

USDA Foods Product Information Sheet

For Child Nutrition Programs



100329— Tomatoes, Diced, No Salt Added, Canned

Category: Vegetables
Subgroup: Red/Orange



PRODUCT DESCRIPTION

This item is U.S. Grade B or better canned diced tomatoes with no salt added. This item is available in cases with six #10 cans.

CREDITING/YIELD

- One case yields about 148 ½-cup servings of heated diced tomatoes and juice.
- CN Crediting: ½ cup diced tomatoes and juice credits as ½ cup red/orange vegetable.

CULINARY TIPS AND RECIPES

- Diced tomatoes can be used in stews, rice, or when preparing entrees such as pasta and chili.
- Combine diced tomatoes with green beans and flavor with green peppers, garlic and chili pepper for a healthy flavorful vegetable dish.
- To find culinary techniques and many recipe ideas visit [NFSMI](#) or [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/2 cup (121g) tomatoes, diced, no salt added

Amount Per Serving

Calories 25

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 15mg

Total Carbohydrate 5g

Dietary Fiber 1g

Sugars 3g

Protein 1g

Source: USDA Foods vendor labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.