



FAMILY OF COMPANIES

# Peterson Farms, Inc.

3104 W. Baseline Road • PO Box 115 • Shelby, MI 49455  
Phone: 231-861-6333 • Fax: 231-861-0525

July 23, 2014

McKenna Kozeny  
Nutrition Resource Center

RE: Product Formulation

Dear Ms. Kozeny:

Per your request the below nutritional information is for the following Gordon Food Service items:

### GFS #15367

Apple Slcd Red Pld IQF 4-5# GFS  
**INGREDIENTS:** Apple, Ascorbic Acid, Citric Acid, Salt.

### GFS #15400

Blueberry IQF 4-5# GFS  
**INGREDIENTS:** Blueberries.

### GFS #15345

Apple Slcd MI 7+1 30# GFS  
**INGREDIENTS:** Apples, Sugar, Ascorbic Acid, Salt, Citric Acid.

### GFS #15445

Blueberry IQF 30# GFS  
**INGREDIENTS:** Blueberries.

Nutrition Facts	
Serving Size: 1 cup (129g)	
Servings Per Container: about 18	
Amount Per Serving	
Calories 70	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	0 %
Saturated Fat 0g	0 %
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0 %
<b>Sodium</b> 65mg	3 %
<b>Total Carbohydrate</b> 19g	6 %
Dietary Fiber 2g	9 %
Sugars 16g	
<b>Protein</b> 0g	
Vitamin A 2%	• Vitamin C 200%
Calcium 0%	• Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Facts	
Serving Size: 3/4 cup (128g)	
Servings Per Container: about 18	
Amount Per Serving	
Calories 80	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	0 %
Saturated Fat 0g	0 %
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0 %
<b>Sodium</b> 15mg	1 %
<b>Total Carbohydrate</b> 19g	6 %
Dietary Fiber 3g	12 %
Sugars 12g	
<b>Protein</b> <1g	
Vitamin A 0%	• Vitamin C 4%
Calcium 0%	• Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Facts	
Serving Size: 3.5oz (100g)	
Servings Per Container: about 137	
Amount Per Serving	
Calories 110	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	0 %
Saturated Fat 0g	0 %
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0 %
<b>Sodium</b> 15mg	1 %
<b>Total Carbohydrate</b> 26g	9 %
Dietary Fiber 1g	4 %
Sugars 24g	
<b>Protein</b> 1g	
Vitamin A 4%	• Vitamin C 4%
Calcium 0%	• Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Facts	
Serving Size: 3/4 cup (128g)	
Servings Per Container: about 106	
Amount Per Serving	
Calories 80	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	0 %
Saturated Fat 0g	0 %
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0 %
<b>Sodium</b> 15mg	1 %
<b>Total Carbohydrate</b> 19g	6 %
Dietary Fiber 3g	12 %
Sugars 12g	
<b>Protein</b> <1g	
Vitamin A 0%	• Vitamin C 4%
Calcium 0%	• Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet.



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**Meal Pattern Requirement of the HHFK Act**

Meal Pattern	Breakfast Meal Pattern			Lunch Meal Pattern		
	Grades K-5 <sup>a</sup>	Grades 6-8 <sup>a</sup>	Grades 9-12 <sup>a</sup>	Grades K-5	Grades 6-8	Grades 9-12
	Amount of Food <sup>b</sup> Per Week (Minimum Per Day)					
Fruits (cups) <sup>c,d</sup>	5 (1) <sup>e</sup>	5 (1) <sup>e</sup>	5 (1) <sup>e</sup>	2½ (½)	2½ (½)	5 (1)
Vegetables (cups) <sup>c,d</sup>	0	0	0	3¼ (¼)	3¼ (¼)	5 (1)
Dark green <sup>f</sup>	0	0	0	½	½	½
Red/Orange <sup>f</sup>	0	0	0	¼	¼	1¼
Beans/Peas (Legumes) <sup>f</sup>	0	0	0	½	½	½
Starchy <sup>f</sup>	0	0	0	½	½	½
Other <sup>f,g</sup>	0	0	0	½	½	¼
Additional Veg to Reach Total <sup>h</sup>	0	0	0	1	1	1½
Grains (oz eq) <sup>i</sup>	7-10 (1) <sup>j</sup>	8-10 (1) <sup>j</sup>	9-10 (1) <sup>j</sup>	8-9 (1)	8-10 (1)	10-12 (2)
Meats/Meat Alternates (oz eq)	0 <sup>k</sup>	0 <sup>k</sup>	0 <sup>k</sup>	8-10 (1)	9-10 (1)	10-12 (2)
Fluid milk (cups) <sup>l</sup>	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)
<b>Other Specifications: Daily Amount Based on the Average for a 5-Day Week</b>						
Min-max calories (kcal) <sup>m,n,o</sup>	350-500	400-550	450-600	550-650	600-700	750-850
Saturated fat (% of total calories) <sup>n,o</sup>	< 10	< 10	< 10	< 10	< 10	< 10
Sodium (mg) <sup>n,p</sup>	< 430	< 470	< 500	< 640	< 710	< 740
Trans fat <sup>n,o</sup>	Nutrition label or manufacturer specifications must indicate zero grams of trans fat per serving.					

- First column required food components & dietary specifications
- Next three columns weekly SBP requirements based on age-grade
- Last three columns amounts required for Lunch based on age-grade

Sincerely,

Beth Hyde  
 Peterson Farms, Inc.