

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	AVOCADO, FROZEN PULP: 10071179936220 Simplot Harvest Fresh™ Avocado Pulp, 6/3 LB. Packed to U.S. Grade A Standards.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.15 oz.	¼ cup raw, mashed vegetable	15.23	91.42

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh All sizes Whole	Other	3.14	x	5.10 / 16	1.00
Each 3.15 ounce serving of the product above contains 1/4 cup Other vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Avocado, Lime Juice Concentrate, Salt.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>3.15 oz (89g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td>Calories</td> <td>180</td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 18g</td> <td>23%</td> </tr> <tr> <td> Saturated Fat 3g</td> <td>15%</td> </tr> <tr> <td> Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 80mg</td> <td>3%</td> </tr> <tr> <td>Total Carbohydrate 6g</td> <td>2%</td> </tr> <tr> <td> Dietary Fiber 5g</td> <td>18%</td> </tr> <tr> <td> Total Sugars 1g</td> <td></td> </tr> <tr> <td> Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 2g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 10mg</td> <td>0%</td> </tr> <tr> <td>Iron 0.9mg</td> <td>6%</td> </tr> <tr> <td>Potassium 500mg</td> <td>10%</td> </tr> <tr> <td>Vitamin A 30mcg</td> <td>4%</td> </tr> <tr> <td>Vitamin C 7mg</td> <td>8%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	3.15 oz (89g)	Amount per serving		Calories	180	% Daily Value*		Total Fat 18g	23%	Saturated Fat 3g	15%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 80mg	3%	Total Carbohydrate 6g	2%	Dietary Fiber 5g	18%	Total Sugars 1g		Includes 0g Added Sugars	0%	Protein 2g		Vitamin D 0mcg	0%	Calcium 10mg	0%	Iron 0.9mg	6%	Potassium 500mg	10%	Vitamin A 30mcg	4%	Vitamin C 7mg	8%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																												
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input checked="" type="checkbox"/> Halal <input type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of Mexico																																												

COOKING INSTRUCTIONS	
To Serve Cold	KEEP FROZEN. DO NOT THAW IN MICROWAVE. For best quality, thaw unopened bag for 15-24 hours in the refrigerator (40°F) in single layer. OPENED BAG: Keep surface covered to prevent browning. Use refrigerated guacamole within 7 days. Once thawed, do not refreeze.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				<i>*Information may vary slightly by production facility</i>	
Gross Weight	20.00 LB	Case Cube (ft.³)*	0.50	Pallet TI / HI*	18 / 6
Outer Case Dimensions (L x W x H)*	12.625" x 8" x 8.625"			Shelf-Life	18 months

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist