

**Child Nutrition Meal Pattern Contribution
Basic American Foods SKU 10425**

Potato Pearls® EXCEL® Sweet Potato Mashed, 10/20.17 oz. pouches

Product Formulation Sheet:

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.3168	X	3.1563	1.00
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.6337	X	3.1563	2.00
Total Creditable Vegetable Amount:		1.00 / 2.00		Total Cups Starchy:	0.25 / 0.50



Nutrition Information			
USDA Vegetable	1/4 cup	1/2 cup	
Contribution Equivalent	13.79 g	27.57 g	
Calories*	50	100	
Protein*	less than 1g	1 g	
Carbohydrate*	11 g	23 g	
Dietary Fiber*	less than 1g	1 g	
Sugars*	3 g	6 g	
Total Fat*	0 g	0 g	
Trans Fat*	0 g	0 g	
Saturated Fat*	0 g	0 g	
Cholesterol*	0 mg	0 mg	
Iron	0.14 mg	0.28 mg	
Calcium	4.24 mg	8.48 mg	
Sodium*	115 mg	230 mg	
Potassium*	70 mg	135 mg	
Vitamin A	2053.87 IU	4106.26 IU	
Vitamin C	3.20 mg	6.39 mg	

* calculated using FDA Nutrition Facts rounding rules

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
2.05 oz.	1/4C Vegetable/Starchy	41.47	414.70
4.11 oz.	1/2C Vegetable/Starchy	20.74	207.40

Ingredients: Potato (Dry), Sweet Potato (Dry), Brown Sugar, Sugar, Salt, Contains 2% or Less of: Natural and Artificial Flavor, Guar and Xanthan Gums, Mono and Diglycerides, Spice, Vitamin A (Acetate), Artificial Color (Yellow 5, Yellow 6, Red 40, Blue 1). Freshness Preserved with Sodium Bisulfite and BHT. Contains Soy and Sulfite.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days (minimum).

Preparation and Cooking Instructions

1. Pour potatoes into steamtable pan (Optional: add butter) 2. While stirring rapidly, quickly pour 2 Quarts of water (170 -190°F) over the potatoes. Continue to stir for 35 - 40 seconds making sure to cover all four corners. 3. Allow to sit for 5 minutes, stir well and serve

Nutrition Claims: Gluten Free, Kosher Pareve

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Regulatory Operations Manager

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