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56299 LITE ITALIAN DRESSING

Created: 6/13/11

Supersedes: N/A

Weight: 28.4 g/serving (1 oz net)

Nutrition Facts

Serving Size 1 oz net (28g)

Servings Per Container

Amount Per Serving

Calories 50 **Calories from Fat 40**

% Daily Value*

Total Fat 4.5g **7%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Polyunsaturated Fat 2.5g

Monounsaturated Fat 1g

Cholesterol 0mg **0%**

Sodium 330mg **14%**

Total Carbohydrate 3g **1%**

Dietary Fiber 0g **1%**

Sugars 3g

Protein 0g

Vitamin A 2% • Vitamin C 6%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

WATER, SOYBEAN OIL, SUGAR, DISTILLED VINEGAR, SALT, DRIED GARLIC, DRIED BELL PEPPER, DRIED ONION, XANTHAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), SPICES, ANNATTO EXTRACT (COLOR), CALCIUM DISODIUM EDTA (ADDED TO PROTECT QUALITY), CARAMEL COLOR.

Notes:

Omega 3 = 0.3 g (300 mg) /serving

Omega 6 = 2.0 g (2230 mg) /serving

George Wallace

Technical Services