



AUNT JEMIMA® YELLOW CORN MEAL – 5 lbs.

Nutrition Facts

Serving Size 3 Tablespoons (27 g)
Servings Per Container see table

Amount Per Serving

Calories 90 Calories from Fat 5

% Daily Value*

Total Fat 0.5g **1%**

Sodium 0mg **0%**

Total Carbohydrate 21g **7%**

Dietary Fiber 2g **6%**

Protein 2g

Vitamin A 2% • Iron 4%

Thiamin 10% • Riboflavin 4%

Niacin 6% • Folic Acid 10%

Not a significant source of Saturated Fat, Trans Fat, Cholesterol, Sugars, Vitamin C, Calcium.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: DEGERMINATED YELLOW CORN MEAL, NIACIN*, REDUCED IRON, THIAMIN MONONITRATE*, RIBOFLAVIN*, FOLIC ACID*.

*ONE OF THE B VITAMINS

Case UPC 000-30000-03108-7

Package UPC 0-30000-03108-1

Case Pack 8/5 lb bags

Kosher Status Kosher Pareve

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