-5 minutes shaking the basket occasionally during cooking. For best performance hold product on a sheet pan, uncovered, with a wire rack, above 135°F in a dry heat environment.</p>	152141

Preparation Instructions

BAKE CHICKEN ACCORDING TO PRODUCT INSTRUCTIONS. PLACE CHICKEN ON BUN, TOP WITH HAM AND SWISS CHEESE. PLACE TOP BUN ON AND BAKE 5 MINUTES UNTIL HEATED THROUGH

Nutrition Facts

Servings Per Recipe: 40.000

Serving Size: 1.00 Each

Amount Per Serving	
Calories	240.00
Fat	13.00g
Saturated Fat	2.00g
Trans Fat	0.00g
Cholesterol	45.00mg
Sodium	620.00mg
Carbohydrates	14.00g
Fiber	0.00g
Total Sugar	1.00g
Added Sugar	0.00g
Protein	18.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 20.00mg	Iron 0.80mg

Nutrition - Per 100g

No 100g Conversion Available