

Serving Size: 8.113 **Date:** 4/12/2023

Meat

Description of Creditable Ingredients per FBG	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Creditable Amount (A x B)
Beef, fresh or frozen, Lean finely textured beef (LFTB), Raw, lean cooked meat	1.16 oz	0.81 <i>lb</i>	0.9396 oz
Beef, Ground, fresh or frozen , no more than 15% fat, (Like IMPS #136), cooked lean meat	1.22 oz	0.75 <i>lb</i>	0.9150 oz
Total Meat Creditable A	1.8546 oz		

Vegetables

Description of Creditable Ingredients per FBG	Vegetable Subgroup	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Potatoes, dehydrated, Diced, Low moisture, reconstituted, heated vegetable	Starchy Vegetables	1.12 oz	45.10	16.00 oz	3.1570 1/4 cups
TOTAL Vegetable Amount:					0.7893 cups

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **8.113** ounce serving of the above product (ready for serving) provides **1.75** ounces of equivalent meat/meat alternate, $\frac{3}{4}$ cup(s) of vegetables when prepared according to directions.

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Title

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