

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	WHOLE GRAIN BLENDS: 10071179012948 Simplot Good Grains™ Exotic Grains & Fire-Roasted Vegetable Blend, 6/2.5 LB. Made with ancient grains. Meets whole grain-rich criteria and contains no non-creditable grains.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
115 g (about ¾ cup)	1 oz. equivalent Grains	9.86	59.16

PRODUCT FORMULATION CREDITS			
Description of Creditable Grain Ingredient (dry weight)	Grams of Creditable Grain Ingredient per Serving (A)	Gram Standard of Creditable Grain per oz. equivalent (B)	Creditable Amount (A ÷ B)
Red Rice	12.94	28	0.4621
Brown Rice	11.90	28	0.4250
Red Quinoa	2.30	28	0.0821
Amaranth	0.92	28	0.0328
TOTAL			1.0020

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Black (Turtle Beans), dry	Beans & Peas (Legumes)	0.25	x	18.30 / 16	0.2841
Corn, frozen Whole Kernel	Starchy	0.28	x	11.00 / 16	0.1953
Peppers, Bell, frozen Orange or Red Diced	Red/Orange	0.20	x	7.30 / 16	0.0926 + 0.0846 = 0.1772
Tomatoes, fresh Diced Ready-to-use	Red/Orange	0.20	x	6.67 / 16	
Peppers, Green Chilies, canned Chopped	Other	0.16	x	7.98 / 16	0.0809 + 0.0602 + 0.0370 = 0.1781
Onions, Mature, frozen Chopped	Other	0.16	X	5.94 / 16	
Peppers, Bell, frozen Green or Yellow Diced	Other	0.08	x	7.30 / 16	

Each 115 g serving of the product above contains 1.00 oz. equivalent Grains and 1/8 cup Additional vegetable.

INGREDIENT STATEMENT	NUTRITION INFORMATION
<p>Cooked Red and Brown Rice, Cooked Black Beans, Roasted Sweet Corn, Cooked Red Quinoa, Tomatoes, Red Bell Pepper, Roasted Anaheim Chili Pepper, Onion, Cooked Amaranth, Canola Oil, Contains less than 2% of Autolyzed Yeast Extract, Cane Sugar, Cilantro, Garlic Powder, Lime Juice Powder (Corn Syrup Solids, Natural Flavor), Molasses Powder, Mushroom Powder, Onion Powder, Red and Green Bell Pepper Powder, Rice Flour, Roasted Garlic, Roasted Yellow Pepper, Salt, Spices, Tomato Powder.</p>	<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Nutrition Facts</p> <p>Serving size 4.06 oz (115g)</p> <hr/> <p>Amount per serving</p> <p>Calories 140</p> <p style="text-align: right; font-size: 0.8em;">% Daily Value*</p> <p>Total Fat 3.5g 4%</p> <p>Saturated Fat 0g 0%</p> <p>Trans Fat 0g</p> <p>Cholesterol 0mg 0%</p> <p>Sodium 360mg 16%</p> <p>Total Carbohydrate 23g 8%</p> <p>Dietary Fiber 3g 11%</p> <p>Total Sugars 2g</p> <p>Includes 0g Added Sugars 0%</p> <p>Protein 4g</p> <hr/> <p>Vitamin D 0mcg 0%</p> <p>Calcium 30mg 2%</p> <p>Iron 1.4mg 8%</p> <p>Potassium 160mg 4%</p> <p>Vitamin A 0mcg 0%</p> <p>Vitamin C 20mg 20%</p> <p style="font-size: 0.7em;">*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</p> </div>
ALLERGENS PRESENT	COUNTRY OF ORIGIN
<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish	
ADDITIONAL INFORMATION	Product of Canada
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	

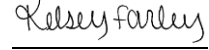
COOKING INSTRUCTIONS	
Stove Top	Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Sauté half bag of frozen product for 7 minutes, covered, stirring frequently.
Microwave (1100 Watts)	Microwave half bag of frozen product, covered, on HIGH for 9 minutes. Stir halfway through cook time. Let stand for 1 minute.

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CASE PACK AND SHELF LIFE (stored at 0°F or below)				<i>*Information may vary slightly by production facility</i>	
Gross Weight	17.00 LB	Case Cube (ft.³)*	0.66	Pallet TI / HI*	12 / 10
Outer Case Dimensions (L x W x H)*	13.375" x 12" x 7.125"			Shelf-Life	18 months

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:



Kelsey Farley
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