



Ruffles® Original Ridged Potato Chips - 1 oz. (28 q.)

Calories from Fat 9 %Daily Value Total Fat 10g 169	Nutriti		ao	-
Amount Per Serving 16	Serving Size 1 packa	ige		
Calories 16				
Calories from Fat 9 % Daily Value Total Fat 10g 169				
Saturated Fat 1.5g	Calories			160
Total Fat 10g	Calories from Fat			90
Total Fat 10g			%Da	aily Value
Trans Fat 0g Cholesterol 0mg 0° Sodium 160mg 7° Potassium 340mg 10° Total Carbohydrate 15g 5° Dietary Fiber 1g 5° Sugars less than 1g 9° Vitamin 2g Vitamin C Calcium 0° Iron 2° Vitamin E 6° Thiamin 4° Niacin 6° Vitamin B6 10° Phosphorus 2° *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories: Calories: 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Cholesterol Less than 2,400mg 2,400mg Potassium 3,500mg 3,500mg Total 300g 375g Carbohydrate Dietary 25g 30g	Total Fat 10g			16%
Trans Fat 0g Cholesterol 0mg 0° Sodium 160mg 7° Potassium 340mg 10° Total Carbohydrate 15g 5° Dietary Fiber 1g 5° Sugars less than 1g 9° Vitamin 2g Vitamin C Calcium 0° Iron 2° Vitamin E 6° Thiamin 4° Niacin 6° Vitamin B6 10° Phosphorus 2° *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories: Calories: 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Cholesterol Less than 2,400mg 2,400mg Potassium 3,500mg 3,500mg Total 300g 375g Carbohydrate Dietary 25g 30g				7%
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Sodium 160mg 79				0%
Potassium 340mg				7%
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Sugars less than 1g Protein 2g				5%
Protein 2g Vitamin A 0° Vitamin C 10° Calcium 0° Iron 2° Vitamin E 6° Thiamin 4° Niacin 6° Vitamin B6 10° Phosphorus 2° Magnesium 4° *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories: 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Sod Sat Fat Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg 2,400mg 2,400mg Potassium 3,500mg 3,500mg 3,500mg 3,500mg Total Carbohydrate Dietary 25g 30g		g		
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Phosphorus 25 Magnesium 45 *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	Niacin			69
Magnesium 46 *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	Vitamin B6			109
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		25	ia	30a
I IDCI	Fiber		J	9
Calories per gram:		ydrate 4		

I verify the above information is accurate as of

yan Ruegg PepsiCo Foodservice/Vend Nutrition Science

7/19/13.

Ingredients:

Potatoes, Vegetable Oil (Sunflower, Corn and/or Canola Oil), and Salt.

Case UPC	000-28400-11061-7
Bag UPC	0-28400-09014-8
Case Pack	104/1 oz. bags
Kosher Status	Yes- OU
AHG Compliant	No
Healthier US Schools Compliant Competitive Foods (Bronze, Silver & Gold Awards)	No
Healthier US Schools Compliant Competitive Foods (Gold Award of Distinction)	No
Grain – oz. eq. (16 g per serving)	0
Weight of Grain	0
Document Updated	7/13