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## 56299 LITE ITALIAN DRESSING

Created: 6/13/11

Supersedes: N/A

Weight: 42.5 g/serving (1.5 oz net)

### Nutrition Facts

Serving Size 1.5 oz net (43g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 80</b>	<b>Calories from Fat 60</b>
% Daily Value*	
<b>Total Fat 6g</b>	<b>10%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 1.5g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 490mg</b>	<b>20%</b>
<b>Total Carbohydrate 5g</b>	<b>2%</b>
Dietary Fiber 0g	1%
Sugars 4g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 8%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300 mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

### Ingredients:

WATER, SOYBEAN OIL, SUGAR, DISTILLED VINEGAR, SALT, DRIED GARLIC, DRIED BELL PEPPER, DRIED ONION, XANTHAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), SPICES, ANNATTO EXTRACT (COLOR), CALCIUM DISODIUM EDTA (ADDED TO PROTECT QUALITY), CARAMEL COLOR.

### Notes:

Omega 3 = 0.5 g (450 mg) /serving  
 Omega 6 = 3.5 g (3350 mg) /serving

George Wallace  
 Technical Services