



Cherry Central, Inc.  
 P.O. Box 988  
 Traverse City, MI 49683

Ph: (231) 946-1860  
 Fax: (231) 941-4167  
 www.cherrycentral.com

## Prune Juice

A water extract of dried prunes

<b>Nutrition Facts</b>			
Serving Size		8 fl. oz. (240ml)	
Servings Per Container			
Amount Per Serving			
Calories	180	Calories from Fat	0
% Daily Value*			
Total Fat	0 g		0 %
Saturated Fat	0 g		0 %
Trans Fat	0 g		
Cholesterol	0 mg		0 %
Sodium	35 mg		1 %
Potassium	780 mg		22 %
Total Carbohydrate	45 g		16 %
Dietary Fiber	2 g		8 %
Sugars	23 g		
Protein	1 g		
Vitamin A	2 %	• Vitamin C	2 %
Calcium	2 %	• Iron	10 %
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on the your calorie needs.			
		Calories:	2,000 2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat	9	• Carbohydrate	4
		• Protein	4

For assistance or questions:

100% Juice	
CONTAINER SIZES	SERVINGS PER CONTAINER
32 fl oz. (1 qt.) 946 ml (plastic)	4
48 fl. Oz. (1 qt, 1 pt) 1.42 L	6
64 fl oz (2 qt.) 1.89 L (Plastic)	8

### **INGREDIENTS:**

A Water Extract of Dried Prunes

Or

Water, Prune Juice Concentrate