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## CANNED RED TART PITTED CHERRIES IN WATER

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### NUTRITIONAL ANALYSIS BASED ON 100 GRAMS

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	per 100 g	Per serving (1/2 Cup = 122g)
<b>CALORIES</b>	<b>35.00</b>	<b>42.70</b>
<b>PROTEIN (g)</b>	<b>0.88</b>	<b>1.07</b>
<b>TOTAL FAT (g)</b>	<b>0.18</b>	<b>0.22</b>
<b>SATURATED (g)</b>	<b>0.00</b>	<b>0.00</b>
Trans Fat	<b>0.00</b>	<b>0.00</b>
<b>CHOLESTEROL (mg)</b>	<b>0.00</b>	<b>0.00</b>
<b>CARBOHYDRATE (g)</b>	<b>7.39</b>	<b>9.02</b>
<b>TOTAL SUGARS (g)</b>	<b>6.73</b>	<b>8.21</b>
<b>TOTAL DIETARY FIBER (g)</b>	<b>0.70</b>	<b>0.85</b>
<b>CALCIUM (mg)</b>	<b>11.60</b>	<b>14.15</b>
<b>SODIUM (mg)</b>	<b>2.10</b>	<b>2.56</b>
<b>IRON (mg)</b>	<b>0.53</b>	<b>0.65</b>
<b>VITAMIN A (IU)</b>	<b>363.00</b>	<b>442.86</b>
<b>VITAMIN C (mg)</b>	<b>1.20</b>	<b>1.46</b>

**Ingredient Statement:** Red Tart Pitted Cherries, Water

**There are no allergens in the product, used on the same line or in the facility.**

**1/2 cup serving = one school lunch fruit serving**

**For assistance or questions please contact:**

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