



# YOGURT NATURAL VANILLA LOW FAT REFRIGERATED

YOGURT NAT VAN LF 101



## Nutrition facts

Serving Size: 170 GR  
Servings Per Case: 12

### Amount Per Serving

Calories: 150      Calories from Fat: 25

	Per Serving	% Daily Value*
Total Fat	2.5 g	4%
Saturated Fat	1.5 g	8%
Trans Fat	0 g	
Cholesterol	10 mg	3%
Sodium	105 mg	4%
Total Carbohydrate	25 g	8%
Dietary Fiber	0 g	0%
Sugars	25 g	
Protein	7 g	

	Per Srv		Per Srv
Vitamin A	0%	Vitamin C	0%
Calcium	25%	Iron	0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9      Carbohydrate 4      Protein 4

## Product Specifications:

Code	SCC	Units/Case	Unit Size/Measure	Servings/case
101	20036632001010	12	6 OZ	12

Brand	IFDA Category	IFDA Class
DANNON	Dairy Products	Yogurt

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.9 LB	4.5 LB	US	Yes	No

Shipping Information					
Length	Width	Height	TI x HI	Shelf Life	Storage Temp From/To
15.563 IN	6.688 IN	3.188 IN	18 x 21	23 Days	38 °F / 45 °F

## Ingredients:

CULTURED GRADE A REDUCED FAT MILK, SUGAR, NATURAL FLAVOR, PECTIN. CONTAINS ACTIVE YOGURT CULTURES INCLUDING L ACIDOPHILUS

## Handling Suggestions:

This product is used as an ingredient in parfaits, smoothies, dips, soups, salad dressings, marinades, prepared salads, etc. It's typically used as a substitute for any recipe calling for sour cream or mayonnaise

This product is an individual plastic cup with a foil lid. Each cup is marked with an individual UPC code that can be scanned. It must be stored in refrigeration. Product should be stored in an upright position.

This product can be consumed directly from the container. No preparation required. It should be stored in refrigeration up until the time of consumption.

## Benefits:

This yogurt is made from milk that has between .5 and 2% milkfat. Dannon individual serve products provide a healthy meal/snack alternative with grab'n'go convenience.