



BAKED OATMEAL RAISIN (115250)

Nutrition Facts	
Serving Size 38.3 g	
Amount Per Serving	
Calories 160	Calories From Fat 60
% Daily Value*	
Total Fat 6g	10%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 110mg	4%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	5%
Sugars 10g	
Protein 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Enriched wheat flour, white sugar, raisins, brown sugar, oats, walnuts, butter, whole eggs, margarine (partially hydrogenated soybean and cottonseed oils, water, salt, buttermilk, lecithin, mono & diglycerides, sorbic acid & sodium benzoate added as preservatives, artificially flavored, artificially colored with beta carotene, vitamin a palmitate added), invert sugar, vanilla (water, ethyl alcohol, caramel color), cinnamon, soda bicarbonate, salt, caramel color.

Contains: Milk, wheat, eggs, tree nut (walnut), soy.