

GFS# 105220



**Smartfood® White Cheddar Popcorn – .625 oz. (17.7 g)**

<b>Nutrition Facts</b>	
Serving Size	1 package
Servings Per Container	8
<b>Amount Per Serving</b>	
Calories	100
Calories from Fat	60
	<b>%Daily Value*</b>
<b>Total Fat</b> 6g	<b>10%</b>
Saturated Fat 1.5g	<b>6%</b>
Trans Fat 0g	
<b>Cholesterol</b> less than 5mg	<b>1%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Potassium</b> 60mg	<b>2%</b>
<b>Total Carbohydrate</b> 9g	<b>3%</b>
Dietary Fiber 1g	<b>5%</b>
Sugars 1g	
<b>Protein</b> 2g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	0%
Vitamin E	4%
Riboflavin	2%
Vitamin B6	2%
Phosphorus	6%
Magnesium	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Potassium	3,500mg    3,500mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Fiber	
Calories per gram:	
Fat 9	Carbohydrate 4    Protein 4

**Ingredients:**

Popcorn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Whey, Buttermilk, and Salt.

**CONTAINS MILK INGREDIENTS.**

Case UPC	000-28400-11130-0
Bag UPC	0-28400-01423-6
Case Pack	104/.625 oz. bags
Kosher Status	Not Kosher
AHG Compliant	No
Healthier US Schools Compliant Competitive Foods (Bronze, Silver & Gold Awards)	No
Healthier US Schools Compliant Competitive Foods (Gold Award of Distinction)	No
Grain – oz. eq. (16 g per serving)	0
Weight of Grain	0
Document Updated	6/13

I verify the above information is accurate as of June 25, 2013.

Jan Ruegg  
PepsiCo Foodservice/Vend  
Nutrition Science

All products are accurately labeled with the most current information however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.