

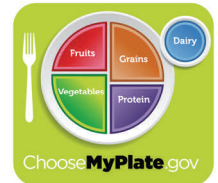
USDA Foods Product Information Sheet

For Child Nutrition Programs



110161— Fruit Mix, Dried

Category: **Fruit**



PRODUCT DESCRIPTION

This is U.S. Grade B dried fruit mix that may contain a combination of any five of the following ingredients in equal portions: dried apricots, dried cherries, dried cranberries, dried dates, dried figs, dried plums, and raisins. This product is available in cases containing five 5-pound bags.

CREDITING/YIELD

- One case provides approximately 243 ¼-cup servings of dried fruit. This estimate may differ depending on which fruit components are included in the mix.
- CN Crediting: ¼ cup dried fruit credits as ½ cup fruit.

CULINARY TIPS AND RECIPES

- Dried fruit mix can be served plain or used in trail mix, granola, or as a topping for yogurt or oatmeal.
- To find culinary techniques and many recipe ideas visit [NFSMI](#) or [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/4 cup (40 g) dried fruit mix

Amount Per Serving

Calories 116

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 4mg

Total Carbohydrate 30g

Dietary Fiber 2g

Sugars 19g

Protein 1g

Source: USDA Foods Vendor Information

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.