



# Gilster-Mary Lee Food Service

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## PRODUCT SPECIFICATIONS

<b>Label:</b> HOSPITALITY	<b>Pack Size:</b> 12/42 OZ CS	<b>Case Dim.:</b> 23.63 X 13X 9.81
<b>Description:</b> QUICK OATS	<b>Net Wt.:</b> 31.5 LBS	<b>Storage:</b> DRY 50°-85°F
<b>MFG Item #:</b> 71923 36820	<b>Gross Wt.:</b> 36 LBS	<b>Shelf Life:</b> 365 DAYS
<b>14-digit GTIN:</b> 100 71923 36820 8	<b>Cube:</b> 1.7440	<b>Date Code:</b> Expiration
<b>12-digit UPC:</b> 0 71923 36820 1	<b>Pallet TI-HI:</b> 6 X 4	<b>Kosher:</b> YES

## NUTRITIONAL INFORMATION

<b>Serving Size:</b> ½ CUP (45g)				<b>INGREDIENT STATEMENT</b>
<b>Svg/Container:</b> APPROX 26				
	<b>AMOUNT PER SERVING - DRY</b>	<b>CEREAL W/1/2 CUP SKIM MILK</b>		<b>INGREDIENTS:</b> ROLLED OATS  MANUFACTURED ON SHARED EQUIPMENT WITH PRODUCTS CONTAINING: SOY, WHEAT  CLAIMS: "WHOLE GRAIN"
<b>Calories:</b>	170	210		
<b>Fat Calories:</b>	25	30		
	<b>% DAILY VALUE*</b>			
<b>Total Fat:</b>	3g	4%	5%	
<b>Saturated Fat:</b>	0.5g	3%	3%	
<b>Trans Fat:</b>	0g			
<b>Cholesterol:</b>	0mg	0%	1%	
<b>Sodium:</b>	0mg	0%	3%	
<b>Total Carbohydrates:</b>	29g	10%	12%	
<b>Dietary Fiber:</b>	4g	17%	17%	
<b>Sugars:</b>	0g			
<b>Protein:</b>	7g			
<b>Vitamin A:</b>		0%	6%	
<b>Vitamin C:</b>		0%	2%	
<b>Calcium:</b>		0%	15%	
<b>Iron:</b>		8%	8%	

\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower, depending on your calorie needs.