



We make it from scratch so you don't have to.

### Product Specification Sheet

**Product Name:** Low Sodium Mashed Potatoes      **UPC:** 71117.14441

**Manufacturer:** Reser's Fine Foods

Case/Pack/ Count/ Portion Size: 4/5 Lb

**Serving Size:** 1/2 cup (124g) 4.37 oz

Creditable starchy vegetable 3/8 cup

I certify that the above information is true and correct, and that a 4.37 ounce serving of the above product contains 3/8 cup starchy vegetables and 1/8 cup other vegetables.

I further certify that any APP used in this product is authorized as an alternate food in the Child Nutrition Programs and its use conforms to Food and Consumer Service regulations (7CTR Part S 210, 255 OR 226, Appendix A).

Janice Julian  
Signature

Janice Julian  
Printed Name

Technical Services  
Title

07/14/14  
Date

**Low Sodium Mashed Potato 71117.14441**  
 July 14, 2014

<b>Nutrition Facts</b>	
Serving Size 1/2 cup (124g)	
Servings Per Container about 18	
Amount Per Serving	
<b>Calories</b> 130	Calories from Fat 30
% Daily Value*	
<b>Total Fat</b> 3.5g	<b>6%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 110mg	<b>5%</b>
<b>Total Carbohydrate</b> 21g	<b>7%</b>
Dietary Fiber 3g	<b>10%</b>
Sugars 0g	
<b>Protein</b> 3g	
Vitamin A 4%	• Vitamin C 15%
Calcium 0%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000      2,500
Total Fat	Less than 65g      80g
Saturated Fat	Less than 20g      25g
Cholesterol	Less than 300mg      300mg
Sodium	Less than 2,400mg      2,400mg
Total Carbohydrate	300g      375g
Dietary Fiber	25g      30g

INGREDIENTS: Potatoes, Water, Margarine (vegetable oil blend [liquid soybean oil, partially hydrogenated soybean oil], artificial color, water, salt, whey [milk], soy lecithin, vegetable mono and diglycerides, sodium benzoate [to protect quality], artificial flavor, citric acid, vitamin A palmitate), Nonfat Milk, Potassium Sorbate to protect flavor, Titanium Dioxide, Modified Corn Starch, Disodium Pyrophosphate to maintain color, Salt, Glucono Delta Lactone, Xanthan Gum

Signature: Janice Julian




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