



Product: Pennant Shoestring Fries
Catalog # DD93

Bulk Code 3219
Package Size 36 lb
 Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
 Servings Per Container About 192

Amount Per Serving

Calories 140 Calories from Fat 45

%Daily Value*

Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Potassium 350mg	10%
Total Carbohydrate 22g	7%
Dietary Fiber 2g	8%
Sugars less than 1 g	

Protein 2g

Vitamin A 0% • Vitamin C 8%
 Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
 Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

RQI Nutritionist
 January 9, 2015