



Fritos® Corn Chips Chili Cheese – 1 oz. (28 g.)

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	160
Calories from Fat	90
	%Daily Value*
Total Fat 10g	15%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Polyunsaturated Fat 5g	
Monounsaturated Fat 2.5g	
Cholesterol 0mg	0%
Sodium 270mg	11%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 2g	
Vitamin A	2%
Vitamin C	0%
Calcium	0%
Iron	0%
Vitamin E	6%
Vitamin B6	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients:

Corn, Corn Oil, Salt, Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Spices, Whey Protein Concentrate, Maltodextrin (Made From Corn), Tomato Powder, Monosodium Glutamate, Onion Powder, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Dextrose, Sugar, Buttermilk, Butter (Cream, Salt), Citric Acid, Natural Flavor, Sunflower Oil, Garlic Powder, Annatto Extracts, Disodium Inosinate, Disodium Guanylate, and Caramel Color.

CONTAINS MILK INGREDIENTS.

Case UPC	000-28400-32397-0
Bag UPC	0-28400-04004-4
Case Pack	104/ 1 oz. bags
Kosher Status	No
AHG Compliant	No
Healthier US Schools Compliant Competitive Foods (Gold Award of Distinction)	No
USDA Competitive Food Compliant	No
Document Updated	2/14

This product will not qualify for the reimbursable meal beginning July 2014. We recommend replacing Fritos® Chili Cheese Corn Chips with Baked! Tostitos® Scoops or RF Tostitos® Tortilla Chips as whole grain rich alternatives.