



"Our Family Tradition"

**918 Beef & Textured Vegetable Protein Tamale SY16/17**  
**2 Tamales = 1 MMA And 1.5 Bread Alternate (24.13g whole grain)**  
 Serving Size: 4 oz (113g)  
 Servings per Container: 60

Nutrient	Amount	Nutrient	Amount
Calories	260.273 kCal	Total Folate	7.832 µg
Protein	9.231 grams	Food Folate	0.780 µg
Carbohydrate	21.640 grams	Folic Acid	0.000 µg
Total Sugar	1.015 grams	Inositol	0.000 mg
Fiber	4.410 grams	Pantothenic	0.331 mg
Sugar Alcohols	0.000 grams	Vitamin C	2.801 mg
Other Carbohydrate	0.000 grams	Vitamin D	1.418 µg
Total Fat	16.057 grams	Total Vitamin E	1.619 mg
Saturated Fat	3.877 grams	d-Alpha-Tocoph...	0.000mg
Monounsaturated Fat	4.905 grams	dl-Alpha-Tocoph...	0.000 mg
Polyunsaturated Fat	5.004 grams	Beta-Tocopherol	0.000 mg
Omega-3 Fat	0.096 grams	Gamma-Tocoph...	0.000 mg
Omega-6 Fat	4.228 grams	Delta-Tocopherol	0.000 mg
Trans Fat	0.459 grams	Alpha-Tocotrienol	0.000 mg
Cholesterol	21.315 mg	Beta-Tocotrienol	0.000 mg
Other Fats	75.171 mg	Gamma-Tocotrie...	0.000mg
Sodium	586.410 mg	Delta-Tocotrienol	0.000 mg
Water	63.803 grams	Vitamin K	1.826 mg
Ash	2.475 grams	Other Vitamins	0.000 mg
Alcohol	0.000 grams		
Caffeine	0.000 mg		
Theobromine	0.000 mg	Minerals:	
Vitamins:		Calcium	71.459 mg
Vitamin A	15.815 µg RAE	Chlorine	0.000 mg
Retinol	0.000 µg RAE	Chromium	0.000 µg
Carotene	15.398 µg RAE	Copper	0.072 mg
Beta-Carotene	0.004 µg RAE	Flouride	43.253 µg
Alpha-Carotene	0.000 µg RAE	Iodine	0.000 µg
Beta-Cryptoxan...	0.000 µg RAE	Iron	1.911 mg
Lycopene	0.000 µg RAE	Magnesium	25.602 mg
Lutein+Zeaxan..	0.006 µg RAE	Manganese	0.153 mg
Thiamin (B1)	0.012 mg	Molybdenum	0.000 µg
Riboflavin (B2)	0.030 mg	Phosphorus	67.477 mg
Niacin (B3)	1.480 mg	Potassium	94.890 mg
Vitamin B6	0.225 mg	Selenium	0.160 µg
Vitamin B12	0.000 µg	Silicon	0.000 mg
Betaine	2.110 mg	Sodium	586.410 mg
Biotin	0.000 µg	Sulfur	0.000 mg
Choline	0.411 mg	Zinc	1.566 mg
		Other Minerals	0.090 mg

Signature *Wilfredo Rivera*

Date 8/08/16



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Product Analysis Sheet/Product Formulation Statement for Bread/Whole Grain Serving SY16/17

Product Name: Beef & Textured Vegetable Protein Tamale Code No.: 918

Manufacturer: Rodriguez Foods

Case Count: 120ct.  
Serving Size: 4oz (2-2 oz serving)

**I. Grain**

Description of Creditable Whole Grain Ingredient	Ounces per Serving of Creditable Ingredient	Multiply to Convert to Grams	Whole Grain Per Serving*
Yellow corn Processed with lime (Whole Grain)	.851	X 28.35g/oz	24.13g
<b>A. Total Whole Grain Per Serving</b>			24.13g

<b>B. Servings of Bread Per 2 Tamales (Divide A. by 16)</b>	1.50
<b>C. Round to nearest ¼ serving)</b>	1.50

**Ingredient Statement**

Filler Ingredients: Beef, Water, Textured Vegetable Protein Product (Soy Flour, Caramel Coloring, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium pantothenate, Thiamine Mononitrate, Pyridoxine Hydrochloride, Riboflavin, Vitamin B12)

Seasonings (Chili Pepper, Salt, Tomato Powder, Dry Onion, Spice, Sugar, Dry Garlic, Soybean oil (1%), Silicon Dioxide (1%)), Corn oil.

Masa Ingredients: Water, Yellow corn Processed with lime, Corn Oil, Salt, Modified Food Starch.  
Allergens: SOY

Diets rich in whole grain foods and other plant foods and low in total fat, saturated fat and cholesterol, may reduce the risk of heart disease and some cancers.

I attest that all information is accurate:

  
Signature

Nicholas Rodriguez  
Printed Name

08/04/16  
Date



"Our Family Tradition"

Product Analysis Sheet/Product Formulation Statement for Meat/Meat Alternate (M/MA)  
Products SY16/17

Product Name: Beef & Textured Vegetable Protein Tamale Code No.: 918

Manufacturer: Rodriguez Foods

Case Count: 120ct.  
Serving Size: 4oz (2-2 oz serving)

**I. Meat/Meat Alternate**

Description of Creditable Ingredients per Food Buying Guide	Ounces per Raw Portion of Creditable Ingredient	Multiply	Food Buying Guide Yield	Creditable Amount*
Beef	1.0	X	0.72	0.72
<b>A. Total Creditable Amount<sup>1</sup></b>				0.72

Creditable Amount-Multiply ounces per raw portion of creditable ingredient by the Food Buying Guide Yield.

**II. Alternate Protein Product (APP)**

Description of APP, manufacture's name, and code number	Ounces Dry APP Per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount APP***
TVP	0.144	X	52	/18	0.416
<b>B. Total Creditable Amount<sup>1</sup></b>					0.416
<b>C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest ¼ oz)</b>					1.00

\*Percent of Protein As-Is is provided on the attached documentation

\*\*18 is the percent of protein when fully hydrated.

\*\*\*Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.

<sup>1</sup>Total Creditable Amount must be rounded down to the nearest 0.25oz (1.49 would round down to 1.25oz).

Total weight (per serving\*) of product as purchase 4oz (2-2oz)

Total creditable amount of product (per portion) 1.00 oz

I attest that the above information is true and correct and that a 4 ounce serving of the above product (ready serving) contains 1.00 ounces of equivalent meat/meat alternate when prepared according to directions.

I further attest that any APP used in the product conforms to the Food and Nutrition Service Regulations (7CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

  
Signature of Company Official

Nicholas Rodriguez  
Printed Name

08/03/16  
Date