



61238 – Strawberry Oatmeal Bar Breakfast Breaks

Serving Size: 1 meal

Each serving (1 meal) of Breakfast Breaks provides 2 ounce equivalent grain servings, and ½ cup fruit based on the USDA Food Buying Guide Requirements.

Code	Component	Menu item	Serving Size	Component Value	Cal	Cal/Fat	Tot Fat g	Sat Fat g	Trans fat g	Chol mg	Sod mg	Pot mg	Total Carb g	Dietary Fiber g	Sugar g	Prot g	Vit A IU	Vit C mg	Calcium mg	Iron mg
61238	Grain	Strawberry Oatmeal Bar	2.4 oz	2 oz eq gr	270	80	9.0	2.5	0	5	160	0	47	3	18	4	0	0.0	20	1.44
	Fruit serving	Apple Juice, 100% Juice	4 fl oz	1/2 cup f	60	0	0.0	0.0	0	0	10	0	15	0	12	0	0	60.0	0	0.00
Total Nutritional Profile					330	80	9.0	2.5	0	5	170	0	62	3	30	4	0	60.0	20	1.44

INGREDIENTS: Strawberry Oatmeal Bar: Whole Grain Blend (Rolled Oats, Whole Grain Wheat Flour), Enriched Wheat Flour (Bleached Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Invert Syrup, Corn Syrup, Canola Oil, Palm Oil, Applesauce (Apples, Ascorbic Acid), Eggs, Raisin Paste, Strawberry Flavored Bits (Sugar, Vegetable Oil [Palm, Palm Kernel], Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Malic Acid, Natural Flavor, Caramel Color, Fruits and Vegetables for Color, Tricalcium Phosphate, Sodium Citrate, Soy Lecithin), Palm Kernel Oil, Natural Flavors, Soluble Corn Fiber, Salt, Nonfat Dry Milk, Molasses, Baking Soda, Soy Lecithin. **100% Juice - Apple Juice:** Water, Apple Juice Concentrate, Vitamin C (Ascorbic Acid). **Contains: Wheat, Egg, Soy and Milk.**

Each breakfast kit contains:

- 2 ounce equivalent grain servings
- Fruit serving
- Spoon, straw and napkin

A trash bag is included in each master case.

Shelf life: 4 months, minimum (Shelf Stable 35° F-85° F)
 Case count: 48 meals per case
 TiHi: 8 x 7
 Pallets/truck: 28-30
 Case dimensions: 23.75" x 9.625" x 11.375"
 Case cube: 1.51 ft³
 Net wt: 19.2 lbs
 Gross wt: 23.3 lbs
 Case code: "Best-If-Used-By" date
 GTIN: 10693392002188

I certify that the above information is correct.

Kelly McKernan
QA Manager



Product Formulation Statement (PFS) for Documenting Fruits in School Meals

Product Name: Strawberry Oatmeal Bar Breakfast Breaks Code No.: 61238

Manufacturer: E S Foods Portion/Size: 6.62 oz

Fruit Component

Please fill out the chart below to determine the creditable amount of fruits.

Each serving of <u>6.62</u> ounce (s) provides the following:				
Description of Creditable Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	Servings per Purchase Unit, EP ÷ Purchase Unit (FBG)	Creditable Amount ¹ (quarter cups)
Apple Juice, 100% Juice	4.0	X	0.5	2.0
		X		
Total Creditable Fruit Amount:				½ cup
<input type="checkbox"/> FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions. <input type="checkbox"/> Fruits and fruit purees credit on volume served. <input type="checkbox"/> At least ⅓ cup of recognizable fruit is required to contribute towards the fruit component. <input type="checkbox"/> Please note that dried fruits credit as double the volume served in school meals (For example, ½ cup raisins credits as 1 cup fruit).				

Quarter Cup to Cup Conversions*

- 0.5 Quarter Cups vegetable = ⅛ Cup vegetable or 0.5 ounces of equivalent meat alternate
- 1.0 Quarter Cups vegetable = ¼ Cup vegetable or 1.0 ounce of equivalent meat alternate
- 1.5 Quarter Cups vegetable = ⅜ Cup vegetable or 1.5 ounces of equivalent meat alternate
- 2.0 Quarter Cups vegetable = ½ Cup vegetable or 2.0 ounces of equivalent meat alternate
- 2.5 Quarter Cups vegetable = ⅝ Cup vegetable or 2.5 ounces of equivalent meat alternate
- 3.0 Quarter Cups vegetable = ¾ Cup vegetable or 3.0 ounces of equivalent meat alternate
- 3.5 Quarter Cups vegetable = ⅞ Cup vegetable or 3.5 ounces of equivalent meat alternate
- 4.0 Quarter Cups vegetable = 1 Cup vegetable or 4.0 ounces of equivalent meat alternate

*The result of 0.9999 equals ⅛ cup but a result of 1.0 equals ¼ cup

N. Castro.
Signature

Natalia Castro
Printed Name

Technical Services / QA Director
Title

02/20/19 516-682-5494
Date Phone Number



Formulation Statement for Documenting Grains in School Meals

Crediting Standards Based on Grams of Creditable Grains

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Strawberry Oatmeal Bar Breakfast Break Code No.: 61238

Manufacturer: E S Foods Serving Size 6.62 oz
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non- creditable grains: Yes No **How many grams:** _____
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non- creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). *(Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)*
Indicate to which Exhibit A Group (A-I) the Product Belongs: E

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion ¹ A	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) ² B	Creditable Amount A ÷ B
Oatmeal (whole)	9.060	16	0.566
Whole Wheat Flour	7.990	16	0.499
Enriched Flour	15.020	16	0.938
Total Creditable Amount³			2.000

* Creditable grains are whole-grain meal/flour and enriched meal/flour.
¹ (Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.
² Standard grams of creditable grains from the corresponding Group in Exhibit A.
³ Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 6.62
 Total contribution of product (per portion) 2.0 oz equivalent
 I certify that the above information is true and correct and that a 6.62 ounce portion of this product (ready for serving) provides 2.0oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

N. Castro.
 Signature

Technical Services / QA Director
 Title

Natalia Castro
 Printed Name

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