



This data is believed to be accurate and is offered in good faith for the benefit of our customer. Litehouse Inc. does not assume any liability in the use of this information as conditions of its use are beyond our control.

55003 GOURMET 1000 ISLAND DRESSING

Updated: 2/3/11

Supersedes: 6/30/10

Weight: 42.5 g/serving (1.5 oz)

Nutrition Facts

Serving Size 1.5 oz. (43g)

Servings Per Container

Amount Per Serving

Calories 180 Calories from Fat 150

% Daily Value*

Total Fat 17g 26%

Saturated Fat 2.5g 13%

Trans Fat 0g

Polyunsaturated Fat 10g

Monounsaturated Fat 4g

Cholesterol 15mg 6%

Sodium 230mg 10%

Total Carbohydrate 6g 2%

Dietary Fiber 0g 1%

Sugars 5g

Protein 0g

Vitamin A 2% • Vitamin C 2%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

SOYBEAN OIL, WATER, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, SWEET RELISH [CUCUMBERS, SUGAR, VINEGAR, SALT, NATURAL FLAVOR, XANTHAN GUM, SPICES, RED BELL PEPPER, ONION, TURMERIC (COLOR)], EGG YOLK, TOMATO PASTE, MODIFIED CORN STARCH, SALT, DRIED ONION, XANTHAN GUM, DRIED GARLIC, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), MUSTARD FLOUR, DRIED BELL PEPPER, SPICES, CALCIUM DISODIUM EDTA (ADDED TO PROTECT QUALITY).

Allergens:

Contains Egg.

Notes:

Omega 3 = 1.0 g (1170 mg) /serving

Omega 6 = 9.0 g (8810 mg) /serving

George Wallace

Technical Services