



**PRODUCT: SHOWBOAT PORK & BEANS**

**UPC CODE: 39400-02849**

**Nutritional Facts**

Serving Size (130g) (1/2 cup)

Amount Per Serving

Calories 120 Calories from Fat 15

% Daily Value \*

Total Fat 1.5g 3%

Saturated Fat 0.5g 3%

Cholesterol 5mg 2%

Sodium 550mg 23%

Total Carbohydrate 22g 7%

Dietary Fiber 6g 23%

Sugars 4g

Protein 6g

Vitamin A 2% Vitamin C 2%

Calcium 4% Iron 10%

\*Percent (%) of Daily Values are based on a 2,000 calorie diet.  
Your daily values may be higher or lower depending on your  
calorie needs:

Nutrient 2,000 Calories 2,500 Calories

Total Fat Less than 65g 80g

Sat Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2400mg 2400mg

Total Carbohydrate 300g 375g

Fiber 25g 30g

Calories per gram: 1g Fat = 9 calories

1g Carbohydrates = 4 calories

1g Protein = 4 calories

Name \_\_\_\_\_

*WMA Enchico 7/18/14*