

Moore's 3/8" Battered Onion Rings
USDA School Lunch Meal Planning Nutrition Facts
Product Code: 40010043

NUTRITION FACTS			
Serving Size 3.65 oz. (103.7g) (8 pices) FROZEN *			
Amount per Serving			
Calories 180		Calories from Fat 50	
%Daily Value*			
Total Fat 6g			9%
Saturated Fat 1g			5%
<i>Trans</i> Fat 0g			
Cholesterol 0mg			0%
Sodium 365mg			15%
Total Carbohydrate 31g			10%
Dietary Fiber 2g			8%
Sugars 4g			
Protein 2g			
Vitamin A	2%	Vitamin C	5%
Calcium	2%	Iron	4%
INGREDIENTS: Onions, Bleached Wheat Flour, Water, Vegetable Oil (Soybean And/Or Canola), Yellow Corn Flour, Modified Food Starch. Contains 2% or less of Dextrose, Guar Gum, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate), Mono & Diglycerides, Oleoresin Paprika, Salt, Sorbitol, Spice, Sugar, Vegetable Oil Shortening (Soybean And/Or Partially Hydrogenated Soybean Oil), Whey.			

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)			
Product: Onions, mature, fresh, sliced, ready-to-use (p 2-51)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	12.7	1/4 cup vegetable serving	7.9

McCain Equivalent per Bag			
FBG serving adjusted to accommodate coating system; not part of vegetable serving			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
2.5 pounds	10.94	1/4 cup vegetable serving	9.1

McCain Equivalent per Case			
FBG serving adjusted to accommodate coating system; not part of vegetable serving			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
15 Pounds (Six bags per case)	65.64	1/4 cup vegetable serving	1.5

Vegetable Servings:

* Per FBG, one 1/4 cup vegetable serving is equal to 8 onion rings (103.7g) (3.65 oz)

I certify that this information is true and correct.

5/17/2010

Date

Rachel Reiter

Research and Development

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