



## Get Vertical Bar WG 2.2oz, Cocoa Cherry

### PRODUCT DETAILS:

Item Number: GFC800WG	Kosher: No
Pack Size: 120/2.2 oz.	Meal Contribution: 1 GRN
Serving Per Case: 120	Product Is: Fully Cooked
Net Weight: 16.5 lbs.	Manufacturer Code: GFC800WG
Temperature Class: Frozen	
Shelf Life: 90DayDry/1YrFrz	Case Price: \$

### PRODUCT INFORMATION/KEY INFORMATION:

### INSTRUCTIONS FOR PREPARATION AND COOKING:

### INSTRUCTIONS FOR FRYING:

### BENEFITS/SUGGESTED USE:

Individually Wrapped Cocoa Cherry Get Vertical Bar. Great tasting, healthy alternative to the conventional breakfast, dessert or snack item. 51% Whole Grain & 1 Grain Serving! Retail ready, UPC code:185043000511

### ALLERGEN STATEMENT:

Contains wheat & soy. Processed on equipment that also processes tree nuts. Peanut free facility.

## Nutrition Facts

This is a representation of the nutritional label. The actual nutritional label on the product may vary.

Serving Size 2.2 oz.  
Amount Per Serving  
Calories 200 Calories from Fat 50

	% Daily Value *
Total Fat 5g	8.0%
Saturated Fat 2g	9.0%
Trans Fat 0g	0.0%
Cholesterol 0mg	0.0%
Sodium 55mg	2.0%
Total Carbohydrate 37g	12.0%
Dietary Fiber 6g	22.0%
Sugars 18g	0.0%
Protein 3g	0.0%
Vitamin A	2.0%
Vitamin C	0.0%
Vitamin D	0.0%
Vitamin E	0.0%
Calcium	2.0%
Iron	10.0%
Zinc	0.0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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#### BID SPECIFICATIONS:

**COCOA CHERRY GET VERTICAL BAR:** Individually wrapped healthy snack. With 51% whole grain and 1 bread serving! 2.2 oz IW Portion. Minimum 200 calories, 6g fiber, 3g protein per bar! Sodium not to exceed 55mg. Pack: 120/2.2oz. GET VERTICAL brand or approved equal.

#### INGREDIENTS:

Whole Grain Oat Flour, Enriched, Bleached, Bromated Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Cherries, Corn Syrup, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Cottonseed Oil), Cocoa (Processed with Alkali), Dextrose, Cellulose Fiber, Salt, Natural and Artificial Flavors, Baking Soda, Lecithin. Icing: Fondant (Sugar, Corn Syrup, Water, Partially Hydrogenated Soybean and/or Cottonseed Oil with Propylene Glycol, Monoester, Mono- & Di-Glycerides, Soy Lecithin).

#### LOGISTICS INFORMATION:

Gross Weight: 18  
Case Dimensions:  
Pallet Count: 98  
Double Stack:  
Cube: .58138889  
Block and Tier: 14 and 7

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