

Cookbook for Calhoun County Youth Center

Created by HPS Menu Planner

Table of Contents

[Cheeseburger](#)

Cheeseburger

Servings:	40.000	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-56086
School:	Calhoun County Youth Center		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF PTY SEAS	40 Each		114600
BUN HAMB SLCD 4IN	40 Each	THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.	763233
CHEESE AMER YEL 160CT SLCD	40 Slice		271411

Preparation Instructions

1. Place hamburger patties on a parchment-lined sheet pan. Bake at 350°F for approximately 40 minutes or until cooked through.

CCP: Must reach internal temperature of 165°F for 15 seconds.

2. Add American cheese to hamburger patties and return to oven for 5 minutes until melted.

CCP: Hot hold at 135°F or higher.

4. To assemble: Place patty with melted cheese on each bun and serve.

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 40.000

Serving Size: 1.00

Amount Per Serving	
Calories	490.00
Fat	30.00g
Saturated Fat	12.50g
Trans Fat	1.00g
Cholesterol	92.50mg
Sodium	730.00mg
Carbohydrates	30.00g
Fiber	1.00g
Total Sugar	4.50g
Added Sugar	3.00g
Protein	25.50g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 180.00mg	Iron 3.90mg

Nutrition - Per 100g

No 100g Conversion Available