

Fernando's®**21200**

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CHEESE AND BEAN BURRITO

INGREDIENTS: TORTILLA (WHEAT FLOURS [WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)]), WATER, SOY FLOUR, SOYBEAN OIL, CONTAINS LESS THAN 2% OF WHOLE GRAIN CORN FLOUR (STONEGROUND WHOLE WHITE CORN, CELLULOSE GUM, TRACE OF LIME), SALT, GUAR GUM, ANNATTO, TURMERIC), WATER, PASTEURIZED PROCESS AMERICAN CHEESE (AMERICAN CHEESES [MILK, CHEESE CULTURE, SALT, ENZYMES]), WATER, SODIUM CITRATE, MILKFAT, SALT, COLOR [ANNATTO, APOCAROTENAL]), PINTO BEANS, GREEN CHILIES (GREEN CHILIES, CITRIC ACID), CONTAINS 2% OR LESS OF ONION, SOY FLOUR, SOYBEAN OIL, ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), SALT, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), PAPRIKA, SPICE, GARLIC POWDER, SODIUM ALGINATE.

Copy not for documenting
Federal Meal requirements

Dist. by Fernando's Foods,
Compton, CA 90221

CONTAINS WHEAT, SOY AND MILK.

CN _____		097084
EACH 4.50 OZ. BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 04-18.)		
CN _____		

Nutrition Facts

Serving Size 1 Burrito (128g)

Servings Per Container 96

Amount Per Serving	
Calories 310 Calories from Fat 90	
% Daily Value*	
Total Fat 9g	15%
Saturated Fat 4g	19%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 580mg	24%
Total Carbohydrate 40g	13%
Dietary Fiber 9g	36%
Sugars 4g	

Protein 16g

Vitamin A 8% • Vitamin C 6%
Calcium 20% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

HEATING INSTRUCTIONS

	FRIED 360 F	MICRO	OVEN 325 F	CONVEC. 300 F
FROZEN	*N/R	Min. 2-3	Min. 20-25	Min. 14-20
THAWED	3-5	Min. 1-2	Min. 14-20	Min. 12-18

Internal Temperature of product should be 160F. *N/R - Not Recommended



122 - 8114 - 9223

INSPECTED BY THE U.S. DEPT.
OF AGRICULTURE IN
ACCORDANCE WITH FNS
REQUIREMENTS

F095-100217

KEEP FROZEN

NET WT. 27.00 LBS.
96 CT/4.50 OZ.