



**REQUEST
FOODS, INC.**

August 18, 2014

PRODUCT NAME: BEEF STROGANOFF
GORDON FOOD SERVICE PRODUCT #: 104949
REQUEST FOODS FG#: 10494

INGREDIENT STATEMENT: WATER, SEASONED COOKED BEEF (BEEF STRIPS, WATER, SALT, SODIUM PHOSPHATES, SUGAR, CARAMEL COLOR, NATURAL FLAVORINGS), SOUR CREAM (CULTURED MILK, CREAM, WHEY, MODIFIED FOOD STARCH, SODIUM PHOSPHATE, GUAR GUM, CARRAGEENAN, CALCIUM SULFATE, LOCUST BEAN GUM, POTASSIUM SORBATE [TO PROTECT FLAVOR]), MUSHROOMS (MUSHROOMS, WATER, SALT, CITRIC ACID, ASCORBIC ACID, SODIUM BENZOATE, POTASSIUM SORBATE, EDTA), ONIONS, MODIFIED CORN STARCH, BEEF BASE (BEEF STOCK, SALT, FLAVOR, YEAST EXTRACT, BEEF FAT, CARAMEL COLOR, ONION POWDER, SOY SAUCE [WATER, WHEAT, SOYBEANS, SALT]), MODIFIED CORN STARCH, GARLIC POWDER, CORN SYRUP SOLIDS), TOMATO PASTE, RED WINE (CONTAINS SULFITES), BUTTER, WHEAT FLOUR, BEEF FLAVOR (CONTAINS AUTOLYZED YEAST EXTRACT, MONO- & DIGLYCERIDES, POLYSORBATE 60, DISODIUM INOSINATE & DISODIUM GUANYLATE, XANTHAN GUM), ROAST FLAVOR (HYDROLYZED SOY PROTEIN, DEXTROSE, THIAMINE HYDROCHLORIDE, PARTIALLY HYDROGENATED SOYBEAN OIL, DISODIUM INOSINATE, DISODIUM GUANYLATE), CARAMEL COLOR, GARLIC POWDER, ONION POWDER, BLACK PEPPER.

CONTAINS: MILK, SOY, WHEAT

NUTRITION PANEL:

Nutrition Facts	
Serving Size 1/2 Cup (125g)	
Servings Per Container 18	
Amount Per Serving	
Calories 110	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 620mg	26%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 11g	
Vitamin A 2%	• Vitamin C 4%
Calcium 2%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat:	Less than 65g 80g
Saturated Fat:	Less than 20g 25g
Cholesterol:	Less than 300mg 300mg
Sodium:	Less than 2,400mg 2,400mg
Total Carbohydrate:	30g 37.5g
Dietary Fiber:	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

SCHOOL LUNCH EQUIVALENT DATA:

PLEASE SEE ATTACHED LETTER FROM PATRICIA PHILLIPS, PHILLIPS RESOURCES

August 18, 2014

To whom it may concern:

I have reviewed the product formulation for Request Foods' BEEF STROGANOFF (product code number 104949) and calculated the credit toward the child nutrition meal pattern requirements based on the Food Buying Guide and the weight of cooked lean meat. One 125 gram serving of BEEF STROGANOFF contains 1.5 ounce of meat/meat.

Sincerely,

A handwritten signature in black ink that reads "Patricia Phillips". The signature is written in a cursive, flowing style.

Patricia Phillips